

OMI MODEL COURSE 1.13 BASIC FIRST AID

A.- TECHNICAL FOUNDATION

The course allows training according to table A-VI/1-3, section A-VI of the Code of Training, Certification and Watchkeeping for Seafarers that establishes the standards

minimum competency in basic first aid for all seafarers.

B.- TARGET POPULATION

Officers and Crew Members of the Merchant Navy.

Due to safety regulations, it is required for Officers and Crew Members of Special Ships and

Fishing.

HOURLY LOAD: 16 chronological hours

NUMBER OF STUDENTS: 30

C.- INCOME REQUIREMENTS

Accredit the quality of Officer or Crew Member of the Merchant Navy, Special Ships and

of Fishing, or of Aspirant for said qualities.

D.- GENERAL OBJECTIVES

1. The student will be able, in the event of an accident, to diagnose the probable causes, as well as

such as the nature and severity of the injuries.

2. Take immediate measures to avoid a possible threat of loss of life of the injured person.

3. Minimize the risk of aggravating your own damage and that of the victim.

E.- PROGRAM DEVELOPMENT

I.- THEMATIC UNIT: GENERAL PRINCIPLES 01 theoretical hour

SPECIFIC OBJECTIVES

1. Evaluate the needs of the victims and the risks for the evaluator himself.
2. Monitor vital signs and stabilize the victim.

CONTENTS

1. Sequence of measures in case of emergency.
2. Control of vital signs phase 1.
3. Determination of the situation.
4. Determination of one's own risk.
5. Injured Unconscious.
6. Respiratory Arrest.
7. Cardiac Arrest.
8. Hemorrhage.
9. Rescue of the injured
10. Emergency notification