

MAY 2024 SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Shepherd's Center Hours: Monday – Friday 9am until 2 pm For Immediate Assistance Or Emergency PLEASE CALL Amy Vernon Executive Director 864-978-2315 Lynn Cogdill Admin Assistant 864-415-5027</p>		<p>1 9:30-10:30 Aerobics, Social Hall 10:45-11:45 Ukulele, Rm 2201</p>	<p>2 9:30-11:00 Tai Chi, Social Hall 1:00-2:00 – Come walk with us event! YMCA Spartanburg Parking lot</p>	<p>3 <u>LINE DANCE IN SOCIAL HALL</u> 9:30-12:30 Young at Art, Arthur Ctr. 9:30-10:15 Line Dance I 10:15-11:00 Line Dance II 11:00-11:45 Line Dance III 11:30-12:30 Coloring for Adults - RM 2210</p>
<p>6 9:30-10:30 Aerobics, Social Hall 10:30-11:30 Center Singers, Rm 2207 11:30-12:30 Needle'n Around - RM 2210</p>	<p>7 <u>LINE DANCE IN SOCIAL HALL</u> 9:30-10:15 Line Dance I 10:15-11:00 Line Dance II 11:00-11:45 Line Dance III 1:00-2:00 Yoga, Activity Room F111 12:00-1:00 Just Call Bill, Technology for Healthcare Room 2200 - canceled</p>	<p>8 9:30-10:30 Aerobics, Social Hall 10:45-11:45 Ukulele, Rm 2201 12:00 BOARD MTG Rm 2208</p>	<p>9 9:30-11:00 Tai Chi, Social Hall</p>	<p>10 <u>LINE DANCE IN SOCIAL HALL</u> 9:30-12:30 Young at Art, Arthur Ctr. 9:30-10:15 Line Dance I 10:15-11:00 Line Dance II 11:00-11:45 Line Dance III 11:30-12:30 Coloring for Adults - RM 2210</p>
<p>13 9:30-10:30 Aerobics, Social Hall 10:30-11:30 Center Singers, Rm 2207 11:30-12:30 Needle'n Around - RM 2210 11:45-12:45 Book Club, "A HigherCall by Adam Makos - Library</p>	<p>14 <u>LINE DANCE IN SOCIAL HALL</u> 9:30-10:15 Line Dance I 10:15-11:00 Line Dance II 11:00-11:45 Line Dance III</p>	<p>15 9:30-10:30 Aerobics, Social Hall 10:45-11:45 Ukulele, Rm 2201 - Canceled 1:00-2:00 Just Call Bill, Tech Talk Room 2200</p>	<p>16 9:30-11:00 Tai Chi, Social Hall</p>	<p>17 <u>LINE DANCE IN SOCIAL HALL</u> 9:30-12:30 Young at Art, Arthur Ctr. 9:30-10:15 Line Dance I 10:15-11:00 Line Dance II 11:00-11:45 Line Dance III 11:30-12:30 Coloring for Adults - RM 2210</p>
<p>20 9:30-10:30 Aerobics, Social Hall 10:30-11:30 Center Singers, Rm 2207 11:30-12:30 Needle'n Around - RM 2210</p>	<p>21 <u>LINE DANCE IN SOCIAL HALL</u> 9:30-10:15 Line Dance I 10:15-11:00 Line Dance II 11:00-11:45 Line Dance III 12:00-1:00 – Farmer's Market – Devoted Health, Rm 2200 1:00-2:00 Yoga, Activity Room F111</p>	<p>22 9:30-10:30 Aerobics, Social Hall 10:45-11:45 Ukulele, Rm 2201 - Canceled</p>	<p>23 9:30-11:00 Tai Chi, Social Hall 11:00-12:00 - Stop the Bleed, Rm 2200</p>	<p>24 <u>LINE DANCE IN SOCIAL HALL</u> 9:30-12:30 Young at Art, Arthur Ctr. 9:30-10:15 Line Dance I 10:15-11:00 Line Dance II 11:00-11:45 Line Dance III 11:30-12:30 Coloring for Adults - RM 2210</p>
<p>27 Memorial Day Holiday Office closed</p>	<p>28 <u>LINE DANCE IN SOCIAL HALL</u> 9:30-10:15 Line Dance I 10:15-11:00 Line Dance II 11:00-11:45 Line Dance III</p>	<p>29 :30-10:30 Aerobics, Social Hall 10:45-11:45 Ukulele, Rm 2201 - Canceled 11:00-12:00 Paint & Sip – Rm 2210</p>	<p>30 9:30-11:00 Tai Chi, Social Hall</p>	<p>31 Summer Social 11:30-1:00</p>