# HOLIDAYS AROUND the TOWN PAGES 485 **CASTRO VALLEY FORUM** A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

#### **YEAR 32**

## WEDNESDAY, DECEMBER 16, 2020

**NO. 50** 

Under the federal guidelines,

Alameda County is using a phased

approach. First to roll their sleeves

up will be acute-care hospital

workers and 911 first responders,

Phase 2 will include "essential

Phase 3 includes children,

see VACCINE on back page

young adults, and people working

in lower-risk settings. If you don't

nation under a later Phase 4.

Confirmed Cases = 1,102

Confirmed Cases = 38,064

Confirmed Cases = 1,585,044

as of December 14, 2020

Castro Valley

Deaths = 542

California

Alameda County

Deaths = 21,046

and critical infrastructure work-

## **INSIDE YOUR FORUM NEWS**



**Dovle to Retire** East Bay Parks' general manager Robert Doyle to retire at end of the year Page 3

#### LIVING

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Sweet Eats Season's sweetings to you and yours with these holiday dessert recipes Page 6

#### SENIORS



Well Connected With most of us spending most of our days at home, make the most of Internet Page 7

## **INDEX**

Classified Ads8
Crosswords9
Holidays 4
Homes 11
Horoscope 6
Obituaries 10
Opinions 10
Our Town3
Seniors7
Weather 2
PHONE: (510) 614-1560



PHOTO BY DEBBIE TEE

Eden Hospital technicians and therapists represented by the Teamsters Union launched a one-day strike at Eden Medical Center on Monday over wage and benefit issues and protesting what they called a lack of staffing and equipment.

# **Eden Workers Strike**

#### By Linda Sandsmark CASTRO VALLEY FORUM

The COVID-19 pandemic has stressed hospital conditions around the country, and Sutter Health's Eden Medical Center in Castro Valley is no exception. On Monday, frustrations culminated in a 12hour strike at the hospital, beginning at 6:30 a.m.

"On April 1 our contract expired," said Jennifer Lemke, a respiratory therapist who's been at Eden for 33 years. "We have come to an impasse with the administration. We offered to extend the contract for a year to get through the pandemic, with a modest raise."

Lemke said management did not accept the ofsee STRIKE on back page

# Bruce Johnson Takes on a New Role at Chamber of Commerce

Bruce D. Johnson

The Castro Valley/Eden Area Chamber of Commerce has rebooted its operation to serve its members by focusing on business development through E-Commerce, since traditional in-person events like the Fall Festival are not possible during the Covid-19 pandemic.

In doing so, the chamber announced last week that Bruce D. Johnson, former longtime superintendent of Redwood Christian Schools, will act as Business Consultant to the Chamber Board of Directors.

Well-known and respected in the business communities served by the chamber, Johnson retired in 2016 after 42 years with Redwood Board of Directors at Baywood Christian after serving there for 42 Court Retirement Community happening at www.castrovalleyyears, 30 years as superintendent. and is an active member of the chamber.com.

Castro Valley Sports Foundation MAC BOARD Board and the Rotary Club of Castro Valley.

The Chamber has also hired Josephine Taylor to work on E-Comchamber members. Taylor has been writing Chamber newsletters and Facebook posts over the past month.

Until the pandemic ends, the Chamber staff will be working Chamber office, until it is safe to do so.

Chamber President David Gehrke and the board continue to work a cell tower in the Palomares area. meeting via Zoom and said they He is currently the Chair of the actively for its members and the community. Check out what's

# **COVID** Vaccine Arrives; When Will You Get It?

**By Michael Singer** CASTRO VALLEY FORUM

The first shipments of a vaccine to prevent COVID-19 arrived in Alameda County this week. But who are at highest risk for expohow soon you can get a free shot sure to the coronavirus. will depend on where you work and other risk factors.

Last week, the U.S. Food and ers" - older adults, people with Drug Administration approved the underlying health conditions that Pfizer-BioNTech COVID-19 vac- cause a higher risk of severe illcine for people 16 and older. Ala- ness, and people in jail or prison meda County received 13,650 dos- or people living closely together in es, just enough to cover a portion large numbers. of hospital workers, first responders, and people living in and working at long-term care facilities.

More crates of the frozen drugs fit into any of these other categoare expected to ship in a few ries, you can receive a free vacciweeks.

The vaccine is injected into a muscle, the first of two doses three weeks apart. None of the vaccines have been tested on pregnant women, according to the CDC as they typically do not include pregnant women in trial testing.

"Vaccines are the light at the end of the tunnel, but we must continue to keep each other safe during the roll-out," said Dr. Nicholas Moss, Alameda County Health Officer. "We are amid the worst surge of this pandemic."

Who Gets the Vaccine First?

Land-Use Approvals sephine Taylor to work on E-Com-merce business opportunities for At Final '20 Meeting

The Castro Valley MAC unanremotely and meeting members imously approved a variety of at their places of business, not at a small land uses in its final meeting of 2020, from the construction of a set of townhouses on San Miguel Ave. to the continued existence of First on the agenda was the approval of an application to subdivide one parcel into two at 5219 Crown Court, part of the well-

known Eichler home master plan area

Neighbors cited erosion, loss of property values and the general "feel" of the area, as well as wildlife habitat disruption as reasons to deny the additional construction.

But two other neighbors spoke up during the "virtual" MAC welcomed the new house and it wouldn't be disruptive.

"If anything, I think a nice, new see MAC on page 10

By Amy Sylvestri CASTRO VÁLLEY FORUM



## FROM THE BOULEVARD The Power of Hope

#### By Thomas E. Lorentzen

"Hope, the best comfort of our imperfect condition. -Edward Gibbon

It is difficult to compose a column with light when dark clouds ensconce our days. With the pandemic endemic to our daily lives, it dominates the ways in which we live. With Christmas on the horizon, we



**Tom Lorentzen** 

Fears about unknown factors and forces gray our outlook. Looking for inspiration, I take a break and walk to my front yard. It is there that I find something to write about – it is someone in my neighborhood.

Who is this person? I do not know her name. She does not speak English. She lives a few houses away. She lives with her family, which includes a daughter and grandchild.

A year or two ago she apparently had a stroke. Every day she walks with her walker. She walks slow, yet with determination. She does it not only once, but two or three times a day.

Sometimes she walks around the block. It takes her a long time, yet she does it. When I am in the front yard, we acknowledge each other with a wave. That is our only communication - a short and simple wave.

As she slowly works her way up the street, I stand and watch her for a couple of minutes. She inspires me. She has determination, strength, and courage.

see LORENTZEN on page 5

## Thank you! We Sold 1000 trees in 10 days

Very unexpected yet very thankful.

Thank you for supporting the BSA Scout Christmas Tree lot on the corner of Center & this past season.

This is an annual Scouting Fundraiser. The Scouts work the tree lot and get paid for their hours. The money they earn goes into their Scout account and is used to pay for their summer camp, uniforms, any scout related adventures, merit badges and more. During their time on the

> life skills, a good work ethic and so much more. Thank you again for a great tree

season. We will see you next year.

BSA Scout Troops from Castro Valley, (701, 708, 722, 726, 789) Hayward, (819), San Leandro (818) & Oakland (97)



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# East Bay Parks' GM Robert E. Doyle to Retire at End of Year

By Ned MacKay SPECIAL TO THE FORUM

fter a distinguished career of 47 years at the East Bay Regional Park District, including the past 10 as its general manager, Robert E. Doyle has announced that he will retire at the end of December.

Doyle got an early start in the parks and natural resources field. While still in high school, he served as president of Save America's Natural Environment (SANE), a youth group in Contra Costa County that worked to acquire and preserve Las Trampas Ridge and Black Diamond Mines and to expand Mount Diablo State Park.

At East Bay Regional Park District, Doyle rose through the ranks. He began his park district career in 1973 as a park ranger at Tilden Regional Park near Berkeley.

He became chief of land acquisition and trail planning in 1986, then spent 20 years as an assistant general manager, leading land acquisition, trail planning and interagency and advanced planning.

He was appointed the park district's general manager by the district board in 2010.

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Robert E. Doyle, G.M. East Bay Regional Park District

ture for me," Doyle said. "For a enjoyment so many beautiful East kid who had a passion for parks Bay open spaces." "This has been a great adven- to be able to preserve for public

see RETIRE on page 4

## EBMUD Won't Shut Off Water to Struggling Customers

District (EBMUD) took action last was approved unanimously by the for all." week to ensure water service to utility's Board on Dec. 8. It will meet basic needs is maintained for take effect after California's State those behind on their bills, ending of Emergency declaration is lifted. water service shutoffs for long-delinquent accounts.

of residential customers struggled customers for hygiene and to preto pay their water bills, many for vent the spread of this disease," the first time. The resolution, said Board President Marguerite which allows the district to use Young. "This progressive policy is flow restrictors to provide enough an important step forward in sup-

"The pandemic has highlight-

ed the importance of maintaining The action came as thousands access to water for all EBMUD

The East Bay Municipal Utility cooking, and sanitary purposes, ing access to clean, reliable water MUD said it will only install flow

EBMUD's action, among the first of its kind in the nation, comes more than 90 days overdue after in response to the historic public all other options, including multihealth and financial crises. In March, the district suspend-

ed water shutoffs in response to After a flow restrictor is installed, the pandemic and restored water service to customers who were shutoff due to non-payment, days before a statewide order placed a moratorium on water shutoffs.

Saturday, December 12: at 2:23 p.m., Sheriff's deputies arrested a 46-year-old man from Castro Valley on suspicion of assault on a family member. An anonymous Wednesday, December 9: at 1:34 tip about a fight sent deputies to a home on Chester Street near the Boulevard. The man was handcuffed and taken into custody. The victim was treated at the scene.

**Domestic Assault** 

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM

**Traffic Stop Ends in Arrest** Friday, December 11: at 2:30 p.m., a 66-year-old woman from Castro Valley was pulled over and arrested on suspicion of driving with invalid registration and possession of stolen property. Deputies stopped the woman while she was driving on Stanton Avenue near Somerset Avenue. The woman was taken into custody.

Wanted Man, Stolen Car Friday, December 11: at 12:57 a.m., deputies arrested a 42-yearold man from Castro Valley as part of a warrant issued for his capture. The man was also charged on suspicion of possession of a stolen vehicle and violation of a court-issued restraining order. The man was traveling on Castro Valley Boulevard near Redwood Road

restrictors on single-family residential accounts with water bills ple outreach attempts and payment plan offers, have been exhausted. it will remain in place for accounts

that continue to be delinquent. Customers seeking assistance with payment options should visit: www.ebmud.com/CAP or contact

questioning and made a positive identification on his warrant. The man was taken to Santa Rita Jail.

Hit Boyfriend with Her Car p.m., a 35-year-old woman from Castro Valley was arrested on suspicion of assault with a deadly weapon and assault on her boyfriend after driving into him with they discovered his stash. The man her car. Deputies were dispatched to a parking lot on Redwood Road near Grove Way after getting a call about the incident. The woman was taken into custody. The man was treated at the scene.

**Squatter Does Not Go Quietly** dence on suspicion of possession Wednesday, December 9: at 5:04 of methamphetamine drugs and p.m., deputies arrested a 21-yearrelated drug paraphernalia. The old woman with no permanent man was parked outside a grocery residence on suspicion of break- store on Redwood Road near Casing and entering a business on tro Valley Boulevard when a pass-Redwood Road with the intent of erby observed him taking drugs. staying there illegally. The woman Deputies handcuffed the man and put up a fight before being taken took him into custody. into custody.

Generosity Thwarts Thieves Who Stole from High School

when deputies stopped him for ward was broken into multiple brand new sweatshirts and knit times last month with thieves hats will be available to all of the making off with hundreds of jackets, sweatshirts and other items that had been collected for Middle and High School students who had been placed in homes in the surrounding communities after being detained by ICE.

sources and the plan had been to making a difference in the lives of distribute the items in early December to provide some warmth during the cold winter months.

Fortunately, a local organization, Crossstreets Neighborhood Alliance, learned of the situation *involved or other areas of need*, and, thanks to the generous do- please visit: crossstreets.org. nations of many individuals and

Tennyson High School in Hay- Redwood Chapel in Castro Valley, students.

see REPORTS on back page

Crossstreets also provided these students with back to school supplies in the Fall.

While Crossstreets is no longer able to serve our community through the Food Pantry at 3Cross-The students have very few re- es, it is still actively engaged in people in Castro Valley, San Leandro, Hayward and Oakland.

There are always ongoing needs in our community for both students and families. To find out how to get -Tom Green



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**Illegal Narcotics and** 

**Drug Paraphernalia** Wednesday, December 9: at 1:07

a.m., a 37-year-old man was ar-

rested on suspicion of possession

of illegal narcotics and related

drug paraphernalia. Deputies

stopped the man for questioning

outside an apartment on Grove

Way near Morales Court when

Methamphetamines and

**Drug Paraphernalia** Wednesday, December 9: at 3:27

a.m., deputies arrested a 35-year-

old man with no permanent resi-

was taken into custody.

CASTRO VALLEY FORUM Wednesday, December 16, 2020



PHOTO BY CHRIS MATTHEWS, ALAMEDA COUNTY FIRE DEPT.

From left, Rotarian Cliff Sherwood, firefighter Paul Mahar, Rotarian Todd Anglin, Thania Anglin, Natalie Anglin, firefighter Erik Robertson, Dawn Deardorf from Aurora Catering, firefighters Patrick Kennedy and Gerald Jacobs, Rotarian Ceta Dochterman and firefighters Ryan Ricter and Mark Bennett from Castro Valley Fire Station No. 25.

# **Rotary Keeping Spirits Bright**

Thirty-two Alameda County at Stations 6, 7, 22, 23, 24, 25 and County Fire Department's Annual Fire Department firefighters re- 26. ceived meals last Tuesday prepared by Aurora Catering and per- meals to Eden Church to feed famsonally delivered by members of ilies who have been quarantined. the Rotary Club of Castro Valley.

The Rotarians donated more challenging year for local firethan \$1,000 in partnership with fighters with historic fires, injuries, line on Tuesdays at noon and welthe caterer to show their apprecia- losses, the coronavirus and the comes those who want to make a tion for the firefighter's hard work emotional strain on their families during the 2020 wildfire season while they were gone. and the pandemic. The meals were delivered to all on-duty firefighters ley is also actively promoting the castrovalleyrotary.org.

Rotary also was able to provide new, unwrapped toys at any local fire station or make a financial do-

This year has been extremely

## Two Awarded for Academic Excellence

List at Belmont University in Dean's List. Nashville, Tennessee. Eligibility is based on a minimum course load below a C. Approximately 55 per- was among 338 freshmen who level of academic excellence.

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qualified for the Fall 2020 Dean's mester qualified for the Fall 2020 est scholarships - the President's

Wade Evans of Castro Valley cent of Belmont's students this se- received one the college's high-

Toy Drive. To participate, drop off

Castro Valley Rotary meets on-

positive impact locally, nationally,

and internationally. Speakers and

Thank you for your support!

or Provost's scholarship - for the 2020/2021 academic year. Anya Mortensen of Castro Mortensen is studying Human Biof 12 hours and a quality grade Valley, a freshman at Biola Uni- ology. Students who receive either point average of 3.5 with no grade versity in Southern California, scholarship have achieved a high

## **Retire:** Park **District GM**

continued from page 3

Doyle also is gratified that the district has been able to continue its operations despite the challenges of the pandemic, the terrible wildfire season, and climate change impacts.

Because of the pandemic, the district has lost more than \$7 million income, while at the same time public use of the parklands has surged district-wide. So it has been a challenge for the staff to use, Doyle noted.

"Nevertheless, we've been able to provide a valuable public service at a time when it is badly needed," he said.

In the time since he became chief of land acquisition, Doyle's efforts have doubled the park district's size, including 20 new wanis Club is working through the parks. The district now comprises 73 regional parklands totaling 125,000 acres in Alameda and Contra Costa Counties, hosting 25 nation at www.alcoff55toys.com. million visits per year.

Among many awards and recognitions for his service to the park district and public, Doyle received the prestigious Cornelius Amory Pugsley Award in 2018, conferred \$1,200 for Salvation Army client by the American Academy for families. The Rotary Club of Castro Val- links to the meetings are posted at Park & Recreation Administration.

include continuing involvement in parks and recreation issues, but of my labor."

The park district's elected board of directors is conducting a nation- also donated cookies and cocoa wide search to select a new general for the upcoming Salvation Army manager. Ned MacKay is a writer for the

East Bay Regional Park District.



safely manage all park and trail The Hayward-Castro Valley Kiwanis Club is instrumental in the Salvation Army Angel Tags program, spending over \$4,500 to provide Christmas gifts and clothing to families.

# **Kiwanis Christmas**

The Hayward-Castro Valley Kicoronavirus challenges to make sure local families will have a merry Christmas.

Continuing a tradition of many years, the club members volunteer as bellringers for the Salvation Army. On December 5th, with their kettle at the Lucky Store in Castro Valley, the club raised

The club is also instrumental in the Salvation Army Angel Tags Doyle's post-retirement plans program, spending over \$4,500 to provide Christmas gifts and clothing to specific families. The also hiking, traveling, kayaking, Kiwanians provided presents and and generally "enjoying the fruits pajamas for 44 children, and 65 games and toys for families.

To keep spirits bright, the club Family Christmas Party via Zoom, and made decorations for their After-the-Bell Kids Party.



**Kiwanis Club members** volunteer as bellringers for the Salvation Army

For other giving programs the club donated over \$1,000 to the Alameda County Food Bank and made a sizeable donation to Castro Valley Outreach for their holiday food delivery program.

The Kiwanis Club will be back at the Castro Valley Lucky's this Saturday, so please wave and stop by the "touchless" kettle.

HOLIDAYS AROUND the TOW



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## Lorentzen: Maybe She Has Something to Do With the Hopes Christmas Will Bring Us

HOLIDAYS AROUND the TOW

#### continued from page 2

With that said, I re-enter my few hours to live. home to compose this article.

Then, I get interrupted with a form me that her husband has Alzphone call. Two friends that have heimer's. A couple of days earlier yard and spot her coming from the been doing intensive caregiving was the anniversary of the loss of a opposite direction. She has nearfor a few years call to tell me that close friend. Then, a lifelong friend ly completed a circuit around the complete our own walks in this quietly say "Thank you." Maybe University, and has served three the person they have been caring visits a few hours later to discuss block. Once again, her determina- troubled period of time, as well as she has something to do with the Presidential Administrations.

for (a friend of mine) has only a his own difficult health condition. tion inspires me. She has family overcome the obstacles we face. As I write, these things are on she wants to live for and to be with. Then, another friend calls to in- my mind. Then, I return to the lady on the walker. I return to the front

forward – one step at a time.

Without knowing her name, my She provides the stimulus to write neighbor picks up my spirits. She Valley. He formerly served on the this column. She keeps on moving inspires me, which I share with board of the Institute of Museum With that said, I know we can make sure and not only wave, but sory Board to Southern Oregon

hopes that Christmas will bring us. Tom Lorentzen lives in Castro you. The next time I see her I will & Library Services and the Advi-

#### -V-Us Looks ORDER YOUR HOLIDAY DESSERTS NOW \*Cakes \*Cookies \*Breakfast Pastries A FULL SERVICE SALON OUR GIFT TO YOU → Tarts \* Hostess Gifts 100% Organic Produce • Artisan Chees \*Gluten Free Options Special Diets • Locally Crafted Foods Thank You to All Supplements & Body Care • & MORE **Bakery Hours:** My Customers and Saturdays: 9am-1pm 3295 Castro Valley Blvd. (in the new Marketplace, KARIN JOHNSON A Happy Holiday 510-925-4749 // CastroValleyNaturalGrocery.com 20865 Redwood Rd., Open Daily 8:00 - 7:00 Season to All! **Specialty Cakes and Pastries Castro Valley** Katy & Daughter Dane elle Expires 12/31/2021. Redeemable only at Castro Valley Natural Grocery. Limit one per (Lucky Shopping Center) Call 886-6887 or 332-1806 • Ask for Katy customer per visit. Not valid with other promotional discounts. Maximum discount is \$5. Coupon must be presented and surrendered at time of pruchase. Reproductions karinjohnsoncakes@yahoo.com 🔤 20408 San Miguel Ave., Castro Valley 🚍 Find our holiday menu at karinjohnsoncakes.weebly.com are not valid. Lost or stolen coupons will not be replaced. The Leslie Peterson Team has evolved **Castro Valley Hayward** to better serve our clients! **STORAGE** Here's hoping 2021 brings us Are you tired of being unmotivated Wishes Our Community all health and happiness, with changing your body weight? A Very Safe and Festive 2010 holiday Season 2457 Grove Way, Castro Valley Come to Body Mechanix for an experience that will change your life. Experience a great work out with experienced trainers under a Warm wishes to everyone celebrating the private enclosed canopy outdoors. First two Winter Holidays. Join us in supporting our weeks are "Free" with our complements. local businesses. Visit Santa's workshop in the Village and remember a child or adult that Marry Christmas and Happy New Year needs a special Christmas Surprise. Blessings, Body Mechanix across from Castro Village **Mary Florence** Linda Nakhai 20579 Santa Maria Ave LESLIE 510-861-3270 510-915-1513 VOIVE PETERSON Castro Valley Forum • San Leandro Times (510) 766-1348 REAL ESTATE TEAM Holiday Sale! Holiday BAKERY SALE This ad good in COOKIES • COCOAS • GREAT GIFTS trade as follows: \$25 off any Purchase over..... \$199 \$50 off any Purchase over..... \$399 WEEK OF THANKSGIVING-\$100 off any Purchase over..... \$599 \$200 off any Purchase over..... \$999 \$300 off any Purchase over..... \$1499 **Christmas Eve** \$500 off any Purchase over..... \$2499 Begins at 8:30am Daily - 7 Days A Week Cannot be applied to prior purchases or ways • Good for furniture **2380 GRANT AVE.** 12/31/20 SAN LORENZO, CA SATURDAYS 9 AM - 1 PM Make Your Holiday Meals Fresh from the Farm URBAN VILLAGI www.toogoodgourmet.com STORE HOURS 6 (510)317-8150 OPEN TUESDAY - SATURDAY 10AM-5PM CLOSED SUNDAY & MONDAY č TURE VISA MARCO DISCUPER Call LOGANY: 357-3000 EURNI TooGoodGourmet EBT market 🕐 match 🔟 🕻 1900 E. 14th St. • San Leandro **48 Years Experience (6)** 0607

# East Bay Living

CASTRO VALLEY FORUM Wednesday, December 16, 2020

# Sugar & Spice

or the next couple of weeks, the kitchen is going to be a favorite gathering spot for the family, drawn there by the unmistakable scent of cinnamon, ginger, nutmeg, cloves, mace... all of the spices that we associate with the holidays.

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ENGLISH **PLUM PUDDING** 

1/4 cup butter 1/3 cup brown sugar 1 cup milk 12 dates, pitted and chopped 1/2 cup raisins

Embrace the warmth of family and create

PERFECT HOLIDAY

1/4 cup dried currants 1/4 cup candied mixed fruit peel, chopped Zest of 1 orange teaspoon baking soda cup self-rising flour 2 teaspoons cinnamon Pinch salt

Grease a pudding mold.

In a large saucepan combine butter, sugar, milk, dates, raisins, currants, mixed fruit peel and zest of the orange; bring to a In small saucepan, melt butter heat. Cook, stirring constantly, boil. Remove from heat and stir in baking soda. Sift in the flour, cinnamon and salt; mix gently until blended. Pour into prepared pudding mold.

completely dissolved. Cool.

Meanwhile, in bowl, sift to-

melted butter mixture. Pour batter

into fruits and nuts, combining

thoroughly. Scrape into prepared

and nicely browned. Invert onto

parchment-lined wire rack. Cool.

**CHOCOLATE** 

**GINGER CAKE** 

1/2 cup unsweetened Dutch

process cocoa powder

1/2 cup unsulfured molasses

3/4 cup packed light-brown

2 teaspoons finely grated

peeled fresh ginger

3/4 teaspoon baking soda

Preheat oven to 325°F. Butter a

powder, and tap out excess; set

1 cup all-purpose flour

1/2 cup butter, softened

Serves 6.

sugar

2 large eggs

1/4 cup whole milk

1/2 teaspoon salt

Hard Sauce

1 teaspoon ginger

1 teaspoon cinnamon

Cover with a double layer of greased wax paper and steam for 2 hours. Yields 6 servings.

Serve with custard, whipped cream or ice cream.

#### WOLFGANG PUCK'S **FRUITCAKE**

#### 1 cup Marsala wine cup water

- cup raisins
- cup dried apricots 1 cup walnuts
- 1/2 cup dried pears 1/2 cup dried figs
- 1/2 cup pecans
- 1/2 cup butter
- 1/2 cup sugar
- 1 teaspoon cinnamon 1/4 teaspoon ground cloves
- 2 cups all-purpose flour 2 teaspoons baking soda
- 1/2 teaspoon salt Preheat oven to 350°F. butter an

8-1/2 by 4-inch loaf pan and dust with flour. In a medium saucepan, combine Marsala, water, raisins, apricots, walnuts, pears, figs and pecans. Simmer until fruits are 9-inch Bundt pan. Dust with cocoa tender, about 5 minutes. Cool.



LEO (July 23 - August 22): Despite those glittering holiday distractions you love so well, be sure to keep your feline senses set on high to alert you to anything that might require fast action.

VIRGO (August 23 - Sept. 22): Making an effort to restore fraying relationships proves to be more successful than you dared hope. The holidays also bring new friends into your life.

**LIBRA (Sept. 23 - October 22):** Private and professional matters compete for your attention. Be honest in your assessment of which should get X more of it, and for how long.

SCORPIO (October 23 - November 21): A seemingly endless list of must-do tasks is best handled by tackling them one by one, and taking energy-restoring timeouts between each job

SAGITTARIUS (Nov. 22 - Dec. 21): A vexing relationship seems destined to deteriorate no matter what each side tries to do. A third 73 party's advice just might prove helpful.

CAPRICORN (Dec. 22 - Jan. 19): Reach out to ease any tensions caused by home or workplace pressures before they threaten the relationship-building progress you've made.

AQUARIUS (Jan. 20 - Feb. 18): You often go out of your way to show kindness to others. So, don't be surprised if other people want to do something nice for you this week.

PISCES (Feb. 19 - March 20): People in your life respect your Piscean wisdom, so don't hesitate to speak up about a matter that you feel isn't being handled quite the way it should be.

Drain, reserving liquid. Coarsely aside. Put butter, molasses, brown chop fruits and nuts. Transfer to sugar, and 1/4 cup water in a melarge bowl with reserved liquid. dium saucepan over medium-low with sugar, cinnamon and cloves, until butter has melted. Transfer stirring occasionally, until sugar is mixture to a large bowl. Let cool 5 minutes.

Add eggs, milk, and grated gether flour, soda and salt. Stir in ginger to the molasses mixture; whisk to combine. Sift together flour, cocoa powder, baking soda, salt, ground ginger, and cinnamon pan, level out and bake 60 to 70 into a medium bowl. Gently fold minutes until cake is firm to touch the flour mixture into the molasses mixture until just combined. (There should be lumps remaining.) Pour batter into prepared pan. Bake cake until a cake tester inserted into center comes out clean, about 30 minutes. Let cake cool completely in pan on a wire rack.

> Invert cake, and unmold onto a cake stand or a large serving platter. Using a spoon, drizzle the warm Hard Sauce over the cake in a back-and-forth motion. Serve immediately. Serves 10.

#### HARD SAUCE

2 tablespoons butter, softened slightly

1 cup powdered sugar

2 teaspoons vanilla extract 2 tablespoons brandy or rum 1/4 teaspoon ground nutmeg Allspice to taste

With a hand-held mixer, beat softened butter until creamy. Add powdered sugar and mix while scraping sides of the bowl, so the sugar and butter come together evenly. Add the vanilla extract, brandy, rum, and spices.

Mix, scraping the sides again, to combine. Spoon the sauce into a bowl. Serve immediately.

#### **CLASSIC APPLE PIE**

Pastry for double-crust pie

1/3 to 1/2 cup sugar 1/4 cup all-purpose flour

1/2 teaspoon cinnamon

1/2 teaspoon nutmeg

1/8 teaspoon salt

8 cups thinly-sliced peeled tart apples (8 medium) 2 tablespoons butter

Heat oven to 425°F.

With floured rolling pin, roll one pastry round into round 2 inches larger than upside-down 9-inch glass pie plate. Fold pastry into fourths; place in pie plate. Unfold and ease into plate, pressing firmly against bottom and side.

In large bowl, mix sugar, 1/4 cup flour, the cinnamon, nutmeg and 1/8 teaspoon salt. Stir in apples until well mixed. Spoon into pastry-lined pie plate. Cut butter into small pieces; sprinkle over filling. Trim overhanging edge of pastry 1/2 inch from rim of plate.

Roll other round of pastry into 10-inch round. Fold into fourths and cut slits so steam can escape. Unfold top pastry over filling; trim overhanging edge 1 inch from rim of plate. Fold and roll top edge under lower edge, pressing on rim to seal; flute as desired. Cover edge with 2- to 3-inch strip of foil to prevent excessive browning.

Bake 40 to 50 minutes or until crust is brown and juice begins to bubble through slits in crust, removing foil for last 15 minutes of baking. Serve warm.

12/15/20 3:40 PM

Moment Send gifts they'll love, make meals they'll remember... with Omaha Steaks, Christmas this year will be worth the wait. THE BUTCHER'S DELUXE PACKAGE 4 (5 oz.) Butcher's Cut Top Sirloins 4 (4 oz.) Boneless Pork Chops 4 Boneless Chicken Breasts (1 lb. pkg.) 8 (4 oz.) Omaha Steaks Burgers 8 (3 oz.) Gourmet Jumbo Franks 8 (3.8 oz.) Individual Scalloped Potatoes 8 (4 oz.) Caramel Apple Tartlets Steak Seasoning (1 oz.) \$298.87\* separately INTRODUCTORY PRICE \$129.99 FREE PORK CHOPS & CHICKEN BREASTS when you buy this package today! Shop Now! OmahaSteaks.com/dinner444 or call 1.510.963.4202 and ask for offer 66762NDN s shown over aggregated single item base price. Photos exemplary of product advertised. Limit (4 oz.) pork chops and 4 free chicken breasts (1 lb. pkg.) will be sent to each shipping address ludes (66762). Free product(s) may be substituted. Standard S&H added per address. Offer while supplies last. Items may be substituted due to inventory limitations. Cannot be combined er offers. Other restrictions may apply. All purchases acknowledge acceptance of Terms of Use. isit omahasteaks.com/termsof-useOSI or call 1-800-228-9872 for a copy. Expires 1/31/21. CA'S ORIGINAL P **OMAHA STEAKS** 

P06 Living/Holiday Desserts 12/16.indd 1

SINCE 1917

# Seniors



# Using Internet to Enrich Life

#### **Bv** Matilda Charles SENIOR NEWS LINE

With most of us spending most of our days at home, it's time for us to take advantage of the Internet. Here are some resources that can enrich our lives.

about any exercise classes online. and got back 165 results.) Some classes will be live on Zoom and others will be videos that the instructors record and post on the center's website.

If they're not hosting any classes, search online for "seniors exercise at home" and look for some that are produced by other senior centers

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Virtual art classes can open up new areas of interest and reveal talents you didn't know you had. Better yet, if you're a beginner or are exploring a new art medium, look for videos that you can review over and over. Look online for free art classes online for seniors.

Exercise and art aren't the only free classes you'll find online. Yoga and tai chi, sewing, baking and cake decorating, creative writing, a new language — if it can be done online, there's a class for it somewhere.

And don't forget Class Central (www.classcentral.com). Check the website for a list of MOOCS (massive open online courses).

DECEMBER 4, 2020 FILED County Clerk ALAMEDA COUNTY MELISSA WILK By-----, Deputy FILE NO. 575030 **FICTITIOUS BUSINESS** Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Lucas Ilie Construction located at 18069 Center Street, Castro Valley, CA 94546, in Alameda County, is hereby registered by the following owner(s): Mihail Ilie, 18069 Center Street, Castro Valley, CA 94546. This business is conducted by an individual. This business commenced May 17, 2017. /s/ Mihail Ilie

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires DECEMBER 04, 2025 DEC 16, 23, 30, 2020, JAN 06, 2021 304-CVF

P07 SENIORS 12-16.indd 1

low-cost classes in its searchable database from colleges and universities around the world.

Imagine taking a philosophy course from the University of Edinburgh or Introduction to Classical Music via Yale University. (I Inquire at the local senior center put art history into its search box

Read the details for any class

There 15,000 different free and you're considering. It will tell you if the class is self-paced, whether it's free to audit, the class level and how much time per week you can expect to spend on the work, new law allows them to transfer as well as reviews from other students.

> skills, search for "Internet basics for seniors" on Google.



SAN LEANDRO HISTORICAL DISTRICT

510-483-0150

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Major Changes Coming Soon to California's Property Tax Rules

Q: I understand that the recent- the original resily passed Prop. 19 on the Califor- dence. nia Ballot will make major changes in the property tax structure. Is ing law, seniors that true?

#### By Gene L. Osofsky, Esq. SPECIAL TO THE FORUM

A: Yes, indeed. California voters just narrowly approved Prop. 19, overhauling our property tax only once in a lifetime. rules originally stemming from the

Most notable are the new restrictions to the parent-child exclusion established by "Prop. 58" in 1986. Here are some of the features of the new law, with the corresponding "winners" and "losers":

#### The Winners:

who are severely disabled, and to \$1- million of other property, victims of wildfires or natural di- along with their parents' low propsasters, are the "winners," as the erty tax rate, are the losers. their home's low property tax rate to the purchase of a replacement to retain their parent's low tax rules regarding the Parent-Child If you're unsure of your internet home anywhere in the state, al- rate when property passed from

Under existcould only opt to do so if they purchased a replacement home

within their own county (or within nine designated other counties opting into the program), and then

After April 1, 2021, this new times during lifetime by seniors and the disabled, and unlimited times by victims of natural disasoccurs within two years of the sale non-residential property. of their original residence.

#### The Losers:

Seniors over age 55, persons inherit their parents' home and up

Since the passage of Prop. 58 in 1986, children have been able

Under newly enacted Prop. 19, a child will not be able to assume his parents' low property tax rate for their home, unless the child actually moves into the parents' home and claims it as his own principal residence within a year of the transfer.

This will pose problems for children who already have their own homes. Further, even if the child moves in, the carry-over tax rate will still be increased if the value of passage of Proposition 13 in 1978. right may be exercised up to three the home upon transfer to the child is greater than \$1-million more than the parents' taxable value. Still further, there will be no carry over ters, all so long as the re-purchase tax benefit at all for the transfer of

> This move-in requirement, and the prospect of some property tax Children, who had hoped to increase even then, will make it more difficult for children to inherit and keep their parent's home and other real property. Many will be forced to sell.

#### Window of Opportunity:

The effective date of the new Exclusion is Feb. 16, 2021. This short window of opportunity for see OSOFSKY on back page

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12/15/20 1:14 PM

VISIT OUR WEBSITE:

www.RoseGateMemoryCare.com

RCFE# 015600148

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# Lois Diane Grasseschi

donate at www.acdsal.org

July 4, 1936 ~ December 2, 2020

Resident of Castro Valley, CA

Lois Grasseschi (Pike) passed away at home, Tuesday, December 2, 2020. Born in Milwaukee, WI July 4th, 1936 to Mr. and Mrs. Robert and Helen Pike. Lois, along with her Father, Mother, sister Sally, and brother Claude came to Hayward, CA in 1942, and settled in Hayward. Lois attended grammar school (Burbank) in Hayward then to Bret Harte and then to Old Hayward High School on Foothill Blvd. Lois graduated in 1955.

Lois and Rudy met in the summer of 1953, through friends but Hayward was a very small town, and everybody knew everyone else. We started dating in 1954. Rudy graduated from Bishop O'Dowd High School in 1955. Rudy and Lois married July 21, 1957 in Hayward at All Saints Catholic Church and had two sons, Dino, born in 1958, and Rodney, born in 1960. When they married, Rudy and Lois lived in Castro Valley, in a one-bedroom house on Crow Canyon Road and raised both children there. They then moved to Hayward, into a two bedroom, in 1962. Then, in 1965, they bought a house in Fremont and lived there until 1974 when they moved back to Castro Valley to the original house they had first lived in. They rebuilt into a 2 bedroom house, from a 700 sq. ft. home to a 1800 sq. ft. home. This house was originally owned by Rudy's mom and dad and Rudy and Lois had been there for over 46 years.

Lois was a Cub Scout leader for her two sons in Fremont, and she made sure everyone went to church on Sundays. Lois worked at the Shop (The Cobbler) owned by Rudy and his brother, Al for many years. She would work until 2 p.m. and then go back home to Fremont and take care of the boys when they got out of school. She was always there for Dino and Rodney's baseball games and the biggest cheerleader. She followed this tradition for her grandchildren as well.

Lois has many friends in Hayward, Fremont, Castro Valley, and Discovery Bay. She loved, most of all, to dance at parties with all her friends, she loved to have good times. She loved all of Dino and Rodney's friends that hung around the house after school, and they loved her, all their friends said she was cool.

Lois is survived by her husband, Rudy; her sons, Dino and Rodney; her grandchildren: Dominic, Kenneth, Chelsea, Miranda, Kathleen, Seven, Justin, Danica, Nickolas, D.J., and Trevor; and her great-grandchildren: Kaylor, Isaiah, Eden, Titus, Preston, and Olivia.

Services for Lois will be held at Holy Sepulchre Cemetery & Funeral Center, with a visitation Thursday, December 17 from 5 p.m. - 8 p.m. and a Funeral Mass Friday, December 18, at 10 a.m.

Donations can be made to the Alzheimer's Foundation.

pop wheelies down the street or when the obvious modified exhaust is running up and down the street at 11or 12 p.m.?

Those fines probably are not as much as the speeding ones I guess.

-Dennis Cassalia Castro Valley

Wear Your Mask Corrrectly

Editor:

FD 1168 CR49

I would like to thank Sean Edens of Scout Troop 726 ("Keeping Community Safe," Letters, Dec. 9). My occupation is that of city bus operator. All too

often I see people wearing their masks incorrectly, which is usually after I have to ask them to put one on Sean's simple plea was so well put. It's unfortunate that it's even necessary, since you would think

these days severity would be more important than fatigue, disregard and just plain laziness. Sadly, it isn't. At 57, I often shake my head in wonderment at

the youth of today, but it's clear that Sean Edens is thoughtful with clear insight – a model others should look up to.

-George Metzger Castro Valley

-Eric Mills, coordinator Action for Animals, Oakland



must include writer's first and last names, phone number, city of residence, and must be under 300 words. Not all letters can be published. We reserve the right to edit as necessary. We do not withhold names or publish unsigned letters. Email letters to: fredz@ebpublishing.com or mail to: The Forum P.O. Box 2897, Alameda, CA 94501.

510-633-9985 Wear Your Mask - Stop the Spread

## Editor:

The 2021 legislative session begins in early January. Most legislators decide in November which bills to carry. It's been said that people who care about animals comprise the single largest lobby in the country. Here are three bills needing an author:

(1) Amend state rodeo law, Penal Code 596.7, so as to require an on-site veterinarian or Registered Veterinary Technician (RVT) at all rodeos -- the "on call" option is not working;

(2) Ban the Mexican rodeo's ("charreada") brutal "steer tailing" event (now outlawed in Alameda and Contra Costa Counties, Nebraska and Brazil);

(3) Ban the rodeo's non-sanctioned "wild cow milking contest," children's "mutton busting" event, and all animal "scrambles": cruel and dangerous for all concerned.

All legislators may be written c/o The State Capitol, Sacramento, CA 95814.

Email pattern for all: senator.lastname@senate. ca.gov, assemblymember.lastname@assembly. ca.gov.

As Gandhi noted, "The greatness of a nation and its moral progress can be judged by the way its animals are treated."

LETTERS TO THE EDITOR

P10 Obits/Ltrs\* 12/16.indd 1



REAL ESTATE REALI By Carl Medford, CRS GUEST COMMENTARY

# **It's Beginning** to Look a Lot Like

ritten in 1951 bv Meredith Willson, "It's Beginning to Look a Lot Like Christmas" has been a holiday favorite for years. You know Christmas is around the corner when you can hear Bing Crosby crooning the lyrics from almost every location you visit.

We are not certain what it is looking like this Holiday Season ... certainly not like anything any of us have seen before. With a shelter-in-place back in force, those who were planning large family events are being asked to stay home.

There will be no live holiday concerts, no carolers going door-to-door, no one sitting on Santa's knee ... the list goes on and on. It has been a most bizarre year indeed.

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Things are strange on the real estate front as well. Everyone assumed that COVID-19 would cripple the housing market and force prices down. In reality, the exact opposite has happened that the roots would eventually as a lack of inventory and super-low interest rates have fueled a red-hot housing market in most corners of the region.

Normally December is the slowest month of the year, as changes in weather and holiday preparations tend to cool the market.

Not so this year. Many neighborhoods, especially those with entry-level single-family homes, are seeing continuing jumps in prices as buyers are trying to get a home into contract for the holidays.

Fueled by remarkably low interest rates, multiple offers are everywhere, propelling values unseasonably high. If this continues into 2021, it could mean a windfall for local sellers new plants. hoping to relocate.

While the housing market is sizzling, the continued mandatory lockdowns are putting a definite chill into the holidays. Two groups have been hit the hardest. The first group are seniors

- many of who have had to cancel holiday plans to be with their families.

The second group are the homeless. Their numbers are increasing as the region continues to deepen its way into the housing crisis. The encampments seem to be growing in size and appearing everywhere.

Like many, we have pledged support to local non-profit organizations that provide support to the homeless communities. To assist those who wish to

be part of the solution, the SF Chronicle has published its yearly directory of services at https://projects.sfchronicle. com/sf-homeless/how-to-help/.

We would encourage you to consider others this year and to provide whatever support you can to make this, the strangest holiday season of all time .. the one we remember the fondest.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.



## Located in the Bay Area! 100 Acres • \$2,750,000

Are you looking for 100 Acres of land in the Bay Area? We welcome you to a great boarding facility. These stables are cared



Hideaway Ranch, Castro Valley

for with pride of ownership. 100 acres nestled in the base of the beautiful Castro Valley Canyon land. This horse ranch consists of a 32 stall barn, 3 large tack areas, lighted indoor arena, outdoor arena and approximately 90 Acres of fabulous trails and pasture areas for horses, cattle, vineyards, trees, plants or any Agricultural use. Beautiful AG Property!



# **Getting Rid of Willow Roots; Transplanting Cactus**

By Buzz Bertolero Special to the Forum

This spring, we removed two invasive, 13-year-old willow trees. I had expected die back, but was I surprised when tree shoots sprouted up over 20 feet from the original tree, in planters and the middle of the lawn!

I'm slowly digging out the roots in the planter areas, but the lawn presents a dilemma. Is there something I can use to treat the sources, so they die and dissolve in the lawn? I've been spot treating the non-lawn areas with RoundUp.

Like the Energizer bunny, tree roots from many invasive plants keep going, going and going. Eliminating the tree does not end the problem; instead, the roots are stimulated to form

The rogue shoots appear well beyond the canopy of the main tree. Elms, poplars, liquidambars, some fruit trees, and roses are notorious for suckering

Unfortunately, I'm not aware effective. of any product that will decompose the existing tree roots. Tree stump removal products take care of the core roots but are ineffective on the ones far away. So, you are faced with a war of attrition with two battlegrounds, one in the landscape areas and the second is the lawn.

In the non-turf areas, you'll need to spot treat the shoots as they appear. You're not going to see many new shoots during the winter months. Any non-selective herbicide such as RoundUp will work except in the lawn.

The battle will last for several more growing seasons. In turf, I'd spot treat with any of the broadleaf herbicides for dandelion control. There are any number of ready-to-use or aerosol products. Still, it could be more economical to buy the herbicide in the concentrated form and apply it in a dedicated tank sprayer.

Also, keep in mind that you should spray a couple of days before the grass is mowed to give you the maximum surface Zygocactus and cyclamen are area for the herbicide to be

The suckering should slow down significantly now but increases starting in mid-February with the longer days.

I want to transplant my blooming Christmas catcus into another pot, but I'm scared to touch it. Can I move a blooming plant to another pot without shocking it?

It's okay to transplant a Christmas cactus and most other plants while they are in bloom. This

is when an evergreen plant is technically dormant, as it's not actively growing. There is no reason why you have to wait until it finishes flowering. I'd transplant it carefully as not to damage the flowers.

Christmas cactus is also known as the Zygocactus or crab cactus because of their segmented leaves. Along with cyclamen, they are a great red and white alternative to poinsettia during the holiday season. not sensitive to warm rooms.

as is a poinsettia so the foliage doesn't discolor quickly and has a long blooming period. Buzz Bertolero is an Ad- tions can be sent California Certified by email to buzz@ vanced

Gardener's website BUZZ BERT is www.dirtgardener.com and ques-120 Nursery Professional. The Dirt dirtgardener.com. GARDENER

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gage averaged 2.71 percent for also unchanged from a week the week ending Dec. 10. un- earlier. A year ago at this time, changed from the previous week, the 15-year rate averaged 3.19 according to Freddie Mac's percent. weekly nationwide survey. A year ago at this time, the 30-year able-rate mortgages (ARMs) avrate averaged 3.73 percent.

Fifteen-year fixed-rate mort- 2.86 percent.

The 30-year fixed-rate mort- gages averaged 2.26 percent,

Five-year hybrid adjusteraged 2.79 percent, down from









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## **CASTRO VALLEY FORUM** Wednesday, December 16, 2020

## Vaccine: Plans for Wider Distribution

#### continued from front page

come at a more needed time. Al- with COVID cases, the highest in nity partners is essential to reachameda County saw a 14 percent the county. increase in the number of infections over last week. More than 14 not mandatory, Public Health offipercent of beds in the county are cials say the more people that refilled with COVID-19 related cas- ceive the drug, the more likely the es, according to new data from a county can recover socially and University of Minnesota Tracking economically. Project.

taking the brunt of patients in Al- nomic groups against receiving the ameda County. Their campuses in vaccine, says Kimi Watkins-Tartt, San Leandro, Fremont, and Oakland average as many as 50 newly Director. infected patients in a seven-day period. Last week, San Leandro tral to Alameda County's plans for fore getting any vaccine treatment.

Kaiser was found to have 32 per- wider distribution of the vaccine, The vaccine's arrival could not cent of their adult beds occupied and engagement with our commu-While getting a vaccination is

The key is to make sure they al-Kaiser Permanente hospitals are leviate any concerns by socio-eco-Alameda County Public Health

"Equity considerations are cen- should check with their doctor be-

## **Reports:** Stolen Vehicle; Burglar Tools

#### continued from page 3

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Joy Ride Ends in Arrest p.m., a 51-year-old CV man was old CV man on suspicion of refusarrested on suspicion of driving a ing to leave a business on Castro stolen vehicle. Deputies pulled the Valley Boulevard near San Miguel man over on the Boulevard near Avenue. The store manager called for questioning outside a business of the license plate showed the car fused to leave the store after being stolen. The man was handcuffed and taken into custody.

**Customer Refused to Leave** Tuesday, December 8: at 11:54 Tuesday, December 8: at 4:06 asked to leave several times. Deputies took the man into custody.

**Burglar Tools** Tuesday, December 8: at 9:10 a.m., deputies arrested a 56-year- a.m., a 39-year-old man from continued from front page Castro Valley was arrested on suspicion of possession of burglar tools. Deputies stopped the man the 580 Market Place after a check the Sheriff because the man re- on Redwood Road near Redwood Court when they discovered his lock pick and other tools. The man was taken into custody.

ing our high-risk and dispropor-

tionally impacted communities,"

If you do get the vaccine, Pfizer

says to be on the lookout for such

symptoms as pain at the injection

site, fatigue, headache, muscle

Reports from the first vaccina-

tion recipients in Europe suggest

those who generally have severe

allergic reactions or with extreme compromised immune systems

pain, chills, joint pain, and fever.

Watkins-Tartt said.

# **CVSan SEWER REPAIR** PROJECT UPDATE



The Santa Maria Avenue and Redwood Road Sewer Repair Project for the Castro Valley Sanitary District (CVSan) has begun! The project includes the rehabilitation of CVSan's sewer mains near Santa Maria Avenue and Mabel Avenue and the sewer mains near Redwood Road and Castro Valley Boulevard. The project was awarded to the contractor, APB General Engineering, to perform the work. CVSan would like to thank the businesses and residents affected by this project, and remind the community that the affected businesses will remain open during construction.

If you have any questions regarding CVSan repair projects, please visit www.cvsan.org/Projects for more information.

..... **CASTRO VALLEY SANITARY DISTRICT** Effective Environmental Services since 1939 510-537-0757 | www.cvsan.org This ad was funded by WW Outreach

# ATHLETE OF THE WEEK

## **Cameron Brown**

Our Athlete of the Week is Cameron Brown. The Castro Valley native and former CVHS All-WACC recipient is now a Junior linebacker for the Columbia Lions. In 2019, Cameron played in all 10 games, mostly on special teams as a sophomore linebacker. He earned his Varsity letter after he ranked tied for second on the squad with his seven tackles at Cornell.



CASTRO VALLEY INDEPENDENT SPORTS LEAGUE **Youth Baseball and** Flag Football Programs www.CVISPORTSLEAGUE.org SPORTS LEAGUE

## Strike: Understaffing, PPE, Benefit Cuts

fer, and that many non-economic issues caused further stumbling blocks, including shortages in staffing and Personal Protective Equipment (PPE).

Lemke acknowledged that some problems are not the fault of the hospital. Many registries for fill-in help are depleted due to the pandemic, and medical equipment can be hard to come by.

But when employees leave, "they don't replace them," she said.

wonderful. We love our hospital. We used to love coming to work. The community has been wonderful too, bringing us cards and food. to work with them, but we're implemented robust exposure We just don't have the leadership we need right now."

Teamsters Local 856 has been negotiating since March on behalf of 140 front line workers, including lab technicians, imaging technicians, and respiratory therapists. ing statement Monday in response ed by the Teamsters today only

"Sutter Health Eden Medical Center is publicly calling their employees "heroes," but internally, they are understaffing, restricting access to PPE, and proposing wage freezes, cuts to health benefits, and more," said Matthew Mullany, lead negotiator for the the Teamsters decision to engage union. "It's unconscionable that Eden CEO Pat Ryan and Sutter strike during the largest surge our Health would treat its front line state has seen, especially when the nities that invalidates physical healthcare professionals in this manner during a pandemic."

sound technician for 34 years at Eden.

"I was here before we were unionized, and this is the only time serving the needs of our patients we should be focusing our attenwe've had trouble like this," Fra- and community during the pan- tion on the patients who need us zier said. "It just seems like this demic has been an incredibly cost- most."



"The nursing staff at Eden is new administration doesn't care ly and difficult endeavor. about anything, including employ-

> stuck. We were hoping to resolve management and testing protocols it, and we had a Federal mediator and worked diligently to support come in. But here we are, and who our employees despite constantly knows who is taking care of our shifting patient volumes and govpatients."

Sutter Health issued the followto the strike:

"Eden Medical Center values our caregivers and their continued commitment to compassionate patient care in the face of an unprec- feel safe and comfortable seeking edented health crisis.

We are deeply disappointed by in this highly disruptive one-day union has summarily rejected 98% of our proposals and they are de- respects our shared commitment Judy Frazier has been an ultra- manding pay increases while making 7-14% more than their peers in this market.

Despite that, we have prioritized securing and providing ap-"We've tried for nine months propriate PPE for our workforce,

> ernment mandates. Actions like those orchestratserve to distract from patient care and create fear at a time when people who need care - whether COVID-19 related or not - should it.

> Additionally, seeing healthcare workers stand less than six feet apart during these demonstrations sends a message to our commudistancing requirements, and disto fighting virus spread.

It is disheartening that Teamsters are choosing to take this un-Responding to COVID-19 and necessary action at a time when

## **Osofsky:** Consider Tax Work-A-Rounds

continued from page 7

their homes and other property, the parents' original acquisition to prior to the law's effective date along with their low property tax rate, to their children under existing law.

he or she should first consider the "downside" of doing so, including the following:

present transfer surrenders the long term care. adjustment to the property's cost basis at the parents' death, which

fer on the parent's eligibility for a to sell. (1) Capital Gains Taxes: A Medi-Cal subsidy to help finance

Work-A-Rounds?

would otherwise eliminate all tax- author, are considering work-athose parents who wish to pass able appreciation from the time of rounds for those parents who the time of the parents' death. This on Feb. 16, 2021 — wish to take loss would substantially increase action under existing law to both the capital gains tax payable when pass their low property tax rate But before any parent does so, the child later sells the property; to their children AND who desire (2) Long Term Care Needs: their children to receive favorable The possible effect of such a trans- tax treatment when they later opt

Gene L. Osofsky is an Elder Law and Estate Planning attorney in the East Bay. Visit his website at Some attorneys, including this www.LawyerForSeniors.com.