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CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 30

WEDNESDAY, FEBRUARY 28, 2018

NO. 9

INSIDE YOUR FORUM

NEWS



Blood Drive

Eden Medical Center to host a public Blood Drive tomorrow in Castro Valley

Page 2

LIVING



It's Cold Outside

Nutritious one-dish meals to warm your soul on these cold, wintry nights

Page 5

NEWS



Well Said

Top three winners in the 2018 CV Rotary Club Speech Contest awarded

Page 12

Oakland Ballet's Spectacle 'Jangala' At Center for the Arts on March 13

By Terry Liebowitz
SPECIAL TO THE FORUM

Dancing wolves, a hungry tiger, a bear, a panther, a hoard of monkeys, a herd of buffalo and a couple of elephants and peacocks are coming to the Castro Valley Center for the Arts on Tuesday, March 13 at 7:00 p.m. to star in the Oakland Ballet's "Jangala."

All ages will love this ballet based on Rudyard Kipling's *Jungle Book*.

Because of the Disney film, *Jungle Book*, most children already know about Mowgli, the lost boy who is adopted by a pack of wolves and must use his wits to survive in the jungle.

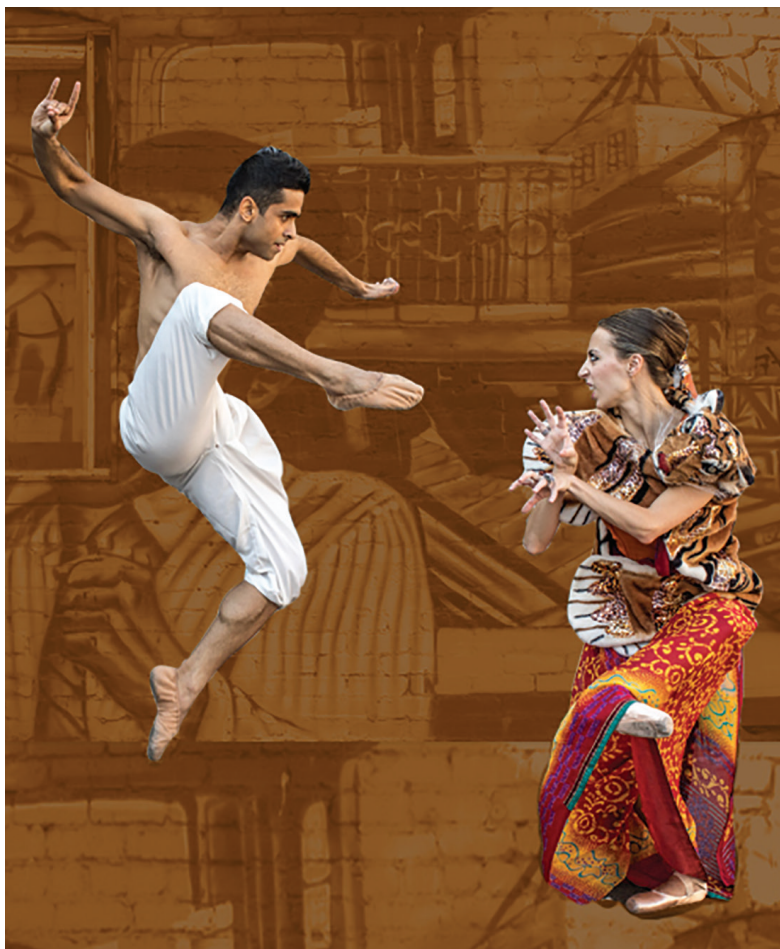
The familiar story and the 90 minute length make this a perfect introduction to ballet for families. This is a perfect opportunity for parents and grandparents to introduce their children and grandchildren to classical dance with a twist!

Artistic Director Graham Lustig's new version of *Jungle Book* takes place in an urban city and features an all Indian score with classical ragas (improvisational melodies), bhangra (a genre of Punjabi music), and folkloric music from across India.

The combination of classical Indian dance and contemporary ballet is a thrilling spectacle of colors and motion. "Jangala" is the Sanskrit word for jungle.

In addition to "Jangala," the Oakland Ballet invited Nadhi Thekkek and the Nava Dance Theater to present "The Little Elephant in the Room." Again, dancing peacocks, flowering foliage and a life-giving river try to convince just one human that the elephant's home is worth saving.

"I am thankful that the Castro Valley Arts Foundation has chosen to sponsor this



GET YOUR TICKETS NOW: Oakland Ballet's "Jangala," based on Rudyard Kipling's *Jungle Book*, will be performed at 7 p.m. on Tuesday, March 13, at the Castro Valley Center for the Arts.

wonderful opportunity for families," said Castro Valley Superintendent of Schools Parvin Ahmadi. "The last two years the Oakland Ballet has held performances during the school day for our students.

This is the first time there will be an evening performance so families can attend and enjoy a wonderful ballet."

Tickets (\$20 for all seats) are available at www.cvartsfoundation.org

MAC MEETING

Old Library Site's Future Is in Limbo

By Amy Sylvestri
CASTRO VALLEY FORUM

It seemed like a done deal that the old Castro Valley Library site on Redwood Road would be turned into a veterans community center, but the county stepped in with an idea to use federal and state money to turn it into veterans' housing, so now the future of Castro Valley's second most famous empty building is still up in the air.

At Monday night's meeting of the Castro Valley Municipal Advisory Council (MAC), the county's General Services Agency said there was a lot of liability connected to the building, which has been disused for a decade.

They said federal and state funding was available for veterans' housing and that perhaps the building should be razed and new apartments constructed with a veterans' community center on the bottom floor.

The idea wasn't popular with the MAC, nor the veterans in attendance.

"I'm flabbergasted that a project that everyone was on board with had the rug pulled out on it," said MAC member Dave Sadoff.

Veteran Mike Martin said that both the Veterans of Foreign Wars and the American Legion would be willing to raise funds on their own to get rid of any asbestos, water damage, and other issues necessary to make the building habitable.

"Why can't we fund it ourselves?" asked Martin.

Ethel Gilmore, who works to find housing for homeless vets and to get them access to care and support, said the library site isn't the right place for housing, as it's too small

see *MAC on back page*

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PHONE: (510) 537-1792

Superintendent's Statement on Castro Valley School Safety

By Parvin Ahmadi
CVUSD SUPERINTENDENT

Our thoughts and prayers are with victims and families devastated by the tragedy in Florida.

In light of tragic events involving intruders on school campuses, I want to assure you that student safety is our highest priority. As required by law, our district and school safety plans are comprehensive and include all aspects of school safety.

As a part of our continued efforts to improve safety protocols,

last summer all administrators and our law enforcement partners participated in training on new emergency procedures called ALICE (Alert, Lockdown, Inform, Counter, Evacuate).

During the next few months, administrators will be training all staff and providing age-appropriate information to students.

In order to improve safety, this past summer we also replaced all portable communication devices and continue to have monthly district-wide radio checks and practices. In addition, as a part of Measure

G, all school security cameras are being replaced with new high-resolution cameras.

Social and emotional safety of our students are top priorities for us. In line with the District's core value of ensuring that every student feels safe and supported in school, we have focused our efforts in promoting empathy, compassion and responsibility through Positive Behavior Intervention System and restorative practices.



Our commitment to students' social-emotional health is also evident in the Governing Board's decision not to eliminate elementary school counselors when the federal grant that funded the program was about to sunset. Instead, we worked to re-prioritize expenditures to ensure we continue to have counselors in elementary schools.






Our new Wellness Center (housed in temporary buildings at Castro Valley High School) is another example of the Castro Valley Unified School District's commitment to the health and safety of

students and staff.

We are grateful to voters in Castro Valley for approving Measure G, which includes funding for modernization and construction of new facilities such as the Wellness Center. With support from organizations such as Eden Counseling Services, Axis Community Health, Project Eden, and Alameda County Behavioral Health, we are able to increase counseling services at the Wellness Center.

Parvin Ahmadi is Superintendent of the Castro Valley Unified School District.

Castro Valley Weather Feb. 28 - Mar. 4, 2018

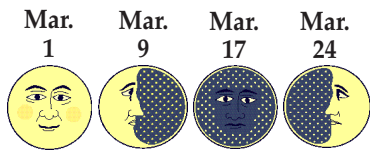
				
Wednesday Showers High 56° Low 50°	Thursday Rainy High 55° Low 42°	Friday Showers High 52° Low 41°	Saturday Partly Cloudy High 53° Low 40°	Sunday Partly Sunny High 57° Low 38°

Almanac



Past Week's Rain: 00.38
Season To Date: 07.99
Normal To Date: 17.09
Season Average: 21.22

Moon Phases



Sun sets at 6:03 p.m. today, rises at 6:39 a.m. Thursday.

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SPORTS HALL OF FAME

Brad Vadnais' Wrestling Career Sparks Desire to Start Coaching

Fourteenth in a series profiling the 16 new members of the Castro Valley Sports Hall of Fame. The induction banquet will take place Saturday, April 21, at Redwood Canyon Event Center. For tickets, call Ted Riche at: 510-537-2048.

By Lowell Hickey
SPECIAL TO THE FORUM

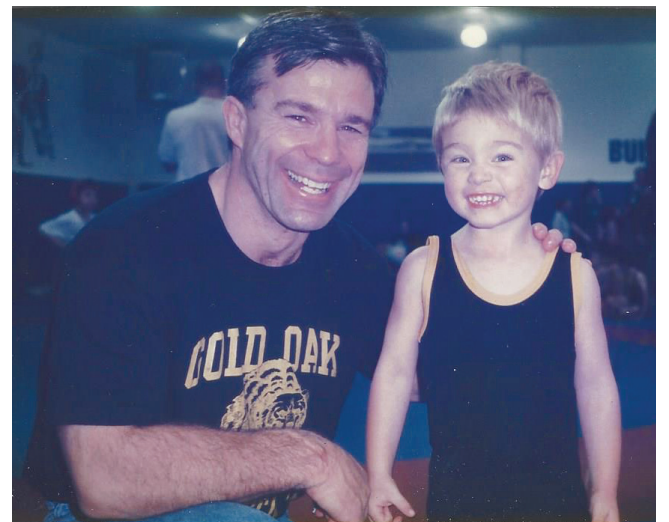
As the owner of a small business, Brad Vadnais said he would hire a former wrestler before he'd hire a 4.0 student.

"A good wrestler knows how to get back up after he gets knocked down," Vadnais explained. "He has a good work ethic and makes good decisions under pressure. I can teach him to be a good employee."

Vadnais should know. He was a standout wrestler at Castro Valley High, Chabot College and the University of Utah before starting his own home alarm company.

At Castro Valley, Vadnais twice was the North Coast Section runner-up, losing both times in the finals to Lee Noble of Del Valle by scores of 5-4 and 3-1.

"I can tell you all my losses," chuckled Vadnais, who has been elected to the Castro Valley Sports Hall of Fame. That's because he didn't have many.



1998 photo of Brad Vadnais with nephew Tyler Rardon, who became a two-time NCS wrestling champ at Livermore High.

At Chabot, Vadnais won the 1978 Northern California championship in the 142-pound class, earning Most Valuable Wrestler honors. He finished runner-up to Greg Porter of Moorpark in the junior college state meet that year.

As a freshman at Chabot, Vadnais set the state record for "fastest pin" (15 seconds) in the 142-pound division, a mark that still stands.

Upon completion of his two years at Chabot, Vadnais figured his wrestling days were done. "I

was tired," he admitted. But then the scholarship offers began coming in.

On a recruiting trip to Utah, he noticed a sign on Coach Marv Hess' desk: "It's nice to be important, but it's more important to be nice."

"That impressed me," Vadnais recalled. He signed with the Utes and in 1980 was named Utah's "Most Valuable Wrestler." His plaque still hangs in the Special Event Center at the Salt Lake City school.

As outstanding as his own wrestling career was, Vadnais takes even more pride in his accomplishments as a wrestling coach, a labor of love that began immediately after his graduation from Utah.

see FAME on page 7



Pastels
Acrylic
Oil
Mixed Media
Handmade Paper
Printmaking

March 3 - 30
Sun Gallery,
Hayward

Betty Loeffler: A Retrospective

Blood Drive Tomorrow in Castro Valley

A single blood donation can save three lives, and patients in our area are counting on you!

Eden Medical Center and Blood Centers of the Pacific will host a public Blood Drive from 10 a.m. to 2 p.m. tomorrow, March 1, in Conference Rooms 2 & 3 at 20101 Lake Chabot Road in CV.

You don't need a special reason to give blood. Some give because they were asked by a friend. Some know that a family member or a friend might need blood some day. Some believe it is the right thing we do. The number one reason donors say they give blood is because they "want to help others."

Whatever your reason, the need is constant and your contribution is important for a healthy and reliable blood supply.

The donation process takes only about an hour. Make an appointment by calling 1-888-393-4483. Please arrive well-nourished and hydrated and bring photo identification with first and last name.

—Emma Dugas, Coordinator
Eden Medical Center

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Elementary school winners above, from left, Jonathan Hsieh (1st), Bella Nulph (2nd) and Alex Galli (3rd). At right, top speller at Proctor Elementary School for the third year in a row was Zander Calderon. Below, secondary school winners, from left, Isabel Enriquez (1st), Courtney Bosco (2nd) and Dean Stavropoulos (3rd), are shown with Dr. Jason Reimann, Jo A.S. Loss and Hope Kingma.



Headed to County Spelling Bee

CASTRO VALLEY SCHOOLS recently held their 12th annual Elementary and Junior High Spelling Bees.

Students from grades four through six competed in the Elementary Spelling Bee on Feb. 6 at Canyon Middle School where Jonathan Hsieh, a fifth grader from Jensen Ranch took first place. Bella Nulph, a fifth grader

from Marshall took second place and Alex Galli, a sixth grader from Creekside took third place.

The Junior High Spelling Bee, seventh through ninth grades, was held Feb. 7 at Canyon. Isabel Enriquez, an eighth grader at Canyon, was first place winner. Courtney Bosco, a seventh grader at Canyon, took second place and Dean Stavropoulos, also in sev-

enth grade at Canyon, took third place.

All three winners of the Elementary Bee and the first and second place winners of the Secondary Bee now advance to compete in the County Spelling Bee at Canyon Middle School on Saturday, March 10, beginning at 9 a.m., followed by the Junior High Bee at 12:30 p.m.

PHOTO CREDIT OMISSION:
The historic pictures of Palomares Elementary School on page 3 of last week's Forum were provided by the Hayward Area Historical Society.

CROSSWORD PUZZLE ANSWERS FOR 2/28/18

A	H	E	M	I	N	K	E	L	S	E
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SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM

Needles and Cherry Bombs
Monday, February 26: at 1:43 a.m., Sheriff's deputies arrested a 38-year-old man from Oakland on suspicion of possession of illegal fireworks, illegal drug paraphernalia including syringes, and violating the terms of his parole. The man was parked on Grove Way near Center Street when deputies approached him to investigate a reported suspicious vehicle. Deputies also confirmed the man was wanted as part of a warrant issued for his capture. The man was taken to Santa Rita Jail pending \$135,000 in bail.

Narcotics Drug Possession
Sunday, February 25: at 9:48 a.m., a 31-year-old man with no permanent address was arrested on suspicion of possession of illegal narcotics and illegal drug paraphernalia. Deputies stopped the man for questioning on Grove Way near Redwood Road when they discovered his stash. The man was taken into custody.

3 Arrests in Probation Check
Saturday, February 24: at 10:00 a.m., deputies arrested three people without a permanent address who were in violation of their probation. A 29-year-old man and a 31-year-old woman were detained for questioning outside a home on Vernetti Way near Greenview Drive following a parole check by deputies. A second woman—35-years-old—was charged with assault on a family member and possession of illegal narcotics. All three were additionally charged with resisting arrest. The older woman was identified to have a warrant issued for her capture. Deputies took that woman to Santa Rita Jail pending \$10,000.

Joy Ride Ends in Arrest
Saturday, February 24: at 9:08 a.m., a 28-year-old woman from Union City was arrested on suspicion of possession of and driving a stolen vehicle. Deputies eventually pulled over the vehicle on Greenview Drive near Lynette Street

after the woman gave chase. The woman was additionally charged with possession of stolen property, illegal possession of burglar tools, and resisting arrest. Deputies took the woman into custody and had the car towed.

Burglar Tools
Saturday, February 24: at 3:44 p.m., deputies arrested a 35-year-old woman from Castro Valley on suspicion of possession of burglar tools including a lock pick. The woman was hanging outside a home on Stanton Avenue near Fox Ridge Drive when deputies stopped her for questioning and discovered her stash. Deputies took the woman into custody.

Probation Violation
Saturday, February 24: at 12:05 a.m., a 36-year-old man with no permanent address was arrested on suspicion of violating the terms of his probation as well as illegal possession of narcotics and illegal possession of burglar tools. Deputies took the woman into custody. *see REPORTS on back page*

An Important Message to Our Readers...

For nearly 30 years, the Castro Valley Forum has arrived at the doorstep of nearly every home in Castro Valley as well as parts of Oakland and Unincorporated Alameda County. And it hasn't cost a penny!

For those who weren't born when the first issue of the Forum rolled off the press in 1989 and who now have kids of their own, it must seem like the Forum has been around forever. And, if all goes well, there will continue to be a home-owned local newspaper for you to enjoy with your Wednesday morning coffee.

But the time has come to ask for a little help from our friends, by buying a Loyal Reader Subscription to the Forum.

The cost of nearly every phase of publishing and delivering a newspaper has gone up dramatically in the past 30 years, while advertising revenue — our sole means of existence — has declined. That's a bad combination.

Here's our problem. Some ads aren't available to us unless we can demonstrate that a portion of the public is willing to subscribe to the paper. That's hard to prove when the Forum has always been delivered free.

So, if you value the Forum, we're asking that you make a small one-time-only investment of \$10 to help keep the presses rolling. It's the number of subscribers that's important.

We can't give you a free toaster or an umbrella with your subscription — just the satisfaction that you helped keep your hometown newspaper around for awhile.

You can subscribe online at castrovalleyforum.com or use the coupon below. Make checks payable to Castro Valley Forum.



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Mail to: Castro Valley Forum, 2060 Washington Ave., San Leandro, CA 94577.

Check here if it's OK to publish your name.

The Week Ahead

● Wednesday, February 28: Eden Area Village Seminar

Find out how you can become involved with Eden Area Village, part of a fast-growing national movement to help seniors remain in their homes and actively engaged in their communities, during a seminar from 10 to 11 a.m. today at the Aitken Senior Center, 17800 Redwood Road in Castro Valley. Phone 510-881-6738 to reserve your space.

● Wednesday, February 28: Native Plants Tour Registration

Registration is now open for this spring's Native Plants Tour on Sunday, May 6, when many low-maintenance gardens that contain mostly native plants will be open on from 10 a.m. to 5 p.m. at locations throughout the county. Register at: www.bringingbackthenatives.net/registration

● Thursday, March 1: Public Blood Drive

Eden Medical Center has partnered with Blood Centers of the Pacific to host a public Blood Drive from 10 a.m. to 2 p.m. tomorrow, March 1, in the 2nd floor conference center at 20101 Lake Chabot Road. The donation takes about an hour. Appointments are available by calling 888-393-4483.

● Thursday, March 1: Purim Under the Sea

Chabad of Castro Valley and San Leandro invites you to celebrate Purim Under the Sea, an amazing Bubble Show with Rebecca Nile, the Bubble Lady, at Chabad, 20912 Redwood Road in Castro Valley, including music, a treasure hunt and a costume contest, beginning at 5 p.m. tomorrow. RSVP in advance for special prices (adults \$10, child \$7) at jewishcastrovalley.org or call 510-342-9326. Price at the door is \$15-\$10.

● Thursday, March 1: Parkinson's Support Group

The San Leandro Parkinson's Support Group will hold its next monthly meeting at 10 a.m. tomorrow at the San Lorenzo Community Church, 945 Paseo Grande. Neurologist Dr. Mathew Arnold will be speaker. For more info, call Lona White 510-276-3119.

● Saturday, March 3: Screening of "Bullied" & Discussion

From 2 to 4 p.m. this Saturday, the Castro Valley Community Alliance and Castro Valley Library will be hosting "Bullied," a film about a teen and his experience with anti-gay bullying and the subsequent landmark court ruling. The film will be followed by a panel discussion. More info at sites.google.com/cv.k12.ca.us/cvcommunityalliance/home

● Saturday, March 3: Big Spring Flea Market

Everyone's invited to the annual Big Spring Flea Market at the Aitken Community Center at 17800 Redwood Road in Castro Valley from 8 a.m. to 1 p.m. this Saturday. Shop for one-of-a-kind items and unique treasures from more than 55 vendors, and stop by the snack bar and bake sale where you'll find homemade goodies. The event is rain or shine and takes place indoors. More info at 510-881-6738.

● Saturday, March 3: Food Pantry Available

All Saints Episcopal Church, 911 Dowling Blvd. in San Leandro will host a food pantry from 1 to 2 p.m. this Saturday, with food available to residents of Alameda County. Volunteers are welcome and should report at 11:30 a.m. Cleanup ends around 2:30 p.m. A Hospitality Room with snacks for guests opens at noon. For more info, visit saintsalive.net and click "Social Ministries."

● Sunday, March 4: Secular Purim Celebration

Tri-Valley Cultural Jews will hold a secular Purim celebration from 10:30 a.m. to 12:30 p.m. this Sunday at the Bothwell Arts Center, 2466 8th St. in Livermore, where we will make hamantaschen, have crafts, games and will present our annual Purim skit. Attendees are welcome to come dressed as their favorite Purim character. Free for TVCJ members, \$10 for non-members (which can be applied to a membership).

● Tuesday, March 6: Ohlone Audubon Meeting

Learn about the history, methods and success of a sanctuary for special status birds nestled along the eastern shoreline of the Bay and built by thousands of citizen scientists, at the next meeting at 7:30 p.m. March 6 at Pleasanton Middle School, 5001 Case Avenue. The presenter will be David "Doc Quack" Riensche. Free, refreshments served. For more info visit www.ohloneaudubon.org

● Tuesday, March 6: Buon Tempo Family Dinner

The Buon Tempo Italian Club is having a Family Dinner at 7 p.m. March 6 at Mt. Tabor Hall, Transfiguration Church, 4000 E. Castro Valley Blvd. Chef Joseph Sotello will be serving a 6-course meal with Comed Beef and Cabbage. Everyone is invited. The dinner is \$15 for members, \$20 for non-members. Make reservations by Friday, March 2, by calling 510-483-6929.

● Friday, March 9: Where Does Your Garbage Go?

CVSan invites residents and business owners in the district to find out for themselves by attending a free tour on Friday, March 9, of the Davis Street Transfer Station in San Leandro, where 4,000 tons of materials are processed each day using state-of-the-art sorting facilities. Transportation is provided to the facility free of charge. For more info, or to register, visit www.cvsan.org/dststour

● Saturday, March 10: Creating Modern Quilts

Amador Valley Quilters will meet at 1:30 p.m. on Saturday, March 10, when Peggy Martin will discuss how traditional quilting patterns can provide inspiration that leads to the creation of modern designs. Meetings are at 1:30 on the second Saturday of the month at Pleasanton Middle School, 5001 Case Ave. Visit www.amadorvalleyquilters.org

● Saturday, March 10: CVHS Boosters' Crab Feed

Join the High School Boosters Club on March 10 for a crab, pasta and salad dinner served by CVHS athletes, and raffle baskets plus a live auction beginning with a no-host bar at 5 p.m., dinner at 6. For tickets (\$55, or table of 10 for \$500), visit squareup.com/store/cvhs-athletic-boosters-club?merchant=fb or email crabfeed@athleticsboosters.org

● Saturday, March 10: Hearing Loss Association Meeting

Michael Galvan, from CRIL (Community Resources for Independent Living), will discuss "Emergency Planning for the Disabled," at the next meeting on March 10. Refreshments at 9:30 a.m.; Program at 10, at the Oakland Kaiser Permanente Hospital, Fabiola Bldg., 3801 Howe St., Lower Level, Room G26. Park free on Saturday in garage across Howe. Email: athos.artist@att.net or call Kay at 510/886-4717.

● Saturday, March 10: Meet Scientist Andrew Gunther

As part of the Castro Valley Library's Community Reads "Lab Girl" program, please join us for the next guest in our Meet a Scientist series at 1 p.m. on March 10 at the Library. Environmental Scientist Dr. Andrew Gunther will discuss the impact of climate change on Bay Area ecosystems, and identify actions that will preserve these ecosystems.

Arts & Entertainment

CASTRO VALLEY CENTER FOR THE ARTS

Tickets for Center for the Arts events listed below are available online at www.cvcfa.com; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. (phone 889-8961), or at the Castro Valley Adult School, 4430 Alma Avenue.

● **Pops 2018 Y2K, Songs of the New Millennium**, a Castro Valley High School Choral Pops Concert, will be presented at 7 p.m. on March 7, 8 and 9, and at 2 p.m. on Saturday, March 10. For tickets (\$13-\$16), see above.

● **"Jangala,"** presented by Oakland Ballet, a family-friendly performance inspired by Rudyard Kipling's *The Jungle Book*, fusing contemporary ballet with south Indian classical bharatanatyam dance, will be presented at 7 p.m. on Tuesday, March 13. "Jangala follows the story of Mowgli, a lost boy who is adopted by a pack of wolves and must use his wits to survive in the wild. For tickets (\$20 all seats), see above.

● **Concerto**, presented by Castro Valley High School, will be presented at 7 p.m. on Friday, March 16. For tickets (TBD), see above.

● **Castro Valley Adult School Orchestra** will present a concert at 2 p.m. on Sunday, March 18. For tickets (\$5-\$10), see above.

OTHER THEATRICAL & MUSICAL PERFORMANCES

● **Standup Comedy Show**, will be presented by Plethos Productions at 7 p.m. Saturday, March 24, in the Smalltown Society Space at 22222 Redwood Road in Castro Valley. Check us out on Instagram @PlethosProductions & Facebook @PlethosProductions

● **Auditions for Plethos' "In the Heights"** will be held at 2 p.m. on Saturday, March 3 at Smalltown Space, 22222 Redwood Road. It's a fun blend of salsa, merengue and hip hop that is sure to be a crowd pleaser. Information and signups (age 16 and over) for this Tony Award-winning musical – to be presented in June – are available at plethos.org/auditions

AT THE GALLERIES

● **"For the Love of Trees"** – Matthew Plexman presents uncomfortably beautiful, large format, panoramas of clear-cuts in Northern Ontario, Canada. Glenn Hemanes works with found wood to create small vessels inspired by provenance. John Dotta, photographs each tree as an individual, approaching them as a portrait photographer would. See their exhibition through April 9 at PhotoCentral Gallery, 1099 E St. in Hayward. A public reception will be held from 7 to 9:30 p.m. March 7. For info visit info@photocentral.org or call 510-881-6721.

● **Hayward Art Council Members' Works**, is now on display at the Community Gallery of the Museum of History and Culture, 22380 Foothill Blvd. in Hayward, highlighting 60 artists in a dynamic collection of media.

● **29th Annual Children's Book Illustrator Show**, a local favorite of young and old alike, is currently at the Sun Gallery, 1015 E St. in Hayward, featuring a wide variety of artists and their books. Normal gallery hours are Friday through Sunday from 11-5.

● **"Anything Goes, Almost,"** an exhibition by A.R.T. Inc. members, is currently at the Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. See the Gallery's Artist-in-Residence, Philip Denst, at work during exhibit hours. For more information, call 510-881-6735.

● **"Asian Inspired Art Exhibition,"** featuring 21 local artists and a variety of techniques including calligraphy, brush painting, ink, sculpture, poetry, mixed-media, quilts and acrylics, will be on display through March 22 at the John O'Lague Galleria at Hayward City Hall.

● **Hayward Arts Council Member Show** will be on display through May 27 in the Community Gallery at the HAHS Museum of History & Culture, 22380 Foothill Blvd. in Hayward. For more information about this exhibit and the Hayward Arts Council, visit www.haywardartscouncil.org

● **Artist Open Studio Every Thursday:** Join this informal gathering of artists working together in a friendly and helpful atmosphere. Adobe Art Center hosts provides tables, chairs and easels. \$3. Thursdays 10 a.m. to 2 p.m. in Redwood Studio 1 at the Adobe Art Center, 20395 San Miguel Ave, Castro Valley

CASTRO VALLEY FORUM

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REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Forum

GUEST COMMENTARY



You Have 10 Seconds To Sell Your Home

We used to tell home sellers they had approximately 60 seconds to sell their home from the time a buyer showed up at their curb.

They would pull up and, if they liked what they saw from the street, would head inside. First impressions were everything, so we'd work diligently with sellers to make that first minute count.

Those days are gone. Now sellers have 10 seconds, and the decision-making process happens long before buyers make it to the front curb of any home.

In fact, if homeowner wannabes don't like what they see on their phones, they will never even turn down your street. They will "swipe left" and move on.

In the online dating world, "swipe left" or "swipe right" dominates the discussion.

If you like a profile, you swipe right to keep it so you can follow up. If you don't like what you see, you "swipe left" to dismiss the profile.

The terminology has moved into the real estate area as well. As buyers are searching, if they like a property, they will select it as a favorite and then come back and look at the details. If they do not like what they see, they quickly move on to the next profile.

How long do they take to make up their mind about any give

home? Less than 10 seconds.

With such a short amount of time and only one shot to win a second look from a prospective buyer, savvy sellers realize that the pictures posted online are critical. With current buyers spending so much time watching HGTV, their tastes have shifted dramatically and their desire for move-in ready homes has exponentially increased.

Bottom line, if a seller wants a buyer to "swipe right", their home should closely resemble the homes the buyers are seeing on TV. Additionally, since Millennial buyers are attracted to viewing experiences that are high tech, 3D tours that are VR optimized are extremely

beneficial.

Don't like the new reality? Sorry, this genie is already out of the bottle.

An acquaintance of mine, looking for a wife, wanted to "keep it real," so he posted a scraggly picture on his dating site. The result? No hits. The moment he posted a good picture, however, things immediately changed. Although he wasn't thrilled with the process, he did get a wife, which, at the end of the day, is really what matters.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association

Garage Door Needs Overhaul

By Samantha Mazzotta
Special to the Forum

If your garage door has been opening very slowly lately, or you have to push the remote button several times to get it to move, your garage door probably needs some overall maintenance.

Having to mash the remote operating button several times could indicate that the sensor eye is dirty or misaligned. Or, the battery on the remote might need changing.

The door's slow opening speed indicates a more serious problem. One of the door's torsion springs

— a pair of large coils straddling the horizontal bar at the top of the door — may be broken or on their way out. A broken spring can't be repaired; it must be replaced.

You'll probably read plenty of warnings on the internet about attempting to replace them yourself. Since the coils are under tension, especially when the garage door is closed, removing them can be dangerous.

I don't have enough space to tell you how to do it safely, but if you're interested in what it takes to change these out, a detailed description can be found at DDMGarageDoors.com. DIY'er Richard Kinch provides even more good info in "How I Replaced Deadly Garage Door Torsion Springs and Lived to Tell the Tale," found here: www.truetex.com/garage.htm.

If you decide against repairing the door yourself, contact a licensed garage-door repair professional to inspect the door and its hardware and estimate the cost of repairs.

As with any repair that you need to hire someone for, follow the "rule of three" — contact three different professionals and get a written estimate from each before allowing any work to be done.

While you're waiting for the repair, do not open or close the door. Park your car in the driveway for now. Operating the door with a broken torsion spring can cause further damage, including misalignment or derailment.

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ATHLETES OF THE WEEK



Transfiguration Wildcats Basketball Team

This week's Athletes of the Week are the members of the Transfiguration's fourth grade boys National basketball team which went undefeated in the regular season, with a record of 10-0.

The playoffs were held at St. Bedes in Hayward, with a single game elimination, on the weekend of February 16-18. Transfiguration played against the host, St. Bedes and won 15-10, on Friday, February 16, then moved on to the Championship game against Our Lady of Grace.

The Championship game was a nail bitter and came down to the last second, but the Wildcats won 22-20 on Sunday, February 18. Transfiguration will now play in the Tournament of Champions in March. Congratulations to Ryder Centoni, Dominic Bolender, Nolan Cormier, Chase Coutinho, Colin Huberty, Miguel Maliksi, Djanggo Phillips, Andy Sacksteder, Lucas Tanaka, and Hudson Tien. Coaches are JP Sacksteder, Eric Cormier, and Brian Centoni.

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CV VARSITY BASKETBALL WINS BACK TO BACK PLAYOFF GAMES



PHOTO BY JARED DARLING

ABOVE: Calista Burnama drives in between two defenders to lay the ball in the basket. The Castro Valley Varsity girls basketball team just won back to back playoff games, last week. The Lady Trojans hosted and won both the quarterfinals game 66-52 against Mt. Eden, on Friday, Feb. 23, and the first round game 62-30 against Liberty, played on Tuesday, Feb. 20. As the 3 seed, CV will travel this evening in order to face the number 2 seed Heritage, with the winner playing in the Championship game.

Free Public Celebration for Women's Day

To commemorate International Women's Day 2018, Dining for Women is having a live webcast from 4:30 p.m. to 5:30 p.m. on Thursday, March 8, to connect its 420 chapters across the U. S. for the "Biggest Chapter Meeting Ever."

The webcast, titled "Putting Women and Girls at the Center of

U.S. Foreign Aid," will include a discussion on the importance of U.S. foreign aid for women and girls in the developing world.

The Castro Valley Chapter is sponsoring a free public celebration showing of the webcast from 4 to 7 p.m. at the Hayward Arts Council, 22394 Foothill Boulevard. Special international foods will be served.

Since space is limited, participants need to register to attend at www.SignUpGenius.com/go/60B-094CA8A82CA1F49-dining

The Castro Valley Chapter holds a potluck meeting every third Tuesday of the month. For details, email Pat Payne at diningforwomenscv@gmail.com. For more information, visit www.diningforwomen.org

Fame: 'Nice to Bring Smile to a Kid's Face'

continued from page 2

He served as an assistant at Hillcrest High in Utah for one year before moving back home and helping out at Moreau High in Hayward (now Moreau Catholic) for a couple of seasons.

In 1983, Vadnais assisted his former coach and Castro Valley Sports Hall of Famer Zack Pappachristos at Chabot. It's probably no coincidence that Chabot won the state championship that year.

"As an athlete, everything is about winning," Vadnais said. "As a coach, you look at the whole picture. Coaching is more enjoyable and more rewarding. It's nice to bring a smile to a kid's face."

Moving to the Sierra foothills in 1993, Vadnais took over a ragtag wrestling program at Gold Oak Elementary School in Placerville, purchased uniforms and shoes out of his own pocket and turned it into a powerhouse.

Working with kids as early as the first grade, he developed wrestlers into champions, including one state champion, a state runner-up and a state third-place finisher. All from a school of 200.

The state champion, Justin Danz, worked with Vadnais from first grade at Gold Oak through his senior year at Ponderosa High. He called Vadnais "a second dad."

Danz won his 171-pound title by defeating Louis Bland of Central Catholic (Modesto), a three-time state champion himself. Bland had won state titles as a freshman and sophomore before losing to Danz

in the finals his junior year. Bland won again his senior year after Danz had graduated.

Although Vadnais has produced more than his share of champions, winning is not his emphasis.

"It's not about winning," he said. "I tell my wrestlers, 'You leave the winning to me. You just go out and wrestle the best you can and the rest will take care of itself. We'll correct the mistakes in the mat room.'"

Always looking for oppor-

tunities to promote the sport he loves, Vadnais began wrestling programs at Pioneer Elementary (Brentwood) and Mountain Creek Middle School (Somerset) in 2007-2008, while continuing to help out at East Avenue School in Livermore. He also started a wrestling camp in 2007. The Pinnacles Wrestling Camps still run each summer in Dublin.

Brad and Golvia, his wife of 25 years, live in Mt. Aukum (El Dorado County).

Donations Needed for Big CVHS Yard Sale

Castro Valley High School students will be holding their biggest fundraiser of the year on Saturday, March 24, and they are asking the public to drop off salable donations over the next three Saturdays.

They will accept a wide variety of items including small appliances, outerwear, t-shirts, pants (no intimates), books, movies, CDs, toys, games, small furniture, sport-

ing goods, accessories (no earrings or hats), and electronics.

Donations will be collected (providing it's not raining) on the campus in front of the Center for the Arts at 19501 Redwood Road, which is also the location of the Yard Sale from 8 a.m. to 4 p.m. on March 24. Money raised from the sales will go to help pay for student activities.

THE FORUM CROSSWORD

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47						48			49		
50						51			52		
53						54			55		

ACROSS

- "If I may interrupt, ..."
- Pen filler
- Otherwise
- African gully
- Born
- Sweetie
- "Metamorphoses" poet
- Make less intense
- Disappointment
- Shampoo directive
- Author Buscaglia
- Cravat
- Fireplace minutia
- Square dance party
- ___ constrictor
- Prompt
- Court
- Overwhelm
- Archipelago components
- Suitable
- Modern-day evidence
- Frighten
- Dusk
- Prison security measure
- Pelvic bones
- Baseball's Hersher
- Varnish ingredient
- Breaks a Commandment
- Simple
- Coloring agent
- Slam-dance

DOWN

- MPs' quarry
- Own
- Tend manuscripts
- Center
- Halved
- Night light?
- Barbie's companion
- Formed a vortex
- Ponce de ___
- Cutting tools
- Sea flyer
- Great Lake
- "___ the ramparts ..."
- Pirouette pivot
- Recede
- Cattle call?
- Satchel
- Attila, e.g.
- Hooter
- Trouble
- Ph. bk. data
- 100 lbs.
- In an ominous way
- Newspaper pg.
- Hostel
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- Conical-cap wearer
- ___ gin fizz
- Cat of "Iron Chef America"
- High cards
- Vacillate
- Hodgepodge
- Victories
- Doggerlist Ogden
- Antiquated

ANSWERS ON PAGE 3

CV'S BOYS TENNIS RESULTS FROM JAMES LOGAN TENNIS TOURNAMENT ON FEB. 23

JAMES LOGAN: 4, CV: 3

SINGLES

- Kobe Tan (JL) - Edward Wang 1-6, 1-6
- Rittik Sardana (JL) - Michael Chu 2-6, 0-6
- Sarhil Gandhi (JL) - Spenser Lin-Jones 2-6, 2-6
- Aditya Chordhay (JL) - Dustin Fong 3-6, 3-6

DOUBLES

- Gabe Priem / Alex Low (CV) - Albert Dei / Rish Bellacka 8-4
- Colby Fong / Leon Chen (CV) - Ryan Tong / Tyler Do 8-5
- Scott Coleman / Ashir Gupta (CV) - John Samson / Sebastian Jardis 8-5

CAMPOLINDO: 5, CV: 2

SINGLES

- Edward Wang (CV) - Cal Hunter 6-4, 7-6(6)
- Nick Bohm (C) - Micheal Chu 7-5, 6-3
- Arthur Goldbatt (C) - Spenser Lin-Jones 6-3, 6-3
- Grant Yolasan (C) - Dustin Fong 6-2, 5-7, 10-8

DOUBLES

- Zach Goldman / Eden Yu (C) - Gabe Priem / Alex Low 8-3
- Seven Tuchikum / Benjamin Goldbatt (C) - Leon Chen / Colby Fong 9-8
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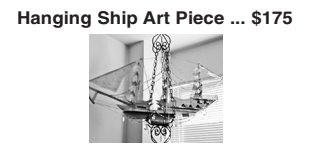
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LETTERS TO THE EDITOR

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Says Gun Control Only Way to Reduce Gun Violence

Editor:

I had to write in response to the gentleman who suggests arming two teachers on every campus with handguns (*Advocates Teachers Carrying Concealed Pistols, Karl Becker, Letters, Feb. 21*). You didn't go far enough!

Two teachers? What if they're out that day? All teachers need to be armed with automatic weapons (you can't bring a handgun to an automatic weapon fight), and we need gun turrets with snipers. Maybe some flame throwers or rocket launchers.

Where does it end? I'll tell you where, with much better gun control. Taking guns out of circulation is the only thing that has been shown to reduce gun violence.

—Laura McMichael-Cady, *Castro Valley*

Teachers Acting as Armed Guards: Mind-Boggling

Editor:

As a retired CV teacher, I would like to address Trump's suggestion that the way to make schools safer is to arm teachers.

Mr. President: do you picture teachers wearing holsters like movie

cowboys? Keep in mind that most teachers don't have a place in their classroom to lock up their purse. Is someone volunteering to install gun safes in each classroom?

Think about what schools are for: discussing ideas, learning math, science and history, meeting other cultures, reading and thinking.

Do you really want schools to become prisons with teachers acting as armed guards? What about large-groups such as PE and recess? Do we lock kids in and have armed teacher/soldiers stalking the perimeter?

And where do we stop? Do we arm day care workers? Librarians? Coaches? Parent volunteers?

I've done an unscientific survey of teacher friends. No one, so far, wants to carry a gun around children. If there is sudden danger, how do you evaluate it?

Even well-trained police sometimes shoot in error. As a teacher, would I really shoot a kid? No, never. What if there was a clear threat? No way.

A panicked kid could get into the line of fire. Especially if there are several frantic teachers shooting. The scenario boggles the mind.

—Patricia Doyme, *Hayward*

Neighbors are Uniting to Bring Changes in Gun Laws

Editor:

We have had far too many moments of silence since Sandy Hook. Our children and community deserve real action to stop the epidemic of gun violence in our country.

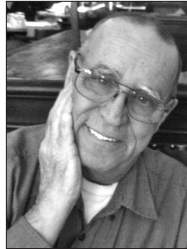
We're not alone and we're not helpless. There are many seemingly simple, yet powerful things we can do today!

More and more of our neighbors are uniting to bring the change we need. The phones in Congress are ringing off the hook with calls for commonsense gun reform, peaceful rallies are growing in numbers in cities across the country, and families and friends are gathering together in their own living rooms to talk about bringing violence prevention programs to their schools.

Letters continue on page 11

Obituaries

James (Jim) Edward Goff 1942 - 2018



Jim left us on February 16th, 2018, just 13 months after his wife Sandy. He was born May 19, 1942 in Bald Knob Arkansas to James Fredrick Goff and Maggie Goff. Together they had 9 kids including Jim who was third from the youngest. Jim grew up all over the United States including Oklahoma, and Oregon just to name a few.

Jim completed High School in Oregon and spent a stint in the Air Force during the Cuban missile crisis and then moved to California. This is where he met the love of his life Sandy where they met in Oakland CA. while working at a service station and then began working for the airline industry for 40 years.

Jim loved working on cars old, and new and was in the process of restoring his old Ford truck with his eldest son James. Shortly after they moved to Castro Valley and they built a family of three boys. Sandy died 13 months ago, Jim and Sandy would have been married for 54 years this year. Jim was a loving caring father and grandfather, life and family for him was teaching us everything he knew, and all about caring for his children, and Grandchildren.

Jim is survived by his 3 sons Jim, Ken and daughter in law Rachille, son Kevin and daughter in law Trisha, 8 grandchildren James, Katie, Dustin, Genevieve, Kristina, Mckenna, Evan, and Raegan. 2 great-grandchildren Jessie and Hank.

A private gathering of family and friends to celebrate his life is scheduled.

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Warren Hansen



Warren Hansen passed away peacefully at home on February 15, 2018 at the age of 93. Warren was born on April 26 1924 in Berkeley California.

Warren was preceded by his brother Ronald, wife Marva and his son Karl. Warren is survived by his 3 children Charles, Jonathon, Laurie his 6 grandchildren; Sheridian, Joshua, Travis, Dawn, Lucille, and Patrick and 4 great-grandchildren; Christopher, Kira, Hunter and Bradley.

Warren is a WWII veteran and retired as a Lt. Inspector with the District Attorney's office in Alameda County with over 30 years of employment. Warren was very involved with the Boy Scouts and the American Legion.

Family was very important to Warren and he loved spending time with his grandchildren and his great-grandchildren.

Warren was very loved and will be greatly missed by his family.

Margaret Ann Gust



Margaret Ann Gust, age 87, passed away peacefully on January 24, 2018 in Pleasanton, CA. She was born on October 23, 1930 in Breckenridge, MN and grew up there with her eight brothers and sisters.

Margaret was a remarkable woman who was adored and loved by all. She leaves behind countless wonderful memories and a lasting impact on those whose lives she has touched. Her story is one of faith, strength and compassion.

Margaret married her beloved, Merritt, in 1951. They lived in Fargo, ND and had two children, before moving to Sioux Falls, SD in 1956. After moving they completed their family with three more sons. Margaret enjoyed being a stay at home mother. In 1973 the family moved to Castro Valley. Merritt and Margaret were avid travelers, visiting Europe, Canada, Mexico and all 50 states. Margaret was a volunteer at Eden Hospital, and a member of Transfiguration Catholic Church in Castro Valley for more than 40 years. She most recently resided at Stoneridge Creek and Creekview Retirement Community.

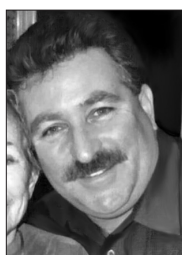
Margaret was an incredible woman, known for her kindness and warmth, her sense of humor and generosity. She enjoyed socializing and shopping, gardening and her grandchildren. She will be deeply missed.

Margaret is survived by her sons Thomas, Joel (Shelly), Jon (Nancy) and Daniel (Lori), grandsons Brian (Jessica), Andrew, Scott, Jon, Daren, and Matthew, step-grandson Jeffrey and great-granddaughter Gwynna. She also leaves behind brothers Roger (Carol) and John, sister-in-laws Jo and Joanne. Margaret was preceded in death by her husband of 66 years, Merritt, and daughter Barbara.

The family is thankful to Margaret's many friends who remained faithful with visits, calls and sending cards to her. We would like to extend our appreciation to the caregivers at Creekview Retirement Living.

Family and friends are invited to a Celebration of Life Memorial and Mass at Transfiguration Catholic Church in Castro Valley on Friday, March 2, at 11 a.m. In lieu of flowers, the family requests that donations be made to a charity of one's choice.

Mark Edward Ledwick



Mark Edward Ledwick, 67 of Castro Valley, California passed away peacefully at home while taking his afternoon nap on January 26, 2018.

Mark Leaves behind his bride of 40 years, Judy Ledwick. His four sons, Cory, Sebastian, Lance, and Sterling Ledwick. He also leaves behind his granddaughter Tinsley Ledwick, sister-in-law Karen Mudge, brother-in-law Leroy Perry, and one niece, three nephews, along with many great nieces and nephews all of southern California.

Mark had many friends that will miss him dearly. Mark enjoyed family gatherings, running, mountain climbing, fishing, and playing poker with his buddies.

Please join us at the Neighborhood Church, Three Crosses in Castro Valley, California to celebrate Marks life on Friday, March 2, 2018 at 1:30 p.m.



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LETTERS to the Editor

Continued from previous page
programs to their schools.

The movement is growing and we must keep growing it. There is reason to have hope that we can prevent gun violence before it happens through sensible gun safety laws and programs in our schools and communities that help us identify the signs and signals before a shooting happens and intervene.

To keep this hope alive and bring the change we need, I am asking everyone to take two simple actions today.

First, call your member of Congress today and ask that he or she support gun violence prevention legislation to keep guns out of dangerous hands.

Secondly, make the Promise at www.sandyhook-promise.org and help bring Sandy Hook Promise's no-cost, violence prevention programs to our schools and community

—Dana Leipold, Castro Valley

A Solution Not Yet Tried When Dealing With Mass Shootings

Editor:

I applaud Mr. Becker's Letter (*"Advocates Teachers Carrying Concealed Pistols," Letters, Feb. 21*) common sense solution to the frightening horror of seeing helpless school children gunned down again and again in this country — simply have at least two civilians (teachers) armed in every school.

Everyone should agree that something needs to be done and Mr. Becker seems to have the answer. I have to admit though that the problem seems fairly complex to me.

I'm certain Mr. Becker has carefully thought all this through and I hope he can help me with my confusion.

Considering that a concealed gun permit is a matter of public record, how exactly does the principal of the school prevent a determined (and these crazies shooting up our schools are certainly determined) bad guy from tracking down a list of teachers who might be carrying?

But let's assume the would-be mass murderer wears body armor and is capable of taking a couple of rounds from a hand gun before he's incapacitated.

Does the teacher also wear body armor? All the time or just when a shooting breaks out?

So then the teacher sees someone with a gun hiding behind a wall and gets off a good shot or two. What happens if his target is one of the plain-clothes police who also showed up or possibly one of the other weapon-carrying teachers?

At least the plain cloths cop has undergone extensive training in use of a deadly weapon in confined areas with multiple innocent by-standers (terrorized and unpredictable school children for example) so he's not as likely to hit one of them in the process of taking down the bad guy, that is, if he survives long enough against the teacher(s).

Do all teachers in every school have to volunteer to carry? Or is it just a select few? What happens if no one wants the job?

I've never had to face someone pointing a semi-automatic rifle at me. I'm sure Mr. Becker has, so just in case I want to volunteer for the job, I would just like to know how in the middle of chaos, screaming and dying children and gunfire, I can get close enough to someone shooting at anything that moves so I can accurately fire a pistol, at least accurately enough that he doesn't shoot me first if I miss the first time.

After all, this might be the first time I've ever had to face someone trying to kill me and I'm likely to be a bit shaky. Oh yeah, and how do I get the cops to not shoot me when they arrive at the scene and I'm firing a weapon at someone and they haven't had time to ask the principal who the bad guy is?

I really need Mr. Becker to explain all this to me because his suggestion seems oh-so-simple. As he said, it's just "common sense" and I'm just not smart enough to understand.

We need to stop this madness and it seems controlling access to firearms designed to kill people won't work. That's why we haven't tried that solution yet, right?

—Rene' Gandolfi, Castro Valley

Urges Public to Attend HARD Hearing On Rodeo Policies

Editor:

The Hayward Area Recreation & Park District (HARD) is holding a special hearing regarding current rodeo policy at HARD headquarters, 1099 "E" St. (near 2nd) in Hayward from 5:30 to 8:30 tomorrow, March 1. There will be experts on both sides, video, Q&A from the Board, and public comments.

The public is urged to attend and speak up for the animals. We're asking for the following, none of which will negatively impact the annual Rowell Ranch Rodeo (May 18-20, 2018):

(1) a ban on the brutal "wild cow milking contest" (in which a cow was killed at the 2015 rodeo, leaving an orphaned calf);

(2) a ban on the children's "mutton busting" event (dangerous for children and sheep alike, and outlawed in New Zealand);

(3) change in the Jr. Rodeo's inhumane "goat tying" event; each baby goat may now be thrown and tied as many as five times per day;

(4) restoring the 20-year ban on the use of electric prods on animals in the holding chutes.

For all these animals, rodeo is merely a detour en route to the slaughterhouse. They (and we) deserve better. HARD has received more than 400 letters in support of these modest requests (East Bay SPCA, Hayward, Friends of Animals, Ohlone Humane Society, State Humane Assn., Humane Society Veterinary Medical Assn., et al.). An on-line petition has garnered 160,000+ signatures.

Please be there for the animals! Email: Paul McCreary, HARD General Manager, and the Board of Directors - mccp@haywardrec.org

—Eric Mills, Action for Animals, Oakland

Claims Proposed Development Doesn't Meet Safety and Design Standards

Editor:

I am writing about a new development in Castro Valley located near Center Street. I own a house next to the development and have never seen one which has so little regard for human life and safety.

The plan doesn't meet basic Residential Design Standards and Guidelines that went into effect on Jan. 1, 2015. In addition to substandard lot size, there is no turnaround at the end of the proposed road inside the development as required.

Fire truck can only get approximately half way inside the proposed development. Residents at the end of the development, trapped on second floors, could die in the fire or from smoke inhalation because firefighters couldn't get to them in time. The road is about 20 feet wide (excluding parking) so the majority of cars, including all delivery truck, garbage trucks and pickups, will have to travel in reverse up to 250 feet.

These are only few examples of the problems with the new development. There are more, but I don't have enough room here to list all of them.

The Alameda County Planning Commission will make a decision on March 5. I hope they care about our safety.

—Aniela Bryzek, Hayward

A Word of Thanks

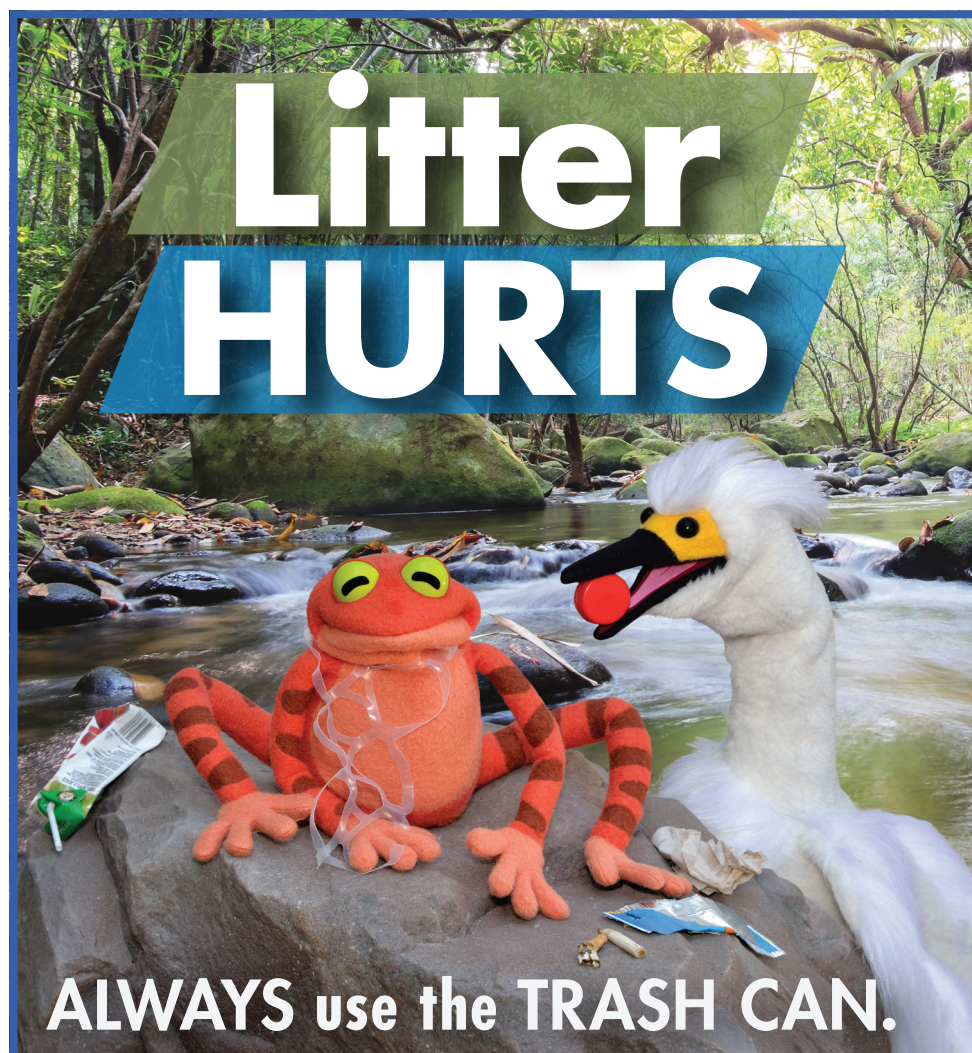
Editor:

We would like to thank the good Samaritan who picks up garbage alongside the road on East Castro Valley Blvd. near Palomare Hills. Please know that your good deed does not go unnoticed. Thank you for your hard work in keeping Castro Valley beautiful as it should be.

Many thanks, mahalo and gracias!

—Chris and Jamie Barron, Castro Valley

LETTERS TO THE EDITOR must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit. We do not withhold names or print unsigned letters. Email letters to: fredz@ebpublishing.com, or mail to: The Forum, P.O. Box 2897, Alameda 94501.



ALWAYS use the TRASH CAN.

Many studies have documented the harm litter causes when it remains in the water. The most common items—cigarette butts and plastics—degrade slowly over time and leave behind toxic residue and tiny particles. Birds, fish and other animals mistake these items for food, and can die or become sick, as their digestive system becomes clogged.

During local cleanups, volunteers find hundreds of pounds of litter. Much of it is not dropped directly into or near the water, because litter travels—even from miles away. Trash tossed on the ground in Castro Valley can easily find its way to the ocean. It can blow over land or move through storm drains that lead directly to creeks, wetlands and eventually the Bay.

What can you do?

Put litter in its place.

Use nearby garbage cans or pack your trash until you reach the next available trash can.

Use reusables.

You can prevent litter by using a travel mug, cloth napkin and reusable lunch kits.

Tell your friends.

Many people don't know how serious a problem litter is. You can help by encouraging your friends to put litter in the right place.

Will our friends get out of this mess?

cleanwaterprogram.org

SEE THE VIDEO AT:



CVSan's Lue Selected for Statewide Leadership Role

Naomi Lue, an employee of the Castro Valley Sanitary District for more than 15 years and its solid waste supervisor, has been selected by Leadership California as a member of its Issues and Trends Program for 2018. Lue, who was awarded a \$2,000 scholarship, said she looked forward "to connecting with women leaders from across the state while promoting creativity and innovation through the sharing of ideas and best practices."



Reports: CV

continued from page 3
gal drug paraphernalia. Deputies caught up with the man outside a gas station on Center Street near Grove Way. The man was confirmed to be violating his probation and was taken into custody.

Over the Limit

Thursday, February 22: at 9:12 p.m., a 31-year-old man from CV was arrested on suspicion of driving under the influence of alcohol. Deputies pulled him over as he was traveling on Gem Avenue near Emerald Court. The man also had a warrant issued for his capture. Deputies took him to Santa Rita Jail pending \$10,000 in bail.



PHOTO BY JIM NEGRI

Top Speakers at Rotary

The top three winners in the 2018 Castro Valley Rotary Club Speech Contest held on Feb. 20 were, from left, Lawton Young (3rd place), Andrew Stanculescu (1st place) and Keith Collier (2nd place), all seniors from Redwood Christian High School, shown with speech contest chair Jeff Moore. The theme for the annual Richard D. King Youth Speech Contest was "Making a Difference." Stanculescu's next competition will be at the area competition in Livermore on March 7.

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MAC: New Use for Old Library Site

continued from front page
— less than an acre — and too far away from Fremont and Livermore where veterans' services are located.

"I can't believe we are going to cram them in," said Gilmore. "Let's be fair with them and let's be fair with the property."

Neighbor Steve Turner said he would be fine with the veterans' community center, but there isn't space there for a multi-story apartment complex and parking garage.

"Yes, there are appropriate times to say 'not in my backyard,'" said Turner.

MAC Chair Marc Crawford said the MAC doesn't want to see the old library building torn down.

"I'm not willing to give up on the building and I don't think this community is either," said Crawford.

Crawford said he wants the veterans, the MAC, and the community to talk, and for the matter to come back before the MAC in another month or two.

Discussion of a new use for the old Castro Valley Library is on the agenda of the County Unincorporated Services meeting, tonight (Feb. 28) at 6:30 p.m. at the San Lorenzo Library, 395 Paseo Grande.

Other Business

At Monday's MAC meeting, the council also approved the subdivision of a property at 19241 Carlton Ave. into three parcels. The MAC also continued discussion of a number of items including signage at 2806 Castro Valley Blvd., a spa at 2678 Castro Valley Blvd., and the division of a church property at 4779 Heyer Ave. to be discussed at future meetings.



Saturday, April 28th CVSan's Earth Day Clean-Up & Recycle

RECYCLE at Canyon Middle School from 8:00 a.m. - 2:00 p.m.



E-Waste



Tires



Cooking Oil



Sensitive Documents for Shredding

Limits and instructions at www.cvsan.org/ED

VOLUNTEER from 9:00 a.m. - 12:00 p.m.

Community Clean-Up Sites: Castro Valley Arts Center, Cull Canyon Recreation Area, Castro Valley Creek, Downtown Castro Valley, Lake Chabot & Rowell Ranch Rodeo Park.

Free continental breakfast provided and a \$5.00 donation to one of three local charities will be made on your behalf after volunteering.

Register by Monday April 16th at www.cvsan.org/ED.

FREE COMPOST AND C&D VOUCHERS:



This event is for CVSan residents and businesses only. Bring photo ID or WMAC/utility bill to event. Three 1-cubic foot bags per household or business. 600 Construction & Demolition (C&D) debris vouchers available. Supplies are limited — 1st come, 1st served. For complete details and instructions, visit www.cvsan.org/ED.

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