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## WEEKEND WEATHER

**MILD** Partly cloudy skies and mild winds  
HIGHS: 70-75  
0 10 20 30 40 50 60 70 80 90 100 110  
LOWS: 51-56

## FRIDAY



## SATURDAY



## SUNDAY



# San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

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THURSDAY, SEPTEMBER 13, 2018

SAN LEANDRO • CALIFORNIA

## San Lorenzo Village Plans A Step Closer

Art deco style mixed-use project on the drawing board

By Amy Sylvestri  
San Leandro Times

A plan to build stores and apartments on the long-empty site of the old Mervyn's building and parking lot in San Lorenzo may be one step closer to becoming a reality, as the Alameda County Planning Commission is set to hear about the project next week.

Sacramento-based developers Demmon Partners wants to build a four-story, art deco inspired, mixed-use project with 163 market-rate units in four different apartment buildings along Hesperian Boulevard and Via Arriba.

There are also plans for a pool for residents, dog park, a BART shuttle for residents, and 12,000-square-foot of retail space on the corner of Hesperian Boulevard and Paseo Grande, with room for at least six different shops ranging from 1,300 to 2,600-square-feet.

The land is owned by Bohannon Companies and has been empty for nearly 20 years since Mervyn's closed. But if the new project is approved, Demmon Partners would own, manage, and lease the development.

Previous plans for the site have come and gone over the years, and a similar plan from Demmon was rejected just last year, but more retail space has been added and the developers believe they'll get county approval this time around.

You can see detailed project drawings, including the floor plans for the studio, one-, two-, see PROJECT, page 5

## Dias Leaves Vacancy on Oro Loma Board

By Amy Sylvestri  
San Leandro Times

The Oro Loma Sanitary District has an immediate vacancy on its board of directors.

It's normally an elected position, but because former Director Roland Dias stepped down midway through his term, applications to replace him are now open.

Dias, who is 83, no longer felt up to continuing his duties on the board so he opted to retire. Dias is a former executive with Pacific Bell and AT&T and had been on the Oro Loma Board since 1992, making him the longest-serving member at the time of his departure.

see ORO LOMA, page 5



PHOTO BY JIM KNOWLES

Runners took off at the start of the 3k fun run by the SLHS cafeteria and headed out to Bancroft Avenue.

## Running Takes Off at SLHS

By Jim Knowles  
San Leandro Times

What started as a little fun run at San Leandro High has become a pretty big fun run.

Over 300 runners left SLHS after school on Tuesday and hit the streets in a 3k (1.8-mile) run. Students, teachers and middle schoolers joined in the annual event to

promote running.

The run is led by the Pirates cross country team, which has grown from 30 members to 180 in the past half dozen years, said Pirates cross country coach Victor Doan.

It looks like cross country is catching on at SLHS.

"It's taken on a whole new level," Doan said of the team. "Its popularity has

doubled and doubled again. Now it's this monstrosity. We go to a meet and people can't believe it."

Doan must have a good memory, since he manages to remember the name of everybody on the team. He said it helps when everybody knows they're recognized by the coach.

see RUN, page 5



## SL Moon Festival

The 6th annual San Leandro Moon Festival will be held on Sunday, Sept. 16, from 10:30 a.m. to 6 p.m. in front of the Seagull Picnic Area at the San Leandro Marina Park, hosted by the Asian Community Cultural Association of San Leandro. The festival is free with a full day of cultural entertainment, vendor information, moon cake tasting and free door prize drawings. Everyone is invited. Bring lawn chairs or blankets and sunscreen. For more information, call Arlene Lum at 1-800-819-2828.

## Volunteers To Clean Up Shoreline on Saturday

San Leandrans to join 34th Annual California Coastal Cleanup Day

The City of San Leandro's annual Shoreline Cleanup will be on Saturday, Sept. 15, from 8 a.m. to noon, part of the statewide California Coastal Cleanup Day.

Meet in one of the two staging areas: the Monarch Bay Drive Bridge (at the end of Marina Park), or the Heron Bay entrance to the shoreline trail at the end of Lewelling Boulevard. The Heron Bay entrance has limited onsite parking.

All necessary equipment for the cleanup event will be provided with Alameda County Industries donating dumpsters for debris disposal. Drinking water also will be available, but

please bring your reusable water containers.

Students from the local high schools will receive certificates of service for participation. Past events have included as many as 500 volunteers.

Coastal Cleanup Day is held the third Saturday each September. Now in its 34th year, the event includes cleanup efforts throughout California's coastal communities that beautify and protect the coastline.

For more information on the San Leandro Shoreline Cleanup, to volunteer or pre-register groups of 10 or more, call Marina Manager Delmarie Snodgrass at 577-3490.

## INSIDE YOUR TIMES

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## MEETING SCHEDULES

### CITY COUNCIL

Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

### SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



## Pets of the Week



Pete



Patches

The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are Pete the bunny and Patches the bunny.

**Pete** is a rambunctious 5-month-old bunny who'll keep you on your toes. He's confident, curious and would love a family who'll keep him busy

and engaged.

**Patches** is a mellow bunny who loves everyone. He enjoys greens, hay and an occasional piece of apple. He likes being petted and would be a wonderful addition to your family.

For more information on Pete or Patches, call the Hayward Animal Shelter at 293-7200.



Erin Reis and Alicia von Kugelgen appear in *Once Upon a Mattress*, running Sept. 13 through Sept. 30 at the Douglas Morrisson Theatre.

## Cherry City Toastmasters

The Cherry City Toastmasters Club meets every Tuesday from 12:05 to 1:05 p.m. in the Trustees Room on the first floor at the San Leandro Main Library, 300 Estudillo Ave. Public speaking is said to be

the number one fear in America. If this sounds familiar, you are not alone.

The club offers a safe, supportive environment to grow your public speaking and leadership skills.

## Once Upon a Mattress Opens this Weekend at the Douglas Morrisson

The Douglas Morrisson Theatre, 22311 N. Third St. in Hayward, opens the season with *Once Upon a Mattress*, running Sept. 13 through Sept. 30 on Fridays and Saturdays at 8 p.m., and

Sundays at 2 p.m.

This light-hearted romp is a comic retelling of the classic Hans Christian Andersen story, *The Princess and the Pea*.

Tickets are \$29 with dis-

counts for students, groups of 10 or more, and for over 60 or under 30. Tickets are \$10 for the preview on Thursday, Sept. 13. For tickets or information, call the box office at 881-6777.

## San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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## Now & Then Hair Salon

Welcomes the girls from  
Hair Trap Designs:  
Holly Lu, Carol Atkin,  
and Carol Libbrecht

The girls from Hair Trap Designs relocated to Now and Then in July.  
Carol Libbrecht owned Hair Trap Designs for 30 years and decided to close the business but still works.

*"So happy to have relocated to such a great salon with such terrific, professional stylists to work with!"*  
- Carol

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## Calling Vendors for Senior Resource Fair

The City of San Leandro is now accepting applications for vendors at the Senior Resource Fair on Friday, October 12, from 10 a.m. to 1 p.m. at the Senior Community Center, 13909 East 14th St.

The fair is an opportunity to market services for seniors including health and wellness, transportation, financial planning, and leisure activities. Over 60 agencies will be on hand to

provide information and answer questions.

A limited number of vendor spaces are still available on a first-come, first-served basis. Applications are available at the Senior Community Center and Marina Community Center or online at: <https://tinyurl.com/2018-SRF-Application>.

For more information, call Susan Criswell, senior services coordinator at 577-6053.

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PHOTO COURTESY OF SLPD

## Fumes from Fire at Alco Prompt Shelter Order

A fire broke out at the Alco Metal & Iron Company at the intersection of Davis Street and Doolittle Drive last Friday, Sept. 7, shortly before 4 p.m. A shelter in place order for residents in the western part of the city was issued due to acrid smoke in the air, according to the Alameda County Fire Department. The cause of the one-alarm fire is under investigation. Alco was also the site of a two-alarm fire in July of 2017 and an unrelated accidental death at the facility two weeks later. That led to the company being publicly criticized by the San Leandro City Council as well as the Alameda County Fire Department, who reported that they've been called to the Alco site at least 10 times since 2014.

## Candidate Attacked with Knife at CV Festival

A Republican Congressional candidate who had a promotional booth at last week's Castro Valley Fall Festival was attacked by a man with a knife, according to the Alameda County Sheriff's Office.

Deputies assigned to the festival contacted the victim, Rudy Peters, at his booth at around 3:45 p.m. on Sunday, Sept. 9.

Peters told officers that a man, later identified as Farzad

Fazeli, 35, approached him in an aggressive manner and made disparaging remarks about his political party, according to Sgt. Ray Kelly of the Sheriff's Office.

During the incident, Fazeli is thought to have pulled out a switchblade, but the knife malfunctioned and didn't open. Peters and Fazeli then got in a brief struggle before Fazeli ran off.

Fazeli initially fled the area

but was found a short time later with the knife in his possession. He was arrested for felony assault, criminal threats, brandishing a weapon, and possession of a switchblade.

Fazeli's mother told the media that Peters was the aggressor and her son was just defending himself.

No one was injured and the case has been turned over to the district attorney's office.

## Stolen Purse Leads to Home Robbery

A stolen purse led to the robbery of multiple guns from a home on the 200 block of Lorraine Avenue late last month.

### Man Arrested For Gun but Not Kidnapping

Police were called to the 500 block of Marina Boulevard in the early morning hours of Aug. 31 after a witness reported seeing a woman being forced into a car by a man.

The witness said the car then took off speeding, according to Lt. Isaac Benabou of the San Leandro police.

Detectives were able to locate the car in Oakland a couple of hours later and both the man and women were still inside it.

Police found that the couple were in a dating relationship and had an argument but no abduction had taken place.

However, police located a loaded gun in the car and the man was arrested for a firearm offense.

It began on the morning of Aug. 31 when a woman had her purse stolen out of her car while she was exercising at a gym, according to Lt. Issac Benabou of the San Leandro police.

The thief apparently took the woman's keys and her address

from her identification and went to her home to steal some more.

At around 9 p.m. that same day, another resident of the home heard the suspect enter, but thought it was another family member. The robber was able to get away with five guns.

## Teen Arrested for BB Burglary

A man returning to his car in the Bayfair mall parking lot on Sept. 1 at around 10 p.m. discovered a suspect trying to break into his vehicle. The suspect pulled out a BB gun and fired, striking the car.

The victim gave chase and the suspect was later discovered hiding in the Starbucks bathroom, causing police to evacuate patrons. The suspect, a 13-year-old boy, was taken into custody.

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# The No Guesses Way to Eliminate Back Pain and Sciatica

**IF YOU suffer from low back pain and/or sciatica, you are one of over 20 million adults in the US with this painful spinal condition... And it can really get you down.**

Shooting, stabbing and burning pains from the low back, sometimes with additional pain and numbness and tingling through the buttock, leg all the way down to the tip of the toes are all some of the most common symptoms.

In severe cases, it can lead to muscle wasting and even significant disability. If not taken care of properly it can become progressively more common and worse as time goes on. Even if it goes away temporarily from time to time.

Despite being a common problem it's difficult to get rid of because most health care providers don't have access to the right diagnostic technology or don't understand how to diagnose it correctly when they do.

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Recent advances in the diagnosis and treatment of sciatica and lower back pain have led to the development and huge success of Kinetically Analyzed Digital X-Ray.

In Pleasanton, you can get an accurate diagnosis with Kinetically Analyzed Digital X-Ray at Intero Chiropractic where there is a team that have helped hundreds of patients find relief from their back pain and sciatica.

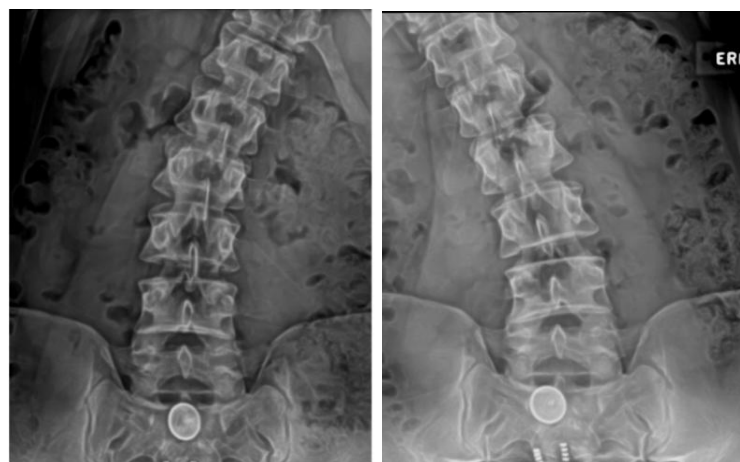
According to the team, "We use a combination of carefully selected diagnostic technology, not found elsewhere in Pleasanton, for precisely diagnosing the cause of your low back pain and sciatica. The technology has been developed to measure the functional problem leading to the pain a person is suffering, it is more accurate than the usual tests you would get. We also have a completely unique program for reconstructing the damaged area

causing the pain; this means superior long-term results for most people."

And because the treatment is non-surgical, safe and easy, most patients report relief beginning to take shape almost immediately.

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The team at InteroChiropracticwants to help readers find relief from their persistent back and sciatic pain.



**Superior Diagnostics - Kinetically Analyzed Digital X-Ray:** This is a non-invasive, painless and safe diagnostic method which visualizes functional abnormalities causing back pain and sciatica where they happen. It is used effectively in the diagnosis of numerous diseases and in the evaluation of the best treatment method for corrective reparation of the underlying problem.

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**LOS53CID6kadxr4) and Intero will happily reduce their usual consultation fee of \$100 to just \$20. But hurry - this is a time limited offer - and with only 100 reader consultations available at this**

**exclusively discounted rate.**

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**They actually treat the cause of your health problem, not just your symptoms.**

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Over the years, they've accurately diagnosed hundreds of patients with back problems and sciatica. The vast majority of them have enjoyed

superior, lasting relief. In fact, many who've suffered and have tried other remedies have told them they gave them back their lives!

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**3. Then:** Bring this article on your appointment day(to claim your special discount) and you'll be on your way to safe, lasting relief! Don't delay your important diagnosis and treatment another moment!

You can even call on the weekend and leave a message to secure your spot as they promise to return your call; and during the week, if the line is busy when you call, do leave a message for a returned call straight away.

You can imagine they can't help everyone at this reduced price, so please call today to secure your special opportunity - and start claiming your life back too!

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# NEIGHBORS



## Five Generations

Noah Clarence Silva was born on Aug. 24, weighing in at 9 pounds 12 ounces. Noah is shown here with five generations of the family – dad Tyler Silva, grandfather Jeff Silva, great-grandmother Marie Silva, and (sitting) great-great-grandmother Connie Silva. Noah's dad lives in Pittsburg now but grew up in San Leandro.

## ARTS & ENTERTAINMENT

❖ **Douglas Morrisson Theatre**  
The Douglas Morrisson Theatre, 22311 N. Third St. in Hayward, opens the season with *Once Upon a Mattress*, running Sept. 13 through Sept. 30 on Fridays and Saturdays at 8 p.m., and Sundays at 2 p.m. This light-hearted romp is a comic retelling of the classic

Hans Christian Andersen story, *The Princess and the Pea*. Tickets are \$29 with discounts for students, groups of 10 or more, and for over 60 or under 30. Tickets are \$10 for the preview on Thursday, Sept. 13. For tickets or information, call the box office at 881-6777.

❖ **Bill Owens Photo Exhibit**  
PhotoCentral, 1099 E St. in Hayward, presents *Altamont to America: Bill Owens and the Legacy of Suburbia*, running through Oct. 20. The exhibit celebrates the work of Bill Owens, spanning six decades, for his 80th birthday. The exhibition coincides with the book release of the same title. Gallery hours: Upstairs gallery – Monday through Friday from 9 a.m. to 5 p.m. Downstairs gallery – Monday 5 to 10 p.m., Tuesday and Thursday 10 a.m. to 1 p.m. and by appointment. For more information, call PhotoCentral at 881-6721 or email info@photo-central.org.

## HOROSCOPE by Salomé

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**ARIES (March 21 - April 19):** The changing season brings new experiences as well as challenges for the ever-adventurous Aries. Your social life expands, as do the opportunities at your workplace.



**TAURUS (April 20 - May 20):** That recent period of uncertainty has passed. You now can now feel more confident about making decisions, especially those that relate to an important personal relationship.



**GEMINI (May 21 - June 20):** Although you might be faced with a number of tasks on your to-do list, try to take time out to enjoy the arts. Music, especially, can be soothing to the sensitive soul of a Gemini.



**CANCER (June 21 - July 22):** A disagreement with a colleague or friend is best resolved with open and frank discussion. Trying to force the other party to see things your way is bound to backfire.



**LEO (July 23 - August 22):** That Leonine pride might be ruffled by a colleague's challenge to one of your pet ideas. But stop growling and listen. You could learn something that will work to your advantage.



**VIRGO (August 23 - Sept. 22):** Someone in authority might decide to select you as a candidate for a project that carries more responsibilities. Be prepared to show why you're the right choice for the job.



**LIBRA (Sept. 23 - October 22):** That new workplace problem should be dealt with as soon as possible. Leaving it unresolved for too long could lead to an even more unsettling and time-consuming situation.



**SCORPIO (October 23 - November 21):** You might have to do some fancy juggling to keep both your work responsibilities and personal obligations on track. But ultimately, you'll work it all out, as you always do.



**SAGITTARIUS (Nov. 22 - Dec. 21):** You might hear some upsetting things about a situation in your life. But don't be swayed by talk. Demand proof before making any decisions on the matter.



**CAPRICORN (Dec. 22 - Jan. 19):** Don't risk depleting those precious energy levels by taking on more tasks than you can realistically handle. Also, remember to ask for help when you need it.



**AQUARIUS (Jan. 20 - Feb. 18):** It might be difficult for the Aquarian who is used to giving advice to take counsel when offered. But it's a good idea to listen to what trusted friends feel you should know.



**PISCES (Feb. 19 - March 20):** Things might be a little unsettled as you move through a period of reassessment. But once you get your priorities sorted out, you should be ready to tackle an important decision.

## COMMUNITY CALENDAR

### ❖ San Leandro Creek Cleanup

Friends of San Leandro Creek is hosting a cleanup at the creek on Hegenberger Rd. in Oakland on Saturday, Sept. 15, from 9:30 a.m. to 12:30 p.m. All groups and individuals are welcome. Waivers required, and children under 16 must be accompanied by an adult. Water, snacks, and trash bags provided, but bring gloves and clothes that can get dirty. Park on Hegenberger Road or across the street at the San Leandro Creek Staging Area parking lot and meet on the bridge on the southeast side of Hegenberger Blvd.

### ❖ Fun Family Pancake Breakfast

The Kiwanis Club of Hayward/Castro Valley will host a pancake breakfast on Saturday, Sept. 15, at the Hayward Area Senior Center, 22325 North Third St. in Hayward from 8:30 to 11 a.m. Bring the entire family to enjoy a delicious breakfast of pancakes, eggs, sausage, juice and coffee. Sulphur Creek Nature Center will be at the event from 10 to 11 a.m. to share some wild critters. Tickets are available at the door, adults \$5, \$3 for children under 12 and Seniors 60+ are free. For more information, call 881-6766 or visit [www.haywardrec.org](http://www.haywardrec.org).

### ❖ San Leandro Moon Festival

The 6th annual San Leandro Moon Festival will be held on Sunday, Sept. 16, from 10:30 a.m. to 6 p.m. in front of the Seagull Picnic Area at the San Leandro Marina Park, hosted by the Asian Community Cultural Association of San Leandro. The festival is free with a full day of cultural entertainment, vendor information, moon cake tasting and free door prize drawings. Everyone is invited. Bring lawn chairs or blankets and sunscreen. For more information, call Arlene Lum at 1-800-819-2828.

### ❖ East Bay Rose Society Meeting

Master gardener and rosarian Darrell Schramm will speak at the East Bay Rose Society's meeting on Wednesday, Sept. 19, at 7:30 p.m. at the Lakeside Garden Center, 666 Bellevue Ave. in Oakland. Schramm's recently published book *Rainbow: A History of the Rose in California* describes the evolution of the rose in California, from the earliest wild varieties, through the cultivated roses from the Gold Rush era, to the nurseries of later decades-all of which prepared the ground for California's world-class rose industry in the later 20th century. Come and enjoy snacks, meet people who talk roses, and enjoy the show. For more information, see [www.eastbayroses.org](http://www.eastbayroses.org).

### ❖ 26th Annual Cop Shop Barbecue

The Alameda County Sheriff's Cop Shop will host its 26th Annual Cop Shop Barbecue on Friday, Sept. 21, from 5:30 to 9 p.m. at 2490 Grove Way in Castro Valley with tri-tip, chicken, hot links, salad, beverages and dessert. Tickets are \$12 for adults, \$14 at the door, and \$6 for children 12 and under.

### ❖ Praises of Zion Health Fair

Praises of Zion Missionary Baptist Church, 1395 Bancroft Ave. in San Leandro, will host a health fair on Saturday, Sept. 22, from 10 a.m. to 2 p.m. Free disposal of expired prescription drugs, free toothbrushes and toothpaste, haircuts and cell phones if you are receiving social services. Exercise classes and emergency preparedness information. Health drinks, sherbet, popcorn and water, and games and face painting for children. For more information, call 483-1811.

### ❖ SL High School Class of 1978 Reunion

The San Leandro High School Class of 1978 will hold its 40-year reunion on Sept. 22 from 6 to 10 p.m. at Campos Family Vineyards in Byron. Details and online registration at [www.slhsreunion.com](http://www.slhsreunion.com) or call Ernie at 858-232-5419.

### ❖ Soroptimist Fundraiser Garage Sale

Soroptimist International of the East Bay presents its fundraiser garage sale on Saturday, Sept. 22, from 8 a.m. to 4 p.m. at 3841 Somerset Ave. in Castro Valley. This will support scholarships and programs that support women and their families. Donations welcome. Call to arrange a pickup or drop-off. For more information, call 593-377.

### ❖ Weldonians Reunion

The Weldonians, a youth band and majorette corps founded in 1937 in Oakland and moved to Hayward in 1966, are having a reunion on Sept. 22, at 12:30 p.m. at the Marriott Hotel in Fremont. Tickets are \$25. For tickets and information, contact Marlynnne Leonardson at [mleonardson@yahoo.com](mailto:mleonardson@yahoo.com).

### ❖ Teen Driver Program

The California Highway Patrol will host the Start Smart: Teen Driver Program at the Castro Valley Library, 3600 Norbridge Avenue, on Tuesday, Sept. 25, at 6 p.m. CHP officers will discuss traffic collision avoidance techniques, collision causing factors, driver/parent responsibilities, seatbelt usage. Officers and family members who have lost loved ones will provide testimonies about fatal collisions involving teens. For more info or to register, call the library at 667-7900 or visit [www.aclibrary.org](http://www.aclibrary.org)

### ❖ Anwuli Cultural Exposition

Anwuli 2018 Cultural Exposition will be on Saturday, Sept. 29, from 9 a.m. to 5 p.m. at the Seagull Picnic Area of Marina Park, 14001 Monarch Bay Drive in San Leandro. Activities include cultural dance, food and crafts, face painting, life performance by Soulbeatz drum circle and raffle. The event is free to the public.

### ❖ San Leandro Toastmasters

The San Leandro Toastmasters meet on Thursday nights from 7 to 8 p.m. at the San Leandro Main Library, 300 Estudillo Ave. The group fosters improved communication and public speaking. All levels of speakers from novice to seasoned are welcome.

### ❖ The Philatelic Society of San Leandro

The Philatelic Society of San Leandro Inc. meets the third Tuesday of each month in the Trustee room and the San Leandro Library, 300 Estudillo Ave. Doors open at 6 p.m. with the meeting starting at 6:30 p.m. For more information, call Gayle at 638-8765.

### ❖ Free Taco Tuesday at the SL Library

Bienvenidos and Welcome! All are invited to a free Taco Tuesday in honor of Hispanic Heritage Month on Tuesday, Sept. 25, at the San Leandro Main Library, 300 Estudillo Ave. in downtown San Leandro. Tacos and an art craft will be available to the public while quantities last from 6 to 7 p.m. Then adults 18 and over are invited to enjoy the 2018 romantic comedy "La Boda De Valentina" (Valentina's Wedding) starring Marimar Vega and Omar Chaparro at 7 p.m. For questions and more information about Hispanic Heritage Month at San Leandro Library, call 577-3971.

Calendar items should be submitted at least one week prior to the desired edition of the Times, which is published Thursdays. Space limitations require we print items of the most general interest. Only Non-Profit Organizations should submit calendar items.

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PHOTO BY JIM KNOWLES

Runners pass in front of San Leandro High on the 3k fun run on Tuesday.

## Run: Cross country season starts

*continued from front page*

"I'm good at remembering names, so after the first 10 days I can remember each kid's name."

The cross country teams from the two middle schools – John Muir and Bancroft – joined the fun run too.

Coach Nick Sigmon set the pace on Tuesday, finishing first in the 3k run with a time of 9:10. In second place, San Leandro High

senior Steven Choi finished in 9:45, followed by Ryan Nguyen.

San Leandro High sophomores Ariana Chavez and Karis Taylor tied for the best time for the girls.

"Coach Sigmon said to try to stay with him as long as we could," said Choi, who runs on the cross country and track teams.

Meanwhile, coach Doan held

a stopwatch, checking the times of the runners arriving back at the school at the end of the 3k.

"These are great times for this point in the season," Doan said. "We're hoping for a strong season."

San Leandro's first cross country meet of the season will be the Farmer Invitational this Saturday at 9 a.m. at Hayward High School.

## Oro Loma: Applications available

*continued from front page*

Dias was notable for the financial controls he exercised during his more than 25 years as a director, according to Oro Loma General Manager Jason Warner.

"Everything he did was customer-focused," said Warner. "He always did his homework and was very financially savvy. He helped us control our post-retirement debt and had a policy of not taking on any new debt. He definitely set a great tone on the board."

Dias' last day on the job was in mid-August. Now his seat is open and anyone interested in replacing him is invited to apply to Oro Loma by Sept. 19 at 4:30 p.m.

Oro Loma handles waste and recycling and wastewater treatment for customers in parts of San Leandro, San Lorenzo, and Castro Valley.

Applicants must reside within the boundaries of the Oro Loma Sanitary District and be registered to vote in Alameda County. Qualified applicants will interview at the district's Oct. 2 board meeting and the board will vote to appoint its new member. For

more information, call 276-4700.

The successful candidate will serve the remainder of Dias' term through November of 2020 and would then be eligible to run for reelection in that year's general election.

There are also three seats on the Oro Loma board up for grabs in this November's general election.

Incumbents Timothy Becker, Rita Duncan, and Shelia Young are all seeking reelection.

And a fourth candidate, Fred Simon, wants to join the board. Simon is a water resources director with a master's degree in civil engineering from Stanford. It's a "pick three" election, so three out of those four people will be elected to the board.

## Mattress Collection Next Week in Hayward

Mattress Recycling Council's "Bye Bye Mattress Program" will hold a free mattress collection event on Saturday, Sept. 22, from 9 a.m. to noon at 20095 Mission Blvd. in Hayward.

Cotton, fiber, steel, wood and foam are among the up to 80 percent of materials in a mattress and box spring that can be recycled and turned into everyday products such as appliances, carpet padding, biomass fuel and more.

The program was established by law and is operated by Mat-

tress Recycling Council, a non-profit that uses a recycling fee collected on each mattress and box spring sold, making recycling easier in our communities.

The mattress collection in Hayward is part of the Ashland/Cherryland Clean Up program, teaming up with Supervisor Nate Miley.

Since it began in 2016, Bye Bye Mattress has collected more than 2 million mattresses resulting in 70 million pounds of materials being diverted from state landfills.

## Project: Meeting on Monday

*continued from front page*

and three-bedroom apartments online at <https://bit.ly/2x5Jzsu>.

The Planning Commission meeting is designed to give information and collect public feedback, but no decisions will be made. The meeting is scheduled for Monday, Sept. 17 at 3 p.m. at the county offices at 224 West Winton Avenue, Hayward.



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## AUTOMOTIVE

## Terrain Denali Flourishes as Crossover

By Steve Schaefer  
San Leandro Times

**T**he Terrain, the “small” SUV in GMC’s truck-based family, has received a total overhaul for 2018. Since my last test of the Terrain dates back to February of 2010, I thought it was worth taking a look.

In the last eight years, crossover SUVs, vehicles based on a car chassis with sport-utility styling and sometimes all-wheel drive, have taken over from sedans as Americans’ preferred mode of travel. GM is smart to update and upscale their models, which is demonstrated by my Ebony Twilight Metallic test car. Now, buyers are willing to pay more because they want more, and the Terrain Denali is loaded.

To start with the look, this new car is a more attractive proposition, more integrated and less like a chunky Tonka truck. The sides are more smoothly proportioned, with enough edge over

the wheel wells to convey ruggedness. Above that, the window line tapers and the floating rear pillar not only looks contemporary, but also a lot like a Chevrolet Bolt EV, its electrified cousin.

The Terrain’s new face boasts the brand’s signature wide octagonal mouth, but with elaborate curving, clever LED lighting, and lower valence. There’s a lot of visual action there, especially so in the Denali, with its satin-chrome multidimensional grille. The Denali boasts 19-inch ultra-bright machined aluminum wheels with dark-painted pockets, body-color fascias and lower trim, bright roof rails and moldings, exclusive aluminum sill plates, and more upscale touches.

Motivation is by a 2.0-liter turbocharged inline four-cylinder engine, through GM’s nine-speed Hydra-Matic automatic transmission. A V6 is no longer available or needed—the four puts out 252 horsepower and 260 lb.-ft. of torque, enough to move this 3,801-pound vehicle along quickly. Interesting that an EPA

“small SUV” can weigh nearly two tons.

Fuel economy numbers are 21 City, 26 Highway, 23 Combined for the all-wheel-drive version; the front-wheel-drive model adds 1 or 2 mpg. While all-wheel-drive is nice to have, if you don’t need it you can save \$1,750. I averaged 21.4 miles per gallon during my week-long test.

EPA Green scores are 5 for Smog and Greenhouse gas—dead center. The 2010 model I drove got 7 and 6 respectively, but it had a 2.4-liter non-turbo four with 182 horsepower and 172 lb. ft. of torque, running through a six-speed automatic, so, to turn an expression around, in this case you pay for what get.

As I noted eight years ago, GM has really made an effort to deliver appealing interiors, with upgraded materials and styling, and this new product shows it. The fat leather-wrapped wheel feels good, the metallic trim glistens, and in Denali guise, you feel pampered. The Denali-exclusive leather-trimmed seats offer power controls for the driver but the passenger’s rake control is a manual lever (cost cutting?)

The vehicle has 103.2 cubic feet of passenger volume, which would make it a large car, even if it’s a “small” SUV per the EPA. You can stash 81 cubic feet of gear if the rear and front passenger seat are folded; 29.6 cubic feet with the rear seat up means this is one roomy little wagon. If you want to haul more cargo, you can trailer 3,500 pounds with either FWD or AWD, and with the optional \$450 Trailering Equipment package.



The Terrain’s new face displays the brand’s signature wide octagonal mouth, but with elaborate curving, clever LED lighting, and lower valence.

Being a Denali, this Terrain gets specific suspension tuning, with urethane spring isolators for added comfort and, one hopes, improved offroad behavior if you choose to go there. I didn’t test one without this to compare.

As you’d expect, the feature list is long. A few highlights include the Rear Seat Reminder, which monitors door usage and reminds you to check the rear seats before walking away. The Driver Alert Package I is standard, with Side Blind Zone Alert with Lane Change Alert, Rear Park Assist, Rear Cross Traffic Alert and my favorite, the Safety Alert Driver Seat, that shakes your booty if you’re closing in too fast on another car without touching the brake. The Driver Alert Package II, which my car had, adds several more safety enhancements.

Pricing starts at \$38,495 for

the front-wheel-drive model and \$40,245 for all-wheel drive. My tester, with the “Skyscape” sunroof (\$1,495), Advanced Safety Package (\$745), Comfort Package (\$525), Driver Alert Package (\$495), Trailering Equipment, and upcharge for the deluxe paint color (\$395), topped out at \$44,370. If you crave a Terrain but have a smaller budget, they

start at \$26,985 for the SL model.

The Terrain certainly does the job, looks and feels like a quality piece, and equipped like the Denali, begins to approach entry-luxury car pricing and features. As it sits, it represents where the market is heading, and is now thoughtfully brought up to date. Is a plug-in hybrid the next advance?



Driver Alert Package I content includes Side Blind Zone Alert with Lane Change Alert and Rear Park Assist.

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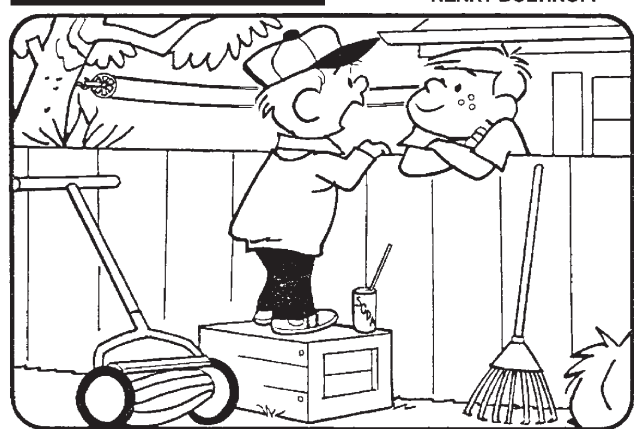
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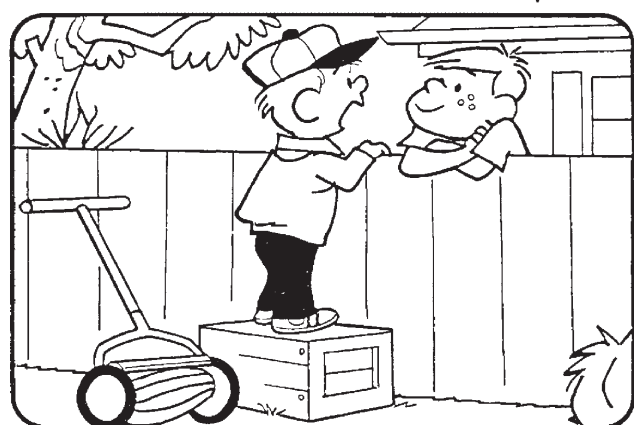


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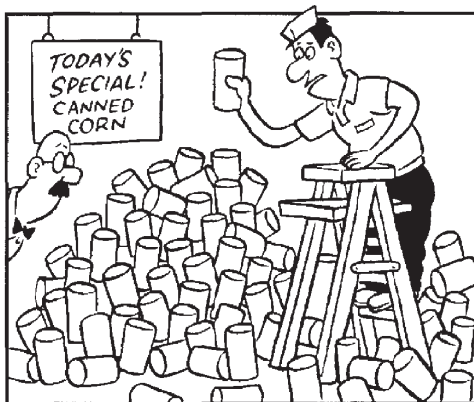
BY  
HENRY BOLTIHOFF



Find at least six differences in details between panels.



Differences: 1. Clothesline is missing. 2. Handle is shorter. 3. Sweathirt is shorter. 4. Can is missing. 5. Crossed arms are switched. 6. Rake is missing.



**A “CORN” SITUATION!** It’s back to cart duty for Fred. Try totaling up the number of cans in our picture. You have 30 seconds.

Answer: We found 66

**TRY “RAPPIN” TO THIS ONE!** See if you can solve this AlphaMath puzzle in under 3 minutes. You must replace the letters to the right with the digits 0, 1, 2, 4, 6 and 8 so that you have a correct addition problem. The same letters get the same digits.

Our answer: H=6, I=0, P=4, O=2, L=8, C=1. (604 + 624 = 1228.)

**“READY, SET, SOLVE!”** The words to fill in Grid B below contain the same letters as the corresponding words in Grid A. Here are some hints to help you.

1. Most desirable.
2. Cut down.
3. Part of wood fence.
4. A rounded top

GRID A	GRID B
S	T
W	E
I	A
M	M

1. Gaming stakes.
2. At what time?
3. A prevaricator.
4. A musician’s ad.

Answers: 1. Best-bets. 2. Hewn-when. 3. Rail-lar. 4. Dome-demo.

## Junior Whirl

by Charles Barry Townsend



### PYRAMID OF WORD POWER!

Let’s see how fast you can stroll through this one! Starting with the given word **SAUNTERED**, at the bottom of our pyramid, try dropping one letter at a time as you work your way up, so that the remaining letters, at each level, spell out a new word. The following helpful hints are in ascending order, beginning with **SAUNTERED**.

1. Walked at a leisurely pace.
2. Where kelp grows.
3. To be well liked.
4. To be trapped.
5. Socially inept people.
6. Winter habitats.
7. The last page in a book.
8. Symbol of an element.
9. Most commonly used letter.

Answers: (from the bottom up): Sauntered, undersea, endears, snared, nerds, dens, end, NE (neon), e.



## HEALTH &amp; FITNESS

## Heart Disease Risk Even Your Doctor May Not Know About

If you're like most people, you're familiar with LDL (low-density lipoprotein) and HDL (high-density lipoprotein), particles in the blood that carry what is often referred to as "bad" and "good" cholesterol.

There is, however, another lipoprotein particle you should be aware of: lipoprotein(a), also known as Lp(a), which poses a high risk of early cardiovascular disease.

**The Danger**

High levels of Lp(a) travel through the bloodstream and enter into the arteries, leading to gradual narrowing of the artery that can limit blood supply to the heart or brain. This increases the risk of blood clots, heart attack, stroke and aortic stenosis.

Lp(a) is the most prevalent genetic risk factor for coronary heart disease and aortic stenosis. One in five people have inherited high Lp(a)—63 million in the

U.S. Anyone with a parent with elevated Lp(a) has a high risk of inheriting it.

People with high levels of Lp(a) can be at risk even if they're physically fit and have "normal" LDL and HDL cholesterol levels.

Unfortunately, for many, the first sign of the disease is a heart attack or stroke.

**A Simple Test**

The good news is a simple blood test measures Lp(a) concentrations, though it's not included in most standard lipid panel tests. Current cholesterol guidelines miss 8 percent of people who have a cardiovascular event whose only risk factor is high Lp(a).

Knowing Lp(a) levels could be the first step in preventing up to 120,000 cardiovascular events in the U.S. every year.

**Three Easy Steps**

1. Recognition: Test every-

one for high lipoprotein(a) once in their lifetime.

2. Prevention: If you have high Lp(a), work with your physician to develop an aggressive prevention plan.

3. Vigilance: People with high Lp(a) levels should be aware of stroke and heart attack symptoms.

"Fit, healthy people can inherit genetic factors like high Lp(a) that cause early heart disease," said Dr. Henry N. Ginsberg, the Irving Professor of Medicine at Columbia University. "Research continues to show the significance of Lp(a) as an independent, genetic risk factor for cardiovascular disease."

The Lipoprotein(a) Foundation's mission is to empower patients to prevent cardiovascular events and support research into a specific treatment for elevated lipoprotein(a).

"We are advocating that Lp(a) testing be added to the standard

Lipoprotein(a), also known as Lp(a), poses a high risk of early cardiovascular disease.



cholesterol test to increase the rate of early diagnosis and provide a more accurate prediction of

risk," said Sandra Revill Tremulis, founder of Lipoprotein(a) Foundation.

To learn more, visit [www.TESTLpa.org](http://www.TESTLpa.org).

—North American Precip Synd., Inc.



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## Foot Bumps? Put Your Best Foot Forward

By Dr. Michael Coyer  
SPECIAL TO THE FORUM

Bumps on feet can signal serious or nonserious conditions, so it's best to have all bumps properly examined by a foot and

ankle surgeon.

The most common type of foot bump, ganglionic cysts, are soft, harmless, fluid-filled sacs found on the tendons and joints of the foot.

Ganglionic cysts can be caused by a leaking of jellylike fluid from the "capsule" surrounding the joint or tendon and may be on the top of the foot, near the ankle joint or even on the side of the foot. The cyst won't disappear on its own and the best way to prevent recurrence is to have it surgically removed by a foot and ankle surgeon.

Plantar fibromas are another type of harmless bump found on the foot. Plantar fibromas are fibrous, hard bumps found within the ligament of the foot and are common in the arch area on the bottom of the foot. Nonsurgical treatments, such as steroid injections or orthotic devices, may relieve symptoms.

Surgical removal is an option for people who still have pain after trying nonsurgical approaches.

Foot bumps suspected of being something more serious are biopsied for proper diagnosis. If it is cancer, the foot and ankle surgeon will remove the mass, working with an oncologist for further treatment.

Foot bumps don't go away on their own. The sooner a bump is properly evaluated, you can have peace of mind, move forward with treatment and resume everyday activity.

For more information on foot bumps or to find a foot and ankle surgeon near you, visit [FootHealthFacts.org](http://FootHealthFacts.org), the American College of Foot and Ankle Surgeons' patient education website.

Dr. Coyer is a foot and ankle surgeon and an Associate Member of the American College of Foot and Ankle Surgeons.

—North American Precip Synd., Inc.

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# REAL ESTATE GALLERY

## REAL ESTATE REALITY

By Carl Medford, CRS  
Special to the Times

GUEST COMMENTARY



## Building Costs Soar, Grounding Housing Projects

What do recent California wildfires, skilled labor shortages and tariffs on offshore

goods have in common?

They are all contributing to dramatic increases in local construction costs.

We're frequently asked for the price-per-square-foot to build additions to existing properties or construct custom homes. As little as two years ago, we were answering with costs between \$150-\$200 square foot. Unfortunately, those numbers are now significantly higher.

A recent article by construction consultants Turner & Townsend states, "The five most expensive locations (to build) are New York, San Francisco, Hong Kong, Zurich, and London."

Since San Francisco's builders rely on the same labor pool and material suppliers as the remainder of the Bay Area, it goes without say that costs are high in the entire region.

Currently, numerous sources cite the price per square foot at well over \$300 and, in some cases, more.

The effect of these high prices is dire: approved housing projects that would have made sense to build a few years ago are no longer economically viable. It is a problem facing both ends of the development spectrum, from large companies hoping to construct multi-family units to individuals hoping to build their dream home.

There are four primary factors affecting building costs: **Skilled labor shortages.**

As reported here in the past, California is facing a skilled-labor crisis. Retiring construction workers are not being replaced in adequate numbers, as young people



Two bedrooms, two updated baths, with bonus rooms including a den with level-in access and a "writer's loft" with a view of the hills. 1400+ square feet per public record. **San Leandro schools.** Beautiful oak hardwood floors. Living room with vaulted, beamed ceiling, plantation shutters and brick fireplace. Elegant dining room with French doors to large deck. Spacious chef's kitchen with granite countertops and gorgeous custom cabinetry. Dual-paned windows and fresh paint throughout. Sunny backyard retreat with patios, fountain, walkways, trellises, numerous established fruit trees and flowering plants.



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NMIS ID #388414





# Patching Damaged Hardwood Floor

By Samantha Mazzotta  
Special to the Times

You can patch and smooth the damaged areas in your hardwood floors — those gouges, small holes and large dents — as long as the wood isn't severely damaged, such as a cracked or broken board.

For this job you'll need fine-grit sandpaper, wood putty or wood patching compound, a putty knife and wood restorer. You also might need a hammer and a nail set (a large nail-like tool, not a bunch of nails) to tap loose nails down below the wood surface, should they need it.

Clear debris and dirt away from the areas to be repaired. Check the wood for splinters or other damage, and look for nail or screw heads poking up.

Use a nail set and hammer to tap the nails down below the surface. If a nail won't go or stay down, or if it sits loosely, remove it and hammer a fresh nail into the wood about a half-inch down the board edge from the old nail hole. Add that nail hole to your patch list.

Using a putty knife, fill the gouged areas, small holes and the newly created holes where you tapped down errant nails with patching compound or wood putty. Work on one spot at a time, using the putty knife to force the compound into the spot and pressing the blade down until it lies flat on the floorboard. Scrape away excess compound from the edges, feathering outward.

Let the patched areas dry completely, usually at least a day. Once dry, sand each patch with fine-grit sandpaper until the compound is flush with the board surface. Sweep away the sanding debris and wipe the area with a damp, not wet, cloth.

Finally, apply wood restorer to each patched area, working one at a time, until the patch blends in with the rest of the floor.

**Home Tip:** Hardwood floors need only sweeping, vacuuming and an occasional damp mop to clean them. For more thorough cleaning and conditioning, look for a hardwood floor cleaning solution.

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By Buzz Bertolero  
The Dirt Gardener

**I've successfully got an Avocado pit to germinate in water. I planted it outside in a sunny location after the stem reached six inches tall. It now looks very sad. What did I do wrong?**

**A** Your Avocado plant is suffering from transplanting shock. Once they germinate, they need to be acclimated to the outdoors before being planted in a sunny location.

This is a very young plant. It's recommended to transplant it into a six or eight-inch container and placed outdoors in the morning sun. After four to six weeks, it is then transplanted again into its permanent location.

With that being said, I probably wouldn't follow this advice at this time of the year. Instead, I'd leave it in the container until next spring to better protect it from the winter cold.

I'd then plant it into the open ground anytime after St. Patrick's Day, weather permitting. The Avocado seedling should mature into a large evergreen tree reaching a height of sixty feet with a wide-

## Avocadoes Need Room and Time



spread. So, give it lots of room.

Also, Avocadoes started from a pit are unpredictable. They may or more likely not produce any edible fruit. This is also true with the pits from apricots, peaches, plums and the seed found in apples, oranges, pears, and other fruits. It will be years before it produces Avocadoes so be patient.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is [www.dirtgardener.com](http://www.dirtgardener.com) and questions can be sent by email to [buzz@dirtgardener.com](mailto:buzz@dirtgardener.com) or on Facebook at [Facebook.com/BuzzBertolero](https://www.facebook.com/BuzzBertolero)

## WEEKEND GARDENER

### Control Powdery Mildew

This white powdery disease infects a number of plants including many vegetables, roses, dahlias and zinnias. Spray foliage with a mixture of 2 teaspoons baking soda, 2 teaspoons light horticultural oil and 1 gallon of water, or dust with sulfur at the first sign of damage (but do not apply to melons and squash or, during very hot weather, to roses).

### What to Plant

Plant trees, shrubs, perennials and groundcover now while the soil is warm, to encourage the roots to become established before going dormant for the winter. Set them out in the cooler, later afternoon or evening and water them with a mild solution of a balanced fertilizer to promote new root growth and reduce transplant shock. Add mulch to protect roots from late-summer heat.

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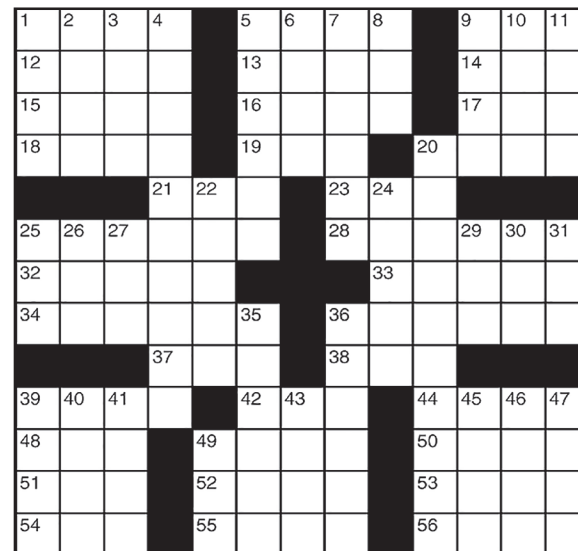
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## THE TIMES CROSSWORD



### ACROSS

- 1 Sandwich shop
- 5 Glazier's sheet
- 9 Wapiti
- 12 Culture medium
- 13 Winged
- 14 Evening hour, in a way
- 15 Folded entree
- 16 Thy
- 17 Every iota
- 18 Paradise
- 19 "Monty Python" intro
- 20 Grooving on
- 21 Biddy
- 23 Always, in verse
- 25 Watermelon-shaped
- 28 Dodges
- 32 Stash excessively
- 33 Privately funded film
- 34 Confesses
- 36 Not quite
- 37 Conger, e.g.
- 38 Mex. neighbor
- 39 Big fish story?
- 42 Anvil location
- 44 Wading bird
- 48 Vessel from way off
- 49 Data
- 50 Prescribed amount
- 51 Exist
- 52 Celebrity
- 53 One of HOMES
- 54 Ph. bk. data
- 55 "--- Breckinridge"
- 56 Monstrous loch?

### DOWN

- 1 Appointment
- 2 "Zounds!"
- 3 Chantilly, e.g.
- 4 Old locomotives
- 5 Footing the bill
- 6 Oodles
- 7 Seasickness symptom
- 8 Blunder
- 9 Author Hunter
- 10 Catchy tune
- 11 Narc's measure
- 20 Heavy metal band
- 22 Provide
- 24 Satan's doings
- 25 Discoverer's cry
- 26 Package adornment
- 27 PC linking system
- 29 Bachelor's last words
- 30 Insult (Sl.)
- 31 Prepared
- 35 Ample
- 36 Dawn
- 39 Senor Peron
- 40 Frizzy 'do
- 41 Troubles
- 43 Somewhere out there
- 45 Drill
- 46 Mrs. Osiris
- 47 Spots
- 49 Doctrine

ANSWERS ON PAGE 3

## RECENT HOME SALES

### San Leandro

13312 Aurora Drive	94577: \$590,000 3 BD - 1,192 SF - 1946
2390 Belvedere Avenue	94577: \$540,000 3 BD - 1,740 SF - 1972
269 Cambridge Avenue	94577: \$900,000 3 BD - 1,356 SF - 1922
1400 Carpenter Street #138	94577: \$475,000 2 BD - 1,193 SF - 1983
350 Cherrywood Avenue	94577: \$700,000 3 BD - 1,327 SF - 1941
1067 Donovan Drive	94577: \$515,000 2 BD - 1,014 SF - 1942
2456 Driftwood Way	94577: \$690,000 5 BD - 1,584 SF - 1963
1505 East Juana Avenue	94577: \$858,000 2 BD - 3,679 SF - 1952
1650 Magnolia Lane	94577: \$744,000 3 BD - 1,944 SF - 1993
1654 Regent Drive	94577: \$970,000 3 BD - 2,024 SF - 1970
897 Rodney Drive	94577: \$912,000 2 BD - 1,961 SF - 1939
877 Sybil Avenue	94577: \$789,000 3 BD - 1,325 SF - 1946
1721 143rd Avenue	94578: \$655,000 2 BD - 968 SF - 1946
330 Aloha Drive	94578: \$660,000 3 BD - 1,274 SF - 1954
3846 Carmel Way	94578: \$688,000 3 BD - 1,096 SF - 1954
788 Crocus Drive	94578: \$720,500 N/A BD - 2,477 SF - 1979
2463 Easy Street	94578: \$612,000 3 BD - 1,054 SF - 1949
1301 Margery Avenue	94578: \$650,000 3 BD - 1,287 SF - 1947
701 Portola Drive	94578: \$508,000 3 BD - 1,142 SF - 1956
16850 Robey Drive	94578: \$950,000 5 BD - 3,081 SF - 1990
16485 Severn Road	94578: \$773,000 4 BD - 1,454 SF - 1965
15650 Atlantus Avenue	94579: \$800,000 3 BD - 1,817 SF - 1997
14381 Birch Street	94579: \$700,000 3 BD - 1,076 SF - 1952
1363 Post Avenue	94579: \$740,000 3 BD - 1,539 SF - 1951
823 Woodgate Drive	94579: \$550,000 2 BD - 1,169 SF - 1975

TOTAL SALES: 25  
LOWEST AMOUNT: \$475,000 MEDIAN AMOUNT: \$700,000  
HIGHEST AMOUNT: \$970,000 AVERAGE AMOUNT: \$707,580

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CITY	SAT	SUN	ADDRESS	PRICE	BDRMS/BATHS	REALTOR	AGENT	PHONE
A	—	1-4	2501 Galleon Pl.	\$475,000	2/2	United Brokers RE	Tere Lee	510-305-8827
A	—	2-4	13892 Lark St.	\$625,000	2/2	Rinetti & Co. RE	Earle Shenk	510-220-6407
A	—	2-4	521 Victoria Ct.	\$635,000	2+1	Rinetti & Co. RE	Earle Shenk	510-220-6407
A	—	1-4	3835 Carmel Wy.	\$658,000	3/1	Re/Max Accord	Lovewell Team	510-351-5555
A	1-4	1-4	15501 Sedgeman St.	\$768,000	3/2	Pacific Union Intr.	Michelle Miller	510-701-3442
A	—	2-4	691 Chetland Rd.	\$825,000	3/2	Rinetti & Co. RE	Carrie Miles	510-735-5223
O	2-4:30	2-4:30	212 Covington St.	\$878,000	2/2	Marvin Gardens RE	Greg Novak	510-472-4770
H	1-4	1-4	3660 Oakes Dr.	\$1,095,000	4/3	Berkshire Hathaway RE	Julie Courtney	925-989-1669

### CITY GUIDE

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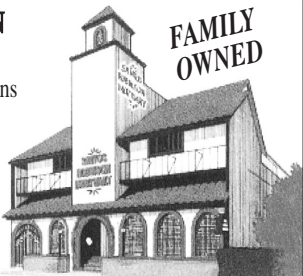
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www.DeerCreekCremation.com**Sandra Lonnie Nakaya**

Sandra Lonnie Nakaya, born in Oakland to Tung Kin and Lan Fong Lau, passed away peacefully on the morning of Saturday August 25th, 2018 with family and friends at her side. A graduate of Oakland High School, she also attended the University of California at Berkeley and Sacramento State, studying the new field of forensic sciences.

Sandra spent the rest of her life in very diverse careers. Previously employed as a Pharmacy Technician at Kaiser Hospital in Oakland and as a Paralegal for a tax law firm in San Francisco, she later owned her own automotive repair business with her husband. After they sold their business, Sandra was semi-retired and volunteered her time at the Marine Mammal Center and the Oakland Zoo. Her retirement was short lived as Sandra went back into the work force in the roofing industry.

When Sandra was not working, she enjoyed many diverse activities, including: cooking (and eating good food!), skiing, competition and skeet shooting, biking, yoga, playing the flute, learning how to speak Japanese, traveling, listening to K-pop and Japanese heavy metal music, attending Shakespeare and musical theater performances, having regular get togethers with long time friends, white water rafting, sky diving, and last but not least, dragon boat racing. Sandra was an avid member of the Bay Area Dragons for the last 16 years of her life. She excelled in this sport and she made many life-long friendships from this part of her life. Being a member of this team brought out Sandra's competitive spirit. She also worked out regularly with a trainer to keep her body in shape for this sport. Sandra competed in world events and enjoyed vacationing after these events to see these venues to the fullest.

Sandra previously had a battle with breast cancer which returned with a fury and she passed away suddenly. She touched many lives with her competitive spirit and positive outlook on life.

Sandra is survived by her sister Lana Lau of San Leandro, many cousins in Alameda and internationally, and her former husband and friend for 40 years Douglas Nakaya of Castro Valley. We will all miss her positive attitude and kind spirit.

A Celebration of Life service will be held on Saturday, September 22, at 10 a.m. at Jess C. Spencer Mortuary located at 21228 Redwood Road, Castro Valley, CA 94546.

In lieu of flowers, donations may be made to the American Cancer Society in Sandra's name.

**GRIFFITH, Marjorie Carol**  
**KAPPLER, Marion**  
**MCSHARRY, Mary Jane**  
**NAKAYA, Sandra Lonnie**

**TIMES OBITUARIES** may be submitted online at [ebpublishing.com](http://ebpublishing.com), emailed to [obits@ebpublishing.com](mailto:obits@ebpublishing.com) or faxed to 510-483-4209. Please include your phone number. For further assistance, call 510-614-1555.

**Marjorie Carol Griffith**

November 26, 1929 ~ August 16, 2018

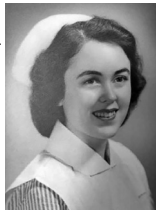
Following a lengthy illness, Marjorie Carol Griffith, (née, Thompson), "Carol", joined her husband, Donald Griffith, and her parents, Edward B. and Ethelyn R. Thompson in heaven, on August 16, 2018.

Carol was born in Oakland, California on November 26, 1929, and grew up in San Leandro. She attended San Leandro's public schools, and graduated from San Leandro High School in 1947. Carol's education in pre and post-nursing at both the College of Marin and at Samuel Merritt Nursing School was fulfilled in 1951. She began her career as a Registered Nurse, but retired shortly thereafter upon taking up a new fulfilling career: marriage and motherhood. Carol met her future husband, Don, on a blind date, and on October 18, 1952, exchanged vows. Their marriage lasted until Don's passing, 58 years later.

Carol is survived by her six daughters, Laurel Griffith (Gregory Moore); Donna Griffith-Guinn; Sharon Barley (Mark); Julie Griffith; Sylvia Whiffen (Tom); and Susan Gomes (Ron); brother, Edward Roger Thompson (Susana England); nephews, Nathan Thompson (Eva Lewandowski) and Paul Thompson, nine grandchildren and four great-grandchildren. Carol is also survived by her best friend forever, Mary Martin Barnes, a buddy from her San Leandro days.

The Griffith Family wishes to thank the staff at San Leandro's Carlton Plaza's Memory Care for their excellent attention to Carol's special needs throughout her stay there, and to Vitas Hospice for their compassion and care.

A "Celebration of Life," on October 20, 2018, at 11 a.m., will be held for Carol at the Chapel of the Chimes, 4499 Piedmont Avenue, Oakland.

**Mary Jane McSharry**

Mary Jane McSharry, 83, died at her home in San Leandro, CA, on Saturday, September 1, 2018. She was surrounded by her family throughout her illness and at the time of her passing.

The youngest of four children of John and Ethel (Connelly) Lubischer, Mary Jane was raised in Humphrey, NE, and educated as a registered nurse at Creighton Memorial St. Joseph Hospital in Omaha. Following her marriage to James McSharry in 1958, she moved to California, where she raised six children and continued her education, obtaining advanced degrees in nursing and gerontology from Holy Names College (now University) and from San Francisco State University. A member of Sigma Theta Tau International Honor Society and The American Gerontological Society, she worked for many years at Fairmont Hospital and Memorial Hospital in San Leandro.

Mary Jane enjoyed gardening, reading, and sewing. She had a lifelong passion for art and music, and she actively encouraged and supported those interests in her children. She was an accomplished pianist in her own right, and loved attending the opera. Her musical and creative impulses found full expression throughout her home, which featured her unique design sensibility on just about every surface.

Mary Jane was preceded in death by her parents, her husband James, her son Mark, and her siblings Ken, Don, and Marty. She is survived by five daughters, nine grandchildren, and four great-grandchildren. The family extends its heartfelt thanks to the staff at Valley Pointe Nursing Home, Thrive Home Health Care, and Bridge Hospice, who provided exceptional care for Mary Jane in the last two months of her life.

A memorial mass will be held on September 20th at 11:30 a.m. at St. Felicitas Church, 1662 Manor Blvd., in San Leandro. In lieu of flowers, please donate to Birthright of San Lorenzo, or to your favorite charity, or have masses offered for the repose of Mary Jane's soul.



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**Marion Kappler**

December 24, 1929 ~ August 31, 2018

Marion Kappler, a long-time resident of San Leandro, died peacefully Friday, August 31, at Avalon Health Care in San Andreas, CA.

Born in 1929 in Richmond, CA, she lived in Sacramento until she was 10 and then moved to San Leandro, where she graduated from San Leandro High School in 1948, married and raised her family.

Marion was active with her children and a big volunteer thru Girls Scouts, Boy Scouts and Camp Fire Girls. She volunteered at their schools and she held many positions in PTA including PTA President. She also volunteered with the Band Parents and chaperoned many events. She could always be found at her children and grandchildren's sporting events rooting them on. Marion was active with her husband for over 40 years with the Skirts & Flirts Square Dance Club. They also loved to travel domestic and abroad, enjoyed their travel trailer camping all over the Western US and having fun with their friends in the Road Ranger Club.

Marion loved her family. She is survived by her loving husband of 68 years Edward (David) Kappler, her 3 children Marcia Jordan (Robert), Donald Kappler (Renee), Barbara Neville (Linus); 6 Grandchildren: Kathleen Gustin (Kevin), Scott Jordan, Kristopher Neville (Danielle), Steven Neville (Elizabeth), Christina Kappler (Cora), Michelle Bruntz (Jake) and 6 Great Grandchildren Meghan and Dylan Gustin, Aiden Neville, Rylee Neville, Dylan and Abigail Bruntz. She was a loving Aunt to many including Lisa Tener and Bob Anderson.

A celebration of her life will be held at the convenience of the family at a future date. Memorial gifts in Mrs. Kappler's memory can be made to the Alzheimer's Foundation of America, 322 8th Avenue, 7th Floor, New York, NY 10001.





## Library to Serve Tacos, Show Movie

The San Leandro Public Library invites the public to a fun and colorful Taco Tuesday event on Tuesday, Sept. 25, from 6 to 7 p.m. at the Main Library, 300 Estudillo Ave. Enjoy tacos and crafts for families at this event, in honor of Hispanic Heritage Month, which is free and open to the public.

At 7 p.m., adults 18 and over have the opportunity to enjoy

the bilingual romantic comedy, "La Boda De Valentina/Valentina's Wedding" that will be screened.

The tacos and crafts portion of the event will take place in the Library's Karp Room, followed by the movie in the Lecture Hall. La Boda de Valentina/Valentina's Wedding (2018) stars Marimar Vega and Omar Chaparro and is intended for a mature au-

dience (rated R) for mild swearing and comical violence.

The story of the movie centers on the character Valentina who seemingly has the perfect life in New York with a perfect boyfriend. When her scandal-ridden family in Mexico asks her to pretend to be married to her ex-beau, her ordered life turns upside down, as she struggles to choose where her heart belongs.

## New App Tracks LINKS Shuttle

A new smart phone app can tell commuters when and where the free LINKS shuttle will arrive.

The free app, called "Next Bus" allows riders to find their bus and see when it's due.

The LINKS commuter bus service shuttles employees to and from their jobs in the West San Leandro business area from the San Leandro BART station.

The shuttle is free to riders and is subsidized by the 612 business owners in that district.

The app shows real-time arrival predictions, finds stops on a map, gives walking directions to stops, and lets users set alert times.

The LINKS route will consist of two "loops": a north loop from the BART station, down San Leandro Boulevard to Ma-

rina Boulevard, Williams Street, Doolittle Drive; and a south loop from the BART station to Alvarado Street, down Teagarden Street to Fairway Drive, Wicks Boulevard and Farallon Drive.

For more information about LINKS, including maps and services hours, visit [www.sanleandrolinks.com](http://www.sanleandrolinks.com). To download the Next Bus app, visit [www.nextbus.cubic.com](http://www.nextbus.cubic.com).

## OPINION

### LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and must be under 300 words. We reserve the right to edit as necessary. E-mail letters to: [letters@ebpublishing.com](mailto:letters@ebpublishing.com) or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

#### Doesn't Think Kindness Has Done Much for San Leandro

Editor:

A town where kindness matters?

Well, let's look at where all that kindness has gotten us in the last 4 years — charges of nepotism, gag orders, a disgraced city manager, unpaved streets, ripped and missing street banners, empty office buildings, paving over the golf course and a looming pension disaster.

I don't think kindness is going to solve any of those problems. Next time you drive down East 14th, remember kindness is getting the work done.

I'd rather live in the town where hard work, determination, perseverance, honesty and integrity matter.

—Gary Langbehn  
San Leandro

#### Says Immigrants Should Fight on Their Own Soil, Not Come to U.S.

Editor:

In his letter, Craig Williams ("US Must Remember 'Inconvenient Truths' to Solve Immigrant Issues," Letters, Sept. 6) hides some very inconvenient truths: Last year alone, 40,000 people were killed in

Mexico; some of the killers must have escaped to the United States. As a matter of fact, just a couple of weeks ago the immigration authorities arrested one of them in San Bernardino.

The "Fake News" media raised a brouhaha about his pregnant wife being with him and how insensitive ICE is; when it turned out that the illegal was wanted for murder in Mexico, the story was buried.

Then, we also have the cases of the young woman killed in San Francisco by an illegal and, just recently, another one in Iowa. We also have the "Sureños" and "Nortenos" shooting at each other, and the victims of their crimes. In addition, we have the "good character" boys of the "Mara Salvatrucha"; jails are filled with these "hard working" people.

The Mexican drug cartels' market is in the United States, so they also send the people they need to establish their businesses here: distributors, transport, warehouses, methamphetamine cooking houses, money laundering businesses and people like Craig Williams who'd advocate for their free pass into the United States.

Craig Williams makes a good

point in pointing at the U.S. military intervention around the world, but that fight must be carried out by the people of those countries on their soil; instead the cowards are running to the United States to scab on U.S. workers, displacing them from their jobs and housing for the benefit of U.S. corporations with the protection of the policy of "sanctuary" for criminals. But then, the Craig Williamses don't care about the U.S. workers.

—Leo T. West  
San Leandro

#### You Can See the Correct Spelling With Your Own Two i's

Editor:

Thank you for the nice coverage on Brian Copeland's upcoming comedy show. I'm headlining that show.

There was a slight error in the article. You misspelled my name a total of eight times in one article. While I love the attention, eight times is too many times to ignore.

My name is Frank Olivier. You spelled it "Oliver." It's all fun and games until someone loses an i. It scans like Oliver. But it's not; it's kind of like Oliver with a twist.

Also being a new San Leandrethal myself, I'd like people to have the right name.

The comedy show is going to be a blast. Brian has put together a great line-up. It would be a delight to see you there.

—Frank Olivier  
San Leandro

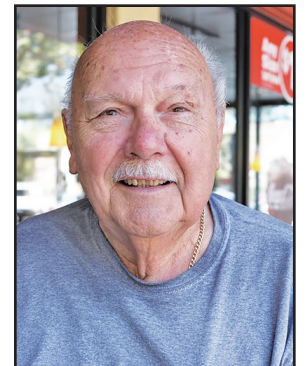
### INQUIRING REPORTER

#### Who should be mayor of San Leandro?

— Asked downtown

Find one that doesn't raise taxes. Me! I have lots of things I want to do. But you'll have to wait until I'm in City Hall to find out.

**John Franco Corti**  
San Leandro



I thought about running myself. I live in Oakland, so as mayor of Oakland I would pick up the trash, start youth centers and have studios where musicians could play, and help the homeless.

**Isaih Westmoreland**  
Oakland

Me. Maybe I could make some changes and do something about the homeless, because homelessness is really bad in the Bay Area. It's sad to see. I came from a bad background myself but I joined the service and turned my life around.

**Leo Mora**  
Hayward



Donald Trump! They should bring him in as mayor of San Leandro, because San Leandro is too nice. We need a little bit of craziness.

**Jesus Guadiana**  
San Leandro

Somebody you can trust and you can depend on to get things done. We need to do something about homelessness, and we need more affordable housing.

**Julie Mixon**  
Oakland





# Correction: Comedy Show This Friday Night at 8 p.m.

Correction: The wrong date appeared last week for the next in a series of comedy shows, "Lighten Up for Summer," presented by Brian Copeland.

The correct date of the show is this Friday, Sept. 14, at 8 p.m. at the San Leandro Performing Arts Center, 2250 Bancroft Ave.

Juggling comedian Frank Olivier will headline the show.

Olivier has appeared on *The Tonight Show* and *America's Got Talent*. He has the comedy talent of a headliner, plus the juggling, knife-throwing, unicycling, and magic skills to keep an audience in suspense.

Also on the bill, Dr. Gonzo, the Doc of Comedy, will return, along with Steven Pearl, Sandy Stec (Finalist in the San Francisco International Comedy Competition), Ronn Vigh from *Fashion Police* on E!, and Bay Area favorites Tremane Webb and Carla Clay.

Tickets are \$42 for general



Sandy Stec, along with Frank Olivier and several other comics, will perform in San Leandro on Friday.

admission in advance, or \$50 at the door, \$18 for students 15 to 20, or \$20 at the door.

For tickets, go to [www.brown-papertickets.com/event/3594793](http://www.brown-papertickets.com/event/3594793) or call 1-800-838-3006.

# Bolivian Dancers to Perform At Library On September 20

Celebrate Hispanic Heritage Month with an evening of Bolivian dance on Thursday, Sept. 20, from 7 to 8 p.m. at the San Leandro Main Library, 300 Estudillo Ave.

Admission is free.

Bolivia Corazón de América Dance Company was formed in 2000 by Susana Salinas to connect Bolivian American children to their heritage.

It continues to showcase Bolivia's rich and varied culture, and now includes young dancers from other Latin American countries and the United States.

The company educates audiences through innovative high-quality, professional performances, often re-creating Bolivian dances by taking on new approaches to ancient and rare dance forms.

For more information on the dance performance, call the Main Library at 577-3971.



## Neighborhood Cleanup Event

**Saturday, September 29 • 10 am to 3 pm**

The San Leandro Recycling Program is hosting a **FREE** drop off event for San Leandro residents. Register to receive complete details. Items accepted include:

- Appliances
- Furniture
- Mattresses
- Electronics
- Scrap Metal
- Yard Trimmings & Clean Wood
- Tires
- Household Batteries
- Cell Phones & Chargers
- CDs & DVDs
- Audio & Video Tapes
- Fluorescent and Incandescent Lights

**SIGN UP TO PARTICIPATE**

Sign up online or submit this form by September 19th.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**SUBMIT TO:**

City of San Leandro Recycling Program  
14200 Chapman Road  
San Leandro, CA 94578

Phone: (510) 577-6026 Email: [Recycle@SanLeandro.org](mailto:Recycle@SanLeandro.org)

Register online: [www.RecycleSanLeandro.org](http://www.RecycleSanLeandro.org)

## Gruden Delivers a Dud

**RAIDER REPORT**  
BY GREG BENSON  
*San Leandro Times*

Mark Davis lit a long fuse this offseason with the hiring of Jon Gruden as commander and chief of the Oakland Raiders, signing him to a 10-year top-notch contract.

Raider Nation buzzed with anticipation as their beloved Chucky returned to the Silver and Black. Known for his scowling stares, Gruden can still send a chill through the bones of poor-performing players and overzealous officials.

Regarded as one of the NFL's top quarterback mentors and offensive wizards, he kept the wraps on his revamped Raiders throughout the preseason.

Nevertheless, expectations grew as the team flashed glimpses of greatness in a limited display of potential week by week... and, the shortening fuse burned a little brighter as opening day drew near.

Countdown to kickoff began Monday night and Gruden flipped the ignition switch. The Raiders rocketed into the game, shooting straight up into the air with a quick scoring drive. They managed to maintain altitude for about 30 minutes, leading 13-10 over the Los Angeles Rams at the half.

Then, that fiery rocket of hope fizzled out, taking a nose dive in a 33-13 loss to open the season.

Now, Gruden and his not-ready-for-prime-time players have a short week to refuel and regroup before facing the Broncos at Mile High in Denver this Sunday.

**Jon Gruden returns to the sidelines, 20 years later, as the new head coach of the Oakland Raiders... again.**

PHOTO BY GREG BENSON

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*Jose., a Yelper from Hayward*

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