

Mother's Day  
This Sunday



**WEEKEND WEATHER**

**HOT** Grab your sunscreen and water - it's gonna be toasty!

HIGHS: 73-78

0 10 20 30 40 50 60 70 80 90 100 110

LOWS: 50-55

FRIDAY	SATURDAY	SUNDAY

# San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 30 • NO. 19

THURSDAY, MAY 7, 2020

SAN LEANDRO • CALIFORNIA

## Curve Not Flattening For Everyone

By Michael Singer  
San Leandro Times

It's been more than 50 days since Bay Area residents have been asked to shelter-in-place to curtail the spread of the novel coronavirus and avoid overwhelming hospitals with COVID-19 patients.

And while public health officials are optimistic about the progress being made to "flatten the curve," a review of Alameda County's data show that not all demographics are managing the epidemic equally.

As of May 4, Alameda County registered 1,776 cases of infection (up from 1,498 at this time last week) and identified 63 deaths (up from 52) associated with COVID-19. That's a 2 percent decrease in both statistics from a week ago.

But the numbers are not shrinking for all groups. Reported COVID-19 cases for Latinx groups are higher than any other race or ethnicity in Alameda County—579. That's more than three times the number of total cases currently reported within the African American community (189).

"Latinx and African American communities in our county have higher rates of chronic disease and may be more likely to live in conditions that make it difficult to maintain physical distancing or sheltering in place," said Alameda County Public Health Department spokesperson Neetu Balram. "We have known for some time that COVID-19 is

widespread and we expect that with the increasing availability of testing, we will see increases in the number of infections not

see *CURVE*, page 10

## County Updates Shelter at Home Order

A revised shelter-in-place order issued last Wednesday by the Alameda County Public Health Department and other Bay Area counties is permitting some outdoor activities, including certain construction projects, effective this past Monday, May 4.

The order still requires that most people stay home unless they are engaged in "essential activities."

The collective efforts taken to date regarding this public health emergency have slowed the virus' trajectory, but the risk to public health remains significant.

The scientific evidence shows that at this stage of the emergency, it remains essential to continue to slow virus transmission, according to county health officials.

The revised order requires

see *SHELTER*, page 11



PHOTOS BY JIM KNOWLES

Paul Barbaro of Oakland practices on the driving range at the Metropolitan Golf Course this week. The course on Doolittle Drive reopened on Monday along with many other golf courses. Barbaro said the Presidio Golf Course in San Francisco was booked up, but he has a tee time today at Spyglass in Monterey.

## Golfers Back on the Course

The Metropolitan Golf Links on Doolittle Drive reopened this week with a number of precautionary measures in place.

On Tuesday, it was a beautiful day to be on the golf course, but a few rules have changed to reduce the number of touch points, in keeping with the Covid-19 guidelines.

Golfers don't putt the ball into the hole, because the cups

have been raised above ground level so that golfers don't reach into the cup. The rakes have been removed from the sand traps, too.

All the doors at the club house are propped open, and golf carts are for single riders only.

On the driving range, 50 percent of the capacity is used to allow more space between golfers.

These and other sanitary measures are in place as the course welcomed back golfers this week.



## Dig Deep Farms Offers Drive-Up Food Bank

Dig Deep Farms, a division of the Alameda County Deputy Sheriffs' Activities League (DSAL), has begun operating an innovative, drive-up food distribution center on Friday afternoons for home-bound seniors, medically vulnerable patients, and families experiencing food insecurity and hunger as a result of the COVID-19 pandemic.

The food is distributed for free at the Dig Deep Farms Food Hub, located at 2700 Fairmont Drive in San Leandro.

The Dig Deep Farms Food Hub opened in January, just prior to the beginning of the pandemic. The Hub is intended to create the infrastructure for a stronger, local food economy by supporting increased produce collection, aggregation, and distribution; food recovery; and the incubation of small food businesses.

The Food Hub is one element of the Alameda County Sheriff's Community Capitals Policing (CCP) initiative, a bold, new,

see *FARMS*, page 4



Dig Deep Farms on Fairmont Drive started a drive-up food bank.

### INSIDE YOUR TIMES

#### ■ DANCE

DC Dance Center salutes students. **Page 2**

#### ■ MUSIC

Piano students score high marks. **Page 3**

#### ■ FOOD

Recipes for a stay-at-home Mother's Day. **Page 5**

**38,500 EVERY THURSDAY**  
THE LARGEST FREE-DELIVERED NEWSPAPER IN THE EAST BAY

Classified Ads .....	8
Crossword .....	9
Homes .....	6
Home Services .....	8
Letters .....	11
Lifestyle .....	5
Music .....	3
Obituaries .....	10
Outdoors .....	4
Pets .....	2
Seniors .....	12



## MEETING SCHEDULES

### CITY COUNCIL

Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

### SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



## PETS OF THE WEEK



Ella



Sammy

This week, the Pets of the Week features a bonded pair of bunnies from East Bay Rabbit Rescue. They have pulled many bunnies from the Hayward Animal Shelter over the years.

The bunnies are **Ella** and **Sammy**. They're always together and they play, eat and sleep side

by side.

Ella is more confident than Sammy but he keeps a close eye on her as she explores new areas. Together they are a perfect package. Both are about 8 pounds and are neutered. For more information on Ella and Sammy, email eastbayrabbit@gmail.com.



PHOTOS COURTESY OF DC DANCE CENTER

DC Dance Center staff posed for a photo before they waved to dancers who drove by with their families in front of the studio in downtown San Leandro.

## DC Dance Center Raises Spirits at Downtown Studio with Drive-By Dance

DC Dance Center in downtown San Leandro hosted a Drive By Dance Party Parade this week to spread a little joy during the coronavirus shutdown.

All of DC Dance Center's staff gathered in front of the studio at 1555 Washington Ave., keeping 6 feet apart and wearing masks.

They passed out t-shirts, water bottles, candy and virtual hugs. Dancers with their families drove by honking and gave DC Dance Center heart-warming posters of support and love.

DC Dance Center owner and director Debbie Cabral-Halliday was overwhelmed from the kindness and support.

"We are just waiting every day to hear when we can get our dancers back into their second home, DC Dance Center," Cabral-Halliday said. "We love our dancers and miss them so much."



## Lunch Menu at The Senior Center

Senior lunch is take-out during the pandemic emergency; drive up and pick up your lunch; call 72 hours in advance

A low-cost senior lunch provided by Spectrum Community Services is served on weekdays at the San Leandro Senior Center, 13909 East 14th St.

Everyone age 60 and up can have lunch. A suggested donation is \$3.75, but no one is refused for lack of funds. (\$10 for those under 60.)

Call 72 hours ahead to reserve a lunch (1-510-825-9793).

The menu for lunch next week, May 11 to May 15, is:

Monday – Spinach lasa-

gna, steamed cabbage, carrots, breadstick, fruit cup.

Tuesday – Baked fish, California veggies, green peas, brown rice, fresh fruit.

Wednesday – Cold Salad Meal – Chicken ranch salad on romaine, three-bean salad, cantaloupe, wheat crackers, low-sodium V-8.

Thursday – Pot roast, mashed potatoes, Brussels sprouts, wheat bread, fresh fruit.

Friday – Herb chicken, veggie blend, wheat rotini with vegetables, fresh fruit.

## PADRE MU CANNABIS DELIVERY

AFFORDABLE  
EIGHTHS

AMAZING  
OUNCES



10AM - 8PM  
MON-FRI  
12PM - 8PM  
SAT & SUN

(510) 605-7071  
padremu.com

10% OFF Promo Code: SanMu

C9-0000264-LIC

## Annual Women's Hall of Fame Ceremony Postponed Until the Fall

Alameda County's 27th Annual Women's Hall of Fame Luncheon and Awards Ceremony has been postponed until the fall, due to concerns related to the coronavirus.

While the annual event is postponed, the Alameda County Women's Hall of Fame announced that thirteen local women representing the region's rich diversity as well as a remarkable range of achievement have been selected to be inducted.

The program is co-sponsored by the Alameda County Board of Supervisors and the County's Commission on the Status of Women and raises funds to support important local partners serving women and families in Alameda County.

In addition, it supports the academic pursuits of local girls through the Mary V. King "Leading the Way" Youth Scholarship Fund.

The inductees include an environmentally-conscious entrepreneur who supports local farmers, an aspiring entrepreneur whose business was chosen to cater President Barack Obama's Oakland My Brother's Keeper event, and a community leader who advocates for supportive housing.

We Are  
**TEMPORARILY  
CLOSED**

Our Appreciation For  
Your Business & Support

Stay Safe & We Look  
Forward To Seeing You  
When We Reopen

"Make your house a Dupree's home" **EASY LAYAWAY & FINANCING AVAILABLE**  
**Dupree's** 47 Years Experience 1900 E. 14th St. • San Leandro  
**FURNITURE** 357-3000  
www.Duprees-Furniture.com  
OPEN TUESDAY-FRIDAY 10AM-6PM • SATURDAY 10AM-5PM • CLOSED SUNDAY & MONDAY

## San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

### EDITORIAL

**Fred Zehnder**  
Editor and Publisher

**Jim Knowles**  
Managing Editor  
jimk@ebpublishing.com

**Steve Schaefer**  
Auto Editor

Contributing Writers  
**Buzz Bertolero**  
**Carl Medford**  
**Linda Sandsmark**

### PRODUCTION

**Howard Morrison**  
Manager  
**Kayla Steinorth**  
Art Director  
**Moxie Morrison**  
Assistant

### OPERATIONS

**Claudette Morrison**  
Business Manager

### ADVERTISING

Display Advertising  
**Claudette Morrison**  
Classified Advertising  
**Patrick Vadnais**

### HOW TO REACH US

San Leandro Times  
2060 Washington Ave.  
San Leandro, California 94577

Office hours: Weekdays, 9 a.m. to 5 p.m.

Main Office: (510) 614-1555  
Newsroom: (510) 614-1557  
Sports: (510) 614-1561  
Advertising: (510) 614-1555  
Classified: (510) 614-1558  
Fax: (510) 483-4209  
Email: jimk@ebpublishing.com

www.ebpublishing.com

California Newspaper Publishers Association member  
©2019 East Bay Publishing Corporation



# Remember, Mosquitoes Transmit Viruses, too

Mosquito experts throughout the state say the increased attention on public health is a timely reminder that there are many ways for residents to protect themselves from other viruses transmitted by infected mosquitoes.

While COVID-19 is not transmitted by mosquitoes, they can transmit several other diseases. West Nile virus is a mosquito-borne disease that has impacted the lives of California residents since 2003. There is no human vaccine for West Nile virus which can cause debilitating cases of meningitis, encephalitis, and even death.

"The COVID-19 pandemic is a stark reminder that we must protect ourselves from all public health threats including mosquito-transmitted diseases," said Assemblymember Bill Quirk. "Mosquito control is essential and it's critical that residents understand that we all play an important



Mosquitos transmit diseases, including West Nile virus.

part in helping to eliminate mosquitoes from our communities."

"With many Californians at home right now under stay-at-home orders, it's a good time to check around properties and yards for mosquito sources," said Peter Bonkrude, president of the Mosquito and Vector Control Association of California (MV-CAC). "Children who are home from school can help check yards and learn about the importance of

dumping and draining all standing water. Checking flowerpots, buckets, and other backyard sources is an easy and very important activity."

Mosquitoes can lay their eggs in sources of water as small as a bottle cap and can complete their life cycle, from egg to adult, in about a week.

West Nile virus remains the largest mosquito-related public health threat in the state.



Piano students Sofia Sotelo, Kaley Nguyen and Jaydon Tingzon scored in the top 1 percent in the state.

## Piano Students Win Top Honors

Congratulations to pianists Sofia Sotelo, Kaley Nguyen, and Jaydon Tingzon of San Leandro who scored in the top 1 percent in the State of California for Certificate of Merit (CM) this year on March 1 at Holy Names University in Oakland.

The music students of

Marueen Spranza were selected to perform at the Music Teachers' Association of California (MTAC.org) State Convention at the Los Angeles Airport Hilton, but unfortunately the performances were cancelled due to COVID-19 pandemic.

Each year 25,000 students

in California participate in this music study program which provides a standard of curriculum that requires students to strive for focused musical excellence in performance, technique, ear training, sight reading and singing, and music theory.

## News Briefs & Announcements

### Marriage by Videoconference

Gov. Gavin Newsom signed an executive order Thursday, allowing adults to obtain marriage licenses through videoconference amid the COVID-19 pandemic, after stay-at-home orders resulted in the cancellation of weddings statewide. For the next two months, adults can get a marriage license, at the discretion of their local county clerk, as long as both adults are physically in California, are present in the video chat and can show proper identification. The license will then be issued via email, according to the order.

### Little League World Series Canceled

Because of the coronavirus pandemic, Little League International decided last Thursday to cancel its annual world-championship, an event that has made the small town of South Williamsport, Pennsylvania (Pop. 6,379) famous. "This is a heartbreaking decision for everyone at Little League International, but more so for those millions of Little Leaguers who have dreamt of one day playing in one of our seven World Series events," said Stephen D. Keener, Little League President and CEO. "After exhausting all possible options, we came to the conclusion that because of the significant public health uncertainty that will still exist several months from now ... it will not be possible to proceed with our tournaments as we've hosted them for nearly 75 years."

### Applications for LAFCO Being Accepted

The Alameda Local Agency Formation Commission (LAFCO) is accepting applications for the alternate public member seat until 5 p.m.

Friday, June 19. The Commission expects to conduct interviews the week of June 22, 2020. LAFCO is responsible for coordinating logical and timely changes in local government boundaries and conducting studies on streamlining governmental structure. For a copy of the application, contact LAFCO at 510-670-6267 or rachel.jones@acgov.org. For more information about Alameda LAFCO or to download the application, visit [www.acgov.org/lafco](http://www.acgov.org/lafco).

### Passports Are Still Available

The Postal Service wants to remind future travelers that sheltering in place due to COVID-19 has not affected the passport application process. People can schedule an appointment at [tools.usps.com/rcas.htm](https://tools.usps.com/rcas.htm). Use the scheduler tool to search for a postal passport office and make an appointment. The Post Office will follow CDC guidelines of social distancing during the application process. Application forms and information on the costs and how to apply for a passport book and/or passport card can be found at [usps.com/passport](https://usps.com/passport) or [travel.state.gov/passport](https://travel.state.gov/passport). Customers can also obtain passport information by calling toll-free at 877-487-2778.

### Army 2nd Infantry Veterans Sought

The Second (Indianhead) Division Association is searching for anyone who served in the Army's 2nd Infantry Division at any time. For information about the association and the proposed 99th annual reunion in Kansas City, Missouri from Sept. 23-27, visit [www.2ida.org/99th-annual-reunion/](http://www.2ida.org/99th-annual-reunion/) or contact Bob Haynes at [2idahq@comcast.net](mailto:2idahq@comcast.net) or 224-225-1202.

### CROSSWORD ANSWERS

O	F	F	S	O	P	T	H	A	S	P
S	A	L	K	N	E	E	A	L	E	E
S	Q	U	I	N	T	E	D	R	O	L
O	S	E	I	O	N	C	L	E	F	T
		E	S	P		J	O	E		
I	R	A	Q	I		B	A	N	Q	U
T	U	T		F	U	R		U	L	N
S	T	A	I	N	E	D		M	I	T
		N	O	W		P	E	N		
M	O	T	O	R		F	I	N		A
A	P	E	X		L	A	Q	U	I	N
L	U	R	E		E	M	U		S	N
I	S	M	S		G	E	E		P	A

We Hope and Pray you are staying safe and healthy during these difficult times. Special thanks to all Our Heroes keeping us safe during the Coronavirus Pandemic including the first responders, medical workers, nurses, doctors, grocery workers, delivery services, and all volunteers lending a helping hand.



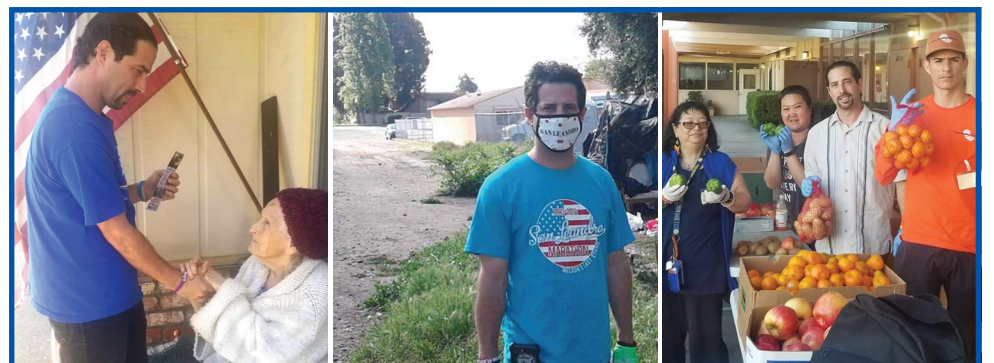
### Lovewell Team

(#00689931 & #01912817)

"Lovewell Team" is a dynamic, award-winning Real Estate team

Call 510-351-5555 or visit us at [www.Lovewellteam.com](http://www.Lovewellteam.com)

— A team you can love and trust —  
Re/Max Accord Castro Valley



**IF THERE IS ANY WAY I CAN HELP YOU, CONTACT ME....**

Call (510) 706-3125 or Email: [bga252002@yahoo.com](mailto:bga252002@yahoo.com)

f @bryan.azevedo.98

@BryanAzevedo1

510\_bryan

bryan-azevedo-3a191b37/

#AzevedoCares



# Hulet Hornbeck Hatched Idea of East Bay Park District Trails

The East Bay Regional Park District's popular regional trail system has a long history. It was really the brainchild of Hulet Hornbeck, who joined the district in the mid-1960s as chief of land acquisition.

An avid hiker, Hornbeck had long advocated establishment of trails to link parks. Together with George Cardinet of the State Horsemen's Association, he founded the East Bay Area Trails Council, which brought equestrians and hikers together to plan and promote trail connections.

Hornbeck worked with Cardinet and Lew Crutcher, the park district's planning manager, to establish inter-park trails by obtaining rights and easements from private landowners, public utilities, and flood control districts.

It was a slow and complicated process, but by 1975, land had been purchased or easements granted for the Alameda Creek Trail, Contra Costa Canal Trail, and a section of the Skyline National Trail.

As part of the trails team, Hornbeck enlisted Robert Doyle, then a young ranger at Black Diamond Mines Regional Pre-

serve, to plan and implement a system-wide approach to regional trails. Years later, Doyle is now the park district's general manager.

From its modest beginnings, the regional trail system has expanded to total more than 200

**“Without this regional trail system we would have to close more parks.**

— Robert Doyle

miles in addition to the trails within each regional park. It has achieved national recognition as an exemplary interconnecting trail system. Eight years ago the district earned a federal matching grant of \$10 million to help expand and complete the network.

The system serves as “green transportation,” especially during shelter-in-place, since people can stay close to home and still get on a trail.

“Without this extensive regional trail system being devel-

oped and open now, we would have had to close more parks to prevent crowding,” Doyle said.

## Rules on the Trails

When you are using the regional trails, the same rules apply as elsewhere in the regional parks. Dogs must be on leash at all times. Pick up your dog's waste, and pack out your trash.

During the coronavirus emergency, maintain social distance of at least six feet, and avoid traveling in groups that include more than immediate family. People engaged in strenuous exercise are asked to maintain even more separation. Bring masks to wear when social distancing isn't possible.

In the interest of sharing the road, the speed limit for bicycle riders and other wheelers is 15 miles per hour. It's extremely helpful to call out or ring a bicycle bell when overtaking walkers from behind. Conversely, walkers should allow space on the left so that cyclists can pass safely and conveniently.

For park maps, go to [ebparks.org/parks/maps](http://ebparks.org/parks/maps).

—Source: Ned MacKay



The idea for trails throughout the East Bay was hatched in the 1960s.

## Farms: Food pickup this Friday

continued from front page

community-driven approach to public safety that focuses on investing in depleted systems and building stronger relationships with the community to reduce crime and help people thrive.

In response to the current situation of food going to waste and many families trying to find resources, Dig Deep Farms has ramped up the operation and is now offering residential delivery and the Friday drive-up to create more opportunities for local families and suppliers to find a way to solve their respective needs.

Food is picked up from supermarkets, schools, restaurants, the Alameda County Community

Food Bank, and wholesalers and brought to the Food Hub where it is sorted and packed into brown grocery bags.

As a result of partnering with ALL IN Alameda County, funding has been secured to also incorporate prepared meals from local food entrepreneurs.

Families drive up in their vehicles where a team of volunteers and employees offer a no-contact solution by placing the bags into the trunk of the car. The contents of the bag depend on the weekly donations but always include fresh vegetables from Dig Deep Farms and an emphasis on healthy eating.

Over the past three weeks,

the Friday drive through has distributed well over 1,200 bags of groceries and fresh produce and 500 ready-made meals. This is in addition to deliveries being made weekly to local charities, senior centers, low-income housing complexes, and churches.

If you or anyone you know are in need of groceries, please visit the DDF Food Hub located at 2700 Fairmont Drive, this Friday, May 8, from 1 to 3 p.m. You can also use an online form to sign up for residential delivery if you are unable to drive.

Visit [www.acdsal.org/ddf-programs](http://www.acdsal.org/ddf-programs) to sign up.

## HOROSCOPE by Salomé

© 2019 King Features Synd., Inc.



**ARIES (March 21 - April 19):** A seemingly stalled romantic situation could benefit from your reassurance that you want this relationship to work. And if you do, use a tad more of that irresistible Aries charm.



**TAURUS (April 20 - May 20):** You're attracted to a situation that appeals to your Bovine intellect. And that's good. But don't neglect your passionate side when romance comes calling later in the week.



**GEMINI (May 21 - June 20):** That career-change opportunity that didn't work out when you first considered it could come up again. But this time, remember that you have more to offer and should act accordingly.



**CANCER (June 21 - July 22):** There could be some tensions in relationships -- domestic or workaday. But a calm approach that doesn't raise the anger levels and a frank discussion soon will resolve the problem.



**LEO (July 23 - August 22):** It's a good idea to begin preparing for that career change you've been thinking about for a while. Start to sharpen your skills and expand your background to be ready when it calls.



**VIRGO (August 23 - Sept. 22):** Bless that Virgo skepticism that has kept you from falling into traps others seem to rush into. But you might want to give a new possibility the benefit of the doubt, at least on a trial basis.



**LIBRA (Sept. 23 - October 22):** A legal matter you hoped could finally be settled could be a pesky problem for a while, until all the parties agree to stop disagreeing with each other. Be patient.



**SCORPIO (October 23 - November 21):** Someone might use deception to try to push you into making a decision you're not fully comfortable with. But those keen Scorpio senses should keep you alert to any such attempt.



**SAGITTARIUS (Nov. 22 - Dec. 21):** Romance dominates this week when Cupid spears the Archer, for a change. Positive things also are happening in the workplace. Expect important news to arrive by the week's end.



**CAPRICORN (Dec. 22 - Jan. 19):** Anyone trying to bully the Sea Goat -- whether it involves a personal or a professional matter -- will learn a painful lesson. Others also will benefit from the Goat's strong example.



**AQUARIUS (Jan. 20 - Feb. 18):** Congratulations. With things going the way they are, you should be able to spare some time and take a break from your hectic schedule for some well-earned fun and games.



**PISCES (Feb. 19 - March 20):** Your sharp Piscean intuition should be able to uncover the true agendas of those who might be trying to catch the Fish in one of their schemes.

## SLZ Students Make Dean's List

Two students from San Lorenzo made the Scholastic Honor Roll Winter term at Oregon State University in Corvallis, Oregon.

Gwendolyn J. Withrow, a junior, majoring in environmental sciences had a straight-A average. Minnette D. Tiamsic, a senior, majoring in anthropology, maintained a grade-point-average of over 3.5.

A total of 1,910 students earned straight-A (4.0). Another 5,529 earned a B-plus (3.5) or better to make the listing. To be on the Honor Roll, students must carry at least 12 graded hours of course work.

## All Saints Food Pantry Open Saturday

The food pantry at All Saints Episcopal Church, 911 Dowling Blvd. in San Leandro, will be open for curbside pickup of groceries on Saturday, May 2, from 11 a.m. to 2 p.m. For more information, go to the church's website: [saintsalive.net](http://saintsalive.net).



**Special Offer FREE Shipping!**  
Spring Basket Box

**ONLY \$29.99\***  
+ FREE Shipping  
Mention Promo Code SPG20

**WOW! Handpicked fresh from the grove!**

**Brighten Someone's Day! Mention Promo Code SPG20.**

**Handpicked and hand packed,** our fresh, juicy oranges are **delivered** to your door fresh off the tree! As always, our famous citrus is picked and packed at its peak, fresher than anything you'll find in stores. Paired with cookies and candy, this is the perfect gift box for birthdays, for yourself, or just because.

- 3 Grove Navel Oranges
- 2 Honey-Sweet Tangerines
- 3 oz. Chocolate Chip Cookies
- Jelly Belly® Beans
- Saltwater Taffy

**Call 1-510-826-2052 to order item 836 or Visit [HaleGroves.com/MB00137](http://HaleGroves.com/MB00137)**

Order Item #836, mention Promo Code SPG20 for **FREE Shipping.**  
**Only \$29.99\***, plus FREE Shipping. Satisfaction completely guaranteed.

Order by May 31, 2020.

**Hale GROVES**

Since 1947.  
Hale Groves, Vero Beach, FL 32966

IC: HMVS-A275

**Call now to receive FREE Shipping!**

Limited time offer, good while supplies last.  
Not valid with any other offer or previous purchases.



## LIFESTYLE

## Something Special for a Stay-at-Home Mother's Day



So, after you've gotten the card, the flowers, the chocolates (you did get all that stuff, right?), what can you do that will make Mom feel really special?

Well, if you're feeling especially creative and you know your way around the kitchen, you could whip up a little something special.

#### FRESH STRAWBERRY SCONES

1-3/4 cup unbleached flour  
4 tablespoons butter, refrigerated  
2 teaspoons baking powder  
1/2 cup orange or apple juice concentrate  
1/4 cup plus 1 tablespoon milk  
1 teaspoon lemon zest  
2 cups sliced strawberries  
4 tablespoons strawberry jam

Special equipment recommended: a rubber spatula.

Stir the flour and baking powder together. Cut in the cold butter until the mixture resembles coarse crumbs. Mix the fruit juice concentrate and milk together, stir in the lemon zest.

Make a well in the center of the flour mixture, pour in the liquid and begin to mix together using the rubber spatula. The dough should come together forming a ball, yet remain fairly sticky, hence the need for the spatula, which will make your task much simpler.

Knead the dough a few times in the bowl until it forms a workable ball, yet retaining most of its

stickiness (you may need to work in an extra tablespoon or two of flour). Put the dough down to a circle about 3/4 inch thick, wrap in plastic and refrigerate for at least one hour.

Prepare a baking sheet by sprinkling it with a generous amount of flour. Cut the dough with a serrated knife down the middle, as if you were splitting an English muffin.

Place the bottom half of the scone dough on the baking sheet, lay the sliced strawberries evenly and place dollops of the jam to cover the bottom half. Lay the top of the scone dough over this and slightly crimp the edges together.

Carefully lift the dough at this point to check that enough flour has been sprinkled beneath it to prevent it from sticking while it bakes. If not, add a little extra.

Pre-heat the oven to 400°F. Cut the dough, using a blunt knife, into 8 equal pie-shaped wedges. Brush the top with a little milk or egg whites for a shinier appearance. Bake for 14 minutes or until browned. Serve when cooled just enough to handle. Serves 8.

#### SENSATIONAL SCRAMBLED EGGS

8 eggs  
2 heaping tablespoons sour cream  
1 tablespoon water  
Salt and freshly ground black pepper  
2 tablespoons butter  
1/2 to 3/4 cup grated Cheddar

cheese

In a medium size bowl, beat eggs, sour cream, water, and salt and pepper until fluffy. Using a nonstick frying pan, melt butter and cook eggs over low heat, stirring occasionally. Stir in the cheese. Cook until you reach desired consistency.

Serve hot with country ham and biscuits. Yields 4 servings.

#### FRENCH CROISSANT TOAST

*French Toast:*

4 croissants, split in half lengthwise  
4 eggs  
1 cup half-and-half  
2 teaspoons vanilla  
1/2 teaspoon cinnamon  
2 tablespoons sugar  
3 tablespoons melted butter

*Cinnamon Sugar:*

1 cup sugar  
2 teaspoons cinnamon

Combine eggs, half-and-half, vanilla, sugar and cinnamon and mix well. Dip croissants into the mixture, coating completely.

In a large skillet, melt butter. Add egg-coated croissants and sauté until golden brown, turning once. Keep toast warm (for up to 30 minutes) by placing it on a cooking sheet in preheated 300°F oven.

To serve, drizzle with more melted butter, sprinkle with sugar and cinnamon. Serves 4.

#### BLUEBERRY PANCAKES

2 cups all-purpose flour  
1/4 cup sugar  
2-1/4 teaspoons baking powder  
1/2 teaspoon baking soda  
1/4 teaspoon salt  
2 eggs  
2 cups buttermilk  
1/4 cup melted butter, plus some for frying  
1 cup blueberries, fresh or frozen

In a large bowl sift together the flour, sugar, baking powder, baking soda, and salt.

Beat the eggs with the buttermilk and melted butter. Combine the dry and the wet ingredients into a lumpy batter, *being careful not to over mix.*

Heat some butter in a skillet over medium heat. Spoon 1/3 cup of batter into the skillet and sprinkle the top with some of the blueberries. Cook for 2 to 3 minutes on each side. Serves 6.

#### FLUFFY BAKED OMELET

3 eggs, separated  
1 tablespoon water  
1 tablespoon butter  
Salt  
Freshly ground pepper  
2 tablespoons finely grated Cheddar cheese

(Note: To lower cholesterol, replace the yolks with 1/3 cup egg substitute.)

Beat eggs yolks until thick. Set aside. Beat egg whites until frothy in large mixing bowl. Add water and continue beating until soft peaks form.

Heat butter in 9-1/2 inch oven-proof skillet until bubbly, but not brown. Tip pan to coat sides.

Fold egg yolks into whites. Pour egg mixture into pan and cook, without stirring, over low heat, until egg mixture is puffed, set and golden brown on bottom, 2 to 3 minutes.

Place pan in 325°F oven and bake until knife inserted near center comes out clean, 8 to 10 minutes. Remove pan from oven and loosen sides of omelet with metal spatula. Season to taste with salt and pepper and sprinkle

with cheese.

Make score across omelet slightly off center. Fold small side over larger. Makes 1 to 2 servings.

#### ALMOND-RASPBERRY COFFEE CAKE

1 cup fresh raspberries  
3 tablespoons brown sugar  
1 cup all-purpose flour  
1/3 cup sugar  
1/2 teaspoon baking powder  
1/4 teaspoon baking soda  
1/8 teaspoon salt  
1 egg  
1/2 cup sour cream  
3 tablespoons butter, melted  
1 teaspoon vanilla extract  
1/4 cup sliced almonds  
*Icing:*  
1/4 cup(s) confectioner's sugar  
1-1/2 teaspoons 2% milk  
1/4 teaspoon vanilla extract

In a small bowl, combine raspberries and brown sugar; set aside.

In a large bowl, combine the flour, sugar, baking powder, baking soda and salt.

In a small bowl, whisk the egg, sour cream, butter and vanilla. Stir into dry ingredients just until moistened.

Spoon half of the batter into a greased and floured 8-inch round baking pan. Top with raspberry mixture. Spoon remaining batter over raspberries; sprinkle with almonds.

Bake at 350°F for 30 to 35 minutes or until a toothpick inserted near the center comes out clean. Cool for 10 minutes before removing from pan to a wire rack.

In a small bowl, combine the icing ingredients; drizzle over coffee cake. Serve warm. Yields 8 servings.

#### STRAWBERRY CHEESECAKE IN A GLASS

1 pint basket strawberries, stemmed and sliced  
3 tablespoons currant jelly (or 2 tablespoons sugar)  
8 ounces light cream cheese, softened  
3 tablespoons skim milk  
2 tablespoons lemon juice  
2 tablespoons sugar  
1 cup light whipped topping  
1 cup graham cracker crumbs

In bowl, toss strawberries with jelly (or sugar); cover and set aside. In mixer bowl, beat cheese, milk, juice and sugar until smooth, fold in whipped topping. Spoon 2 tablespoons crumbs into each of four 8-to-10-ounce stemmed glasses; top each with about 1/4 cup of the strawberries, 1/2 cup of the cream cheese mixture, then the remaining crumbs and strawberries, dividing equally.

Serve immediately or cover and refrigerate up to 6 hours. Makes 4 servings.

### Spiritual, but not religious?

Watch 11:11am Live-stream at [unitysanleandro.org](http://unitysanleandro.org) or on Facebook Live

- We emphasize spirituality more than religion.
- We believe there are many paths to God.
- We show you how to transform your life through practical spiritual principles.
- Everyone is welcome.

[www.unitysanleandro.org](http://www.unitysanleandro.org) **SUNDAY 11:11 A.M.**

**Unity Church of San Leandro**  
P.O. Box 2018, San Leandro, 94577

### Open For Take Out!

**Buy One Lunch or Dinner and Get 2nd Meal 1/2 OFF, of equal or greater value, from Regular Priced Menu with this Ad. Not good with any other offer. Expires 05-31-20**

**Tito's**  
"Bienvenidos Amigos"

Family Owned since 1957

Patio Dining  
Banquets

"Have Your Party Here!"

All Food Prepared Fresh Daily  
Cocktails and Catering

Celebrating 65 Years!

**510.276.1793**



15508 E. 14th St., San Leandro (Across from Bayfair Center)  
Open: Wed. - Sun. 11am - 10pm/Closed Monday + Tuesday  
For Birthdays, Parties & Banquet Information Call Us Today!

The Entire line of  
**Aura Cacia Products**

**25% OFF**

On Sale in May

AURA CACIA®



Since 1969

— NATURAL FOODS —

San Leandro  
182 Pelton Center  
(510) 483-3630

Castro Valley  
3446 Village Dr.  
(510) 581-0220

**KIM BROS. JEWELRY • 357-4069**

14393-A WASHINGTON AVE. • SAN LEANDRO (NEAR PAK 'N' SAVE)  
OPEN WED-FRI 10 (ISH) AM-6PM / SAT 11 (ISH) AM-5PM / CLOSED SUN-TUES

**Due to Shelter in Place our Store is Temporarily Closed. Please be Safe & Healthy. We Look Forward to Seeing You When we Reopen!**



# REAL ESTATE GALLERY



## REAL ESTATE REALITY

By Carl Medford, CRS  
Special to the Times

GUEST COMMENTARY



## Extended Shelter In Place May Have A Silver Lining

The recent announcement by six Bay Area counties to extend the Shelter In Place (SIP) to at least the end of May is cause for concern in the real estate community.

Many sellers who had planned on putting their homes on the market in the beginning weeks of May are rethinking their strategies and are actively involved in conversations with their Realtors to determine their next steps.

Up until now, the SIP rules, while prohibiting open houses, have allowed buyers to tour vacant homes with their real estate agents. Tours have been limited to two adults (no children) and their Realtor.

Additionally, a PEAD form (California Association of Realtors Coronavirus Property Entry Advisory and Declaration) form must be filled out and signed by all parties prior to entry.

Until now, this has been difficult for those selling occupied

homes. Fortunately, it appears change is on the horizon.

Tricia Thomas, CEO of the Bay East Association of Realtors just released a briefing stating, "Bay Area Public Health Agencies have just updated their Shelter In Place (SIP) Orders which will permit showing occupied residential and commercial properties under new guidelines for essential businesses."

She further clarified, "The SIP Orders state 'essential activities that are permitted to occur must do so subject to social distancing and other infection control practices identified by the Health Officer.'"

This is certainly good news and will be a boost to those selling occupied homes. Strict guidelines will still apply, and sellers who have immune deficiencies may still opt to exempt themselves.

While Open Houses are still banned, the fact that all homes on the market can now be accessed will, in our opinion, help stabilize pricing.

Another positive to the SIP is buyer agents being required to tour properties with their clients. In recent years, listing agents, by providing record numbers of open houses, have made it easy for buyers to tour properties without their agents. Some buyer agents have even written offers without visiting the properties in question.

With the current showing restrictions, we are seeing a return to historical practices where agents must accompany

their clients. This is a win-win as agents are now providing higher levels of customer service to their buyers and sellers know that professionals are currently accompanying buyer wannabes during visits.

It is a classic case of good flowing from bad and, hopefully, this silver lining will continue as restrictions ease.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

## FREE TOILET PAPER!



### 16993 Lamont Ct., Castro Valley • \$1,100,000

Sorry to get your attention this way, but I wanted you to read this post. This house is a great place to be quarantined in! Indoor Social Distancing can be practiced in the 4 bedrooms, 2 & half bathrooms, family, and formal dining rooms. Over 2,300 square feet. Take a look at the Virtual tour from [www.ListedByAntonio.com](http://www.ListedByAntonio.com). Located just 45 minutes, to... correction: 15 minutes to downtown San Francisco. Presented by The Realtors In Motion. Antonio M. Cardenas, RE eBroker Group. Ok, 30 Rolls of toilet paper will be delivered the day escrow closes. Let's go take a look, I'll provide the Face Masks. (510) 326-4263

## Citrus Trees the Most Popular Plant in a Pot

By Buzz Bertolero  
Special to the Times

Q My neighbor has left me several 24-inch pots. What can I plant in them that like lots of sun and are evergreen?

A Today's trend in container gardening is to plant many different types of plants such as ornamentals, grasses, succulents and herbs as well as edibles in a single container. Typically, if it can be planted in the ground, it can also be planted in a container, so you have a wide and varied selection of choices.

Citrus is by far the most popular individual plant in a pot. To start, I'd use sunset magazine or any other gardening publication as a source of inspiration. You'll find many examples of mixed containers being used to enhance areas such as entryways, decks and patios.

For a 24-inch pot, you'll need a tall focal point, a few medium-size plants and then something low to use as filler. I'd use mounding or cascading plants as filler, so they spill over the sides to soften the sides of the pot.

Here are a few suggestions



for a focal point: Nandina, Heavenly Bamboo has beautiful foliage color, gets berries in the fall, and is visibly light and airy. New Zealand Flax looks like a giant grass and is very sculptural. Dusty Miller has silver-gray foliage with yellow blooms in the summer.

Any of the many grasses like Variegated Ribbon or Dwarf Fountain Grass can also be used. You could surround the focal point with the pink flowering Society Garlic or Lily of the Nile with blue flowers. They are available with both gray and green leaves.

The yellow foliage of the Summer Gold Agapanthus is striking. Another option is the maroon leaf Corral Bells. Filler plants include Verbena Tapen, Million

Bells or Bacopa, which will flow over the sides of the containers.

Seasonal color like Marigolds, Impatiens, Pansies, Iceland Poppies, Alyssum and Trailing or Upright Lobelia is added to complete the year-round color scheme. Do not forget that Parsley, Basil, and Rosemary make a dramatic impression in mixed containers.

The containers can be identical. However, I'd prefer to mix the combinations up. I might reverse the foliage color between the focal point and the surrounding plants using the filler plants to accent the groupings.

Once you have an idea of what you want, visit your local garden centers to view what's available. A couple of final thoughts: Containers are kept fresh looking by changing the seasonal color. It takes very few plants or time to give them a new look.

The biggest maintenance issue is water and nutrients. You have perfect drainage in a pot so I'd water them daily when the temperatures are over 75 degrees. In addition, the containers should be off the ground to allow the water to flow freely out the bottom. Some type of mesh or screening material is placed at the bottom so the soil doesn't wash out. Feed

the plants every four months with Osmocote. It releases a little bit of nutrients every time your water.

Q I have an olive tree growing indoors in a northeast window. Although it's generating new growth, some of the old leaves are turning brown at the tips and curling. What can I do to prevent any more damage?

A Olive trees are normally not used as a house-plant. They grow very big and require a lot more direct sunlight than a normal house can give. In the landscape, they like at least six hours of direct sunlight.

Having said all that, there are always exceptions. The brown leaves and the associated curly is more than likely a watering problem or an exposure issue. Typically, olives don't require much moisture as they are considered a drought-tolerant tree.

Indoors, I'd probably water them once every three to four weeks. You do need to make sure that the entire root ball gets wet every time you water and remove all the excess water from a saucer or other container. The older leaves will drop off naturally. You'll never completely stop the falling leaves. If moving it to a sunnier location is not an option, you may just have to live with the problem.

Buzz Bertolero is an Advanced California Certified Nursery Professional. The Dirt Gardener's website is [www.dirtgardener.com](http://www.dirtgardener.com) and questions can be sent by email to [buzz@dirtgardener.com](mailto:buzz@dirtgardener.com).

**Village Properties & ASSOCIATES**  
**PROPERTY MANAGEMENT & REAL ESTATE SALES**  
**Sam & Jessica Medina**  
**510.481.8400**  
DRE #01838297  
*"Your Neighbor & Realtor!"*

**Antonio & Alexia Cardenas**  
**"Realtors in Motion"**  
Ballroom Dancers  
**"The Agents with the Visual Tours"**  
**(510) 326-4263**  
Visit us @  
**www.ListedByAntonio.com**  
R.E. eBroker Inc. • A Virtual Real Estate Brokerage

**Michelle Ross Miller**  
Real Estate Broker  
DRE# 01012751  
Licensed Since 1989 Global Marketing Reach Local Knowledge  
**Specializing in**  
- San Leandro  
- Alameda  
- Oakland  
- Castro Valley  
- Surrounding East Bay Communities  
**510-701-3442 | michelle.miller@compass.com | COMPASS**

## Sales ~ Property Management ~ Leasing



**581 E. 14th St. • San Leandro • 632-1234**  
**www.deadrigh.com** CBRE #00360465



# There's Plenty to do Indoors While You're Sheltering at Home

By **Samantha Mazzotta**  
Special to the Times

If you're looking for something constructive to do while you're home-bound, here are a few:

- Descale your coffeemaker or electric kettle: Check the manufacturer's cleaning instructions online, but in most drip brewers you can flush several ounces of white vinegar through the system, rinsing thoroughly

with clear water.

- Clean your dishwasher: Remove any parts that can be lifted out easily, such as racks, utensil holders, wash arms and filter. Soak smaller parts in a sinkful of vinegar-water solution and wipe down the racks, dishwasher interior and the door seal. Rinse and replace all the items, then run the empty dishwasher through a cycle to finish.

- Clean the garbage disposal

al by adding a few ice cubes and lemon peels and cycling it. Rinse with running water.

- Clean the wash tub of your clothes washer by filling it with hot water and one quart of white vinegar. Let it agitate for a minute and then pause the cycle so that the water sits for an hour; then resume the wash cycle to rinse.

- Vacuum the space where the lint filter sits in your clothes

dryer. Inspect the dryer vent for lint buildup and remove any lint you find.

- Tighten the hardware on cabinets and drawers – knobs, handles and hinges.

- Check child- and pet-proof latches and outlet covers, and replace any that are broken.

- Vacuum out the heat registers in each room, being sure to replace the floor vent covers immediately afterward so pets

don't accidentally crawl in.

- Change the air filter on your heating system (you know I'd get that one in here).

- Rotate houseplants, shifting them to new locations to vary the air and light they receive.

ceive.

**Home Tip:** Take a tour of your home and make note of as many improvement or maintenance tasks that you can find. Then create a schedule to tackle a few of them at a time.

## Time and Sand Base Takes Toll on Older Brick Walkways

By **Samantha Mazzotta**  
Special to the Times

If you have an old walkway in your yard that used old building bricks, you may notice that over time the bricks becoming uneven and that some are sinking slightly, creating dips in the walkway.

Walkways built with bricks (also known as pavers) can become uneven due to normal ground movement or a shift in the sand base on which such walkways are typically built leading to problems.

If the uneven bricks don't present a safety problem, consider delaying a repair on these sections. You can try to move the bricks back into alignment, but that might not work without undertaking more time-consuming or costly repairs.

The depressed bricks can be lifted back into place by repairing the base underneath them. Use a pry bar or other lever to carefully lift up a sunken brick. Then, using one end of a sturdy piece of wood such as a two by four,

tamp the existing sand down into place.

Put the brick back into the tamped-down section, tapping with a mallet if it doesn't go in. Measure the different in height between the sunken brick and the surrounding bricks.

Remove the sunken brick and fill the section with sand (that has rocks and larger particles screened out of it) up to the height of the measurement you took.

Tamp down the new sand and remeasure the height, adding

sand if necessary to bring the brick level.

Once the brick is in place and flush with the surrounding bricks, pour sand over and around the repaired brick so that it fills the crevices. Use a broom to sweep sand from the top of the bricks and into the crevices.

**Home Tip:** Pull or treat weeds that spring up between paving bricks as soon as possible, before their roots have time to spread. This helps keep a brick walkway even over time.

## Mortgage Rates at All-Time Lows

Long-term mortgage interest rates fell to all-time lows last week, impacted by the coronavirus pandemic.

The average rate on the bench-

mark 30-year loan dropped to 3.23%, the lowest level since Freddie Mac began tracking rates in 1971. A year ago, the rate was 4.14%.

### Robert Jones and Associates

Selling San Leandro Since 1964 • [www.RobertJonesandAssociates.com](http://www.RobertJonesandAssociates.com) • DRE#00276097



Robert Jones  
DRE# 00276097



Matt Jones  
DRE#0137894



John Chovanes  
DRE# 01853764



Ron Trentler  
DRE# 02068317



Akram Morrar  
DRE#01701573

**PENDING • 397 Woodland Park**  
**Put Our Team To Work For You!**  
**142 JOAQUIN AVE. • SAN LEANDRO • 357-0120**

## LEGAL NOTICE

FILED  
MARCH 19, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 569681

### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Adult Jam located at 15345 Churchill St., San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): Elizabeth Eisler, 15345 Churchill St., San Leandro, CA 94579. This business is conducted by an individual. This business commenced 4-1-13.

/s/ Elizabeth Eisler  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 19, 2025

**APR 09, 16, 23, MAY 7, 2020**  
**255-SLT**

FILED  
APRIL 24, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 570079

### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): WON KEM, LLC located at 2601 Alvarado St., San Leandro, CA 94577, in Alameda County, is hereby registered by the following owner(s): WON KEM, LLC, 2601 Alvarado St., San Leandro, CA 94577. This business is conducted by a limited liability company. This business commenced 12/04/2019.

/s/ WON KEM, LLC  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires APRIL 24, 2025

**MAY 7, 14, 21, 28 2020**  
**264-SLT**

## THINKING ABOUT BUYING OR SELLING? AGENTS IN ACTION CONTACT ONE OF THESE...



**Greg Novak**, DRE# 01721382  
**SanLeandroRealtor.com**  
Red Oak Realty  
[greg@redoakrealty.com](mailto:greg@redoakrealty.com)  
**510-472-4770**



**Dave Adams**  
Realtor  
**COLDWELL BANKER**  
[dave@davecadams.com](mailto:dave@davecadams.com)  
**(510) 637-8136**



**Louis Heystek**  
**Better Homes and Gardens RE**  
Bay East Achievement Club  
**510-928-5501**  
[Louis.Heystek@BHGHome.com](mailto:Louis.Heystek@BHGHome.com)



**Carrie Miles**  
Realtor®  
**RINETTI & CO. REALTORS**  
[milescarrie@yahoo.com](mailto:milescarrie@yahoo.com)  
**510-735-5223**



**Nasser Haghighi**  
**Alliance Bay Realty**  
**510-415-1612**  
[nasserhag@att.net](mailto:nasserhag@att.net)  
San Leandro Resident Since 1976



**Wayne Gregori**  
**The Gregori Group RE, Inc.**  
Broker/Owner  
**510-219-3887**  
[GregoriGroup.com](http://GregoriGroup.com)



**Judy Rose** - CRS, SRES  
**ReMax Accord**  
Serving the East Bay 38 Years  
[judy@judyrose.com](mailto:judy@judyrose.com)  
**510-220-6206**



**Lynn Levin**  
**Berkshire Hathaway Home Services**  
(Getting The Job Done Right)  
**510-593-7377**  
[www.lynnlevin.com](http://www.lynnlevin.com)



**Jessica Medina**  
**Village Properties, Realtor/Owner**  
"Your Neighbor & Realtor"  
[JessicaMedina@VillageProperties.net](mailto:JessicaMedina@VillageProperties.net)  
**510-750-0216**



**Bob Frey**  
**Broker Associate**  
**Re/Max Accord**  
[BobFreyHomes@gmail.com](mailto:BobFreyHomes@gmail.com)  
**510-220-8459**



**Sam Chiu 趙**  
Active in the East Bay since 1989  
**Berkshire Hathaway**  
**Home Services**  
**510-305-5767**



**Matt Wilhite**  
**Intero Real Estate**  
[www.MattWilhite.com](http://www.MattWilhite.com)  
**510-329-0728**



**Suzanna Chew** Realtor®  
Serving the East Bay Since 2004  
**J. Rockcliff Realtors**  
[schew@rockcliff.com](mailto:schew@rockcliff.com)  
**510-326-4125**

### ATTENTION REAL ESTATE AGENTS & BROKERS

How would you like your face and message to be delivered to households and newsracks in San Leandro, Sheffield Village, Castro Valley, San Lorenzo, Hayward, Oakland and Alameda?

Advertise in the San Leandro Times & Castro Valley Forum

### MONTHLY REAL ESTATE FEATURES

**TOTAL CIRCULATION: 60,500**

**THIS SECTION RUNS ONCE A MONTH**

CALL FOR MORE INFORMATION • 614-1555



## Cal Shakes Cancels Season, But Launches Online Shows

California Shakespeare Theater (Cal Shakes) announced the cancellation of its 2020 season, the theater company announced last week, citing safety concerns and financial hardship due to the COVID-19 pandemic.

But Cal Shakes is launching Cal Shakes Online, a digital platform designed to virtually unite artists and audiences.

Cal Shakes 46th season was set to open on May 30 with Shakespeare's *The Comedy of Errors* and run through October at the Burns Amphitheater in Orinda.

For the well-being of staff, artists, audiences, and the greater Bay Area community and adhere to the public health priority stemming from the COVID-19 pandemic, Cal Shakes has suspended all work on the 2020 season and will focus on weathering the current health crisis and returning for a 2021 season.

"We may have canceled our season, but we haven't canceled our art," says Artistic Director Eric Ting. "Cal Shakes Online is the digital manifestation of our commitment to innovating equitable spaces through creative expression, of bridging our past

and future through live (and living) moments of connection – a space where we can continue our practice of being in each other's company, virtually if not physically."

Cal Shakes Online can be found at [calshakes.org](http://calshakes.org).

## Kiwanis Club to Match Donations for the Food Bank

The Kiwanis Club of San Leandro will match donations up to \$1,000 in donations to support the Alameda County Food Bank to help feed the needy during the

pandemic. Mail a check for any amount (tax deductible, federal tax ID #94-3380261) to: Pat Sangiacomo Group, 477 Callan Ave., San Leandro CA 94577.

## Join Library's Happy Hour Zoom Meetings

Adults 21 and over are welcome to join the San Leandro Public Library's Virtual Happy Hour on Fridays from 5 to 6

p.m. during May. Bring your favorite snack or beverage. Find the library's website on [www.sanleandro.org](http://www.sanleandro.org).

## Curve: 'Recovery is not recorded'

*continued from front page*  
only among this population, but across the county. We are using these data for tailoring specific messaging and interventions to address the multifaceted needs in our most affected communities."

Looking at a heat map of infections per 100,000 residents, Alameda County shows the most infections are in Oakland (535) and Hayward (362). But San Leandro (99), Castro Valley (87), and Eden Area zones (136) show double-digit infection rate increases.

### Social Distancing Has Worked, Says Doctor

"Social distancing hasn't been easy, but it has slowed the increase of new cases, prevented our health systems from becoming overwhelmed, and saved lives," said Dr. Erica Pan, Health Officer for Alameda County. "I am encouraged by the data trends and happy to share the indicators we can follow together as we

begin to phase in low-risk activities. However, this virus is still in our communities. Everyone needs to continue to shelter-in-place and wear a face covering when out."

While reporting infections and spread is important for targeting communities, showing any progress in recovery from COVID-19 is not as clear. There is no guidance for reporting recovery from the Centers for Disease Control and Prevention or the World Health Organization at this time.

Alameda County's COVID-19 portal does show a flattening of the number of all hospitalizations and a significant drop in the number of admissions to the Intensive Care Units not seen since early April.

"Recovery is not systematically recorded by health-care providers or reported to health departments the way that new cases, hospitalizations and deaths are," Balam says.

"Public health departments report cases, hospitalizations, and deaths because these are directly measured and reflect directly measured health impacts and health system impacts of COVID-19."

### County Health Officials 'Guardedly Optimistic'

Still, health officers say they are guardedly optimistic and have released indicators used to measure progress in containing the virus and used in deciding how to ease even more shelter-in-place restrictions. The indicators include testing high-risk categories such as those with underlying conditions, the capacity to investigate all COVID-19 cases and trace all of their contacts and isolating those who test positive and quarantining the people who may have been exposed.

If you would like to see the data firsthand, visit: <http://www.acphd.org/2019-ncov.aspx>.

## LOCAL DEATHS

### Janet Perez

Janet Perez entered peacefully into rest in San Leandro, California on April 5, 2020. Born February 10, 1933 in Oakland, California she was 87 years old.

She retired as a Diabetic counselor after fifteen years. She loved to bake for her family and friends.

She is survived by her husband of 68 years, Fernando Perez, children Adrienne Hofer, Dan Perez (Janet), and Monica Durkin (Brian), grandson Sean Durkin (Veronica) and great-grandson Christian Durkin, and many other loving family members and friends. She will always have a special place our hearts.

Due to COVID-19, a memorial service may be determined at a later date. In lieu of flowers, memorial donations may be made to the American Diabetes Association.



- Zipporah Doeman
- Joyce Knapp Hine
- Janet Perez
- June Elizabeth Stephens

### In Loving Memory of



### Zipporah Doeman

Sunrise: 21, 5, 1928  
Sunset: 25, 4, 2017

### Mother

By Phyllis B. Mitchell

The letter M for mother stands a mom, one of a kind. She toiled with head, with heart and hands, And never seemed to mind.

The O is for open mindedness, For things she understands. We pray the Lord her soul to bless. We never know God's plans.

For trust will be the letter T. In Him she puts her trust. And now with Him, she's gone to be. Accept His will we must.

And H is for that heart of gold, within she carries deep. The grasp of death so icy cold, has now put her to sleep.

The E is for the everlasting love we feel for "Zippy" dear. The love that comes from God above, From us ne'er to tear.

The letter R, last but not least, That letter stands for rest. We pray her soul will rest in peace. We know that God knows best!

### TIMES OBITUARIES

may be submitted online at [ebpublishing.com](http://ebpublishing.com), emailed to [obits@ebpublishing.com](mailto:obits@ebpublishing.com) or faxed to 510-483-4209. Please include your phone number. For help, call 510-614-1555.

### June Elizabeth Stephens

June Elizabeth Stephens of San Leandro, California, passed away at Orinda Care Center, Orinda, California on April 20, 2020. June was born January 16, 1933 to the late William Owen Stephens, Sr. and Julia DeLima Stephens in Honolulu, Hawaii. June was the oldest of eight children and helped raise most of her five brothers and two sisters before her marriage in 1952.

One of June's written memories of her life happened on Dec 7, 1941 when she was 8-yr old. "While mom and dad were preparing for a wedding at the Bellows Field Air Force Base in Waimanalo, my brother, sister and I were playing nearby on the beach. While running excitedly along the rolling waves our attention turned to a sound that was not akin to one a wave makes. We saw a low flying airplane with red circles on its wings so close above us that we could see the pilot, we waved to him. When we turned away from the plane, we saw our dad running towards us. I have never seen my dad so agitated as he called us to come inside quickly. Later I learned that Bellows Air Field was the next planned target after Pearl Harbor."

June was 18 years of age when she married Antone Silva, Jr. in Honolulu, Hawaii. They raised three children, Quincy Allen Silva (deceased) of Honolulu, Hawaii; Stewart Owen Silva of Kailua, Kona, Hawaii; and Elizabeth Antoinette Silva of Medford, Oregon. Survivors include four grandchildren, Donovan, Leilani, Quincy Antone and Yvette, along with two sisters, Alma and Marcel, and two brothers Harvey and Everette.

June had a creative and talented soul and loved expressing herself in painting sceneries, quilting, and sewing. She also enjoyed listening to an eclectic selection of favorite music.

Though no services will be planned at this time due to COVID 19, June will be going home and laid to rest with her parents at Hawaiian Memorial Park Cemetery in Kaneohe, Hawaii.



### Joyce Knapp Hine

Joyce Knapp Hine, 93, of San Leandro, CA, passed away on Friday, April 17, 2020 in San Leandro, California. Born August 13, 1926 in Albany, NY, she was the daughter of Harriette and Roy Knapp. She was a graduate of Russell Sage College in Troy, NY. She moved to California in 1950.

Joyce was predeceased by her husband of 56 years Keith Gade Hine. She is survived by her daughters Laura Hine (Jim Reeves) of Kenmore, WA, and Katy Stover (John) of Modesto, CA; her brother The Rev. Clayton Knapp (Ginny) of Sarasota, FL; her granddaughters Julia, Jacqueline and Jessica Reeves of Kenmore, WA; Hannah Meeuwse of Annapolis, MD and nieces Karen Marocchini of CT and Rachel Thomas of MA.

Funeral services will be held privately at the convenience of the family. Interment will be in Albany Rural Cemetery, Menands, NY. Arrangements have been entrusted to the Hans Funeral Home, Albany.

In lieu of flowers, memorial contributions may be made to the Memorial Fund at the Cathedral of All Saints, 62 S. Swan St, Albany, NY 12210. To leave a message of condolence for the family, please visit [www.HansFuneralHome.com](http://www.HansFuneralHome.com)



### SANTOS-ROBINSON MORTUARY

— Supporting Local Churches and Families for Over 80 Years —

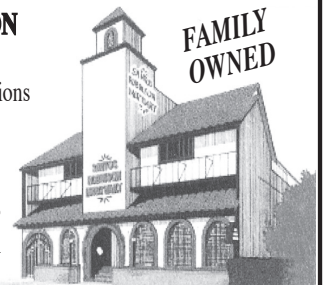
### FUNERAL AND CREMATION PROFESSIONALS

Traditional Services • Cremation Options  
Pre-Arrangements

Serving All Faiths and Cultures

**510-483-0123**

[www.santos-robinson.com](http://www.santos-robinson.com)  
CALIC. FD-81



### SARA L. ENNOR LAWYER

- Wills & Trusts
- Benefits, ERISA
- QDROs

**510-633-9985**

Serving Families In Our Community  
With Compassion and Service Excellence



### San Leandro Funeral Home

407 Estudillo Ave.,  
San Leandro, CA 94577

**510.483.5300**

[www.sanleandro-fh.com](http://www.sanleandro-fh.com)  
(Formerly Guerrero Mortuary)

Serving All Faiths

- Large Chapel
- Reception Room & Kitchenette



FD 442



## Shelter: Essential and low-risk activities allowed

*continued from front page*

that most people stay home unless they are engaged in some essential or low-risk activities, which include:

- Performing tasks or activities essential to personal or family health and safety;
- Obtaining necessary services and supplies, including perishable goods food and medical supplies;
- Performing work providing essential products and services;
- Engaging in outdoor activity, including to take care of pets, go on a walk, or exercise, so long as you do not congregate in a group and maintain at least six feet of distance between you and other people;
- For most people, this means you and those you live with should remain at home. If you are sick, you should self-isolate, including, to the extent you can, from others you live with;
- Cessation of all non-essential travel.

The Order allows a limited number of additional essential businesses and certain lower-risk outdoor businesses to resume operating.

- All construction projects that follow the Construction Project Safety Protocols;
- Childcare, camps and educational / recreation programs that provide care for children of

people who are allowed to work outside of their homes;

- Outdoor businesses such as nurseries, landscaping, and agriculture that normally operated outdoors prior to the shelter in place orders;
- Use of certain outdoor recreational facilities, such as skate parks and athletic fields. Golf courses are permitted under

local orders, but prohibited under state orders.

- As a condition of operating under these revised orders, the operators of all businesses must prepare or update, post, implement, and distribute to their personnel a Social Distancing Protocol for each of their facilities in the County frequented by personnel or members of the public.

## Swalwell to Host Q&A with County Nurse

Congressman Eric Swalwell will hold a Facebook Live Q&A on Thursday, May 7, at 1:30 p.m. with special guest Arelis Sandoval, a public health nurse for the Alameda County Public Health Department.

The public and press can join at: [Facebook.com/CongressmanEricSwalwell](https://www.facebook.com/CongressmanEricSwalwell). You can submit questions in advance on the event Facebook page.

This Facebook Live Q&A is the ninth thus far in the Congress-

man's weekly series of "live" events to help his constituents stay informed on the spread of the coronavirus, and its impact on our day-to-day lives.

"So long as the Centers for Disease Control and Prevention recommends limiting in-person gatherings and following social distancing rules, I will continue to host a robust schedule of 'live' events," Swalwell said. "I want to hear from you, keep answering your questions, and discuss what

really matters to our community. I look forward to speaking this Thursday with Arelis Sandoval, who can provide us with a much needed 'boots on the ground' perspective of how our local officials are responding to this crisis."

Sandoval earned her bachelor of arts degree in psychology from Stanford University and her master of science in nursing from San Francisco State University, and has 14 years of nursing experience.

## Walking Path Planned along San Lorenzo Creek

A path for walking and bicycling is being planned along San Lorenzo Creek from Castro Valley to the bay.

The path passes through Hayward, Cherryland, Ashland, and along the San Lorenzo Creek Channel in San Lorenzo and San Leandro.

The Hayward Area Recreation and Park District (HARD) and the Alameda County Public Works Agency are planning the creation of a multi-use path. This path, or "creekway," would be available for people to walk and bike, as a safe and healthy alternative to driving.

The public is invited to help plan this trail. Share your thoughts on the path in a brief online survey at <https://www.surveymonkey.com/r/P3M9VJQ> that will be open until May 15.

The project is part of a state-wide Caltrans Active Transportation Program (ATP) grant application. In recognition of the limited ability to meet in person, two virtual meetings have been scheduled, including:

- Virtual Coffee Chat: Saturday, May 9, at 10 a.m. – RSVP at <https://bit.ly/2KqnonT>

Please RSVP on the link or contact HARD to participate. HARD and ACFCO plan to host additional public meetings in the future. Completion of the on-going master plan project is anticipated in Summer 2020. A Virtual Site Tour will be on the HARD website soon.

For more information about the project, please contact Project Manager Michael Williams at [wmsm@HaywardRec.org](mailto:wmsm@HaywardRec.org), or visit us at: [www.HaywardRec.org](http://www.HaywardRec.org).

## OPINION

### LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and **must be under 300 words**. We reserve the right to edit as necessary. E-mail letters to: [letters@ebpublishing.com](mailto:letters@ebpublishing.com) or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

#### SLPD Accountability

Editor:

An open letter to the San Leandro Community,

The Human Rights Committee of the San Leandro Teachers' Association is dedicated to building a community in which people of all races, gender identities, religions and abilities are engaged participants of a thriving community. As educators in a beautifully diverse community, we recognize the value of all of our students and their families.

Today, as a result of the fatal shooting of Steven Taylor in San Leandro, the San Leandro Teachers Association's Human Rights Committee states emphatically that Black Lives Matter. Steven Taylor is a former student of San Leandro schools, and a parent of a student in San Leandro Unified School District.

We send our most heartfelt condolences to the family of Mr. Taylor, and reaffirm our commitment to building a community where this kind of senseless act does not happen.

In 2015 the California Teachers Association passed a resolution affirming its solidarity with the Black Lives Matter movement. That resolution recognizes the systemic injustice experienced by Black/African American people when interacting with police officers throughout the country.

As a result of this incident, the San Leandro Police Department must be held accountable for the action of its officers. The SLPD must engage in a deep and sincere process of review, discipline and re-training to ensure that officers do not resort to lethal measures

when those measures are not absolutely required.

SLPD must also look at its practices with regard to recruitment, hiring, training and supervision of officers.

In addition, as educators we are often at the frontline of crisis situations related to the mental health of our students. In those situations, we recognize that our most important role is to assure that no harm comes to the individual in crisis, bystanders and ourselves. We are required to employ de-escalation techniques to maintain the safety of everyone involved.

As a result of the tragic death of a member of our community, Steven Taylor, we demand that the City of San Leandro commit itself to training police officers in crisis prevention and de-escalation.

With the tragic death of Steven Taylor, our community has an opportunity to highlight structural racism in all of our institutions, including schools, city government and the police. SLTA is committed to being a part of this important work.

With our commitment to a more just and peaceful world,

—SLTA Human Rights and Social Justice Committee:  
Joya Brandon, Glenn Brodeur,  
Nancy James, Lydia Oey,  
Thomas Morse, Gene Romano

#### Council Should 'Get Back to Work'

Editor:

To the City Council: Why are you using a phone number in the (669) Area Code for citizens to participate in a teleconference?

Isn't that just another attempt to

restrict the number of participants, considering the cost of spending a couple of hours in a call to the San Jose area?

Or, are you hanging out at some resort in that area? This is most likely the case, considering that nobody is answering the phones, nor returning the messages at City Hall.

Thousand of workers go to work every day, so you can "shelter at home" and keep receiving your paychecks, while many thousands more worry about how to make rent payments or get food on the table, because of your politically motivated "extensions."

You work so hard that you don't even have time to update the recorded message on your own radio station, 1610 AM.

Show some backbone and demon-

strate why you should be leading this city. Get back to work.

—Leo T. West  
San Leandro

#### An Overlooked Essential

Editor:

In the midst and uncertainty of the COVID crisis I had seen too many people who had lost their job and couldn't find day-to-day essential needs.

Something that is too far overlooked as an essential need are menstrual hygiene products. It was clear, however, that many people had stocked up on these items, leaving store shelves empty for weeks for others in need to get products for themselves.

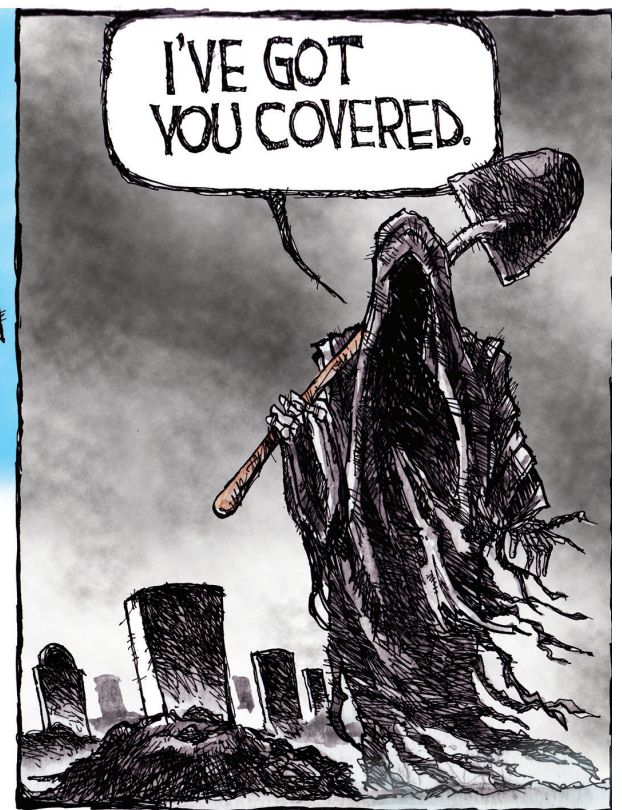
That's where I saw I could help. I have started a non-profit organization

called Period.24. Period.24 aims to end period poverty through community outreach and events. Our mission is to make menstrual hygiene products more accessible to underserved communities, while breaking the negative societal stigmas around menstruation.

A few weeks ago we hosted a virtual drive to send out period kits to help women in need of products throughout the Bay Area. To our wonderful surprise, we ended up helping women all throughout the United States!

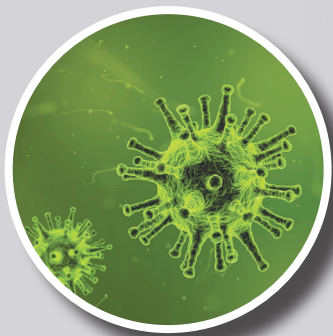
We hope to continue helping women throughout the Bay Area. So if you're in need for menstrual hygiene products, or want to keep up with what we're doing, follow us on instagram @period.twentyfour

—Simran Nath  
Founder of Period.24





## SENIORS



## BY THE NUMBERS

## Influenza

647,000 hospitalized  
61,200 deaths

## Pneumonia

250,000 hospitalized  
50,000 deaths



## Do Pneumonia Vaccines Protect Seniors from the Coronavirus?

By Jim Miller  
Special to the Times

Because coronavirus attacks the lungs and respiratory system, many readers have asked whether the pneumonia vaccines, which are administered to millions of patients each year, might protect someone if they contract the coronavirus.

Unfortunately, the answer is no. Vaccines against pneumonia, such as pneumococcal vaccine and Haemophilus influenza type B vaccine, do not provide protection against the new coronavirus COVID-19.

This virus is so new and different that it needs its own vaccine. Although researchers are in the process of rapidly developing a vaccine, it is expected to take at least a year before it's ready.

Having said that, you should also know that there are several other important vaccines the Centers for Disease Control and Prevention (CDC) recommends that all seniors should get up to date on after the coronavirus pandemic dies down.

Here's a rundown of what they are, when you should get them, and how they're covered by Medicare.

● **Flu vaccine:** While annual flu shots are recommended each fall to everyone, they are very important for older adults to get because seniors have a much greater risk of developing dangerous flu

complications.

According to the CDC, last year up to 647,000 people were hospitalized and 61,200 died because of the flu – most of whom were age 65 and older.

To improve your chances of escaping the seasonal flu, this September or October consider a vaccine specifically designed for people 65 and older.

The Fluzone High Dose or FLUAD are the two options that provide extra protection beyond what a standard flu shot offers. And all flu shots are covered under Medicare Part B.

● **Pneumococcal vaccine:** As previously stated, this vaccine protects against pneumonia, which hospitalizes around 250,000 Americans and kills about 50,000 each year.

It's recommended that all seniors, 65 or older, get two separate vaccines – PCV13 (Pneumovax 13) and PPSV23 (Pneumovax 23). Both vaccines, which are administered one year apart, protect against different strains of the bacteria to provide maximum protection. Medicare Part B covers both shots if they are taken at least a year apart.

● **Shingles vaccine:** Caused by the same virus that causes chicken pox, shingles is a painful, blistering skin rash that affects more than 1 million Americans every year.

All people over age 50 should get the new Shingrix vaccine, which is given in two doses, two to six months apart. Even if you've already

had shingles, you should still get this vaccination because reoccurring cases are possible.

The CDC also recommends that anyone previously vaccinated with Zostavax be revaccinated with Shingrix because it's significantly more effective.

All Medicare Part D prescription drug plans cover shingles vaccinations, but coverage amounts, and reimbursement rules vary depending on where the shot is given. Check your plan.

● **Tdap vaccine:** A one-time dose of the Tdap vaccine, which covers tetanus, diphtheria and pertussis (whooping cough) is recommended to all adults.

If you've already had a Tdap shot, you should get a tetanus-diphtheria (Td) booster shot every 10 years. All Medicare Part D prescription drug plans cover these vaccinations.

● **Other Vaccinations:** Depending on your health conditions, preferences, age and future travel schedule, the CDC offers a "What Vaccines Do You Need?" quiz at [www2.cdc.gov/nip/adultimmsched](http://www2.cdc.gov/nip/adultimmsched) to help you determine what additional vaccines may be appropriate for you. You should also talk to your doctor during your next visit about which vaccinations you should get.

To locate a site that offers any of these vaccines, visit [VaccineFinder.org](http://VaccineFinder.org) and type in your location.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070.

## Landmark Villa

## Senior Residential &amp; Assisted Living



- 24 Hour Care • Socializing
- Activities • Chef Prepared Meals
- Housekeeping • Laundry
- Quality of Life • Independence
- Legacy

## Private and Shared Apartments Available!

Call today for a Free  
Lunch & Tour  
510-276-2872

License#015601501



Yes, we are  
Pet Friendly!

21000 Mission Blvd., Hayward CA 94541

## WINKLER LAW

Living Trusts &  
Trust Administration  
Probate • Wills  
Real Estate • Litigation

— Give Us a Call —  
Most Initial Consultations  
Are Free

(510) 357-3403

1883 East 14th Street  
San Leandro



## NEW! Free Family Caregiver Classes now Offered by Video Conference

Since Hope Hospice has had to temporarily suspend our Family Caregiver Education Series and Living With Dementia group classes in light of the region's COVID-19 response, we transitioned the courses to video conference via Zoom technology. Classes remain complimentary to the public in our Tri-Valley and adjacent East Bay service area. Additionally, families who care for a loved one living with dementia and have questions about specific challenges they are facing can request a free private consultation via Zoom.

(925) 829-8770 • [HopeHospice.com/family](http://HopeHospice.com/family)

## LIVE LIFE TO THE FULLEST!

A Reverse Mortgage could provide you with the Financial Freedom you deserve!



TO REQUEST A FREE QUOTE  
510-583-8123

LORI REISFELT NMLS ID 291773  
LICENSED LOAN ORIGINATOR

"I pledge to provide straight forward information and excellent service."

If you are 62 or older, a reverse mortgage may be used to provide greater financial flexibility, if you qualify, for things such as:

- Turn Home Equity into Cash
- Pay off existing Mortgage(s) and possibly Other Debt
- No Monthly Mortgage Payments

Serving the  
Bay Area!

Borrower to remain current on their property taxes and homeowners insurance and HOA fees, occupy home as primary residence and maintain property.

HighTechLending

Licensed by the Department of Business Oversight under the California Residential Mortgage Lending Act. #4130937 NMLS#7147. Equal Housing Lender. NMLS Consumer Access: [www.nmlsconsumeraccess.org](http://www.nmlsconsumeraccess.org). This Material is not from HUD for FHA, and was not approved by HUD, FHA or any other government agency.