

Taking Traditional Prayers to Heart: Memorization of Prayer—One of the ways that we sustain the “memory” of the Church is through the memorization, or “taking to heart,” of traditional prayers. Traditional prayers are like family heirlooms—they have been passed on from generation to generation.

THE SIGN OF THE CROSS

In the Name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

THE LORD’S PRAYER

Our Father, who art in heaven,
hallowed be thy name; thy kingdom come;
thy will be done
on earth as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses
As we forgive those who trespass
against us;
and lead us not into temptation,
But deliver us from evil.
Amen.

HAIL MARY

Hail Mary, full of grace!
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb,
Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

GLORY BE (DOXOLOGY)

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end. Amen.

ACT OF CONTRITION

O my God, I am heartily sorry for all my
sins because they offend You, who are
infinitely good, and I firmly resolve, with
the help of Your grace, never to offend
You again. Amen.

THE PRECEPTS OF THE CHURCH

The Precepts are special laws of the Church. They tell us to:

1. Participate in Mass on Sundays and Holy Days of Obligation.
2. Confess serious sin at least once a year.
3. Receive Holy Communion at least once a year during the Easter season.
4. Observe the days of fast and abstinence.
5. Provide for the needs of the Church.

THE SEVEN SACRAMENTS

1. Baptism
2. Reconciliation
3. Eucharist
4. Confirmation
5. Anointing of the Sick
6. Holy Orders
7. Matrimony

PRAYERS FOR HOLY COMMUNION

2nd Grade

THE TEN COMMANDMENTS

*God gave us the Ten Commandments.
They help us to do good and avoid evil.*

1. I am the Lord your God; you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

THE BEATITUDES

Matthew 5:1-12:

1. Blessed are the Poor in Spirit, for theirs is the kingdom of Heaven.
2. Blessed are those who mourn, for they will be comforted.
3. Blessed are the meek, for they will inherit the earth.
4. Blessed are those who hunger and thirst for righteousness for they will be filled.
5. Blessed are the merciful, for they will be shown mercy.
6. Blessed are the pure in heart, for they will see God.
7. Blessed are the peacemakers, for they will be called sons of God.
8. Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.

HAIL HOLY QUEEN (Optional)

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To you do we cry poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious advocate, your eyes of mercy toward us and after this our exile show unto us the blessed fruit of your womb, Jesus. O clement! O loving! O sweet Virgin Mary! Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

MY GUARDIAN ANGEL

Angel of God,
my guardian dear,
To whom God's love
commits me here,
Ever this day,
be at my side,
To light and guard,
Rule and guide. Amen.

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