

Welcome to our 2023 Summer Session!

Summer is a fun time at LBP and we are expecting everyone to have a blast!

We have lots of cool things planned and we can't wait to get started.

Summer Themes and Bible Lessons

June 12 th - 16 th	Summer Fun & Ice Cream	Noah's Ark
June 19 th - 23 rd	Game Week	Joseph
June 26 th - 30 th	Art & Music	Baby Moses
July 3 rd - 7 th	Camping	David and Goliath
July 10 th - 14 th	Nature/Habitats/Gardening	The Fiery Furnace
July 17 th - 21 st	Beach & Oceans	Jonah
July 24 th - 28 th	Fun with Food	Daniel and the Lion's Den

Important Dates

June 14 th and 15 th	Water Balloons/Sprinklers/Ice Cream (wear clothes to get wet and send a towel!)
June 20 th and 21 st	Bike Day (must have helmet and bicycle to participate; pick up bikes on 21 st)
July 4 th	CLOSED for Independence Day
July 6 th	LBP Cookout! (hot dogs, chips, and drinks, but please send two snacks/water cup.)
July 18 th	Water Day (wear clothes to get wet and send a towel!)
July 24 th - 28 th	Food Week (more info to come)

General Info

- Drop-off and pick-up will continue to take place under our covered portico.
- Green folders will not be used. A daily sheet of activities and care routines will go home daily.
- Summer tuition is due IN FULL by **Monday, June 12th**.
- Mrs. Jamie will have tumbling on **July 5th, 6th, 12th, and 13th**. More information will be sent home as we approach those dates.
- **Always, always, ALWAYS pack a set of extra clothes in your child's bag.**

Major Dates - August through December

July 31 st - August 4 th	Closed for in-service
August 7 th	First day of fall semester
September 4 th	Closed for Labor Day
October 2 nd - 6 th	Closed for Fall Break
November 20 th - 24 th	Closed for Thanksgiving Break
December 20 th	Closed to begin Christmas Break

Find the Beauty of Summer

We will soon be in the deep heart of summer. The days will be long and hot. The sun will wash everything in glowing light. Gardens of vegetables and flowers will grow high and colorful. The pavement will be blisteringly hot, and it'll feel good to wear sandals and wiggle our toes.

A few years ago I was walking to church and noticed on my last few steps along the sidewalk before turning to go to the front doors that a tomato plant had somehow started to grow in the crack of the pavement. It was sprawling along the edge with several small, green tomatoes. I couldn't believe that this plant had been able to take root, grow, and thrive in the midst of the hot, steamy sidewalk and was even producing fruit. I watched over it the next few weeks as more fruit grew from its branches and ripened into lovely red tomatoes. I showed my daughters and we picked ripe tomatoes to share with congregants at church. When we would explain where the tomato was growing, everyone was always amazed and would head out to take a look.

There is beauty in the world right around us, and sometimes we don't even realize it. Walking down the street there are signs of God's creation growing at our feet. Whether we are in the city or the country, the suburbs or the farm, God's creation envelopes us every day. The heart of summer is a wonderful time to experience the Creator. We feel the summer sun, the heat, and remember how God created "the greater light to rule the day and the lesser light to rule the night." We see and smell the deep green vegetation around us and know that God has provided all we need. We hear the twitter of birds and feel ourselves surrounded by all creatures great and small. We feel the cool water of the pool, the lake, the hose, or the stream and know that God has washed us in living waters.

Dear God, we praise you for creating the world. We thank you that we are part of that creation. We see, hear, smell, touch, and taste the wonders of nature. Thank you for giving us the beauty that surrounds us today and always. Amen.

Adapted from: blog.wearesparkhouse.org/a-summer-devotion

Healthy Recipe of the Month - Peach Pie Smoothie

Ingredients:

1/2 cup nonfat or 1 percent lowfat milk

1/2 cup nonfat plain yogurt

1 cup frozen unsweetened peaches

1 tablespoon honey, plus more to taste

1/4 teaspoon vanilla extract

1/8 teaspoon ground cinnamon

Pinch ground nutmeg

Pinch ground ginger

Directions: Place all ingredients in your high-powered blender or food processor. Process until you get a smooth and creamy mixture and there are no more peach chunks. Do not over process or it will begin to melt. Serve immediately. Enjoy!

www.foodnetwork.com/recipes/ellie-krieger/peach-pie-smoothie-recipe0-1953439

Healthy Tips - Treating a Sunburn

- Have your child take a cool (not cold) bath, or gently apply cool, wet compresses to the skin to help ease pain and heat.
- Apply a moisturizing cream with aloe vera or aloe vera gel (available in most drugstores) to any sunburned areas.
- Give your child a pain medicine like ibuprofen or acetaminophen to ease the pain and itching. (**Do not give aspirin** to children or teens.) Over-the-counter diphenhydramine also may help ease itching and swelling.
- For painful sunburned areas in kids over 2 years old, apply a thin layer of 1% hydrocortisone cream to help with pain. (Do **not** use petroleum-based products, because they prevent excess heat and sweat from escaping. Also, avoid first-aid products that contain benzocaine, which may cause skin irritation or allergy.)
- Make sure your child drinks plenty of liquids.
- To prevent a sunburn in the future, always use sunscreen with SPF 30 or higher, avoid the sun from 10 am - 4 pm, and cover up your child's skin, including their eyes with sunglasses.

Adapted from: www.kidshealth.org/en/parents/sun-safety.html?ref=search