

Martial Arts Educational Training Center Assembly

Hello. Please let me introduce myself. I'm Master Bill Jones, the President of Martial Artists Against Drugs ("MAAD") and the Master Instructor of the Bill Jones Tae Kwon Do Academy. Over the past 20 years I have teamed up with various organizations, DARE, Vanished Children's Alliance, FBI the National Association of Professional Martial Artists, and the First Five preschool program you may have seen advertised on television and more.

We have designed a very special after-school-enrichment program and assembly to help educate young students and our community. Our program is called Easy Self Defense. It does not teach the use of physical strength, but the use of common sense to avoid a dangerous situation. In this program we use interactive teaching through the use skits and plays. We also teach important things that every child should know and remember. For example, every child should know their first and last name, address, phone number, a safety code, etc.

In our program we discuss respect, focus, self-discipline, setting goals, integrity and other qualities that help to develop social skills and teach proper human behavior. We will also provide written safety-awareness tips from various organizations. A special demonstration by Master Jones will be performed for your entertainment.

For more information, please look on our website www.masterbilljones.com or call us at 925-686-5425. Thank you for your consideration.

Respectfully,
Master Bill Jones

MASTER BILL JONES
MARTIAL ARTS EDUCATIONAL TRAINING CENTER
AFTER SCHOOL ENRICHMENT PROGRAM

Starting date:

Length of class: 45 minutes

Time:

Appropriate grade level K – 5

Days of class:

Please make all checks payable to: Master Bill Jones

Deadline for sign-up:

Location: Master Jones Tae Kwon Do Academy

1500 Monument Blvd., Suite D-7

Concord, CA 94520

WE HAVE A SPECIAL 5-WEEK COURSE FOR ONLY \$35

WANT THE BEST – TRAIN FROM THE 9TH DEGREE GRAND MASTER HIMSELF

This year we have designed a new and exciting workshop program emphasizing safety awareness and basic self-defense. Through this course we will strongly emphasize that these skills are to be used for defensive purposes only. This program focuses on anger-management, building self-esteem, memory skills, concentration and focus which will help increase school grades; discipline, self-control and social skills which will help them socialize well with other children. We also work on cardio-vascular conditioning, muscle strengthening, muscle endurance and overall good health. The program also emphasizes respect for self, peers and authority figures. We will also provide safety tips from Vanished Children's Alliance, DARE and even the FBI.

We specialize in children with ADD, ADHD, dyslexia, and other learning complications.

Together we can build a better and safer world for tomorrow.

Please fill out and sign release form below

School: _____ Student: _____

Teacher: _____ Room No. _____ Grade: _____

Phone: (day) _____ Parent/Guardian Signature _____

By signing above, I agree that I intend to strictly observe the rules and regulations relative to my training, including the use of protective equipment required or used by Bill Jones Tae Kwon Do Academy. I waive any claim for damages against Bill Jones Tae Kwon Do Academy and/or its principals and instructors for any injury resulting from or arising out of the activity.

**Please deliver release form and \$35 check payable to Master Bill Jones
into the Enrichment box located in the office.**

For more information check out our web site at www.masterbilljones.com

**Please feel free to contact Master Bill Jones at (925) 686-5425
for more information on this or any of our programs.**

AFTER SCHOOL ASSEMBLY HANDOUT

Easy Self Defense

Look and remember so you can identify

Keep your hand up so you can block, push away or defend yourself

Keep a safe-zone so a person cannot attack, grab, or get control of you

The best defense in the world is to run away to avoid the situation

Yell "FIRE" to get immediate attention of a person or adult

Control anger by saying "Stop, you need time to cool down."

Things to Remember

First name, last name, parents' first and last name

Home address, including city, state, and zip code

Phone number, emergency number

Special code to use during an emergency

Birthday, city and state where you were born

In case of emergency call 911 or 0

Use the buddy system when walking to and from one place to another

Do not answer the phone, unless specifically instructed by your parents to do otherwise

Avoid opening doors to strangers

Avoid going on the internet without assistance

Avoid going anywhere or leaving with a stranger

Avoid being influenced to take drugs, smoke or drink alcohol

Setting a goal so that you have a purpose and direction in life

Understanding the 5 Tenets of Martial Arts

Modest, Integrity, Perseverance, Self-control and Indomitable Spirit

Things for Parents to Remember

Putting a safety block on TVs, computers and phones

Storytelling

Life is like a fruit on a tree

Life is like the flow of water

Words of inspiration – motivational quote by Master Jones

Masterbilljones.com

925-686-5425