WEEKLY MENU

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts
Morning Snack	Fresh fruit, Raisins and Rich Tea biscuit	Breadsticks, Raisins, sliced Apple or Carrot batons	Mini Cheddars sliced Pear, Raisins and Grapes	Crackers and Cheese with sliced Apples Oranges, Pears	Rice Cakes, fresh Grapes, Raisins and Cucumber Fingers
Morning Drinks	Water/Juice	Water/Juice	Water/Juice	Water/Juice	Water/Juice
Lunch: Main	Beef casserole with boiled potatoes and vegetables	Creamy Tomato & Herb pasta bake with vegetables	Roast chicken, roast potatoes, Yorkshire pudding, gravy and vegetables	Sausage, fluffy mash and baked beans	Fish fingers, chips and spaghetti
Lunch: Vegetarian	Quorn beef casserole with boiled potatoes and fresh vegetables	Creamy Tomato & Herb pasta bake with vegetables	Quorn roast chicken, roast potatoes, Yorkshire pudding, gravy and fresh vegetables	Linda McCartney sausage, fluffy mash and baked beans	Fish fingers, chips and spaghetti
Lunch: Dairy Free option	Beef casserole with boiled potatoes & vegetables	Dairy free tomato and herb pasta bake with vegetables	Same as main dinner "no Yorkshire puddings"	Sausage, Potatoes and Baked Beans	Fish Fingers, Chips and spaghetti
Dairy Free Dessert	Banana	Fresh Fruit	Fresh Fruit Cocktail	Dairy Free Yoghurts	Jelly
Lunch: Dessert	Banana	Chocolate brownie and Custard	Fresh fruit cocktail	Strawberry angel delight	Strawberry, lime, orange and blackcurrant Jelly
Lunchtime Drinks	Water/Juice	Water/Juice	Water/Juice	Water/Juice	Water/Juice
Afternoon Tea	Rice Cakes, Cheese Triangles, fresh Fruit	Selection of Sandwiches – Ham, Chicken, Cheese, Jam & Fruit	Muffins and butter with fresh Orange slices	Crackers with soft Cream Cheese. Carrot batons, sliced Pear	Sandwiches and Melba Toast, fresh Carrot sticks.
Afternoon Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

**Fresh Salad, Yoghurts, Cheese and Biscuits and Drinks will be available on a daily basis*
**All dinners have Diary Free alternatives and individual dietary needs will be catered for*
**Babies may have an alternative meal plans in place (see daily record)*

We will endeavour to provide this menu although it could be subject to change

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WEEKLY MENU

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts
Morning Snack	Cheese Straws, Raisins, fresh Grapes or Apple slices	Cracker Bread with fresh sliced Pear and Raisins	Breadsticks with fresh Cucumber fingers and Orange slices	Mini Cheddars with Cheese Cubes, Raisins and fresh Cherry Tomatoes	Pitta Bread with Houmous, fresh Pepper and Carrot sticks with Raisins
Morning Drinks	Water/Juice	Water/Juice	Water/Juice	Water/Juice	Water/Juice
Lunch: Main	Chicken korma with white rice and fresh vegetables	Meatballs with spaghetti pasta in homemade tomato sauce	Four cheese pizza, oven baked potato wedges and spaghetti	Chicken nuggets, chips and beans	Fish cake, roasted potatoes and beans
Lunch: Vegetarian	Quorn chicken korma with white rice and fresh vegetables	Four cheese pizza, oven baked potato wedges and spaghetti	Quorn meatballs with spaghetti pasta in homemade tomato sauce	Quorn chicken nuggets, chips and beans	Fish cake, roasted potatoes and beans
Lunch: Dairy Free option	Dairy free Chicken Korma White rice & Vegetables	Meatballs with Spaghetti in a Bolognese sauce	Plant Chef Margherita Pizza oven baked potato wedges & spaghetti	Chicken Nuggets, Chips & Beans	Fish Cakes Roast Potatoes & Baked Beans
Dairy Free Dessert	Dairy Free Yoghurt	Banana	Fresh Fruit	Fresh Fruit Cocktail	Dairy Free Cake
Lunch: Dessert	Fromage fraise	Banana	Chocolate log and custard	Fruit cocktail	Angel Slice
Lunchtime Drinks	Water/Juice	Water/Juice	Water/Juice	Water/Juice	Water/Juice
Afternoon Tea	Toasted Bagel, Cream Cheese, Cucumber slices and Raisins	Rice Cakes with Cream Cheese. Crudités and fresh fruit platter	Wholemeal Toast with Butter, Ham, diced Apple and Raisins	Selection of Sandwiches – Ham, Chicken, Cheese, Jam Fruit	Muffins and butter, fresh Orange Slices
Afternoon Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

**Fresh Salad, Yoghurts, Cheese and Biscuits and Drinks will be available on a daily basis*
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Week 3

WEEKLY MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts
Morning Snack	Breadsticks and Crudités with Houmous, fresh Orange segments and Raisins	Rice Cakes with sliced Ham, fresh Apple slices and Raisins	Crackers with Cheddar Cheese Cubes, Cucumber fingers and Raisins	Cheese Straws with sliced fresh Peppers, fresh Pear segments and Raisins	Melba Toast with Dairylea Triangles, fresh Lettuce, Cucumber and Cherry Tomatoes
Morning Drinks	Water/Juice	Water/Juice	Water/Juice	Water/Juice	Water/Juice
Lunch: Main	Spaghetti Bolognese with homemade tomato sauce and fresh vegetables	Sausage casserole, boiled potatoes and fresh vegetables	Creamy Chicken Pasta Bake with a breadcrumb topping	Fish finger, oven baked wedges and spaghetti	Chicken Breast, chips and beans
Lunch: Vegetarian	Quorn spaghetti Bolognese with homemade tomato sauce and fresh vegetables	Linda McCartney sausage casserole, boiled potatoes and fresh vegetables	Vegetarian pasta bake	Fish finger, oven baked wedges and spaghetti	Quorn chicken Breast, chips and beans
Lunch: Dairy free Option	Spaghetti Bolognese with Vegetables	Sausage Casserole with Boiled Potatoes & Vegetables	Dairy Free Chicken Pasta Bake with a Breadcrumb topping	Fish Fingers Potato Wedges and Spaghetti	Chicken Breast Chips and Baked Beans
Dairy Free Dessert	Banana	Dairy Free Yoghurts	Jelly	Fresh Fruit Cocktail	Fresh Fruit
Lunch: Dessert	Banana	Fromage fraise	Strawberry, lime, orange and blackcurrant Jelly	Strawberry Angel Delight	Jam and cream filled Swiss roll and Custard
Lunchtime Drinks	Water/Juice	Water/Juice	Water/Juice	Water/Juice	Water/Juice
Afternoon Tea	Wholemeal Toast with a variety of toppings and fruit	Pitta Bread and Diarylea Triangles. Cucumber, Tomatoes and Apple slices	Hot Dogs in finger buns, fresh salad with fresh fruit segments	Selection of Wholemeal Sandwiches – Cheese, Chicken, Ham, Jam and fruit	Crumpets with butter and cheese with fresh fruit
Afternoon Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

**Fresh Salad, Yoghurts, Cheese and Biscuits and Drinks will be available on a daily basis*
**All dinners have Diary Free alternatives and individual dietary needs will be catered for*
**Babies may have an alternative meal plans in place (see daily record)*

We will endeavour to provide this menu although it could be subject to change

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WEEKLY MENU

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts	A selection of cereals, toast with various spreads, fresh fruit and yoghurts
Morning Snack	Crackers with butter, Cucumber fingers, Raisins and sliced Apple	Mini Cheddars with Cheddar Cheese cubes, fresh Cherry Tomatoes and Raisin	Cheese Straws, fresh Grapes or sliced Apple and Raisins	Rice Cake, fresh slices of Apples and Oranges or Carrot batons	Bread Sticks, fresh Cucumber slices, Cherry Tomatoes or sliced Pear
Morning Drinks	Water/Juice	Water/Juice	Water/Juice	Water/Juice	Water/Juice
Lunch: Main	Sweet n sour chicken, white fluffy and fresh vegetables	Fish cake, crispy potatoes and spaghetti	Toad in the hole with mash and Onion gravy	Creamy Tomato & Herb pasta bake and fresh vegetables	Four cheese pizza, oven baked potato wedges and beans
Lunch: Vegetarian	Quorn Sweet n sour chicken, white fluffy rice and fresh vegetables	Fish cake, crispy potatoes and spaghetti	Toad in the hole with Linda McCartney sausage, mash and Onion gravy	Creamy Tomato & Herb pasta bake and fresh vegetables	Four cheese pizza, oven baked potato wedges and beans
Lunch: Dairy Free Option	Sweet and Sour Chicken White Rice & Vegetables	Fish Cakes Crispy Potatoes & Spaghetti	Sausage Potatoes, Vegetables and Gravy	Dairy Free Tomato and Herb Pasta Bake with Vegetables	Plant Chef Margherita Pizza Oven Baked Potato Wedges & Spaghetti
Dairy Free Dessert	Banana	Dairy Free Yoghurt	Jelly	Fruit Cocktail	Fresh Fruit
Lunch: Dessert	Banana	Strawberry angel delight	Fromage fraise	Fresh fruit cocktail	Chocolate log with cream filling and custard
Lunchtime Drinks	Water/Juice	Water/Juice	Water/Juice	Water/Juice	Water/Juice
Afternoon Tea	Crumpets with butter and sliced fresh fruit	Melba Toast Cream Cheese or Hummus with fresh Carrot Stick and sliced Peppers	Selection of Sandwiches – Ham, Chicken, Cheese, Jam and Fruit	Wholemeal Toast with a variety of toppings and fresh sliced Pear	Crackers with Cream Cheese, Cucumber Fingers and Fruit
Afternoon Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

**Fresh Salad, Yoghurts, Cheese and Biscuits and Drinks will be available on a daily basis alternatives and individual dietary needs will be catered for meal plans in place (see daily record)*

**All dinners have Diary Free*
**Babies may have an alternative*

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WEEKLY MENU PLAN

Menu 1	Menu 2	Menu 3	Menu 4
6.01.2020	13.01.2020	20.01.2020	27.01.2020
03.02.2020	10.02.2020	17.02.2020	24.02.2020
02.03.2020	09.03.2020	16.03.2020	23.03.2020
30..03.2020	BH-14.04.2020	20.04.2020	27.04.2020