

Michigan Colon and Rectal Surgery

3106 S Wayne Rd Wayne, MI 48184

3535 W 13 Mile Rd, Suite 236, Royal Oak, MI 48073

19135 Allen Road, Suite 106 Brownstown Twp, MI 48183

Phone 734-722-6300 Fax 734-722-4815

Discharge instructions after Hemorrhoid or Fissure Surgery

High Fiber Diet Citrucel: 2 tablespoons twice daily for 3 months S

Sitz Baths: twice daily For Pain Control (Prescription needed)

Motrin 800mg 1 tablet by mouth 3 times a day for 7 days

Cytotec 200mcg 1 tablet by mouth twice daily for 7 days

****Take Norco only if Motrin does not relieve pain****

Norco 7.5mg 1 tablet my mouth for times a day for 7 days

Take prescriptions to your pharmacy to have filled to have after your surgery.

Packing will fall out, DO NOT REMOVE

Some bleeding with bowel movements is normal.

Call the office if you DO NOT have a bowel movement within 3 days.

You will need to return to the office in 2 weeks, please call the office to schedule a post-operative appointment