

COUSINS®



FRESH MARKET



Fresh Chicken Drumsticks

5 \$4.99
LB.



Fresh Beef T-Bone Steak

\$6.99
LB.



FRESH LEAN Ground Beef

3 \$12
LB.



Fresh Pork Ribs

\$3.99
LB.



Niagara or Essential Everyday Spring Water 24 Pack 16.9 Oz. or 8 Oz.

3 \$10
FOR



FRESH Chicken Kabobs

\$5.99
LB.



FRESH Beef Kabobs

\$6.99
LB.



Bar S Hot Dogs 12 Oz. Chicken or Turkey

2 \$4
FOR



Fresh Sliced White American Cheese

\$4.99
LB.

FREE DELIVERY



Kellogg's Cereals Family Size Boxes

2 \$10
FOR



Essential Everyday Salad Dressings 16 OZ. SEL. VAR.

2 \$6
FOR



Hawaiian Punch Gallon SELECT VARIETIES

3 \$10
FOR



Essential Everyday BBQ Sauce 18 OZ. SELECTED VARIETIES

3 \$5
FOR



IDAHOAN Mashed Potatoes 4 OZ. SEL. VAR.

3 \$5
FOR



Nabisco Chips Ahoy Cookies 7-12.4 OZ. SEL. VAR.

\$3.99



Tropicana, or Swiss Punch Drinks 59 OZ. SEL. VAR.

2 \$4
FOR



San Giorgio Essential Everyday Pasta 12-16 OZ. SEL. VAR.

3 \$5
FOR



Blue Bonnet Or Essential Everyday Margarine 1 Lb. Qrts.

3 \$5
FOR



Best Yet Hamburger Or Hot Dog Rolls 8 PACK SEL. VAR.

3 \$5
FOR



Essential Everyday Ketchup or Hot Sauce 24 OZ. 12 OZ.

3 \$5
FOR



Essential Everyday Vegetables 12-16 OZ. SEL. VAR. BROCCOLI NOT INCLUDED.

3 \$5
FOR



Essential Everyday Tuna 5 OZ. IN WATER OR OIL

4 \$5
FOR



Shopper's Value or Essential Everyday Yellow Mustard 14 OZ.

4 \$5
FOR



Essential Everyday Pasta Sauce 24 OZ. SEL. VAR.

2 \$5
FOR



Post Pebbles Crisps 6 Pack SEL. VAR.

2 \$5
FOR



Everyday Apple Juice 64 OZ. Sel. Var.

2 \$5
FOR



Essential Everyday Charcoal Briquets 15 Lb.

\$9.99



Turkey Hill Gallon Drinks

\$3.99



Turkey Hill Ice Cream 48 oz. sel. var.

\$3.99



Tastykake Cakes FAMILY PACK SEL. VAL.

2 \$7
FOR



Hungry Jack Pancake Mixed 28-32 OZ.

2 \$6
FOR



Hungry Jack Syrup 27.6 OZ.

\$3.99

6411 Woodland Ave.
Philadelphia, PA 19142
215-729-1515

5429 West Girard Ave.
Philadelphia, PA 19131
215-877-8500

5704 Baltimore Ave.
Philadelphia, PA 19143
215-747-8700

Chester 3117 W. 9th St.
Chester, PA 19013
484-483-2500

STORE HOURS:

SUNDAY 8AM - 5PM
MON. THRU SAT. 8AM - 8PM

SALE DATES:

SEPTEMBER 1 - SEPTEMBER 30, 2022



FREE DELIVERY

ON PACKAGES & GROCERY ORDERS
WITH PURCHASE OF \$100.00 OR MORE CALL FOR MORE INFORMATION



We Accept:



DO TO SUPPLY CHAIN ISSUES, PRICES MAY CHANGE © Sale items not for retailers or wholesalers. We reserve the right to limit quantities. Not responsible for typographical errors. Some artwork for display purposes only & may not represent actual product.

COUSINS FRESH MARKET LOWEST PRICES IN TOWN!

GROCERY!



Crystal Light
Powder
Drink Mix
1.4-3.2 OZ., SEL. VAR.

2 \$6
FOR



Essential Everyday
6 Pack
Applesauce
24 OZ., SEL. VAR.

2 \$5
FOR



Quaker
Cap'n Crunch
Cereal
10.3-12.6 OZ., SEL. VAR.

2 \$7
FOR



General Mills
Family Size
Cereals
19.3-20.7 OZ., SEL. VAR.

2 \$10
FOR



Kisko
Barras
50 CT., 5.5 OZ.

12.99



Kisko Kids
Freezies
100 CT., 7 OZ.

\$6.99



Essential Everyday
BBQ Sauce
18 OZ., SEL. VAR.

3 \$5
FOR



Essential Everyday
Oatmeal
11.8-15.1 OZ., SEL. VAR.

2 \$5
FOR



Essential Everyday
Cat Litter
10 LB., SEL. VAR.

\$7.99



Essential Everyday
Canned Pineapple
20 OZ., SEL. VAR.

2 \$4
FOR



Essential Everyday
6 Pack
Butter Popcorn
17.4 OZ.

\$4.99



Chips Ahoy!
Cookies
7-17 OZ., SEL. VAR.

\$3.99



Sunshine
Cheez-It
3.6-7 OZ., SEL. VAR.

2 \$6
FOR



Nature Valley
Granola Bars
6.7-8.94 OZ., SEL. VAR.

\$3.99



Prego
Pasta Sauce
14-24 OZ., SEL. VAR.

2 \$6
FOR



Quaker
Granola Bars
5-8.8 OZ., SEL. VAR.

\$3.99



San Giorgio
Pasta
12-16 OZ., SEL. VAR.

3 \$5
FOR



V8
Vegetable Juice
46 OZ., SEL. VAR.

\$3.99



Ajax
Dish Soap
14 OZ., SEL. VAR.

3 \$5
FOR



Essential Everyday
Sugar
4 LBS.

2 \$6
FOR



Essential Everyday
Pasta Sauce
24 OZ., SEL. VAR.

2 \$5
FOR



Hungry Jack
Pancake Mix
28-32 OZ., SEL. VAR.

2 \$6
FOR



Hungry Jack
Maple Syrup
27.6 OZ., SEL. VAR.

\$3.99



Idahoan
Instant Potatoes
4-4.1 OZ., SEL. VAR.

3 \$5
FOR



Kellogg's
Pop-Tart 8 ct.
13.5 OZ., SEL. VAR.

2 \$6
FOR



Nutri-Grain
Breakfast Bars
10.4 OZ., SEL. VAR.

2 \$7
FOR



Essential Everyday
Apple Juice
64 OZ., SEL. VAR.

2 \$5
FOR



Mott's
Applesauce
46-48 OZ., SEL. VAR.

\$3.99



Belvita or
Ritz Crackers
8.8-13.7 OZ., SEL. VAR.

\$3.99



Sweet Baby Ray's
BBQ or
Dipping Sauces
14-18 OZ., SEL. VAR.

2 \$5
FOR



Stroehmann
King White Bread

2 \$6
FOR



Toufayan
Bagels
SEL. VAR.

2 \$5
FOR



Tastykake
Family Snacks
SEL. VAR.

2 \$7
FOR



Knorr
Side Dishes
SEL. VAR.

3 \$5
FOR

MORE GROCERY!



DEER PARK OR
POLAND SPRING
24 PACK WATER
16.9 OZ.

2 \$10
FOR



NIAGARA
24 PACK WATER
16.9 OZ.

3 \$10
FOR



NIAGARA
24 PACK WATER
16.9 OZ.

3 \$10
FOR



KELLOGG'S
FAMILY SIZE CEREAL
APPLE JACKS, FROOT LOOPS,
CORN POPS, FROSTED FLAKES
19.4-24 OZ., SEL. VAR.

2 \$10
FOR



SPICE SUPREME
SEASONING
NO GARLIC

3 \$5
FOR



24 PACK SODA
12 OZ. CANS, SEL. VAR.

3 \$29.99
FOR



DAY'S
2 LITER SODA
SEL. VAR.

3 \$5
FOR



DAY'S
3 LITER SODA
ASSORTED FLAVORS

2 \$4
FOR



DAY'S
12 PACK SODA
12 OZ. CANS, SEL. VAR.

3 \$15
FOR



HERR'S
Variety Pack
28 CT.

\$15.99



WISE
GRAB SNACK
22 BAGS

\$8.99

PRODUCE!



5 Lb. Bag
Apples

2 \$10
FOR



Fresh
Cabbage

3 \$2.00
LBS.



Jumbo
Yams

5 \$5.00
LBS.



FRESH MANGOS

2 \$4
FOR



5 LB. BAG
ORANGES

\$6.99
EA.



LOOSE
FRESH CARROTS

\$1.99
LB.



FRESH CUCUMBERS

3 \$2
FOR



10 OZ. BAG
FRESH SPINACH

2 \$6
FOR



2 LB. BAG
ONIONS

\$1.99



FRESH
COLLARD GREENS

5 \$5.00
LBS.



FRESH EXPRESS
SALAD MIX
7-9 OZ., SEL. VAR.

2 \$7
FOR

COUSINS FRESH MARKET LOWEST PRICES IN TOWN!

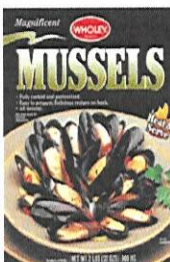
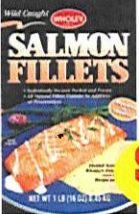
MEAT!

 FRESH Chicken Leg Quarters 10 \$8.99 LBS.	 FRESH Chicken Drumsticks 5 \$4.99 LBS.	 FRESH Turkey or Chicken Chops 3 \$12.00 LBS.	 FRESH Boneless Chicken Breast 2 \$10.00 LBS.	 FRESH Whole Chicken \$2.99 LB.	 FRESH T-Bone Steaks \$6.99 LB.
 FRESH Ground Turkey 3 \$11.99 LBS.	 FRESH Goat Meat \$5.99 LB.	 FRESH Lamb Chops \$6.99 LB.	 FRESH Pork Ribs \$3.99 LB.	 FRESH Center Cut Pork Chops 3 \$9.99 LBS.	 FRESH Pig Feet \$2.49 LB.
 FRESH Lean Ground Beef 3 \$12.00 LBS.	 FRESH BEEF Pepper Steaks \$6.99 LB.	 FRESH Shoulder Steaks \$5.99 LB.	 FRESH Beef Cubes \$5.99 LB.	 Beef Top Round Steak \$5.99 LB.	 FRESH Beef Back Ribs 3 \$12.00 LBS.

DELI!

 FRESH SLICED, American Cheese WHITE \$4.99 LB.	 CAROLINA Turkey Ham \$6.99 LB.	 DIETZ & WATSON Buffalo Chicken \$7.99 LB.	 FRESH SLICED Turkey Pastrami \$6.99 LB.
 FRESH SLICED Roast Beef \$6.99 LB.	 DIETZ & WATSON Beef Bologna \$6.99 LB.	 FRESH SLICED Turkey \$6.99 LB.	 FRESH SLICED Cooper Cheese \$5.99 LB.
 FRESH SLICED Turkey Bacon \$6.99 LB.	 FRESH SLICED Pork Bacon \$5.99 LB.	 FRESH SLICED Beef Bacon \$8.99 LB.	 FRESH Pork Sausage \$6.99 LB.
 PARK'S Beef Scrapple 16 OZ. \$3.99 EA.	 SMITHFIELD Pork Bacon 16 OZ. \$5.99 EA.	 HOLTZ Beef Patties Party Pack 24 CT., 6 LBS. \$23.99 EA.	

SEAFOOD!

 2 LB. BAG Whiting Fillets \$7.99	 2 LB. BAG Whole Mussels \$8.99
 1 LB. BAG Salmon Fillets \$8.99	 31/40 CT. 1 LB. BAG Raw Shrimp \$9.99
 1 LB. BAG Imitation Crab Sticks \$3.99	 1 LB. BAG Seafood Mix \$4.99
 PIZZA, SHRIMP, OR VEGETABLE Rolls 2 \$10	 1 LB. Imitation Crabmeat \$3.99

DAIRY!

 Tropicana Orange Juice 52 OZ., SEL. VAR. 2 \$10	 La Yogurt 6 OZ., SEL. VAR. 10 \$10
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FROZEN!

 Celeste Personal Pizza 5.5-9 OZ., SEL. VAR. 3 \$5	 Turkey Hill Ice Cream 48 OZ., SEL. VAR. \$3.99
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 TROPICANA DRINKS 59 OZ., SEL. VAR. 2 \$4	 TROPICANA DRINKS 59 OZ., SEL. VAR. 2 \$5	 MINUTE MAID JUICES 59 OZ., SEL. VAR. 2 \$5	 MINUTE MAID JUICES 59 OZ., SEL. VAR. 2 \$5	 TURKEY HILL GALLON DRINKS & ICED TEAS 128 OZ., SEL. VAR. \$3.99
 EGGO WAFFLES 25.2-29.5 OZ., SEL. VAR. \$5.99	 BANQUET POT PIES 7 OZ., SEL. VAR. 2 \$4	 FRANK'S RED HOT CHICKEN 15 OZ., SEL. VAR. \$8.99	 FRANK'S RED HOT CHICKEN 15 OZ., SEL. VAR. \$8.99	 FRANK'S RED HOT CHICKEN 15 OZ., SEL. VAR. \$8.99
 COUNTRY OF ORIGIN SPREAD 45 OZ. \$6.99	 ESSENTIAL EVERYDAY BUTTER QUARTERS 16 OZ. \$4.99	 ESSENTIAL EVERYDAY HALF & HALF 8 OZ., REGULAR OR FAT FREE 2 \$5	 ESSENTIAL EVERYDAY ORANGE JUICE 62 OZ., SEL. VAR. 2 \$6	 EGGO THICK & FLUFFY WAFFLES OR FRENCH TOAST STICKS 11.6-14.8 OZ., SEL. VAR. 2 \$7
 FARM RICH APPETIZERS 16-26 OZ., SEL. VAR. \$6.99	 FARM RICH VEGETABLES 16 OZ., SEL. VAR. \$3.99	 TALENT GELATO 16 FL. OZ., SEL. VAR. \$3.99	 TALENT GELATO 16 FL. OZ., SEL. VAR. \$3.99	 TALENT GELATO 16 FL. OZ., SEL. VAR. \$3.99
 COFFEE MATE CREAMER 32 OZ. \$3.99	 ESSENTIAL EVERYDAY ROLLS 8-12.4 OZ., SEL. VAR. 2 \$5	 ESSENTIAL EVERYDAY SHREDDED OR CHUNK CHEESE 6-7 OZ., SEL. VAR. 2 \$6	 ESSENTIAL EVERYDAY SOUR CREAM 16 OZ., SEL. VAR. 2 \$5	 ESSENTIAL EVERYDAY WAFFLES 12.3 OZ., SEL. VAR. 2 \$5
 ESSENTIAL EVERYDAY VEGETABLES 16 OZ., SEL. VAR. 2 \$5	 ESSENTIAL EVERYDAY CHOPPED SPINACH 16 OZ., SEL. VAR. 2 \$5	 ESSENTIAL EVERYDAY CHOPPED SPINACH 16 OZ., SEL. VAR. 2 \$5	 ESSENTIAL EVERYDAY CHOPPED SPINACH 16 OZ., SEL. VAR. 2 \$5	 ESSENTIAL EVERYDAY CHOPPED SPINACH 16 OZ., SEL. VAR. 2 \$5

COUSINS FRESH MARKET MEAT & DELI PACKAGES!

FREE HOME DELIVERY

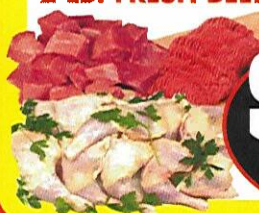
ON PACKAGES & GROCERY ORDERS \$100.00 OR MORE
FOR MORE INFORMATION BY PHONE:

WEST GIRARD AVE. 215-877-8500 • WOODLAND AVE. 215-729-1515 • BALTIMORE AVE. 215-747-8700 • CHESTER 484-483-2500

COUSINS FRESH MARKET

MEAT PLAN #1

5 LB. FRESH CHICKEN LEG QUARTERS
5 LB. FRESH CHICKEN WINGS
2 LB. FRESH BEEF SHORT RIBS
3 LB. FRESH GROUND BEEF
2 LB. FRESH BEEF CUBES

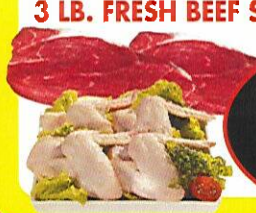


\$79⁹⁹

COUSINS FRESH MARKET

MEAT PLAN #2

5 LB. FRESH CHICKEN LEG QUARTERS
5 LB. FRESH CHICKEN WINGS
3 LB. FRESH TURKEY CHOPS
2 LB. FRESH GROUND BEEF
2 LB. FRESH BEEF CUBES
3 LB. FRESH BEEF SHOULDER STEAK



\$99⁹⁹

COUSINS FRESH MARKET

MEAT PLAN #3

5 LB. FRESH CHICKEN WINGS
5 LB. FRESH CHICKEN DRUMSTICKS
3 LB. FRESH BEEF BUTTER STEAK
2 LB. FRESH BEEF SHORT RIBS
2 LB. FRESH GROUND BEEF
2 LB. FRESH BEEF CUBE
2 PKG. BAR-S HOT DOGS CHICKEN OR TURKEY



\$119⁹⁹

COUSINS FRESH MARKET

MEAT PLAN #4

5 LB. FRESH CHICKEN LEG QUARTERS
5 LB. FRESH CHICKEN DRUMS
5 LB. FRESH CHICKEN WINGS
3 LB. FRESH GROUND BEEF
3 LB. FRESH BEEF CUBES
3 LB. FRESH BEEF SHOULDER STEAKS



\$129⁹⁹

COUSINS FRESH MARKET

MEAT PLAN #5

5 LB. FRESH CHICKEN WINGS
5 LB. FRESH CHICKEN DRUMS
3 LB. FRESH GROUND BEEF
5 LB. FRESH CHICKEN LEG QUARTERS
3 LB. FRESH BEEF BACK RIBS
3 LB. FRESH TURKEY CHOPS
2 LB. FRESH BEEF OXTAILS
3 LB. FRESH SHOULDER STEAKS
2 LB. FRESH BEEF SHORT RIBS
(2) 1 LB. PKG. HOT DOGS CHICKEN OR TURKEY



\$149⁹⁹

COUSINS FRESH MARKET

FAMILY COMBO PLAN #6

10 LB. CHICKEN WINGS
10 LB. CHICKEN LEG QUARTERS
5 LB. CHICKEN DRUMSTICKS
3 LB. T-BONE STEAK
3 LB. BEEF SHORT RIBS
3 LB. GROUND BEEF
1 BAG SHRIMP
1 BAG TILAPIA
4 LB. TURKEY BABY WINGS
4 LB. TURKEY CHOPS



\$199⁹⁹

DELI PLAN #1

COUSINS FRESH MARKET

1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
1/2 LB. SMOKED TURKEY BREAST
1/2 LB. TURKEY HAM
1/2 LB. BEEF BOLOGNA



\$9⁹⁹

DELI PLAN #2

COUSINS FRESH MARKET

1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
1/2 LB. TURKEY PASTRAMI
1/2 LB. ROAST BEEF
1/2 LB. SMOKED TURKEY BREAST



\$10⁹⁹

DELI PLAN #3

COUSINS FRESH MARKET

1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
1/2 LB. TURKEY HAM
1/2 LB. BEEF BOLOGNA
1/2 LB. CORNED BEEF
1/2 LB. TURKEY BREAST



\$13⁹⁹

DELI PLAN #4

COUSINS FRESH MARKET

1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
1/2 LB. ROAST BEEF
1/2 LB. TURKEY HAM
1/2 LB. HONEY TURKEY BREAST
1/2 LB. BEEF BOLOGNA



\$14⁹⁹

DELI PLAN #5

COUSINS FRESH MARKET

DIETZ & WATSON SPECIALS
1/2 LB. BUFFALO CHICKEN BREAST
1/2 LB. PEPPER TURKEY BREAST
1/2 LB. BEEF BOLOGNA
1/2 LB. BBQ CHICKEN BREAST



\$15⁹⁹

DELI PLAN #6

COUSINS FRESH MARKET

1 LB. TURKEY BREAST
1 LB. TURKEY PASTRAMI
1 LB. TURKEY HAM
1 LB. BEEF BOLOGNA



\$18⁹⁹

DELI PLAN #7

COUSINS FRESH MARKET

1 LB. AMERICAN CHEESE WHITE OR YELLOW
1 LB. BUFFALO CHICKEN
1 LB. GOURMET TURKEY
1 LB. TURKEY HAM



\$25⁹⁹

DELI PLAN #8

COUSINS FRESH MARKET

1 LB. CORNED OR ROAST BEEF
1 LB. AMERICAN CHEESE WHITE OR YELLOW
1 LB. PEPPER TURKEY BREAST
1 LB. BUFFALO CHICKEN
1 LB. BEEF BOLOGNA



\$30⁹⁹

COUSINS FRESH MARKET

BREAKFAST PORK PLAN #1

1 LB. PORK BACON
1 LB. PORK SAUSAGE
1 LB. AMERICAN CHEESE WHITE OR YELLOW
1 DOZEN EGGS
1 LOAF BREAD
1 MARGARINE
1 LB. PORK SCRAPPLE

\$25⁹⁹

COUSINS FRESH MARKET

BREAKFAST TURKEY #2

1 LB. TURKEY BACON
1 LB. TURKEY SAUSAGE
1 LB. AMERICAN CHEESE WHITE OR YELLOW
1 DOZEN EGGS
1 LOAF BREAD
1 MARGARINE
1 LB. TURKEY SCRAPPLE

\$24⁹⁹

COUSINS FRESH MARKET

BREAKFAST BEEF PLAN #3

1 LB. BEEF BACON
1 LB. BEEF SAUSAGE
1 LB. AMERICAN CHEESE WHITE OR YELLOW
1 DOZEN EGGS
1 LOAF BREAD
1 MARGARINE
1 LB. BEEF SCRAPPLE

\$34⁹⁹

* SALE ITEMS ARE NOT FOR RETAILERS OR WHOLESALERS * ALL MEAT SALES ARE FOR OVER THE COUNTER SALES ONLY.
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