



In Partnership With



Achieve A Wellness Boost And
Improve Your Pregnancy!





Why Francine's IV Surge?

Being pregnant can be one the most exciting time in your life. This is more of a reason to take care of your body to ensure your little one grows into a healthy baby.

Vitamins are essential during your first and third trimesters, most women feel more tired and run down than usual. B vitamins, which you'll often hear referred to as the vitamin B complex along with folic acid, are particularly important aspects of your nutrition during pregnancy. It helps minimize the risk of birth defects as well as relieve some symptoms of pregnancy.

The vitamins along with hydration after your massage will replenish your muscles and tissues along with removing Latic Acid from the muscle after your massages.

Please consult with Sasha Sumling of Massagemomma to see if your hydration we be essential to your package. In addition, if you are experiencing nausea, we can administer anti-nausea meds and remedies as directed by your physician.

Francine White

RN, BSN for 26 years.

Experience includes newborn/nursey and mother-baby

Over 20 years of IV therapy experience

Director Corrinne Copeland, MSN, RN, FNP-C owner of RNFNP, combined experience together over 30 years of experience

realnurturingfnp.com

Real Nurturing Family Practice | Primary Care Practice & Aesthetics located in Cypress, TX

Trusted Primary Care Practice & Aesthetics serving the patients of Cypress, TX. 17920 Huffmeister Road, Suite 300, Cypress, TX 77429.