

Ages 19-39

- Complete Physical Exam (CPE): Every 1-3 years
- Fasting Blood Sugar: Every 5 years
- Colon Cancer Screening: Discuss with your physician
- Cholesterol: Recommended at or about age 25
- Immunizations: Tetanus every 10 years

Ages 40-49

- Complete Physical Exam (CPE): Every 1-3 years
- Prostatic Specific Antigen (PSA): Discuss with your physician
- Fasting Blood Sugar: Every 5 years
- Colon Cancer Screening: Discuss with your physician
- Tetanus Immunization: Every 10 years
- Digital Rectal Exam: At clinical discretion
- Cholesterol: Discuss with your physician

Ages 50-64

- Complete Physical Exam (CPE): Every 1-3 years
- Prostatic Specific Antigen (PSA): Annually
- Fasting Blood Sugar: Every 5 years
- Colonoscopy: Every 10 years beginning at age 50 or earlier at physician discretion
- Tetanus Immunization: Every 10 years
- Zostavax Immunization (Shingles): At 60 years old
- Influenza Immunization: Annually
- Digital Rectal Exam: Every 1-3 years or earlier at physician discretion
- Fecal Occult Blood Testing: Annually Cholesterol: Discuss with your physician

Ages 65+

- Complete Physical Exam (CPE): Every 1-3 years
- Prostatic Specific Antigen (PSA): Annually
- Fasting Blood Sugar: Every 5 years
- Colonoscopy: Every 10 years or earlier at physician discretion
- Tetanus Immunization: Every 10 years
- Influenza Immunization: Annually
- Pneumococcal: (One time) Discuss with your physician
- Digital Rectal Exam: Every 1-3 years or earlier at physician discretion
- Fecal Occult Blood Testing: Every 5 years
- Cholesterol: Discuss with your physician