

YEAR 32

WEDNESDAY, AUGUST 12, 2020

NO.33

INSIDE YOUR FORUM

NEWS



Rash of Thefts The County has been recording a rise in thefts of a specific car part Page 2

HEALTH

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Give Blood The Red Cross has an emergency shortage of convalescent plasma Page 7

NEWS



Mounting Need Needs at South Hayward Parish Food Pantry are growing every week Page 11



PHOTO BY STEVE GRODIN NO KIDDING: The Grodins looked out the window one morning to a herd of goats eating everything in their backyard, so Steve Grodin began taking pictures.

FNTA

By Jim Knowles CASTRO VALLEY FORUM

the shade and looked out.'

hills for years. They were around Mary and Steve Grodin woke up the fire trail that leads up to the came right away," Grodin said. one morning last week to a sound Dunsmuir House, but they seem to in their Sheffield Village backyard. have decided they liked the plants "I was just getting up and my better in Grodin's yard. husband said, 'Did you hear that?" "I think if one came through, the said Mary Grodin. "So I pulled up

rest followed," Grodin said. "They eat everything, at least everything A herd of goats had taken over low.'

Goats have been used to clear the backyard and will replace the the grass and other plants in the Grodin's plants. "They were really nice, they

Grodin retired a few years ago from her company, Grodin Financial Services, which her son David

runs today. Grodin also called her son that morning to tell him about the backyard visitors.

Have Family Talk About COVID-19

By Michael Singer CASTRO VALLEY FORUM

The time is now to talk to your family about your concerns about COVID-19 and not just how to prevent infection or slowing the Nicholas Moss, Alameda Coun-

bers can talk with each other about to know which of those exposures COVID-19 because the actions might be the most important." that people take are protecting themselves, but they are also pro- to discuss with family and friends tecting their families, their neighbors, and their communities," Dr. Moss told The Forum.

The health advice for everyone continues to include wearing face coverings, keeping social distances from each other, washing hands, and staying home if you are sick. But in a phone interview, Dr. Moss adds that talking about all facets of the pandemic is important with families because the infection rates are now higher in younger people in their 30s--twice the amount of those infected compared to those in their 50s and older.

"When we look at where the infections are happening, we also look at the activities those people participate in," Dr. Moss said. 'Maybe they are going to work, or perhaps they are hanging out with friends in small gatherings. Or, spread of the coronavirus, says Dr. maybe they are doing errands out and about for their family. Without ty's interim Public Health Officer. more studies that are beyond the "It's great when family mem- capacity of most counties, it's hard

Dr. Moss says it is also good their personal thoughts about the see COVID on page 11

Castro Valley Confirmed Cases = 364

Alameda County Confirmed Cases = 12,786Deaths = 201

California Confirmed Cases = 561,911 Deaths = 10,359

as of August 10, 2020

MAC Board OK's A lot of the backyard plants away at everything in sight. The goats apparently broke through. A lot of the backyard plants will have to be replaced, but Gro-din said she doesn't mind. The couple of boards in the fence and the whole herd came through. A lot of the backyard plants and herded the goats out of the said, 'Okay, fine.' I think he just thought there were one or two goats in the yard,"Gro-din said. "And then I sent him the picture and he went, 'Holy Cow." A lot of the backyard plants in said. "And then I sent him the picture and he went, 'Holy Cow."

INDEX

Classified Ads8
Crosswords
Health & Fitness7
Homes6
Horoscope 10
Merchants 4
Obituaries 10
Opinions 10
Our Town 3
Weather 2
PHONE: (510) 614-1560

Trash Woes at Lake Chabot

By Linda Sandsmark CASTRO VALLEY FORUM

Castro Valley's scenic Lake Chabot Regional Park is being overwhelmed by trash due to an apparent increase in visitors who don't clean up after themselves.

"Our staff is doing more garbage collection than we've ever done, but we need the public's help," says Dave Mason, spokesman for the East Bay Regional Park District.

The park has seen an approximate doubling of its typical num-



PHOTO COURTESY OF FRANK HARO ber of visitors during the current A WALK IN THE PARK: Hiker Frank Haro picks up bags of see LAKE on back page trash every time he visits Lake Chabot Park.

By Amy Sylvestri CASTRO VÁLLEY FORUM

(MAC) approved a permit for the the general public to offer input. other matters.

ing operation of the Health Day a 17,833-square-foot parcel at Spa at 20660 Redwood Road. The 20934 Francis Street into two Spa, which shares a parking lot smaller residential parcels. with Wells Fargo in a strip mall, has been operating since June of modeled and a shed would be de-2013. Health Day Spa has a four- molished to allow for an additional chair foot massage room, four home and setbacks from the street massage rooms, and a facial room. would be reduced. Since the COVID-19 shutdown, both the MAC's land use

and general purpose meetings have been held via internet and phone and there have been some In its first meeting on land use in technical hiccups, but the meetings over two months, the Castro Val- still provide an opportunity for the ley Municipal Advisory Council MAC to make decisions and for

continued operation of an existing The public voice was heard massage facility and tabled two in the decision to continue discussion of an item which would The MAC approved the ongo- have allowed the subdivision of

An existing home would be re-

Neighbors checked in via Zoom see MAC on page 11 High 79° Low 57°

Almanac

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Aug 12-16, 2020 Castro Valley Weather



Thursday Mostly Sunny High 82° Low 58°

Sun sets at 8:06 p.m. today, rises at 6:23 a.m. Thursday.

Friday Sunny & Hot High 90° Low 62°

Past Week's Rain: 00.00

Season To Date: 08.54

Normal To Date: 21.22

Season Average: 21.22

Mostly Sunny High 86° Low 62°

Moon Phases

Saturday



Sunday

Mostly Sunny

High 85° Low 63°

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Charles Gilcrest Dies

Eden Health District Board member Charles Gilcrest, who championed access to healthcare for the underserved members of the community, passed away on Monday, August 3 from complications due to a heart attack he had suffered. He was 64.

Gilcrest was a lifelong resident of San Leandro and was involved in that city's politics as a consultant for most of his life. He was a member of many civic and government organizations, and served of the Eden area and his beloved as an advisor for several mayors and city councilmembers.

"Charles Gilcrest was a dedicat- trict Chief Executive Officer. ed public servant and dear friend

School Board Meets Today

is available at www.cv.k12.ca.us/. press #.

Charles Gilcrest

city of San Leandro," said Mark

Friedman, the Eden Health Dis-

Rotary Club Virtual Meeting

by Zoom from noon to 1:30 p.m. District. on Tuesday, Aug. 25, when Mark

Valley Rotary Club will take place club members on the work of the

Friedman, Executive Director of at castrovalleyrotary.org.



The next meeting of the Castro Eden Health District, will update

More information is available



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By Michael Singer CASTRO VALLEY FÖRUM

A recent rash of thefts is putting neighbors on alert. The thieves' target: catalytic converters, part of the exhaust system underneath cars.

Alameda County has been recording a rise in car-part thefts over the last year. Fremont Police arrested two men in June and found a half dozen catalytic converters in their possession. Berkeley Police are looking for three suspects in a string of catalytic converter thefts back in May, and have reported more than 20 related thefts since 2019. Livermore Police similarly recorded 25 thefts since last year.

A catalytic converter helps convert harmful exhaust gases into inert gases, such as carbon dioxide and water vapor. Mandatory in automobiles since 1975, the device is attached to the exhaust as close to the outside looks uninteresting, inside are recyclable metals including platinum, palladium, and

While thieves typically target trucks and SUVs because they have a higher clearance and are easier to get underneath, sports cars and commuter cars like the Toyota Prius are also susceptible to theft.

"It's scary when it happens to you and it's not nice. I wish these people would not steal from others," Manuella Tucker, a Castro Valley caregiver who works with children with mental disabilities, told the Castro Valley Forum.

Tucker's Prius was the target of catalytic converter theft back on August 4 from a home driveway on Proctor Road. She has since replaced the device. But at a cost close to \$3,000 (with deductible) in some models, being the target of this type of theft can derail most family budgets.

"I work very hard for my money and this is my tool for work," see THEFTS on back page

FILED JUNE 24, 2020 MELISSA WILK County Clerk ALAMEDA COUNTY By, Deputy FILE NO. 570980
FICTITIOUS BUSINESS
NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930 The name of the business(es): Country Woods Stables located at 5833 Blue Bird Ct., Castro Valley, CA 94552, in Alameda County, is hereby registered by the following owner(s): (1) Courtney Orzen and (2) Chris Orzen, 5833 Blue Bird Ct., Castro Valley, CA 94552. This business is conducted by a married couple. This business commenced 6/1/2020.
/s/ Courtney Orzen, Chris Orzen This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires JUNE 24, 2025 JULY 22, 29, AUG 05, 12, 2020

Gene Osofsky

Carl Medford

Terry Liebowitz

Debbie Tee

Linette Escobar

Thomas Lorentzen

Buzz Bertolero

Bruce Roberts

274-CVF



PHOTOS PROVIDED BY ART, INC.

Just one of the many local artworks currently being displayed online during this year's third virtual show by members of A.R.T., Inc.

A.R.T., Inc. Virtual Art Show

Fifty-two local artists have Information, including the art- Adobe Art Gallery in Castro Valsubmitted their creations for vir- ists' names, types of art, and sales ley. The organization promotes art Inc.'s third online art show. To the individual pieces. view the show, visit photos.app. goo.gl/5vC3JjmjZtL5nQdD8.

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tual display this month for A.R.T., prices are displayed by clicking on by encouraging artists to exhibit Sunday, August 9: at 1:41 p.m., their work. A.R.T., Inc. was founded in For more information, visit 1984 by a group of artists at the www.artinc.org.

Woerz Announces Run for School Board

Kristy Dooman Woerz, who re- ers and parents face with children The election will be held Nov. 3.

Woerz was a Castro Valley Spe- be successful." cial Education teacher and also served as a program specialist with were "Inclusion of diversity in the District.

dealt with distance learning last ernance and District policies." spring as a result of COVID-19, Woerz has been endorsed by Woerz said in a press statement, the Castro Valley Teachers Asso-"I recognize the challenges teach- ciation and Supervisor Nate Miley.

tired in June after 30 years with the learning remotely and dealing Castro Valley School District, an- with technology. This will help in nounced her candidacy for the Cas- developing solutions to our new tro Valley School Board on Friday. pandemic reality and insuring the children in our diverse community

Listed among her priorities curriculum and District policies" As a teacher who personally and "Transparency in Board gov-



Kristy Dooman Woerz

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM

Attempted Arson, Assault with a Deadly Weapon

Monday, August 10: at 4:11 a.m., Saturday, August 8: at 7:54 a.m., Sheriff's deputies arrested a deputies arrested a 40-year-old 49-year-old man from Castro Val- man as part of a warrant issued ley on suspicion of assault with a for his capture. The man was at deadly weapon, assault on a fam- a home on Dolores Street near ily member, and attempted arson. Grove Way when deputies served Fire crews responded to a blaze at the warrant for an unknown prea home on Clifton Way near Carl- vious charge. Deputies report the wyn Drive. Deputies reported the man had an illegal knife, illegal man assaulted the family member narcotics, and related drug parain the home and set a fire in the home during the altercation. The man was taken to Santa Rita Jail.

Joy Ride Ends in Arrest Sunday, August 9: at 12:48 p.m., two women from Castro Valley were arrested on suspicion of 28-year-old were handcuffed and ties took the man into custody. taken to Santa Rita Jail.

Pipe for Smoking **Drugs in His Pocket**

deputies arrested a 26-year-old man with no permanent residence on suspicion of possession of illegal drug paraphernalia. The man was loitering in front of a business in the Castro Village Shopping Center when deputies stopped him for questioning. The man revealed that he had been taking drugs and still had a pipe in his pocket. The man was taken into custody.

Intoxicated at a Gas Station Sunday, August 9: at 12:04 a.m., a 29-year-old man from Castro Valley was arrested on suspicion of public intoxication. Deputies spotted the man hanging outside a gas station on Castro Valley Boulevard near Redwood Road. The man failed his field sobriety test and was taken to a sobering center. Wanted Man with Drugs, Weapons

phernalia. The man was taken to Santa Rita Jail pending bail.

Partier Drank Too Much

Friday, August 7: at 5:20 a.m., a 21-year-old man from Castro Valley was arrested on suspicion of public intoxication. Deputies repossession of and driving a stolen sponded to a report of a loud party of possession of illegal narcotcar. Deputies pulled over the pair on Princeton Place near Pineville ics. Deputies stopped the man for on Castro Valley Boulevard near Circle. When they arrived, a man questioning at the intersection of Strobridge Avenue following a re- reportedly had been making noise Center Street and Castro Valley port of a vehicle stolen. The driv- in front of the home. The man Boulevard when they discovered er, a 29-year-old and passenger, a failed his field sobriety test. Depu- his stash. The man was taken into

Three Busted for **Breaking into Business**

Thursday, August 6: at 7:34 p.m., deputies arrested three people with no permanent residence on suspicion of breaking and entering a business on Redwood Road near Grove Way. A silent alarm sent deputies to the building. Each suspect was additionally charged with possession of illegal narcotics and associated drug paraphernalia. A 46-year-old woman, a 30-year-old woman, and a 25-year-old man were taken into custody.

Illegal Narcotics

Thursday, August 6: at 12:15 a.m., a 32-year-old man from Castro Valley was arrested on suspicion custody.



WEAR YOUR MASK



P03 OUR TOWN 08-12.indd 1

8/11/20 3:55 PM

4 CASTRO VALLEY FORUM Wednesday, August 12, 2020



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The Castro Valley Forum Community Newspaper.

China Garden *

El Rancho Steak House *

Dougs Place *

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The Cheese Steak *

*Open for TAKE OUT ONLY

<u>East Bay Living</u>

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Celebrating the Prolific Zucchini

lthough the Annual Hayward Zucchini Festival is on hiatus this year, the 2020 zucchini harvest certainly is not, as any backyard gardener can tell you.

So here is the Forum's annual roundup of recipes for some tasty ways to make use of this year's crop.

FUDGY CHOCOLATE ZUCCHINI CAKE

2 cups all-purpose flour 2 cups sugar

- 3/4 cup unsweetened cocoa powder
- 2 teaspoons baking soda
- 1 teaspoon baking powder
- 1/2 teaspoon salt 1 teaspoon cinnamon
- 4 eggs
- 1-1/2 cups vegetable oil
- 3 cups grated zucchini
- 3/4 cup chopped walnuts

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Preheat oven to 350°F. Grease and flour a 9x13 inch baking pan. In a medium bowl, stir togeth-

er the flour, sugar, cocoa, baking soda, baking powder, salt and cinnamon. Add the eggs and oil, mix Yields about 18 servings.



Moist and fudgy Chocolate Zucchini Cake

well. Fold in the nuts and zucchini until they are evenly distributed. Pour into the prepared pan.

Bake for 50 to 60 minutes in the preheated oven, until a knife inserted into the center comes out clean. Cool cake completely if you plan to add your favorite frosting.

ZUCCHINI OVEN CRISPS

1/4 cup dry breadcrumbs

1/4 cup (1 ounce) grated fresh Parmesan cheese 1/4 teaspoon seasoned salt

1/4 teaspoon garlic powder 1/8 teaspoon freshly ground black pepper

2 tablespoons fat-free milk 2 1/2 cups (1/4-inch-thick) slices zucchini (about 2 small) Cooking spray

Preheat oven to 425°.

Combine first 5 ingredients in a medium bowl, stirring with a whisk. Place milk in a shallow bowl. Dip zucchini slices in milk, and dredge in breadcrumb mixture. Place coated slices on an ovenproof wire rack coated with cooking spray; place rack on a baking sheet. Bake at 425° for 30 minutes or until browned and crisp. Serve immediately. Yields four 3/4-cup servings.

SKILLET ZUCCHINI & TOMATOES

1 teaspoon soft margarine 2 small onions, chopped 4 small (6 inch) zucchini, thinly

sliced 2 medium tomatoes, chopped Freshly ground pepper

In a large nonstick skillet, melt margarine over medium heat, add onions and cook, stirring, until softened. Add zucchini and cook for 2 minutes. Add tomatoes and cook for 3 to 5 minutes or until zucchini is tender-crisp. Season to taste with pepper. Serves 4.

ZUCCHINI-ROSEMARY MEATLESS FRITTATA

- 1 tablespoon olive oil
- 1 clove garlic, minced
- cups zucchini, halved 2 lengthwise and thinly sliced
- 4 large eggs
- 2 egg whites

1/4 teaspoon salt, divided 1/4 teaspoon pepper, divided

1/2 teaspoon chopped fresh

- rosemary ounces Parmigiano
- 2 Reggiano, grated

Preheat the oven to broil. Heat oil in a skillet over medium-high heat; add garlic, cook for 1 minute but don't let it brown. Add zucchini; cook 5 continuously. Season with salt

and pepper. Meanwhile, whisk together the and season with salt and pepper. Pour the egg mixture over the zucchini and cook, just until the eggs begin to set, about 3 minutes.

top. Place pan under the broiler for ately, or let cool, and refrigerate in 3 minutes or until the frittata rises an airtight container until chilled. slightly and becomes light and set- Garnish with toasted almonds. tled. The eggs should not be runny. Yields 4 servings.

Cut into pie-shaped wedges, and serve. Yields 4 servings.

CURRIED ZUCCHINI SOUP

- 1 tablespoon olive oil
- medium onion, chopped Salt
- 2 garlic cloves, minced
- 2 teaspoons curry powder 3 medium zucchini, sliced 1
- inch thick
- 1 Russet potato, peeled and cut into 1-inch chunks 1/3 cup sliced almonds.

toasted, for garnish

Heat oil in a large saucepan over medium heat. Add onion and 1 tablespoon salt; cook, stirring occasionally, until the onion is soft, 4 minutes or until tender, stirring to 5 minutes. Add garlic and curry powder; cook, stirring constantly, until fragrant, about 1 minute.

Add zucchini, potato, and 4 eggs, egg whites, and rosemary, cups water. Bring to a boil; reduce heat, and simmer until vegetables are tender, 10 to 15 minutes.

In batches, puree soup in a blender (do not fill more than half-Sprinkle cheese evenly over the way) until smooth; serve immedi-



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P06 HOMES 08-12.indd 1

REAL ESTATE GALLERY

REAL ESTATE REAL By Carl Medford, CRS GUEST COMMENTARY

Buyer Love Letters May Violate Fair Housing Laws

dded to offers by buyers hoping to tug on a seller's heartstrings and win

in multiple offer situations, "Buyer Love Letters" have become commonplace. These letters frequently provide details about the buyers and list the reasons they would love to own the home in question.

Problem: They could constitute a violation of our nation's fair housing laws.

At the heart of the issue is the potential for discrimination based on a letter's contents. HUD's website* states, "It is illegal to discriminate in the sale or rental of housing, including against individuals seeking a mortgage or housing assistance, or in other housing-related activities. The Fair Housing Act prohibits this discrimination because of race, color, national origin, religion, sex, familial status, and disability.

In other words, a seller cannot decide who does or does not get to buy their home based on any of the characteristics included in the fair housing laws. Yet many buyer letters not only provide personal information, they include pictures clearly

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portraying sex, race, familial status and even, in some cases, religious orientation or even disabilities.

As an example, if it can be determined that, from a pool of equally qualified buyers, a seller chooses a young family to purchase their home and excludes a single person's offer based on a desire to have a family occupy their home, then it is reasonable to suggest that fair housing laws have been violated.

The issue is twofold. First, a buyer *is* allowed to write a letter stating what they like about the home on which they are writing an offer. They should not include personal details that could *ing Association*. be construed as attempting to sway a seller based on any of the forbidden fair housing criteria.

Second, a seller is not allowed to decide on who buys their home based on any criteria other than financial ability. They cannot, as an example, reject a buyer based on race. When receiving a buyer letter with an offer package, the listing agent, on behalf of the seller, should consider whether the buyer's letter constitutes a violation of the fair housing laws and

possibly exclude the letter from the package

It is a tricky issue. While buyers want their letter to separate them from the rest of the pack, sellers must be very careful they do not base their decision on any criteria that could be construed as a violation of the law.

*https://www.hud.gov/ program_offices/fair housing equal_opp/fair_housing_rights_ and_obligations

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Market-



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Another Beautiful Cathy **Brent Team Home!**

Model Perfect describes this updated 1,032 sq ft, 3 bedroom, 1 bath home w/2 car garage. Upon arrival at the property you will see the newly landscaped front yard w/sprinklers, all new exterior paint &



2312 Vegas Ave., Castro Valley CA • \$675,000

dual pane windows. Once inside you will find the gleaming, newly refinished hardwood floors throughout, new interior paint, formal living room w/fireplace, updated eat-in kitchen, quartz counters w/new tile backsplash, sink, dishwasher & stove. Remodeled bathroom w/shower over tub w/quartz surround, tile flooring, new vanity & light fixture. Two of the 3 bedrooms have access to the covered deck & yard, great for entertaining, gardening, relaxing or play. Centrally located, close to Bart, 580 freeway, transportation, shops, restaurants & schools. Visit a Virtual Tour @ http://listings.nextdoorphotos.com/2312vegasave



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By Buzz Bertolero be burying the trees. The soil Special to the Forum will build up on the backside or Why would my fruit the downward slope at the tree trees stop producing? trunks. You will need to remove They were productive, all the excess soil annually, down but not now. to the top of the first root, and then channel the water away from

Deciduous fruit trees, plums, cherries, peaches, and others, fail to bear fruit because of aggressive pruning during the winter months that removes the fruiting spurs and the spring bloom. Trees must flower so pollination can occur, causing the fruit to set.

The chief pollinators of fruit trees are honey bees. There have been periods when damp, wet conditions during flowering grounded the bees, so the fruit set was very poor or none at all. This year the conditions were not adverse.

Another consideration is the overall health of the trees, measured by the lack of – or little - new growth and dieback in the canopy. This decline occurs over a series of winters. You might find that sections or branches don't break dormancy or die during the

growing season. The slope may be contributing to the problem as soil erosion during the winter months could

The frequency of watering after the rainy season is the final consideration. Except for apples and pears, deciduous fruit trees are not watered more than twice a month. The early stages of dormancy begin after Labor Day, so you stop watering altogether. A large basin should be

the crown or base of the trees,

then mulch the area under the

canopies.

constructed each spring and then removed in the fall. They should be six to eight inches tall and extend from the trunk to beyond the canopies.

With a slope, the front side of the basin will be much higher than the back. Wet winters and excessive summer watering leads to root rot that doesn't show up until the following year as dieback.

to fail to bear fruit is because the trees are too young, trees were started from a pit, frost occurred during the blooming period, or varieties not suited for your area.

ΚW

KELLERWILLIAMS.

This is my first attempt at growing potatoes. How would I go about fertilizing them?

Potatoes don't require frequent fertilizing. Ideally, you should premix the fertilizer into the soil you're using to raise the soil level as the potatoes grow. Use a low nitrogen Vegetable Food as overfeeding will affect the yield.

I'm assuming you used storebought potatoes. The yield will be unpredictable as they are treated with a chemical to prevent or

Mortgage Rates Drop To Yet Another Low

The average rate for 30-year mortgages dropped again last week to 2.88 percent, the lowest rate in the survey's history dating back to 1971. It was the eighth record low this year, according to mortgage-buyer Freddie Mac. A year ago at this time, the

long-term fixed-rate mortgage averaged 3.60 percent.

Fifteen-year fixed-rate mortgages averaged 2.44 percent, down from 2.51 percent the previous week.

Five-year hybrid adjustable-rate mortgages (ARMs) inhibit the eyes from spouting. You'll get a better crop with seed potatoes. They're available online, and at garden centers January through March. Potatoes are ready to harvest in about 180 days.

Buzz Bertolero is an Advanced California Certified Nursery Professional. The Dirt Gardener's website is www.

dirtgardener.com and questions can be sent by email to buzz@dirtgardener. com or on Facebook at Facebook. com/Buzz.Bertolero



averaged 2.90 percent, down from 2.94 percent.

"The resilience of the housing market continues as mortgage rates hit another all-time low, giving potential buyers more purchasing power and strengthening demand," said Sam Khater, Freddie Mac's Chief Economist. "We expect rates to stay low and continue to propel the purchase market forward. However, the main barrier to rising demand remains the lack of inventory, especially for entry-level homes.'

The **Esmeyer** Team Shamrock Realtors - Going Above and Beyo James Esmever, Broker Associate - DRE#01363681 (510) 909-8344

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94546: \$610,000 3 BD - 1,098 SF - 1953 2773 Betlen Court 3638 La Costa Avenue 94546: \$880,000 3 BD - 1,336 SF - 1987 94546; \$938.000 4 BD - 2.188 SF - 1968 4793 Noree Court 16938 Columbia Drive 94552:\$1,167,0004BD-2,139SF-1987 16990 Brierly Court 94546:\$1,650,0004BD-3,108SF-1973 TOTAL SALES: 5 LOWEST AMOUNT: \$610,000 MEDIAN AMOUNT: \$938,000 HIGHEST AMOUNT: \$1,650,000 AVERAGE AMOUNT: \$1,049,000 San Leandro 16193 Marcella Street 94578: \$400,000 3 BD - 1,249 SF - 1947

15025 Thoits Street 94579: \$650,000 2 BD - 1,114 SF - 1951 14997 Edgemoor Street 94579: \$650,000 3 BD - 988 SF - 1950 1735 138th Avenue 94578: \$665,000 2 BD - 1,314 SF - 1947 1606 Oriole Avenue 94578: \$675,000 2 BD - 996 SF - 1920 399 Anza Way 94578: \$740,000 3 BD - 1,078 SF - 1954 825 Juana Avenue 94577: \$810,000 3 BD - 1,975 SF - 1910 964 Helen Avenue 94577: \$830,000 3 BD - 1,373 SF - 1923 15101 Shining Star Lane 94579: \$875,000 4 BD - 2,255 SF - 1997 TOTAL SALES: \$675,000

LOWEST AMOUNT: \$400,000 MEDIAN AMOUNT: HIGHEST AMOUNT: \$875,000 AVERAGE AMOUNT: \$699,444



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Other reasons for fruit trees



HEALTH & FITNESS

Spike in COVID Cases Causes **Emergency Shortage of Plasma**

The American Red Cross has sign up to give convalescent plas- different than summers past, one lifesaving treatment for patients with COVID-19. Demand for es increases across California and the U.S.

are now being distributed faster donation, COVID-19 survivors ing blood or platelets with the than donations are coming in.

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covered and received a verified virus. COVID-19 diagnosis are urged to

an emergency shortage of con- ma now by completing the donor thing remains constant: The need valescent plasma, a potentially eligibility form at RedCrossBlood. for blood donations to help save lives. The Red Cross is urging org/plasma4covid.

Convalescent plasma is plasma healthy individuals to give blood convalescent plasma has more that is collected from patients who than doubled over the last month have recovered from an infection as the number of coronavirus cas- and have antibodies that might help fight that infection – in this case, those who have fully recov-Convalescent plasma products ered from COVID-19. With each have a unique ability to help up Individuals who have fully re- to three patients recover from the

Though this summer may feel

sential now to meet patient needs.

Online Cancer Support Group Workshops

Eden Medical Center is partnering with the Look Good Feel a complimentary make-up kit in Better Foundation and the local advance of the workshop. Regis- Center will be held virtually from Cancer Support Community in of- tration at least two weeks in adfering cancer support groups and vance is required to allow time for 20. To register, and to obtain the cancer-related classes and workshops online in a virtual format.

cost to participants.

Better Live!" virtual workshop where you will receive instruc- home. tions and tips for dealing with appearance-related side effects of at: cancer treatment, during a onehour, online workshop.

Each participant will be mailed ty workshop - Yoga for Self-Care delivery.

A one-hour class in the use of These activities are offered at no wigs and other head coverings will 925-933-0107 or online at www. be included in both workshops cancersupport.net. You can also Sign up for a "Look Good Feel with the instructor answering your check out other online support questions from the comfort of your

Find and register for classes ance-partner-virtual-workshops/ The Cancer Support Communi- 727-2718.

- sponsored by Eden Medical 5:30-6:45 p.m. on Thursday, Aug. online link to the class, contact Cancer Support Community at groups and wide range of virtual classes on the website.

to restock the shelves for patients

battling disease and facing the un-

Since the beginning of the pan-

demic, people across the country

have stepped up to help by giv-

Red Cross. Blood donations from

healthy individuals are just as es-

see PLASMA on page 11

expected.

For any questions or suggeslookgoodfeelbetter.org/alli- tions, please contact Eden Medical Center Tumor Registry at 510-

Low-Cost Senior Lunches

Take-away low-cost lunches are available curbside for seniors 60 and over at United Methodist Church, 19806 Wisteria St. in Castro Valley on Tuesdays and Fridays from noon to 12:30 p.m. A donation of \$3.75 per meal is suggested. Participants must be registered for the program at www.SpectrumCS.org (or, pickup a registration form on-site). Please call 3 business days in advance to 510-881-6768 and leave a message with your name, phone number, the day(s) you want to reserve a meal and the location.

Friday, Aug. 14 Menu: Herbed Chicken, Vegetable Blend, Wheat Rotini with Vegetables and Fresh Fruit Tuesday, Aug. 18 Menu: Chicken Cordon Bleu over Rice Pilaf, Green Beans, Peas & Onions, Seasonal Fresh Fruit

HARD's meal distribution, formerly at the Hayward Senior Center has moved to the Aitken Senior Center in Castro Valley. Other distribution sites are listed at www.SpectrumCS.org.



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ATHLETE OF THE WEEK

Paige Eickmann

Paige Eickmann is our Athlete of the Week. The Castro Valley High School Senior swam on the Castro Valley High School Swim Team for four years, as well as competitively for seven years.

Although this swim season was cut short, Paige was enjoying personal records and looking forward to potentially being invited to the Varsity Championship Swim Meet again.

Paige also grew up playing soccer for the Castro Valley Soccer Club for fourteen years. Paige managed to earn scholar awards, while keeping up with her sports, throughout high school. Paige plans to attend Sonoma State University in the fall.



CASTRO VALLEY INDEPENDENT SPORTS LEAGUE



SAFELY DISPOSE OF HHW



What is HHW?

Household Hazardous Waste (HHW) includes items such as paint, e-waste, garden chemicals, etc.

How can I safely dispose of HHW?

<u>Please do not pour HHW down the drain or place it in your</u> garbage carts serviced weekly. Safely dispose of HHW at a local HHW facility at no additional charge.

What HHW facilities are close to me?

Hayward, Livermore, and Oakland HHW facilities have reopened. Call (800) 606-6606 to make an appointment, or drop off at the Fremont location (no appointment needed).

For more information, visit cvsan.org/HHW.

Visit **selectmypath.org** for more zero waste tips.



CASTRO VALLEY SANITARY DISTRICT Effective Environmental Services since 1939 510-537-0757 | www.cvsan.org This ad was funded by Measure D

Wear Your Mask **Stop the Spread**

LETTERS TO THE EDITOR

must include writer's first and last names, phone number, city of residence, and must be under 300 words. Not all letters can be published. We reserve the right to edit as necessary. We do not withhold names or publish unsigned letters. Email letters to: fredz@ebpublishing.com or mail to: The Forum P.O. Box 2897,

Alameda, CA 94501.

Obituaries



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CASTRO VALLEY FORUM OBITUARIES may be emailed to: obits@ebpublishing.com or faxed to 510-483-4209. Include a phone number. For help, call Patrick Vadnais at 510-614-1558



TO THE EDITOR USA FREDZ@EBPUBLISHING.COM

A Giant 'Thank You' to Pam Russo

Editor: The Hayward Area Recreation District Foundation sends a giant "thank you" to Castro Valley's Pamela Russo for her six years of outstanding service as executive director of the Foundation.

Pam, who recently became a board member of the Eden Health District, has resigned her HARD Foundation position, effective Aug. 14. The Foundation, a non-profit that supports the programs and activities of the Hayward Area Recreation and Park District, has thrived under Pam's leadership.

Since she came aboard in 2014, the Foundation more than tripled its revenues from its annual golf tournament; helped spearhead the successful 2016 campaign for Measure F1, the \$250 million bond measure that passed with over 78 percent of the vote; and played an instrumental part in the building of Mia's Dream Come True Playground in Hayward, a pet project of Pam's.

HARD General Manager Paul McCreary, the HARD Board of Directors and members of the Foundation honored Pam at a recent Directors meeting, conducted on Zoom. It was announced that a permanent inscription recognizing Pam's contribution to the construction of Mia's Dream would be placed at the playground, which is designed specifically for special needs children.

All the HARD Foundation board members thank Pam for her remarkable leadership, wishing her all the best in the future, and also welcome Jacqui Diaz as the new executive director.

-Lowell Hickey, Castro Valley HARD Foundation President

Disheartened by Voices of Hate Editor:

Like Reginald Conner ("BLM Signs Defaced, Letters, July 1), I have experienced a sense of hope and pride as I see Black Lives Matter signs posted in my neighborhood.

I also feel a sense of hope with the important work the Castro Valley Community Alliance does to bring people together and foster greater community for all of Castro Valley regardless of backgrounds.

The rally by students to voice concern about violence against Black community members was also inspiring to see - Castro Valley youth willing to stand up for human rights.

Thus, it is incredibly disheartening and even somewhat threatening to hear people tearing down these voices. What does this mean about the safety of our Black and Brown community members? What does it say about me, as a white community member, and my responsibility is in this community to foster a sense of belonging for families and cultures that have not historically been welcome in Castro Valley?

NAWS

The swastikas, hate graffiti, and other acts of violence cannot be tolerated. At the same time, what subtle messages communicate exclusion to our community and neighbors?

I would like to thank Mr. Conner for both his letter, and his efforts to affirm the Black Lives Matter posting lifted by an unknown neighbor. I also call on other neighbors and community members to find ways of voicing support for our Black and Brown community members who are having to deal with these subtle, and not so subtle, aggressions on a weekly, if not daily basis. -Rebecca Toporek, Castro Valley

Just One of Life's Risks?

Editor:

Life is full of risks. We are willingly taking some risks to live a normal life.

Each time we start driving a car, we risk an injury and death, and perhaps even a worse outcome, killing, crippling an innocent victim of our mistake.

People working in factories, builders, etc., face a real danger of industrial accidents. Even office workers often experience stress that may cause stomach ulcers, cancer, etc. People willingly take risks for pleasure, like skiers.

Some people believe that we should all take vacation from life and stay at home until a vaccine is developed. But it may take years before such a vaccine is developed, and even then, it may not be fully effective - each of us experiences flu from time to time, even if taking flu shots.

In the meantime there are real costs to the economy, people experience huge, unhealthy stress of losing job and being unable to pay bills. Divorces, depression, drug abuse, alcoholism follows.

So, some people want to stay at home indefinitely, that's fine, this is their choice. But others want to live a normal life, I want to go to the hair dresser and have a good meal in a restaurant, despite the risks. —Slawek Smyl, Castro Valley

A's Fan Cutout Pays Off with a Mat Olsen Foul Ball Editor

My first A's game was with my family in 1973. The A's played the Indians and my favorite player was Joeº Rudi.

Since then I've gone to many, many games and never, ever got close to getting a foul ball or a home run at the Coliseum. The only time I've ever gotten a ball was when I was at Wrigley Field watching the A's and Cubs. We had left a little early (game was out of hand) and I was walking on Waverly Avenue behind the ballpark when a Cubs player hit a home run over the stadium, hitting the bus in front of me and landing pretty much right in front of me.

This foul ball (hit by Mat Olsen) is probably more important, because I had given up on getting a ball, and now living in Henderson, Nevada, I don't get to many games anymore.

The fact that my son (Max), brewery worker (Courtney) and my wife (Linda) bought an A's cutout as a surprise for me makes it even sweeter. It's nice to get some random good news in a time that we seem to be lacking much of it.

I haven't received the ball - I don't know when I will. Below is the picture of my cutout and Dave Kaval's tweet.

Great catch! Congrats to Richard Lovelady

Dave Kaval 📀 @DaveKaval · 2d

-Richard Lovelady, Henderson, Nevada

0 Keith Raymond Gorham

Keith Raymond Gorham passed away peacefully June 5, 2020 at home surrounded by his family at the age of 63 years. He was a devoted husband to Toni Gorham for 40 years, loving Father (Fajah) to Kelly Kerr (Josh) and Jamie Gorham. Adoring Papa to Peyton and Blake. Devoted son and son-in-law to Shirley and Dale Gorham and Shirley Fleming. Loving brother to Charlene Solis (Pat) and Richard Gorham (Kathy).

ED 1168 CR49



Keith was a lifelong resident of Castro Valley, and graduated from Castro Valley High School in 1974. He was an avid bowler at Castro Village Bowl for many years. In his younger years many a Friday/Saturday night were spent Bowling for Dollars with friends and family,

Keith also loved vacationing in Maui with Toni, relaxing and enjoying the beaches. He also enjoyed frequent trips to Reno with Toni and friends. Arizona was another favorite vacation spot, sharing good times with Toni and his parents Shirley and Dale.

He worked in the printing business for over 40 years and retired in 2018 after a long and productive career.

Keith was preceded in death by his parents Shirley and Dale Gorham, Aunty Dorothy and Uncle Joe Kappler, Auntie Dorothy and Uncle Jim Skinner.

He will be missed by his many nieces and nephews as well as great nieces and nephews, friends and family. Keith was a good Husband, Son, Father (Fajah), Papa, Uncle and friend and will be remembered ์ ด with affection and fondness. /(6)

Mary Florence: 510-861-3270 or Linda Nakhai: 510-915-1513 'RO VALLEY FORUM D PUBLISHED EVERY WEDNESDAY DELIVERED TO OVER 20,000 HOMES WWW.CASTROVALLEYFORUM.COM DEERCREEK **TOP RATED**

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CARONI

COVID: Data

continued from front page coronavirus because the remainder

of 2020 typically includes lots of social gatherings including holidays and renewed interactions following summer vacations.

"We know that COVID can quickly spread inside of a household," Dr. Moss said. "So it's good to talk now about how to keep socially distant--even having people sleep in different rooms and use different bathrooms."

While the number of infections in Alameda County is closing in on 13,000 cumulative cases and more than 200 deaths related to COVID-19, data gathered in the state has been underreported in the last two weeks, according to California Health and Human Services Secretary Dr. Mark Ghaly.

During the governor's briefing on Monday, the Secretary noted that electronic data systems for reporting case numbers and test results experienced "technology issues." The errors created a backlog of 250,000-300,000 records. And while Alameda County Public Health acknowledges the error, Dr. Moss says he is monitoring other data that does not rely on the state's information.

"I am closely monitoring the daily number of reported cases and the number of hospitalizations, including specific intensive care units."

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For those families suffering financially from COVID, County Supervisors approved measures last week to support someone diagnosed with COVID-19. The Supervisors unanimously approved a \$10 million pilot program that will pay 7,500 people a flat fee of \$1,250 but only if they stay home and self-isolate. The recipients must also not be receiving unemployment benefits or paid sick leave. They must also be referred to the program by a community clinic in the Fruitvale district of Oakland, the northern areas of San Leandro, or hot spots in the Hayward.

Earlier this summer, County Supervisors extended moratoriums on evictions until the end of the year.

MAC: Signs

continued from front page

and over the phone to tell the MAC they had misgivings about parking and density, among other issues

Although the mandated number of neighbors had been notified about the proposed project via postcard, the MAC ultimately listened to the speakers and asked that a wider section of property owners in the neighboring be notified and given an opportunity to speak before they make a decision on the project.

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The MAC also continued an application to replace wall signs at the Arco gas station and AMPM convenience store at 2770 Castro Valley Boulevard and to install LED gas price signage. The continuance was granted at the applicant's request and the matter will be placed on an upcoming agenda.



What's Up at Smalltown

• Tonight! Wednesday, August 12: Smalltown Takeover: March the 5ifth – Local DJ, March The 5ifth, is spinning records tonight at 9 p.m.! You can watch him live from the Smalltown Society Instagram page. IG: @smalltownsociety

Thursday, August 13th: Smalltown Takeover: Join local songwriter, Sara Perry, as she shares her music. Head to the Smalltown Society Instagram page: @smalltownsociety at 9PM to enjoy hearing her tunes!

• Saturday, August 15th: The Chabot is hosting its weekly Live Riff-along where you get the opportunity to watch a free movie, and also make fun of it in the comments! This week's film is the 1959 Monster film, "Attack of the Giant Leeches," and with an IMDb rating of 3.7/10, you know it'll be a great time! Head to thechabot.com or to The Chabot's Facebook page this Saturday at 8PM to join in on the fun!

• Monday, August 17th: Smalltown Takeover: Caitlyn Mae is a local songwriter who makes beautiful and ethereal music. Watch her perform live on the Smalltown Instagram page at 9p.m. IG: @ smalltownsociety

• Tuesday, August 18th: Smalltown Takeover: Nick Vivar is a local, self-produced indie musician who writes songs that reflect his views on spirituality, failure, and love, and he'll be performing live from Smalltown Society's Instagram page at 9 p.m.

Support The Chabot Theater: Online Gift Cards and Merch available at TheChabot.com. Donations to The Chabot can be made via PayPal/Venmo: @thechabot. Donations to Smalltown Society can be made via PayPal/Venmo: @smalltownsociety

HOROSCOPE by Salomé © 2019 King F

ARIES (March 21 - April 19): A previous misunderstanding continues to taint the atmosphere to some extent in the early part of the week. But cooler heads prevail, and the situation eases by week's end.

TAURUS (April 20 - May 20): While the artistic aspect of the Divine Bovine is well-served this week, that practical side is also getting the sort of recognition that could lead to a new and well-deserved opportunity

- GEMINI (May 21 June 20): With home-related matters taking on more importance this week, now could be the time to make some longdeferred purchases. But shop carefully for the best quality at the best price.
- **CANCER (June 21 July 22):** Congratulations. While that family problem might still rankle, it should be easing thanks to your efforts to calm the waters. Also, a workplace situation seems to be moving in your favor.
- LEO (July 23 August 22): The Big Cat's energy levels should be rather high these days, and you might do well to tackle any tasks that still need doing. This will clear the way for those upcoming projects.

VIRGO (August 23 - Sept. 22): Someone's criticism might not be as negative as you perceive. Actually, it could be helpful. Discuss the matter with your critic, and you both could learn something valuable.

LIBBA (Sept. 23 - October 22): A business matter could cause some friction among your colleagues. But once again, that logical mind N of yours comes to the rescue. And the sooner it does, the better!

SCORPIO (October 23 - November 21): There might still be some heated temper flare-ups out there. But your sensible self should advise you to stay out of these situations until things cool down and calm is restored

SAGITTARIUS (Nov. 22 - Dec. 21): Changing your mind could be the right thing to do if you can't resolve your doubts. You might want to discuss the matter with someone whose advice you trust.

CAPRICORN (Dec. 22 - Jan. 19): You still need to demand those answers to your questions. Remember, your wise counseling earns you 12-0 respect, but it's your search for truth that gives you wisdom

AQUARIUS (Jan. 20 - Feb. 18): An educational opportunity could lead to something other than what you had planned. But keep an open mind, and before you decide to turn it down, check it out.

PISCES (Feb. 19 - March 20): The Piscean wit and wisdom helps you work through a situation that might have been accidentally or even deliberately obscured. What you unravel could prove to be very revealing

Plasma: All **Blood Types** Are Needed

continued from page 7

Donation appointments can be made for the coming days and weeks by downloading the free Blood Donor App, visiting Red-CrossBlood.org, or by calling 1-800-733-2767.

Those who give blood, platelets or plasma, including convalescent plasma, through Sept. 3 will receive a \$5 Amazon.com Gift Card via email.

Blood Safety Precautions

To protect the health and safety of Red Cross staff and donors, individuals who do not feel well or COVID-19 should postpone their donation.

Each Red Cross blood drive and donation center follows the highest standards of safety and infection control, and additional precautions - including temperature checks, social distancing and face coverings for donors and staff - have been implemented to help support and eviction-relief during protect the health of all those in the COVID-19 crisis are still con- a.m. to noon Monday through Friattendance.

Donors are asked to schedule an appointment prior to arriving at the drive and are required to wear a face covering or mask while at the drive, in alignment with Cen- faith nonprofit, are growing every ters for Disease Control and Prevention public guidance.

sure a reliable supply for patients.



who believe they may be ill with Volunteers are needed by the South Hayward Parish pantry to help sort, pack and deliver food.

Needs at Food Pantry Growing Every Week

Negotiations over government There are two shifts: tinuing, with many local families day, and feeling even more uncertain and

insecure about the future. ward Parish Food Pantry, an inter- to 4:30 p.m. Monday through Friweek

Besides donations of food and All blood types are needed to en- money, the Parish needs folks If you can volunteer, please call to help pack and distribute food. Ralph at 510-372-7510.

• Sorting and Packing, from 8

• Drive-through distribution at the Outreach Center, 27287 Pat-The needs at the South Hay- rick Ave., in Hayward from 12:30 day.

Volunteers must be under 60 years of age. Teens are welcome.

NOTICE INVITING BIDS

Notice is hereby given that sealed bids will be received by the Castro Valley Sanitary District in their office located at 21040 Marshall Street, Castro Valley, CA 94546-6098, at any time prior to 2:00 p.m., on Thursday, August 27, 2020 for furnishing all labor, materials, equipment, and services for the construction of improvements designated as:

SANTA MARIA AVENUE AND REDWOOD ROAD REPAIR PROJECT, CVSan ANNUAL PROJECT (2018-02),

Bids will be publicly opened, examined, and declared on said day and hour, and will be referred to the CVSan Board of Directors for subsequent action.

A pre-bid conference will be held at 2:00 p.m. on Thursday, August 13, 2020 though virtual video conference. Please contact CVSan at 510-537-0757 ext. 109 for virtual video conference details.

All of said work is to be done in accordance with the Contract Documents, at the places and in the particular locations, of the form, sizes and dimensions and of the materials, and to the lines and grades and at the elevations as shown on the Plans and Specifications made and approved by CV San.

Physical copies of the Contract Documents will be available by mail from the Castro Valley Sanitary District, 21040 Marshall Street, Castro Valley, CA 94546 where they may be obtained for a non-refundable \$85.00 charge. Contract Documents mailing charges will be waived for this project.

Each Bid must conform and be responsive to the invitation, the Plans and Specifications, and all documents comprising the pertinent Contract Documents. Each Bid shall be presented under sealed cover and shall be accompanied by a certified check, cashier's check, cash or bidder's bond, made payable to CVSan, in an amount not less than ten percent (10%) of the bid. The said check shall be given as a guarantee that the Bidder will execute the Contract in conformity with the form of agreement contained within the Contract Documents and will furnish bonds and insurance policies as specified within five days after notification of the award of the Contract to the successful Bidder.

CVSan reserves the sole right to reject any and all Bids and to waive any informality in a Bid. No Bidder may withdraw its bid for a period of 60 days after the date set for the opening thereof.

At the successful Contractor's option, securities may be substituted for the required retention, in accordance with the provisions of Section 22300 of the State of California Public Contract Code.

In accordance with the provisions of California Public Contract Code Section 3300, CVSan has determined that the Contractor shall possess a valid Class A - General Engineering; Class C-34- Pipeline Contractor; or Class C-42-Sanitation System contractor License.

In accordance with the provisions of California Business and Profe ions Code Section 7028.15, a Bid submitted to CVSan by a Contractor who is not licensed in accordance with Chapter 9 of the California Business and Professions Code all be considered nonresponsive and shall be rejected by CVSan.

A full version of the Notice Inviting Bidders is available onlin e at www.cvsan.org/oan for review.

By Roland P. Williams, Jr., General Manager **Castro Valley Sanitary District Date: August 4, 2020**

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ADOPT-A-PET



LEISA is a 5 month old female GERARD is a 1 year old male Shelter (510) 293 - 7200.



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Siamese kitten. Leisa is super cat who is incredibly sweet and social, she will meow sweetly cuddly! He loves pets and isn't and roll over for attention and shy about asking for them. Call pets. Call the Hayward Animal the Hayward Animal Shelter: (510) 293 - 7200.



PERCIVAL AND BRIAN, super sweet 4-month-old siblings, both are playful and love to wrestle. Percival, a tri-color tabby, is curious, active. Her brother Brian, a tabby, loves to snuggle and can be a bit of a talker. Both neutered, vaccinated, chipped and FIV/FeLV negative. Loveallpawzrescue@gmail.com.

Thefts: Rise

continued from page 2 Tucker said.

The thieves also work very fast. Castro Valley resident Jeff Morgan was the victim of catalytic converter theft back in mid-May. In the middle of the night, the thieves parked parallel. Lifted up the car and removed the exhaust device within 5 minutes before driving off again. Thankfully, a neighbor's security camera caught the action, but not clear enough to reveal a license plate number.

"The worst part is that the car belongs to my mother-in-law and one of our kids was using it at the time," Morgan said.

While security cameras can help, Alameda County Sheriff's Office spokesperson Sgt. Ray Kelly says the best option is to put your car in a garage to keep it safe.

install floodlights, back the car in your driveway, make it as difficult as possible for the thieves to take your catalytic converter," Sgt. Kelly says.

thefts is encouraged to contact the Sheriff's Office at 510-667-7721.



LATERAL REPLACEMENT GRANT PROGRAM

Castro Valley Sanitary District (CVSan) is pleased to announce the continuance of the Lateral Replacement Grant Program (LRGP) for the 2020/21 Fiscal Year. \$50,000 in total funding has been approved and the program is scheduled to start Monday, August 17, 2020 at 7:30 a.m. Financial assistance is available for replacement of more than 50% of the lateral, up to 50% of the total cost of the lowest bid, up to a maximum of \$2,000 per private sewer lateral (lateral) (subject to availability of funds)

IMPORTANT INFORMATION:

Laterals are to be video inspected by the property owner's contractor and witnessed by CVSan. CVSan will evaluate the condition of the lateral and assign a condition rating. Only those laterals with a rating above a certain designation will be eligible for the grant.

For information, please contact Castro Valley Sanitary District 21040 Marshall Street, Castro Vallev. CA 94546 (510) 537-0757 ext. 109 | www.cvsan.org/grants



CVSan will make a list of qualified contractors available to the public. Only those qualified will be allowed to work on LRGP projects. Qualified contractors are properly licensed to replace laterals, have no outstanding matters with CVSan, and have not presented misleading or confusing print media to the community about the program.

Anyone with information about has had its downside.



PHOTO BY LINDA SANDSMARK

"And if that is not an option, Lake Chabot Regional Park is busier than usual this summer, which has led to trash issues.

Lake: Some Pick Up Trash as They Hike

continued from front page pandemic and that increased usage

"During this COVID-19 time, the park has seen a huge demand.

Folks had been sheltering in place and want to get out for physical activity, which is good for their mental wellbeing, too. But it's been a quent hiker Frank Haro voluntarily take out whatever is taken in, keep with more people and more impact he walks at Lake Chabot. on the trails," says Mason. "We need everyone to respect nature, to says Haro. "Of course the worst leave no trace when they go out in days are Sunday and Monday. the parks, and remember to pack out what they pack in."

of the public have taken it upon ping it off in the trash cans." themselves to pick up trash as they hike. Though park staff is contin- have been added near the lake nic and developed areas so as ually monitoring and emptying map, and that large cans in the not to promote social gathering. trash cans, they fill up fast.

public's help to keep the parks side of the lake appears to be the clean and open," Mason says. most frequently used. He hikes in parks.org/covid-19.

line patrols too, but we really need the public's help now that we have back, I find trash that was just left these larger crowds." Evidently some rude hikers just drop trash on the trails and expect trances advising them to wear

someone else to pick it up. Frechallenge with the high demand, collects bags full of litter each time all dogs on a leash, and "pack out

"I average two bags a walk," Some dog walkers think putting counties, it must follow guidelines poop in bags and leaving it on the He adds that many members trail is okay. They should be drop-

park seem to be emptied regularly. Outhouses are available along the "We definitely appreciate the He says that the trail on the west trails.

"We do empty cans multiple times picking up trash along the way, throughout the day, and do shore- and returns on the same path. "The sad part is on my way

there," he says.

Park visitors pass signs at enmasks, observe social distancing, poop bags," in order to keep everyone safe.

Because the district has parks in both Alameda and Contra Costa according to all local ordinances. Some restrooms may be open where trails are used for hiking Haro noted that two trash cans only, but may be closed near pic-

For more information, see eb-

New Posters to Encourage Mask Wearing

he Eden Health District in Castro Valley has launched a public education campaign to encourage the use of face coverings to counter the spread of the coronavirus. The district has printed a series of "Mask On" posters for each city and community in the District in English, Spanish and Chinese.

The posters are free and intended for businesses, clinics, schools, churches, public agencies and nonprofit organizations to display in their entrances.

"Increasing the use of masks among the general public is critical to reversing the growth in the spread of the coronavirus in Alameda County," stated Gordon Galvan, chairman of the district's board.

Posters may be picked up during business hours at the Eden Health District office at 20400 Lake Chabot Road in Castro Valley.

The public can also download and print or share the posters at ethd.org/mask-on-public-education-posters.



"Mask On" posters are available at the Eden Health District office in Castro Valley.