



Happy New Year!

WEEKEND WEATHER

CLEAR

Rain Friday and Saturday

HIGHS: 58-69

0 10 20 30 40 50 60 70 80 90 100 110

LOWS: 43-54

FRIDAY

SATURDAY

SUNDAY

San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 33 • NO. 52

THURSDAY, DECEMBER 28, 2023

SAN LEANDRO • CALIFORNIA



PHOTO COURTESY ALAMEDA COUNTY FIRE DEPARTMENT

Santa Claus's elves made a special delivery to a home in San Lorenzo and brought a new, pink bicycle for Dayanna Gonzalez who had asked Santa for presents for her brothers.

Girl's Christmas Wish Comes True

A 9-year-old girl from San Lorenzo who wrote an unselfish letter to Santa Claus received a special delivery of holiday gifts from Alameda County first responders and some of Santa's. Dayanna Gonzalez asked for a pink bicycle, Enfamil formula for her four-month-old brother, and a \$25 Roblox gift card for her 15-year-old brother. The request touched Alameda County first responders, including the Alameda County Fire Department (ACFD), California Highway Patrol (CHP), and Alameda County Sheriff's Department (ACSD). ACSO Sheriff's Technician Clowser, who is also a member of the San Lorenzo Village Homeowners Association (HOA), intercepted the letter and asked Deputy Burbank and CHP

see WISH, page 3

More Police Cameras OKed By City Council

More cameras on police cars, as well as at intersections

By Michael Singer
San Leandro Times

More police cameras are coming to San Leandro next year following a vote at the San Leandro City Council meeting on December 18.

In a unanimous vote, 6-0, the council approved the purchase and installation of 38 more cameras for patrol cars and 41 additional cameras at intersections. (Council member Celina Reynes was absent and is resigning from the council, effective Dec. 31.)

The five-year cost includes \$1,057,150 for the 38 car cameras and \$210,000 for the 41 cameras at intersections. The funding will come from the police department budget, according to the staff report.

San Leandro police have worn Axon body cameras since 2014 but have not had them installed in their vehicles. The police car cameras are important, according to the City Staff report, since body-worn cameras often have obstructed views or can get knocked off in a fight.

see CAMERAS, page 10

State Releases School Test Results

By Mike McGuire
San Leandro Times

San Leandro students continue to improve slowly from learning setbacks during the pandemic, according to the latest scores on statewide tests of student achievement, the California Assessment of Student Performance and Progress (CAASPP).

There are some bright spots and some where achievement has lagged, according to the California Department of Education's website.

The San Leandro Unified School District plans a full public analysis of the scores at the school board meeting on January 12.

Pending that full analysis, district spokesperson Keziah Moss said most student groups showed improvement overall on both academic and non-academic indicators like chronic

see TEST, page 2

2023 in Review — July through December

By Jim Knowles
San Leandro Times

- July**
- New citizens from 32 countries are sworn in aboard the U.S.S. Hornet in Alameda in an annual ceremony held just before the Fourth of July. Each year, around 700,000 people take the oath to become United States citizens.
 - A group of bicyclists ride on I-580 from Castro Valley to San Leandro. The CHP arrived but the bicyclists were already off the freeway.
 - Bay-O-Vista residents call on EBMUD to cancel its plan to use a former quarry site to deposit soil from digging trenches for pipes.
 - City officials announce at a City Council meeting that they're planning to put a tax hike on the 2024 ballot. They say more money is needed for roads, city buildings, fire stations, city staff and police.
 - Galvan's Market is bro-

see 2023, page 3



PHOTO BY MIKE MCGUIRE

A speeding car crashed into a bulldozer on Cherrywood Avenue.

INSIDE YOUR TIMES

COMMUNITY

Soroptimists make a donation to Ruby's Place. **Page 2**

NEWS

Councilwoman Bowen named to national board. **Page 3**

RELIGION

Church celebrates feast of St. Xavier. **Page 10**

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MEETING SCHEDULES

CITY COUNCIL

Council meets on the first and third Monday of each month at 7:00 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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On this Day: December 28

1612: First observation of Neptune. Galileo observes and records a "fixed star" without realizing it is a planet.

1732: Benjamin Franklin under the pseudonym Richard Saunders begins publication of "Poor Richard's Almanack."

1832: John C. Calhoun becomes the first vice president to resign after having differences with President Andrew Jackson.

1835: Second Seminole War between United States and Native Americans begins with the Dade Massacre in Sumter County, Florida. Seminole fighters kill nearly all 110 of US Army troops under Major Francis Langhorne Dade.

1836: Spain recognizes the independence of Mexico.

1846: Iowa becomes 29th

state of the United States of America.

1902: First indoor pro football game, Syracuse beats Philadelphia, 6-0, at Madison Square Garden in New York City.

1902: A trans-Pacific cable links Hawaii to the United States.

1915: A brand new San Francisco City Hall is dedicated by Mayor James Rolph.

1973: President Nixon signs the Endangered Species Act into law.

1975: With 32 seconds left in the NFC Divisional Playoff Game, Dallas Cowboys quarterback Roger Staubach throws a legendary 50-yard winning touchdown pass to Drew Pearson to defeat the Minnesota Vikings, and the "Hail Mary" play is born.



PHOTO COURTESY SOROPTIMISTS INTERNATIONAL

Housing Navigator for Ruby's Place Ne-Jhey Thompson receives a check for \$1,000 from Soroptimist President Donna Whitehouse.

Soroptimists Giving to Ruby's Place

Soroptimists International of the East Bay gave \$1,000 to Ruby's Place for their great work in the community help-

ing women. The local Soroptimist club has given over \$5,000 to non-profits this year; and will conduct judging to give away another \$1,000 to \$3,000 to deserving head-of-household women to assist in

the "Live Your Dream" annual awards.

The Soroptimists welcome getting to know more like-minded women. Call 510-593-7377 for information on becoming a member.

Bay-O-Vista

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Test: English and math scores rose but declined among English learners

continued from front page

In English Language Arts absenteeism and suspensions. But some of these gains did not extend to foster youth, a relatively small student group, the district said in an email to parents.

Academic indicators, including English and math results, showed improvement across nearly all student groups, Moss said. But there is a decline among English learners in both academic areas compared to last year, she said.

One of the bright spot is San Leandro students' performance on the California Science Test, where students pulled ahead of their pre-pandemic performance, Moss said.

In English Language Arts (ELA), some 38 percent of San Leandro students in all grades combined met or exceeded state standards. Another 25 percent nearly met those standards, while 37 percent fell short.

In math, almost 26 percent met or exceeded state standards, with another 25 percent nearly meeting those standards. Some 49 percent fell short of meeting the standards. (Some figures do not total 100 percent because of rounding.)

This compares with statewide figures of 47 percent meeting or exceeding state standards in English and 35 percent meeting or exceeding state standards in math, Moss said.

see TEST, page 11



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Community Calendar

Friends of San Leandro Library Audiobook Sale

The Friends of the San Leandro Library will host an Audiobook Sale on Saturday, Jan. 6, from 10 a.m. to 4 p.m.; and Sunday, Jan. 7, from 10 a.m. to 1:30 p.m. at the San Leandro Main Library, 300 Estudillo Ave. in San Leandro. Lots of great options for audiobooks on CD and cassette. Buy one, get one free. All proceeds benefit the San Leandro Library's programs and services. This sale is cash only.

Play Winter Reading Bingo

The San Leandro Library presents Winter Reading Bingo. Earn prizes and Loard's ice cream. Complete squares on the BINGO card by reading and doing activities. Join at the library or online. Stop by the library and join in on the fun. Free for all ages at all branches.

Arts & Crafts Swap Meet

California BrainWaves hosts an Arts & Crafts Swap on the first Wednesday of every month from 5:30 to 7:30 p.m. in the Trustees Room of the San Leandro Main Library, 300 Estudillo Ave. Free, all ages and skill levels welcome. Neurodivergent-friendly. Donate, craft, grab goodies.

Race through the History of the Oakland Speedway

Join the library for a race through the history of the Oakland Speedway on Saturday, Jan. 6, from 1 to 3 p.m. at the San Leandro History Museum, 320 W. Estudillo Ave. The Oakland Speedway once stood where Bayfair Mall is today. Discover the many races, vehicles, and people who raced at the speedway. Be prepared to actively participate in reading and movement around the "racetrack." Activity is for ages 10+, adults are welcome. Email the Museum Curator, Dylainie Nathlich at dnathlich@sanleandro.org if you have any questions. Registration is required. Visit: <http://tinyurl.com/OaklandSpeedway> to register.

San Leandro Toastmasters Meet Every Thursday

San Leandro Toastmasters meets every Thursday from 6:45 to 7:45 p.m. online through Zoom. Email sanleandrotm@gmail.com for more information. Also, the Toastmasters meet in person at the San Leandro Main Library, 300 Estudillo Ave., on the last Thursday of every month from 6:45 to 7:45 p.m.

American Legion Post 649 Monthly Meeting

American Legion Post 649 in Castro Valley meets on the last Monday of every month at 1800 (6 p.m.) for dinner, followed by the meeting at 6:30 p.m. at the Moose Lodge, 20385 Rutledge Road in Castro Valley. For more information, call Jim Smith at 510-305-2280.

Seniors Invited to Join Spectrum's Fall Prevention Program

Calling All Seniors: Fall into safety with Spectrum's Fall Prevention Program. Spectrum's Community Services Fall Prevention Program is accepting registration for its winter classes. The EnhanceFitness classes offer exercises addressing strength, balance, and flexibility. The Walk With Ease classes focus on self-motivated walking to boost strength and ease arthritis symptoms. Classes run from Jan. 2 to March 22 at the Cherryland Community Center, San Leandro Senior Center, or virtually via Zoom. Call 510-881-0300 (Option 6) or register online at www.SpectrumCS.org.

Resolve to Lose Weight

Join TOPS (Take Off Pounds Sensibly) for the support you need to start your weight loss journey. TOPS is a non-profit weight loss support group that meets on Fridays at 9 a.m. at the United Methodist Church, 19806 Wisteria Street in Castro Valley. For more information, call Sandy Montero at 510-299-7312. Join for fellowship and support. What do you have to lose?



PHOTO COURTESY ALAMEDA COUNTY FIRE DEPARTMENT

Sheriff's deputies bring Dayanna her new bike.

Wish: Family grateful for the Christmas gifts

continued from front page

Officer Pabst to help make Dayanna's Christmas wishes come true.

Deputy Burbank and Officer Pabst began gathering gifts for the family. Deputy Burbank also contacted the Deputy Sheriffs' Activities League Dig Deep Farm Food Hub and the San Lorenzo Family Help Center (SLF-HC) and secured donations of groceries and Enfamil for Dayanna's baby brother.

On December 13, the first responders and friends paraded with lights and sirens from the parking lot of the San Lorenzo Library to Dayanna's home and presented the family with an abundance of Christmas gifts and food. The family was extremely grateful. Dayanna was overcome with joy excited about her new pink bicycle.

"Thank you to everyone who came together to make my daughter's wish," said Dayanna's mother Alejandra Gonzalez. "She was really happy, she has a big heart and always thinks of everyone, not

just herself."

Working together is nothing new for first responders, but Sheriff's Technician Clowser said it was great to coordinate everyone's efforts to show the true meaning of Christmas to Dayanna and her family.

2023: Young golfers compete in annual SL City Golf Championship

continued from front page

ken into at night and \$3,000 worth of meat is stolen. Two nearby shops are burglarized as well.

- Bay Cities Produce of San Leandro wins an award for excellence in waste prevention.

- A bank customer downtown returns to his car when he's robbed by three men in ski masks.

August

- Washington Manor residents speak out against the City Council for moving \$5 million in funds for a bigger

pool and using the money for pool maintenance instead.

- A speeding car crashes into a house at Bancroft and 148th avenues. The front wall of the house is destroyed. Nobody in the house is injured but the driver has serious injuries.

- Young golfers take to the links at the annual San Leandro City Junior Golf Championship, held each year since 1963.

- A county report said that 31 percent of renters in unincorporated Alameda County live in sub-standard housing.

- Construction is underway to build a better and safer railroad crossing on Washington Avenue near Halcyon Drive.

- Piano student Emily Fong plans to continue her passion for music while going to UC Berkeley where she's accepted into the astrophysics program.

September

- Hundreds of varieties of dahlias – San Leandro's official flower – go on display at the Main Library at the annual show by the San Leandro Dahlia Society.

- Police Chief Abdul Pridgen is put on leave by City Manager Fran Robustelli, who picks Kevin Hart to be the interim chief during Pridgen's absence. Robustelli doesn't give a reason for removing Pridgen.

see 2023, page 11

Bowen Elected To Asian Pacific American Board

San Leandro City Councilmember Xouhoa Bowen was elected by her nationwide city council counterparts to serve on the National League of Cities' Asian Pacific American Municipal Officials (APAMO) Board of Directors.

Councilmember Bowen was first elected to the City Council in November 2022.

"As a non-profit leader and now serving on the National League of Cities' APAMO board of directors, I'm deeply committed to empowering communities and fostering inclusive, equitable spaces for all," Bowen said. "Addressing the rise in Asian hate crimes is a critical challenge, and I'm dedicated to working with fellow APAMO members and community leaders to share best practices for prevention, promote cultural understanding, and advocate for policies that protect and uplift our AAPI communities."

APAMO was established in 1985 as a caucus within the



Xouhoa Bowen

National League of Cities. It provides municipal officials who identify and ally with the Asian Pacific American to connect with their colleagues in a forum to share ideas and develop leadership experience. APAMO serves as a vehicle for members to discuss problems and explore solutions, debate policy issues, and contribute to the success of American cities and towns.

Calendar Submissions

The Community Calendar is for publicizing nonprofit organizations, charities and community groups.

Items can be emailed to jimk@ebpublishing.com or call 510-614-1557.

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East Bay Living

Soup Takes Bite Out of Winter Cold



As temperatures drop into the low 30s these nights, there's no better way to fight off the cold than with a hot bowl of tasty soup. Make a big pot and enjoy the leftovers later.

ACORN SQUASH BISQUE

- 2 acorn squashes (3 pounds)
- 1 tablespoon butter
- 1 medium onion, finely chopped
- Salt and ground pepper
- 1/2 teaspoon fresh thyme leaves, plus more for garnish

- 1 (14-1/2 ounce) can chicken broth
- 1/2 cup half-and-half

Place squashes on a paper towel and microwave on high just until tender when pierced with the tip of a paring knife, 8 to 10 minutes. Remove from the microwave, and halve each squash lengthwise (to speed cooling).

In a large saucepan, heat butter over medium. Add onion; season with salt and pepper. Cook, stirring occasionally, until tender, 3 to 5 minutes. Add squash, thyme, broth, and 2 cups water. Bring to

a boil over high heat; reduce to medium, and cook until squash is very tender, 10 to 12 minutes.

Working in batches, puree mixture in a blender until very smooth, about 1 minute. Return to pan; add half-and-half, and season generously with salt and pepper. Thin bisque, if needed, by adding more water. Serve garnished with thyme. Yields 4 servings.

POTATO-LEEK SOUP

- 8 cups chicken stock
- 6 russet potatoes, peeled, cut into large pieces
- 4 leeks (whites only), thoroughly washed and sliced
- 3 stalks celery, chopped
- 1 bay leaf
- 1-1/2 teaspoons finely chopped fresh thyme
- Salt and freshly ground pepper
- 1 cup heavy cream

Put the chicken stock, potatoes, leeks, celery, bay leaf and thyme in a large pot and sprinkle with salt and pepper. Boil until the potatoes are soft, 15 to 20 minutes.

Remove the bay leaf. Allow liquid to cool for 10 minutes. Transfer liquid to a blender or food

processor and fill it no more than halfway. If using a blender, release one corner of the lid to prevent the vacuum effect that creates heat explosions. Place a towel over the top of the machine, pulse a few times, then process on high speed until smooth. Pour the soup into a medium pot; add the cream and simmer until the soup has thickened, about 20 minutes. Serves 8.

NAVY BEAN SOUP

- 3 cups (1-1/2 pounds) dried navy beans
- 1 (14-1/2 oz.) can diced tomatoes, undrained
- 1 large onion, chopped
- 1 meaty ham hock or 1 cup diced cooked ham
- 2 cups chicken broth
- 2-1/2 cups water
- Salt and pepper to taste
- Minced parsley for garnish

Rinse and sort beans, then place them in a Dutch oven or soup kettle; add water to cover by 2 in. Bring to a boil; boil for 2 minutes. Remove from the heat; cover and let stand for 1 to 4 hours or until beans are softened.

Drain and rinse beans, discarding liquid. Place in a large Dutch oven or soup kettle. Add the tomatoes with juice, onion, ham hock, broth, water, salt and pepper. Bring to a boil. Reduce heat; cover and

simmer until beans are tender, about 1-1/2 hours.

Add more water if necessary. Remove ham hock and let stand until cool enough to handle. Remove meat from bone, cut into bite-size pieces and return to soup. Heat through. Yield: 10 servings.

OLD-FASHIONED CHICKEN NOODLE SOUP

- 2 tablespoons olive oil
- 1 medium onion, chopped
- 3 garlic cloves, minced
- 2 medium carrots, cut diagonally into 1/2-inch-thick slices
- 2 celery ribs, halved lengthwise, and cut into 1/2-inch-thick slices
- 4 fresh thyme sprigs
- 1 bay leaf
- 2 quarts chicken stock
- 8 ounces dried wide egg noodles
- 1-1/2 cups shredded cooked chicken
- Salt and freshly-ground black pepper
- 1 handful fresh flat-leaf parsley, finely chopped

Place a soup pot over medium heat and coat with the oil. Add the onion, garlic, carrots, celery, thyme and bay leaf.

Cook and stir for about 6 minutes, until the vegetables are soft-

ened but not browned. Pour in the chicken stock and bring the liquid to a boil. Add the noodles and simmer for 5 minutes until tender. Fold in the chicken, and continue to simmer for another couple of minutes to heat through; season with salt and pepper.

Sprinkle with chopped parsley before serving. Serves 4.

CHEDDAR BEER SOUP

- 10 ounce package frozen mixed vegetables
- 4 tablespoons margarine
- 1/4 cup flour
- 1 teaspoon salt
- 1 teaspoon dry mustard
- 2 cups milk
- 1 teaspoon Worcestershire sauce
- 2 cups shredded medium-sharp Cheddar cheese
- 1 cup beer or ale

Cook vegetables and drain. Melt margarine, stir in flour, salt, and mustard. cook over low heat until smooth. Remove from heat. Add milk and Worcestershire. Heat mixture until it coats the spoon. Add cheese.

Cook over medium heat until cheese melts. Stir in beer and vegetables bring to a simmer. Cook about 15 minutes. Serve with preferred garnishes (croutons, paprika, etc.).

REUBEN SOUP

- 1/2 cup onion, chopped
- 1/4 cup celery, chopped
- 3 tablespoons butter
- 1/4 cup flour
- 3 cup water
- 4 teaspoon instant beef bouillon or 4 beef bouillon cubes
- 1/2 pound corned beef, shredded
- 1 cup sauerkraut, well-drained
- 3 cups half and half
- 3 cups shredded Swiss cheese
- 6 - 8 slices toasted rye bread, cut into triangle quarters

In a large saucepan, cook onion and celery in butter until tender; stir in flour until smooth. Gradually stir in water and bouillon and bring to a boil. Reduce heat; simmer uncovered for 5 minutes. Add corned beef, sauerkraut, cream and 1 cup of the cheese.

Cook for 30 minutes. or until slightly thickened, stirring frequently. Ladle into 8 ovenproof bowls. Top each with a slice of bread and put 1/4 cup of the cheese on top of the bread. Place in oven under broiler until the cheese melts and browns ever so lightly.

CROSSWORD PUZZLE ANSWERS

T	R	O	T	S	O	B	S	T	E	M
L	I	E	U	T	I	A	H	A	R	E
C	A	R	P	O	O	L	S	E	R	G
		E	S	P	T	A	B	O	O	S
S	T	O	L	E	D	I	N	O		
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ARIES (March 21 to April 19):

The new year brings challenges that can change many things in your life. You need to be prepared not only to confront them, but also to deal with what happens afterward.

TAURUS (April 20 - May 20):

You have what it takes to set your goals quite a bit higher this year. Learn what you need to know and put what you learn into your efforts. Meanwhile, a partner offers loving support.

GEMINI (May 21 to June 20):

In true Gemini Twin fashion, you're conflicted about a decision that you know you'll have to make in the new year. Best advice: Get the facts before you make any commitments.

CANCER (June 21 - July 22):

A friend offers you an exciting opportunity for this new year. Although your positive aspects are strong in most respects, caution is still advised. Investigate before you invest.

LEO (July 23 - August 22):

You can make this new year a roaring success by readjusting your goals to reflect the changes in the economy. In addition, your den-mate offers both wise and loving support.

VIRGO (August 23 - Sept. 22):

The New Year brings new opportunities for change, but you need to be ready to move on from the comfortable status quo toward the challenging unknown. It's all up to you.

LIBRA (Sept. 23 - October 22):

Your most important New Year's resolution should be to work out problems with a family member in order to avoid continuing misunderstandings. Do it soon for both of your sakes.

SCORPIO (October 23 - November 21):

The new year has much to offer the intensely determined Scorpion, who isn't afraid to take on challenges and stay with them until they surrender their rewards.

SAGITTARIUS (Nov. 22 - Dec. 21):

You'll have many fine opportunities in the new year. But be warned: Reject offers of "help." You work best when you're free to be your own creative self.

CAPRICORN (Dec. 22 - Jan. 19):

The new year offers changes that you might feel you're not quite ready for. Best advice: Deal with them one step at a time until you've built up your self-confidence.

AQUARIUS (Jan. 20 - Feb. 18):

Travel is a dominant aspect of the new year. This could mean relocating to another city (or even another country) in connection with your education or your career.

PISCES (Feb. 19 - March 20):

This New Year brings news about a change you've been anticipating. You might have a problem persuading a loved one about your new plans, but they will soon go along with them.



PHOTO BY JIM KNOWLES

BART fares are scheduled to rise by five percent on January 1.

BART Fares to Rise by Five Percent on January 1

By Jim Knowles
San Leandro Times

Passengers appreciate BART's annual New Year's Eve ride-for-free, but on New Year's morning it's back to reality.

Fares will increase on BART, starting Jan. 1.

Fares will go up by 5.5 percent in what BART calls a modest fare increase.

The fare hike was approved by BART's board of directors in June. The board decided to deviate from its policy of approving a fare increase every two years. So instead of an 11 percent fare

increase in January 2024, the fare will raise fares by 5.5 percent in January 2024 and by the same rate again in January 2025.

But BART also announced bigger discount fares for qualifying lower-income riders, also going into effect Jan. 1.

The Clipper START program for low income riders will increase the discount on fares from 20 percent to 50 percent, so low-income riders will pay half fare. The discount is for residents between 19 and 64 who earn under 200 percent of the federal poverty level.

Young riders (age 5 to 18) can get a Youth Clipper Card that offers a 50 percent discount. And riders who are 65 and over can get the Senior Clipper Card that has a 62 percent discount.

Some passengers have questioned the fare increase since a percentage of riders have been passing through the fare gates without paying. Since the pandemic began, the number of fare evaders has significantly increased.

BART said it's planning to install new fare gates, starting in 2024, that are better at deterring fare gate jumping.

HEALTH & FITNESS

5 Principals for Every Exercise

By Mitch Rothbardt
Special to the Times

Merry Christmas! I know it was a few days ago, but my Christmas wish is for everyone to understand how to do every single exercise.

That's not too much to ask, is it?

It sounds like a lot, but it's not as hard as it seems. Like many things, there are foundational principles that apply to every exercise, and the supercalifragilisticexpialidocious thing about that is that those principles also apply to how you should move in real life. (IRL for the kids out there.)

Here are 5 principles for every exercise:

Know what your shoulders and hips should be doing.

Your shoulders and hips are either stabilizing or moving during every exercise (there's some exceptions, but very few). Understanding their function is crucial to getting the most out of any exercise because how they move or stabilize determines nearly everything about how the rest of you moves or stabilizes.

Feel it in your back? Watch your hips. Feel it in

your neck? Watch your shoulders. The list goes on and on. (I know this is a complicated concept. Let me know what questions you have about it.)

Get tall.

I don't care how tall you actually are, get yourself into a tall position whether you're standing, sitting, lying, or anything else.

You do that by making your spine as long as possible. Also, don't hunch and always keep your head up. This will put your shoulders in a good position, and if you don't know how important that is, refer to #1.

Engage your core.

Do not do this by sucking your belly in. Read that again. And again. Yes, it's that important. Here's how you do it. Stand up tall (#2) and push your fingers into each side of your belly.

Use your abs to push your fingers out. Feel that pressure and tightness wrapping around your midsection? That's what an engaged core feels like. And it also helps keep your shoulders in a good position (there's #1 again!)

Don't neglect your set-up.

Every exercise starts before you even move. That's called the set-up, and a bad set-up means a badly performed exercise. Get your position set and feel your hips and shoulders (geez, #1 again!) to be sure they're doing what they need to be doing before anything else happens.

Know what you're trying to do.

There is a purpose behind every exercise and knowing what it is gives you a much greater chance of achieving it. For example, just because you move your arms during an exercise that doesn't make it an arm exercise.

Applying these principles makes it much easier to get the most out of your fitness routine, no matter what exercises you do.

You'll stay healthier, move better, and feel better, and if you see a new exercise pop up on your program, you'll be able to attack it with confidence.

Mitch Rothbardt is the owner and head trainer at Castro Valley Fitness. He can be reached at Mitch@CastroValleyFitness.com.



Christmas Fire Displaces Three

The Alameda County Fire Department knocked down a fire in the hallway of an apartment building on Christmas morning on East 14th Street in San Leandro.

Heavy smoke and fire was coming from the center hall-

way of the apartments in the 14000 block of East 14th Street at about 5:45 a.m. Firefighters worked to keep the fire from spreading through the apartment building.

There were no injuries reported to either residents or

firefighters.

Three people were displaced by the fire. The Red Cross was notified to assist with temporary housing and other assistance.

The cause of the fire is under investigation.

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REAL ESTATE GALLERY



REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY

2023 –
The Year In ReviewBy Carl Medford, CRS
Special to the Times

We are mere days away from closing out 2023 and entering it into the record books. Looking back it was a bizarre year, especially in real estate. We saw new developments separating it from previous years that also point to trends we can anticipate in 2024. Here are our top five items in review:

Rising Interest rates
Attempting to offset overcompensations made by the Fed during the pandemic leading to soaring inflation, rising interest rates were the primary story of 2023. While some buyers were able to purchase at the higher rates, others were effectively locked out of the market. While refinances had been extremely popular prior to May, 2022, they became almost nonexistent in 2023.

Supply and Demand Issues
As interest rates rose through the year, rising numbers of potential sellers chose

to shelf their relocation plans. With over 60% of properties locked in with mortgages at 4% or lower, homeowners could not stomach the idea of abandoning a super low interest rate for a much higher rate on a replacement home. Subsequently, Alameda County inventory in November was down 24.6% from the previous year. Consequently, buyers were forced to compete for the reduced numbers of listings, forcing prices up an average of 5% over the same period in 2022.

Artificial Intelligence (AI)
If you have engaged in real estate-related conversations in the past 6 months via text or chat, chances are you have been interacting with a robot. AI has been changing the real estate landscape as it is becoming increasingly sophisticated. As a result, increasing numbers of Realtors are using it to stay in touch with prospective clients.

Workplace Returns
2023 saw an increasing number of companies requesting that employees

return to the workplace. While the pandemic enabled homebound workers to move almost anywhere, return policies have been forcing some – to keep their current jobs – to sell remote homes and move closer to their workplaces.

Green Trends and Smart Technologies
2023 saw an increase in sustainability, energy-efficiency and smart technology products. In addition to products such as solar panels, storage batteries and LED lighting, an ever-increasing range of sustainable products hit the market in 2023 including bamboo, cork, recycled steel and rubber, upcycled plastic items and more. Home automation also increased in 2023.

Moving forward into 2024, the Realtors of the Central County wish you a safe, prosperous and Happy New Year.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

Prune Tree Roses Aggressively; What Do I Spray for Curly Leaf Disease?; Redwoods Would Suffer if Planted Next to Cypress, Pines

By Buzz Bertolero
Special to the Times

The bottom branches of my tree roses are extending out into the walkway. I'd like to prune them back so they don't interfere with the entrance to the house. How far back can I prune without damaging them?

Trees roses can be pruned back aggressively to keep them in bounds, just like any bush rose.

Before pruning, locate the point where the rose is budded to its roots. This is called the bud union. With tree roses, you could have one or two bud unions. One is close to the ground while the other is three to four feet off the ground.

The desired rose variety grows above this point. Any growth below the bud union should be removed and is referred to as sucker growth.

How much you cut the rose back is a judgment call on your part. It can be 12 inches to 12 feet, depending on the situation.

I'd cut it back to leaf buds that are pointing away from the walkway. If you strip away last year's leaves, you should find it on stems or rose canes.

In the spring and summer



after flowering, you can keep the walkway accessible by pruning back these canes heavier than others.

The leaves on my dwarf lemon are a yellowish color, wrinkled, and some are torn. I've looked online as well as in some gardening books and don't find an answer. How do I green-up the leaves and what do I spray for the curly leaf diseases?

It's common for lemon leaves to curl, turn yellow and sometimes even defoliate with the winter from the cold temperatures. So, you do not have any type of leaf curl disease that requires treatment.

Also, the ripped and torn leaves are not a big problem. The leaves can take a battering with strong winds during major storms. Just remove the severely torn ones before the flush of spring growth in February or March.

The green leaf color returns when the days get longer and warmer. I'd encourage the new growth along with the green leaf color, lemons by feeding them with citrus food monthly, starting in February or

March through October.

My friends have recently built a new house in the foothills at about 4,000 feet elevation. They want to add some additional privacy by planting redwood trees alongside some existing cypress and pines. Is this the best answer to their dilemma?

Coast Redwoods would not be a good answer to this situation. After the rainy season concludes, redwoods like lots of moisture frequently much like a rose bush. Pines and cypress like dry conditions, usually surviving nicely without much water all summer long.

When planted together, one or the other would suffer.

Another issue is the cold. Redwoods like mild winters and are damaged with late-season frost. Pines and cypress have no problems with winter extremes. My suggestion would be to plant more of the existing species already established on the property.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com and questions can be sent by email to buzz@dirtgardener.com

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Starting a Tree from a Pit Is Always Unpredictable

By Buzz Bertolero
Special to the Times

Q I want to replace a dying plum tree. Several volunteers have sprouted up in my backyard. Should I take the time to dig one up and put it in a pot or not bother with it and plant a new one?

A It's always a gamble to cultivate volunteer deciduous fruit trees. Trees starting from a pit such as plum, apricot, peach, or apple seed are always unpredictable when it comes to fruiting. You have no idea what you'll get. Also, there are no guarantees it will produce fruit in the first place. Plant genetics is the controlling factor. Now, those trees started from vegetative parts will produce fruit that is a mirror image of the original

or parent tree. The problem with the volunteers is that most fruit tree varieties do not grow on their roots. So, the shoots, suckers, or volunteers will not be clones of the desirable variety but that of the rootstock. Fruit trees are budded onto different types of rootstocks to restrict their growth or to make a variety more tolerant to soil conditions or pests. So, cultivating a vegetative volunteer is not worth it if you want to replace an existing tree. Your expectations will likely not be fulfilled; however, exceptions can exist. Also, it will be at least two years or more before you see fruit if it fruits. The next issue is that there is no guarantee the fruit will taste like the original tree. If you are curious, I would dig a volunteer up, transplant it into a pot, and wait to see what happens. You can always

graft or bud a desirable variety at some other time. Otherwise, look to plant a new tree from a favorite garden center. You'll find a new selection arriving this month.

Q Why are some of the leaves on my strawberry plants turning a maroon color while others remain very green? They are planted in raised beds with good drainage.

A It is not unusual for strawberry plants to turn a maroon color during winter. This same thing occurs on Star Jasmine, Algerian Ivy, and other plants. The color change is brought about by the change in the season and cooler temperatures. Although evergreen, strawberry plants are not growing now. They are in a rest or dormant period. The dominant leaf

color is green, produced from chlorophyll when actively growing. When inactive, the other leaf pigments are visible. With strawberries, it is a dark red or maroon color. Those plants with no other color pigments remain green.

The leaves turn green again as the days get longer and warmer. If the leaves stay red or turn a brilliant orange-red color come spring, you have a nitrogen deficiency. Strawberries are not heavy feeders, but they like a spring application of a complete fertilizer before flowering. I'd apply an organic vegetable fertilizer in late February or early March.

Note: You will find more information on leaf color in my column on "What causes fall color in trees."

Buzz Bertolero is an Advanced California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com, and questions can be sent by email to buzz@dirtgardener.com.

WEEKEND GARDENER

Spray

The Yuletide season is a reminder to apply the second round of dormant oil spray to deciduous fruit trees, shrubs and roses. The spray should be applied through mid-January whenever you can expect several days of dry weather above 40 degrees.

Shopping for Bulbs

Summer-flowering bulbs can be planted in the coming weeks for cut flowers and garden colors in spring. You'll find a fresh crop of bulbs for gladioluses (plant at three-to-four week intervals from January through March) and begonias (set the tubers in peat moss to sprout, then pot up in larger containers).

Gift Plants

Be careful not to over-water poinsettias and other gift plants. Be sure they have adequate draining (open the foil at the bottom of the pot) and water only when soil feels dry to the touch.

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lowing owner(s): Professional Commer-
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FILE NO. 602693

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cated at 1462 Rieger Avenue Hayward
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/s/Hipolito Perez
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DEC 21, 28, JAN 04, 11, 2024

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December 06, 2023
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Expires December 05, 2028
DEC 14, 21, 28, JAN 04, 2024

FILED
MELISSA WILK

December 08, 2023
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 602587

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Serene Living Care, located at 2843
Sunnybank Lane, Hayward CA 94541.
Alameda County, is hereby registered
by the following owner(s): Gailee
Kwon, located at 15165 Orion Road San
Leandro, CA 94579 / Rowena Del Rosa-
rio-David, located at 2208 Charter Way,
San Leandro CA 94579. This business is
conducted by a General Partnership.
This business commenced 11/01/2023
/s/Gailee Kwon
This statement was filed with the Coun-
ty Clerk of Alameda County on date in-
dicated by file stamp above.
Expires December 07, 2028
DEC 21, 28, JAN 04, 11, 2024
1062- SLT

FILED
MELISSA WILK

December 15, 2023
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 602832

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Slikker's Donuts, located at 1321
MacArthur Blvd., San Leandro, CA
94577. Alameda County, is hereby reg-
istered by the following owner(s): Mei
Chhun, located at 611 Dolores Ave.,
San Leandro, CA 94577. This business
is conducted by a Limited Liability
Partnership. This business commenced
12/15/2023
/s/Mei Chhun
This statement was filed with the Coun-
ty Clerk of Alameda County on date in-
dicated by file stamp above.
Expires December 14, 2028
DEC 28, JAN 04, 11, 18, 2024
1066- SLT

FILED
MELISSA WILK

November 27, 2023
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 602293

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Wonderland Smoke Shop, located
at 40900 Fremont Blvd., fremont, CA
94538. Alameda County, is hereby reg-
istered by the following owner(s): Ad-
elal Ghithil, located at 40900 Fremont
Blvd., fremont, CA 94538. This business
is conducted by An Individual. This
business commenced N/A
/s/ Adelal Ghithil
This statement was filed with the Coun-
ty Clerk of Alameda County on date in-
dicated by file stamp above.
Expires November 27, 2028
DEC 07, 14, 21, 28, 2023
1030- SLT

FILED
MELISSA WILK

October 31, 2023
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 601749

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Valley Nail & Spa, located at 4170 Pied-
mont Ave., Suite A, Oakland, CA 94611.
Alameda County, is hereby registered
by the following owner(s): Lmvo Corpora-
tion, located at 4170 Piedmont Ave.,
Suite A, Oakland, CA 94611. This busi-
ness is conducted by a Corporation.
This business commenced 10/28/2023
/s/My Thi VO
This statement was filed with the Coun-
ty Clerk of Alameda County on date in-
dicated by file stamp above.
Expires December 07, 2028
DEC 21, 28, JAN 04, 11, 2024
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51				52				53		

ACROSS

1 Jog
5 Cry
8 Goblet feature
12 Stead
13 Spanish aunt
14 Tortoise's opponent
15 Ride-sharing arrangements
17 Work units
18 Sixth sense
19 Forbidden acts
21 Stylish wrap
24 Flintstones' pet
25 Comic strip possum
26 "Yellow" band
30 Where Lux. is
31 Primitive
32 Brit. record label
33 Slapstick missile
35 Perched on
36 Evergreens
37 Icky
38 Where Gauguin painted
41 Pen name
42 Out of the storm
43 Temporary lodging
48 Furnace fuel
49 Snaky fish
50 Jazzy Fitzgerald
51 Maintained
52 Lay down the lawn
53 Deli loaves

DOWN

1 Pampering, for short
2 Estuary
3 Not 'neath
4 Elvis' birthplace
5 Halt
6 Texas tea
7 Historic French prison
8 Cyndi Lauper hit
9 Poi base
10 Thus
11 Disarray
16 Sugary suffix
20 Tennis champ Murray
21 Detail, briefly
22 Go sightseeing
23 Shrek, for one
24 Writer Lessing
26 Whims
27 Jared of "Panic Room"
28 Book after Joel
29 Shrill barks
31 Send forth
34 Out course
35 Sagittarius
37 USO audience
38 Dash gauge
39 Skin soother
40 Make well
41 Hardly hirsute
44 Old Olds
45 Layer
46 Pub order
47 "-- Kapital"

ANSWERS ON PAGE 2

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Goans Celebrate St. Xavier Feast in San Leandro

By Bella Comelo
Special to the Times

Members of the Goan Institute, San Francisco, gathered in Our Lady of Good Counsel Church to celebrate the feast of St. Xavier's Feast, on Saturday, Dec. 2.

The Mass was presided by Fr. Jan Rudzewicz who gave a lively homily on the life of St. Xavier, who left his country of Spain, and his rich heritage to take care of the poor and sick in Goa. St. Xavier converted most of the people from Goa to Catholicism.

After Mass, everyone had a gourmet lunch prepared by our own Goan Caterer "Tinto."

Following lunch there was cultural entertainment, singing and dancing.

The Goans come from the East coast of India and have a distinct Indo-Portuguese culture, traditions and heritage. When the rest of India was under the British, Goa was a Portuguese colony. Hence the Goans have names like Ferreiras, Mendoncas, and Pereiras. The Goans have Indo-Portuguese cuisine, dishes like Sorpotel, Cafreal and Vindaloo.

The Goans are happy to celebrate in San Leandro and the City of San Leandro has embraced Goans in many

ways. Last month, the mayor and the City Council showed that they care about the diversity of this city by voting on the Resolution to condemn the atrocities committed in Manipur India on the Christian Kuki Clans.

In the month of May 2023, there was much upheaval in Manipur, 10,000 people were displaced as their homes were burnt, 320 churches were burnt, 180 people were killed, women were gang-raped, and two women were paraded naked in the streets.

Members of the North American Manipur Tribal Association (NAMTA) and



PHOTO COURTESY OF BELLA COMELO

Jennie Castellino with Bella Comelo at the celebration for the Feast of St. Xavier. At left, dancer perform a cultural dance and song.



some Goans pleaded with our City Council to do something for these suffering people and we are eternally grateful that the City stood in solidarity

with this suffering people who were stripped of their Human Rights. We are thankful to City Council members Fred Simon, who initiated the resolution,

and to Pete Ballew for seconding the resolution.

The Goan families who live in San Leandro are happy to find a niche in this beautiful city.

Cameras: How long will recordings of citizens going about their everyday activities be stored in police data bases?

continued from front page

The proposed Axon cameras capture audio and video from the dashboard of the police car as well as the back seat. They are compatible with the Axon body-worn cameras. The car and body cameras turn on simultaneously when the officer turns on the flashing lights, if the rear door is open, or if it detects a collision. The audio and video from these cameras can be monitored remotely.

Police have been testing the car cameras for a few months. In a critical situation, having as many viewpoints as possible is key to being able to respond, Assistant Police Chief Luis Torres told the City Council.

"For example, one of our officers was out at a traffic stop," Torres said. "I saw it was on the screen, so I activated the response. And I was able to see both the vehicle that he had pulled over and his body camera footage of the officer and his interaction with the driver. But if, say, there was a passenger in the vehicle, and they got out with a weapon in their hands, I would have been able to alert him that that happened. And he,

being on the other side a car, would not have been able to see that."

Cameras at Intersections

San Leandro has already installed 41 Flock license plate readers and was on tap to add the additional 41. The installation was put on hold in September after the City Council requested more data proving that the cameras were effective.

At that meeting, Acting Chief Torres told the City Council that the Flock cameras were used as an investigative tool in response to reported crimes, not as a crime deterrent. The department referenced five success stories (two robberies, two car-jackings, and one homicide) where ALPR data was cited as a positive factor in those investigations.

The Community Police Review Board (CPRB) revisited the issue and found there was no clear data on whether the cameras reduce crime.

The CPRB did suggest several recommendations, including limiting the amount of time the camera data could be saved (15 days), additional accountability to the Po-

lice Auditor, adding more training for officers, additional verification before action could take place, and prohibiting the cameras from being used in the invasion of privacy or immigration cases.

While several public comments were concerned about civil liberties and potential police misuse of the video from dashboard and license plate reader cameras.

Former mayor Pauline Cutter and the San Leandro Chamber of Commerce spoke in support of both types of cameras.

Katz-Lacabe Question Effectiveness of Cameras

San Leandro resident Mike Katz-Lacabe said he was disappointed by the lack of data to justify why 41 more cameras were needed and how effective the existing 41 cameras were.

"Instead, what we got was some numbers on the current cameras but without any context data," Katz-Lacabe said. "How was it before the cameras were installed? I'm sure we were solving crimes then and arrest-



41 of these cameras were installed earlier this year, and now another 41 will be placed at intersections around town.

ing people. What is the difference? How do we compare to other cities, both with and without cameras? As the interim chief stated when I asked

about the basis for the decision, he said it was because he was now the chief. That's not based on data, not based on analysis."

2023: Girl Scouts make project for schools; pedestrians killed by cars

continued from page 3

- The Planning Commission okays building a 5-story, 180-unit apartment building downtown at the corner of Davis and East 14th streets. The building will be across the street from another project, Centro Callan, currently under construction.

- Alameda County issues a state of emergency to help secure funding to assist more than 9,700 unhoused people in the East Bay.

- Three Girl Scouts make a project of improving the availability of menstrual products at schools, and to help their peers avoid embarrassment and gain confidence as they cross the threshold of puberty.

October

- United States Senator Dianne Feinstein died and she was remembered by former San Leandro mayor Ellen Corbett who said Feinstein was a friend to San Leandro and California cities

in general. "Dianne Feinstein was the first woman mayor of San Francisco and she called to congratulate me when I was elected," Corbett said.

- In the span of 10 days, two people are found shot and killed in the same parking lot of 24-Hour Fitness at Bayfair Mall. Police believe both victims were living in their cars. Police later arrested a suspect for both murders.

- The Arroyo High football team – at their homecoming game – upsets previously undefeated Alameda High, 34-14

- A 74-year-old woman was struck and killed by a car as she crossed Springlake Drive. Residents say there's a lot of speeding on the street.

- Women firefighters from across the country improved their skills at the Alameda County Fire Department's training facility in San Leandro.

November

- The Chamber of Com-

merce appeals to the mayor to do more to prevent crime. Business owners said not only are they taking losses, but they're afraid they might lose employees who've had cars stolen and broken into.

- Congressman Eric Swalwell holds a cybersecurity forum to help small businesses protect themselves.

- The City of San Leandro buys the Nimitz Motel and plans to turn it into a homeless navigation center.

- San Leandro High students hold a mass walkout in support of one of their two co-principals, Ronald Richardson, who was removed from his position by the school district. Many students and teachers said he was unfairly accused and removed. The school district said he was removed for "inappropriate behavior" and for "failure to uphold student safety."

- A 56-year-old man was struck and killed as he walked across Hesperian Boulevard in San Lorenzo. A driver was later arrested for felony hit-and-run and vehicular manslaughter.

- The City Council approved the construction of a new warehouse at a vacant lot at 14143 Washington Avenue.

December

- A crowd turned out for the annual "It's a Wonderful Night" holiday festival in downtown San Leandro with music, dancing, food and crafts.

- A resident of a mobile home at Trailer Haven on East 14th Street pays over \$1,000 monthly for the space for the trailer, but also is charged nearly \$600 a month for electricity, and \$260 a month for water.

- City Councilwoman Celina Reynes resigns in the first year of a 4-year term, citing the need to "prioritize my own well-being and that of my newborn daughter."

- Two suspects are arrested

in the shooting death of barber Jonathan Clay in a robbery at the Harrison Brothers Barber Shop on East 14th Street.

- A four-story apartment project that would have revitalized San Lorenzo is postponed due "rising interest rates and construction costs."

- The Roosevelt Dad's Club collects toys at bins at the school and delivers the goods to Fire Station No. 9 for the firefighters' annual toy drive.



TIMES FILE PHOTO

Danny Glover came to San Leandro at the invitation of City Councilman Bryan Azevedo and stopped by to meet city employees at City Hall.



PHOTO BY LINDA SANDSMARK

A fire gutted the abandoned Harbor Master's Office at the San Leandro Marina on Wednesday morning. The fire department hasn't yet determined the cause of the fire.

Fire Guts Harbor Master's Office at SL Marina

The abandoned Harbor Master's office at the San Leandro Marina burned down on Wednesday morning.

The Alameda County Fire Department arrived at the building on Mulford Point Drive at 8:30 a.m. as the build-

ing was engulfed in fire. A large plume of smoke could be seen from as far away as the Oakland Airport.

The building is expected to be a total loss, according to the fire department. Although the marina is planned to be

completely rebuilt eventually. The cause of the fire is under investigation.

The fire department, California Department of Fish and Game and the Coast Guard were on the scene throughout the morning.

Test: 8th graders: 41 percent meet standard in English, 22 percent in math

continued from page 2

Among San Leandro 4th graders, 36 percent met or exceeded state standards in English, while 34 percent met or exceeded state math standards.

Statewide, 44 percent of 4th graders met or exceeded state standards in English, while 41 percent of students statewide met or exceeded state Math standards.

Among San Leandro 8th graders, 41 percent met or exceeded state standards in English, while 22 percent met or exceeded state Math standards.

Some 46 percent of Cal-

ifornia's 8th graders met or exceeded state standards in English while 30 percent of 8th graders statewide met or exceeded state Math standards.

Among San Leandro 11th graders, 39 percent met or exceeded state standards in English, while 15 percent met or exceeded state math standards.

Statewide, some 55 percent of 11th graders met or exceeded state standards in English, while 27 percent of students statewide met or exceeded state math standards.

Any comparison with students statewide includes some districts more affluent and

some more economically challenged than San Leandro, and those factors can affect student achievement.

Some 74 percent of San Leandro students are socioeconomically disadvantaged, by official definition, for instance, compared to 62 percent of students statewide. San Leandro has a higher percentage of English learners than does the state, at 26 percent, but a lower percentage of foster youth.

In most of the results, San Leandro students did a little better than students in the surrounding districts of San Lorenzo, Hayward and Oakland, while not doing as

well as students in Castro Valley. Fewer students were socioeconomically disadvantaged in Castro Valley compared to San Leandro, while similar numbers were in the other three neighboring districts, compared to San Leandro.

San Leandro students have some catching up to do in the area of being prepared for college or a career, according to the state test results that reflect what courses have been completed as well as test scores. In the latest figures, some 34 percent of San Leandro students were prepared (in the state's "low category"), while statewide some 44 percent

were prepared ("medium").

In the last full year before the pandemic, 2018-19, San Leandro students were 44 percent prepared, only a fraction of a percent below the statewide average then.

The state test results for San Leandro, as well as other nearby and statewide districts, can be seen at the state education department's California School Dashboard website, www.caschooldashboard.org.

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EMILY GRIEGO, CEO
San Leandro
Chamber of Commerce



GUADALUPE GONZALEZ,
Member Services
Program Manager
San Leandro
Chamber of Commerce



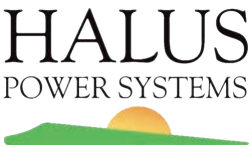
SOFIA GONZALEZ
Administrative Assistant
San Leandro
Chamber of Commerce

San Leandro Chamber of Commerce
CELEBRATING 100 YEARS



As we close out our 100-year anniversary, we reflect on a century of shared successes, growth, and resilience. Each member has played a pivotal role in shaping our collective journey, and together, we've weathered challenges, embraced innovation, and fostered enduring connections. This anniversary is a testament to the unwavering commitment and dedication of every member, the strength of the community and the countless collaborations, partnerships, and friendships that have defined the organization. Here's to the next century of success, innovation, and camaraderie. Thank you for being an integral part of the extraordinary journey of the San Leandro Chamber of Commerce. Cheers to 100 years of excellence and to the countless milestones yet to come!

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