Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Skill Proficiency

Level: Guppy/Minnow

\_\_\_\_\_\_ Get in the water without crying

\_\_\_\_\_\_ No longer feels scared

\_\_\_\_\_\_ No longer holds instructor tightly

\_\_\_\_\_\_ Parent can watch from distance

\_\_\_\_\_\_ Kicks Feet

\_\_\_\_\_\_ Paddles Hands

\_\_\_\_\_\_ Hold Kick Board/Noodle alone

\_\_\_\_\_\_ Swimming unassisted with Noodle

\_\_\_\_\_\_ Swims unassisted with Noodle

Instructor: \_\_\_\_\_\_\_\_\_\_\_\_

**Advanced Aquatics**

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