

FALL
BACK

SET CLOCKS BACK ONE
HOUR BEFORE GOING
TO BED ON SATURDAY

DST ENDS SUNDAY



CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 29

WEDNESDAY, NOVEMBER 1, 2017

NO. 45

INSIDE YOUR FORUM

NEWS



Gas Tax Increase

A 12-cent increase in the base gasoline excise tax went into effect today

Page 5

LIVING



Warm the Soul

As the nights get colder, it's time to get that kettle of soup simmering

Page 5

NEWS



Giving Hope

127th Annual Red Kettle Campaign starts Monday with a holiday dinner

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PHONE: (510) 537-1792



PHOTO BY LARRY ROSA

East bay Municipal Utilities District (EBMUD) held a celebration last week for completion of Chabot Dam upgrade construction. Located in the hills bordering San Leandro and Castro ring San Leandro and Castro o ring San Leandro and Castro vdcSADS

CHABOT DAM

Seismic Upgrade Completed

By Linda Sandsmark
CASTRO VALLEY FORUM

East bay Municipal Utilities District (EBMUD) held a celebration last week for completion of Chabot Dam upgrade construction.

Located in the hills bordering San Leandro and Castro Valley, the dam has undergone 18 months of seismic upgrade work. Officials say Chabot Dam is now stronger than ever and able to withstand a magnitude 7.25 earthquake.

"We took the same dam and made it safer," says Tom Boardman of EBMUD.

For Castro Valley residents the good news is that the trail all around Lake Chabot is now open. Part of the trail had been closed during the construction period.

"They've been retrofitting for the last two years and had to close off the loop trail that goes all around the lake. Everybody's been waiting, including me, for it to reopen," says East Bay Regional Park board member Dee Rosario. "The walk around the lake is gorgeous. We have a safer damn now and our trail is open. These are all gems in a necklace of parks."

see DAM on page 7



EBMUD PHOTO

The familiar old Chabot Dam Outlet tower and its decorative pillar structure, added in 1920, were demolished as part of the current seismic upgrade.



PHOTOS BY FRED ZEHNDER

Billy Bradford works on a donated bicycle in the garage of his Castro Valley home.

CV Volunteers Donate Bicycles To Fire Victims

By Michael Singer
CASTRO VALLEY FORUM

A small group of bicycle enthusiasts in Castro Valley is donating new and used bikes for victims of the devastating fires in Napa and Sonoma counties.

Representatives from Eden Bicycles and Billy Bradford's Bad Business Model Bikes jointly delivered more than 25 bikes to a volunteer group in Santa Rosa this past Friday.

The Santa Rosa Fire Department is distributing the bikes to people who have lost their homes and who have requested a bike so they can do simple things for their family like go to school, go to the store, and get their lives back on track.

"There was a photo in the news of a little girl holding a burned-out bike after the fires had scorched her neighborhood. No tires, just a frame and wheels melted down to the rims. And that's the photo I used to advertise that we needed to do something... to get bikes up there," says Gaelan Mundorff, a

salesman at Eden Bicycles.

The donations included the mechanic's labor to put bikes together as well as tires, tubes, chains, cables, and more. Eden Bicycles is supplying the new bikes. Bradford's Bad Business Model Bikes is helping collect and repair the used ones.

The Castro Valley volunteers also made a list of the size and types of bikes that they are donating so that the fire department knows what to expect.

The volunteers—who all ride and work around bicycles—said they were moved by what was happening in Napa and Sonoma counties and what people living there were going through.

They saw that the gas stations were not open and in some cases, there was no electricity to charge cell phones to contact the insurance offices or offices to get federal aid.

For people without a means to drive a car, getting around town on a bicycle seemed like a natural alternative.

see BICYCLES on page 15

Castro Valley Weather Nov. 1 -5, 2017



Wednesday
Mostly Sunny
High 65° Low 51°



Thursday
Partly Cloudy
High 65° Low 54°



Friday
Chance of Rain
High 64° Low 57°



Saturday
Chance of Rain
High 60° Low 45°



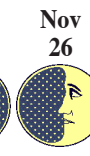
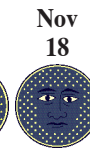
Sunday
Rain Likely
High 59° Low 44

Almanac



Past Week's Rain: 00.00
Season To Date: 00.38
Normal To Date: 00.97
Season Average: 21.22

Moon Phases



Sun sets at 6:10 p.m. today, rises at 7:37 a.m. Thursday.

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12-Cents More: Gasoline Tax Hike Goes Into Effect Today

Filling your gas tank got a little more expensive today as a 12-cent increase in the base gasoline excise tax went into effect statewide.

Under legislation signed by Gov. Jerry Brown in April, California is looking to raise about \$5 billion a year from the tax jump for highway and transportation projects.

It increases gasoline tax from 18 cents to 30 cents per gallon. The excise tax on diesel fuel increases 20 cents, to 36 cents per gallon. The sales tax will also go up by 4 percent, to 9.75 percent.

AAA predicts drivers will see prices rise a few cents per gallon over the next few days. The impact on at-the-pump costs is hard to figure because of refinery conditions and because California's special blend of gas varies from summer (more expensive) to winter.

As of yesterday, gas prices in Castro Valley ranged from +++ to +++ a gallon for regular.

As part of the legislation, motorists will also have to pay an annual vehicle fee, though that doesn't take effect until January 1. The fees range from \$25 for cars worth less than \$5,000 to \$175 for those

valued at more than \$60,000.

Additionally, a \$100 annual fee on electric vehicles will be imposed on owners in lieu of gas taxes beginning on July 1, 2020.

Most California drivers can expect the taxes and fees to cost them less than \$10 each month, according to Gov. Brown.

Opponents of the gas tax have prepared a ballot measure for 2018 that would repeal it.

Supporters contend that, while painful to their wallets, it is a necessary measure to fix highways, bridges and transportation infrastructure.

Caryl Mahar Joins Rental Housing Group

Caryl Mahar, former marketing director for the Castro Valley/Eden Area Chamber of Commerce, has joined the Rental Housing Association (RHA) of Southern Alameda County in a similar capacity, according to Association Executive Director Bill Mulgrew.

Members of the RHA, headquartered in Hayward, provide more than 25,000 housing units in Castro Valley and throughout much of the county.

"With the incredible pressures in the East Bay housing market and the changing nature of rental housing providers, we are extremely fortunate to acquire a mar-

keting leader with the experience and creativity that Caryl brings," said Mulgrew.

Mahar will be leading the drive to bring new and relevant membership products and services to the organization, and will assume responsibility for all communications including social media.

She will also focus on peer-based communities of interest and developing relationships and programs with community partners in the social services housing space, Mulgrew said.

For more information about the RHA, call 510-537-0340 or email bill@rhosource.com.



Caryl Mahar takes over the new role of Marketing Director at the Rental Housing Association of Southern Alameda County.

New Doggie Bag Law for Restaurants in Alameda County Goes Into Effect Today

Restaurants in Castro Valley and throughout Alameda County can no longer offer customers single-use plastic bags for take-out or leftovers.

They can offer free paper bags, but must charge customers at least 10 cents for thicker, reusable plastic bags. The bag charge is not taxable, and the eating establishment keeps the 10 cents to offset the cost of implementing the new law.

The law applies to all businesses in the county that sell prepared food and beverages to the public, including bars, cafés, food trucks, bakeries, cafeterias, and food delivery services.

The Reusable Bag Law was adopted by the Alameda County Waste Management Authority to reduce waste and litter, and keep plastic bags out of waterways.

Grocery, drug and liquor stores

in Alameda County have been covered by the law since January, 2013, which has significantly reduced the number of single-use plastic bags distributed at check-out, according to the county. The law was expanded to include all retail stores and eating establishments in the county.

Visit: www.ReusableBagsAC.org/restaurants for more information on reusable plastic bags.



BY ROBERT ROSAS

If YOU suffer from low back pain, according to National Institutes of Health, you are among

four out of five Americans who will suffer from disabling back pain during their lifetimes.

Shooting, stabbing and burning pains from the low back, sometimes with additional pain through the buttocks and down the legs are all symptoms of a pinched nerves often called "sciatica".

In severe cases, it can lead to muscle wasting, numbness and constant tingling down to the tip of the toes. Left untreated, the intense pain can rapidly wear you down and drain the joy out of life.

That is, until now...

Recent advances in the treatment of sciatica and lower back pain have led to the development and huge success of Non-Surgical Re-Constructive Spinal Care.

The excellent results of this treatment have been published in major medical journals. With success rates as high as 90% some back surgeons recommending their patients try this treatment first before having back surgery.

In Pleasanton, you can try Non-

THE CASTRO VALLEY FORUM Special Reader Offer

Breakthrough Relief for Back Pain and Sciatica

Surgical Re-Constructive Spinal Care at Intero Chiropractic – the office of low back pain and sciatica relief expert Dr. Jerry Hsieh, D.C.

Dr. Hsieh, D.C. and his team have helped numerous patients find relief from their agonizing back pain and sciatica.

According to Dr. Hsieh, D.C. "We use a combination of ultra-advanced technology not found elsewhere in the Tri-Valley Area, for precisely diagnosing the cause of your low back pain and sciatica; and a unique program for reconstructing the damaged area causing the pain; this means superior long-term results for most people."

Because the treatment is non-surgical, safe and easy, many patients report an almost immediate relief from their pain.

Your invitation for a comprehensive consultation and evaluation to pinpoint the cause of your low back pain and sciatica...

Pleasanton Weekly has teamed up with the spine therapy team at Intero Chiropractic, to help readers find relief from their

persistent back and sciatic pain.

All you have to do to receive a thorough diagnostic evaluation with the most advanced technology in the world and a comprehensive easy to understand report on your state of health is **call (925)255-5805.**

Mention this article (CODE: BOS37SCID5) and Dr. Jerry Hsieh, D.C. will happily reduce his usual consultation fee of \$100 to just

\$20. But hurry, due to obvious reasons – this is a time limited offer – with only 100 reader consultations available at this exclusively discounted rate.

My advice, don't suffer a moment longer...

Find out if Non-Surgical Re-Constructive Spinal Care can help you, book a consultation with Dr. Jerry Hsieh, D.C. and his team now by calling (925)255-5805, they are waiting to take your call today.

They actually treat the cause of your health problem, not just your symptoms.

That's why hundreds of grateful

patients tell them "You gave me back my life!"

Over the years, they've treated hundreds of patients with back problems and sciatica. The vast majority of them have enjoyed superior, lasting relief. In fact, many who've suffered and have tried other remedies have told them they gave them back their lives!

Call them now and get a full and thorough evaluation to pinpoint the cause of your problem for just \$20, the normal cost of such an exam is \$100 so you will save \$80!

Don't suffer from the pain and immobility any longer. Discover the natural treatment that can eliminate the cause of your problem and give you the safe, lasting relief you deserve.

Call them now at (925)255-5805 and cut out or tear off this valuable article now and take it to your appointment. You'll be entitled to a comprehensive evaluation to diagnose the cause of your problem – and you'll be on your way to safe, lasting relief! Don't



delay your important diagnosis and treatment another moment!

You can even call on the weekend and leave a message to secure your spot as they promise to return all calls; and during the week they are very busy, so if they don't pick up right away, please leave a message.

PAID ADVERTISEMENT



PHOTO COURTESY OF ERIC LEE

Ready, Set... Run to the Dam

The BART Board of Directors will implement a proof-of-payment requirement on January 1 that will require passengers to The BART Board of Directors will implement a proof-of-payment requirement on January 1 that will require passengers todddv

BART to Crack Down on Fare Evaders by Performing Random Ticket Verifications

The BART Board of Directors will implement a proof-of-payment requirement on January 1 that will require passengers to present a valid ticket upon request by authorized BART personnel.

The random checks will take place inside paid areas of stations and on board trains where police or fare inspectors will use electronic readers to verify tickets.

The ordinance authorizes police to issue a civil administrative citation for a first or second violation within a year. Civil citation fines will be \$75 for adults and \$55 for minors. A criminal infraction citation can be issued to adults who have received two or more civil citations within the 12 months with fines up to \$250.

The Board actions are part of an

overall fare evasion control strategy that includes fortifying the system against fare evaders, increased enforcement and technological improvements.

BART estimates that fare evaders cheat the system out of up to \$25 million every year.

Three-quarters of BART's \$579 million operating revenue comes from fare-paying passengers.

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



Battery, Resisting Arrest At Eden Medical Center

Sunday, October 29: at 4:29 p.m., Sheriff's deputies arrested a 21-year-old woman from Pleasanton on suspicion of assault and battery and resisting arrest at Eden Medical Center on Lake Chabot Road. The woman was also wanted as part of a warrant issued for her arrest. Deputies were called to the emergency room following an altercation between the woman and another person. The victim filed a citizen's arrest. Deputies took the suspect to Santa Rita Jail pending \$10,000 in bail.

Open Container

Sunday, October 29: at 11:02 p.m., a 53-year-old woman with no permanent address was arrested on suspicion of public intoxication. Deputies stopped the woman for questioning in front of a business on Redwood Road near Grove Way. The woman was carrying an open bottle of liquor and registered a blood-alcohol content over the legal limit. Deputies took the woman into custody.

Driving Intoxicated

Sunday, October 29: at 3:43 a.m., deputies pulled over and arrested a 23-year-old man from Hayward on suspicion of driving under the influence of alcohol. The man was also wanted as part of a warrant issued for his arrest. Deputies

stopped the man as he turned the corner on Castro Valley Boulevard near Redwood Road. The man failed his field sobriety test and was taken to Santa Rita Jail pending \$5,000 in bail.

Domestic Assault On Family Member

Saturday, October 28: at 5:33 p.m., a 911 call about a loud and aggressive-sounding argument sent deputies to a home on Strobbridge Avenue near Gary Drive. There, they arrested a 33-year-old man from Oakland on suspicion of assault on a family member. Deputies handcuffed the man and took him into custody. The victim was treated at the scene.

Drug Bust in Aisle 5

Saturday, October 28: at 7:20 p.m., deputies arrested a 38-year-old man from Oakland on suspicion of possession of illegal narcotics at

a grocery store on Redwood Road near Castro Valley Boulevard. Store managers called for assistance after they noticed the man behaving strangely in the store. Deputies questioned the man and found the drugs in his pocket. The man was taken into custody.

Wanted Man with Marijuana Drugs

Saturday, October 28: at 12:21 a.m., a 55-year-old man with no permanent address was arrested on suspicion of possession of an illegal amount of marijuana drugs. Deputies stopped the man for questioning as he was traveling on Castro Valley Boulevard near Baker Road when they discovered his stash. The man was also wanted as part of a warrant issued for his arrest. Deputies took the man to Santa Rita Jail pending \$2,500 in bail.

see REPORTS on page 7

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CASTRO VALLEY WOMEN'S CLUB

5th ANNUAL

HOLIDAY BOUTIQUE

A Fundraiser to Benefit SOS/Meals on Wheels

Preview Night

Friday, Nov. 3rd • 5 p.m. - 8 p.m.
& Saturday, Nov. 4th • 9a.m. - 4p.m.
18330 Redwood Rd., Castro Valley

Start your Holiday Shopping with unique hand crafted items from local Artists.

Exciting "pick-your-prize" drawing!
Prizes provided by local businesses.
Take a break from shopping and enjoy a meal prepared by Meals on Wheels Chefs.

By popular demand, there will be take out available!
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HAYWARD AREA RECREATION & PARK DISTRICT

Winter 2018

Recreation Guide
Winter 2018
Programs | Classes | Activities | Events | Parks | Open Space | Facilities

Stretch and Strengthen...
Gymnastics Classes at HARD!

Online Registration begins November 29 at 6:00pm. See page 65 for details. HaywardRec.org

H.A.R.D. Board of Directors
Lisa M. Andrade | Rick A. Heston | Paul W. Hodges, Jr.
Mark Johnson | Carol A. Penne
Hayward Area Recreation and Park District Foundation
Donna Bayan, President | Pamela Ruesch, Executive Director

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Programs
Classes
Activities
Events
Parks
Open Space
Facilities

Register online now!
HaywardRec.org
(510) 881-6700

The Week Ahead

● Wednesday, November 1: School Bond Oversight Meeting

The Measure G Citizens' Bond Oversight Committee holds a public meeting at 6 p.m. today in the Boardroom of the Castro Valley School District at 4400 Alma Ave. Members of the public may comment on issues under consideration. Agenda at: bit.ly/MeasureG_CBOCM Meetings

● Thursday, November 2: Parkinson Support Group

Nurse Practitioner Carol Evans will speak at tomorrow's meeting of the San Leandro Parkinson Support Group at 10:30 a.m. at the San Lorenzo Community Church, 945 Paseo Grande. Info: 510-276-3119.

● Friday, November 3: Israeli-style Shabbat Dinner

The public is invited to a Community Shabbat Dinner, Israeli-Style, this Friday at 22125 Orange Ave. in Castro Valley, an evening filled with Israeli food, Shabbat songs, Lechaim and stories. Shabbat services at 6:30 p.m., dinner at 7. Register at cvalley.chabadsuite.net/civicrm/event/register?reset=1&id=18

● Friday, November 3: We Love the Arts Fundraiser

Join the Hayward Arts Council from 5:30 to 8 p.m. this Friday at the Hayward City Hall Rotunda, 777 B Street, for an evening of entertainment, a dinner buffet and live and silent auctions, at the annual We Love the Arts fundraiser. For tickets (\$60) visit haywardartscouncil.org

● Friday, November 3: Eden Area Village Meeting

Hear about the virtual village of members and volunteers helping seniors remain active and engaged in the community at the next meeting of Eden Area Village a 2 p.m. Friday at Hayward City Hall (ask at front desk for room number). For more info, visit edenareavillage.org or email info@edenareavillage.org

● Friday & Saturday, Nov. 3-4: Boutique for Meals on Wheels

Start your holiday shopping with unique hand-crafted items from local artists at the Castro Valley Women's Club 5th Annual Holiday Boutique Fundraiser to benefit SOS/Meals on Wheels, on Friday from 5 to 8 p.m. and Saturday from 9 a.m. to 4 p.m. at 18330 Redwood Road. Exciting "Pick-your-Prize" drawing with prizes provided by local businesses, and a Bake Sale table with homemade treats. For more info, visit www.castrovalleywomensclub.weebly.com or call 510-461-7692.

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CASTROVALLEYFORUM.COM

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● Saturday, November 4: Holiday Art & Craft Fair

The Aitken Senior and Community Center at 17800 Redwood Road invites you to shop for unique one-of-a-kind gifts for the holidays at the Art & Craft Fair from 9 a.m. to 3 p.m. this Saturday. A variety of vendors will be selling wood crafts, jewelry, knitted and hand-sewn items, mugs, cups, bowls, vases, wall plaques and more at affordable prices. Proceeds benefit HARD's Art & Special Needs Programs. For more info, call 510-881-6778 or visit www.HaywardRec.org

● Saturday, November 4: 'Rewired to Inspire' Workshop

Join an interactive workshop from 3 to 4 p.m. this Saturday at the Castro Valley Library for youth ages 5 to 18 and adults 55 and older, to encourage cultural exchange, enhance emotional intelligence, develop communication and leadership skills and boost critical thinking through games, discussions, and crafts. Adult and high school volunteers welcome. Apply at rewiredtoinspire.weebly.com/get-involved. Questions? Call 510-371-1268 or email rewiredtoinspire@gmail.com

● Saturday, November 4: Hill & Valley Scholarship Bazaar

The Hill & Valley Club at 1808 B St. in Hayward will hold its annual bazaar to raise funds for student scholarships from 9 a.m. to 2 p.m. this Saturday. Find bargains in collectibles, books, jewelry, home decorations and buy homemade candy and baked goods. And, for a \$5 box lunch, call Joann Silveira at 510-785-2053 by Monday, Oct. 30.

● Saturday, November 4: Celebrate Marine Corps' Birthday

The Lt. Frank Reasoner Detachment, Marine Corps League will host a breakfast celebrating the 242nd Marine Corps birthday at 8 a.m. this Saturday at the San Leandro Veterans Building, 1103 Bancroft Ave. Tickets are \$20 at the door. For info, call Ron Saunders at 489-4186.

● Saturday, November 4: Raza College Day at Chabot

The El Centro Latino/Chicano Resource Center at Chabot College in Hayward will host Raza College Day from 8:30 a.m. (registration) till noon this Saturday for students and the general public in the Little Theater (Bldg. 1200) at 25555 Hesperian Boulevard. It will include free workshops in Spanish and English, including scholarships, and resources for undocumented students. Breakfast and lunch will be provided to participants. RSVP online at tinyurl.com/RazaCollegeDay17. For more info, call 510-723-6714 or email jphernancez@chabotcollege.edu.

● Saturday, November 4: Charity 'Tea for a Cause'

Eagles Auxiliary No. 1139 holds its 2nd Annual "Tea for a Cause" Christmas fundraiser for the Salvation Army and the Alameda County Food Bank from 11 a.m. to 1 p.m. this Saturday in the Eagles Hall, 24106 Foothill Blvd., Hayward. A variety of teas, finger sandwiches, scones and many desserts will be available, plus a raffle table. The cost is \$15. For more info, call Glenda at 510-584-1568.

● Saturday & Sunday, Nov. 4-5: Palomares Hills Boutique

Shop for unique, one-of-a-kind gifts created by talented, local artisans including fresh fudge, local honey, gourmet foods, handcrafted jewelry, holiday ornaments, garden art, home decor and more, from 10 a.m. to 5 p.m. this weekend at Jensen Ranch Elementary School, 20001 Carson Lane in Palomares Hills. Stay for lunch or just enjoy a cup of coffee.

● Sunday, November 5: Monthly Tot Talk Program

Congregation Shir Ami invites you to its free monthly program from 11:30 a.m. to 12:30 p.m. this Sunday for children up to age 5 and their parents or caregivers to learn a little bit about being Jewish, to socialize and have fun. This month's theme is Shabbat. Congregation Shir Ami is a small, friendly, Reform synagogue at 4529 Malabar Ave. off Redwood Road. RSVP to bonnie@congshirami.org. Visit www.facebook.com/CongShirAmi

● Sunday, November 5: Chakra Balancing for the Holidays

Join Certified Hypnotherapist Marion Oldenhage to learn about the seven key points in the subtle body that are thought to be vortexes of energy (known as chakras) and the benefits of chakra balancing, at 2 p.m. this Sunday at the Castro Valley Library. By healing the energetic centers of your body, your overall healthy will improve. The program is free and no advanced registration is required.

● Tuesday, November 7: Six-Course Family Dinner

The Buon Tempo Club is inviting everyone to its monthly dinner with Holiday Ham, red and white wine, sodas, coffee and dessert on Tuesday, with an open bar at 6:30 p.m. and dinner just after 7 p.m. at Transfiguration Church, 4000 E/ Castro Valley Blvd. for \$15 (members) and \$20 (guests). For reservations, call 510-483-6929 by this Friday, Nov. 3. The club is looking for new members. Visit buontempoclub.org

● Thursday, November 9: Upgrade Your Computer Skills Free

If you need to update your technical skills for today's office work, get back to work faster with upgraded computer and job search skills at a free, 4-week training course. JVS's Business Administration Bootcamp at The Stride Center in downtown Oakland will give you the motivation and direction you need to get on the fast track to your next job. Class starts Nov. 9. We're looking for applicants who are unemployed or underemployed. Apply online at www.jvs.org/baclass

● Saturday, November 11: Veterans Day Thanksgiving Dinner

American Legion Post No. 68 in Hayward will be conducting its annual Thanksgiving Dinner from 5 to 9 p.m. on Veterans Day, Nov. 11, at the Veterans Memorial Bldg., 22737 Main St. in Hayward, including music and dancing. Everyone is invited. The cost is \$10 per person and

the proceeds are donated to the American Legion Veterans Affairs & Rehabilitation Foundation.

● Saturday, November 11: Hearing Loss Association Meeting

Music is our speaker's theme: Lauren Jacobs, UCSF Research Specialist, has researched the effects of musical rhythm on visual long-term memory. She earned a degree from Tufts University in Clinical Psychology and Music. Refreshments at 9:30 a.m.; Program at 10, at the Oakland Kaiser Permanente Hospital, Fabiola Bldg., 3801 Howe St., Lower Level, Room G26. Park free on Saturday in garage across Howe. Email: athos.artist@att.net or call Kay at 510/886-4717.

● Saturday, November 11: Free SAT Practice Test

Teens are invited to take part in a free new SAT practice test administered by The Princeton Review at the Castro Valley Library from 10 a.m. to 2:30 p.m. on Nov. 11, in preparation for what might be one of the most important tests of their lives. This workshop lets teens try their hand at the types of questions and find out how they would score on the new test with a personalized score pinpointing their strengths and weaknesses. Registration is requested. Sign up in person, by phone at 510-667-7900, or at www.princetonreview.com/product/offering/310525.

● Saturday, November 11: Texas Hold 'em Tournament

The Buon Tempo Club is holding its first-ever Texas Hold'em Tournament at Transfiguration Church, 4000 E. Castro Valley Blvd. at 11 a.m. on Nov. 11. Proceeds go to benefit the Buon Tempo Scholarship Fund. Doors open at 10, cards fly at 11. A \$50 buy-in gets you lunch and 20,000 in chips. Great prizes, too. To reserve a seat call 510-483-6929, and select Option 4. Leave your name, phone number and the number of players you are reserving for. For more info or to sponsor a table contact Jim Murphy at 510-427-8980 or jim4murphy@comcast.net

Arts & Entertainment

THEATRICAL & MUSICAL PERFORMANCES

● **"The Addams Family,"** a magnificently macabre musical comedy, is being presented by Chanticleers Theatre through this Sunday, Nov. 5. In the kooky, upside-down world of the Addams Family, a grave crisis is brewing. It is every father's worst nightmare but in reverse. Curtain time for Friday and Saturday is 8 p.m. The Sunday matinee starts at 2 p.m. For tickets (general-\$25, seniors and students-\$20), call SEELIVE (733-5483) or visit chanticleers.org. Chanticleers is in Castro Valley Community Park at 3583 Quail Avenue.

● **"The Illusion,"** written by Pulitzer Prize-winning playwright Tony Kushner, will be presented by Ohlone College at 8 p.m. on Nov. 3, 4, 9, 11, 16, 17 and 18 at Smith Center, 43600 Mission Blvd. in Fremont. Set in 17th Century France, it's the story of a father who seeks a sorcerer to find his long-lost son, a play with humor and suspense offering a surprising twist at the end. For tickets (\$15-\$10) visit www.smithcenter.com or call 510-659-6031. Event parking is \$4.

AT THE GALLERIES

● **"Celebrate Women,"** an exhibit featuring the works of 50 artists from the members of Nor Cal Pen Women, will be on display through Nov. 17 at the John O'Lague Galleria in Hayward's City Hall at 777 B Street, sponsored by the Hayward Arts Council. Gallery hours are Monday through Friday 9 a.m. to 5 p.m. Visit haywardartscouncil.org for more info.

● **The 40th Area Artists Annual** continues at the Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. The exhibit explore the relationship between process, materials and expression. Emphasis is placed on the essential connection between what the artists use to express themselves and how meaning is discovered through their hand. Open Thursday to Saturday from 11 a.m. to 3 p.m. and by appointment. The exhibit will continue until Nov. 11. Visit www.adobegallery.org for info.

● **Artist Open Studio Every Thursday:** Join this informal gathering of artists working together in a friendly and helpful atmosphere. Adobe Art Center hosts provides tables, chairs and easels. \$3. Thursdays 10 a.m. to 2 p.m. in the Redwood Studio 1 at the Adobe Art Center.

● **"Made By Hand" Photography,** an exhibition of handmade photographs featuring the artwork of nationally recognized practitioners of unique contemporary and historic processes, will run through Nov. 27 at the PhotoCentral Gallery, Lower Level, HARD Offices, 1099 E St. in Hayward. Info at www.photocentral.org/

Listings for the Community Calendar and A&E Calendar must be received by the Friday before publication date. Send info as text, *not* flyers or posters.




Palomares Hills Holiday Boutique

Saturday & Sunday - Nov. 4th & 5th
New Location **10 a.m. to 5 p.m.**
Jensen Ranch Elementary School
20001 Carson Lane, Castro Valley

Fresh fudge, local honey, gourmet foods, handcrafted jewelry, holiday ornaments, woodcrafting, garden art, fashions, home decor and more!

Stay for lunch, or enjoy a cup of coffee while you browse.
Enter Daily Drawing for Amazing Gift Baskets!



PHOTO BY LARRY ROSA

"Dinner Dates" movie crew shoots a scene at Castro Valley's Baywood Court in September.

'Dinner Dates' Public Service Movie Filmed in Castro Valley

By Linda Sandsmark
CASTRO VALLEY FORUM

Castro Valley's Baywood Court Retirement Community hosted a movie shoot last month, for a public service announcement-type film about mental illness.

Local actors Laura Michler, Carolyn Compton and Adam Thayer are featured, along with Ronan Arthur and Shannon Lujan (who was recently seen in the TV show "13 Reasons Why").

"This film focuses on the effects of mental illness with the purpose of spreading awareness of the challenges that those afflicted go through," says director/cinematographer May Yam. "It also brings to light the social, financial and

physical impacts to family member's life styles that mental illness brings."

Thayer, an actor who lived in Castro Valley for 30 years and recently moved to San Leandro, says he helped steer the crew toward Baywood because of his familiarity with the facility.

"My godfather is there, so when May asked if I knew of any places we could film, I thought of Baywood," says Thayer. "We got in touch with their executive director Bruce, and were able to shoot really cool scenes."

"It was delightful to be working with such a professional company, and of course we want to give thanks to the staff and people at Baywood as well."

The Baywood location was also

well known to the film's art director/producer Gregory Annable. His grandparents were among its earliest residents.

"Baywood Court's facilities and their residents complement the story perfectly, and bring a level of realism to the film that can't be reproduced on a set," adds Yam.

The movie is titled "Dinner Dates" and will come out in 2018.

"It's a short film, about 15 minutes, and it should do really well at the film festivals," says Thayer.

More on May Yam's films may be seen at mystudios.biz. Her company is based in San Jose. Adam Thayer's profile may be found at www.imdb.com/name/nm5217817

Assistance Dogs Provide Help and Love

Q: My sister, who's 58, has multiple sclerosis and I'm wondering if an assistance dog could help make her life a little easier.

By Jim Miller
CASTRO VALLEY FORUM

A: For people with disabilities and even medical conditions, assistance dogs can be fantastic help, not to mention they provide great companionship and an invaluable sense of security.

Here's what you and your sister should know.

While most people are familiar with guide dogs that help people who are blind or visually impaired, there are also a variety of assistance dogs trained to help people with physical disabilities, hearing loss and various medical conditions.

Unlike most pets, assistance dogs are highly trained canine specialists – often Retrievers and German Shepherds – that know approximately 40 to 50 commands, are amazingly well-behaved and calm, and are permitted to go anywhere the public is allowed.

Here's a breakdown of the different types of assistance dogs and what they can help with.

Service dogs: These dogs are specially trained to help people with physical disabilities due to multiple sclerosis, spinal cord injuries, Parkinson's disease, chronic arthritis and many other disabling conditions.

They help by performing tasks their owner cannot do or has trouble doing, like carrying or retrieving items, picking up dropped items, opening and closing doors, turning lights on and off, assisting with dressing and undressing, helping with balance, household chores and more.

Guide dogs: For the blind and visually impaired, guide dogs help



their owner get around safely by avoiding obstacles, stopping at curbs and steps, negotiating traffic and more.

Hearing dogs: For those who are deaf or hearing impaired, hearing dogs can alert their owner to specific sounds such as ringing telephones, doorbells, alarm clocks, microwave or oven timers, smoke alarms, approaching sirens, crying babies or when someone calls out their name.

Seizure alert/response dogs: For people with epilepsy or other seizure disorders, these dogs can recognize the signs that their owner is going to have a seizure, and provide them with advance warning, so he or she can get to a safe place or take medication to prevent the seizure or lessen its severity.

They are also trained to retrieve medications and use a pre-programmed phone to call for help. These dogs can also be trained to help people with diabetes, panic attacks and various other conditions.

Finding a Dog

If your sister is interested in getting a service dog, contact some assistance dog training programs. To find them, Assistance Dogs International provides a listing of

around 65 U.S. programs on their website that you can access at AssistanceDogsInternational.org.

After you locate a few, you'll need to either visit their website or call them to find out the types of training dogs they offer, the areas they serve, if they have a waiting list, and what upfront costs will be involved.

Some groups offer dogs for free, some ask for donations and some charge thousands of dollars.

To get an assistance dog, your sister will need to show proof of her disability, which her physician can provide, and she'll have to complete an application and go through an interview process. She will also need to go and stay at the training facility for a week or two so she can get familiar with her dog and get training on how to handle it.

It's also important to understand that assistance dogs are not for everybody. They require time, money, and care that your sister or some other friend or family member must be able and willing to provide.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org.

Is a Large IRA Disqualifying If I Need Medi-Cal Subsidy?

By Gene L. Osofsky, Esq.
SPECIAL TO THE FORUM

Q My wife needs care in a nursing home, and we really need a Medi-Cal subsidy to help with the cost, which may run close to \$10,000 per month. However, I have a large IRA worth about \$650,000.

I have received conflicting advice as to whether my IRA would make her ineligible for a Medi-Cal subsidy. I am hoping that you can clarify this for us?

A I think I can. Here's the way Medi-Cal treats IRA accounts, as well as other retirement accounts such as 401K's and 403(b)'s.

The two threshold questions are: (1) Is the proposed Medi-Cal beneficiary married or single? and (2) Which spouse owns the IRA?

Let's take married couples first, and for clarity I will use the terms "Ill Spouse" (for the nursing him spouse who needs the Medi-Cal subsidy), and "Well Spouse" (for the spouse living at home).

• **Married Couple: IRA in the Name of the Ill Spouse:** If the IRA is in the name of the Ill Spouse, the IRA can be easily converted into a non-countable asset by the simple act of taking Minimum Required Distributions ("MRD's") under IRS rules.

Medi-Cal will then not count the IRA as a resource, although it will count the MRD's as income. This MRD income then goes toward Share of Cost ("co-pay"), usually

increasing it only modestly. Thus, by taking MRD's, the IRA is effectively rendered exempt, usually paving the way for the ill spouse to qualify for a Medi-Cal subsidy with only a modest increase in her Share of Cost.

• **Married Couple: IRA in the Name of the Well Spouse:** If the IRA or other retirement account is the name of the Well Spouse, it is not counted at all! In this situation, there is not even a need for the well spouse to begin taking MRD's. Thus, in your situation, your \$650,000 IRA will not count at all when Medi-Cal considers your wife's application for a Medi-Cal nursing home subsidy.

• **Single individual:** An IRA in the name of a single individual who needs a Medi-Cal subsidy is treated the same as an IRA in the name of an Ill Spouse. With both, the owner must be receiving, or arrange to begin receiving, MRD's in order for the IRA not to count.

• **Planning Option For Younger Individuals Not Yet Receiving MRD's:** For individuals under age 70.5 who have not yet started

MRD's, there is another option: as an alternative to taking full MRD's, they may opt to commence only bare-bones withdrawals representing only "periodic distributions of income and principal."

This is technically all that Medi-Cal requires. These more modest withdrawals would effectively reduce the IRA income and, correspondingly, the patient's Share of Cost. This optional approach could continue to age 70.5, when full MRD's then become mandatory under IRS rules.

In short, ownership of an IRA – whether in your name or your wife's name – need not be disqualifying. With proper planning, it can be rendered "non-countable" effectively rendering it as exempt.

So, if your other countable resources are within Medi-Cal limits, your wife should qualify for the much-needed Medi-Cal nursing subsidy. I hope that this was the good news that you were seeking.

Gene L. Osofsky is an elder law and estate planning attorney in Hayward. Visit his website at www.LawyerForSeniors.com

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'The Illusion' Opens on Friday at Smith Center

Roman Gonzalez (with sword) as Clindor and Idrees Najibi as Alcandre in the Ohlone College production of "The Illusion," opening Nov. 3 at Smith Center, 43600 Mission Blvd. in Fremont. The play takes place in 17th Century France, as a father seeks a sorcerer to find his long-lost son and is shown enticing visions from his son's swashbuckling life. The show runs at 8 p.m. on Nov. 3, 4, 9, 11, 16, 17 and 18. For tickets (\$15-\$10) visit www.smithcenter.com or call 510-659-6031.

Reports: CV

continued from page 3

Hotel Guest with Stolen ID

Thursday, October 26: at 1:25 p.m., deputies arrested a 41-year-old woman with no permanent address on suspicion of possession of stolen property, stolen identification, and ID fraud to get a hotel room. The woman had passed bad information to a hotel on the Boulevard near Strobbridge Avenue. Deputies were called to investigate and found the woman with stolen property in the room. The woman was taken into custody.

Drinking Buddies in Trouble

Wednesday, October 25: at 8:56 p.m., two men were arrested on suspicion of public intoxication near a business on the Boulevard near Redwood Road. Deputies were called to investigate reports of two men who appeared to be drunk. A 35-year-old man with no permanent address was detained when deputies smelled alcohol on his breath. The man's blood-alcohol content was more than twice the legal limit. A 37-year-old man from Hayward was also found with a blood-alcohol content over the legal limit and slurred speech. The men were taken into custody.

Grand Theft Burger

Wednesday, October 25: at 12:57 p.m., deputies arrested a 34-year-old woman from Hayward on suspicion of grand theft from a fast-food restaurant on the Boulevard near Rutledge Road. The woman also had a warrant issued for her capture. Deputies responded to a call from the manager about the woman. The woman was taken to Santa Rita Jail pending \$20,000 in bail.

see REPORTS on page 8



EBMUD PHOTO

After months of seismic upgrade work, construction has been completed. The old Chabot Dam Outlet tower contained valves that allowed water to be released from the reservoir but because it was seismically vulnerable, they were relocated to a shaft on the shore (below).

Dam: Quake Construction

continued from front page

Chabot Dam was built in 1874. Many of the lands nearby are used for recreation through a long-time partnership with the Regional Park District.

Lake Chabot is now used as an emergency water supply, and irrigation source for Redwood Canyon Golf Course in Castro Valley and Lake Chabot Golf Course in Oakland.

Very little of the new construction on the dam is visible to the public. A 100-foot cement deep soil mixing buttress has been added to reduce displacements in the event of a major earthquake.

Prior to the seismic work, the dam might have moved up to 3 feet during an earthquake.

Engineers also made improvements to the dam's outlet tower, which is critical to releasing water from Lake Chabot if necessary.

"Lake Chabot is so beloved, people from all over go there," says East Bay Regional Park District Director Dennis Waespi, who lives in Castro Valley. "I consider Lake Chabot the jewel of the park district."



PHOTO BY LINDA SANDSMARK

Chawla Named Director Of Health Care Services

Colleen Chawla will become director of Alameda County's Health Care Services Agency next month.

Chawla, a longtime Oakland resident, has been deputy director of the San Francisco Health Department since 2011. The Alameda County Board of Supervisors made the appointment last week in a unanimous vote. Chawla will take over the agency on Dec. 18.

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November 14, 2017 – 5:30 to 7 p.m.
Pizza and Refreshments
will be served.

1851 136th Avenue
San Leandro, CA 94578
<http://www.assumptionschool-sl.org/>

Reports: Jaywalker with Drugs; Assault

continued from page 7

Flashy Car, Felony Driver
Tuesday, October 24: at 9:36 p.m., a 44-year-old man from San Leandro was arrested on suspicion of possession of illegal narcotics, methamphetamine drugs, illegal narcotics for sale, and driving with an illegal headlight. Deputies pulled the man over on Castro Valley Boulevard near Stanton Avenue after noting the man had a headlamp that was red in color. The infraction prompted a vehicle search which netted the drugs. The man was also found to have a warrant issued for his capture. Deputies took the man to Santa Rita Jail and held without bail.

Jaywalker with Drugs
Tuesday, October 24: at 10:08 p.m., deputies arrested a 30-year-old woman with no permanent address on suspicion of possession of methamphetamine drugs. The woman was jaywalking across the Boulevard right in front of the deputy's squad car when they noticed her toss two small bags into the bushes nearby. When approached, the woman screamed that the, "Meth is not mine." Deputies recovered two bags from the bushes weighing 28.5 grams and 14.0 grams. They also found the woman in possession of an additional bag with 5.8 grams of drugs. Deputies took the woman into custody.

Assault in the Village
Tuesday, October 24: at 7:43 a.m., a 48-year-old man with no permanent address was arrested on suspicion of assault on a family member. Deputies were called to a business in the Castro Village shopping center after an anonymous tip about an altercation in a car in the parking lot. The man was handcuffed and taken into custody. The victim was treated at the scene.

Kicked Out of Eden
Monday, October 23: at 11:34 p.m., deputies arrested a 56-year-old man on suspicion of failing to leave Eden Medical Center after repeated requests from hospital security. The man was on site when he got into a heated altercation with hospital staff. Deputies handcuffed him and took him into custody.

TENNIS RESULTS

CV AT ALAMEDA ON TUESDAY, OCT. 24 CASTRO VALLEY 4, ALAMEDA 3

SINGLES

1. Elena Lottich (CV) - Audrey Soo Hoo 6-4, 7-5
2. Rachel Dong (CV) - Madison Majors 6-4, 6-4
3. Lauren Leong (CV) - Kyra Yee 3-6, 3-6
4. Gabby Madison (CV) - Khaily Tran 2-6, 2-6

DOUBLES

1. Victoria Vitton / Riley Powers (CV) - Claire Fox / Adeline Richard 6-1, 7-6
2. Paige Cason / Sammie 10 Lee (CV) - Anya Kircannon / Aline Helminsky 6-1, 6-1
3. Kele Fong / Matilda Kristiansen (CV) - Kristin Lee / Lauren Lee 6-3, 2-6, 4-6

CV AT O'DOWD ON MONDAY, OCT. 23 CASTRO VALLEY 4, O'DOWD 3

SINGLES

1. Elena Lottich (CV) - Milan McCroden 6-0, 6-0
2. Rachel Dong (CV) - Evian Jiang 6-3, 6-1
3. Lauren Leong (CV) - Georgia Bunkers 0-6, 4-6
4. Gabby Madison (CV) - Hayden Senegal 3-6, 6-4, 5-7

DOUBLES

1. Victoria Vitton / Riley Powers (CV) - Madison Lenoire-Irwin / Maddy Caine 6-0, 7-6
2. Kele Fong / Alexandra Tam (CV) - Alexis Gilikin / Aerielle Brackett 6-1, 6-2
3. Sky Kim / Paige Cason (CV) - Lauren Murphy / Annelie Oiknine 4-7, 7-6, 4-6

TROJAN FOOTBALL

The Castro Valley Trojans Varsity football team played a high-scoring game against the Tennyson Lancers, accumulating 71 points among the two teams, but the Trojans fell short 41-30.

Castro Valley (2-6) will be hosting the Berkeley Yellow jackets (3-6), this Friday for their last game of the season, beginning at 7:00 p.m. Come cheer on the CV Trojans football teams.

CVHS SPORTS SCHEDULE

Cross Country

• Saturday, November 4, 8:00 a.m.
CVHS All levels Championship vs. Berkeley, Alameda, Arroyo, Castro Valley, Encinal, Hayward, Mt. Eden, Bishop O'Dowd, Piedmont, San Leandro, Tennyson, at Hayward High School

Football

• Thursday, Nov. 2, 5:00 p.m.
Freshmen vs. Berkeley away
• Friday, Nov. 2, 4:00 p.m.
JV vs. Berkeley at CVHS
• Friday, Nov. 2, 7:00 p.m.
Varsity vs. Berkeley at CVHS

ATHLETES OF THE WEEK



CV United 2006 Boys White Soccer Team

This week's Athletes of the Week are the members of the Castro Valley United 2006 boys white soccer team, a group of boys who have been together for two years and who won their first soccer tournament over the weekend at the San Ramon Boo Cup soccer tournament.

They went undefeated, 4-0, outscoring their opponents 14-5 to take the title. CV beat the Piedmont Highlanders 5-1, the Santa Rosa United Alliance Rangers 5-2, and the East Bay

Eclipse 2-1. In the Championship game, CV United saw East Bay Eclipse again and won 2-1.

Shown in the back row from left, Coaches Francisco and Greg; middle row, Jordan McCord, Ezra Elyas, Roane Kelly, Matteo Malhotra, Alec Balica, Elijah Schult, Raul Rodriguez and Arthur Tatarkhanov; front row, Zander Trafton-Hancock, Aiden Cole-Shephard, Eisiq Cole-Shephard, Austin Bolender, Dominic Bolender and Diego Rico.

CASTRO VALLEY INDEPENDENT SPORTS LEAGUE



Youth Baseball and Flag Football Programs

www.CVSPORTSLEAGUE.org



Basketball

If you need to get ready for Middle School or High School basketball tryouts, Swag is providing an opportunity for basketball players to work out with their experienced coaches during 4 scheduled basketball camps. There is a \$20 fee per camp. The camps will be held from 2 to 4 p.m. on the Sundays of Nov. 5 and Nov. 19,

at Bancroft Middle School, 1150 Bancroft Ave. in San Leandro. For more info please email: joseph@ebswag.com or dina@ebswag.com

Volleyball

NorCal Top Gun girls Volleyball Club is having tryouts for their 2018 club season. U18 girls tryouts will be on Sunday, No-

vember 5 from 10:00 a.m. to 12:00 p.m. Tryouts for U12 Premier, U13 Premier, and U13 Power teams will be held on November 4 and 5, from 8:00-10:00 a.m. Tryout fee is \$20 per player. No open gym scheduled for Top Gun. For online registration and tryout location, please visit <http://norcaltopgun.com> or contact Kathy Yao at bgyao@meiyao.net.



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2018 SPRING BASEBALL ONSITE REGISTRATION

CASTRO VALLEY INDEPENDENT SPORTS LEAGUE

Monday, November 6th, 6:30 - 8:30 pm
at Mountain Mikes Pizza
20261 Patio Dr., Castro Valley
Castro Village Shopping Center



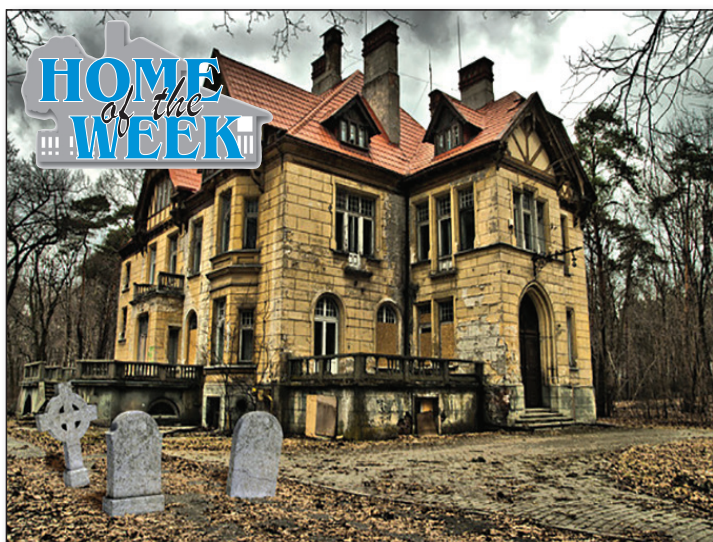
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Online Registration is available at:
www.CVSPORTSLEAGUE.org

REAL ESTATE GALLERY

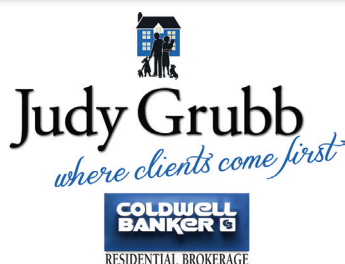


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Safely Store Your Air Conditioning Unit

By **Samantha Mazzotta**
Special to the Forum

Storing the air conditioner is one of the less-celebrated fall rituals. Sometime in between apple-picking, autumn fairs and trick-or-treating, people must face up to the fact that they need to come home and drag the A/C unit out of the window. Here's how to make it less painful.

- Recruit a friend or three. Even a small 5,000 BTU unit should be tandem lifted. And, if you're hoisting a larger unit, you'll need two lifters and a puller to make sure it's safely lifted inside. (I'll spare you the heart-stopping tale of the time I tried to do this by myself and was discovered by my boyfriend struggling to stop the unit from flipping out of the window to the car roof three stories below.)

- Prepare a storage box ahead of time. If you don't have the original unit's box, get a sturdy box that will fit the dimensions of the unit, with a little room to store its expander panels.

- Turn off the unit a few days ahead of time. This allows for the condensed water in the unit to evaporate.

- At the same time, remove and clean the air filter. Use a vacuum

to get rid of dirt and debris. Soak a really dirty filter in warm water and dish soap, rinse and dry completely, and put back into the unit.

- Clear a space to set down the unit after you've lifted it inside, and line the space with old towels. Place the air conditioner upright on the towels in case water from condensation is still in the unit.

- Remove the expander panels and brackets from both sides of the unit. Put the screws into a small plastic bag and tape to the side of the air conditioner.

- Wipe down the exterior of the unit with a soft cloth to remove dust and dirt.

- With your friends, tandem lift the unit into the prepared storage box. Place the panels and brackets



Get help when removing an air conditioning unit.

into the box and pad the sides with dry towels or bubble wrap.

- Tandem lift the unit to a storage area that's protected from the weather.

- Buy your friends dinner, and be available to return the favor.

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REAL ESTATE REALITY

By **Carl Medford, CRS**
Special to the Forum

GUEST COMMENTARY



Smoke Detectors Save Lives

Daylight savings time ends this Sunday and it's the perfect time to change the batteries in your smoke and CO detectors.

While some homes have new units with 10-year batteries, many have older detector units requiring fresh batteries every year.

Smoke and CO detectors save lives. Every year in California, lives are lost because the batteries in detectors were either dead or missing.

The issue is so important, California law mandates that working detectors be in every home being rented or sold.

While it can be difficult to regulate rental unit compliance, there are mechanisms to ensure compliance during sales of residential properties with 1 to 4 units. If a loan is obtained to purchase the dwelling, an appraiser is sent out to not only provide a valuation, but to ensure the property has the proper number of working smoke and CO detectors.

They also ensure that the hot water heater is strapped with approved seismic straps to prevent movement in an earthquake (tankless hot water heaters do not require straps).

The appraiser is not allowed to sign off on their appraisal until the home meets state requirements.

Smoke detector compliance can be a bit confusing. A Statement of Compliance disclosure is required with every California residential sale and it includes the following:

"California Law requires that (i) every single-family dwelling and factory built housing unit sold on or after January 1, 1986 must have

an operable smoke detector, approved and listed by the State Fire Marshal, installed in accordance with the State Fire Marshal's regulations (Health and Safety Code §13113.8) and (ii) all used manufactured or mobile homes have an operable smoke detector in each sleeping room."

The confusion stems from the fact that existing dwellings are technically OK with one smoke detector in hallways leading to the bedrooms, but a different standard is used for manufactured or mobile homes, requiring a detector in each bedroom.

Building codes for newly constructed homes remove any ambiguity, requiring a smoke detector

not only in any hallway leading to sleeping quarters, but in each bedroom as well.

Current California building codes mandate that if any renovations are performed exceeding \$1,000, then smoke detectors must be not only in the hallway, but installed in each bedroom as well.

Our recommendation? Be safe. Make sure EVERY bedroom has a working smoke detector and put a combo smoke/CO detector in any hallway leading to any bedrooms.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

RECENT HOME SALES

Castro Valley

21071 Ashfield Avenue	94546: \$735,000 3 BD - 1,314 SF - 1956
18824 Cameo Court	94546: \$900,000 3 BD - 1,528 SF - 1975
5349 Camino Alta Mira	94546: \$1,003,000 4 BD - 2,513 SF - 1988
3669 Christensen Lane	94546: \$776,000 4 BD - 1,380 SF - 1959
2793 Cortez Court	94546: \$375,000 1 BD - 782 SF - 1970
2823 Jennifer Drive	94546: \$865,000 3 BD - 2,318 SF - 1969
19678 Kinney Court	94546: \$601,000 3 BD - 1,259 SF - 1950
18017 Laird Court	94546: \$895,000 5 BD - 2,466 SF - 1959
17923 Lamson Road	94546: \$875,000 3 BD - 1,921 SF - 1958
20139 Normandy Court	94546: \$760,000 3 BD - 1,339 SF - 1957
21079 Nunes Avenue	94546: \$650,000 3 BD - 1,668 SF - 1948
5004 Proctor Road	94546: \$780,000 3 BD - 1,656 SF - 1960
18982 Santa Maria Ave	94546: \$705,000 3 BD - 1,086 SF - 1948
2901 Susan Lane	94546: \$940,000 4 BD - 1,618 SF - 1976
22041 Vergil Street	94546: \$715,000 4 BD - 1,540 SF - 1949
25179 Century Oaks Circle	94552: \$1,240,000 5 BD - 3,236 SF - 1996
5319 Fairweather Court	94552: \$1,008,000 4 BD - 2,092 SF - 1998
21940 Nugget Canyon Drive	94552: \$640,000 3 BD - 1,626 SF - 1989
5663 Sun Ridge Court	94552: \$900,000 4 BD - 2,119 SF - 1975

TOTAL SALES: 19
LOWEST AMOUNT: \$375,000 **MEDIAN AMOUNT: \$780,000**
HIGHEST AMOUNT: \$1,240,000 **AVERAGE AMOUNT: \$808,579**

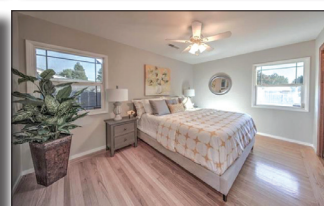
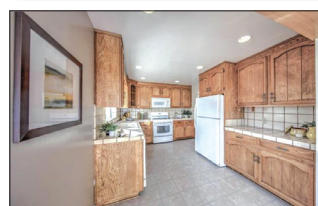
San Lorenzo

783 Galway Drive	94580: \$515,000 3 BD - 1,233 SF - 1954
615 Heritage Circle	94580: \$575,000 5 BD - 1,973 SF - 2004
619 Heritage Circle	94580: \$575,000 4 BD - 1,451 SF - 2004
290 Lewelling Boulevard	94580: \$445,000 6 BD - 1,840 SF - 1952
15750 Paseo Largavista	94580: \$334,000 3 BD - 1,000 SF - 1944
636 Via Aires	94580: \$625,000 3 BD - 1,134 SF - 1947
1456 Via Barrett	94580: \$640,000 3 BD - 1,287 SF - 1955
15972 Via Paro	94580: \$575,000 3 BD - 1,080 SF - 1944
17105 Via Piedras	94580: \$595,000 3 BD - 1,528 SF - 1947
750 Videll Street	94580: \$400,000 3 BD - 1,034 SF - 1951



Instantly appealing 3 bedroom, 1 bath Castro Valley charmer! Walking distance to 12 years of CV schools, near shopping, BART and freeway access. Exceptional curb appeal, and it only gets better from there! Gleaming oak floors, cozy fireplace with mantel for the holidays, spacious kitchen w/lots of counter space, oak cabinets. GREAT kid/pet friendly backyard w/privacy & large patio for year-round entertaining. Updated roofing, dual-paned windows. Ceiling fans, abundant recessed lights, freshly painted inside and out. Newer insulated roll-up door, garage is roomy with extra storage. Great neighborhood, interior lot. A home to love!

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Brian Cooney
Cell/Text: 415-470-6148
3327 Castro Valley Blvd., Castro Valley CA 94546
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SATURDAY & SUNDAY
NOVEMBER 4TH & 5TH

CITY	SAT	SUN	ADDRESS	PRICE	BDRMS/BATHS	REALTOR	AGENT	PHONE
C	—	1-4	4227 Mabel Ave.	\$639,000	3/1	RE/MAX Accord	Brian Cooney	415-470-6148
H	1-4	1-4	22555 Mossy Rock Dr.	\$649,000	3/2	Berkshire Hathaway	Cathy Brent	510-381-1065
A	—	1-4	1718 138th St.	\$710,000	3/2	Robert Jones & Assoc.	Matt Jones	510-357-0120

CITY GUIDE

A = SAN LEANDRO • B = SAN LORENZO • C = CASTRO VALLEY • D = DUBLIN • F = FREMONT • H = HAYWARD • K = KNIGHTSEN
O = OAKLAND • P = PLEASANTON • S = SHEFFIELD VILLAGE • SR = SAN RAMON • W = WALNUT CREEK • Z = ALAMEDA



All real estate advertised in the Castro Valley Forum is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, marital status, national origin, or intention to make any such preference, limitation or discrimination. The Castro Valley Forum will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

Prune Prior to Transplanting Roses; Add Annual Color

By Buzz Bertolero
The Dirt Gardener

Q I'm revamping my rose garden and need to know when is the earliest time I can successfully move established roses to another location?

A The transplanting season for a wide variety of plants begins in the middle of November or when the daytime temperatures are under 70°F, and concludes in early April.

You could transplant roses, ornamental shrubs and conifers now but I'd wait until March for citrus.

It is also at this time that you would root prune established container plants and replant them in the same pot.

With roses, I'd prune them first to make the move easier. You could reduce the height and bring in the sides and then finish the pruning next year.

If the new site isn't ready yet, place the roses into plastic or paper maché pots. They can

thrive for six to eight months in pots.

Also, if mother nature disrupts your plans, temporary containers are a good Plan B.

Q What can I plant as annual color around my mailbox and crape myrtle tree? I've had fibrous begonias, but they can't tolerate the frost.

A Your best bet is to plant pansies, or violas for a mass of color as

they'll bloom into the spring. But you'll need to adjust your expectations when planting at this time of the year.

The growing season is over and the days are getting shorter and colder.

Keep in mind that the color needs to be planted closer together to minimize bare spots.

It will be 8 to 10 weeks before you'll see any growth out of these plants. So, instead of spacing them 12 inches apart, the spacing should be four to six inches. The color area



Pansies and Violas

needs to look as full as possible from the beginning.

I would also apply a tablespoon of starter fertilizer under each plant. This will help prevent the plants from turning a yellowish color in January due to a lack of nutrients.

Buzz Bertolero is an Advanced California Certified Nursery Professional and the Senior Gardening Professional at Sloat Garden Centers. Send questions by email to dirtgarden@aol.com or on Facebook at [Facebook.com/BuzzBertolero](https://www.facebook.com/BuzzBertolero).



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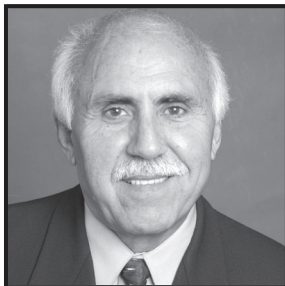
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grai@cahillandco.com
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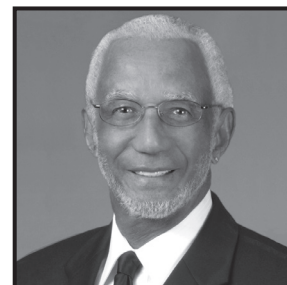
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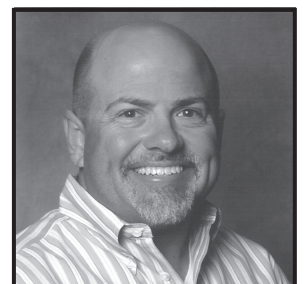
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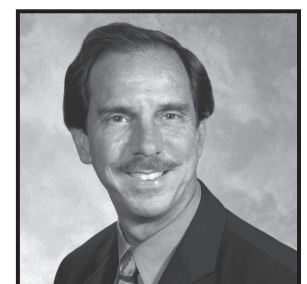
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This Monthly Section will run the first Wednesday and Thursday of every month in the Castro Valley Forum and the San Leandro Times.

For more information about this advertising opportunity call:

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EOE

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LETTERS TO THE EDITOR

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More than One Way to Remove President Trump From Office

Editor:

The "Duty to Warn" group described in "Group Calling for Removal of President Trump from Office," (Page 3, the Forum, Oct. 18) not only has the 25th Amendment to declare a president unfit for office, but also the original US Constitution itself.

Article 2, Section 1, Clause 6 recites: "In Case of the Removal of the President from Office, or of his Death, Resignation, or Inability to discharge the Powers and Duties of the said Office, the Same shall devolve on the Vice President, and the Congress may by Law provide for the Case of Removal, Death, Resignation or Inability, both of the President and Vice President, declaring what Officer shall then act as President, and such Officer shall act accordingly, until the Disability be removed, or a President shall be elected."

So the powers to remove a president are not limited to those "principal officers of the executive department or other such body as Congress may by law provide" (25th Amendment).

—Matthew Kaser
Castro Valley

Doubts that Republicans Will Take Action Against Trump

Editor:

As a retired Psychologist, I whole heartedly agree with the "Duty to Warn" movement.

Since Trump began his march for power, and ran for election, it has been my impression that based on his behavior and rhet-

oric, he is severely narcissistic and sociopathic.

He needs to be removed from office asap. However I don't expect Republicans to use the 25th Amendment to get rid of him, as they are too invested in their own agenda... America be damned.

—Robert Thomas
Castro Valley

Calls Cull Canyon Beautification Project 'a Blunder'

Editor:

I would like to congratulate our proud Castro Valley citizen, Diane Kuta ("3 Votes for Incorporation and the People Have Said 'No'," Letters, Oct. 18) for speaking out as well, on keeping Castro Valley out of the hands of selfish individuals, with their own profits in mind.

Let's not forget last year's blunder. Let's not forget the millions spent on the beautification of Cull Canyon.

If I remember correctly, it was going to be a place where families could go and enjoy a fun day, out in the fresh air. I ask: Has anyone of our decision makers gone there to check how the beautification is progressing?

Have any managers in charge of the project, noticed how poorly the grounds are sloped

and leveled?

The water is now gone, only dead grass, brush and small trees are left, the jungle of Brazil looks more inviting at the moment.

The lake was there for many years: Why not dredge some of the mud out? Why not cut back the trees? Why not make it better, leave the water, and replenish it with fish, where fathers could continue to teach their sons how to fish?

Money well spent?

—Josie Pastorino
Castro Valley

Tired of Seeing CV's Tax Dollars Going to County

Editor:

I concede. Diane Kuta's letter ("3 Votes for Incorporation and the People Have Said 'No'," Letters, Oct. 18) did state some true facts.

She asked how long have I lived in Castro Valley? My answer is longer than some but shorter than others. I moved to Castro Valley when my daughter was just seven days old, in the first week of January, 1962.

Each time when we were asked to vote for incorporation I voted "yes." I would do so the again.

I am tired of seeing our tax dollars going to the County of Alameda with not much coming in return. I had been involved with the Castro Valley School District for several years while my daughter and grandson went to school here. Not an elected position, as a volunteer.

Enough said!

—Dick Purdee, Castro Valley

A List of Laws He'd Like to See in the Next Legislative Agenda

Editor:

The 2018 legislative session begins on January 3 in Sacramento. Most lawmakers decide in November on which bills to carry. Here are a few in need of an author:

- Amend current rodeo law (Penal Code 596.7) so as to require on-site veterinary care at all rodeos and charreadas;
- Ban the cruel "steer tailing" event;
- Ban non-sanctioned rodeo events such as "wild cow milking," "mutton busting," and all animal "scrambles";
- Ban importation and sale of non-native frogs and turtles for human consumption;
- Ban use of all wild animals in circuses and carnivals;
- Ban all commercial fur-trapping, a true "Crime Against Nature."

All legislators may be written c/o The State Capitol, Sacramento, CA 95814. Let them hear from you!

—Eric Mills, coordinator
Action for Animals
Oakland



ANSWERS
PUZZLE
CROSSWORD

HOROSCOPE by Salomé

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ARIES (March 21 - April 19): This is a good time to speak out on a difficult situation. You're known for your honesty, so people will listen and, perhaps, begin to make long-needed changes.



TAURUS (April 20 - May 20): The Bovine's sharp business sense alerts you to question the positions of those trying to push the Bull into a deal. Demand to see proof of what they profess.



GEMINI (May 21 - June 20): Your quick thinking helps you get out of a troubling situation that suddenly was thrust upon you. Later on, you can expect to learn more about why it happened.



CANCER (June 21 - July 22): You might feel you've dotted all your i's and crossed all your t's regarding that upcoming deal. But there might be some facts you've ignored. Check again.



LEO (July 23 - August 22): Time for the Lion to be more physically active. It will help shake off any lingering Leonine lethargy and restore your energy levels, so you'll be prepared for what lies ahead.



VIRGO (August 23 - Sept. 22): Helping those in need at this time is laudable. But don't ignore your own needs, especially where it concerns your health. A medical checkup is a wise move.



LIBRA (Sept. 23 - October 22): Good news: Your outspoken views about a controversial on-the-job situation could find unexpectedly strong support from a most unlikely workplace faction.



SCORPIO (October 23 - November 21): You might have to draw on your reservoir of spiritual strength to help someone special through a difficult time. Your loving attitude makes all the difference.



SAGITTARIUS (Nov. 22 - Dec. 21): Your proven leadership qualities make you the perfect person to take on an important workplace task.



CAPRICORN (Dec. 22 - Jan. 19): Although some compromise might need to be reached regarding your stand on an important issue, you'll still be able to get the most crucial points across.



AQUARIUS (Jan. 20 - Feb. 18): A chance to make a career change carries both positive and uncertain possibilities. Best advice: Check it out thoroughly and don't be rushed into a decision.



PISCES (Feb. 19 - March 20): You're still a staunch supporter of one side of an important issue. But be prepared to deal with new information that could cause you to question your current stand.

THE FORUM CROSSWORD

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ACROSS

- Eye layer
- Poorly illuminated
- Answer an invite
- Send a naughty photo
- Environmental prefix
- Elevator name
- Goblet part
- Carrion-eating birds
- Highly ornate
- Most up-to-date
- Satan's purchase
- Pod occupant
- Snapshots
- Omit
- Web address
- Diarist Samuel
- A Gabor sister
- Settled a debt
- False teeth
- Wire measure
- Kitchen, e.g.
- On the schedule
- Tropical fruit
- Blends
- "American _"
- Sandwich cookie
- Blackbird
- Anger
- Wanders
- Horror director
- Craven
- Historic times

DOWN

- Letters on old Asian maps
- Kill a bill
- One of the brass, for short
- Maximally
- Ate greedily
- Hosp. area
- Gangster's girlfriend
- GPS findings
- One who jogs sans togs
- Competes
- "Hey, you!"
- Spigot
- Masterstroke
- Shunned person
- Young dog
- Playwright Levin
- Reached a peak
- Short story?
- "_ Got a Secret"
- _ de deux
- Old portico
- Marks meaning "same as above"
- Baseball arbiter
- Romanian money
- Urban blight
- Old Italian coin
- Sketch
- Hebrew month
- Relaxing discipline
- Brewery products
- Away from WSW

ANSWERS ON THIS PAGE

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Jane Margaret Lippincott

Jane Margaret Lippincott passed away at home at age 99 on October 25, 2017. She was married for 65 years to her late husband, Bob, and is survived by her children, Jon of Davis, California, Gale of Castro Valley and James (Catherine) of Providence, Rhode Island; and grandsons, Jacob of Washington DC and William of Boston.

Jane has lived in Castro Valley since 1961 and has, for all of those years, been active in the Castro Valley Women's Club — a constant source of friendship and support. Always an enthusiastic bridge player with many group affiliations, she also loved going out to lunch with her friends and entertaining at home.

At her request, there will be no services. In lieu of flowers, the family wishes donations to be made to the charity of your choice in her memory.



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EMAC Coming to Unincorporated County

By Amy Sylvestri
CASTRO VALLEY FORUM

More residents of the unincorporated area will soon have a chance to be better represented in local government after the Alameda County Board of Supervisors voted to create the Eden Municipal Advisory Council (EMAC).

It will give a voice to the over 60,000 people in San Lorenzo, Ashland, Cherryland, and Hayward Acres who have made a grassroots effort since last year to have such a council.

A MAC is made up of people

appointed by a county supervisor to advise the county on smaller local matters, ranging from housing developments to public art to proper signs on businesses.

Their recommendations are then given to the supervisors who can overrule the decision, but who usually does take into account local preferences.

Over the summer, the county spent \$20,000 to mail out a survey to residents of the area and about three-quarters of the responses said they wanted a MAC. Only 24 percent said they thought they were being represented adequately by the county, according to Keith

Barros, a San Lorenzo resident who has been promoting the idea of a MAC for over a decade.

Barros is so involved in local issues that he's known as the "mayor of San Lorenzo," but he says he won't apply to be appointed to the MAC when the time comes because he feels there will be more qualified candidates.

"What's the Groucho quote? 'I wouldn't want to be in any club that would have me for a member?'" jokes Barros.

Barros recalled one issue a few years back when a convenience store near San Lorenzo High was displaying pornographic magazines where students could see them. Barros brought it up to the county officials who weren't aware of it.

"I said, we need to get the porn out of the hands of kids and put it where it belongs – in the hands of middle aged men," said Barros. He jokes a lot, but Barros and his dedicated group successfully got the store owner to put away the magazines. It's a small anecdote, but an example of the kind of change he hopes the EMAC can make.

The next step for the Eden MAC will be for supervisors Wilma Chan and Nate Miley to appoint an ad hoc committee to work on the framework for forming the council – deciding the number of representatives, the bylaws, and more. The EMAC could be up and running by this time next year.

For more information, visit www.facebook.com/EdenArea-MAC.



More than two dozen bicycles were loaded into a trailer destined for the Santa Rosa Fire Department which will distribute them to people who lost their homes in the recent fire.

Bicycles: Another Shipment This Month

continued from front page

"I called the Hub Cyclery in Santa Rosa and I asked her if they needed help and she started crying," Mundorff says. "They've gotten multiple questions a day from people who needed bikes. When you have so little and you are trying to get around, taking a bike from one end of the city to the other makes complete sense."

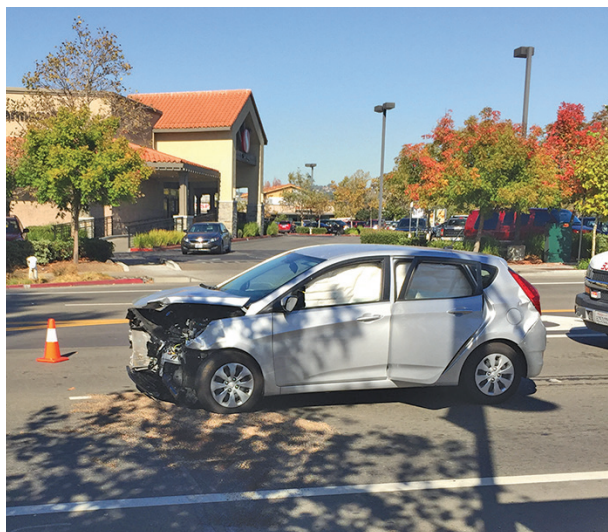
The North Bay fires claimed the lives of 43 people and destroyed around 8,900 structures. While the fire is 99 percent contained, there are about 1,000 firefighters still on the fire lines battling five active wildfires.

Eden Bicycles and Hub Cyclery

are keeping in touch and are likely going to coordinate another shipment in November, Mundorff says.

If you are interested in donating

a bike, even if it is used, bring it to Eden Bicycles during business hours or visit edenbicycles.com/product-list/donate-today-pg874



Deployed airbags in the car above blocked view of a dog in the back seat. Below, Jesse Harris and a lucky dog.



Unseen Dog Rescued After Head-On Crash

Several people were hospitalized Friday afternoon following a two car head-on collision near the intersection of Castro Valley Boulevard and Redwood Road. The accident occurred just after 2 p.m. when a Hyundai and Toyota collided, according to the California Highway Patrol. Because the airbags deployed in the car above, first responders who rescued the victims weren't aware that a dog was trapped in the back seat. But passerby Jesse Harris heard barking and alerted a firefighter who rescued the dog which was apparently unhurt. Richard Helton of Oakland provided these photos to the Forum.

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'Red Kettle' Campaign

The Salvation Army's 127th Annual Red Kettle Campaign will be launched on Monday, Nov. 6, with a holiday meal at the Veterans Memorial Building, 22737 Main St., in Hayward.

The dinner, from 6 to 8:30 p.m., is an opportunity to celebrate lives changed and to be part of a Christmas tradition that started in San Francisco in 1891.

Join Salvation Army Captains Kyna and John Kelley to lend your support and help raise awareness of the importance of the iconic Red Kettle for the army's programs and services.

Besides the meal, there will be auctions and raffles, and an opportunity to learn about the Salvation Army's important work in Alameda County. Tickets are \$40, tables of eight at \$300.

Event sponsorships are also available. Sponsors at each level will receive reserved seats and will be acknowledged at the event.

For sponsorship opportunities, table and ticket reservations, contact Kyna.Kelley@usw.salvation-army.org or call 510-581-6444.

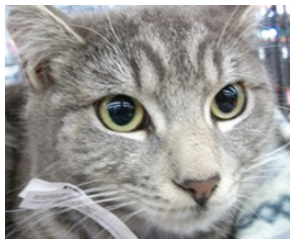
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LARRY is a 5-month-old who's come a long way since arriving at the shelter. Initially timid, with time and love he's blossomed into a sweet boy. Info: Hayward Animal Shelter. (510) 293-7200.



SQUEEKERS is a beautiful 1-year-old, silver and gray Tabby. She is an amazingly mellow little kitty - a great lap cat who loves being petted. For more info, visit: dustypawsrescue.org



MERIGOLD is a female orange tabby born on a porch in Hayward in mid August, 2017. She is very sweet but can hold her own with the bigger boys. For more info, visit: dustypawsrescue.org

On a Better Track: Bart the Dog Finds a Forever Home

By Melissa Jordan
SPECIAL TO THE FORUM

Remember "Bart," the stray pit bull mix that tied up trains a while back when he wandered onto the tracks, before being rescued by BART Police?

He's being a very good boy these days, after his adoption by an Oakland family who didn't even know of his celebrity when they started looking for a dog.

"I had been interested in a pit bull because I know they have a harder time being adopted, and I wanted to help with that," said new owner Todd, who adopted the velvety-brown dog with a white-flashed chest from Oakland Animal Services last week.

"When I went in, all the other dogs were barking in their kennels, and he was just sitting there calmly," he recounted. "He walked very well on a leash, was very affectionate, and really mellow."

Bart is getting along well with the family's calico cat, Topaz, who has deigned to allow him to snuggle. "She's pretty feisty and likes to be queen of the house," he said.

"Bart is so easygoing, and has a very mild disposition," Todd said. "I haven't heard him bark yet."



PHOTO COURTESY OF BART

Bart the dog with new owner, Todd.

That's probably a good thing for Todd, who brought Bart home from the shelter hoping wife BethAnn would warm up to the adoption. (And who *hasn't* been surprised by a spouse or child or roommate bringing home a pet unannounced?)

BethAnn couldn't resist keeping the friendly fellow but has renaming privileges, and is considering Bodie. But as Todd said, "He's Bart for now."

Melissa Jordan is Senior Web Producer at Bay Area Rapid Transit District.

CART AUDITS



Single-Family Residents: You may have noticed a white Castro Valley Sanitary District (CVSan) vehicle driving through your neighborhood recently. Over the next few months, CVSan staff will be completing solid waste cart audits, and recording observed condition of recycling, organics, and garbage carts that are cracked or splitting.

Carts that are found to be cracked or splitting will be replaced or repaired by CVSan's contractor, Waste Management of Alameda County, Inc. (WMAC), at no cost to the CVSan community; residents will not have to pay anything, nor will this affect rates. The schedule for replacements will be determined after audits have been completed.

CVSan has also been arranging for the replacement of cracked or damaged carts (plastic) and bins (metal) for multi-family residents, commercial customers, and schools.

If you would like to report a broken cart, please complete our Customer Service Request Form located on our homepage at www.cvsan.org.

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