

CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 30

WEDNESDAY, OCTOBER 3, 2018

NO. 40

INSIDE YOUR FORUM

NEWS



National Honor

Quilter Marion Coleman of CV receives national honor in Washington, DC
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LIVING



Columbus Day

Discover something new with Italian specialties to celebrate the holiday
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NEWS



Get Money \$mart

Ever wanted to talk money with a CEO? You can at CV Adult School
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PHONE: (510) 537-1792



PHOTOS BY GRACE TISCARENO-SATO



PHOTO BY LINDA SANDSMARK

Castro Valley High's 2018 Homecoming parade included floats, cheering marchers from each class, football players and the school's marching band.

CVHS 2018 HOMECOMING

By Linda Sandmark
CASTRO VALLEY FORUM

Castro Valley High School's 2018 Homecoming parade was held after lunch Friday afternoon. The procession marched around the school block, down Redwood Road, and back into the stadium for class skits.

Overall theme for the event was Pixar Studios. Each class then chose a specific Pixar movie.

Freshmen wore purple and chose "Monsters University," Sophomores wore blue and went with "Finding

Nemo," the "Super Juniors" wore black to go with their "Incredibles" theme; and Seniors chose "Toy Story" and wore the school colors of green and gold.

Senior Iliana Maldonado said participating in this year's Homecoming was an emotional experience.

"When we were working on the float last night, we all started crying because it hit us that this is our last time," she said.

For parent Elizabeth Sanchez, watching the parade was both entertaining and a bittersweet.

"My daughter is in Leadership and the skits. She's carrying the school sign

in this parade," said Sanchez. "So I'm a little bit sad, too, because this is her last year."

The Homecoming football game was held Friday evening at Castro Valley's stadium. The Trojans lost to Encinal High, 49-17. A Homecoming dance was held Saturday night.

The forces of nature cooperated this year, in contrast to last year when smoke from huge northern California wildfires prompted school officials to scrap many outdoor activities, including the Homecoming parade, skits on the field, football games and several other sporting events.

Castro Valley Real Estate Is Red Hot

By Michael Singer
CASTRO VALLEY FORUM

If you live within the 94546 ZIP code, congratulations! You are in one of the most desirable housing areas in the United States.

Realtor.com published the 2018 edition of its list of US neighborhoods that most frequently pop up in searches and have homes that spend the least amount of time on the market. Out of 32,000 ZIP codes across the country, Castro Valley ranks as No. 4, up from No. 6 in 2017.

"Castro Valley has long been an enclave quite different from the surrounding communities," says Castro Valley Forum Real Estate columnist, Carl Medford. "Distinctives include higher medium incomes, better school scores and more. It has a moderate climate and is also perfectly situated for commute access to almost every part of the Bay Area."

The top three spots on Realtor.com's list went to Kentwood, Mich. (49508) followed by Colorado Springs, Colo. (80922); Watauga, Texas (76148). After Castro Valley, the rest of the Top 10 include Peabody, MA; Boise ID; Worthington, OH; Overland Park KS; Rochester, NY; and Upper Montclair, NJ.

"The number one thing that home buyers like about Castro Valley is the schools," Judy Grubb, a broker associate with Keller Williams Realty told the Castro Valley Forum. "We've seen this influx of people coming from Silicon Valley, the Peninsula, and San Francisco to buy homes here. They are being priced out of those areas and are looking for schools that have high marks and retain value. They also don't want their commute to be 2 to 3 hours long."

The median listing price in Castro Valley is the highest of Realtor.com's Top 10 (at \$784,238 as of last week) with a house sitting on the market an average of 16 days.

The article also notes that while our job growth is only 0.5 percent, our unemployment rate is one of the lowest at 3 percent.

"When it comes to choosing a home of their own, millennials are looking for opportunity and they're finding it in affordable suburbs," says Danielle Hale, chief economist with Realtor.com "These hot housing markets are attracting the attention of hard-working, high-earning 25-to-34-year-olds who are drawn by their relative affordability, strong local economies, and outdoor and cultural amenities."

Millennials are also looking for things to do in their hometown. Castro Valley "exudes local pride," Hale notes with activities such as the Fall Festival in September, Barks & Boos around Halloween, Light Parade in November, and Castro Valley Street Eats with food trucks from spring to autumn.

see **HOT** on page 8

Castro Valley Weather Oct. 3 - 7, 2018

Wednesday
Showers
High 73° Low 62°

Thursday
Partly Sunny
High 69° Low 51°

Friday
Partly Sunny
High 70° Low 55°

Saturday
Mostly Sunny
High 72° Low 57°

Sunday
Mostly Sunny
High 77° Low 54°

Almanac

Past Week's Rain: 00.05
Season To Date: 00.05
Normal To Date: 00.00
Season Average: 21.22

Sun sets at 6:56 p.m. today, rises at 7:04 a.m. Thursday.

Moon Phases

Oct. 8

Oct. 16

Oct. 24

Nov. 2

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Castro Valley quilter Marion Coleman is presented with a medal in honor of her 2018 NEA National Heritage Fellowship by National Endowment for the Arts Acting Chairman Mary Anne Carter and Clifford Murphy, Director of Folk and Traditional Arts, at the 2018 NEA National Heritage Fellowships Awards Ceremony in Washington, D.C. last Wednesday.

Quilter Marion Coleman Receives National Honor in Washington, DC

African-American quilter Marion Coleman of Castro Valley was honored in Washington, D.C. last week as a 2018 NEA National Heritage Fellow.

The Fellowships are the nation's highest honor in the folk and traditional arts.

Although her early quilts were steeped in traditional African-American quilt techniques, Coleman's quilts stood out differently because of her unorthodox use of materials such as paint, plastic, and recycled fabric to create thought-provoking narratives depicting a wide range of subjects, including African-American history and culture, social justice, and women and aging.

Coleman has combined her 30 years of social service experience and quilting to provide community art education in schools, libraries, community organizations, and juvenile justice centers. On Sept. 26, Coleman was honored at the annual awards ceremony with NEA Acting Chairman Mary Anne Carter and Members of Congress.

BART Votes to Expand Fare Inspections

The BART Board of Directors voted last week to hire 10 additional fare inspectors, expanding the teams to nights and weekends from the current six inspectors who work only on weekdays.

The inspectors increase police presence on-board trains and platforms, deter fare evasion, and help send a message to customers that everyone must pay to ride the trains.

In January, BART Police started enforcing a new Proof of Payment Ordinance allowing fare inspectors to check for valid fares inside the BART system. Since March, after a two-month warning period, 3,813 citations have been issued.

Inspectors systematically check for valid fare within the paid areas on-board trains and platforms, checking every rider without skipping anyone. They have no discretion regarding citations. Citations are civil with a fine of \$55 for juveniles and \$75 for adults.

The Board authorized police to hire eight new inspectors (unarmed Community Service Officers) dedicated to nights and weekends at a cost of \$900,000 annually. They also approved releasing two new positions that had already been budgeted for but had been put on hold by the board.

BART Police will hire and train the new inspectors during the first quarter of 2019.

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PG 02 NEWS 10/03/18-CVF.indd 1

10/2/18 5:36 PM



Trained as a classical pianist, Mark Mackay emerges as a blazing guitarist, rising vocalist and songwriter infused with authenticity and charm.

Country Meets Rock 'N Roll: Mark Mackay in CV Oct. 13

By Terry Liebowitz
SPECIAL TO THE FORUM

Country meets Rock 'N Roll as Mark Mackay and his powerhouse band perform Saturday, October 13, at the Castro Valley Center for the Arts at 7:30 p.m.

Mark Mackay is an impassioned guitarist, vocalist and songwriter infusing his music with authenticity, originality, and rowdy charm. Music-trade magazine named MacKay one of the top 100 national live acts of 2017.

Last year, he played over 230 shows, headlining festivals and concerts and opened for country acts like Eli Young Band, Old Dominion, Frankie Ballard, and Cole Swindell.

Stepping over into the rock side, he played with the Marshall Tucker Band, 38 Special, Orianthi and Richie Sambora.

"These are guys I have idolized all my life," says Mackay, who clearly loves what he does.

Mark grew up in Sunnyvale where he trained as a classical pia-

nist. By age eight he was also playing blues guitar and, by 12, he had his own band. But it was country that captured him.

"I love the honesty, the straightforward lyrics and the lively, feel-good vibe," he says.

His latest album, *Trials and Tribulations*, describes his life on the road from San Francisco to Nashville. Mark makes his home in Nashville now.

Terry Liebowitz is a founding member of the Castro Valley Arts Foundation.

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



Trash Talker

Sunday, September 30: at 8:23 p.m., Sheriff's deputies arrested a 42-year-old woman with no permanent address on suspicion of violating a court-issued restraining order. The woman was stopped for questioning behind a pet food store on Castro Valley Boulevard near Redwood Road after a grocery store manager called the sheriff to report the woman was throwing trash out of a dumpster behind the building. The woman was eventually cited for being too close to a restaurant on the Boulevard named in her restraining order.

Petty Theft

Sunday, September 30: at 12:58 p.m., a 28-year-old man from Oakland was arrested on suspicion of petty theft and resisting arrest. Deputies responded to a call about a shoplifter in the parking lot of a business area at the intersection of Castro Valley Boulevard and Redwood Road. The man became confrontational during questioning and was taken into custody.

Two Arrested After Fight

Saturday, September 29: at 9:27 p.m., deputies arrested two women from Castro Valley following reports of a loud and aggressive-sounding argument in front of an open field on Grove Way near North 5th Street. A 67-year-

old woman at the scene was charged with assault and battery. A 52-year-old woman was charged with possession of stolen property and having a warrant issued for her arrest. Both women were taken to Santa Rita Jail pending bail.

Teenage Property Damage

Friday, September 28: at 11:56 a.m., two teenage girls from Castro Valley and San Leandro were arrested on suspicion of damaging private property near the intersection of Lake Chabot Road and Somerset Avenue. Deputies were called to the scene after reports of damage by a neighbor. The 17-year-old teens were cited and released to their parents.

Domestic Assault

Thursday, September 27: at 9:51 p.m., a 911 call about a loud and aggressive-sounding argument sent deputies to an apartment on Denning Court near Stanton Avenue. There, they arrested a 34-year-old man from Castro Valley on suspicion of assault on a family member. The man also had a warrant issued for his capture. Deputies took the man to

Santa Rita Jail pending \$50,000 in bail. The victim was treated at the scene.

Drugs in Purse

Thursday, September 27: at 7:12 p.m., deputies arrested a 49-year-old woman from Pittsburg (Contra Costa County) on suspicion of possession of illegal narcotics. The woman had a warrant issued for her capture. Deputies stopped the woman to serve the warrant outside a home on Greenridge Road near Mountain Lane when they discovered her stash. The woman was taken to Santa Rita Jail pending \$5,000 in bail.

Can't Stay Away

Wednesday, September 26: at 8:47 a.m., a 66-year-old woman from CV was arrested on suspicion of violating a restraining order. Deputies were called to a home on Sheffield Place near Sheffield Road to investigate a suspicious person. The woman fitting the description was also found to have a warrant issued for her arrest. Deputies took the woman to Santa Rita Jail pending \$20,000 in bail.

see **REPORTS** on page 15

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The Week Ahead

● Wednesday, October 3: CVHS Dance Team Fundraiser

Dine out for a cause! Twenty percent of all sales from 11 a.m. to 10 p.m. today at Panda Express, 3893 E. Castro Valley Blvd., will be donated to the Castro Valley High School Varsity Dance Team. Enter 256303 in the promo code box during online checkout.

● Thursday, October 4: Prep for Eden Walk & Roll Fest

Walk & Roll to School Day is Wednesday, Oct. 10. Get ready with free bike repair, a bicycle skills course, food and a bike raffle from 5-7 p.m. tomorrow at Reach Ashland Youth Center, 16335 E. 14th St., in San Leandro. For info, call Susie Hufstader 510-845-7433 ext.1009.

● Thursday, October 4: Parkinson's Support Group

Senior Health Educator Diana Cosio-Sandino of Kaiser Health will speak on General Nutrition at tomorrow's meeting of the San Leandro Parkinson's Support Group at 10:30 a.m. at San Lorenzo Community Church, 945 Paseo Grande. For info, call Lona White 510-276-3119.

● Friday, October 5: Kids Music Day Open House

Celebrate the 3rd Annual Kids Music Day Open House from 5-8 p.m. this Friday at the Castro Valley School of Music, 3300 E. Castro Valley Blvd., with instrument petting zoo, drum circle and other fun musical activities. Each year, Keep Music Alive partners with music schools to spotlight the importance of including music in children's education. For more information, visit KidsMusicDay.org

● Friday, October 5: Eden Area Village Transportation

An Eden Area Village Senior Transportation Information Meeting has been scheduled for 2 p.m. this Friday at Hayward City Hall, 777

B Street. Meet our members, and hear about transportation options for seniors in the Castro Valley, Hayward and San Lorenzo area from Andrea Mok of Life ElderCare's VIP Rides and Dana Bailey of Paratransit. Visit edenareavillage.org or email info@edenareavillage.org

● Friday-Sunday, Oct. 5-7: CVHS Class of 1963 Reunion

The Castro Valley High School Spartan Class of 1963 will hold its 55-year reunion this weekend, Oct. 5-7, including a no-host gathering on the evening of Oct. 5 at Krayon's Gallery that will feature a film presentation on CV history by Randy Vanderbilt. The main event will be a dinner on Oct. 6 at the Pleasanton Marriott. On the morning of Sunday, Oct. 7, classmates are invited to gather at Rudy's Donut Shop for coffee, memories and friendship. For more information, contact Tom Lorentzen at 510-538-7570 or at tomlorentzen@att.net. Classmates from neighboring years at CV High are also invited to attend.

● Saturday, October 6: Children's Book Sale

A large sale of children's and teens' books will be held from 10 a.m. to 2 p.m. this Saturday by Friends of the Castro Valley Library in the library. There also will be a separate section for parenting and classroom/home-schooling materials for adults. Most children's books will be 25 cents each. Call 510-733-3285 for information.

● Saturday, October 6: Crab Feed Fundraiser

The Buon Tempo Club will hold an all-you-can-eat Crab Feed to raise funds for the George Mark Children's House this Saturday at Transfiguration Church, 4000 E. Castro Valley Blvd. No-host happy hour 5-6 p.m., dinner at 6. This is a pre-paid event. To reserve your place, send your check (\$45 per person) made out to Buon Tempo Club and send to Rick Martens, PO Box 2625, Fremont, CA 94536. Checks must arrive before Oct. 4. For more info call the Buon Tempo dinner line: 510-483-6929 press option 3, or go to www.buontempoclub.org (events).

● Saturday, October 6: Big Fall Flea Market

The Kenneth C. Aitken Senior and Community Center is having its Annual Fall Flea Market from 8:00 a.m.-1:00 p.m. this Saturday at 17800 Redwood Road in Castro Valley. Everyone is invited to come to this free event that will have over 55 vendors selling one of a kind items and unique treasures. There will also be a snack bar and bake sale with homemade goodies, so bring your appetite. For more information, call 510-881-6738. All vendor tables are sold out.

● Saturday, October 6: 'Raspberry Jam' at the Library

Interested in computer coding? Want to know what a Raspberry Pi is? Then check out our Raspberry Jam from 1 to 4 p.m. this Saturday at the Castro Valley Library. A Raspberry Jam is a gathering of people who have a common interest – learning more about the Raspberry Pi, a powerful "micro-computer" used for coding that involves tinkering, coding, electronics and all-around fun! Some equipment will be provided, but feel free to bring your own Pi or project to use or share. To register for this event (required), visit www.aclibrary.org or call 510-667-7900.

● Saturday, October 6: Cherryland Book Exchange

Bring books or children's clothing that you'd like to swap from 10:30 a.m. to 1:30 p.m. at Cherryland Place, 20095 Mission Blvd. in Hayward. Coffee and pastries available.

● Saturday, October 6: Cycling for Veterans 2018

Cycle or walk your way to helping veterans at Las Positas College's Cycling 4 Veterans (C4V) and 2.2 Campus Challenge Walk this Saturday, Oct. 6, at 3000 Campus Hill Drive, Livermore. Register at cycling4veterans.com for the 2.2 Campus Challenge Walk (\$20 before Oct. 5 and \$25 on the day of the event). Cyclists can register to participate for \$50 (30 mi), \$65 (55 mi) or \$85 (115 mi). The 115 mile ride begins at 6:30 a.m., with the 55 mile ride to follow at 9 a.m. and 30 mile course to start at 10 a.m. Likewise, the walk begins at 10 a.m., but registrants can begin at any time prior to noon.

● Sunday, October 7: Screening of 'Life Worth Living'

The Castro Valley Community Alliance, in partnership with the Castro Valley Library, will host "Lives Worth Living," a powerful film depicting the history of the disability rights movement in America with eventual passage of the American Disabilities Act in 1990. The screening and a panel discussion will be from 2-4 p.m. this Sunday. For more info, visit sites.google.com/cv.k12.ca.us/cvcommunityalliance/home

● Sunday, October 7: Libertarian Party Celebration

The Libertarian Party of Alameda County will hold its 12th Annual Wine and Liberty Celebration from 1 to 4 p.m. this Sunday at Westover Vineyards Winery, 34329 Palomares Road, Castro Valley. Meet and interact with other Libertarians, find out about ways to get involved with your local organization and about ways modest contributions can help a lot. For more info or tickets (\$25-\$20-\$15-\$10), visit squareup.com/store/libertarian-party-of-alameda-county/

● Monday, October 8: Eagles Auxiliary Charity Bingo Lunch

Enjoy penne pasta with meat or pesto sauce, vegetables and salad at the monthly charity bingo luncheon at noon Monday at Eagles Hall 21406 Foothill Blvd. in Hayward. For your donation of \$8 your lunch will include one bingo card. For more info, call 510-584-1568. This luncheon will benefit a local charity.

● Monday, October 8: Free 'Look Good, Feel Better' Class

Eden Medical Center presents a "Look Good, Feel Better" class,

COLUMBUS DAY SCHEDULES

Monday, October 8, 2018

Government Operations

All Federal offices, except for emergency services, will be closed. State, county and city offices will be open.

Business Offices

Some banks will be closed. Stock exchanges will be open. Most business offices, including the Forum, will be open.

Stores & Restaurants

Nearly all will operate on a normal schedule.

Public Transportation

BART and AC buses will operate on a normal schedule.

Garbage Collection

Waste Management garbage pickup will operate as normal. Castro Valley Sanitary District offices will be open.

helping women with skin care during treatment learning to wear scarves, turbans, etc. from 10 a.m. until noon Monday in the Medical Office Building, 20101 Chabot Road, 2nd Floor. Attendees will receive a free make-up bag. To register, call the American Cancer Society at 1-800-395-5665.

● Tuesday, October 9: Ballot Props & Pizza

Don't know much about the ballot propositions that are appearing on the Nov. 6 ballot? That's okay! Join Castro Valley Matters and the Castro Valley Library from 6 to 7:40 p.m. on Oct. 9 as we speed-read each proposition followed by an open, nonpartisan discussion about what each means. We'll have pizza on hand to fuel your civic engagement at this free event. No advanced registration is necessary.

Arts & Entertainment

CASTRO VALLEY CENTER FOR THE ARTS

Tickets for Center for the Arts events listed below are available online at www.cvcfa.com; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. (phone 889-8961), or at the Castro Valley Adult School, 4430 Alma Avenue.

● **Fall Preview Mini Concert** will be presented by the Castro Valley High School Music Department, featuring all performers from the school's Advanced Musical Ensemble at 7 p.m. on Thursday, Oct. 11. *For tickets, see above.*

● **Mark Mackay**, a blazing guitarist, evocative vocalist, and songwriter steeped in authenticity, will be presented by the Castro Valley Arts Foundation at 7:30 p.m. on Saturday night, October 13 at the Center for the Arts, 19501 Redwood Road. Mackay makes his stand at the crossroads of country music and rock-and-roll. Fronting a powerhouse band, Mackay rocks the room with rowdy charm and persuasive conviction. *For tickets, see above.*

● Castro Valley Arts Foundation 2018-2019 Series

From Country to Classics, tickets are on sale now for four additional concerts — **Pasquale Esposito**, **Vox Fortura**, **Johnny Cash Tribute** and **The Sun Kings**, plus the New Year's Eve Cabaret. Buy season tickets and save \$5 per ticket, free ticket exchange and best seat selection. *See ticket info above.*

OTHER THEATRICAL & MUSICAL PERFORMANCES

● **"Four Men in Paris,"** by Oakland Playwright Reginald Clay, will have its World Premiere by Plethos Productions in four performances, at 7 p.m. Friday, Oct. 12, at 2 p.m. and 7 p.m. on Saturday, and at 7 p.m. Sunday, all at The Douglas Morrisson Theatre, 22311 N. 3rd St. in Hayward. The show, based on actual events, follows the time these four men spent living and writing in Paris to escape injustice and societal pressure in the U.S. This timely presentation wrestles with issues Americans face today, with touching themes like race relations, equality, and national loyalty despite prejudice and rejection. Tickets are \$15 and selling fast at Plethos.org. Visit Instagram @PlethosProductions & Facebook @PlethosProductions

AT THE GALLERIES

● **Art Space**, from 2-4 p.m. this Saturday, Oct. 6, at the Adobe Art Center Studio 1, 20395 San Miguel Ave. in Castro Valley. Presentation on Line, Value, and Charcoal Drawing Techniques of 19th Century France, followed by studio time to work your own art project for \$5. Under 14 accompanied by parent or guardian. Still Life, easels, tables provided. Learn tips and techniques from your art instructor and fellow artists. Details at facebook.com/AdobeArtCenterandGallery

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PRESENTATIONS

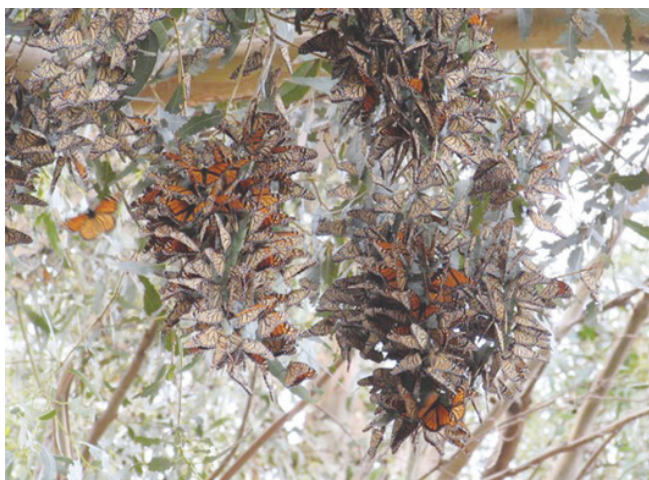
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Thousands of Monarch butterflies cluster on Eucalyptus trees in San Leandro over winter months, year after year.

Monarch Migration

Flying thousands of miles at speeds of up to 25 miles per hour and a mile high in the sky, Monarch butterflies return annually to the same trees at the San Leandro Marina and hunker down to spend the winter.

This is one of only two places in Alameda County to witness this natural phenomenon with a natural guide!

Learn about the life cycle and mysterious migration of the Monarch butterfly from a butterfly expert. And after a brief talk, take a short walk to see large clusters of butterflies on the Eucalyptus trees during either of two class days, on Sunday, Oct. 21 from 10 to 11:30 a.m., or Saturday, Oct. 27 from noon to 1:30 p.m.

Wear comfortable shoes that can get a bit dirty. We'll walk a few blocks to the site on paved surfaces, then on grass to view the butterflies.

Bring binoculars or borrow some of ours! Call 510-577-6085 for further details or email monarchs@sanleandro.org

Weekday school programs are available on a limited basis. Please email for details. The overwintering site is not open to the public. Participants must register in advance. Programs occur rain or shine, no refunds for inclement weather.

Go to apm.activecommunities.com and use keyword "Monarch" to register. Registration fee is \$15 for adults, \$8 for children.

Charity Gala For St. Rose On Saturday

The St. Rose Hospital Foundation will hold its signature black-tie event under the Grand White Tent at St. Rose Hospital, 27200 Calaroga Ave. in Hayward at 6 p.m. this Saturday.

St. Rose Hospital Foundation will be celebrating its 30th Spectacular Charity Gala with an evening of gourmet dining, live music, fabulous entertainment and an extensive silent and live auction.

St. Rose Hospital serves as a "safety-net hospital" within the city of Hayward and to our surrounding communities, providing quality healthcare to those around us regardless of income or insurance status.

The Hospital, accredited by The Joint Commission and designated as a the Cardiac STEMI Receiving Center for Southern Alameda County, has built a strong reputation for outstanding cardiology, emergency, diagnostics and women's services. Through innovative and strategic partnerships, St. Rose Hospital has helped create a healthier community.

This year, the net proceeds from Saturday's event will support the renovation of the Clinical Laboratory at St. Rose Hospital. For more information or questions about this event, call the Foundation Office at 510-264-4007 or email srhfoundation@srhca.org.



DON'T FALL VICTIM TO SCAMS: Never give out personal information, Social Security number or financial information unless you have initiated the contact and know the institution.

SENIORS

Protect Yourself: Recognize & Prevent Elder Financial Abuse

By Jim Miller
SPECIAL TO THE FORUM

Financial scams that target the elderly continue to be a huge problem in the U.S. In fact, it's estimated that one in five Americans over age 65 are scammed out of roughly \$36 billion every year.

Here are some tips that can help you spot a scam, and what you can do to protect yourself.

Recognizing a Scam

Spotting a scam or a con artist is not always easy to do. They range from shady financial advisers to slick-talking telemarketers to professional caregivers and relatives who steal from the very people they're supposed to be looking after.

The most common scams targeting seniors today come in the form of tricky and deceitful telemarketing calls, email and Internet scams, free-lunch seminars selling dubious financial products and endless junk mail peddling free vacation packages, sweepstakes, and phony charity fundraisers.

And, of course, there's the ongoing problem of identity theft, Medicare and Social Security fraud, door-to-door scams and credit card theft.

The best way to spot a scam is to get help in managing your finances, or at least in monitoring your accounts.

Reviewing financial statements each month can alert you to questionable checks, credit card charges or large withdrawals. Or, consider a service like EverSafe.com, which will automatically monitor your accounts, track suspicious activity and alert you when it detects a problem.

There are other clues. For example: Are you getting a lot of junk mail for contests, free trips, and sweepstakes? Are you receiving calls from strangers offering awards or moneymaking deals?

If you're noticing that an elderly parent's spending habits have changed, or if he or she has com-



plained about being short of money lately or has suddenly become secretive or defensive about their finances. All these may be signs of trouble.

Protect Yourself

The most effective way to help protect yourself is to be alert to the different kind of scams going on today. To help you with this, the National Council on Aging has a list of "top 10 financial scams targeting seniors" at NCOA.org. Also see AARP's Fraud Watch Network at AARP.org/money/scams-fraud and sign up to receive free scam alert emails from the Federal Trade Commission at FTC.gov/scams.

Some Other Tips

Never give out personal information, Social Security number or financial information unless you have initiated the contact and know the institution.

To reduce the junk mail and/or email, use the Direct Marketing Association consumer opt-out service at DMAchoice.org. And to stop credit card and insurance offers, use the Consumer Credit Reporting Industry opt-out service at OptOutPrescreen.com or call 888-567-8688 – they will ask for your Social Security number and date of birth.

You should also register your home and cell phone numbers on the National Do Not Call Register. *see PROTECT on page 7*

WOMEN IN BUSINESS

Oct. 17th CVF & 18th SLT 2018

These special pages pay tribute to the women movers and shakers in our community. Whether you have started your own business, manage a local retail store, sold over a million dollars in real estate or have been a community leader, this section salutes top women employees and entrepreneurs through photo profiles.



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Will New VA Aid, Pension Rules Make it More Difficult to Qualify?

Q Has the Veterans Administration announced new rules yet about qualifying for an Aid & Attendance Pension to help Vets with long term care expenses? I recall that rules were in the planning.

By Gene L. Osofsky, Esq.
SPECIAL TO THE FORUM

A Yes! The VA just announced final rules for those Veterans and their surviving spouses who seek to qualify for a pension to help with long term care expenses, and some of these new rules will make it much more difficult to qualify.

These rules were adopted, in part, to protect Veterans from marketers selling annuities and other financial products to Veterans, which promoted the divestment of assets just to qualify for pension.

But the new rules will also make it much more difficult for veterans' advocates to legitimately assist them accelerate eligibility for pension, often known as an Aid and Attendance Pension. Here are some highlights:

1) Net Worth: Under the old rules, a Vet could only qualify for pension if his Net Worth met VA regulations, which were vague and

uncertain, resulting in inconsistent awards and denials by VA adjudicators.

By contrast, the new rules adopt a "bright line" test to improve consistency. A qualifying Net Worth will now be the same as for a married couple under the Medi-Cal program, currently \$123,600 (in 2018), and this will be the rule whether the Vet is married or single.

This bright line test is considered a vast improvement over the previous vague standard.

2) Transfer Penalties: Under the old rules, a Vet could transfer away assets to adult children, or purchase an irrevocable immediate annuity, and immediately bring down his Net Worth to qualifying levels. There was no transfer penalty.

This planning option has been eliminated. Now, any excess Net Worth transferred away within three years of application will trigger a penalty period of as much as five years, depending upon the value of the transferred assets, during which time the Vet or Surviving Spouse will be ineligible for Pension.

The penalty period will only start running in the month of the last such transfer, heavily penalizing multiple transfers. This is a major development and will all but eliminate crisis planning.

3) Purchase of Annuities Now 'Out': Under the new rules, a Vet will no longer be able to purchase an irrevocable annuity to convert excess net worth into a stream of income, as before. Such a purchase will be considered a transfer of assets and will trigger a transfer penalty.

4) Medical Expense Deduction More Liberal: Some good news: the new rules expand the definition of medical expenses that will be allowed as a deduction from the Vet's income, for purposes of both reducing his Net Worth and increasing his Pension Award.

It should now be easier to qualify expenses for home care, even if provided by an adult child, as well as care in assisted living facilities.

Alert: The new rules become effective on October 18, 2018. Until then, the old rules apply.

If a Veteran is considering applying for a VA Pension in the near future, and believes he may need to divest himself of assets in order to qualify, he should consider doing so before October 18, so as to avoid a transfer penalty, even if his application is filed long after that date.

Many advocates are therefore urging Veterans in this situation to consider transfers of excess assets before the new rules, and their transfer penalties, become effective. The pension benefit for a married Veteran can be as high as \$2,169 per month (in 2018).

Gene L. Osofsky is an Elder Law and Estate Planning attorney in Hayward. Visit his website at www.LawyerForSeniors.com.



Fixed Income Benefit Programs

Many older adults who live on a fixed income struggle every day with financial security—the ability to afford essential needs. Being financially secure is an important part of healthy aging, and there is help available for those who need it.

The Problem

According to the Social Security Administration, 23 percent of married couples and 43 percent of singles who get Social Security depend on it for 90 percent or more of their income.

What's more, a third of older adults have no money left over at the end of the month or are in debt after meeting necessary expenses, such as rent, food and transportation — according to research by the Institute on Assets and Social Policy.

Many of these individuals also have trouble with health care costs, housing costs, inadequate nutrition, and access to transportation. Just one major adverse life event can become a catastrophe.

An Answer

Fortunately, there are more than 2,500 federal, state and private benefit programs available to consumers.

Finding the right one for you, however, can seem daunting. That's where the BenefitsCheckUp tool comes in. Created by the National Council on Aging and co-sponsored by Anthem Blue Cross, it's a comprehensive, free, online tool that connects older adults with benefit programs that can help them more easily afford

health care, utilities, rent, groceries and more. It matches an individual's unique needs to benefit programs based on factors such as location, income, assets, and marital status, and then provides a personalized list of programs for which you are eligible.

BenefitsCheckUp also tells you how to apply for the programs.

To find benefit programs that can help you, go to abcca.benefits-checkup.org.

—North American Precip Synd., Inc.

Learn About Changes in Medicare, Enrollment

Be prepared for Medicare annual enrollment! The Castro Valley Library will host a presentation on Wednesday, Oct. 17, from 11 a.m. to noon by Health Insurance Counseling and Advocacy Program (HICAP) of Legal Assistance for Seniors.

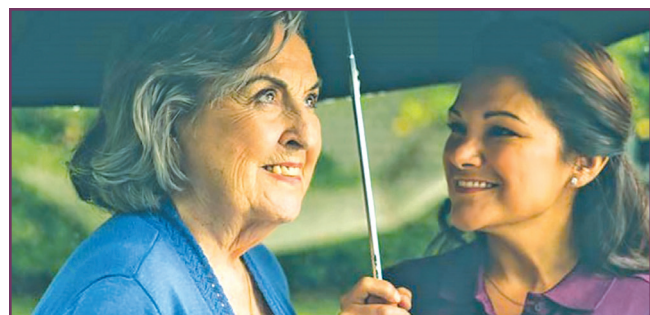
Learn about changes to the Medicare Prescription Drug (Part D) plans and Medicare Advantage (Part C) plans for 2019, also eligi-

bility, costs, benefits, and changes in Medicare Parts A and B.

Included will be a discussion of options for supplementing Medicare and getting help with medical costs (including the Extra Help Program).

No registration is required for this free informational program.

For more info, call the Library at 510-667-7900, or see Events at www.aclibrary.org/branches/csv.



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ATHLETE OF THE WEEK

Aaron Zaballos

This week's Athlete of the Week is ZMATA Professor Aaron Zaballos, who traveled to New York City to compete at the International Brazilian Jiu-Jitsu Federation's (IBJJF) Pan American No Gi Championships at City College of New York on Sunday, September 16. Zaballos had three tough matches at the prestigious tournament, but after the day was done, he brought the gold medal home to Castro Valley with a 4-2 victory in the Championship match. With the win, Professor Zaballos became the 2018 Black Belt Pan Am No Gi Champion.



SPORTS NOTES

Senior Softball League

The daytime Hayward Senior Softball league, sponsored by the Hayward Area Recreation District, is looking for new players for next year. The league consists of three levels — A fifties league that plays on Thursdays, a sixties league on Tuesdays, and a seventies league on Wednesdays. Games are played at the Alden E. Oliver Fields on Hesperian Blvd., in Hayward. The games start at 9:30 a.m., and end by noon. Practice will continue every Thursday through February at the Castro Valley Community Center on Lake Chabot Road beginning at 9:00 a.m. Potential players are welcome at the practice sessions. The next season will start in March of 2019. To find more information go to hardseniorsoftball.com.

GIRLS TENNIS

Thursday, October 4, 3:30 p.m. CVHS All levels vs. O'Dowd away
Tuesday, October 9, 3:30 p.m. CVHS All levels vs. Tennyson at CVHS

CROSS COUNTRY

Saturday, October 6, 8:00 a.m. CVHS All levels participating in an Invitational at Half Moon Bay H.S.

FOOTBALL

Thurs., Oct. 4, 5:30 p.m. CVHS freshman vs. San Ramon Valley at CVHS
Fri., Oct. 5, 4:00 p.m. CVHS JV vs. Berkeley away
Fri., Oct. 5, 7:00 p.m. CVHS Varsity vs. Berkeley away

GIRLS GOLF

Thurs., Oct. 4, 3:00 p.m. CVHS All levels vs. O'Dowd at Metropolitan Golf Course

GIRLS VOLLEYBALL

Thurs., Oct. 4, 4:00 p.m. CVHS freshman vs. O'Dowd at CVHS
Thurs., Oct. 4, 5:15 p.m. CVHS JV vs. O'Dowd at CVHS
Thurs., Oct. 4, 6:30 p.m. CVHS Varsity vs. O'Dowd at CVHS
Fri., Oct. 5, 6:00 p.m. CVHS Varsity participating in Alumni game at CVHS
Tues., Oct. 9, 4:00 p.m. CVHS freshman vs. Berkeley at CVHS
Tues., Oct. 9, 5:15 p.m. CVHS JV vs. Berkeley at CVHS
Tues., Oct. 9, 6:30 p.m. CVHS Varsity vs. Berkeley at CVHS

WATER POLO

Wed., Oct. 3, 4:00 p.m. CVHS girls JV vs. Newark Memorial away
Wed., Oct. 3, 5:00 p.m. CVHS boys JV vs. Newark Memorial away
Wed., Oct. 3, 6:00 p.m. CVHS girls Varsity vs. Newark Memorial away
Wed., Oct. 3, 7:00 p.m. CVHS boys Varsity vs. Newark Memorial away
Fri., Oct. 5, 5:00 p.m. CVHS girls Varsity in tournament at American H.S.
Fri., Oct. 5, 6:40 p.m. CVHS girls JV in tournament at American H.S.
Tues., Oct. 9, 3:30 p.m. CVHS girls Varsity vs. O'Dowd at Mills College
Tues., Oct. 9, 4:30 p.m. CVHS boys Varsity vs. O'Dowd at Mills College
Tues., Oct. 9, 6:00 p.m. CVHS girls JV vs. O'Dowd at Mills College
Tues., Oct. 9, 7:00 p.m. CVHS boys JV vs. O'Dowd at Mills College

Hot: Local Real Estate

continued from front page

Another draw for home buyers is that large corporations supply commuter busses that are convenient for Castro Valley residents. Google, Genentech, and Oracle supply busses that stop at various locations including the Park & Ride on Center Street and 3Crosses Church on John Drive.

Although it is a wonderful place to live, Medford notes that values typically track with other neighborhoods in the East Bay.

"Since we are currently in a declining market, my guess would be that this report could suggest that Castro Valley might hold its values a bit better in the next year or so than its immediately surrounding cities. I do not see increases in value happening any time in the short term," he says.

CV AT ALAMEDA ON THURS., SEPT. 27 CV 7, ALAMEDA 0

SINGLES

1. Elena Lottich (CV) - Kyra Yee (A) - 6-4, retired injury
2. Anya Mortensen (CV) - Olivia Willard 6-1, 6-2
3. Gaby Madison (CV) - Chloe Alvarado 1-6, 6-4, 6-2
4. Lauren Leong (CV) - Samantha McDonough 6-2, 6-2

DOUBLES

1. Victoria Vitton / Marissa Chan (CV) - Adeline Rickard / Claire Fox 6-2, 7-6 (2)
2. Kele Fong / Alex Tam (CV) - Kirsten Lee / Lauren Lee 7-5, 6-3
3. Sammie Lee / Helena Liu (CV) - Andrea Kwon / Nisha Johnson 6-2, 6-4



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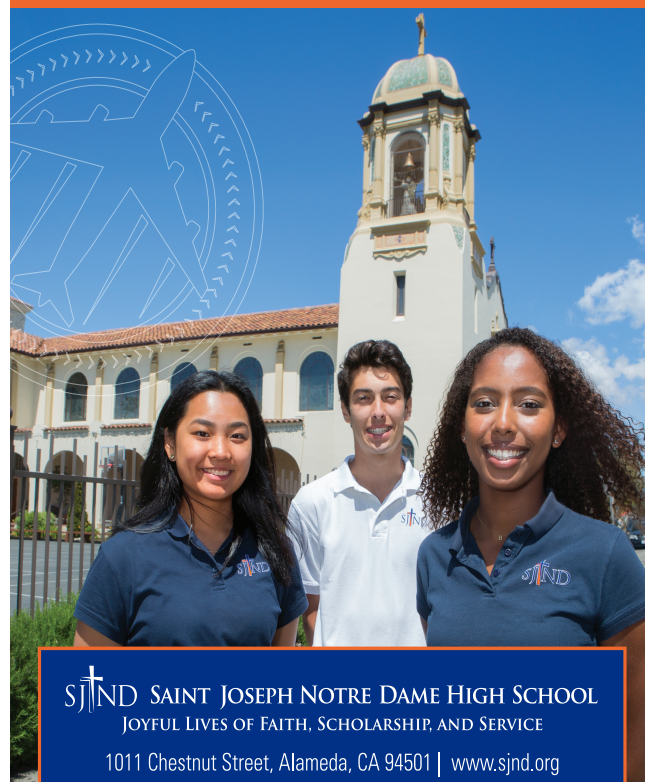
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REAL ESTATE GALLERY



HOME of the WEEK

Meticulously maintained home in great neighborhood near Lake Chabot. This split level home features 3 bedrooms, 2-1/2 baths, living room, recently updated family room plus a large bonus room. The master bedroom suite has a large walk-in closet and private bath. The upgraded kitchen has Jenn-Air appliances, recessed lighting and full backsplash. Upgraded electrical, dual pane windows, plantation shutters and newer fence. Short distance to Lake Chabot Regional Park hiking/biking trails, fishing and picnic areas, Community Center and local parks. Award-winning Castro Valley school district. Easy access to major freeways, BART, shopping and entertainment.



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REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY



New "Transparent Pricing" Strategy Enters Market

With home prices sliding, market tenures increasing and inventory levels surging, real estate agents are grappling with effectively pricing properties for sale.

Having enjoyed a seven-and-one-half year romp where most homes sold almost immediately, Realtors are now facing a new reality requiring a different set of skills.

While the market was hot and multiple offers poured in on almost every property, a bizarre pricing strategy emerged in some parts of the Bay Area. Called "fake pricing", agents and sellers set prices significantly lower than the market attempting to lure as many bidders as possible.

Since it was readily apparent sellers using this tactic had no intention of accepting offers at "list" price, the integrity of this practice was questionable. In contrast, agents in other locales listed homes at realistic prices, refusing to use tactics they categorized as "misleading" at best or, worst

case, "blatantly dishonest."

Confusion reigned as the two pricing strategies collided, leaving many buyers wondering how to effectively determine any property's fair market value.

Some buyers, priced out of neighborhoods with fake prices, migrated their searches to regions with realistic prices. With no clearly defined boundaries as to where fake pricing strategies ended, many buyers, encountering homes with normal pricing assumed those sellers also wanted dramatically higher prices than listed.

The end result: many buyers refused to write offers, thinking the prices were already too high.

Fortunately, with the market slowing, the "fake pricing" strategy is disappearing as current buyers are more prone to write offers under list price than over. In an effort to bring credulity back to home pricing, some agents are beginning to borrow a technique long used in the auto industry.

Enter "transparent" pricing.

Put succinctly, some agents formerly using the "fake" strategy are now listing homes at prices sellers will actually accept and, to avoid confusion, are advertising "transparent pricing" to communicate that the prices are no longer ridiculously low.

It's a bit ironic and begs the question of why the practice of fake pricing gained traction to begin with.

Unfortunately, with inventory increasing and multiple offers declining, many buyers are no longer interested in normal or the new "transparent" prices. They now are looking for bargains, and listing agents and sellers need to be increasingly careful when establishing list prices to ensure they are realistic.

"Transparent" or not, if a home's price does not resonate with buyers, it will sit a while.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

Broken Windowpane Not Hard to Replace

By Samantha Mazzotta
Special to the Times

Replacing a single glass pane is a pretty straightforward job, if you have the supplies and tools at hand.

You'll need a replacement pane of glass. If the original pane was shattered, the exact dimensions need to be figured out. Do this by measuring the width and height of the frame. Then, subtract 1/16 inch from each side to allow a bit of space for the new glass to expand and contract in changing temperatures.

Save the small metal tabs or spring clips that were spaced around the frame. They're called *glazier's points* and are used in wooden frames; the spring clips are used in metal frames. These help hold the windowpane snugly in place.

Head for the hardware store with measurements in hand. Most stores sell pre-cut windowpanes in standard sizes that match or nearly match your measurements; otherwise, they can cut the glass to your specified size.

Make sure you have the following on hand: Window putty (also known as glazier's putty), a putty knife, glazier's points or spring clips (for metal frames), a wire brush, steel wool, fine-grit sandpaper and a soft cloth.

Remove the cardboard and tape patch and clean up the frame to prepare it for the new pane. Take out any remaining points or clips and care-

fully scrape away the old window putty. This is the most time-consuming part, as the putty may have hardened. Be patient and work carefully.

Wipe the frame clean, then add a new line of putty by forming a ball in the palm of your hand, then rolling it out into a long, thin line about the width of a pencil. Press this line of putty around the edge of the frame on the side on which the new pane will be attached.

Insert the new pane of glass, pressing it against the new putty. Hold it in place with one hand, and with the other hand, insert glazier's points or clips. Points should be placed every 8 inches around the frame and pressed into the wood using the putty knife or a similar tool. Clips can be placed in existing holes in the metal frame.

Use a little more putty to secure

the pane on the side closest to you, by dabbing it into areas where the glass touches the frame. Scrape away excess with the putty knife and clean excess or spilled putty from the window and the frame. Let the putty dry and cure for about four days before painting.



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A	1-3	—	393 Dowling Blvd.	\$1,288,000	5/3.5	Robert Jones & Assoc.	Matt Jones	510-357-0120

One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25. For more information and a listing form, Call 614-1558. DEADLINE: TUESDAY AT NOON.

CITY GUIDE

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Making Your Poinsettia 'Bloom' for the Holidays

By Buzz Bertolero
SPECIAL TO THE FORUM

Q. What are the odds of a poinsettia still being in bloom today and have lots of new growth at the same time. Does this commonly occur?

A. It's very unusual for a poinsettia to be showing any amount of color other than green at this time of the year.

I should point out that the col-

orful portion of a poinsettia is not a "bloom," but a modified leaf bract. The leaf bract turns color as days get shorter and nights get longer. The actual bloom is the tiny yellow and/or red structure found in the center of these bracts.

The structure is referred to as an incomplete flower as it has no sepals or petals.

Bougainvillea is another ex-



ample of a plant with colorful leaf bracts that are called flowers. The white cross like-structure in the center of the bract is the actual flower.

Bougainvilleas naturally change color outdoors with the change in seasons. But poinsettias need help because the indirect light around most homes interferes with the blooming cycle.

You can trigger the poinsettia blooming cycle for the Christmas holidays starting this month.

This is done by covering the plant in the evening with a box and removing it in the morning. Repeat this daily for the next six to eight weeks and stop when the leaves start to show a maroon color.

Buzz Bertolero is an Advance California Certified Nursery Professional. His website is www.dirtgardener.com and questions can be sent by email to buzz@dirtgardener.com or on Facebook at [Facebook.com/Buzz.Bertolero](https://www.facebook.com/Buzz.Bertolero)

FOR EXPERT ADVICE CONTACT ONE OF OUR LOCAL...

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 Otto Catrina CRS, GRI, SRES Catrina Real Estate & Investments email:otto@ottocatrina.com NAR Hall of Fame 510-507-8226	 Cindy Goodman, Realtor Senior Real Estate Specialist Coldwell Banker cindygoodman@comcast.net 510-697-9400	 Judy Rose-CRS, SRES ReMax Accord Serving the East Bay 38 Years judy@judyrose.com 510-220-6206	 Stuart Anderson Berkshire Hathaway Home Services stuart.anderson@bhhsdrsdale.com 510-421-8200	 Tim Fiebig EXP Realty www.timfiebig.com 510-728-2900	 Michael Tacconi, NMLS 241403 BAY EQUITY www.michaeltacconi.com Your Local Lender on Redwood Rd. 510-838-0595
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Dodging the Draft with Weather Stripping

By Samantha Mazzotta
SPECIAL TO THE FORUM

Now that winter is almost here, you may be noticing cold air seeping in through your windows. You have some options to get through this winter comfortably and without having to spend too much money on heating.

First, unstick those windows if they are painted shut. Use a box cutter to slice through the new paint down to the corners where the window sash meets the frame.

Then gently wiggle the window open so the new paint isn't damaged or torn away.

Once the window is open, make sure it slides open and shut smoothly. If not, look for paint or other gunk on the slide tracks in which the sash is set. Sand this stuff away and then smooth the tracks by running a bar of soap along them a few times.

Next, see if the screen outside the window (if there is one) is part of a window-screen combination. If so, you can slide the screen up to

sit behind the top pane of the window, and slide the bottom window down. This provides added protection against wind and weather.

Now, you'll need to weather-strip the window. Measure the width and height of each window to figure out how much weather stripping you'll need. If you're living in a rental unit, you shouldn't invest in the most expensive weather stripping, either. Compressible strips, usually made of foam or another flexible material, with adhesive backing usually

work well and are easy to install.

Measure and cut the stripping to fit along the bottom of the window sash. Make sure it fits and that the window closes completely and can be locked before attaching it by its adhesive backing.

You may need to weather-strip other parts of the window, depending on their type, age and the condition they're in. Make sure the strips don't interfere with easy operation of the window.

If you have a door that leads outside, try adding a piece of weather stripping along the base of the door to keep out drafts.

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Compressible strips made of foam or another flexible material with adhesive backing works well and are easily installed.

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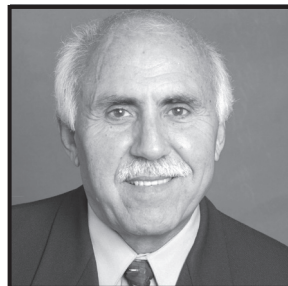
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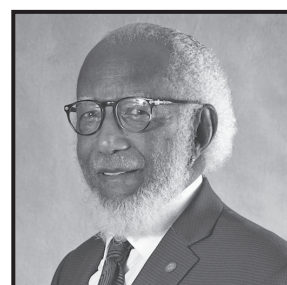
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***MP CONCRETE.** Driveways, Patio, Retaining Walls, Stamped Concrete, Asphalt, Hauling. Lic.#1004427. Milo 510-502-9336.

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Castro Valley Forum/San Leandro Times

To Place an Ad call 614-1558

NOTICE TO READERS

California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State Law also requires that contractors include their license number on all advertising. Advertisers appearing on this page without a license number indicate that the contractor is not licensed. You can check the status of your licensed contractor at www.cslb.ca.gov or (800) 321-2752. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

EMPLOYMENT WANTED***LOOKING FOR WORK?**

Check the **Help Wanted** ads on the next page of this newspaper.
Also: **Limited Time Offer!** You can run a FREE 15 word "Employment Wanted" ad. Ad runs in the San Leandro Times & Castro Valley Forum. Call 510-614-1558 to place an ad or for more info. (Some restrictions may apply)

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A.T. WOOD FENCES & DECKS
Fence, Concrete, Tree, Lawns, Painting, Cleanups. 510-507-1457/ 510-507-0968.

FENCE LEANING? Don't replace... repair and save! Call Randy 510-706-6189.

CLASSIFIED AD DEADLINE
MONDAY 5PM
510-614-1558

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Time to clean out your Attic, Garage, Basement (House)!!!
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To place an ad
Call 510-614-1558

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SAN LEANDRO

GARAGE SALE Fri. 10/5 & Sat. 10/6, 9am-2pm. 3895 Anza Way, San Leandro.

MULTIFAMILY YARD SALE 10/6, 8am-5pm. 1655 Boxwood Avenue, San Leandro.

GARAGE/ ESTATE SALE 10/6 & 10/7, 9am-4pm. Furnishings, Household, etc. 1917 Pacific Avenue, San Leandro.

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Randy McFarland

We truly appreciate all of our advertisers!

San Leandro Times / Castro Valley Forum

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Advertise your services in both of our newspapers... at one low price!

CASTRO VALLEY FORUM
San Leandro Times

HOME SERVICES DIRECTORY

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FREE - Diningroom/kitchen table with extension leaf. Table is 53" x 36" (leaf is 17" x 36"). Good condition. Call 510-915-1513, Castro Valley.

FREE - Italian leather sofa in good condition. Call 510-575-7366.

VIEW the Classified Ads**Online at**

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Carpenter/ Handyman part-time for CV based Landscape company. Decks/ arbors/ fencing. Must have CDL, good driving record, tools. Call Steve at 510-773-1003 or email some info about yourself to Steve at Hansen.steve@comcast.net

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Do you need some help at your business?

To place an Help Wanted ad call **510-614-1558**
Your ad will run in and the Castro Valley Forum on Wednesday and the San Leandro Times on Thursday. **Find help and support your local newspaper at the same time!**
- Thank you -

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Check the **Help Wanted** ads in this newspaper.

Also: Limited Time Offer! If you are looking for a job you can run a **FREE** 15 word "Employment Wanted" ad. Ad runs in the San Leandro Times & Castro Valley Forum. Call **510-614-1558** to place an ad or for more info.
(Some restrictions may apply)

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- A vacancy day is money lost forever -
R. Bowman

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THANK-YOU
for supporting the Castro Valley Forum and San Leandro Times!



We greatly appreciate our many advertisers who make it possible for us to publish these newspapers.

LEGAL NOTICES

LEGAL NOTICE
NOTICE OF MOTION-PETITION TO ESTABLISH THE CASTRO VALLEY FORUM AS A NEWSPAPER OF GENERAL CIRCULATION (GOVERNMENT CODE SECTION 6020)

Case No: RG18907379

Date: 12-13-18

Time: 9:00 a.m.

Dept: 511

SUPERIOR COURT OF CALIFORNIA COUNTY OF ALAMEDA UNLIMITED CIVIL JURISDICTION

by the EAST BAY PUBLISHING CORPORATION a California Corporation dba "THE CASTRO VALLEY FORUM" has filed in the above entitled Court a Verified Petition requesting that the Court adjudicate that "THE CASTRO VALLEY FORUM" is a newspaper of general circulation.

You are further notified that Petitioner has alleged in its Petition that it is the owner and publisher of "THE CASTRO VALLEY FORUM", and that it has been established and published at regular intervals in the unincorporated community of Castro Valley since 1989 in excess of the statutory requirement of one (1) year (see Government Code Section 6000) preceding the filing of the Petition.

You are further notified that Petitioner has further alleged that the newspaper is one of general circulation, published for dissemination of local and wire-serviceneeds of a general character, and that the newspaper has a bona fide subscription list of paying subscribers.

You are further notified that on the filing of the Petition, the above entitled Court directed that notice be given by publication for successive days in "THE CASTRO VALLEY FORUM" and the "INTER-CITY EXPRESS" together with a Notice of the time when the Petition would be heard.

You are further notified that on December 13, 2018 at 9:00 a.m. Petitioner will apply to the above-entitled Court 24405 Amador St., Hayward, CA 94544, for the Order and relief requested in the petition.

Respectfully submitted
DIANA REDDING LAW
DATED: September 18, 2018

By: /s/DIANA REDDING, Attorney for EAST BAY PUBLISHING CORPORATION, a California Corporation dba THE CASTRO VALLEY FORUM 10/3, 10/10, 10/17, 10/24, 10/31, 11/7 11/14, 11/21, 11/28, 12/5/18

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4 - 19" mag rims (off 2012 ML350). \$500. 510-435-3355.

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Futon, solid wood, excellent condition. \$125. Call 510-710-1955.

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"MISC. FOR SALE" ads run **3 WEEKS** for the price of 1 week. Call 614-1558.

MISC. WANTED

WANTED: Used reel to reel tapes (for tape recorder). Call Patrick 510-517-3351.

VIEW the CLASSIFIED Ads Online at sanleandrotimes.com or castrovalleyforum.com
For help or for more info call

510-614-1558. E.B. Publishing

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Obituaries

■ Mary L. Jackson

■ Lucille Ann Willet

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Mary L. Jackson

September 2, 1941 ~ October 1, 2018

Mary went peacefully to her heavenly home October 1. Mary was born in Houston Texas, relocating to Oakland in 1947. She was employed for over 20 years at Naval Air Station in Alameda, Ca. and was an active member in the Knights of Peter Claver.

Services will be held Oct. 8 at 11 a.m. at St. Benedict's Catholic Church, 2245 - 82nd Ave., Oakland, CA. She is survived by Tony Banks, Kami Jackson and many loved ones. In lieu of flowers please make donations to Alz.org

Lucille Ann Willet

October 31, 1929 - September 26, 2018

Lucille Ann Willet, 88, went home to be with The Lord on the 26th of September, 2018 at her home in Manteca, CA after a short illness. Her funeral services will be held this Thursday, October 4, 2018 at Grace United Methodist Church, 19901 San Ramon Valley Blvd. in San Ramon, followed by internment at Lone Tree Cemetery, 24591 Fairview Ave. in Hayward.



Lucille was born on October 31, 1929 to John and Virginia Clark in Pomona, CA. She traveled to Hilmar, CA at the age of 18 to begin her teaching career and later graduated from San Jose State College. Lucille moved to Hayward, CA and went on to teach in the Hayward Unified School District for over 50 years with Kindergarten being her favorite grade.

Lucille's many hobbies included quilting, sewing, bible study, cooking, book club, traveling and rooting for the Warriors and the Giants.

Lucille had a deep and loving connection with the Lord and her family. She was a much loved mother to Robin Leon, Randy, Kyle and Kevin Willet, grandmother to six and great grandmother to six. She leaves many behind with wonderful memories and sorrowful hearts. She will be dearly missed.

Friends and family are invited to a visitation on Thursday, October 4, 2018, from 10:00 - 10:45 AM, followed by funeral services at 11:00 AM at Grace United Methodist Church, 19901 San Ramon Valley Blvd., San Ramon. Internment will follow at Lone Tree Cemetery, 24591 Fairview Ave., Hayward.

Flowers may be sent to Graham-Hitch Mortuary, 4167 First Street, Pleasanton, 925-846-5624 and donations may be made to the cancer organization of your choice.

LETTERS

TO THE EDITOR

FREDZ@EBPUBLISHING.COM



Calls Congressional Candidate Peters "Noble" in His Handling Fall Festival Incident

Editor:

This letter is in response to a letter concerning the incident at the Fall Festival ("Says Swalwell Would Have De-escalated Confrontation at Fall Festival," Letters, Sept. 26).

Well, I haven't read or heard anything about supporters for Mr. Peters attacking Mr. Swalwell when he's been here for the town hall meetings, have you? Please think about that!

What Mr. Peters did was actually a very noble act, protecting himself and others from this hateful person. Didn't the attacker come over to Mr. Peters booth and verbally attack him, then tried to stab Mr. Peters with a switchblade?

I highly suggest that you vote for Mr. Peters. He is someone that is looking out for others while putting himself in harms way. Again, Mr. Peters actions were very noble. It seems that some (those on the left) who oppose those on the right get violent!

Mr. Swalwell did mock Susan Collins about threats made against her, then apologized and deleted his tweet. I'm voting for Mr. Peters! We need a change in California, and fast!

—Joanna Busch, Castro Valley

Says Voters Should Consider Productive Policies of Trump Administration When Heading for the Polls

Editor:

May I remind voters to get out and vote this November! Consider all the productive policies our fine president is implementing for all American citizens. Minorities are especially feeling the politive effects.

I have to lput a plug in for Fox Business News and Fox News because without them, the mainstream media will have one believe our fine president is everything but.

And before voting this November, please keenly consider the policies some political leaders like Congressman Eric Swalwell proposes which will surely help stop the positive momentum in making our country great and fruitful.

—Mary Fells, Castro Valley

Calls Judge Kavanaugh's Performance 'an Embarrassing Exercise in Bad Behavior'

Editor:

Recent hearings before the U.S. Senate Judiciary Committee were an embarrassing exercise in bad behavior and lack of due process for all to see.

Guilty or not, Judge Brett Kavanaugh's histrionic performance — by turns emotional, self-pitying, belligerent, rude and less than honest — clearly makes him unfit for a seat on the U.S. Supreme (or any other) Court. I believed Anita Hill then; I believe Professor Blasey Ford now.

And why the GOP's rush to confirm without a thorough background check into the serious allegations against Kavanaugh? It's full-steam ahead to seat their guy, facts and the truth be damned.

Kudos to Senator Jeff Flake (R-AZ) for his integrity and willingness to compromise, something his colleagues would do well to emulate, as in the past.

If confirmed, Kavanaugh would likely be on the Court for 30+ years, with much at stake: Roe v. Wade, civil rights, same-sex marriage, Citizens United, environmental/animal protections, et al. Is this the future we wish for America? Not I.

For the good of the country, Kavanaugh should withdraw his name. Surely there are more qualified and less controversial candidates. (Judge Merrick Garland, Obama's choice, comes to mind.) The politicizing of the courts at every level really needs to stop, it demeans us all.

Citizens are urged to call their U.S. Senators ASAP, demanding that Brett Kavanaugh *not* be confirmed. (Google "u.s. senators" for contact info.)

Make America Great Again.

—Eric Mills, Oakland

LETTERS TO THE EDITOR

must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit as necessary. We do not withhold names or publish unsigned letters.

Email letters to: fredz@ebpublishing.com
or mail to: The Forum
P.O. Box 2897,
Alameda, CA 94501.

HOROSCOPE by Salomé

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ARIES (March 21 to April 19) A bid for you to step in and take over an incomplete project could prove to be an excellent learning experience that you can take with you when a new opportunity opens up.



TAURUS (April 20 to May 20) It's a good time for socializing, both with family and with friends. Your aspects also favor developing new relationships, any or all of which might become especially meaningful.



GEMINI (May 21 to June 20) Your success in handling a recent difficult situation prompts a request to handle another workplace problem. But this is one you should accept only if you get all of the relevant facts.



CANCER (June 21 to July 22) New information about a past decision raises some unsettling questions from an old friend. Be prepared to explain your actions fully and, if necessary, make adjustments.



LEO (July 23 to August 22) This is not a good time to share personal secrets, even with someone you've known for a long while. What you don't reveal now won't come back to haunt you later.



VIRGO (August 23 to September 22) Pushing yourself to meet a project deadline is admirable. But be careful not to leave out important details in your rush to complete your work and send it off.



LIBRA (September 23 to October 22) Watch that you don't take on more than you can handle when offering to help someone with a personal problem. There might be hidden factors you weren't told about.



SCORPIO (October 23 to November 21) That major move you've been considering could come sooner than you expected. Make sure you'll be ready with the facts you need when decision time arrives.



SAGITTARIUS (November 22 to December 21) Languishing relationships can benefit from a break in routine. Get out of the rut and do something new and maybe more than a little unpredictable this weekend.



CAPRICORN (December 22 to January 19) Although you don't think of yourself as a role model, your ability to make a tough decision at this time sets an example for others, who admire your courage.

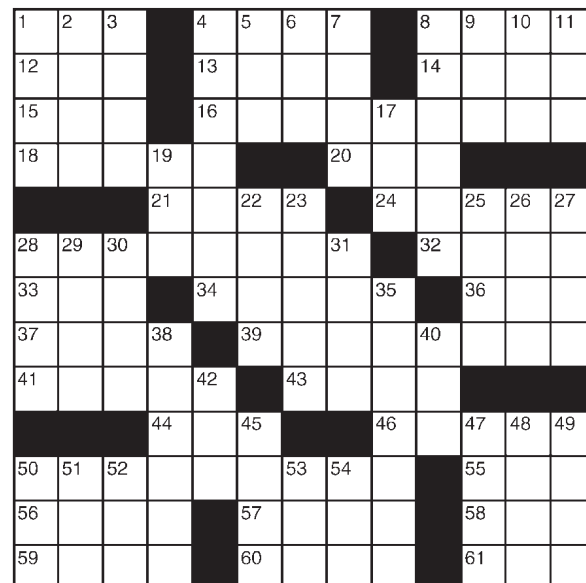


AQUARIUS (January 20 to February 18) You need to move any remaining obstacles out of your way before you can take on a new challenge. Seek advice from close, trusted friends and associates.



PISCES (February 19 to March 20) A career change appears increasingly likely to happen during the next several weeks. It's a good idea to start now to prepare, so you can be ready to make the move when the time comes.

THE FORUM CROSSWORD



ACROSS

- 1 Request
- 4 Blunder
- 8 Weapon handle
- 12 Island neckwear
- 13 Sandwich cookie
- 14 Exile isle
- 15 Spelling contest
- 16 "West Side Story" composer
- 18 Tiny ear bone
- 20 Ball prop
- 21 Office part-timer
- 24 Stuffs tightly
- 28 "E = mc2" man
- 32 Not procrastinating
- 33 Chowd down
- 34 Precipitous
- 36 Historic time
- 37 Wound cover
- 39 Piano name
- 41 Pitched
- 43 2012 Ben Affleck movie
- 44 Vast expanse
- 46 Celery unit
- 50 "The Grapes of Wrath" author
- 55 Heavy weight
- 56 Frogs' hangout
- 57 Needle case
- 58 Japanese sash
- 59 Church section
- 60 Mend a sock
- 61 Witticism

DOWN

- 1 Actress Jessica
- 2 Witnessed
- 3 Chicken ___
- 4 Drinking vessels
- 5 Tramcar contents
- 6 "___ the fields we go"
- 7 Typeface
- 8 Straight, for short
- 9 Hearty brew
- 10 G-men's org.
- 11 Bronze
- 17 Moment
- 19 Part of TGIF
- 22 Citi Field team
- 23 Michelangelo masterpiece
- 25 Freshly
- 26 Actress Sorvino
- 27 Remain
- 28 Right on the map?
- 29 Pruritus
- 30 In the vicinity
- 31 ___ -do-well
- 35 Football
- 38 Adjoining
- 40 "To be or -- ___"
- 42 Cyst
- 45 Sleeping
- 47 Small particle
- 48 Timber wolf
- 49 Make a sweater
- 50 Hot tub
- 51 Upper surface
- 52 Type measures
- 53 Greek vowel
- 54 Mangy mutt

ANSWERS ON PAGE 6



Castro Valley Adult School is offering a new course on Taking Control of Your Finances.

Ever Wanted to Talk Money With A CEO? Here's Your Opportunity

By Linette Escobar
SPECIAL TO THE FORUM

If you've ever wanted to learn about becoming more money smart from someone who really knows, Castro Valley Adult & Career Education is offering that unique opportunity in a new course beginning this month called "Taking Control of Your Finances."

This class will be taught by Dev Mahadevan, who served as Chief Financial Officer and Chief Executive Officer for both Eden Hospital and Kaiser Permanente, and was in the health care industry for more than 40 years.

Mahadevan has prepared hun-

dreds of financial statements and budgets and educated both students and CEOs in finance and accounting principles. Now retired, he is willing to share his experience and give back to the community.

"I'm looking forward to the questions," says Mahadevan.

The class will help people learn how to assess their personal assets and develop a balance sheet. It will also explore important aspects of financial good health such as saving, keeping ahead of your expenses, and making your savings grow with minimum risk.

In addition, it will look at the effects of keeping assets in cash and how to hedge against inflation.

Students will learn some investment strategies for the safe investor and think about practical life lessons like whether to buy or lease a car and whether to own or rent a house.

The course runs for three Wednesdays starting next Wednesday, Oct. 10, from 6:30-8:30 p.m. The fee is just \$45 (much cheaper than taking a CEO to dinner).

For more information or to register by this Friday, Oct. 5, please visit www.cvadult.org or contact Castro Valley Adult & Career Education at (510) 886-1000.

Linette Escobar is Marketing Chair for Castro Valley Adult & Career Education.

Reports: CV

continued from page 3 Shoplifter Arrested

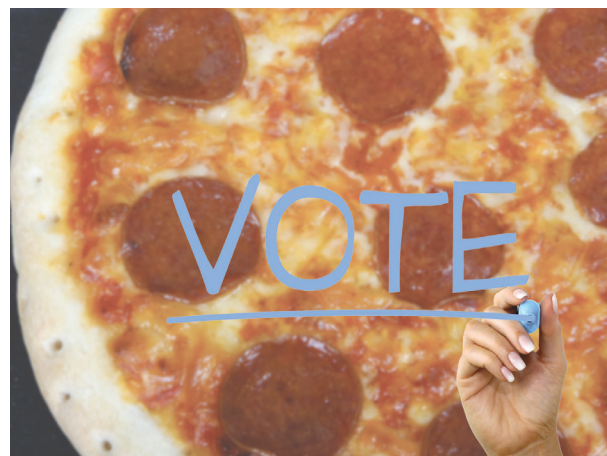
Tuesday, September 25: at 8:55 p.m., deputies arrested a 41-year-old woman from Castro Valley on suspicion of shoplifting from a drug store on Castro Valley Boulevard near Yeandle Avenue. The woman was spotted stuffing a pink bag with several items from the store and was detained by store security after leaving without paying. Deputies estimate the worth of merchandise at nearly \$800. The woman was taken to Santa Rita Jail without incident.

Parked the Wrong Way on Park Way

Wednesday, September 26: at 2:08 a.m., a 38-year-old man from Hayward was arrested on suspicion of possession of illegal narcotics and illegal drug paraphernalia. Deputies—responding to a call about a suspicious vehicle in the area—spotted the man parked in a moving van in the wrong direction. The man was found to have a pipe for smoking methamphetamine drugs on the dashboard and the drug itself folded between the pages of a magazine. Deputies took the man into custody.

Drove Drunk and Drugged

Monday, September 24: at 9:45 p.m., deputies arrested a 31-year-old man from Dos Palos (Merced County) on suspicion of driving under the influence of drugs and alcohol. The man was traveling on Lake Chabot Road near Eden Medical Center when deputies pulled him over for swerving between lanes. The man failed his field sobriety test and was taken into custody.



Propositions & Pizza

Don't know much about the ballot propositions that are appearing on the November 6 ballot? That's okay! Join Castro Valley Matters and the Castro Valley Library from 6 to 7:40 p.m. next Tuesday, Oct. 9, as each proposition is covered, followed by an open, nonpartisan discussion about what each means.

Plenty of pizza will be available to fuel your civic engagement at this free event. No advanced registration is necessary.

The Castro Valley Library, a branch of the Alameda County Library system is located at 3600 Norbridge Avenue, and is wheelchair accessible. The Library will provide an ASL interpreter for any event with at least seven working days' notice. Please call 510-667-7900 or TTY 888-663-0660.

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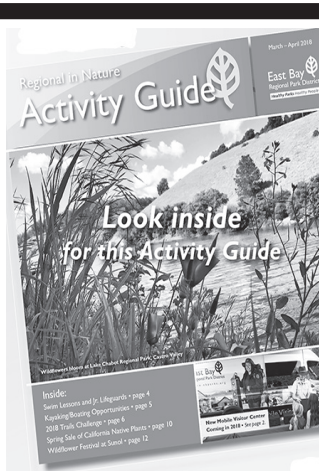
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This issue of the Castro Valley Forum contains the East Bay Regional Park District Nov - Dec 2018 Activity Guide.

If your copy of the Forum does not include the EBRP Activity Guide, call 510-614-1555 or stop by the Forum office (2060 Washington Avenue, San Leandro, CA 94577) between 9:00 a.m. and 5:00 p.m. Monday through Friday to obtain one.



Castro Valley Girls Softball

2019 Spring Registration Now Open!

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Blues Bottle Band

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Sat, Oct 6, 6pm
Sun, Oct 7, 3pm

AJ Cawdaddy
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Fri, Oct 12, 8pm
Sat, Oct 13, 6pm
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Mark Banning
Golden Gate Blues Society



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New Space Exhibition

Chabot Space & Science Center in the Oakland Hills presents a new exhibition, "Going the Distance: Our Reach Into Space," opening this Saturday, Oct. 6, in the exhibit hall on Center's 2nd level.

Curated by the Chabot staff with inspiration and expertise from NASA Jet Propulsion Laboratory, Ames Research Center and SpaceX, the exhibition explores how humans are expanding our boundaries by moving farther into the Universe than ever before.

Highlights of the exhibition include an interactive mission control area, Mars rover driving challenge, a hands-on engineering/building area and more.

The exhibition is included in regular admission to the Center.

Chabot Space & Science Center is open Wednesday through Sunday from 10 a.m. to 5 p.m. Admission is adults \$18; children \$14; students/seniors \$15; and \$5 First Fridays the first Friday of every month 5-9 p.m.

For more information, visit Chabot's new website at www.chabotspace.org

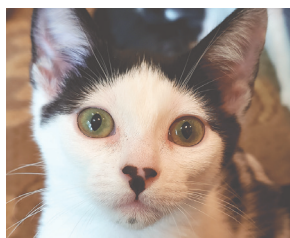
ADOPT-A-PET



WAFER is a sweet, pretty 5-month-old kitten who enjoys cheek rubs and wand toys but can be a little shy at first. Will you be her family? Call Hayward Shelter: (510) 293-7200.



FREDDY arrived at the shelter as a tiny, trembling kitten. Now 5 months old, he's a calm, cool cat who loves to play, get petted and cuddle. Hayward Shelter: (510) 293-7200.



DOMINO AND KARLY are two sweet, playful 4-month-old siblings. Domino, a Turkish Van mix, is very playful with her sister and affectionate with people. Karly is a very regal-looking black/white tuxedo with long legs. It would be great if they could get adopted together or, if separated, with another young, friendly cat. Please email: Loveallpawzrescue@gmail.com.



ATTN: 4R STAR BUSINESSES

CVSan is hosting its 5th Annual Employee Recognition Event.



On Friday, October 26th from 10:45 a.m. to 12:00 p.m. all current 4R Star businesses are invited to attend the 5th annual recognition event at CVSan offices, located at 21040 Marshall Street. **If you are a current 4R Star business, please think of which employees you would like to send to the event and RSVP by October 19th.** All employees will receive thank you gifts and a free brunch. Some will also receive certificate awards!

To find a listing of all 4R Star businesses, please visit www.cvsan.org/4RStarDirectory.

For more information on this event or to RSVP, please call 510-537-0757 ext. 117 or email purvi@cvsan.org.



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'Four Men in Paris' to Open with 4-Day Run Next Week at DMT

It has been 60 years since President Eisenhower signed the Civil Rights Movement Act.

In memory of this monumental occasion, startup community theatre Plethos Productions is proud to present "Four Men in Paris," a show, by Oakland Playwright Reginald Clay, in its World Premiere next week.

Directed by Norman Gee, the production allows audiences a glimpse at four men who motivated the Civil Rights Movement.

Journey to 1960 Paris alongside iconic writers Richard Wright, James Baldwin, Chester Himes and Oliver Harrington.

The show, based on actual events, follows the time these four men spent living and writing in Paris to escape injustice and societal pressure in the US. This timely presentation wrestles with issues Americans face today, with touching themes like race relations, equality, and national loyalty despite prejudice and rejection.

The men's love lives are also woven into the show, such as the marriage between starving artist Richard and his wife Ellen, ladies' man Chester's love triangle, and the love James hides as he strives to come to terms with his sexuality.



From left, Priya Guyadeen, S. Angelo Acevedo and Michael Dorado as they appear in the World Premiere of the Civil Rights drama, "Four Men in Paris" next weekend at the Douglas Morrisson Theatre in Hayward.

Four Men in Paris is a gripping drama about the triumph and tragedies of these four men who changed American history from abroad.

Playwright and host of The Yay podcast, Reginald Clay, has spent nearly a decade crafting this show.

He thoroughly researched the history, work-shopped the writing, and hosted a staged reading at Hayward's Books on B. However this will be the first time it will hit

the stage with full lights, set, and a cast of ten talented local actors.

Four Men in Paris will have four public performances: 7 p.m. Friday, Oct. 12, 2 p.m. and 7 p.m. on Saturday, and 7 p.m. Sunday, all at The Douglas Morrisson Theatre, 22311 N. 3rd St. in Hayward. Tickets are \$15 and selling fast at Plethos.org. For more on Plethos Productions, Visit Instagram page: [@PlethosProductions](https://www.instagram.com/PlethosProductions) & Facebook [@PlethosProductions](https://www.facebook.com/PlethosProductions).

Homicide Victim Found Near Lake Chabot Dam on Monday Morning

The body of a woman was found near Lake Chabot dam in Castro Valley early Monday morning and police believe it to be a missing Richmond woman. The woman's estranged boyfriend led police to the location after turning himself in to San Leandro police.

Mariah Davis, 18, was last seen on Wednesday, Sept. 26 at La Piñata restaurant in San Leandro with her boyfriend, Anthony Pimentel, 19.

Family members became

concerned that day when Davis stopped responding to texts and calls. They contacted police and organized missing persons flyers, but authorities told them Davis was an adult.

There was little action in the case until Pimentel and his father went to the San Leandro police department at 3:30 a.m. Monday. Pimentel allegedly confessed to killing Davis, according to the East Bay Regional Park District Police.

Pimentel led officers to a body

on East Bay Regional Park District land and the investigation was turned over to that agency.

The body has not yet been formally identified by the coroner's office and no cause of death or motive for the killing has been made public at this time.

Pimentel is being held without bail on suspicion of first degree murder at Santa Rita jail in Dublin and is scheduled to be arraigned later this week.

—By Amy Sylvestri

Fundraiser for New Animal Rescue Group

Animal lovers who appreciate fine wine will soon have a chance to combine their interests.

A new Castro Valley-based animal welfare group called Love All Pawz Rescue will hold its first fundraiser from noon to 3 p.m. on Sunday, Oct. 14 at Twining Vine Winery at 16851 Cull Canyon Road.

For \$25, supporters will enjoy an afternoon featuring wine tast-

ing, food, live music, a silent auction and a raffle. There will also be adoptable kittens to meet.

"Some of our silent auction items include Warriors tickets, the Napa Wine Train and tickets to the Berkeley Repertory Theater play 'Paradise Square,'" said group founder Kathy Clayworth.

Group members aim to find homes for abandoned dogs, cats and rabbits. Proceeds will sup-

port veterinary care for rescued animals. All donations are tax deductible.

Love All Pawz Rescue is working in the community to help abandoned, stray and surrendered animals with the vet care they need and then find them their forever homes. To learn more or RSVP, visit www.loveallpawz.org, email: loveallpawzrescue@gmail.com or call Clayworth at 510-402-8490.

Stepping Stones Holds First Fashion Show

Some 100 supporters were on hand as Stepping Stones Growth Center and Davis Street Family Resource Center hosted their 1st Annual Fashion Show Fundraiser last Thursday at the Fairview Metropolitan in Oakland.

The fashion show, art auction,

and art sale, featured items designed and created by Stepping Stones clients that raised more than \$20,000 to support Stepping Stones' programs, including Artful Steps, Independent Living Services, Hire Steps, and Steps towards Wellness.

Stepping Stones Growth Center is a nonprofit social services agency founded in 1975 by parents of children with special needs.

Anyone who was unable to attend the event, but who would like to send in a donation, please visit steppingstonesgrowth.org/donate.