

## Expert Parenting Potential

Timespan: 9 hour

Cost: \$800



The manual is in the heart but the language is foreign to many of us. Parenting skills are taught by imperfect parents, enmeshed with personal agendas, and passed down from one generation to the next. Be the parent you wanted your parent to be! This psychoeducational class remains confidential, can be individual, progress to therapeutic or run in groups. The flexibility is meant to meet the needs of the majority. The framework is finalized in six sessions.

**THIS EXTENSIVE COURSE IS VIRTUAL AND HAS THE POTENTIAL TO MOVE TO PERSON-PERSON THERAPY SESSIONS, UPON REQUEST.**