Volume 68, No. 12 March 2024

West Ovina Jodge No. 1996







West Covina Elks Lodge #1996

841 W. Merced Ave., West Covina, CA 91790





West Covina Lodge No 1996
Benevolent & Protective Order of Elks
Cordally invites you to atland

THE INSTALLATION OF THE EXALTED RULER FLECT MICHAEL SALAZAR
WITH HIS CORPS OF OFFICERS

Tuesday March 26th, 2024

No-Host Cocktails 5:30 PM Dinner 6:00 - 7:00 PM Installation of Officers 7:30 PM \$25,00 Donation. Choice of: Rib-eye Steak or Salmon with Red Garlic Mashed Potatoes, Cooked Fresh Vegetables,

Salad & Dessert RSVP by Friday March, 22nd

Lodge Office (626) 962-0113 Chairman, Ben Ortega, PDDGER

#### West Covina Elks Inaugural Ball

Honoring

Michael Salazar & his Corps of Officers Saturday March 30th

> **Entertainment by** Yesterdays Dream & DJ Cesar

> > Price: \$45

Includes Choice of Rib-eye Steak or Salmon Dinner Tickets See Ben or Terry Ortega or Call (626) 324-5176 **More Information Page 7** 

WWW.WESTCOVINAELKS.ORG

#### WEST COVINA ELKS LODGE #1996

#### Committee Chairman 2023 - 2024

	20 2021	
Accident Prevention Manager	Irma Valdez Trotter	626-482-6397
Alternate Delegate	Vivian Salinas	562-298-3247
Americanism	Julie Walker	626-222-2935
Antlers Youth Group	Carlos Virgen	626-780-5712
Audio/Lighting	Rhiannan Britney	626-206-2632
Auditor/Accounting	Joanna Howard, Ben Ortega,	
Diego	Carmen Gabaldon	626 006 7002
Bingo BLT	Maria Ortega	626-806-7003
Bulletin Director/Editor	Judith Lumbreras, PAVP Ben Ortega, PDDGER	626-587-6489 626-926-4046
Charity/Major Project	Joe Chavez	213-500-3216
Christmas Tree Lane	Ben Ortega, PDDGER	626-926-4046
Community Public Relations	Robert Leon	626-827-6726
Crab Crack	Ben Ortega, PDDGER	626-926-4046
Crab Crack	Michael Salazar, PER	626-827-6700
Decorating	By Event Chairperson	
Drug Awareness	Maria Ortega	626-806-7003
Elks National Foundation	Robert Hollis-Brau PDDGER	909-622-9861
Elks Memorial Service	Olivia Pompa	626-377-2767
Elks of the Year President 23-24	Olivia Pompa	626-377-2767
Entertainment Friday & Saturday	Alex Lindsay	626-478-4351
Family Fun Night	Christina Carter	626-646-3490
Flag Day	Ceci Avila	626-893-9756
Funeral Service	Michael Salazar, PER	626-827-6700
Golfing	Bill Schmko	626-862-6533
Grants Coordinators	Dee Varela	626-705-2763
Grants Coordinators	Veronica Aslan	323-646-3317
Greeters	Christina Carter	626-646-3490
Government Relations	Maria Ortega	626-806-7003
Hoop Shoot	Julie Walker	626-222-2935
House Rules	VACANT	626 927 6700
Indoctrination	Michael Salazar, PER	626-827-6700
Investigations/Interviews Lapsation/Membership	Jill Murphy Dee Varela	562-652-3873 626-705-2763
Lodge Activities	Trish Gonzalez	909-268-4137
Mail Out	Gil Fernandez	626-827-6054
Major Project	Joe Chavez	213-500-3216
Major Project 50/50	Dee Varela	626-705-2763
Mediator	Ben Ortega, PDDGER	626-926-4046
Membership/Lapsation	Dee Varela	626-705-2763
Mobile Pancake Maker	Vince McCauley	626-422-2812
Mothers Day	Olivia Pompa	626-377-2767
Newsletter Elks Tracks	Ben Ortega, PDDGER	626-926-4046
New Years Eve	Trish Gonzalez	909-268-4137
PER Association Pres.	Dannie Parker,PER	818-371-5232
Photographer	Robert Leon	626-827-6726
Presiding Justice	Michael Salazar, PER	626-827-6700
Public Relations	Carlos Virgen	626-780-5712
Ritual Coach	Rick Dana PER	626-484-4165
Roamin Elks	Bill Zeason	951-903-4192
Scholarships	Coleen Rozatti	626-384-8126
Scouting Boys/Girls	Christina Carter	626-646-3490
Sickness & Distress	Joe Chavez	213-500-3216
Super Bowl	George Mack	562-641-3797
VAVS Representative	Angel Vasquez	909-210-3707
VAVS Representative VAVS Deputy	Ben Ortega, PDDGER Veronica Aslan	626-926-4046 323-646-3317
Volunteers	Ceci Avila	626-485-6285
Web Site	Ben Ortega, PDDGER	626-926-4046
Youth Activities	Christina Carter	626-646-3490
	2	



#### **ELKS TRACKS NEWSLETTER**

Non-Profit Bulletin Published monthly by West Covina Elks Lodge No. 1996 841 W. Merced Ave., West Covina Ca. 91790 Lodge Lounge Bar (626) 338-8111 Lodge Office: (626) 962-0113 Lodge FAX: (626) 960-3512

#### **Lodge Office Hours**

Tuesday through Friday. 10:00am-5:00pm Lodge Office Email: 1996wcelks@gmail.com

#### Hall Rental & Lease Info:

Contact Alex at Office (626) 338-2119 alex.manager.elks.1996@gmail.com

#### 2023-2024 LODGE OFFICERS

Exalted Ruler	Dannie Parker	818-371-5232
Leading Knight	Joe Chavez	213-500-3216
Loyal Knight	Trish Gonzalez	909-268-4137
Lecturing Knight	Christina Carter	626-646-3490
Treasurer	Veronica Aslan	323-646-3317
Secretary	Dee Varela	626-705-2763

#### **LODGE TRUSTEES**

1st Year	George Alcala	626-472-3485
2nd Year	Angel Vasquez	909-210-3707
3rd Year	Lou Aguilar	626-404-4999
4th Year	Sandie Sesanto	626-675-6565
5th year	Irma Valdez Trotter	626-482-6397

#### **APPOINTED OFFICERS**

Esquire	Jill Murphy	626-330-0669
Chaplain	Olivia Pompa	626-377-2767
Inner Guard	Ceci Avila	626-485-6285
Organist	VACANT	
Tiler	Charlene Rasmu	ssen 626-622-8485

#### 2022-2023 HONORED ELKS

VIIII.
Elk of the YearTerry Ortega
Tall ElkGrace Capp
Officer of the Year Veronica Aslan
Citizen of the Year Carmen Gabaldon
Spirit of Elkdom - George Alcala, Trish Gonzalez
Carlos & Angelica Virgen, Gerardo Pompa.



reetings and best J wishes to all of my Elks brothers and sisters.

I am very honored and humbled to have been your Exalted Ruler for this past year. We have had some challenges this last year, but with the support of my wife Shirley, our core of officers, our volunteers, and our members, we have gotten Please review your newsthrough them. We will letter and any E mails continue to support our new incoming ER Mike Salazar and his core of officers.

Make sure to check your Elks Track and watch for texts and emails from the lodge for upcoming events. The Pork-E-Q on March 10 is always in search of new always a great time. We are going to need all of your support and help. The Inaugural Ball on March 30 is a lot of fun and will be introducing

The installation of the new officers in their positions will take place on Tuesday, March 26. Remember the support of our members by attending our lodge functions is one of the main things that makes us successful. We are always looking for volunteers for the many things we do. I want to say thank you so very much to my Wife Shirley and all of my officers and our volunteers and members for the support I received throughout the year.

With Brotherly Love Thank you

Dan Parker PER Exalted Ruler West Covina Elks 1996.

#### Leading Knights Station

Hello to all our members at West Covina Elks Lodge 1996.

I would like to thank the membership for allowing me to represent the lodge as your Leading Knight. I have had a challenging and fulfilling year working to keep this lodge running. Themembership has been to do my best to make supportive of all the offi- This is a great lodge. cers and the new officers will continue the great tradition at our lodge. for upcoming events. Remember the lodge has had many sold-out events, so get your tickets early. Remember Elks support the lodge by attending the events.

We have a great core of volunteers, but we are volunteers to assist in all events. This is a terrific way to meet other Elks and make an impact at our lodge.

PURPLE PIGS are all the incoming officers. available in the office for members. Fill the piggy bank and get them back to continue the great charity work this organization March 10th. I invite does in the community.

> Please remember to check in on your fellow Elks members that may be fighting an illness, or you have not seen at the lodge in a few months. A phone call or a visit may be what the doctor ordered to assist them in recovery.

May all our members stay health and have a great year.

Fraternally,

Joe Chavez Esteemed Leading Knight

Loyal Knights Station Hello, Brothers and Sisters, Happy March!

This last term is coming to an end. During nominations, Rick Dana nominated me to continue to the next chair, Leading Knight. I proudly accepted. I will continue

In February, we had our Valentine's Day. Dance. It was a wonderful event. The band, California Soul Tones was amazing. I hope they will play for the lodge again.

Superbowl was another big success. I want to thank our member Martin Resendez and his group, Rolling Deep Charities. We were in a pickle on Superbowl Sunday. The whole group went above and beyond to save the day. They made it possible for us to enjoy the Superbowl In the hall.

Pork-E-Q is on you and your family to join us for a fun event.

The Inaugural Ball is on March 30th. We will welcome our new Exalted Ruler, Mike Salazar and his Corp of Officers.

Have a blessed Easter.

Fraternally,

Trish Gonzalez Esteemed Loyal Knight Lecturing Knights Station

reetings,
It's been an exceptional year 2023 - 2024. Thank you to all who helped and supported me over the past couple of years. A special thanks to Exalted Ruler Dan Parker, and First Lady Shirley Parker, and the corps of Officers.

It's been a pleasure serving as your Lecturing Knight. I look forward to supporting our new corps of officers for the coming year.

Join us for the Officers "Deep Pit Pork-E-Q" on March 10th. We will have entertainment with Whiskey Hayride and DJ Fernando Ramirez. This event is an annual tradition and is one of the Best events of the year, so pull out your jeans and hats for a great time.

I look forward to the coming new Elk year and look forward to supporting where and whenever I can.

God Bless You All.

Sincerely,

Christina Carter Esteemed Lecturing Knight

#### **Antiers Corner**



Greetings! 2024 has started off with big hopes and ideas. Please take a moment to look at our newly created "Antlers Instagram". Take a quick peek and view some of the memories and activities our

West Covina Antlers have participated in over the last few years. As a way to continue supporting our group, please subscribe to our Antlers Instagram and stay up to date on our progress and future events to come. Please ask how you can further assist our Antlers in making a difference in our community. https://www.instagram.com/antlers\_wc1996/?igsh=-MWJhNWg4aDJtcDUzNw%3D%3D&utm\_source=qr

Thank you, Carlos & Angelica Virgen 626-780-5712

Monday No Frills February 26
THEN EVERY OTHER MONDAY THEREAFTER



# Major Project Purple Pig Donors Fill your Piggy banks up & bring 'em in! California-Hawaii Elks - Major Project, Inc. Helping Children Since 1950 Ask About Reccuring Donations! All Major Project "Purple Pig" Donations are 100% Tax Deductable

Rick Raymond Tasha Ricardez Trish Gonzalez

We would like to thank all our recurring donors.



#### In MEMORIUM

The Faults Of Our Members We Write Upon The Sands, Their Virtues Upon The Tablets Of Love And Memory....







#### PAST EXALTED RULERS

Ralph Gaither\* 1956-57 Hugh M. Bagley\* 1957-58 William T. Tanking\* 1958-59 Albert E. Lindbeck\* 1959-60 James R. Yost\*, Jr. 1960-61 James L. Morgan\* 1961-62 Harold Z. Dobbs\* 1962-63 Laurence R. Tillman\* 1963-64 Enrico (Hank) Salvo\* 1964-65 Thomas E. Curtis 1965-66 Jack Cleveland\* 1966-67 I. Paul Studer\* 1967-68 Roy Williams, Jr.\* 1968-69 Raiden V. Peterson\* 1969-70 Donald M. Huff 1970-71 Albert D. Davis\* 1971-72 Milo G. Summerhays\* 1972-73 Robert F. Carlson \*1973-74 H. Richard Harbert\* 1974-75 James J. Andert\* 1975-76 Anthony R. Mickols\* 1976-77 John Asmundson\* 1977-78 James E. Smith\* 1978-79 Larry Henderson\* 1979-80 Frank Rehor\* 1980-81 Carl Mou 1981-82 Richard Marble\* 1981-82 Robert E. Gubrud 1982-83 James Moseley\* 1982-83 Al Putman\* 1983-84 Dick Delauder \*1983-84 Manny Zamudio\* 1984-85 William Heller\* 1984-85 Art Willard\* 1985-86 Renee LaRose\* 1986-87 Fidel Nieto Jr.\* 1986-87 Charles Dalool\* 1987-88, 2011-12 Michael Sirchia 1987-88 Walt Doran\* 1988-89 David La Sage\* 1988-89 Bob Hollis-Brau 1989-90 Jerry Kober 1989-90 Ernie Gilbert 1990-91 Pat Shea\* 1990-91 Ron Conger\* 1991-92 Dave Southard\* 1991-92 Gary Holmes\* 1992-93 Roy Simes 1992-93 Bob Schachner\* 1993-94 WM Ziegenbein \*1993-94 Rick Dana 1994-95 Matt Jessup 1994-95 Roy Long\* 1995-96 Tim LaMarca 1995-96 Ed Lima\* 1996-97 Bernie Auld\* 1997-98 Benjamin L. Ortega 1998-99, 2012-13, 13-14 Vern Campion\* 1999-00 George Lunsford \*2000-01 Phil Hawkins 2001-02 Don McMahon\* 2002-03 Scott Matthews 2003-04 Ralph Garcia 2004-05 Willie Koskela 2005-06 Juan Diaz\* 2006-07 Lisa Ryken\* 2007-08 Patricia Gilliland 2008-09 Michael J. Salazar, Jr. PER 2009-10-11,18-19 Judith Lumbreras 2014-15 Mario Arellano\* 2016-2017 Dana Williams 2015-16, 17-18, 19-20 Sandra Mendoza\* 2018-19 William Salinas 2020-2021 Dannie Parker 2021-2022 Vivian Salinas 2022-2023

By Affiliation: Judge Al Miller\*, Orville Miller, Robert Cortez\*, Joe Lozier, Frank Berry PER, Jess Nelms, Charles Lein (\*Deceased)

## Propositions For Membership / Affiliation / Transfers Demits / Reinstatements / Life Membership

#### <u>APPLICANT</u>

Melba Aranda James Banks Marlene Garcia Hector Trujillo Samuel M. Rodriguez Alberto E Veksler

#### PROPOSER

Cecilia Avila Livier Becerra Michael Salazar John McEntire Angel Vasquez Angel Vasquez

#### Sickness and Distress

Phil Hawkins, PER is still in recovery from back surgery

Please report any sickness & distress to the Lodge Office. Keep the above members and their families in your prayers.

# Message from the GER

Previous Officers can assist the next generation XX7 e did it. We finished.

**VV** The retiring Officers deserve the thanks of all the Members for the successful way in which they have handled their duties in the past year. The work that was accomplished is a tribute to their leadership and effort.

It is our hope they will continue to assist the incoming Officers with the work in which our Order is engaged. The fact that each one was a member of the leadership team marks each of them as one of the Lodge's most valuable Members. The experience and knowledge each of you possess has been, and will always be, invaluable to your Lodge.

Congratulations to the new Officers of every Lodge throughout our great Order. The Members of your Lodge placed their confidence and trust in you and your abilities; you should be very proud. You should consider it an honor to be chosen to be a leader within your Lodge. As the new leader of your Lodge, it is extremely important to put together a dedicated group of people, to create a plan and set the necessary goals for each committee to achieve success. The committee members are the people who work to make your Lodge a success in your community.

Never be afraid to ask questions. Your best source of information is the former Officers whose knowledge and experience is at your disposal, just for the asking. They have been there, done that, and can give you excellent advice.

March is also a time when many Lodges participate in St. Patrick's Day celebrations such as parties or community parades. Please be safe during these celebrations.

Wanda and I want to wish everyone Happy Easter.

Finally, check your calendar for awards, citations, and contest deadlines.

Remember "Elks Care — Elks Share" and "We Are THE Elks."

God bless our great Order, our troops, and the United States of America.

# AWARDS & SERVICE PIN NIGHT TUESDAY MARCH 5TH, 2024 7:30 PM PEPPER STEAK OVER RICE DINNER AVAILABLE \$15 ORDER THROUGH THE LODGE OFFICE (626) 962-0113



#### **MARCH!**

5 YEARS
Charlotte Bonar
Phillip Bribiesca
Gilbert Castello
Margaret Lori Del Rio
Sonia Diaz
Yolanda Einstein
Shirley A Esquerra
Christina M Flores
Betty L Fowler-Lopez
Patricia Trish Gonzalez
Luis Tony Hernandez
Mark Hernandez
Dennis K Ito
Jacob J Konov
Carole C Limon
Nancy Lucero
William Lujan
Arturo Martinez
Erlinda Martus
Christopher McMahon
Darold E Merritt
Marisa Montenegro
Carmen Moore
Apolonia Oronoz
Lynda D Padilla
Irene Phillips
Adrian Pompa
Martin Resendez
Anthony Tony Reymann
George Riesgo
Richard Robinson
Andy Rodriguez
Peggy Roman
Daniel David Romo
Jayn Ruesch
Tracey Russell
Carlos Sanchez
Amador Santoyo
Esther O Sapien
Georgina Gina Sevillano
Fernando Torres
Louis Torrez
Angel Vasquez
Arnold S Vasquez

Edward Velasquez

<u>5 YEARS cont.</u> Kathleen Wright
10 YEARS
Chris J Abeyta
Linda L Abeyta
George A Aguilar
Kennith G Armou
Gilbert Becerril
Rhiannon Britney
Jaime J Camacho
Yolanda Chavez
Suzanne Escalar
Regina Griffith
Chris F Guerrero
Jenny Hernande
Lloyd Johnson
Ken Madrid
Linda Moncada
Scott Montoya
Nickolas Ramire
Robert Ramos
Roland C Samm
Wilhelm Schimk
Jeffrey Stafford
Diane Stevens
Gilbert Zambran
Michael K Zook
15 YEARS
John E Boyle
Timothy Conklin
Lewis A Cowan
David Delgado
Bryon Jackson
Raul B Martinez
Don Padd

Kathleen Wright
10 YEARS
Chris J Abeyta
Linda L Abeyta
George A Aguilar
Kennith G Armour
Gilbert Becerril
Rhiannon Britney
Jaime J Camacho
Yolanda Chavez
Suzanne Escalante
Regina Griffith
Chris F Guerrero
Jenny Hernandez
Lloyd Johnson
Ken Madrid
Linda Moncada
Scott Montoya
Nickolas Ramirez
Robert Ramos
Roland C Sammelman
Wilhelm Schimko
Jeffrey Stafford
Diane Stevens
Gilbert Zambrano
Michael K Zook
15 YEARS
John E Boyle
Timothy Conklin

#### A Cowan Delgado Jackson B Martinez Don Redd Jim Salazar Dana W Williams

#### **20 YEARS** Javier Alzarez Ralph Q Garcia Michael V Herrera Robert M Lopez

Steve Weisberg	
25 YEARS	
Sam Jones	
Dale Seidel	
Birger Stensoy	
Gary Wess	
30 YEARS	

20 YEARS cont.

<del></del>
Samuel Barron
David J Martin
Steven Martin
Scott L Matthews
Christopher McDermott
Edward Medina
Eddie Ramirez

35 YEARS	
Joseph A Bender	
Danny Janelli	
Timothy L Spohn	

**40 YEARS** 

**45 YEARS** 

50 VEARS

Richard R Bobadilla	
Peter A Grant	
Robert E Hollis-Brau	

Robert C Cunningham
Dan Hughes
Thomas R Kirsch
Larry Vail

JU ILANO
Arthur D Ayers
Ronald D Murphy
Larry R Snow

60 YEARS			
Robert E Gubruc			

D	
David Loera	1
Chris Gonzalez	2
Grace Silva	2
Sonia Resendez	3
Harry Rodriguez	3
Vincent Ruesch	3
Susan Hargrave	4
Cy Koch	4
Robert Loza	4
Emilio Reyes	4
Mark Chindlund	5
Julie Frank	5
Elvira Munoz	5
Mary Ellen Melei	6
Richard Amborn	7
Gloria Asmat	7
Ramona Konov	7
Gregorio Andrade	8
Nancy Keener	8
Alicia Becerril	9
Gilbert Becerril	9
David Delgado	9
Patricia Trish Gonzalez	9
William Morrow	9
Ray Ware	9
Kathleen Wright	10
Jack Rhodes	11
Raymond Rick	11
Frank Contreras	12
Caroline Orozco	12
Sylvia Sanusi	12
Christopher McMahon	13
Darold Merritt	14
David Miller	14
Nicholas McMillen	15
Jacob Konov	16
Maureen Bowen	17
Grace Capp	17
Byron Jackson	17
Steven Potts	17
Patrick Rojas	17
John McCormick	18
Josie Deocampo	19
Victoria Zadian	19
Gale Warren	20
John Watson	20
Olga Fernandez	21
Peggy Roman	21
Lewis Cowan	22
Luis Lucero	22
Anthony Nobili	22
Richard Canzoneri	24
Daniel Chacon	24
Robert Gubrud, PER	24
Chris Hughes	24
Rudolpho Salazar	24
Bob Aparicio	25
Gaby Arguedas	25
Clifford Hacker	25
Nicholas Goclon	26
Ricardo Beltran	28
Lalo Rios	28
Susan Salazar	28
Rhiannon Britney	29
Edward Velasquez	29
Margarito Vega	30
William Salazar	31
Tonya M Szemes	31

#### WEST COVINA LODGE LET'S GET TOGETHER & CELEBRATE EVENTS



DOORS OPEN AT 5 PM

DINNER SERVED FROM 6 PM TO 7 PM

featuring TICKET PRICE

RHYTHM JUKEBOXX 7 PM TO 11 PM



DJ CESAR

5 PM TO 11 PM

CATERING BY DON TONY

TICKETS GO ON SALE
WEDNESDAY, FEBRUARY 28, 2024 @ 4 PM
\*ONLINE\* AND IN THE LOUNGE

West Covina Elks Lodge #1996

Cordially invites you to attend

The Inaugural Ball

Honoring Exalted Ruler Mike Salazar

and his Corps of Officers

Saturday, March 30, 2024

No Host Cocktails: 5:30pm Dinner: 6:00pm Grand March: 7:30pm Music & Dancing: 8:30

Live Entertainment by: Yesterday's Dream Dj for the evening is Dj Cesar

#### Menu

New York Steak or Grilled Salmon Price \$45.00 per person

Tickets go on sale March 11, 2024 In the Lounge with Ben & Terry Ortega

WEST COVINA ELKS LODGE #1996 SATURDAY, March 2

# March BRIHDAY BASH

Music by

Carlo Tanori , From the Band Suave John Cercedes, form the Band Chico John Gulack, from the Band Ace

The Tanori/Cere Trio

DINNER SERVES 6PM TO 7PM MUSIC 7PM TO 11PM

Dinner Choices:

RIBEYE STEAK \$25 / SALMON \$20 / HERB CHICKEN \$18

Dinner reservation must be purched by

Wednesday, February 28, by 12AM

\$10 Cover for Non-Memebers:





The Cook For The Evening is Jay

#### March Officers Friday & Saturday Duty Schedule

March 1-2 Charlene Rasmussen - Olivia Pompa March 8-9 Michael Salazar - Ceci Avila March 15-16 George Alcala - Joe Chavez March 22-23 Angel Vasquez - Trish Gonzalez March 29-30 Sweet Lou Aguilar - Christina Carter



Saturday, March 23rd / 7pm to 11pm
Prime Rib Dinner \$25

Dinner Served from 6pm to 7pm

**\$10 Coverage Charge for Non-members** 

Doors Open @ 5:30pm



#### Emblem Club #299 Corner

Dear Elk Sisters and Brothers, I have an announcement for all. I will continue as President of West Covina Emblem #299 for 2024-2025 This will be my third term as President of West Covina Emblem. The first time was 24 years ago and needless to say, I will be looking for help.

Emblem is looking forward to continue working together with the West Covina Elks. Plans are in the works for Veterans, Tea and Fashion Show and "Fore the Kids Golf Tournament". Our Christmas Calendar Opportunity Program was a big success. Thanks to everyone who participated. Emblem is working diligently in the Bingo Snack Bar. The Bingo Snack Bar helps to fund our Charities, Veterans, Community Service Activities; and that's just for starters!

More to come in future articles.

Emblem Love,

Charlene Rasmussen, President, West Covina Emblem Club Come Fly With Emblem



#### West Covina Lodge Recycling

If you have any glass bottles, plastic bottles or aluminum cans that you would like to

donate, please bring them with you to our Tuesday meetings. A container located in the enclosed patio area will be available to place your donations there.

DOORS OPEN AT 5:30 Please DOORS OPEN AT 5:3

We will also be collecting on the last Saturday of each month in the parking lot by the kitchen of the Lodge, from 8am-12pm. All recycling money will be going towards the Lodge's operating fund.

Come join Us Saturday March 30th 8:00 AM

Thank you!

Carlos and Sandy Duarte (909)702-2855



# WEST OVINA ELKS LODGE MARCH FRIDAY& SATURDAY NIGHTS



ENTERTAINMENT
9.5% TAX INCLUDED
FRIDAYS SERVE JIME 5 - 7 PM
SATURDAY SERVE JIME 6 - 7 PM

ALL DINNER RESERVATIONS MUST BE ORDERED ONLINE OR IN PERSON BY WEDNESDAY BY 11:59 PM

MARCH 2 / THE TANORI / CERE TRIO (DOORS OPEN @ 5:30 PM) RIBEYE STEAK \$25 / SALMON \$20 / HERB CHICKEN \$18

MARCH 8 / DJ DANA (BACK TO THE 1970'S)
DOORS OPEN AT 4:00 PM
KITCHEN OPEN 5PM TO 8PM
(THURSDAY MENU) / WALK IN AND ORDER

MARCH 16 / SAINT PATRICK'S DANCE CATERING BY DON TONY / TICKET PRICE \$45.00

MARCH 23 / THE LANCE AND GARY SHOW / DOORS OPEN AT 5:30 PM PRIME RIB DINNER \$25

MARCH 29 / BOBBY Z	
NEW YORK STEAK & LOBSTER	\$46
LOBSTER	\$35
NEW YORK STEAK	\$26
SALMON	\$20
ROTISSERIE CHICKEN	\$17

### MEMBERS ONLY SCAN OR CODE TO ORDER YOUR DINNERS



# Lapsated Members List As of February 20th 2024 If you feel your name is listed in error please call the Lodge Secretary Dee Varela ASAP Office (626) 962-0113 Credit Card Payments Accepted

#### The names listed below will be dropped from our membership roles on or before March 31st 2024.

#### **Don't Lose The Privileges Of Membership**

#7483	Barbara Murphy	#7593	Michael J Bahra
#7466	Alicia Ochoa	#7375	Roger Baltazar
#6631	Joe A Quintana	#7430	Samara Barrett
#7453	Rudy Reyes	#7342	Stephen Bledsoe
#7534	Teresa Rojas Aguilera	#7385	John Brittain
#7436	Henry Roseli	#4489	Robert J Caldera
#7530	Martha Saldana	#5421	Richard M Canzoneri
#1914	Charles Savo	#7394	David Caro
#7331	Jerome Sluka	#6696	Alice Diaz
#7332	Sandra Sluka	#7563	Edward M Diaz
#7364	Gina Soriano-Pena	#7335	Rosa Duran
#7525	Jose E Soto	#7226	Robert A Fry
#7486	Tonya Michelle Szemes	#7502	Antoinette Harmonson
#7238	Linďa Takahashi	#7533	Andrew Herrera
#6938	Juan O Torres	#7271	Jerry Jensen
#7524	Javier A Urueta	#7291	Nancy Keener
#7521	Anthony Varela	#7222	Glenn Kennedy
#7614	Milton Vich Mier	<b>#7414</b>	Armida Manzo-Ramirez
#7559	Michelle Zelada	#7357	Drina Morales

## WEST COVINA FLKS LODGE #1996 PAST EXALTED RULERS' ASSOCIATION

Semi-Annual 50-50 Drawing March 30th, 2024

Dear Members and Friends,

The West Covina Elks Past Exalted Rulers Association seeks your support by purchasing, two raffle tickets for our 50/50 drawing. Raffle tickets are \$10.00 each. We will hold the drawing for the 50/50 raffle at the Lodge Officers Inaugural Ball on March 30th, 2024.

Recent years were tough for us. Our Lodge had to release numerous employees, reduce operating hours and days. We are thankful for the many members joining in to volunteer. By offsetting labor costs, we can stay afloat. We still have a way to go. Your PER raffle donations help us offset the cost of many of the repairs. This past year, the Lodge had many unexpected repairs; we helped where we could. Our Bingo is slowly gaining traction and our charity fund is still low. P.E.R. funds are also getting very low.

You DO NOT have to be present to win. Please fill out the stubs as soon as possible and return them with your donation of \$10.00 for each ticket in the enclosed envelope.

Make checks payable to: "West Covina Elks P.E.R. Association". If you need more tickets, please see any P.E.R. or contact the Lodge office. We are hoping you can help by selling tickets to friends and relatives, as well as Elks in other Lodges. Please use the enclosed envelope to return your tickets stubs.

#### Here is the prize breakdown:

First Prize	25% of proceeds
Second Prize	15% of proceeds
Third Prize	10% of proceeds

The balance of the proceeds will go toward the purchase and/or repair of needed items for the Lodge and to assist our youth in the community.

We thank you in advance for your support in this drawing, which will help our Lodge.

Fraternally,

West Covina Elks P.E.R. Association

#### **West Covina Lodge Dress Code**

T-shirts and tank shirts (tops) prohibited in the Club after 6:00 p.m. on Fridays and Saturdays. Gender appropriate dress attire shorts and shirts (men collared shirts) will be permitted. All attire shall be clean and neat. Visiting Elks and Guests attire will be left to the discretion of the Officers and Greeters on Duty.

Lodge Meetings are the first 4 Tuesdays of the Month. Meeting start time 7:30 PM

5th Tuesday's Are Family Fun Nights and members and guest are welcomed

#### Study: Marijuana use linked with cardiovascular diseases

By WILLIAM J. BRYAN

**National Director** 

After several years of fighting the legalization of marijuana, the Elks Drug Awareness Program decided that we should simply educate youth about marijuana and let states decide how they want to respond to the legalization efforts.

Not that we want to take an "I told you so" position, a recent article published in SciTechDaily indicates we were right in alarming youth about the dangers of marijuana usage. In part, the article

cardiovascular diseases like heart failure and public health research. and stroke, regardless of other health associated with cannabis use."

pants, the 2023 study Daily Marijuana Use is Associated With Incident Heart Failure: 'Marijuana use isn't without its health marijuana raised the risk of heart failure data linking its use to cardiovascular among users compared to non-users, conditions." even when controlled for other health factors. The study was sponsored by children about the possible dangerous "Recent studies indicate that regular the National Institutes of Health, a effects of using marijuana and other marijuana use may raise the risk of government-run agency for biomedical substances of abuse.

From SciTechDaily: "Prior research conditions. These findings stress the shows links between marijuana use and need for comprehensive research and cardiovascular disease like coronary awareness among healthcare providers artery disease, heart failure, and atrial regarding the potential heart health risks fibrillation, which is known to cause heart failure,' said lead study author Yakubu Based on a sample of 150,000 partici- Bene-Alhasan, M.D., M.P.H., a resident physician at Medstar Health in Baltimore. "All of Us" Research Program found that concerns, and our study provides more

We will continue to educate our

#### **ELKS NATIONAL FOUNDATION**

#### Meet your community's top need by combining CIP grants

By PATRICK ROELOFS

**ENF Communications Coordinator** 

When John F. Malley founded the Elks National Foundation in 1928, he envisioned it would "unite the forces of the Order into a mighty army for the service of mankind."

The Community Investments Program is that army.

When the CIP began in 2005, it had a budget of \$350,000 and a dream of making John F. Malley's vision come true. Now, with a budget of nearly \$16 million, the CIP has grown into a philanthropic powerhouse. Though so much has been accomplished already, the CIP is not stopping any time soon.

The new \$500 Gratitude Grant bonus for 2024-25, which will be awarded to Lodges that increase their fundraising by 10 percent over the previous year, marks new territory for CIP grants.

"With the new bonus, Lodges will be able to earn \$10,000 in small CIP grants alone," said ENF Assistant Director Debbie Doles. "It's been a dream of ours to get the CIP to this point. In the past decade, the program has quadrupled."

CIP grants are foundational to the mission of the ENF. They are often used to combat food insecurity; support people experiencing homelessness; serve veterans and military members in need; promote youth community service; and meet other unique needs in their communities.

Now, Elks will be able to build stronger communities like never before.

While the Gratitude Grant, Beacon Grant, and Spotlight Grant can be used them out is not always the best way to make a substantial difference in the community.

"The most successful CIP Lodges combine their small grants to address one need in their community," Doles said. "\$10,000 goes a long way toward meeting a need. Becoming an expert in a certain area of aid is a great step toward finding your Lodge's niche and receiving an Impact Grant."

Though the Impact Grant is not available for every Lodge, this new bonus allows Lodges to make the same, meaningful difference in their communities.

John F. Malley's dream for the ENF was big, but the hearts of Elks are bigger. for three different projects, spreading As the CIP reaches another milestone, Lodges can continue to be proud, knowing they are truly a "mighty army for the service of mankind."

> For 2023-24, the Elks National Foundation allocated nearly \$16 million to fund the Community Investments Program. Lodges meet local needs through CIP grants that offer Elks opportunities to serve their community in ways that will raise the Lodge's profile, energize the membership, encourage former Members to return to the fold, and gain the notice of people who want to be part of an organization that's doing great things. To learn more about the Community Investments Program, please visit elks.org/CIP.

#### MAKE GIVING EASY & JOIN THE CLUB! Sign up for our monthly, sustaining giving program—the ENF Fidelity Club! Give automatic, regularly scheduled donations each month from your credit card or bank account. Receive special membership benefits and recognition pieces. ·Update, adjust or modify your gift any time online or by calling us. Sign up by scanning the QR code and make a sustaining difference in Elks communities today! Use the QR code to sign up today.

#### WEST COVINA ELKS LODGE #1996 841 W. MERCED AVE. WEST COVINA CALIFORNIA, 91790-4902



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March 2024 Elktivities





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Throw  All Drinks 54 In apprecia	hack  Sight of Mark to Spin Apple to Spin Ap			West Covins Elles West Covins Elles West Covins a stres B HEO IS BACK!  B I I G Thursday Night  EVERY THURSDAY Sent Time 650 98 FRIENDS-FUN-PRIZES	l Lodge Closed	2 The Tanori/ Cere Trio Ribeye, Salmon, Herb Chicken
3 Lodge Closed	4 Lodge Closed Investigations	5 Lodge Meeting 7:30 PM	6 KJ Don Karaoke 6-10 Dinner Available PER Mtg. 7PM	7 BINGO 4PM Thirsty Throw- backThursday Kithchen Open	8 DJ Dana Back To The 70's Thursday Menu	9 Lodge Closed
Officers Deep Pit Pork-E-Q I - 6 PM	II Monday No Frills \$10 Taquitos Plate Emblem Mtg. 7:00 PM	Lodge Meeting 7:30 PM Balloting	I3 KJ Don Karaoke 6-10 Dinner Available BOD Mtg. 6:30 PM	'I4 BINGO 4PM Thirsty Throw- backThursday Kithchen Open	Lodge Closed	I6 Saint Patricks Dance \$45
17 Lodge Closed	New Candidates Indoctrination 6:30 PM	Lodge Meeting 7:30 PM Initiation	20 KJ Don Karaoke 6-10 Dinner Available	21 BINGO 4PM Thirsty Throw- backThursday Kithchen Open	22 Lodge Closed	23 Lance & Gary Prime Rib \$25
24 Lodge Closed	25 Monday No Frills \$12 Tuscan Chicken Pasta Plate Emblem Social	26 Installation of New Officers Dinner Available See Menu Pg. I	27 KJ Don Karaoke 6-10 Dinner Available	28 BINGO 4PM Thirsty Throw- backThursday Kithchen Open	29 Steak & Lobster Bobby Z	30 Inaugural Ball Yesterday's Dream PER Raffle Recycle Saturday 8 AM
31 Lodge Closed Happy Easter						