



Hot Soup on a Cold Day

RECIPES FOR HOT AND HEARTY SOUP TO
WARM YOU UP ON A COLD WINTER DAY 4

WEEKEND WEATHER
CLEAR Friday & Sunday Rain
HIGHS: 76-81
0 10 20 30 40 50 60 70 80 90 100 110
LOWS: 54-59

FRIDAY SATURDAY SUNDAY
Sun Sun Sun

San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 32 • NO. 52

THURSDAY, DECEMBER 29, 2022

SAN LEANDRO • CALIFORNIA



PHOTO BY JIM KNOWLES

Fountain Fixed

The downtown fountain is working again after being repaired earlier this year at the corner of East 14th Street and Estudillo Avenue.

Know Your Limit: Travel Safely Into the New Year

Tips on reducing traffic fatalities from the Office of Traffic Safety

As you prepare to celebrate with friends and family, the Office of Traffic Safety and Caltrans want everyone to stay safe on the road and enjoy the holiday season. Here are some ways to know your limit and “Go Safely” into the new year.

It is important to know how alcohol affects you. In California, it is illegal to get behind the wheel with a Blood Alcohol Content (BAC) of .08% or higher. BAC is a measure of your impairment and depends on a variety of factors including height, weight, food intake, drug and/or medication use, fatigue and how fast alcohol is consumed.

Driving under the influence (DUI) can cost you. The average fine for a first-time DUI is more than \$13,500 in personal and legal fees combined.

In 2020, nearly 12,000 people died in drunk-driving crashes in the United States. In California there were 1,159, drunk-driving fatalities.

Based on the number of drinks consumed, gender and body weight, it is estimated that an average of two drinks by a 120-pound female would lead to a BAC over the legal limit, while an average of

three drinks by a 180-pound male would lead to a BAC over the legal limit. Even one drink affects your ability to see SAFELY, page 5

Council Okays Raises For Brass

By Michael Singer
San Leandro Times

Earlier this month, the San Leandro City Council voted to approve multi-year pay raises for seven police managers and 38 city department managers.

The Council also approved an emergency salary adjustment for 16 people in the police dispatch office as an incentive to maintain staffing levels.

The unanimous decision (7-0) on the Dec. 19 meeting is a collection of contracts— noted as memorandum of understanding (MOU) agreements—between the City and three groups: San Leandro see RAISES, page 12

2022: Year in Review, Part 2

By Jim Knowles
San Leandro Times

July

- Twenty-five new citizens were sworn in aboard the U.S.S. Hornet in Alameda, just before the Fourth of July.

- The City Council voted to give police officers and dispatchers a \$20,000 bonus in what the city called “Resiliency and Retention Pay.”

- Police arrested two Oakland residents for a shooting that wounded a man on Lafayette Avenue the previous month.

- The Creekside Plaza office park on San Leandro Boulevard was sold by Innis-free Co. to an Ohio real estate management company for \$110 million.

see 2022, page 11 San Leandro Creek is flowing again this month after a long dry spell.

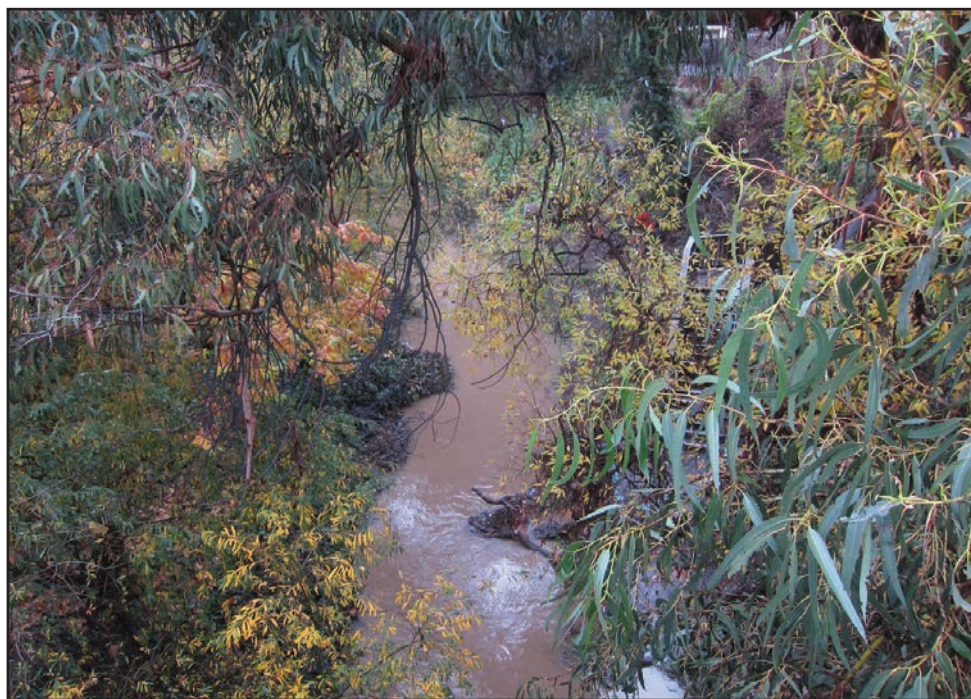


PHOTO BY JIM KNOWLES

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Volunteers awarded by City Council. Page 3

FOOD

How about some hot soup on a cold day? Page 4

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MEETING SCHEDULES

CITY COUNCIL

Council meets on the first and third Monday of each month at 6:30 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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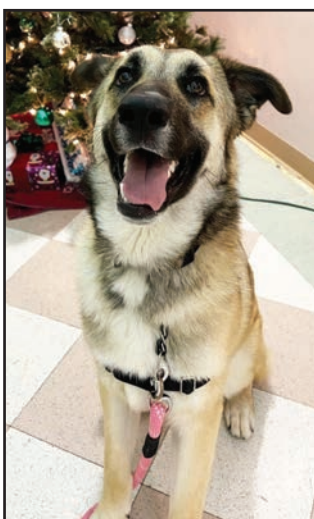
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Pets of the Week



Grinch



Aiko

The Pets of the Week at the Hayward Animal Shelter are a chihuahua and a German shepherd.

Grinch is a 1-year-old, male, chihuahua who likes attention, but on his terms. He has nice manners, enjoys planning with toys, and is very food motivated. He would do well in home with older children and other dogs. Right now dog adoptions are free, sponsored by SantaCon

Hayward.

Aiko is a 1-year-old, male, German Shepherd mix who is active and energetic. He loves playing with toys and getting treats. He is good with other dogs and would like a home with older children. Right now dog adoptions are free, sponsored by SantaCon Hayward.

For more information on Grinch or Aiko, call the Hayward Animal Shelter at 510-293-7200.

Sinegal Picked to Lead San Lorenzo School Board

The San Lorenzo Unified School District Board of Education voted Dec. 20 to reappoint Kyla Sinegal as board president and select Trustee Juan Campos as vice president, both for calendar year 2023.

The board approved the appointments during a regular board meeting as part of an annual reorganization.

Sinegal, a human resources administrator, was elected in 2016 and reelected in 2020. She served as board president this past year and in 2020.

Campos, who works as a youth advocate, was appointed by the board in 2018 to fill a vacant seat. As vice president, he succeeds Trustee Alicia Gonzalez, who was elected to the board in 2020.

At the start of the meeting, Campos and Trustee Samuel Medina were sworn in by Superintendent Dr. Daryl Camp for their new four-year terms, both uncontested. Medina was appointed to the board in 2017 and elected in 2018.

The board's fifth trustee is Penny Peck, a retired librarian in San Leandro who was first elected in 2012. Peck was president in 2016, 2017, 2019



Kyla Sinegal



Juan Campos

and 2021.

Trustees and community members praised Sinegal for her leadership during the district's response to the pandemic.

She pledged to continue advocating for student rights and equity and thanked her colleagues for their dedication and collegiality.

"I value the partnerships we have with one another," Sinegal said. "We are able as a governance team to have really crucial, hard conversations and still honor one another for our different viewpoints."

The San Lorenzo district, founded in 1859, serves more than 8,500 students in the unincorporated Alameda County

community of San Lorenzo, as well as parts of San Leandro and Hayward. The district operates nine elementary schools, three middle schools, four high schools on three sites, an independent study program (DICE) and an adult school.

Ride for Free On New Year's On AC Transit

Celebrate New Year's safely. AC Transit will provide free bus service on New Year's Eve.

Riders will be able to ride all AC Transit buses free of charge, including Transbay and Tempo lines, beginning on 8 p.m. on Dec. 31 until 5 a.m. on Jan. 1.

All AC Transit local and Transbay lines will operate on Sunday schedules on Monday, Jan. 2. All AC Transit offices will be closed on Jan. 2. AC Transit wishes you a safe, healthy and happy holiday.

Crab Feed! BOYS & GIRLS CLUB OF SAN LEANDRO
WE'RE BACK!
Saturday, January 28, 2023
6pm-9pm
Join us at our innovative state of the art Clubhouse at our annual Crab Feed!
PURCHASE TICKETS www.bgcsf.org
EVENT DETAILS
6pm Cocktail Hour & Club Open House
7pm Dinner & Raffle

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Community Calendar

The Book Bunch Book Club

The San Leandro Public Library will host an ongoing senior book club (50+) called "The Book Bunch," scheduled to meet at 1 p.m. on the first Tuesday of every month at the San Leandro Senior Community Center, 13909 East 14th St. The book club will focus on a different reading theme each month. The next "Book Bunch" meeting will be on Tuesday, Jan. 3, from 1 to 2:30 p.m. January stories should take place during the Civil Rights Movement or books that depict Social Inequality or Social Injustice in honor of Martin Luther King Jr. You can pre-register at the Senior Center and select a book to read from their collection or just drop in at any of the meetings with your own book. For more information, call Loanne Hill at 577-3957.

San Leandro Adult School Open House

San Leandro Adult School, 1448 Williams St., will host a Career Technical Education (CTE) open house on Thursday, Jan. 5, at 6 p.m. in Room 101. Explore certificated training programs: Accounting • Administrative Assistant Barber & Cosmetology • Broadcast Media Business Math • Clinical Medical Assistant Computer Basics Literacy • Computer Classes Homecare Worker • Medical Billing & Coding Medical Front Office Assistant • Office Skills Prep Paraeducator • Payroll Technician • Pharmacy Tech Pre-Apprenticeship Test Prep • Preschool Veterinary Assistant. For more information, email Kristi Kaady at kkaady@slusd.us

Winter Lego Show at Bay Area Family Church

After a break of several years the Winter Lego show is back at the Bay Area Family Church, 2305 Washington Ave. in San Leandro. The display is open Saturdays and Sundays from noon to 4 p.m. through Jan. 22, but closed on Dec. 31 and Jan. 1. \$5 per person donation at the door (cash only).

Extras Needed for Movie

Local filmmaker Kenny Shedd, along with Gordon Galvan, will resume shooting their feature film, "Iowa's Finest" in June in the East Bay. If you want to be an extra, call 510-333-8478. Head shots for other smaller roles that still need to be filled can be sent by email to: kshedduncuffed@gmail.com

Boys & Girls Club's Annual Crab Feed Fundraiser

The San Leandro Boys & Girls Club will holding its in-person annual crab feed – the first since 2019 – on Saturday, Jan. 28. Join an evening of fun, great food, music, raffle prizes and a chance to see the new state-of-the art facility, an \$11 million renovation that now is a designated Teen Center and Community Hub for San Leandro. Tickets are \$65 per person, which includes a dinner of crab, pasta, salad and sourdough bread. To purchase tickets or for more information about the crab feed call Erika A. Ortiz at the Boys & Girls Club at 510-483-5581 between 9 a.m. and 5 p.m. Tickets are also available on the club's website, www.bgcsl.org. Proceeds support the San Leandro Boys & Girls Club after school, expanded learning program that will serve 3,500 children at 22 school sites in San Leandro and San Lorenzo by January 2023.

Hearing Loss Support Group

The Hearing Loss Support Group will meet on Saturday, Jan. 14, via Zoom. Greetings at 9:30 a.m., presentation at 10 a.m. RSVP at www.hearinglosseeb.org and click on monthly meetings. The speaker will be David M. Grey is a principal at Grey & Grey, a law firm that provides representation to students with disabilities. Grey has extensive experience representing Deaf and Hard of Hearing (DHOH) students, mostly in cases that involve challenging the child's school district's failure to provide adequate special education support or accommodations. He will talk about issues that arise in educating DHOH students, how they can be supported and accommodated at school, and the difficulties sometimes faced in having their needs at school met.

American Legion Post 649 Monthly Meeting

American Legion Post 649 in Castro Valley meets on the first Monday of every month at 1800 (6 p.m.) for dinner, followed by the meeting at 6:30 p.m. at the Moose Lodge, 20385 Rutledge Road in Castro Valley. When there is a Monday holiday, the meeting will be on the second Monday. For more information, call Jim Smith at 510-305-2280.

Mayor, Council Members Hand Out Awards to San Leandrans Making a Difference

By Mike McGuire
San Leandro Times

The City Council finished out the year by thanking many of the those who have helped make the community better in 2022.

At the Dec. 12 meeting, each City Council member gave out a District Leadership Award to someone who was especially active in community efforts, and Mayor Cutter gave out several more for business excellence, kindness, community service and making a difference.

Cutter also thanked dozens of San Leandrans for their work on the Sesquicentennial Celebration.

The council as a whole gave out several more service awards at their Dec. 19 meeting.

Departing council member Deborah Cox in District 1, chose Cynthia Prieto-Diaz for her work cleaning up air and noise pollution on Harlan Street, where residents live alongside several car repair shops. Council member Bryan Azevedo, continuing on the council from District 2 after his unsuccessful mayoral bid, honored Kara Au-Young for



PHOTO BY MIKE MCGUIRE

Members of the city's Sesquicentennial Committee are honored at the Dec. 12 City Council meeting.

her volunteer work with several community groups.

District 3 council member Victor Aguilar gave the city's thanks to Arts Commissioner Erika Garcia for her years of encouraging art and community service in San Leandro.

"She once played the Queen of Hearts in 'Alice In Wonderland,'" said Aguilar. "And that title sums up who she is."

Council member Fred Simon from District 4 chose Senior Commissioner Adrienne Miller, who worked to clean and protect the waters of Heron Bay, and helped reduce problems with feral cats being dropped off.

In District 5, departing Council member Corina Lopez thanked and honored Breanna Hatcher, program director & head trainer for Leadership San Leandro. The Chamber of Commerce program has provided numerous San Leandrans with skills and encouragement for leadership roles in business and government. Lopez herself is a graduate of Leadership San Leandro, along with her successor-elect Xouhoa Bowen, Mayor-elect Juan Gonzalez and Council members Azevedo and Cox.

Council member Pete Ballew said of Mackenzie Cin, the leadership award

winner from District 6, "Keep an eye out for this woman. She's going to be President some day."

Cin is a former student representative on the San Leandro school board, and is now a sophomore at UC Santa Cruz.

Business Awards

Mayor Cutter thanked sponsors, businesses, city residents, officials and city staffers who helped make the city's sesquicentennial (150th anniversary) successful.


Cutter, also about to leave office, gave Mayor's Awards of Excellence for Small Business to Main Street Bagel, at see AWARDS, page 12


SL Players Auditions for Blithe Spirit by Noel Coward

San Leandro Players will hold auditions for the spring 2023 production of "Blithe Spirit," a classic comedy by Noel Coward.

Auditions will be held at the San Leandro Museum/Auditorium 320 West Estudillo Ave. in San Leandro from 7 to 8:30 p.m. on Tuesday, Jan. 10 and Wednesday Jan. 11. Callbacks, if necessary will be on Thursday, Jan. 12. No appointment necessary—if interested, please contact Dana Fry at danabegood@yahoo.com.

Performances will be on weekends from March 4 to April 2. Visit www.slplayers.org for more show and character information. Auditions, rehearsals and performances will observe CDC, Alameda County and City of San Leandro COVID safety protocols – masking and proof of vaccination required except when performing on stage.





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Warming Winter Soups

If ever there was a type of food that truly fits the term “comfort food,” it would have to be soup.

Unglamorous though it may be, a steaming bowl of home-made soup takes the chill out of our chilly, frosty evenings unlike anything else. And the best part is that most soups are easy to make, calling for readily available ingredients and requiring only rudimentary culinary skills.

For flavor interest, experiment with liquids and other additions – wine, sherry, beer, tomato juice, Worcestershire sauce, nutmeg, peanut butter. Add a little at a time, and keep tasting. In the same vein, try less-common starch additions, such as barley and orzo.

BEEF & BARLEY SOUP

- 1 tablespoon vegetable oil
- 1-1/2 cups chopped onion
- 1 cup chopped celery
- 1 cup chopped carrots
- 2 cloves garlic, minced
- 10 cups beef stock
- 3/4 cup barley
- 3 sprigs fresh thyme, chopped
- 1/2 cup red wine
- 2 cups cubed potatoes
- 2 cups diced cooked beef
- 1-1/2 cups chopped cabbage
- Salt and pepper to taste

In a large pot over medium heat, combine the oil, onions, celery and carrots. Sauté for 5 minutes, or until tender. Add the beef stock, barley, bay leaf and thyme and simmer until barley is softened but not mushy. Add the wine, potatoes and beef. Simmer another 15 minutes and add the cabbage. Allow to simmer another 15 minutes, or until all vegetables are tender. Salt and pepper to taste. Makes 12 servings.

BLACK BEAN SOUP

- 10 slices bacon, finely chopped
- 2 medium onions, chopped
- 6 garlic cloves, pressed
- 1 (14-1/2 ounce) can chicken broth
- 1-1/2 cups canned chopped tomatoes
- 2 tablespoons ketchup

- 2 teaspoons Worcestershire sauce
- 1 tablespoon chili powder
- 4 (15-1/2 ounce) cans black beans, drained but not rinsed
- Salt and ground black pepper
- 1 bunch cilantro
- Juice of 1/2 lime
- Garnish: thinly sliced scallions, sour cream, grated cheddar

Put the bacon into a large heavy pot and place it over medium heat. Cook until it starts to give up its fat, about 4 minutes.

Stir in the onions and cook, stirring, until they start to turn translucent, about 4 minutes. Stir in the garlic and cook until you can smell it, about 1 minute. Add the broth, tomatoes, ketchup, Worcestershire, and chili powder. Stir in the beans, turn the heat to high and bring to a boil. Adjust the heat so the soup is bubbling gently and cook 10 minutes. Season with salt and pepper.

Meanwhile, pick off all the thick stems from the cilantro. Wash it and shake dry. Chop the cilantro coarsely and stir it into the soup when it has been simmering 10 minutes. Cook until the soup is thickened, about 5 minutes. Stir in the lime juice. Serve with the garnishes. Yields 8 to 10 servings.

HAM & POTATO CHOWDER

- 1 can cream of celery soup

- 1 cup fat-free milk
- 1 teaspoon dried onion flakes
- 1 teaspoon dried parsley flakes
- 1-1/2 cups diced ham
- 1-1/2 cups diced cooked potatoes
- 1 cup frozen whole-kernel corn, thawed
- 1 cup frozen broccoli, thawed

In a large saucepan, combine celery soup, milk, onion flakes and parsley flakes. Add ham, potatoes and corn. Mix well to combine. Stir in broccoli. Bring mixture to a boil, stirring often. Lower heat, cover and simmer for 10 minutes, stirring occasionally. Serves 2.

CHEDDAR BEER SOUP

- 10 ounce package frozen mixed vegetables
- 4 tablespoons margarine
- 1/4 cup flour
- 1 teaspoon salt
- 1 teaspoon dry mustard
- 2 cups milk

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No: 22CV023962
Superior Court of California, County of Alameda. In the matter of the petition to change the name(s) of a **Frank Joseph Chavez Jr. b Alexander Joseph Gutierrez-Chavez c Fabiola De Jesus Gutierrez Contreras** Petitioner(s) **Frank Joseph Chavez Jr** has/have filed a petition with this court for a decree changing name(s) as follows: a **Frank Joseph Chavez Jr** to **Frank Joseph Ulibarri b Alexander Joseph Gutierrez-Chavez to Alexander Joseph Ulibarri c Fabiola De Jesus Gutierrez Contreras to Fabiola Gutierrez-Ulibarri**. The court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. **1221 Oak Street Dept. 17, Oakland, CA 94612 on FEB 3, 2023 at 11:00 o'clock am.** A copy of this order to show cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county The San Leandro Times. The court orders that all persons interested in this matter are directed to make known any objection that they may have to the granting of the petition for change of name by filing a written objection, which includes the reasons for the objection, with the court at least two court days before the matter is scheduled to be heard and by appearing in court at the hearing to show cause why the petition for change of name should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Dated: DECEMBER 16, 2022
CHARLES A. SMILEY - Judge of the Superior Court

DEC 22, 29, JAN 05, 12, 2023
0407-SLT

- 1 teaspoon Worcester-shire sauce
- 2 cups shredded medium-sharp Cheddar cheese
- 1 cup beer or ale

Cook vegetables and drain. Melt margarine, stir in flour, salt, and mustard. cook over low heat until smooth. Remove from heat. Add milk and Worcestershire. Heat mixture until it coats the spoon. Add cheese.

Cook over medium heat until cheese melts. Stir in beer and vegetables bring to a simmer. Cook about 15 minutes. Serve with preferred garnishes (croutons, paprika, etc.).

BAKING POWDER BISCUITS

This recipe makes a light, moist, golden biscuit, because of a higher proportion of liquid to flour. The dough is stickier and messier, but just flour your hands often while kneading—they're worth the mess!

- 2 cups flour
- 1 tablespoon baking powder
- 1 teaspoon salt
- 1/3 cup vegetable shortening
- 1 cup milk

Measure flour, baking powder and salt into large mixing bowl. Using fork, stir until well mixed. Flour hands and break chick of shortening into 5 or 6 pieces. Rub flour and shortening together lightly, reach down to bottom of bowl and including all loose flour.

When no big pieces of shortening are left, add milk all at once. Stir milk and flour mixture with fork or hands. It will be stick. Scoop out of bowl and put on floured board.

Clean hands and flour them. Knead dough about 10 times. Pat into circle and 9 inches round or 3/4-inch thick. Cut out biscuit with a 2-inch cutter and place in greased pan.

Bake at 425°F until golden on top, 12 to 15 minutes. Serve hot.

LEGAL NOTICE

FILED
MELISSA WILK
DEC 16, 2022
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 594043
FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
The Barb Hardy Group, located at 2367 Croyden Place San Leandro, CA 94577.in Alameda County, is hereby registered by the following owner(s): The Barb Hardy Group, located at 2367 Croyden Place San Leandro, CA 94577. This business is conducted by a Corporation.
This business commenced 12/16/2022
/s/ Barbara Hardy
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires DEC 15, 2027
DEC 22, 29, JAN 05, 12, 2023
0534-SLT

FILED
MELISSA WILK
NOV 23, 2022
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 593568
FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
Heart luminations, located at 244 Cherry Street San Leandro, CA 94577. in Alameda County, is hereby registered by the following owner(s): Erica Hooper, 244 Cherry Street San Leandro, CA 94577. This business is conducted by an Individual. This business commenced 11/01/22
/s/ Erica Hooper
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires NOV 22, 2027
DEC 22, 29, JAN 05, 12, 2023
0534-SLT

FILED
MELISSA WILK
DEC 01, 2022
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 593528
FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
Rickey's Sports Lounge, located at 15028 Hesperian Blvd., San Leandro, CA 94578. in Alameda County, is hereby registered by the following owner(s): S&J Alliance Group. LLC, 4500 Bell CT Richmond, CA 94804. This business is conducted by an Limited Liability Company.
This business commenced N/A
/s/ Ramonn Smith
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires NOV 20, 2027
DEC 29, JAN 05, 12, 19, 2023
0555-SLT

FILED
MELISSA WILK
DEC 01, 2022
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 593714
FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
Sacred Space Therapy & Coaching, located at 20885 Redwood Road #142 Castro Valley, CA 94546. in Alameda County, is hereby registered by the following owner(s): Crystal Landa, LMFT, 20885 Redwood Road #142 Castro Valley, CA 94546. 4537 Edwards Lane Suite A Castro Valley CA 94546 This business is conducted by an Individual. This business commenced N/A
/s/ Crystal Landa, LMFT
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires NOV 30, 2027
DEC 29, JAN 05, 12, 19, 2023
0555-SLT

FILED
MELISSA WILK
NOV 29, 2022
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 593663
FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
A & A Snack Market, located at 1786 Bancroft Ave San Leandro, CA 94577. in Alameda County, is hereby registered by the following owner(s): Abbas Mohammed Alnaham, 342 Hawk Ridge Dr., Richmond, CA 94806. This business is conducted by an Individual. This business commenced 01/01/2022
/s/ Abbas Mohammed Alnaham
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires NOV 28, 2027
DEC 01, 08, 15, 22, 2022
0544-SLT

FILED
MELISSA WILK
DEC 19, 2022
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 594067
FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
Success Retail Company, located at 8127 Idlewood Street Oakland, CA 94605. PO BOX 18927, Oakland, CA 94619. in Alameda County, is hereby registered by the following owner(s): Clayton Davis, 8127 Idlewood Street Oakland, CA 94605. This business is conducted by an Individual. This business commenced N/A
/s/ Clayton Davis
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires DEC 18, 2027
DEC 22, 29, JAN 05, 12, 2023
0534-SLT

FILED
MELISSA WILK
DEC 19, 2022
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 594067
FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
Education Enrichment Services, located at 8127 Idlewood Street Oakland, CA 94605. in Alameda County, is hereby registered by the following owner(s): Clayton Davis, 8127 Idlewood Street Oakland, CA 94605. This business is conducted by an Individual. This business commenced N/A
/s/ Clayton Davis
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires DEC 18, 2027
DEC 29, JAN 05, 12, 19, 2023
0556-SLT

FILED
MELISSA WILK
DEC 15, 2022
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 593964
FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
Ohn Bookkeeping & Accounting Service, located at 2227 Shoveler CT, San Leandro, CA 94579. in Alameda County, is hereby registered by the following owner(s): Ohn Myint, 2227 Shoveler CT, San Leandro, CA 94579. This business is conducted by an Individual. This business commenced 12/15/2022
/s/Ohn Myint
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires DEC 14, 2027
DEC 29, JAN 05, 12, 19, 2023
0534-SLT

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SL Surgery Center Using Artificial Intelligence to Prevent Colon Cancer

San Leandro Surgery Center, 15035 E. 14th St. in San Leandro, is now using the latest technology to prevent colon cancer.

It's one of the first centers in the East Bay to use artificial intelligence (AI) to aid in the detection of colorectal polyps. The GI Genius machine enhances the gastroenterologists' visualization during screening colonoscopy by highlighting regions within the colon with visualization of abnormalities in different forms, shapes, and sizes.

Currently, three gastroenterologists are using this technology at the Center, including interventional gastroenterologist, Vinod Kurupath, M/D. He notes that the use of artificial intelligence in colonoscopy will open up new frontiers in future endoscopy therapeutics and facilitate better care for patients in gastroenterology.

Colonoscopy screening is one of the most important tools in the detection of



pre-cancerous polyps that cause colorectal cancer.

The surgery center has been an integral part of the San Leandro and nearby communities providing multi-specialty surgeries since 1995. Administrator Jeanne Linda added the gastroenterology specialty in 2019, supplementing the

numerous other specialties served at the center.

In addition to colonoscopies within the GI specialty, the center also performs gastroscopies, and it is one of the few surgery centers in the Bay Area to offer endoscopic ultrasonic procedures.

Ten Thoughts for New Year

By Mitch Rothbardt
SPECIAL TO THE TIMES

A new year always brings to mind a cornucopia of thoughts. Goals to set... Looking back... Looking forward... Lots of... just... things... you know?

In that spirit, here are 10 things I've been thinking about in terms of fitness and nutrition. And maybe some other things, too.

1. Stretching can be great to help release muscles that are too tight to allow good movement. Stretching merely for flexibility, however, is generally not all that useful unless strength and mobility are worked on first. The reason is that injuries tend to occur when someone is in an extreme range of motion (a hyperextended knee or overly rounded back, for example). Without the requisite strength or movement quality to support that position, well, that's when injuries occur.

2. Consistency, in all its forms and applications, remains the most important determinant of success.

Consistently showing up, working hard, and engaging deeply in what you're doing at that moment... That's what success is made of.

3. You're probably sick of me writing about this but getting stronger should always be one of your main goals.

4. DO NOT MAKE LOSING WEIGHT ONE OF YOUR NEW YEAR'S RESOLUTIONS!!! If you want to know why just let me know. I don't have the space here to give this the respect it deserves.

5. Most back and shoulder pain has more to do with everyday movement and breathing patterns than nearly anything else (that includes anything you'll see on an X-Ray or MRI.) Adjustments, medication, and massage can only help so much. Improvement is intentional. If you don't know what to do, think about what a reasonable adult would do and do that.

6. What you focus on makes or breaks you. Make your focus count for good.

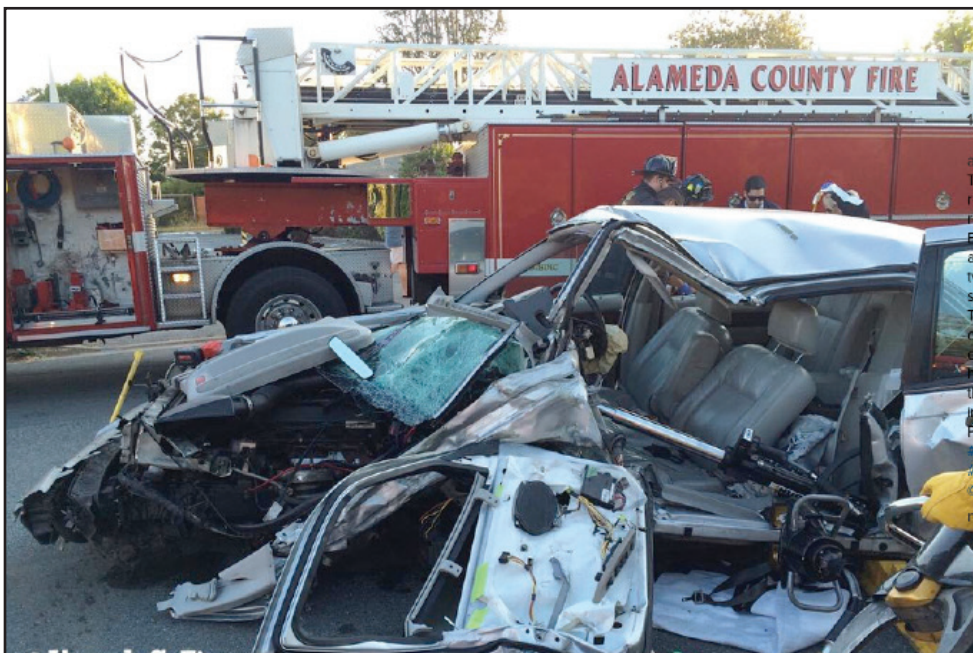
7. Strength or cardiovascular health can be improved if worked on 2-3 times per week, but chronic pain, such as back or shoulder issues, needs to be an everyday project. Sorry, that's the truth. Posture and movement quality are the results of ingrained habits that need constant engagement and attention to change. Don't worry, though; it gets much easier over time.

8. Eat fruits and vegetables and drink lots of water.

9. Worrying about everything you eat is 10x more damaging than eating a cookie.

10. If you have an appetite for incredible writing, read Blood Meridian by Cormac McCarthy. I've never read anything else quite like it. It's not for everyone, but boy, is it powerful. If you've read it, I'd love to know your thoughts.

Well, it's been quite a few years for all of us but let's do everything we can to make 2023 a great one! Happy New Year!



Designate a sober driver as part of your game plan so you don't get in a wreck.

Safely: Don't let friends drive impaired

continued from front page

drive and there is no quick fix to bringing down your BAC.

We can all make it to and from our destinations safely during the holidays by having a game plan. Designate a sober driver or schedule a ride share to get home safely. If you are hosting a party, do not let your friends or family drive impaired.

Make sure that all guests leave with a sober driver. Driving under the influence of any substance that affects your ability to drive safely is illegal.

Over-the-counter medications, prescription drugs, illicit drugs and marijuana can all impair your ability to drive. If you are in your car and suspect that another driver may be driving impaired, call 911. You could save a life.

As you travel during the holidays, remember to protect those working on California's highways. Be careful when passing a work zone and obey all road signs.

If you see flashing amber lights ahead, move over a lane. If unable to do so safely,

slow down. Not only is it the right thing to do, but it's also the law. The Move Over Law exists to provide a safer environment when maintenance and emergency vehicles, and tow trucks are stopped along the highways, close to fast moving traffic. You can help them get home safely to their families.

The Office of Traffic Safety and Caltrans wish you and yours a safe holiday season and a happy New Year. Go Safely, California. For more safety tips, visit www.gosafelyca.org.

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REAL ESTATE GALLERY



Two Key Indicators of A Calmer Ride in 2023

2022 has been one for the record books. Dubbed "The Greatest Real Estate Roller Coaster Ride Ever," many are glad to see it wrapping up. The good news? Two key indicators suggest a calmer ride in 2023.

1. Mortgage Rates are Loosening:

Even as the Fed is promising another rate hike, experts declare they believe the worst is behind us. While the market slowed as soon as rates started to climb, it screeched to a virtual halt as rates zoomed above 7% for a few weeks in October and November.

"Recently," states a post by NextAdvisor, "signs of cooling inflation have released some of that upward pressure, with the average for a 30-year fixed-rate mortgage now back down to 6.62%, according to a survey by Bankrate."

JR Gondeck, partner and

managing director with the Lerner Group, echoes the sentiment, explaining, "From a mortgage perspective, rates have actually gone down even though the Fed has raised rates. We would expect the worst is over. We think you're going to see lower rates into the next year despite further rate hikes."

For those buyers locked out by a combination of record numbers of multiple offers, escalating prices and skyrocketing interest rates, the recent price reductions, absence of multiple offers and potentially lower rates signal the first good news they have had in a long time. It is our hope this will lead to an uptick in sales in 2023.

2. Building Material Prices are Receding:

2022 was tough for those building or renovating homes. Prompted by wildfires and

covid-related supply chain issues, lumber prices went off the charts in 2021-22. As lumber mills have reopened and fuel prices are headed back down, lumber prices have begun sliding as well. While new home sales have stalled due to high interest rates, this is great news for those doing renovation projects.

As an example, I recently purchased a few sheets of specialty plywood that cost close to \$300/sheet. I remember complaining bitterly a number of years ago when that same product hit \$80/sheet. What a difference a supply chain crisis makes. While there are still material shortages (we just waited almost a year for a dishwasher that had parts manufactured in Ukraine), in most cases, shelves are full once again and costs are coming back to "normal."

While we don't expect 'perfect' in 2023, we pray it will be less chaotic than its predecessor.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.



Pollination concerns are one of the several things you need to consider when planting trees or planning a home orchard.

Consider Cross-Pollination When Planting Fruit Trees

Q I want to plant a few fruit trees that would suit my yard. However, I've been told I must have two trees close to each other to cross-pollinate. Does that mean I need to have identical trees, or will an apricot tree pollinate an apple tree?

By Buzz Bertolero
THE DIRT GARDENER

A Pollination concerns are one of the several things you need to consider when planting a few trees or planning a home orchard. This discussion does not apply to citrus and other sub-tropical fruits. Not all deciduous fruit

trees need a second tree for pollination. An apple tree can't pollinate an apricot or any other type of fruit tree, just another apple variety. Today, many varieties are self-pollinating such as peaches and nectarines. There are self-fertile cherries and those cherries that require a second variety. So, choosing the suitable varieties can become very confusing. I would make a list of those varieties you like to consider. The nursery professional at your favorite garden center is the perfect resource to help you trim the list and suggest some alternatives.

Also, the varieties found in gardening books are outdated, as there are excellent new varieties for a home orchard. Here are some other things you should keep in mind: the ripening dates, the watering needs, and the ultimate size of the trees. The ripening dates should be staggered so you can have a different fruit to enjoy from June through September. The size of semi-dwarf fruit

trees is misleading as they are too big to plant in today's garden. They often will reach a height of eighteen feet with a ten-foot spread. Instead, you want to plant Ultra Dwarf or genetic dwarf varieties growing under ten feet tall. Finally, all fruit trees are not watered the same.

Established Asian pears, pears, and apples are watered often, while cherries, apricots, peaches, nectarines, and plums, once every three weeks, once the rainy season concludes. It also means that the area under the canopy should be kept unplanted. So, it would be best if you grouped your trees according to their watering requirements. Ultra Dwarf or genetic dwarf varieties can be grown in containers, but they're watered more frequently than those planted in the ground. Many garden centers pre-plant their fruit trees in paper mache containers. These trees do not need to be planted in the ground right away. Fruit trees arrive mid-January through mid-February.

Q I have several established rose bushes that I would like to give away. Can they be transplanted now and replanted with newer varieties? I've been told that this was a no, no.

A Mature roses can be transplanted now through the end of March. Old or new roses are very resilient, so there is a high success rate in moving them. If you prune them back first, the plants are easier to handle. I'm unaware of any issues preventing you from planting the new roses in the old location(s).



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RECENT HOME SALES

Home sales information is compiled and provided by CalREsource and includes Bedrooms, Square Feet and Year Built when available

CASTRO VALLEY

Total: 10 – Average Price: \$1,130,000
High: \$1,430,000 – Low: \$805,000

21529 Dolores Street 94546:

\$735,000 [2 BD - 1,018 SF - 1948

3669 Pinon Canyon Court 94552:

\$796,000 [2 BD - 1,258 SF - 1996

18076 Reamer Road 94546:

\$809,000 [3 BD - 1,566 SF - 1942

4253 Moreland Drive 94546:

\$920,000 [4 BD - 1,715 SF - 1953

20253 Meadowlark Drive 94546:

\$985,000 [3 BD - 1,448 SF - 1959

19579 Carlton Avenue 94546:

\$1,080,000 [3 BD - 1,486 SF - 1963

22490 Charlene Way 94546:

\$1,100,000 [2 BD - 1,714 SF - 1937

3779 Boulder Canyon Drive

94552: \$1,450,000 [4 BD - 2,352 SF - 1998

5051 Stone Canyon Drive 94552:

\$1,500,000 [4 BD - 2,605 SF - 1999

HAYWARD

Total: 21 – Average Price: \$886,071
High: \$1,925,000 – Low: \$215,000

658 River Oak Way #76 94544:

\$380,000 [1 BD - 531 SF - 1985

22773 Watkins Street 94541:

\$474,000 [2 BD - 1,159 SF - 2005

2972 D Street 94541: \$680,000

[3 BD - 1,012 SF - 1951

31213 Tepic Place #45 94544:

\$690,000 [2 BD - 1,435 SF - 1981

32062 Kennet Street 94544:

\$699,000 [3 BD - 1,031 SF - 1951

396 Thorne Drive 94544:

\$710,000 [951 SF - 1950

27426 Capri Avenue 94545:

\$770,000 [3 BD - 1,000 SF - 1957

1289 Rieger Avenue 94544:

\$793,000 [3 BD - 1,119 SF - 1956

1514 Sumatra Street 94544:

\$800,000 [4 BD - 1,524 SF - 1954

25022 Panitz Street 94541:

\$800,000 [3 BD - 1,075 SF - 1954

24135 Machado Court 94541:

\$1,000,000 [4 BD - 1,512 SF - 1984

24866 Yoshida Drive 94545:

\$1,070,000 [4 BD - 1,904 SF - 1996

24410 Calaveras Road 94545:

\$1,100,000 [4 BD - 2,249 SF - 1979

28353 Cubberley Court 94545:

\$1,150,000 [4 BD - 2,183 SF - 1965

4164 Oak Pointe Court 94542:

\$1,900,000 [3 BD - 2,393 SF - 1986

SAN LEANDRO

Total: 9 – Average Price: \$907,111
High: \$1,250,000 – Low: \$450,000

2077 Washington Avenue #110

94577: \$362,000 [1 BD - 618 SF - 1984

847 Donovan Drive 94577:

\$599,000 [2 BD - 1,210 SF - 1942

15055 Norton Street 94579:

\$670,000 [2 BD - 821 SF - 1948

1710 Thrush Avenue 94578:

\$700,000 [4 BD - 1,309 SF - 1949

3843 Anza Way 94578: \$790,000

[3 BD - 1,342 SF - 1954

2046 Trombas Avenue 94577:

\$849,000 [3 BD - 1,501 SF - 1944

2002 Orchard Avenue 94577:

\$860,000 [3 BD - 1,333 SF - 1947

755 Dutton Avenue 94577:

\$900,000 [3 BD - 1,448 SF - 1942

543 Fortuna Avenue 94577:

\$950,000 [2 BD - 1,212 SF - 1939

1186 Cherrybrooke Commons

94578: \$960,000 [4 BD - 1,947 SF - 2005

1522 Kelly Avenue 94577:

\$1,100,000 [3 BD - 1,309 SF - 1942

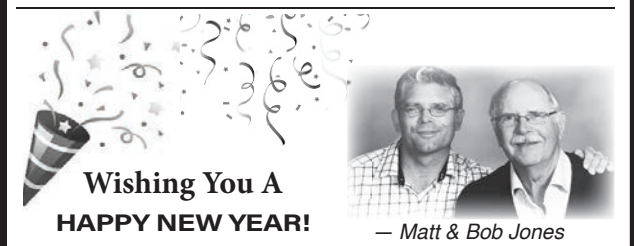
15233 Laverne Court 94579:

\$1,156,000 [3 BD - 1,711 SF - 1958

SAN LORENZO

Total: 6 – Average Price: \$807,666
High: \$950,000 – Low: \$520,000

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The 30-Year Fixed-Rate Mortgage Continues to Trend Down

Heading into the holidays, mortgage rates continued to move down. Rates have declined significantly over the past six weeks, which is helpful for potential homebuyers, but new data indicates homeowners are hesitant to list their homes. Many of those homeowners are carefully weighing their options as more than two-thirds of current homeowners have a fixed mortgage rate of below four percent.

WEEKEND GARDENER

Roses

January is the month to prune your rose bushes as well as deciduous trees, shrubs, grape vines, kiwis and berries. Apply dormant oil spray after pruning, not before. Do not prune any spring-flowering trees or shrubs until they finish blooming.

Prune roses way back, using clean, sharp tools and protect your hands with heavy gloves. Make all cuts at 45-degree angles above an outside bud eye, about a quarter-inch above the eye. Take out twiggy and malformed growth.

For a moderate pruning, cut bushes 18 to 24 inches high with three to six canes left in place. Severe pruning produces larger, but fewer blooms. Floribundas and grandifloras often benefit from a light pruning.

On old garden roses, don't do anything until after the spring bloom. Prune tree roses and hybrid teas to a vase shape. Climbing roses bloom on mature canes, so don't be overzealous. Train their canes against a fence or trellis by attaching the canes to the structure in a horizontal position.

OPEN HOMES

SAT. & SUN.
DEC. 31 & JAN. 1



Have a Happy New Year!

NO OPEN HOMES ARE SCHEDULED FOR THIS WEEKEND



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LEGAL NOTICE

SUMMARY OF ORDINANCE NO. 194
AN ORDINANCE OF THE CASTRO VALLEY SANITARY DISTRICT BOARD OF DIRECTORS AMENDING COMPENSATION FOR DIRECTORS AT MEETINGS.

Ordinance No. 194 amending Castro Valley Sanitary District Code Article V, Chapter 6, Sections 5601, 5602, 5603, 5604, and 5605 was duly and regularly adopted by the Castro Valley Sanitary District Board of Directors at the Special meeting of said Board held on December 13, 2022.

The Ordinance amended language of the Castro Valley Sanitary District Code for Article V Regulation of Solid Waste Disposal. This change will be effective January 1, 2023.

The Castro Valley Sanitary District Board of Directors voted on December 13, 2022, at the Castro Valley Sanitary District Regular Board meeting to adopt the Ordinance as follows: Akagi Yes; (Dooman) Woerz Yes; Johnson Yes; McGowan Yes; Sadoff Yes.

Yes; (Dooman) Woerz Yes; Johnson Yes; McGowan Yes; Sadoff Yes.

The above summary constitutes the major highlights of Ordinance No. 194. A reading of the entire Ordinance may be necessary to obtain a full understanding of the Ordinance. The new rates set by this Ordinance are posted at www.cvsan.org/oan and the full text of the Ordinance is available upon request via email at contact@cvsan.org or by calling 510-537-0757.

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THE TIMES CROSSWORD

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ANSWERS ON PAGE 4

OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and **must be under 300 words**. Letters can be edited for clarity or length. Letters are the views of the author and not necessarily the views of the newspaper or its advertisers. E-mail letters to: letters@ebpublishing.com or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

To the San Leandro Community Editor,

As this year draws to a close, I want to highlight what a remarkable year it was to celebrate 150 years of incorporation. The City's Sesquicentennial was a great way to enjoy our community. We want to take this opportunity to thank you for participating in all of the events.

This year began with a "birth-day kick-off" in March, followed by a historical sign exhibit coordinated by Brody Scotland. June was a lot of fun, thanks to our Cherry Parade, which included San Leandro's first PRIDE parade! The San Leandro Historical Society came out in force to host The Gathering, a celebration of music, food, and fun. Thanks to the Chamber of Commerce, who hosted the beer, sangria, and food trucks that same day! The Library coordinated an essential Redlining exhibit, which continues today. It tells about our housing discrimination history and notes the changes we continue to support so that everyone feels welcome in our town.

August had the 150th Minutes of Music at the San Leandro Marina, followed by the Labor Day picnic hosted by the San Leandro Historical Society. We celebrated our manufacturing history in October with a Made in San Leandro Day at Drake's Brewery and 21st Amendment. The day included food trucks, music, beer, exhibits, and a pumpkin patch sponsored by the Boys and Girls Clubs of San Leandro.

Thank you to the Chamber of Commerce, the Boys & Girls Clubs, and both breweries for hosting this fun event. We concluded our year with the time capsule burial at Root Park and a holiday celebration at the Downtown Association's "It's a Wonderful Night."

But what made these events successful was this wonderful community. Thank you to the 150th Celebration Committee, who planned and delivered these beautiful events. Thank you to our community partners who came together to host events and provide exhibits and our special partners who financially sponsored the year so that the residents

didn't have to pay for their own birthday party.

We wanted to bring our community together this year as a testament to our strength. Thank you for showing up, for partying hard, for laughing and sharing and learning together. You made this a happy birthday for everyone.

Mayor Pauline Cutter and Council Member Deborah Cox
City of San Leandro
150th Committee Co-Chairs

Public's Help Asked to Solve Murder Case

Editor,

December 14th marked the 8th anniversary of the still-unsolved murder of our neighbor, Joel Ramirez. He was a cheerful 21-year-old Chabot College student and a graduate of San Leandro High School's SLAM Academy. He and his family were wonderful big-hearted neighbors. Joel was murdered as he arrived home late at night and parked next to a cannabis grow house operating in our neighborhood. None of us knew the home was being used illegally. The San Leandro Police Department believes that Joel was mistaken for someone associated with the operation.

The Police Department established that Joel was in no way connected to the grow house and has promised to continue the investigation until the murderer is brought to justice. The San Leandro City Council, at Corina Lopez's proposal, offered an as yet unclaimed \$50,000 reward for information leading to the arrest of those responsible.

We write to ask anyone who has any information that pertains to this murder to call (510) 577-3278 [Anonymous Tips], (510) 577-3230 [SLPD investigation], or text "TipSLPolice" to 888777. Thank you.

Councilmember Corina Lopez, Emily & Rob Rich
San Leandro

Driving Like They Own the Road

Editor,

Sadly, I take my turn to write an article to the *San Leandro Times*, whose stand on the opinion page I salute weekly.

After driving 20 minutes, I

must report what I see, hoping to help realize the latent danger around the corner that I believe can be changed with firm determination.

A group of kids and I drove the East 14th Street up north from San Leandro. A driver of a car did three infractions in 5 seconds in front of the line of cars. He drove on the bus lane and crossed the line without caring about the red-light. I said to my co-pilot, I forgot to tell you, the show has barely begun.

A few minutes later, another driver took the pedestrian passage in the middle of the road to make a u-turn. And on the way back, a driver, from the far left lane veered right crossing three lanes of cars without minding the speed limit or the red-lights.

It also happens on Bancroft Avenue from time to time.

I am not the best driver, but I try to do my best to be responsible for the souls I carry, and those in surrounding cars. However, the only thing that the kids in the back of the car can see in the rear-view mirror is frustration and concern on my face.

Wherever we go north to the library or the school, there is often someone that will commit an infraction while smiling. Furthermore, I don't dare honk in fear of being insulted or even more, in front of my children who are still learning every day how to behave.

Let's believe, having tried myself, a habit can take the same time to break as the time it took to be established.

I wish the drivers knew that there are repercussions to the recklessness.

Catherine Casallas
San Leandro

Truth Suppressed by the Security State

Editor,

Our First Amendment protection guaranteeing the right to express ourselves freely with impunity is under attack and a threat to journalists. This country, in collaboration with the United Kingdom, has been holding journalist Julian Assange in the Belmarsh Prison in solitary confinement for over 1,000 days, and for what? For publicizing the truth of criminal activity committed by the national security state.

Unfortunately, many people have never heard of Julian Assange because the mainstream media fails to report on him and how he has been persecuted over the last 10 years. The U.S. is pushing for the extradition of Mr. Assange by grasping at straws, that is, charging him under the 1917 Espionage Act. So, publishing the truth is an act of spying?

Prosecuting Assange is a threat to every journalist and every publishers' First Amendment protection to publish what we have the right to know, even if the truth is abhorrent, unwelcome, or embarrassing to the public, including the national security state.

Until recently, newspapers and journalists have been silent on their support for Julian Assange. *The New York Times* is the only U.S. publication that has expressed support for the release of Assange. The editors must have realized that if a journalist like Assange could undergo prosecution for his publication of his source's evidence of war crimes, then the *NY Times* journalists could very well face the same threat for simply publishing the truth. This recognition was the reason Mr. Obama refused to prosecute Assange, however, Trump and Biden want nothing more than to make Assange a precedent by extraditing him for trial, and convicting and imprisoning him for 175 years.

Publishing is not a crime. If we kill the messenger, we avoid the truth. We shouldn't kill the messenger who seeks to shine light on government misdeeds.

Laurel Griffith
San Leandro

Why It's Right to Support Ukraine

Editor,

There was a recent letter to the editor which implied that the war in Ukraine was the fault of NATO or the US. Nothing could be further from the truth. Putin has had designs on Ukraine since 2014, when he occupied Crimea and supported separatists in eastern Ukraine. In February, Putin decided to conquer the rest of Ukraine, but he miscalculated badly. Ukraine had been building up its armed forces and training with NATO for the past eight years, and this time they were ready.

In case it is not clear, this war of aggression has no legitimacy. After the Soviet Union broke up, Ukraine gave its stockpile of nuclear weapons to Russia in exchange for an assurance that Russia would never attack Ukraine.

Nor is it the fault of NATO that eastern European countries joined the alliance. If you want to know why they did so, open a history book and read about the Soviets sending tanks into Prague in 1968. And Hungary in 1956. Also read about the Warsaw uprising in 1944. As the Germans retreated and the Soviets approached Warsaw, the Polish partisans rose up against the German garrison. Then the Soviet army stopped on the other side of the river and watched

as the Germans massacred tens of thousands of Polish civilians. I won't even go into what happened when the Soviet army entered Berlin in 1945.

After World War II, those countries had to live under Soviet domination for 40+ years. So when the Soviet Union finally collapsed, the eastern European countries couldn't get rid of the Russians fast enough. That's why they joined NATO, because people who have lost their freedom once don't ever want it to happen again. It's not because "evil NATO" is expanding its borders. Even Finland and Sweden are giving up their neutrality and joining the alliance because they don't want to be the next countries invaded by Russia.

If the massacres we have already seen in the liberated Ukrainian towns of Bucha and Izyum aren't enough reason to support Ukraine, there is always this: we support democratic countries where the people have freedom, justice and rights. You won't find those in Russia. Putin thought that Europe's dependence on his oil and gas meant that they would let him have a free hand in Ukraine, but those countries know better. And the Ukrainians are fighting to defend their homes against a war of aggression by a much larger, nuclear-armed neighbor, so they deserve the support of the free world.

Victor De Grande
San Leandro

Fed Should Lower Interest Rates

Editor,

As I understand economics, prices inflate because the demand for things exceeds the supply. So, how to increase the supply of goods? Get investors to invest in more production, and hire more workers. How to incentivize investors? Lower interest rates so they can borrow affordably.

Why is the Federal Reserve raising interest rates? Aren't they doing the exact opposite to cure inflation? Some believe that lowering interest rates enables consumers to buy more stuff which increases demand over supply. So, lowering interest rates must be targeted exclusively to increasing production, not increasing consumption. Banks can do that, if they get directed to from the Federal Reserve. The Fed must tie lower interest rates to investments in farms, factories, and businesses.

If the Fed can't do that, then Congress must step in. The interest rate hikes are leading us toward recession.

Bruce Joffe
Piedmont

2022: Olympic wrestler returns to Bancroft Middle School

continued from front page

• Xouhoa Bowen announces she's running for City Council in District 5.

• The B*Dazzled Dancers from San Leandro perform and march down on Main Street USA at Disneyland.

• The Friends of the San Leandro Library award three college scholarships to students from San Leandro, Castro Valley and O'Dowd high schools.

• Comedians leave the crowd laughing at a show in front of the Main Library, emceed by Brian Copeland.

August

• Police turn up two pounds of the highly dangerous drug fentanyl in a traffic stop on Marina Boulevard and Aurora Drive.

• A 13-year-old girl was hospitalized after being hit by a bullet fragment in a shooting at a salon on the 2200 block of East 14th Street. Police said it was unclear if the shooting

September

• A new rabbi takes the helm at Temple Beth Shalom. Rabbi Josh Weisman has experience as a community organizer working for solutions to problems affecting neighborhoods.

• A big crowd arrived on a Saturday for the (re)Discover San Leandro Festival with music, food and a scavenger hunt.

• A new taproom and restaurant, Fieldwork Brewing Co., opened in downtown San Leandro after remodeling a building that had been a tire store and a bank.

• A 30-year-old man who had recently gotten married was killed by gunshots in a suspected road-rage incident at the corner of Hesperian and Lewelling boulevards.

• Mayor candidates Juan Gonzalez, Bryan Azevedo and Lee Thomas took questions and spoke on addressing crime at a forum hosted by the Chamber of Commerce.

• Three people were shot at

team beats San Lorenzo, 35-0, in the annual Helmet Game between the crosstown rivals and celebrates on the Dons home field.

• The City Council votes to give themselves a 5-percent raise.

• Ballots are sent out but two San Leandro school board candidates are mistakenly left out. Jacquie Perl and Abbey Kerins are running in Area 2, where their names appear on ballots, but voters throughout the rest of the school district got ballots without the two candidates' names. Voters in those areas were later sent supplemental ballots.

• The Bancroft Middle School cross country team competes at a 10-team meet in Union City and nine Bronco runners ran their personal best times in the mile.

November

• Members of the Lummi Nation in Washington State brought a totem pole along

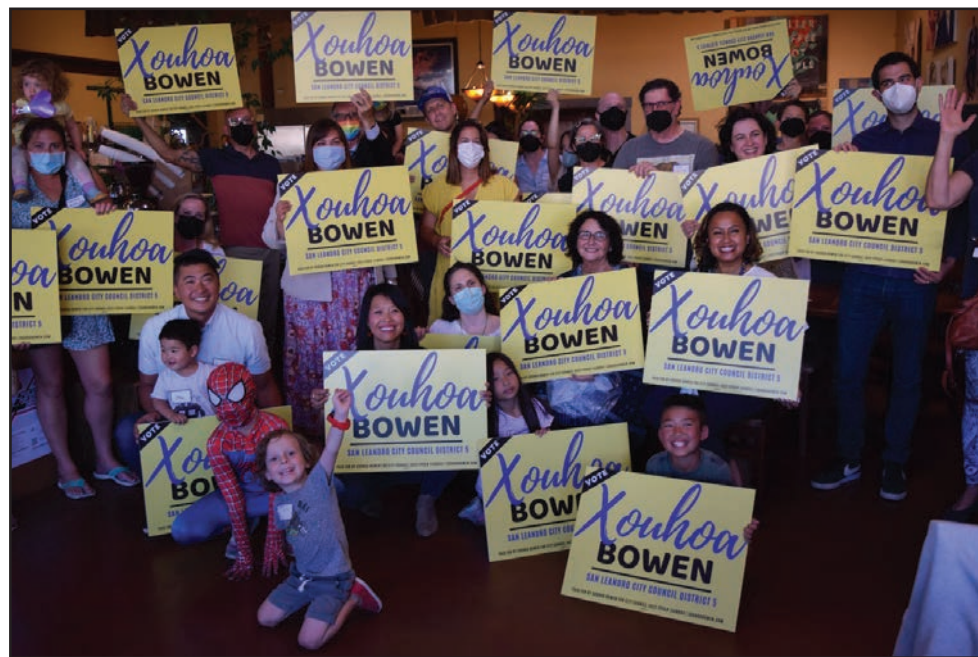


PHOTO BY MIKE MCGUIRE

Supporters of Xouhoa Bowen for City Council held a rally for the candidate as her campaign began.

Street. The cause of the fire is unknown.

• American Legion Post 117, along with Boy Scout and Girls Scout troops, lead a flag-raising ceremony in honor of Veterans' Day on Nov. 11 at the Senior Community Center.

• Pamela Price takes the lead and wins the election to become the first Black district attorney of Alameda County.

December

• Eagle Scouts make improvements on the historic Ygnacio Peralta House on Lafayette Avenue, the home of the Alta Mira Club.

• The City Council approves a plan to turn major routes, including Bancroft Avenue and Williams Street, into bicycle lanes that will make it safer for biking, though it will reduce the amount of parking spaces.

• The annual "It's a Wonderful Night" festival returns to downtown San Leandro for the first time since the pandemic with music, food and activities.

• Juan Gonzalez is sworn in as the newly elected mayor of San Leandro, along with new City Council members Celina Reynes and Xouhoa Bowen. Gonzalez and Bowen's margin of victory were both very close, so those two races couldn't be called un-

til the final results were announced a month after the Nov. 8 election.

• A driver was killed on East 14th Street in Ashland when his speeding Corvette hit a tree.

• San Leandro gets state

funds to rebuild the Mulford-Marina Branch Library.

• Olympic wrestler Jacarra Winchester gave a talk at wrestling demonstration at Bancroft Middle School, the school where she began wrestling as a sixth grader.



PHOTO BY JIM KNOWLES

Another house in a development on MacArthur Boulevard near Superior Avenue was damaged by a speeding car that went off the road.

was a robbery attempt or some other motive.

• Armed robbers, both holding firearms, robbed a man of his Rolex watch on Crosby Street in the Washington Manor neighborhood.

• Neighbors held a National Night Out party across town, including in front of Beverly Hicks house with a cookout, games and cupcakes.

• The newly remodeled San Leandro Boys & Girls Club reopens with a party open to the public and to celebrate the club's 75th anniversary.

• County Supervisor Nate Miley calls for a special meeting to address lawlessness.

• The former CVS drug store at East 14th Street and Callan Avenue is demolished to make way for a new development of apartments and shops, to be called Centro Callan.

an illegal marijuana growing operation on Adams Avenue in a gun battle between robbers and the people tending the operation.

• The San Lorenzo High Grizzlies scored in the fourth quarter but lost a home game to Mt. Diablo, 27-6.

• A armored truck guard was shot and killed while making a pickup at Kaiser Hospital.

October

• Classic cars go on display at the Riders & Readers Car Show at the Main Library's parking lot.

• The Rotary Club of San Leandro shares photos of their trip to Mexico City to deliver wheelchairs to people who need one, from a 7 year old to a 94-year-old woman who was finding it hard to get around.

• The Arroyo High football

on a cross country run and made a stop at the San Leandro Marina. The Sovereignty Run is on honor of the great Native American olympic athlete Jim Thorpe.

• A photo exhibit featuring African Americans in the United States military, especially in World War II, opens at the Main Library.

• Two cars are destroyed in a garage fire in an apartment building downtown on Hays

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Obituaries

Norberto Florentino Fontes Sousa

June 6, 1962 ~ December 16, 2022

On Friday, December 16th, 2022, Norberto "Bert" Sousa peacefully passed away at home in the presence of his wife and daughters.



Norberto was born in the Azores, on the beautiful island of Santa Maria. He was the youngest of 14 children. He immigrated to America with his family at the age of 7 and lived in Cambridge, Massachusetts. At 18, he moved to California where he met and married the love of his life, Margarida. It was love at first sight. He was a loving husband for over 37 years and a supportive and encouraging father to his daughters Kathy and Ashley.

He loved to sing, play basketball and root for his beloved Raiders. He was also a man of faith. He was a unique and beautiful soul, always unapologetically himself.

Viewing will be held at Santos-Robinson Mortuary on Thursday, January 5th from 1pm to 8pm with a Rosary at 6pm.

Funeral mass will be held at St. Leander's Church on Friday, January 6th at 10:00am with procession to Holy Sepulchre Cemetery afterwards and reception to follow.

In lieu of flowers, donations can be made to the local homeless resource organization April Showers (www.ihnaprilshowers.org).



PHOTOS BY MIKE MCGUIRE

Breanna Hatcher, head trainer for Leadership San Leandro, receives a District Leadership Award from City Councilmember Corina Lopez

Awards: Making a difference

continued from page 3

1099 MacArthur Blvd.; and Medium-Sized Businesses awards to 21st Amendment Brewery at 2101 Williams St. and Drake's Brewing Company at 1933 Davis St.,

Tobias Gonzales got the mayor's "Making a Difference in Your Community" award for his advocacy and work in fixing up the city's Thrasher Park skateboard facility. Pastors Michael Kim-Eubanks and Erina Kim-Eubanks of Bethel Community Presbyterian Church received the "A City Where Kindness Matters" award for their years of community service and social justice work.

Community Service Awards

The mayor's "Community Service" award went to former San Leandro Mayor Ellen Corbett, first female mayor of San Leandro, later a member



Arts Commissioner Erika Garcia receives an award from City Councilmember Victor Aguilar. At right, Councilmember Bryan Azevedo gives an award to community volunteer Kara Au-Young.



of the State Assembly, majority leader of the State Senate, and now serving on the East

Bay Regional Parks District Board. Mayor Cutter thanked Corbett for inspiring her and other women to follow her into office.

Accepting the award in a packed City Council Chambers, Corbett said, "The reasons why San Leandro is such a wonderful place is because of all of you, everyone getting involved."

The following week, Mayor's Awards for Kindness went to Karen Nickleson for her work with the San Leandro Community Food Pantry, especially during the pandemic; to Zuri Maldonado for his home-repair help to a senior mobile-home park resident; and to Darlene Jeanne "Williams" Evans for her environmental awareness and dedication to cleaning up community spaces.

The mayor's service proclamations also went to San Leandro Boys And Girls Club CEO Kim Pace for her role leading the growth of the club's programs; and to Elsa Ortiz, who just retired after 16 years on the AC Transit board of directors.



TIMES FILE PHOTO

The police department is trying to attract people to apply for dispatcher jobs to fill vacancies in the communications center.

Raise: Pay increase for dispatchers

continued from front page

Police Management Association (SLPMA), San Leandro City Employees Association (SLCEA), which covers the dispatchers, and the San Leandro Management Organization (SLMO).

According to documents prepared by San Leandro Human Resource Director Emily Hung, none of the contracts are expected to impact the City's General Fund for its current 2022-23 budget. However, every other year, future councils will be required to approve those subsequent increases, which may be as high as 5 percent.

San Leandro reached its tentative agreement with the police brass on Nov. 23. The 5 1/2-year contract with the SLPMA includes base wage increases, additional cost share towards retirement, and changes to specialty incentive pay. The seven officers include lieutenants, a captain, and the assistant police chief, but not Chief Abdul Pridgen.

Next year, these officers are expected to receive a 6 percent increase in their base salary, followed by 3 percent to 4 percent increases for a few years, and then a 5 percent increase in 2027. In 2021, the highest-paid San Leandro Police Lieutenant's base salary was \$226,891, according to California's State Controller's Government Compensation website.

If the seven police employees are Classic CalPERS members, they will also begin paying an additional "cost share" towards the City's CalPERS contribution. Employees currently pay 9 percent toward their retirement.

The City's matching contribution into an employee's deferred compensation will increase from 1.75 to 2 percent of their base salary.

San Leandro's contract with SLMO was approved by both sides on Nov. 30 and consists primarily of equity adjustments, wage increases, and leave of absence. In October, negotiations between the two sides focused heavily on the results of the total compensation study conducted by Koff & Associates to determine benchmarks for manager positions.

"Market results for base salary showed that more than half of the classifications surveyed were below the market median, but the City's benefits package was competitive. Based on the results, equity adjustments for base salary were agreed upon to ensure a fair and competitive compensation plan, create internal relationships between salaries for succession planning, and meet the needs of the City with regards to recruitment and retention of high-quality staff," HR Department's Hung wrote in her filing.

The 38 full-time employees will also see as much as a 5 percent increase in their base salary through 2027. According to California State Controller data, the highest-paid manager in San Leandro in 2021 was the Public Works Services Director, whose total wages reached \$229,276.

Emergency Dispatchers Get a Raise

In addition to police brass, 16 of the department's communications center employees will get larger paychecks

through June 2025.

The council's approval of a special salary adjustment of 12.5 percent includes increases for dispatchers. The pay boost follows the "Resiliency and Retention Pay Incentives" plan (a \$20,000 bonus for police officers) in July that excluded dispatchers.

Additionally, San Leandro is currently experiencing significant difficulty in both attracting and retaining qualified dispatch staff.

The Communications Center answers community emergency and non-emergency calls for police services and provides communications to emergency services personnel. In 2021, San Leandro's dispatch team fielded 100,802 calls.

"Over the last few years, it has been typical for the Communications Center to operate with a number of vacant positions," Hung wrote in her brief. "The Public Safety Dispatcher is an inherently difficult position to fill as it requires an applicant with a special skill set. A dispatcher must also be able to do shift work, including nights, weekends, and holidays. Dispatchers are generally confined to the Communications Center for the entire shift, which is typically either a ten- or twelve-hour period. Due in part to staff vacancies, the dispatch staff are also subject to working mandatory overtime. In 2021, dispatchers worked a total of approximately 4,040 hours of overtime, almost equivalent to two full-time positions."

In an effort to attract qualified candidates, the city has also conducted numerous recruitment drives.

TO THE EAST BAY:

On behalf of Team Lee, we wish you a joyous, safe, and healthy year ahead. It is my honor to represent you in Congress and I look forward to continuing to fight for peace and justice in 2023. Please contact my office for help with a federal agency or just to share your opinion—no one is more important than my constituents.

Barbara Lee
**CONGRESSWOMAN
BARBARA LEE**

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