



Stewpot Food Pantry Needs Updated Jan. 2023

- Green beans
- Red kidney beans
- Pinto beans
- Sweet peas
- Pork n beans
- Black beans
- Vegetarian beans
- Lima beans
- Black eyed peas
- Canned corn
- Oatmeal
- Bread
- Crackers
- Rice
- Dry beans
- Cornmeal
- Canned meats
- Canned greens
- Canned spinach
- Mixed vegetables
- Tomato paste
- Macaroni and cheese
- Beets
- Instant potatoes
- Tomato sauces
- Pasta
- Soups
- Broths
- Ramen noodles
- Peanut butter
- Jelly
- Cereal
- Grits
- Canned sweet potatoes
- Canned white potatoes
- Canned carrots
- Chili
- Ravioli
- Flour
- Canned fruit
- Chunky chicken breast
- Fruit & nut mix
- Pistachios
- Dried cherries