



Professional Services Portfolio



“ The Hive listens to, and responds, to the needs of the people who uses its services and we have been happy to support them ... and have enjoyed working with such an energetic, experienced and imaginative team.

Healthwatch Bristol, Project Co-ordinator

“ A vital training service and great asset to the community.

Parent of service user attending training



“ I understand what my rights are ... and that it is ok for me to speak out and say what I want.

Service user attending self advocacy training

“ Overall, I've learnt so much about relationships and sex, the training was really important for me ... I got to ask lots of questions about sex.

Service user attending relationship and sexual health training

About The Hive Avon

The Hive Avon is a not-for-profit organisation working alongside the learning disabled and/or autistic community and their families, helping them to lead more independent lives.

We believe that everyone with a learning disability and/or autism should be included in their community, feel valued and lead more fulfilling lives.

Primarily working in Bristol and South Gloucestershire, we support over 300 service users a year (plus their families/carers), providing a range of daytime and evening services aimed at increasing independence to a level that is appropriate for each individual, and supporting families with dependent sons, daughters and relatives.

There is a lack of awareness by society in general about learning disabled and/or autistic people. As a result, many are quite isolated from mainstream community opportunities, are heavily

reliant on family/carers and have few friends outside the family. It is easy to underestimate the potential and capabilities of those with learning disabilities and autism.

Established in 1968, The Hive Avon is the only organisation in Bristol and South Gloucestershire that offers such a wide range of services to the learning disabled and autistic community and their parents/carers.

Our services range from a social drop-in centre, social events, an education programme, accessibility audits, peer support, individual guidance and support to families/parents/carers.

Our vision

Our vision is driven by a belief that learning disabled and autistic people should enjoy the same rights to choice, education, housing, civil rights, health and employment as everyone else.

Everything we do comes from needs identified by service users and professionals, and a majority

of our training services are not provided elsewhere. In particular this portfolio of professional services and training opportunities has been developed at the request of local support companies and health and social care professionals.

Service users are involved in the design of training courses, and paid when they deliver training, conduct accessibility audits and moderate easyread documents.



Our Team

Our team has the capacity, skills and resources to meet the needs of the learning disabled and autistic community and those professionals who also support them.

The range of skills, experience and knowledge within the staff team, trustees and volunteers is very wide and not just restricted to social welfare issues.



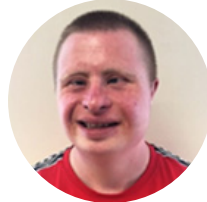
Liz Cooke
CEO

Former Head Teacher, 20+ year's experience working with the learning disabled and autistic community.



Dominic Box
Impact Projects Manager

Former solicitor, trainer, 10 year's experience working with the learning disabled and autistic community.



Mike Clothier
Lived Experience Trainer



Josh Rees
Lived Experience Trainer



Meri Rizk
Volunteer

Former CEO at BANES People First. Over 45 years of working with disabled people.

In addition to Meri we have a team of volunteers bringing a wide range of lived experiences, knowledge, skills, passion and commitment.

Quality checking and accessibility audits

Our team of quality checkers have the experience of auditing a range of NHS Trust sites, community health services and care services.

Between 2014 - 2019 our team of experts with lived experience worked with Healthwatch undertaking accessibility audits and quality checking visits across Bristol and South Gloucestershire. It was with this team of quality checkers that we came runners up in NHS England's National Healthwatch Awards in 2018.



With the learning disabled and autistic community continuing to face health inequalities and repeated incidents of NHS and care failings, quality checking and accessibility audits of services are as important now than ever.

The Hive Avon can provide this service for Local authorities, organisations and service commissioners who wish to improve evaluation of their services, by people with lived experience.

Cost will vary depending on size and scope of audit. Please contact us to discuss your requirements.



Consultations

Over the last 6 years The Hive Avon have assisted Local authorities, NHS Trusts, research groups and other organisation to facilitate consultations of the learning disabled and autistic community. We have done this through designing easy read consultation resources, supporting service users to complete surveys and by facilitating focus group events.

Seeking the views of the learning disabled and autistic community is complex and time consuming. With over 300 service users who access our services each year, we have the skills and resources to assist with your consultation needs.

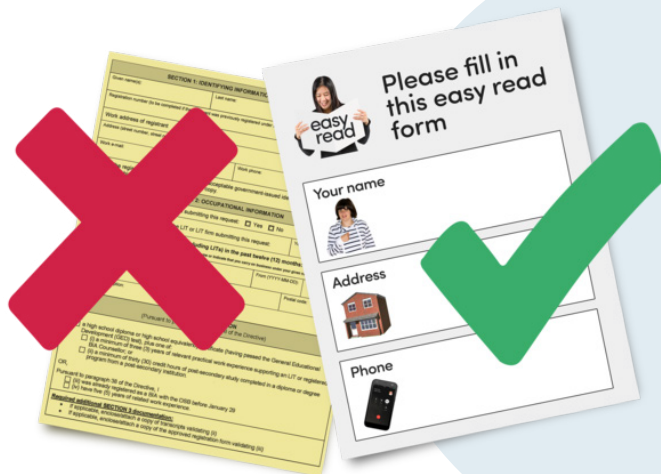


Easyread provider

At last, Easyread information is becoming more common place amongst public facing organisation, however, the quality of this still ranges greatly.

Our team of service users have, over the last 7 years, created and reviewed Easyread literature for support organisations, NHS services and Healthwatch.

Please contact us for more information.



Venue Hire

Large meeting/training room available for hire in Kingswood. Suitable for 20-30 people depending on layout.

Cost

£20 - £25 per hour

Discount available for charities.
Call us to discuss your needs!

Additional
small meeting/
training room in
development.



Our training

We have a range of ready to use training resources for both service users and professionals.

In addition to the training opportunities within this portfolio, we offer bespoke training design and delivery to meet the needs of your organisation and are happy to discuss your individual training requirements.

All our
service user
training resources
are produced in
Easyread.





Training for professionals

Learning disability and autism awareness training

Being aware of the barriers and challenges learning disabled and autistic people face is the key to enabling better communication and access to service.

The most impactful reasonable adjustment organisations can provide is knowledgeable and understanding staff.



Who the training is for

Anyone working in public facing roles particularly those in NHS, adult social care services and support companies

Learning objectives

- ▶ what is a learning disability and autism,
- ▶ how to identify a hidden disability
- ▶ communication tips
- ▶ what are reasonable adjustments
- ▶ what adjustments can be made to help and support someone
- ▶ accessible information standard
- ▶ introduction to easy read and how it can help.

About the training

- ▶ training provided by 2 trainers one of whom will have a learning disability and/or autism.
- ▶ this training can be delivered virtually or face to face although face to face is the preferred method.
- ▶ training can be provided at any venue
- ▶ this training is delivered over 3 hours
- ▶ we can accommodate up to 15 participants
- ▶ resource pack included.

Cost

£400

Excluding venue hire & travel cost



Training for professionals

All about Advocacy

Support workers play a vital role in the lives of the people they support. Alongside friends and family, it is support workers who encourage people to discover what a good life is for them, and how to speak out in order to live a life they choose.

This training is designed to help support workers become better advocates for the people they support, identify when an independent advocate should become involved and how to support their client to become better self advocates.



Who the training is for

Support workers working with learning disabled and autistic people.

Learning objectives

- ▶ overview of advocacy,
- ▶ the different forms of advocacy,
- ▶ how can I explain advocacy to the people I support
- ▶ development of self advocacy skills for your client
- ▶ when should a support worker act as advocate and when should an independent advocate become involved,
- ▶ organisations that offer advocacy services/support

Delivery methods

- ▶ training provided by 1 trainer.
- ▶ this training can be delivered virtually or face to face
- ▶ training can be provided at any venue
- ▶ this training is delivered over 3 hours
- ▶ we can accommodate up to 15 participants
- ▶ resource pack included

Cost

£350

Excluding venue hire & travel cost



Training for professionals

The importance of Complaints

Receiving good feedback or concerns is an essential tool for organisations to improve the services they provide to their clients and ensure their clients feel valued and listened to.

This training is designed to assist support workers understand how to support clients to speak out and feedback about the important things in their life.



Who the training is for

Anyone working with learning disabled and autistic people

Learning objectives

- ▶ why it's important to complain,
- ▶ barriers to complaints,
- ▶ informal and formal complaints,
- ▶ how to support people to complain,
- ▶ how to reflect on complaints and move forward,
- ▶ complaints and its links with advocacy,
- ▶ agencies who can help.

Delivery methods

- ▶ training will be provided by 1 trainer.
- ▶ this training can be delivered virtually or face to face
- ▶ training can be provided at any venue
- ▶ this training is delivered over 3 hours
- ▶ we can accommodate up to 15 participants
- ▶ resource pack included

Cost

£350

Excluding venue hire & travel cost



Training for service users

Self advocacy

Having good self-advocacy skills allows someone to have more control and make the life decisions that are best for them. Self-advocacy helps to empower them, to speak-up for themselves and make decisions about their life.

This fun and practical training is designed to help people understand their rights and responsibilities, to speak-up for their rights, make choices and decisions that affect their life.



Who the training is for

Learning disabled and or autistic adults

Learning objectives

- ▶ what are rights and responsibilities,
- ▶ why learning disabled/autistic people are sometimes treated differently
- ▶ assertiveness and body language
- ▶ making decisions with confidence
- ▶ what's important to them and how they can speak out to the people in their lives

Delivery methods

- ▶ delivered over 6 x 3 hour sessions, (can be delivered in a variety of formats to meet your needs).
- ▶ up to 12 participants
- ▶ face to face with 2 facilitators (not suitable for virtual training)
- ▶ all training material provided in Easyread
- ▶ easy read course handout included
- ▶ small groups discussions and activities

Cost

£950 - £1000

Excluding venue hire & travel cost



Training for service users

Money skills

Many learning disabled and/or autistic people will always need people to assist them with their budgets and finance, however there are still important decisions that need to be made.

The training helps individuals to better understand where their money comes from, how it is allocated and spent, so they can make better informed decisions about how to manage their money.

Who the training is for

Learning disabled and or autistic adults

Learning objectives

- ▶ where their money comes from and where it goes
- ▶ what is a budget
- ▶ what they need to pay -v- what they want to buy
- ▶ banking terms
- ▶ scams and how to keep their money safe
- ▶ how to adjust their budgets to save or buy the things they want
- ▶ important decisions they need to make

Delivery methods

- ▶ delivered over 4 x 3 hour sessions (can be delivered in a variety of formats to meet your needs).
 - ▶ up to 12 participants
 - ▶ face to face with 2 facilitators (not suitable for virtual training)
 - ▶ all training material provided in Easyread
 - ▶ easy read course handout included
 - ▶ small groups discussions and activities
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Cost

£650 - £700

Excluding venue hire & travel cost





Training for service users

Independent living skills

Transitioning to adulthood, preparing to live more independently or wanting to do more things for themselves at home, this training caters for all.

The training is designed to give participants the skills knowledge and confidence to make the transition to living more independently.



Who the training is for

Learning disabled and or autistic adults

Learning objectives

- ▶ personal hygiene,
- ▶ keeping healthy and annual health checks,
- ▶ keeping safe at home and when out,
- ▶ domestic chores,
- ▶ healthy eating,
- ▶ food safety and kitchen hygiene
- ▶ introduction to money skills

Delivery methods

- ▶ delivered over 5 x 3 hour sessions (can be delivered in a variety of formats to meet your needs)
- ▶ up to 12 participants
- ▶ face to face with 2 facilitators (not suitable for virtual training)
- ▶ all training material provided in Easyread
- ▶ easy read course handout included
- ▶ small groups discussions and activities

Cost

£800 - £850

Excluding venue hire & travel cost



Training for service users

Relationship and sexual health

People have the right to receive information regarding their sexuality and relationships in a way they understand. Many learning disabled and/or autistic people have not received relationship and sex education, or had it provided in a way they can understand.

This training helps individuals understand about healthy relationships, how to date safely, understand their bodies, sex, sexual health and consent.



Who the training is for

Learning disabled and or autistic adults who have the capacity to make decisions about sex & relationships

Learning objectives

- ▶ friendships, boundaries and relationship rules
- ▶ safe dating tips
- ▶ different ways to be intimate
- ▶ good sexual health
- ▶ contraception and how to put a condom on
- ▶ consent and saying no
- ▶ unhealthy relationships
- ▶ have a safe place to talk about sex & relationships

Delivery methods

- ▶ delivered over 8 x 3 hour sessions (can be delivered in a variety of formats to meet your needs)
- ▶ up to 12 participants
- ▶ face to face delivered by at least 2 facilitators (not suitable for virtual training)
- ▶ 90 page Easy read course handout included
- ▶ small groups discussions and activities

Cost

£1400 - £1500

Excluding venue hire & travel cost

Contact us

If you wish to discuss any of our services or have training needs or professional services not identified within this portfolio, please feel free to contact us to discuss how we can support your organisations requirements.



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