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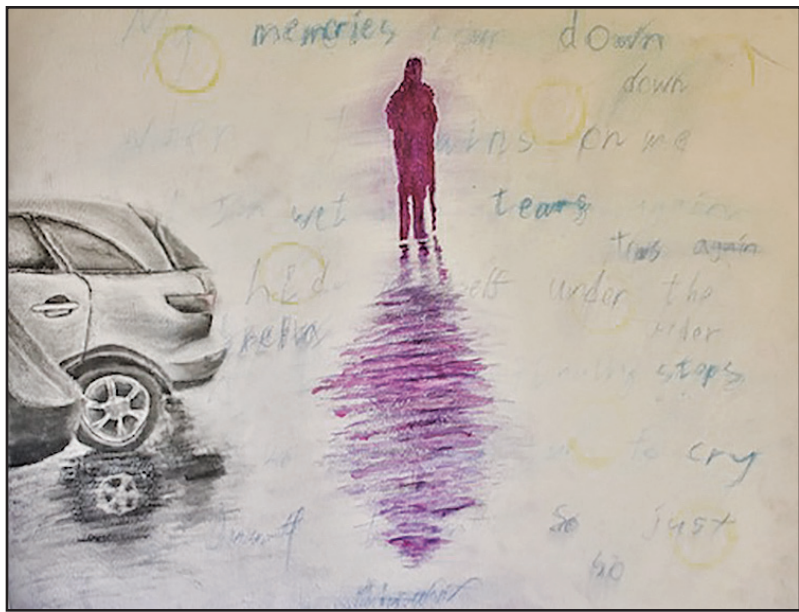
San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 29 • NO. 11

THURSDAY, MARCH 14, 2019

SAN LEANDRO • CALIFORNIA



Art Show and Reception Today at San Leandro High

San Leandro High School art department presents the annual AP & Studio Art Show with an artists' reception today (Thursday) from 4 to 6:30 p.m. at the SLHS Art Education Center gallery, 2250 Bancroft Ave. The reception is open to the public. Some of the student artists featured will be Alejandro Martinez, Marilyn Ramirez, Trinity Lum and Tyrei Diggs.



County to Let Homeless Live In Fairmont Lot

Homeless living in cars will be able to stay in parking lot

By Amy Sylvestri
San Leandro Times

Supervisor Nate Miley unveiled the county's proposal to create a designated parking lot at Fairmont Hospital for people who live in their cars.

Miley shared a plan to allow around 12 to 15 single adults who are already living in their cars to park in a monitored lot on a more remote area of the Fairmont campus beginning later this month at Monday night's meeting of the Castro Valley Municipal Advisory Council (MAC).

"I don't often come to your meetings, but when I do, it's either for something that's important or controversial," said Miley. "This is important and I don't think it's controversial."

A few of the Hillcrest Knolls residents disagreed. They spoke up against the plan, saying that having homeless people living in their cars on county land would lower property values and attract crime to the area.

"If you live near the Fairmont campus, you live next to a very bad neighbor: the county," said speaker Richard Hancox. "It's where they put things that other people wouldn't tolerate." He gave the juvenile hall as an example.

Miley said that there is no one solution to the homelessness problem, but the county must do all it can to try to help.

"We've declared an emergency for homelessness," said Miley. "There are already a number of homeless encampments on the Fairmont campus. The county

see FAIRMONT, page 16

Community Market to Open in Ashland

A new community-based food hall in Ashland, the Ashland Market & Cafe, will host its grand opening on Saturday, March 23, from noon to 4 p.m.

Alameda County Supervisor Nate Miley and other guest speakers will make an address before the ribbon cutting at 2 p.m. The food hall is in the ground floor of an affordable housing project at 16395 East 14th St.

The Ashland Market & Cafe is a food business incubator that gives community-owned businesses a place to grow. And it brings healthy food to the Ashland neighborhood, and it's designed to be a community

see MARKET, page 9

Bio-Diesel Fuel Station Opens

By Jim Knowles
San Leandro Times

There's a new diesel fuel that even your mama wouldn't hate.

The Neste company came to town on Tuesday to show their renewable, bio-diesel fuel at Western States Oil on Teagarden Street. The cleaner-burning oil is now available at the pump for trucks that fill up at Western States.

After a ribbon-cutting ceremony, Mayor Pauline Cutter helped fill up the first truck to get its tank filled with the Neste diesel fuel, which is as clear as water and doesn't even smell like regular diesel. The new fuel cuts greenhouse gas emissions by 50 to 80 percent, compared to fossil fuel diesel.

Converting to the new diesel fuel is no problem, say companies that are using it. The Cemex company says it's using Neste diesel in 15 of its cement mixer trucks.

"It's seamless to transition to," said Richard Battersly, manager of equipment services for the



PHOTO BY JIM KNOWLES

San Leandro Mayor Pauline Cutter fills up the tank of a cement mixer with bio-diesel fuel, along with Jeremy Baines, vice president of Neste US, and City Councilwoman Deborah Cox.

INSIDE YOUR TIMES

AVIATION

Oakland Air Museum to host open house. **Page 2**

NEIGHBORS

Decorative art and books on display at SLZ Library. **Page 4**

FOOD

Try an Irish dish for St. Patrick's Day. **Page 7**

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Auto	6
Inquiring Reporter ...	15
Calendar	4
Classified Ads	12
Crime	3
Crossword	14
Health & Fitness	8
Homes	10
Home Services	12
Letters	15
Lifestyle	7
Obituaries	14

MEETING SCHEDULES

CITY COUNCIL

Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



Documentary on Frances Marion to Screen at Library

A documentary film on the Hollywood scriptwriter Frances Marion will be shown on Saturday, March 23, at 2 p.m. at the San Leandro Main Library, 300 Estudillo Ave. No charge for admission.

Marion was a pioneer woman who fought for equal recognition and obtained it in Hollywood's male-dominated industry.

From 1915 to 1939, she was one of the most powerful talents in the movie industry, writing more than 200 movies as the world's highest paid screenwriter,

man or woman, and becoming the first screenwriter to win two Oscars. Hollywood moguls competed for her stories, and stars like Mary Pickford, Greta Garbo, and Clark Gable brought her characters to life in classics such as *The Champ*, *Poor Little Rich Girl*, *Anna Christie*, and *Camille*.

Now her fascinating life and times come alive in this documentary narrated by Uma Thurman and Kathy Bates. Footage from more than twenty of Marion's movies aligns with commentary by Leonard Maltin.



PHOTO COURTESY OAKLAND AVIATION MUSEUM

Visitors are invited to climb into the cockpit of historic airplanes at the Oakland Aviation Museum's Open Cockpit Day on Sunday, March 17.

Clarification

The story about the San Leandro Boys & Girls Club's fundraising campaign to remodel the club's building on Marina Boulevard left out two pieces of information. (Boys & Girls Club's Renovation Campaign on the Home Stretch, March 7, 2019)

1.) The "Community Campaign" to engage the entire community in the fundraising effort is now happening in March and April.

2.) The San Leandro Boys & Girls Club Foundation is contributing \$500,000 (possibly more) to this project.

Air Museum to Host Open House on Sunday

Hop into the cockpit of a famous fighter plane at the Oakland Aviation Museum's "Open Cockpit Day" on Sunday, March

17, from noon to 4 p.m. at Oakland Airport's North Field, 8252 Earhart Road in Oakland, just off Doolittle Drive.

On Open Cockpit day museum visitors are allowed to sit inside aircraft such as the A-3 Skywarrior, A-7 Corsair, or a Harrier jump jet.

The huge flying boat, the Short Solent Mk 111 that was used in the movie *Raiders of the Lost Ark*, will be open for limited tours at a cost of \$7.

Activities include an F/A-18 flight simulator, live music by the Friends of Ken Band, face paint-

ing, roller derby demonstrations, drone demonstrations, and a ham radio exhibit.

The Oakland Aviation Museum educates the public on the development of aviation at the historic North Field.

The regular hours are 10 a.m. to 4 p.m. Wednesday through Sunday.

Tickets are \$15 for adults, \$12 for seniors, \$10 for students and military, \$8 for 5 to 12 year olds, and free for children 4 and under.

For more information, call 638-7100 or see www.oaklandaviationmuseum.org.

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Join Walk to Fairmont Ridge

Join Bike Walk San Leandro and Cherry City Cyclists for the first scenic walk of the season this Saturday.

Meet at 9:15 a.m. near the front entrance of Starbucks by the Bayfair Shopping Center, 15555 East 14th St. and Fairmont Drive. The walk will cover 6 miles round trip and take about 3 hours. If the

distance is a bit challenging, just walk as far as you can and turn around at any time.

This is a hilly, paved walk with panoramic views from the Fairmont Ridge. Bring water, and snacks.

For more information, see Bike Walk San Leandro on Facebook.

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POLICE & FIRE



PHOTO COURTESY OF ACFD

Firefighters Take on Cops At Annual Charity Game

The annual police and firefighter "Guns and Hoses" charity soccer tournament took place at the Ashland Square soccer park last Saturday. Teams of five all paid \$300 to enter and the money they raised goes to programs for the youth of Ashland.

Deputies Arrest Man Armed With Knife at Oakland Airport

A man armed with a knife approached an Alameda County Sheriff's car parked in the drop-off zone of the Oakland Airport on Sunday morning at around 8:45 a.m., beginning a short confrontation with cops.

Fabian Rocha-Ruiz, 27, approached the car at Terminal 1 and found it empty. The deputies were out patrolling on foot, but were alerted to Ruiz, according to a sheriff's department press release.

When confronted, Ruiz dropped the folding knife he was carrying, but did not comply with verbal commands from the deputies and soon picked the knife back up.

Ruiz approached a female deputy with the knife and she drew her gun. He then turned and walked away from her toward the patrol cars.

Additional deputies arrived on scene and after several tense moments were able to get Ruiz into custody without incident.

Ruiz allegedly later told deputies he had come to the airport to

kill one of them and believed they would likely kill him in return, according to police.

Ruiz has been placed under arrest for brandishing a weapon and criminal threats.

Parks Police Want to Speak with This Man About Arson

The East Bay Regional Park District Police Department is investigating an arson that occurred on March 4 at Anthony Chabot Regional Park.

If you recognize the person pictured at right, contact the parks police at 881-1833 and reference case 19-03012 when calling.



SL Woman Pleads Guilty to Federal Tax Crimes

San Leandro resident Herminigilda Manuel pleaded guilty in federal court last month to charges of willfully failing to account for and pay employment taxes, according to a press release from the Department of Justice.

Manuel, 62, is the former

owner of three assisted living facilities in Bay Area, including Valley Springs Manor in Castro Valley – the facility where caretakers abandoned bedridden patients in 2013.

The care home scandal drew national attention and happened when the facility was ordered closed by the Department of Social Services due to licensing violations.

The day the facility was ordered to shut down, all the employees left except for a janitor and a cook, leaving 14 elderly residents behind.

In pleading guilty to the tax crime, Manuel admitted that from

2010 through 2013, she willfully failed to account for and pay more than \$500,000 of employment taxes (i.e., federal income, Social Security, and Medicare taxes) that were owed by the assisted living facilities. Manuel also admitted that to conceal her fraud, she had her assisted living facilities keep two sets of payroll accounting records.

One set of records consisted of wages paid to employees and taxes withheld from those wages that were reported to the IRS.

The second set of accounting records consisted of additional wages paid to employees that were not reported to the IRS. The

employment taxes due on the additional wages totaled \$512,000.

Manuel was charged with twelve counts of willful failure to account for and pay employment taxes. Under the plea agreement, Manuel pleaded guilty to one count; if Manuel complies with the plea agreement, the remaining counts will be dismissed at sentencing.

Manuel's sentencing hearing is scheduled for June. The maximum statutory penalty for her violation is five years in prison and a fine of \$250,000.

The tax prosecution is the result of an investigation by the Internal Revenue Service.

Correction Of Clean Slate Program Hours

A previous article included incorrect hours of operation for the Alameda County Public Defender's Clean Slate Program.

The correct hours are Wednesdays from 9 a.m. to 11 a.m. at the Public Defender's office at 5149 Gleason Drive in Dublin and Thursdays from 9 a.m. to 11 a.m. at the office at 545 4th Street in Oakland.

The program is designed to help people clear old convictions. No appointments are necessary. For more information, visit www.co.alameda.ca.us/defender.

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NEIGHBORS



Outreach and education committee members Peggy Kramer and Pam Vandaveer are shown here with the display.

Art & Books Displayed at the SLZ Library

Northern California Decorative Artists, a chapter of the National Society of Decorative Painters, has joined the San Lorenzo Library in putting together a display in the library for the month of March titled “*Story Telling...Using Words, Using Brushes*”.

Chapter members brought in some of their hand painted items, and books were paired up with the topic of the items.

COMMUNITY CALENDAR



❖ **Soccer League Registration**
The Southern Alameda County Youth Soccer League will hold registration at the Marina Community Center, 15301 Wicks Blvd. in San Leandro, on Saturday, March 23, from 10 a.m. to 3 p.m.; Wednesday, April 10, from 7 to 9 p.m.; and Saturday, April 27, from 10 a.m. to 3 p.m. Registration fees are \$100 to \$205 depending on age group. \$15 off during March. Cash or check. Birth certificate required. For more information, call 278-SOCR or visit www.sacysl.com.

❖ **I.D.E.S. St. John Pancake Breakfast**
I.D.E.S. St. John, 1670 Orchard Ave. in San Leandro, will have a pancake breakfast and bingo on Saturday, March 16, at 9 a.m. Breakfast tickets are \$10 and include four bingo cards. Extra cards are 25 cents each. There will also be a 50/50 raffle. For tickets, call Darlene at 589-6536, Willie at 635-6326 or Frances at 886-1568.

❖ **SL Kiwanis St. Patrick’s Day Dinner**
The San Leandro Kiwanis Club will hold its 30th Annual St. Patrick’s Day Dinner on Saturday, March 16, at the San Leandro Senior Center, 13909 East 14th St. The social hour and silent auction start at 5:30 p.m., and dinner will be served at 7 p.m. with corned beef and cabbage. Traditional Irish band, live auction. Tickets are \$30. All proceeds benefit the club’s charitable projects. For more information or for tickets, call Terri Neumann at 895-4425.

❖ **Drawing Class Offered in SLZ**
A drawing class is offered for the spring quarter, at San Lorenzo Adult School, 820 Bockman Road in San Lorenzo. The teacher provides instruction and guidance in use of various materials and principles. The class runs from March 11 to June 7 on Tuesdays from 9 a.m. to noon, or from 6 to 9 p.m. All artistic levels and abilities welcome. The fee is \$75 for the whole spring session. Register now or anytime throughout the course. For more information, call 317-4200.

❖ **Insects: The Good, the Bad & the Ugly**
Longtime UC Berkeley entomologist Dr. Vernard Lewis will speak and display his collection of insects on Wednesday, March 13, at 6:30 p.m. in the Castro Valley High School multi-purpose room. Lewis’s lifelong study of bugs has taken him to 40 countries to study and advise on insect infestations. His study began as a kid when he would catch grasshoppers to feed to harvester ants, and trap bees, butterflies and black widows. He will present the latest research on the biology, detection and control of the villainous house guests that occupy the crevasses of our homes.

❖ **SL Girls Softball Opening Day Ceremony**
The San Leandro Girls Softball league’s opening day ceremony will be on Saturday, March 16, at 9 a.m. at the softball fields of San Leandro High School, 2200 Bancroft Ave. The league is entering its fourth year and has teams from beginning recreational softball to traveling teams. The Nitro travel teams have won championships, including one in Nevada last fall.

❖ **St. Patrick’s Day Dinner at Assumption**
Everyone is invited to the Church of the Assumption Annual St. Patrick’s Dinner on

Sunday, March 17, in the school gym, 1100 Fulton Ave. in San Leandro. Doors open at 4:30 p.m. and includes a no-host bar. Dinner will begin at 5:15 p.m. and includes a traditional Irish feast with corned beef, cabbage, potatoes, salad, bread, dessert and coffee. The evening includes entertainment, a 50/50 lucky raffle, kids’ crafts, fun photo booth, dessert contest, and a no-host Irish coffee bar. Tickets will not be sold at the door. Deadline to purchase tickets is Wednesday, March 13. Dinner tickets are \$18 for adults, \$12 for seniors over 60, and \$10 for kids 12 and under. Feel free to bring a dessert to share with others. For more information and to purchase tickets, call the parish office at 352-1537.

❖ **School Dine Out at Pieology Pizzeria**
Join the John Muir Middle School PTSO on Tuesday, March 19, from 2 to 9 p.m. at Pieology Pizzeria, Marina Square, 1269 Marina Blvd. in San Leandro to help raise money for school-wide events. Visit the John Muir Parent Teacher Student Organization on the Facebook page for a digital flyer. Just show it to the cashier when you order and receive 20% off your purchase which will benefit the school. You may also stop by our JMMS office for a hard copy flyer. Everyone is welcome. So remember to invite your friends, family, neighbors and co-workers. Don’t forget to mention you are supporting the JMMS PTSO fundraiser before payment.

❖ **Meeting of East Bay Rose Society**
The East Bay Rose Society will meet on Wednesday, March 20, at 7:30 p.m. at the Lakeside Garden Center, 666 Bellevue Ave. in Oakland. The speaker will be Dave Coop, a master Rosarian, horticultural judge, and President of the Sacramento Rose Society. Dave’s topic will be enjoying your roses and garden through photography. He will cover how to take good photos on a cell phone, photography exhibiting rules, how to evaluate and select the best among your shots, and how to mount photos in mats. Come and enjoy snacks, people who talk roses and enjoy the show. www.eastbayroses.org

❖ **Science Night at Bancroft Middle School**
Everyone is invited to the annual Family Science Night at Bancroft Middle School, 1150 Bancroft Ave., on Thursday, March 21, from 6 to 8 p.m. Science demonstrations and interactive fun will include topics on energy, chemistry, engineering, experimentation, and invention. Come see the Science Magic Show and enjoy liquid nitrogen ice cream. A Taco Truck will be on location. This event is co-sponsored by Xtreme Science Magic, The Lawrence Hall of Science, and The American Chemical Society.

❖ **San Leandro Sports Hall of Fame**
The San Leandro Sports Foundation (SLSF) is hosting an All American Evening on Friday, March 22, from 4:30 to 8 p.m. at the Zero Net Energy Center 14600 Catalina St. in San Leandro. Celebrate the induction of 13 San Leandro sports stars to the SLSF Hall of Fame. The evening includes food and drinks and a short presentation from each of the inductees. The public is welcome. For more information, list of Hall of Fame inductees, and ticket purchases, visit www.slsf.org. Tickets are not available at the door.

Calendar items should be submitted at least one week prior to the desired edition of the Times, which is published Thursdays. Space limitations require we print items of the most general interest. Only Non-Profit Organizations should submit calendar items.

ARTS & ENTERTAINMENT

❖ San Leandro Museum Auditorium

The San Leandro Players will present *You Can’t Take It With You*, one of America’s best loved classic comedies, at the San Leandro Museum/Auditorium, 320 West Estudillo Ave., running until April 14. The show run Saturdays at 8 p.m. and Sundays at 2 p.m., plus two Fridays at

8 p.m. on April 5 and April 12. Tickets are \$20 general, and \$15 for seniors TBA members, under 12 and students. For information or reservations call 895-2573, or order tickets online at www.slplayers.org.

❖ Douglas Morrisson Theatre

OnenessButoh and Rain Ensemble will present *Umi: Ode*

to Minamata and Confluence on Saturday, March 23, from 7:30 to 10 p.m. and Sunday, March 24, from 2 to 4:30 p.m. at the Douglas Morrisson Theatre, 22311 N. Third St. in Hayward. For its 6th Season, OnenessButoh performs the world premiere of *Ode to Minamata*. *Ode to Minamata* is a Butoh dance production performed in collaboration with Rain Ensemble, a Taiko drumming group. Paying homage to the resilient spirit of the Japanese residents of a small seaside fishing village in Minamata, Japan, *Ode to Minamata* shines a spotlight on a catastrophic environmental disaster. Following *Ode to Minamata*, Rain Ensemble premieres *Confluence*, a music concert featuring Taiko (Japanese drums), winds, percussion, gongs and bells. Tickets cost \$25/\$30 at door (cash only). For more information, call 881-6777 or visit the website [\\$25/\\$30 at door \(cash only\)](http://www.brownpapertickets.com/event/4061458).

HOROSCOPE by Salomé

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ARIES (March 21 - April 19): You’ll want to discourage well-meaning but potentially ill-advised interference in what you intend to accomplish. Your work has a better chance to succeed if it reflects you.



TAURUS (April 20 - May 20): The Bovine’s well-deserved reputation for loyalty could be tested if you learn that it might be misplaced. But don’t rely on rumors. Check the stories out before you decided to act.



GEMINI (May 21 - June 20): You’ve been going on adrenaline for a long time, and this unexpected lull in a recent spate of excitement could be just what you need to restore your energy levels. Enjoy it.



CANCER (June 21 - July 22): Friends can be counted on to help you deal with a perplexing personal situation. But remember to keep your circle of advisers limited only to those you’re sure you can trust.



LEO (July 23 - August 22): Security-loving Lions do not appreciate uncertainty in any form. But sometimes changing situations can reveal hidden stresses in time to repair a relationship before it’s too late.



VIRGO (August 23 - Sept. 22): This is a good time for single Virgos to make a love connection. Be careful not to be too judgmental about your new “prospect” -- at least until you know more about her or him.



LIBRA (Sept. 23 - October 22): Your sense of justice helps you resolve a problem that might have been unfairly attributed to the wrong person. Spend the weekend doing some long-neglected chores.



SCORPIO (October 23 - November 21): You might feel justified in your anger toward someone you suspect betrayed your trust. But it could help if you take the time to check if your suspicions have substance.



SAGITTARIUS (Nov. 22 - Dec. 21): Ignore distractions if you hope to accomplish your goal by the deadline you agreed to. Keep the finish line in sight, and you should be able to cross it with time to spare.



CAPRICORN (Dec. 22 - Jan. 19): Your creative self continues to dominate through much of the week. Also, despite a few problems that have cropped up, that recent romantic connection seems to be thriving.



AQUARIUS (Jan. 20 - Feb. 18): As curious as you might be, it’s best to avoid trying to learn a colleague’s secret. That sort of knowledge could drag you into a difficult workplace situation at some point down the line.



PISCES (Feb. 19 - March 20): Instead of spending too much time floundering around wondering if you can meet your deadline, you need to spend more time actually working toward reaching it.

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Bio-Diesel: Cleaner fuel touted at ceremony

continued from front page

City of Oakland. "You have a 71 percent reduction in emissions without an impact on your bottom line, and it's available right here, right now."

The fuel is fungible, said Tim Olson of the California Energy Commission. It can be mixed with regular diesel, or blended with it.

Amtrak officials who came to the ceremony said they've been testing a blend of bio-diesel in their locomotives and it has been working fine.

Olson added that he would

"We're interested in seeing you develop a plant in California, too."

— Tim Olson with the California Energy Commission

like to see Neste develop a plant in California, too.

Cutter said it would be nice if they built a plant in Richmond, but added that there are a lot of environmental laws

that would make that project difficult to do.

Neste is the world's largest producer of renewable diesel refined from waste and residues. Neste's fuel sold here is produced at a plant in Singapore.

The Finnish company has plants in Finland, Rotterdam and Singapore. Its patented refining process makes diesel fuel from vegetable oil, including palm oil, and animal fat.

The fueling station at Western States is the first Neste card-lock fueling station in

California, which is an unmanned fuel station specifically for businesses, used by many trucking companies.

Several speakers at the ribbon cutting pointed out the reduced emissions of bio-diesel, including Lex Mitchell, an air pollution specialist with the California Air Resources Board.

Bio-diesel not only burns cleaner, it reduces the downtime of trucks because there is less particulate matter clogging filters, said Steve Lopes, president of Western States Oil.



PHOTO BY JIM KNOWLES

Mayor Pauline Cutter cuts the ribbon to open the Neste bio-diesel fueling station, along with City Councilwoman Deborah Cox, Neste Vice President Jeremy Baines, and Western Oil President Steve Lopes.



LEGAL NOTICE



FILED
FEBRUARY 08, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555080

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Lynn's Nails located at 925 Manor Blvd., San Leandro, CA 94579, in Alameda County is hereby registered by the following owner(s): Sanh Nguyen, 1621 Arena St., San Leandro, CA 94579. This business is conducted by an individual. This business commenced on April 18, 2000.

/s/Sanh Nguyen

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 08, 2024

**FEB. 21, 28, MAR. 7, 14, 2019
0019-SLT**

FILED
FEBRUARY 14, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555270

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Elegant Nails located at 15676 E 14th Street, San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Camvan Thi Duong, 1515 172nd Ave., Hayward, CA 94541. This business is conducted by an individual. This business commenced on Nov. 2002.

/s/Camvan Thi Duong

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 14, 2024

**FEB. 21, 28, MAR. 7, 14, 2019
0020-SLT**

FILED
FEBRUARY 15, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555357

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Stellar IT Solutions located at 2330 Vestal Street, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Gino Bossetto, 2330 Vestal Street, Castro Valley, CA 94546. This business is conducted by an individual. This business commenced on Dec. 27, 2004.

/s/Gino Bossetto

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 15, 2024

**FEB. 21, 28, MAR. 7, 14, 2019
0021-SLT**

FILED
FEBRUARY 01, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 554783

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Ben's Sign Co. located at 4217 David Street, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Ben M. Gurule, 4217 David Street, Castro Valley, CA 94546. This business is conducted by an individual. This business commenced in 1959.

/s/Ben M. Gurule

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 01, 2024

**FEB. 28, MAR. 7, 14, 21, 2019
0022-SLT**

FILED
FEBRUARY 22, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555608

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Rose Garden Restaurant located at 15754 E. 14th Street, San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Wei Zhong Guo, 1383 Chapel Avenue, San Leandro, CA 94579. This business is conducted by an individual. This business commenced on 06-01-2002.

/s/Wei Zhong Guo

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 22, 2024

**MAR. 7, 14, 21, 28, 2019
0023-SLT**

FILED
FEBRUARY 27, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555765

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Alameda County Appliance located at 2039 Juneau Street, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): 1. Michael J. Herrera and 2. Edelmira Herrera, 2039 Juneau Street, San Leandro, CA 94577. This business is conducted by a married couple. This business commenced in 2000.

/s/Michael J. Herrera, Edelmira Herrera

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 26, 2024

**MAR. 7, 14, 21, 28, 2019
0024-SLT**

PETS OF THE WEEK



Toby

The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are Toby the bunny and Fiona the dog.

Toby is a spunky, 2-year-old bunny with lots of personality. While not fond of being picked up or held, he loves snacking on



Fiona

basil, cilantro, and parsley.

Fiona is a sweet, 9-month-old who loves life. She enjoys walks and playing with other dogs. She needs an active, experienced family. Might be okay with teens.

Call the Hayward Animal Shelter at 293-7200.

'St. Pitties Day' Pet Adoption

Hayward Animal Shelter Volunteers will have a "St. Pitties Day" pet adoption this Saturday from 1 to 5 p.m. at the Hayward Animal Shelter, 16 Barnes Court in Hayward.

Free adoptions to qualified homes on all pitbulls and pets with red or orange coat colors, sponsored by LepreCon/SantaCon Hayward.

For more information, call



293-7200 or visit www.SantaConHayward.com or www.HaywardAnimals.org.

FILED
FEBRUARY 13, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555165

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Star Transit located at 16859 Train Station Court, Lathrop, CA 95330, in San Joaquin County is hereby registered by the following owner(s): Goswami Son's Inc., 16859 Train Station Court, Lathrop, CA 95330. This business is conducted by a corporation. This business commenced on N/A.

/s/Goswami Son's Inc.

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 13, 2024

**MAR. 7, 14, 21, 28, 2019
0027-SLT**

FILED
FEBRUARY 19, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555434

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

BD Consulting Services located at 961 Lee Avenue, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Bettina Sanchez Barreal, 961 Lee Avenue, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on N/A.

/s/Bettina Sanchez Barreal

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 19, 2024

**MAR. 7, 14, 21, 28, 2019
0028-SLT**

FILED
FEBRUARY 21, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555539

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

EDUCARE Educational Childcare located at 1362 Carpentier Street, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Nelida Ricardo, 1362 Carpentier Street, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on N/A.

/s/Nelida Ricardo

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 21, 2024

**MAR. 14, 21, 28, APR. 4, 2019
0029-SLT**

FILED
MARCH 06, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 556067

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

M&R Apartments located at 2424 94th Avenue, Oakland, CA 94603, in Alameda County is hereby registered by the following owner(s): (1) Irma Ramirez and (2) Jose Mata, 1769 140th Avenue, San Leandro, CA 94578. This business is conducted by a married couple. This business commenced in 2000.

/s/Irma Ramirez, Jose Mata

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 06, 2024

**MAR. 14, 21, 28, APR. 4, 2019
0030-SLT**

FILED
FEBRUARY 26, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555751

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Nate's Electrical Services located at 812 Adeline Street, Hayward, CA 94544, in Alameda County is hereby registered by the following owner(s): Nate Munoz, 812 Adeline Street, Hayward, CA 94544. This business is conducted by an individual. This business commenced on 05-20-09.

/s/Nate Munoz

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 26, 2024

**MAR. 7, 14, 21, 28, 2019
0025-SLT**

FILED
FEBRUARY 26, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555755

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

East Bay Frame & Axle located at 1366 Doolittle Drive #3, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): EBF Holdings, LLC, 15768 Washington Avenue, San Lorenzo, CA 94580. This business is conducted by a Limited Liability Company. This business commenced on N/A.

/s/EBF Holdings, LLC

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 26, 2024

**MAR. 7, 14, 21, 28, 2019
0026-SLT**

FILED
FEBRUARY 14, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555305

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Aniki's Sushi located at 3810 Mowry Avenue, Fremont, CA 94538, in Alameda County is hereby registered by the following owner(s): White on White, INC., 3810 Mowry Avenue, Fremont, CA 94538. This business is conducted by a corporation. This business commenced in 01-02-19.

/s/White on White, INC.

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 14, 2024

**MAR. 14, 21, 28, APR. 4, 2019
0033-SLT**

Public Notice Registered Assumed Name

State, California, Alameda County

Please be advised that Comeaux, Julian, living at 1159 Sandelin Ave, San Leandro, CA [94577], is Executor/Beneficiary/Name holder of the business now being carried on at 1159 Sandelin Ave, San Leandro, CA [94577], in the following assumed name, to wit: JULIAN COMEAUX; and the nature of the said business is commerce

File Number: 1073184100023,
Date Filed: March 7, 2019
Status: Active/Good Standing.
MAR. 14, 21, 28, APR. 4, 2019

AUTOMOTIVE

Subaru Crosstrek Goes Hybrid

By Steve Schaefer
San Leandro Times

Subaru has been very successful over the last decade in the U.S., with sales rising every year. They build and sell the kinds of cars that Americans crave. However, they've been a no-show in electric vehicles. Well, that's over now, with the introduction of the brand's first plug-in hybrid, the Crosstrek Hybrid.

The Crosstrek itself is an appealing model and has been doing very well in the increasingly popular compact crossover market. Much like the Outback did with the Legacy wagon in the 1990s, the Crosstrek takes an Impreza wagon and lifts it a bit, applies some cladding, and with Subaru's standard all-wheel drive, provides a credible vehicle for heading offroad to the trailhead. It boasts 8.7 inches of ground clearance.

Subaru's designs have never been gorgeous, but they've become a bit more stylish and less purely practical. The Crosstrek shape looks like a Subaru, and the inside features rugged looking, well finished materials. The Hybrid interior gets some blue door and dash accents and stitching (blue is the "green" color across the industry). The center screen is not the largest in the industry, but the technology behind it is easy to understand and use.

The drivetrain combines a 137-horsepower, 2.0-liter,

flat four-cylinder engine with StarDrive Technology for electric power. StarDrive uses two motor generators: the one up front functions as an engine starter and electricity generator, while the other one provides hybrid and EV driving modes and charges the hybrid battery when you press the brake pedal to initiate regenerative braking.

The Crosstrek Hybrid gets electrified by adding an 8.8-kWh lithium-ion battery. The battery can be charged to provide 17 miles of pure electric motoring at up to 65 miles per hour. That's enough for local fuel-free jaunts, and as the hybrid system switches back and forth, helps limit running the gas engine in some situations. You can recharge the battery on Level 1 household 120-volt current in five hours or on Level 2 240-volt current in three.

The Hybrid model has a couple of disadvantages. With its battery and generators, and using the same engine, at 3,726 pounds it outweighs the non-hybrid Limited model by nearly 400 pounds. And, the battery lives below the cargo area and pushes the floor there up a few inches to keep that desirable ground clearance. That means it offers 15.9 cubic feet of storage with the rear seats up, and 43.1 cubic feet for your tents and backpacks with the seat down. The standard Crosstrek holds 20.8 and 55.3 cubic feet respectively.

However, the big advantage of the Crosstrek, besides a full

second better 0-60 acceleration from its 148 combined horsepower, is its smaller carbon footprint. Official EPA numbers are 90 MPGe (miles per gallon equivalent) versus the automatic-transmission standard Crosstrek at 27 City, 33 Highway, and 29 Combined. I recorded 61.7 MPGe.

While cruising in EV mode, the car is quiet and smooth—an aesthetic advantage enjoyed by cars that spin motors rather than translate piston motion into twist.

While the gas-only Crosstrek comes in base, Premium, and Limited models with ascending levels of equipment, the Hybrid is the top level Crosstrek, with all the electric, high tech, and safety features you'd want. The seats and steering wheel are leather covered, and you get keyless entry, climate control, black 18-inch alloy wheels, and the all-weather package, which includes heated front seats and exterior mirrors, along with windshield wiper de-icers. This one figures—Subaru is a favorite in snow country.

You can add the \$2,500 option package, which includes a power moonroof, heated steering wheel, and the high-tech navigation system, smartphone integration (Apple CarPlay and Android Auto), Bluetooth hands-free phone connectivity and audio streaming, Sirius XM All AccessRadio, and a 432-watt Harmon Kardon premium audio system with eight speakers.

My test vehicle came in a



An option package priced at \$2,500 offers a power moonroof, heated steering wheel and STAR-LINK 8.0-inch Multimedia Navigation with voice activated navigation powered by TomTom.

new color—a beautiful Lagoon Blue Pearl. It was very pleasant for driving to work and around town, and although I didn't take it off the pavement, the all-wheel-drive made me feel more secure during California's drought-cancelling wet winter.

Pricing for the Crosstrek Hybrid starts at \$34,995 plus \$975 for Destination and Delivery. The option package, full of quality-of-life-enhancing features, added \$2,500, for a bottom line of \$38,470 for my tester. Compare those numbers to the non-hybrid models, which start at \$22,870 for the base car and range up to the more fully equipped Limited at \$28,170 (all prices include Destination and Delivery).

I welcome Subaru to the world of electric vehicles, and hope to see more soon, including

a pure electric model. While the Crosstrek Hybrid has reduced cargo capacity and a significantly higher price, it boasts much better fuel economy, part-time EV driving pleasure, and all the

"Subaruness" that's helped the brand thrive.

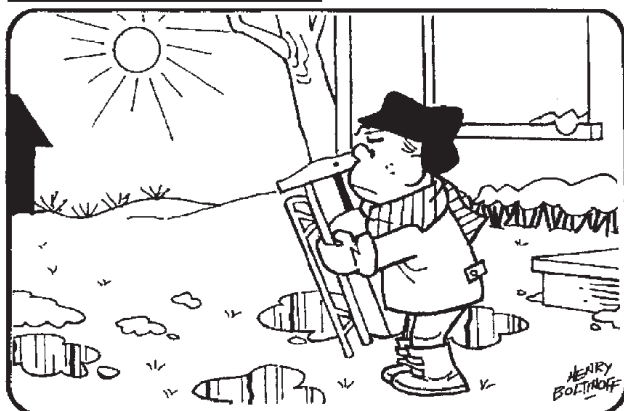
Steve Schaefer lives in Castro Valley. He has been reviewing new cars in the Times for 27 years.



The cabin is complemented with blue stitching and accent panels throughout.

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Scarf is different. 2. Boots are higher. 3. Small shed is wider. 4. Puddle near shed is missing. 5. Snow is gone from window ledge. 6. Bush on left has been moved.

RIDDLE CARD

1. How many peas in a pint?
2. Why is a battleship like a star?
3. What well-known animal drives a car?
4. Why is a crash of thunder like a jeweler?
5. Why is a hat on the head like a bucket full of water?



Answers: 1. One P. 2. Both contain T, A, R, S. 3. The road hog. 4. Because both make the ear ring. 5. Because they are both filled to the brim.

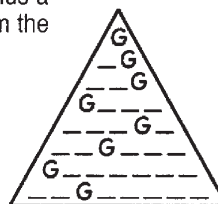
DON'T SCRUB OUT ON THIS ONE! In this back-to-school wardrobe problem, you must replace the letters on the board with the digits 0 through 9 so that you have a correct addition problem. The same letters get the same digits.



THE "G" PYRAMID! As you move down the word pyramid shown, each word contains the same letters as the word above it, plus a new letter. We give you all the G's. Here are some hints from the top down:

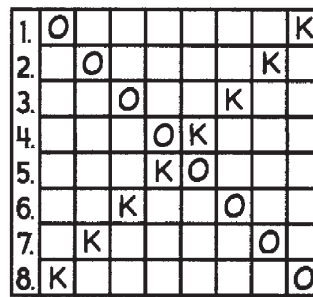
1. Slang for \$1,000 (given).
2. Inspector general.
3. To fit with sails.
4. A facial expression.
5. What a king does.
6. To get back again.
7. A family member.
8. Provoking, displeasing.

Answers: The words are g, Ig, rig, grin, reign, regain, granie, angeling.



Junior Whirl

by Charles Barry Townsend



FIND THE BIG WORDS!

It's not OK to be KO'd by this puzzle! Using the definitions and the anagrams below, find the eight, eight-letter words that fit into the framework pictured on the left. For each definition, the letters in the two anagram words must be unscrambled and used to form the word asked for.

DEFINITIONS:

1. A sudden eruption.
2. Type of shared meal.
3. Incited to anger.
4. More frightening.
5. An easy win.
6. Type of tests.
7. Supporting framework.
8. North American Indian tribe

ANAGRAM:

1. tour + beak
2. puts + lock
3. pork + dove
4. rook + pies
5. veal + work
6. bolt + skin
7. elks + note
8. cook + pika

Answers: 1. Outbreak. 2. Potluck. 3. Provoked. 4. Spookier. 5. Walkover. 6. Inkblots. 7. Skeleton. 8. Kickapoo.

LIFESTYLE



A Simple Feast for St. Pat's Day

Saint Patrick's Day is Sunday and corned beef and cabbage is the traditional feast...in the United States, anyway (many in Ireland will be having turkey).

Often referred to as New England boiled dinner, corned beef is one of the easiest dishes to prepare. All you have to do is boil away and occasionally check the vegetables for doneness.

Prepare it with cabbage, potatoes and other root vegetables and serve with a mound of creamy, eye-watering horseradish.

Prepare it with cabbage, potatoes and other root vegetables and serve with a mound of creamy, eye-watering horseradish.

TRADITIONAL CORNED BEEF & CABBAGE

3 pounds corned beef brisket with spice packet
10 small red potatoes
5 carrots, peeled and cut into 3-inch pieces
1 large head cabbage, cut into small wedges

Rinse corned beef, then place it in large pot or Dutch oven and cover with water. Add the spice packet that came with the corned beef.

Cover pot and bring to a boil, then reduce to a simmer. Simmer approximately 50 minutes per pound or until tender.

Add whole potatoes and carrots, and cook until the vegetables are almost tender. Then, add cabbage and cook for 15 more minutes. Remove meat and let rest 15 minutes.

Place vegetables in a bowl and cover. Add as much broth (cooking liquid reserved in the Dutch oven or large pot) as you want. Slice meat across the grain. Yields 5 servings.

Cook's Tip: If seasoning packet is not included with corned beef brisket, substitute 1-1/4 teaspoons pickling spice, or just add 15 peppercorns, 8 whole cloves and a bay leaf.

TRADITIONAL IRISH SODA BREAD

2-1/2 cups flour
3/4 teaspoon baking soda
1-1/2 teaspoons baking powder
1 teaspoon salt
4 tablespoons sugar
1-1/2 teaspoons caraway seeds
3 tablespoons butter
1 cup buttermilk*
2/3 cup raisins, chopped
1 tablespoon melted butter
1/4 teaspoon cinnamon

**If you don't have buttermilk, put 1 tablespoon plain vinegar in measuring cup and add milk to make 1 cup.*

Preheat oven to 375°F. Grease an 8- or 9-inch round layer-cake pan.

In foot-processor bowl, combine flour, baking powder, baking soda, salt and 3 tablespoons sugar and caraway seeds. Add butter and process until mixture resembles oatmeal. Put into medium-size bowl.

Make a well in center of flour mixture; pour in buttermilk and add raisins. Mix lightly.

Turn out onto a lightly floured board and knead gently a few times. Shape into a 5-inch round loaf and place in prepared pan.

Using a sharp knife, cut dough crosswise into quarters, about one-third of the way through. Brush top surface with melted butter and sprinkle with remaining sugar that has been mixed with the cinnamon. Bake for 35 to 45 minutes until golden brown. Yields 1 loaf.

CLASSIC IRISH SALAD

Lettuce
Hard boiled eggs, quartered
Tomatoes, quartered
16-ounce can sliced beets
Watercress
Slices of cucumber

Dressing:
2 hard boiled eggs
1/4 teaspoon dry mustard
1/2 level teaspoon salt
1 tablespoon soft brown sugar
1/2 tablespoon cider vinegar
4 tablespoons cream

Arrange lettuce leaves like a rose in deep bowl, biggest leaves on the outside, small leaves in the center. Scatter all or some of the listed ingredients between the leaves.

Sieve egg yolks and add sugar, salt and mustard. Blend in vinegar and cream. Chop egg whites and add some to sauce. Scatter the rest over the salad. Do not dress salad beforehand. Serve dressing separately. Serves 8-10.

CORN O'BRIEN

2 slices bacon, cut into 1/2-inch pieces
1/4 cup minced white onion
2 tablespoons green bell pepper, chopped
2 cups whole kernel corn, drained
1 tablespoon chopped pimiento peppers
Salt and pepper to taste

Place the bacon in a large, deep skillet, and cook over medium heat, stirring until evenly browned,

about 10 minutes. Drain the bacon on a paper towel-lined plate, leaving the grease in the skillet.

Stir the onion and bell pepper into the skillet, and cook until the onion has softened and turned translucent, about 5 minutes. Add the corn, pimientos, and reserved bacon. Cook and stir until heated through, 3 to 5 minutes. Season with salt and pepper before serving. Yields 6 servings.

BOXTY

1/2 pound potatoes, unpeeled
1-1/2 cups buttermilk
1/2 pound potatoes, peeled and grated
1-3/4 cups all-purpose flour
1 teaspoon baking soda
Salt and ground black pepper to taste
2 tablespoons butter, or as needed

Preheat oven to 450°F.

Scrub the unpeeled potatoes and prick them several times with a fork; place onto a baking sheet.

Bake in the preheated oven until the potatoes are easily pierced with a fork, 50 minutes to 1 hour. Remove, cool, and peel. Mash the potatoes with the buttermilk. Stir in the grated raw potato, flour, baking soda, salt, and pepper.

Melt the butter in a large skillet or griddle over medium heat. Scoop the potato mixture into the skillet to make 3 inch cakes. Fry until golden and crisp, turning

once, about 5 minutes per side. Makes a dozen 3-inch cakes.

IRISH STEW

1 tablespoon olive oil
2 pounds boneless lamb shoulder, cut into 1-1/2 inch pieces
1/2 teaspoon salt
Black pepper to taste
1 large onion, sliced
2 carrots, peeled and cut into large chunks
1 parsnip, peeled and cut into large chunks (optional)
4 cups water, or as needed
3 large potatoes, quartered
1 tablespoon chopped fresh rosemary (optional)
1 cup coarsely chopped leeks
Chopped fresh parsley for garnish (optional)

Heat oil over medium heat in a large stockpot or Dutch oven. Add lamb pieces and cook, stirring gently, until evenly browned. Season with salt and pepper.

Add the onion, carrots, and parsnips and cook gently alongside the meat for a few minutes. Stir in the water. Cover and bring to a boil before turning the heat down to low. Simmer for 1 hour or longer, depending on the cut of meat you used and if it is tender yet.

Stir in potatoes, and simmer for 15 to 20 minutes, before adding leeks and rosemary. Continue to simmer uncovered, until potatoes are tender but still whole.

Serve piping hot in bowls garnished with fresh parsley. Yields 6 servings.

SCOTCH PUDDING

4 large Pippin or similar apples, peeled, cored and cut into 16 pieces
1 cup regular rolled oats
3/4 cup light-brown sugar, packed
3/4 cup walnuts, coarsely chopped
1/4 teaspoon salt
1/4 teaspoon ground cinnamon
1/4 cup butter
1-1/2 cups milk
Vanilla ice cream, light cream or favorite whipped topping

Arrange half of apple slices in buttered 10-inch round deep-dish pan.

In bowl, combine oats, brown sugar, walnuts, salt and cinnamon. Sprinkle half of oat mixture over apple slices. Dot top of apples with 2 tablespoons butter.

Arrange another layer of apple slices on top. Sprinkle with remaining oat mixture and butter. Pour milk over top as evenly as possible.

Bake, uncovered, at 350°F until edges of pudding are brown and bubbly, about 45 minutes. Serve warm with ice cream, light cream or half and half, or whipped topping. Serves 8.

Don't Miss the Next Home Improvement Section

Spring HOME IMPROVEMENT

MARCH 28 & 29

TOTAL CIRCULATION
61,000

THIS SPECIAL SECTION WILL FEATURE:
Home Improvement Tips • Gardening Tips
Energy Conservation Tips & More!

TO ADVERTISE CALL:

Claudette Morrison at 510-912-1490

Mary Florence at 510-861-3270 or Linda Nakhai at 510-915-1513

CASTRO VALLEY FORUM

3742 Castro Valley Blvd., Castro Valley

www.castrovalleyforum.com

San Leandro Times

2060 Washington Ave., San Leandro

www.sanleandrotimes.com

Phở AN HÒA
Vietnamese Noodle House

14391 Washington Ave.
San Leandro
(Pak 'N Save Shopping Center)



"THE BEST NOODLE SOUP IN TOWN"

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FAX 352-2732

Seafood Noodle Soup, Chicken Noodle Soup, Beef Noodle Soup, Crispy Noodle, Pan-Fried Noodle, Vermicelli, ect....

We also have Rice Dish: Grilled Lemongrass Chicken, BBQ Pork, BBQ Beef, Teriyaki Chicken, Steamed Salmon, Deep-Fried Sole Filet, Fried Rice, and much more... Don't forget to try our Tropical Milk Shake!

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OPEN MON-SAT 10AM-9:45PM & SUN 10AM-9:30PM

HEALTH & FITNESS

Learning the Risks of Prediabetes

One in three American adults now has prediabetes—a serious condition that often leads to type 2 diabetes. Yet 90 percent of them don't know it.

The good news is that with early diagnosis, prediabetes can be reversed through healthy lifestyle changes. Learning your risk is simple: visit DoIHavePrediabetes.org and take the one-minute risk test.

What Is Prediabetes?

Prediabetes is when your blood sugar levels are higher than normal but not high enough yet to be considered type 2 diabetes. Prediabetes can also lead to other health issues like heart attack and stroke.

The key risk factors for prediabetes include being overweight, being physically inactive, having a parent or sibling with type 2 diabetes, or being over 40 years old.

An Urgent Message

More than 84 million Americans have prediabetes, and the number of adults diagnosed with diabetes has more than tripled over the past 20 years.

Type 2 diabetes prevention is such an urgent need for our nation that two leading health organizations, the American Medical Association (AMA) and the Centers for Disease Control and Prevention (CDC), have partnered with the Ad

Council to raise national awareness. Together, they have built resources that help people know their risk and learn how to reverse prediabetes.

Do You Have Prediabetes?

Visit DoIHavePrediabetes.org and take a simple one-minute risk test to know where you stand. If you receive a high score, the next step is to confirm the diagnosis with your doctor and ask how to enroll in CDC's National Diabetes Prevention Program.

CDC Programs Can Help

With early diagnosis, prediabetes can be reversed—and the best thing people can do is to join the CDC-led National Diabetes Prevention Program. This scientifically proven program is available in person or online across the United States to help people make healthy changes.

Trained professionals share ongoing support and tips to help stay on track with healthy eating, physical activity, stress reduction and more. Research shows that through the program, you can lower your risk of developing type 2 diabetes by as much as 58 percent (71 percent if you're over age 60).

Learn More

Learn more about prediabetes and find lifestyle tips and links to CDC's National Diabetes Prevention Program at www.DoIHavePrediabetes.org.

—North American Precip Synd., Inc.



It's a healthy idea for your whole family to get out and get active every day.

It's Never Too Late To Achieve A Healthy Weight

Weight management requires ongoing effort.

Reaching and maintaining a healthy weight through healthy food choices and regular physical activity may help lower the risk of developing health problems associated with obesity, such as heart disease, kidney disease and Type 2 diabetes.

About 40 percent of adults and 19 percent of children and teens in the United States have obesity, according to recent data from the Centers for Disease Control and Prevention.

The National Institutes of

Health recommends establishing healthier eating habits, such as reducing the overall calories you consume and limiting your intake of foods and beverages with added sugars, fats and salt.

Bringing healthier versions of your favorite dishes to parties and social gatherings, and choosing smaller portions of treats and alcohol, may help with managing weight.

Make physical activity a priority for the whole family. Choosing a set time for physical activity and sticking to it may help you manage stress, improve your mood, and give you the energy to tackle your busy schedule.

If it's too cold to walk or run outdoors, take your workout to your favorite mall or indoor sports field. Even if you're pressed for time, doing some physical activity is better than skipping your workout and doing nothing.

Another tip to consider every day to improve health and manage weight is to reduce screen time and time spent sitting.

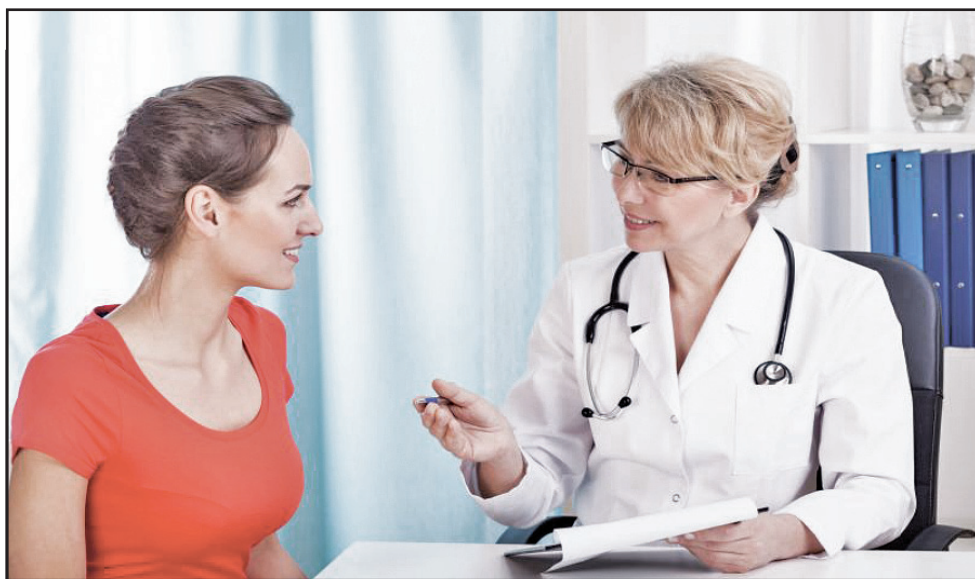
Watching TV for more than two hours a day has been linked to overweight and obesity.

To further encourage adults and youth to be active, the U.S. Department of Health and Human Services also recently released new Physical Activity Guidelines, recommending that adults aim for at least 150 minutes of moderate-intensity activity each week, such as brisk walking or dancing. Youth ages six through 17 need one hour each day, and children ages three through six should be active throughout the day.

By establishing and sticking to healthy habits, parents, caregivers and youth may achieve better health together.

For more tips and resources for weight management and healthy living, visit www.niddk.nih.gov/health-information/weight-management.

—North American Precip Synd., Inc.



Prediabetes can be reversed with healthy lifestyle changes.

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Learn how to change your diet to decrease health risks and increase longevity

TUESDAY, March 19, 2019

6:00 - 7:30pm

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Do you want to learn how to reverse heart disease, lower blood pressure, or Type 2 diabetes? Join Chef Lisa Books-Williams for an evening of "vegucation" and learn the evidence-based health benefits of a plant-based diet. By the end of the program you'll feel more confident creating healthy, delicious, and tasty meals that are quick and easy for you and loved ones.

Chef Lisa brings more than 10 years experience in the cooking industry, including co-developing the plant-based diet program for Kaiser Permanente and winning the 2013 Vegan Iron Chef award. Her belief in a plant-based diet helped her lose more than 125 pounds, restoring her health and vitality.

Seating is limited. To register call (510) 538-2035

Eden Health District is dedicated to improving the health of the people in its community by investing resources in health and wellness programs that meet identified goals.

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To learn more about Eden Health District go to www.ethd.org.

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The Piedmont Chapter of the National Daughters of the American Revolution celebrated their 90th anniversary at the Bellevue Club.

PHOTO BY VALERIE LITCHFIELD KIPPEN

Daughters of the American Revolution Celebrates 90th

By Lynn Peterson Martin
Special to the Times

The Piedmont Chapter of the National Society Daughters of the American Revolution (NSDAR) recently celebrated its 90th anniversary at the Bellevue Club in Oakland.

The party began with a Color Guard made up of Junior High students from the Golden Gate Young Marines, who were dressed in combat fatigues and presented the American Flag and the NSDAR Flag.

Numerous dignitaries from the California State DAR and various districts throughout the state attended.

The Chapter members discussed business, the chapter's history and future goals. During lunch, the Corona Quartet played music from Colonial Times.

But the NSDAR doesn't just drink tea and discuss historic preservation and American history. It's a dynamic group, focused on service to our community and our country.

Piedmont Chapter members contributed 1,658 of community

service hours in 2018 and the goal for this year is 2,100 hours.

A few of the services that the DAR renders are:

“The NSDAR doesn't just drink tea and discuss historic preservation.”

Schools and Education

- Good Citizens Contest – provides a college scholarship to one senior girl selected from 8 local high schools.

- Provides mentoring services to students at Rudsdale Continuation School in Oakland.

Conservation

- Raise and contribute funds to the Forest Service for reforestation of the Stanislaus National Park in burned out or brush covered areas. Promote Monarch Butterfly habitat restoration.

Project Patriot

- Send care packages to deployed troops.

- Weekly visits to patients at the Martinez VA hospital to supply them with “comfort care” items and visit with them. Provide patients with entertaining group activities, such as '60s rock 'n' roll trivia games with prizes for the winners and refreshments.

Americanism

- Participate in Naturalization Ceremonies and provide new citizens with mementos to honor their new citizenship.

The qualifications for membership in the NSDAR are rigorous. Applicants must prove, through primary source documentation, such as wills, censuses, tax records, bounty and land warrants, court documents, census documents, etc., that they are descended from an ancestor who fought in the American Revolution. Fortunately, our Chapter has a Registrar who provides genealogical research assistance to prospective members once a month at the LDS Oakland Family History Center.

San Leandro Softball Hits the Field Saturday on Opening Day

The San Leandro Girls Softball league's opening day ceremony will be this Saturday at 9 a.m. at the softball fields of San Leandro High School, 2200 Bancroft Ave.

The league is entering its fourth year and has teams from

beginning recreational softball to traveling teams. The Nitro travel teams have won championships, including one in Nevada last fall.

The league appreciated the support of local businesses, the community and the school district, and this year has a partner-

ship with the Oakland A's and Kaiser Permanente.

The A's have selected San Leandro Girls Softball as a subject of a marketing documentary. They will have a production crew following the teams throughout the season.

SL Hospital Auxiliary Accepting Healthcare Scholarship Applications

The San Leandro Hospital Volunteer Auxiliary is now accepting applications for its annual healthcare scholarship program.

Each year, the Auxiliary awards scholarships to college students and graduating high school seniors pursuing medical careers.

To be eligible, these students must live in San Leandro or San Lorenzo and enrolled in healthcare-related studies. Scholarships

will be awarded in June for studies starting in the fall.

Since 1972, the San Leandro Hospital Auxiliary volunteers have donated more than \$512,000 in scholarships. Past scholarship recipients have gone on to become physicians, nurses and health professionals.

Applications are available at the information desk or in the gift shop in the lobby at San Leandro Hospi-

tal, 13855 East 14th Street. Students can also request an application from a career counselor at San Leandro or Arroyo high schools. The deadline to apply is April 12.

For more information about the San Leandro Hospital Auxiliary scholarship program or if you are retired and interested in volunteering at the hospital, call 667-4501 between 10 a.m. and 4 p.m. Monday through Friday.



Market: Space for restaurants to start

continued from front page
gathering space.

The project is a joint effort of Mandela Partners, the Alameda County Community Development Agency, and Resources for Community Development.

Some of the food makers will be I AM Cafe, Thank Que Grill, a Filipino barbecue; soul food by

“It all comes back to the basics. Serve customers the best-tasting food at a good value in a clean, comfortable restaurant, and they'll keep coming back.”

— Dave Thomas

Jacquelynn's Heart & Soul; and AndreaMarie Cakes & Treats. The businesses have been doing pop-ups at events like the Jack London Square Farmers Market.

“To have my own restaurant

on the corner of where I grew up. It's a dream,” says Jacquelynn Chancellor, co-owner of Jacquelynn's Heart & Soul, who grew up across the street from the Ashland Market & Cafe.

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REAL ESTATE GALLERY

REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY



Alameda County Home Prices Climb As Inventory Increases

It is no secret the sizzling seller's market, beginning in February, 2011 and continuing unabated for 7-1/2 years, finally screeched to a halt in June, 2018.

In the following months, average prices in Alameda County slid from \$1,119,000 in June, 2018 to \$948,000 as of December 31st, 2018, an 18% reduction. Prices further dipped in January, 2019 to \$904,000, an additional decline of 4.87%.

While these drops are significant, it is important to note that the market was simply giving back boisterous gains made at the beginning of 2018.

The average price in January, 2018 of \$908,000 soared to a peak of \$1,119,000 in June – an unprecedented jump of 23% in 5 short months. It seems that buyers, sensing they were about to get priced out of the market, went all in and, in a last-ditch effort to get a home, propelled prices to levels that simply could not be sustained.

Although prices slid from June, 2018 to the beginning of 2019, we still ended January, 2019 at \$904,000 – a mere \$4,000 reduction in average price from January, 2018 (.44%).

For those who suggested the market adjustments the last half of the year indicated that the sky was falling, those fears were unfounded. In fact, the market seems to have turned on a dime and is once again headed up.

While February, 2018 showed an average price of \$917,000, this past month (February, 2019) we rebounded to \$951,000 – the highest recorded prices for February.

January, 2018 had 440 homes sell compared to 441 in January 2019. February numbers were 481 in 2018 and 481 in 2019 – exactly the same number.

There are some significant differences, however, between this year and last. Prices were propelled upwards at the

beginning of 2018 by a severe inventory shortage. January, 2018 had 432 homes for sale with 440 sold – a list to sale ratio of 101.9%. February, 2018 had 510 active homes and 481 closed sales, a decrease to 94.3%.

In sharp contrast, January, 2019 had 773 active listings and 441 sales for a ratio of 57.1%. February, 2019 saw active listings climb to 796 while 481 sold, a 60.4% ratio. In other words, while sales numbers for 2018 and 2019 were identical, current inventory has almost doubled.

The good news is we finally have inventory. While prices may again be headed up, hopefully the additional homes will slow the rate of increase.

(Data from TrendGraphix)
Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

HOME of the WEEK

COMING SOON! 3246 Bridle Drive Hayward Hills Beauty!

Extensively remodeled with appealing contemporary design choices. Three bedrooms, includes a master suite and two full bathrooms. Formal dining room and eat-in kitchen. Recent upgrades include remodeled kitchen and bathrooms, electrical, heating, dual pane windows, refinished hardwood flooring, interior and exterior paint and much more.



Michelle R. Miller, Associate Broker
Compass Real Estate 510-701-3442
Michelle.Miller@compass.com DRE# 01012751



Prune Tall Hedge 3-4 Times a Year

By Buzz Bertolero
SPECIAL TO THE TIMES

Despite an annual trimming, our Privet hedge is over eight feet tall with all the new growth concentrated at the top. What can we do to reduce the height and stimulate more growth to fill in the lower gaps?

It's not unusual for a tall hedge to develop gaps or to be sparse in sections.

The purpose of a hedge is to form a barrier as quickly as possible. Once it reaches the desired height, it's then assumed that the lower part of a hedge will fill in on its own.

Unfortunately, the taller the hedge, the less likely this occurs



BUZZ BERTOLERO
THE DIRT
GARDENER

with just an annual pruning. Typically, three to four times a year is the norm, starting with the first flush of growth in the spring.

The lateral growth is the key to a dense hedge. While see BERTOLERO on page 11

OPEN HOMES SAT. & SUN. MARCH 16th & 17th

CITY	SAT	SUN	ADDRESS	PRICE	BDRM./BA.	REALTOR	AGENT	PHONE
A	1-4	1-4	2274 Belvedere Ave.	\$529,000	3/1.5	United Brokers RE	Tere Lee/Malanie Yan	510-305-8827
SH	2-4:30	2-4:30	30 Marlow Dr.	\$749,000	3/2	Marvin Gardens RE	Greg Novak	510-472-4770
Z	2-4:30	2-4:30	806 Taylor Ave.	\$829,000	2/1	Compass Real Estate	Jeff Goodman	510-407-0905
A	—	1-4	954 Lee Ave.	\$920,000	3/1.5	Robert Jones & Assoc.	Robert Jones	510-357-0120
H	1-3	1-4	3906 Arbutus Ct.	\$1,750,000	4/3	J. Rockcliff RE	Kristy Peixoto	925-251-2536

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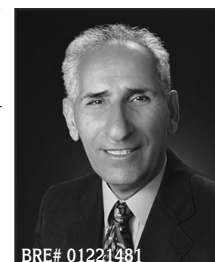
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Bertolero: Prune hedges 3-4 a year

continued from previous page
the hedge is developing, it is recommended to fertilize after every shearing with an all-purpose fertilizer to encourage more growth.

Once the hedge has matured, a spring feeding is sufficient. Ideally, you should develop the lower section of hedge first by keeping the hedge at static height.

Once it has filled in, you raise the height until you have reached the desired height. This rarely happens, as we're too impatient for the barrier to form.

Another contributing factor to the bottom gaps is the plants are spaced too far apart. This is one of the few exceptions for plants being planted closer to one another than normal.

Here is what I would do now. I'd determine what the desired height is and prune it back to that point. This is an excellent time to do so as the spring flush of growth is beginning.

Next, to fill in the more significant gaps at the bottom of

Mortgage Rates Continue Decline

Mortgage rates over the past week maintained their recent slide, according to Freddie Mac's weekly nationwide survey.

The 30-year fixed-rate mortgage averaged 4.52 percent last week, down from 4.55 percent a week earlier. A year ago at this time, the 30-year rate averaged 3.96 percent.

Fifteen-year home loans averaged 3.99 percent, down from 4.04 percent.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.74 percent last week, down from 3.87 percent.



the hedge, I'd plant a few more new plants. This is the quickest way to fill in these areas and then fertilize the entire row of plants.

The final step is to trim the hedge once a quarter. Typically, hedges are pruned with straight sides; however, over time it will get very shady at the bottom. You increase the light by tapering the hedge like a trapezoid with the narrowest section at the top. The reduced light is another cause for the lower sections of hedges to thin out.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com and questions can be sent by email to buzz@dirtgardener.com or on Facebook at [Facebook.com/Buzz.Bertolero](https://www.facebook.com/Buzz.Bertolero)

Is Basement Moisture a Leak, or Humidity?

By Samantha Mazzotta
SPECIAL TO THE TIMES

There's an easy way to test whether the moisture on basement walls is seepage (water leaking inside) or condensation.

Get a few large squares of aluminum foil and tape them to random spots on the basement walls and floor. Use water-resistant tape and completely cover all four edges of the foil so that no air can get underneath it.

Leave them there for a couple of days, and then carefully peel away the tape and check both sides of the foil. If the side facing the wall (the inner side) is wet, then seepage is your issue. If the outer side is wet, condensation is the problem.

If both sides are wet, seepage is the most likely issue, with condensation possibly a result of the seepage.

To reduce seepage, check all of your gutters and downspouts to make sure they aren't damaged and that rainwater is being directed well away from the foundation. The drain trough under the downspout also should be checked; make sure water isn't pooling there.

Next, check the foundation and basement walls for small cracks, holes or gaps. Repair these with the appropriate type

of cement. Finally, paint the interior basement walls with a waterproofing paint specifically formulated for this task, which adheres well to concrete or masonry.

To reduce condensation issues, install a dehumidifier in the basement, or install a fan that will pull air outside and help the

basement air circulate. Wrap insulation around cold-water pipes so condensation is less likely to occur in the basement space. Outside, try and increase the amount of air and sunlight that reach the basement by trimming back plants and hedges, especially around basement windows.

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14939 Western Avenue	94578: \$530,000 2 BD - 1,042 SF - 1946
2011 150th Avenue	94578: \$558,000 3 BD - 764 SF - 1953
14019 Seagate Drive	94577: \$602,000 3 BD - 1,595 SF - 1985
1302 Esser Avenue	94579: \$612,000 3 BD - 1,081 SF - 1951
14388 Outrigger Drive	94577: \$640,000 3 BD - 1,595 SF - 1987
218 Arroyo Avenue	94577: \$650,000 2 BD - 1,276 SF - 1927
16683 Kildare Road	94578: \$810,000 5 BD - 2,528 SF - 1966

TOTAL SALES:	8		
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Check the **Help Wanted** ads on the next page of this newspaper. Also: **Limited Time Offer!** You can run a 15 word "Employment Wanted" ad . Ad runs in the San Leandro Times & Castro Valley Forum. Call 510-614-1558 to place an ad or for more info. (Some restrictions may apply)

FENCES/DECKS

FENCE LEANING? Don't replace... repair and save! Call Randy 510-706-6189.
Advertise your Home for rent in the San Leandro Times & Castro Valley Forum
DON'T LET ANOTHER WEEK SLIP BY!
– A vacancy day is money lost forever –
To place an ad call 510-614-1558

GARAGE SALES



CASTRO VALLEY

ESTATE SALE 3/16 & 3/17, 9am-3pm. Packed full. 21971 Orange Avenue, Castro Valley. For details and pictures go to: www.sistersestates.com

GARAGE SALE Sat. 3/16, 9am–. Household items, antiques, misc. 17982 Beardsley St., Castro Valley

HOME SERVICES DIRECTORY

Construction

**GOLDEN GATE ENTERPRISES, INC.**
GENERAL CONTRACTOR
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Kitchens / Baths • French Drains
Foundations / Dry Rot / Stucco
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Construction

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KITCHEN & BATH
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Bonded & Insured
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Construction

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Honest Reliable Reasonable
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25 Years Experience • Free Estimates

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Fence Leaning? Don't Replace... Repair & Save!
*Reinforcement of existing fences is my only buisness, Rotted posts are my specialty.
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• General Cleanup & Maintenance
• Lawn Mowing, Edging & Weeding
• Tree Removal, Topping & Trimming
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• Fence Repair, Flower Beds and Painting
CALL FOR A FREE ESTIMATE
Unlicensed
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**PEREZ Gardening & Maintenance**
TREE SERVICE
Pruning, Topping, Removing, Synthetic Grass Installation, Planting, New Lawns & Lawn Care, Sprinkler Systems, Lots & Hill-sides Cleaned & Planted, Drainage/Gutters, Fences, Decks, Patios, Arbors, Concrete, etc.
CALL 510-385-2122
FREE ESTIMATES
EXCELLENT REFERENCES / SINCE 1994
INSURED / ALL WORK GUARANTEED / UNLICENSED

Thank-You...

Perez Gardening & Maintenance for advertising with us for over 12 years!

**PEREZ Gardening & Maintenance**
TREE SERVICE
Pruning, Topping, Removing, Synthetic Grass Installation, Planting, New Lawns & Lawn Care, Sprinkler Systems, Lots & Hill-sides Cleaned & Planted, Drainage/Gutters, Fences, Decks, Patios, Arbors, Concrete, etc.
CALL 510-385-2122
FREE ESTIMATES
EXCELLENT REFERENCES / SINCE 1994
INSURED / ALL WORK GUARANTEED / UNLICENSED

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**Tender Loving Care**
House Cleaning Service
Family Owned Since 1980
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EMPLOYEES COVERED BY WORKERS COMP STATE DISABILITY INSURANCE
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Advertise your services in both of our newspapers... at one low price!

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San Leandro Times

HOME SERVICES DIRECTORY

For More Information, Call 614-1558



Roofing

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**K REED ROOFING**
Complete Residential & Commercial Roof Systems
(510) 357-5116
Call Now For A Free Written Roof Analysis & Estimate
Serving San Leandro & The Entire Bay Area. For Those Who Demand Superior Personalized Attention.
SINCE 1975 / FULLY INSURED

Whatever your specialty, the place to advertise is in the...

HOME SERVICES DIRECTORY

Delivered to 32,736 homes in San Leandro, over 20,000 homes in Castro Valley, and another 8,264 are delivered to businesses and libraries.



GARAGE SALES

MOVING/ GARAGE SALE 3/16, 9am-3pm. Rain or Shine. Home decor items, Dining room set, oak hutch, collectibles, antiques, furniture, rugs, and misc. 17668 Parker Road, Castro Valley.

HAYWARD

ESTATE SALE Sat. 3/16, 8am-3pm, 387 Balmoral Way, Hayward. Porcelain Dolls, collectibles, clothing, housewares, Knick-knacks and more!

ESTATE SALE Sat. 3/16, 9 a.m.-4 p.m. 3047 Randall Way, Hayward.

SAN LEANDRO

***FALL CLEANUP!!!**

Time to clean out your Attic, Garage, Basement (House)!!!

Get your items together and place a **GARAGE SALE** ad in the San Leandro Times and the Castro Valley Forum for as little as \$30. To place an ad Call **510-614-1558**

GARDENING

***ANY YARD WORK.** Cleanups and Maintenance. Free Estimates. Call 510-798-1833.

***BEAUTY GARDEN LANDSCAPING** Design - Construction - Maintenance. Cleanups, New Lawn, Artificial Grass, Irrigation, Patios, Pathways, Brick, Stone, Concrete Fence/Decks. Free Estimates! Lic.#925130. 510-691-8852.

***NAVA'S COMPLETE GARDENING:** Mowing, trees, cleanup/hauling. FREE estimates. 510-512-5857

JAIME'S GARDENING Maintenance, Trimming, Cleanups, Hauling, Sprinkler Repair/Timers. FREE Estimates. Insured. 510-299-9583

GARDENING

Katsura Landscaping. Professional hand pruning. Landscape design/ install/ consultation. Garden clean-up and redesign. Call Mike 510-828-4854. Contr. Lic.#858145 M/C & Visa Accepted

GIVEAWAYS

VIEW the Classified Ads Online at
sanleandrotimes.com or
castrovalleyforum.com
IT'S EASY!
For more info call **614-1558**

HANDYMAN SERVICE

ENRISA CONSTRUCTION. Remodeling, Kitchens, Baths, Drainage, Foundations, Retaining Walls, Painting/ Landscaping. Lic.#1022942. FREE Estimates. Hablamos Español. Juan 510-798-2959
EnrisaConstruction@gmail.com

HANDY PEOPLE. Any type of job. No job too small. 510-934-1251.

KING CONSTRUCTION, a Father & Sons Remodeling and Plumbing Company since 1972. Construction and Plumbing Specialists. Room Additions, Baths, Kitchens, Decks, Seismic Retrofits, Furnace, Hot Water Heaters, and ALL Home Repairs. Lic.#273546. Bonded/Insured. Call George King 510-483-7126 or 510-882-5169.
gwkconstruction@gmail.com

To Place an Ad call 614-1558

HANDYMAN SERVICE

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HAULING: Small and Big Jobs. Furniture, Concrete, Wood, Trash, Metal, Demolition. Also house inside/outside cleanups. 510-715-1578.

HELP WANTED

GENERAL

Do you need some help at your business?
To place an Help Wanted ad call **510-614-1558**
Your ad will run in and the Castro Valley Forum on Wednesday and the San Leandro Times on Thursday. **Find help and support your local newspaper at the same time!**
- Thank you -

Experienced DRIVER needed for local delivers. Call 510-693-1193.

CLASSIFIED AD DEADLINE:
Monday 5:00 p.m.

HELP WANTED



The City of San Leandro is currently accepting online applications for:

Recreation Specialist I - Customer Service and Senior Services
As-signments - \$17.43 - \$21.18/hourly

The City of San Leandro will be accepting online applications starting March 13, 2019 for:

Office Assistant I (Library Circulation and Bookmark Café Assignments)- \$13.00 - \$15.81/hourly

For more detailed information, please visit www.sanleandro.org. EOE

Do you love helping people? Carlton Senior Living is the place for you! Now Hiring Care Givers & On-Call Cook. Walk-ins welcomed. 1000 E. 14th St. or visit our website www.CarltonSeniorLiving.com to apply online.

HOUSE CLEANING

***CONNIE'S NATURAL CLEANING** Licensed/ Insured/ Bonded Make Your Home a Pleasant and Healthy Environment www.conniesnatural.com Call **510-506-5053**

Cristina House Cleaning, free estimates, senior discount. Bus.-Lic. #121121. 510-825-0459.

HOUSE CLEANING

WALTON'S JANITORIAL Licensed / Bonded / Local For a **SPARKLE CLEAN OFFICE** or Home
Windows • Floors
• Carpets • Restrooms
Phone 352-7948
Member of S.L. Chamber of Comm.

LOST & FOUND

LOST - White gold wedding ring, around 2/5/19, in San Leandro. **REWARD.** 510-351-8984.

MISC. FOR SALE

Working refrigerator \$50, 7' sofa in good condition \$50. 925-297-9541.

AUTOMOBILES

2000 Saturn SL2, auto, 4-dr, 4-cyl, white, A/C, excellent condition, very reliable, runs good. \$1,800 o.b.o. Smogged. Call Patrick 510-517-3351

PETS

2 Terrariums (20 & 40 Gallon). Also Dog/Cat Kennel. 510-480-5025.

VARIOUS ITEMS

VICTORY 4-wheel electric scooter w/baskets, mirrors, head rest, lights, charger \$750. Scooter ramp \$200. 510-575-7366.

All private party ads are prepaid (paid in advance). Use your M/C, VISA or DISCOVER card, mail in your payment, or stop by our office to place an ad.

MISC. WANTED

I Pickup Mattresses, Boxsprings, Appliances, Televisions for \$25 each. 510-830-5825.

WANTED: Old toys, pedal cars, license plates, old coins, etc. 510-886-3195.

WANTED: Reel to reel tapes (I need blank tapes and recorded tapes). Call Patrick 510-517-3351.

MUSICAL SERVICES LESSONS

EAST BAY MUSICIAN - Lessons, Good with Kids. Call 510-427-3955.

PAINTING SERVICE

NEED PAINTING WORK? Check the TIMES & FORUM Home Service ads for help. We really appreciate our advertisers! Patrick V.

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Are you interested in buying or selling a home or property?
Would you like the help of a Professional Agent?
For assistance call ...

***SCOTT HARRISON** - Realtor Coldwell Banker **510-388-4536**

RENTALS

San Leandro 1-bedroom Bachelor Apt near BART. Credit check. \$1,300. 510-357-5797.

APARTMENTS

Castro Valley 2-bedroom, 1-bath, Walk to BART and Village. Gated, laundry, pool, fitness. \$2,295. 510-582-8389.
www.bartplazaapartments.com

Hayward 1-bedrooms \$1,425 - \$1,525, 2-bedrooms \$1,695 - \$1,795 (check availability). Patios, balconies, pool, ample parking, storage, spacious. 510-887-6633.

RENTALS

Hayward spacious 1-bedroom \$1,200+, 2-bedroom \$1,500+. Balcony, patio, pool. 510-581-4702.

LANDLORDS - Advertise your units! A vacancy day is money lost forever ... R. Bowman

SERVICES

SELL YOUR CAR OR TRUCK with a Classified Ad
For more info or to place an ad call 510-614-1558
San Leandro Times/Castro Valley Forum

NEED - Handyman Service? Check the Classified Ads under "HANDYMAN SERVICE" for help.

TREE SERVICE

***A CAREFUL TREE SERVICE.** Certified. Arborist. Lic.#694067. Trimming, Removals. **FREE Estimates.** Bonded. Call 510-581-7377.

YOUR INFO

Advertise your Home for rent in the San Leandro Times & Castro Valley Forum **DON'T LET ANOTHER WEEK SLIP BY!**
- A vacancy day is money lost forever -
To place an ad call **510-614-1558**

CLASSIFIED AD DEADLINE:
Monday 5:00 p.m.

LANDLORDS - Advertise your units! - A vacancy day is money lost forever -
R. Bowman

NEED - MUSIC LESSONS or PIANO TUNING?
Check the Classified Ads under "MUSICAL SERVICES" for help.

VIEW the CLASSIFIED Ads Online at
sanleandrotimes.com or
castrovalleyforum.com
For help or for more info call **510-614-1558.** E.B. Publishing

Help for the homeowner means business for you!



ADVERTISE YOUR BUSINESS IN OUR HOME SERVICES DIRECTORY
CALL 614-1558

PLACE YOUR CLASSIFIED ADS ONLINE!

CastroValleyForum.com

SanLeandroTimes.com



THANK-YOU for supporting the Castro Valley Forum and San Leandro Times!

We greatly appreciate our many advertisers who make it possible for us to publish these newspapers.

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HANDYMAN SERVICES
Serving Castro Valley & San Leandro for 28 Years
Big or Small — We Do It All!
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FERREIRA'S HARDWOOD FLOORING
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25 Years Experience
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Lic. #803455

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Compare Our Prices!
FREE ESTIMATES 24/7 SERVICE
BBB Military & Senior Discounts Family Owned & Operated
510-969-4358
LIC. #904794

REACH OVER 60,000 READERS

Call today for ad rates and availability.
HOME SERVICES DIRECTORY
Call **614-1558**

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RESIDENTIAL & COMMERCIAL
WE CONTROL YOUR RAIN!
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ALL TYPES OF ROOF REPAIRS
★★★★
PROFESSIONAL WORKMANSHIP
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FREE ESTIMATES
SENIOR DISCOUNTS
LIC # 657692 BBB A+
20% OFF 20% OFF ANY OF OUR ROOFING & GUTTER SERVICES
20% OFF ANY COMPLETE OR PARTIAL ROOFING JOB
20% OFF ANY COMPLETE OR PARTIAL GUTTER JOB
20% OFF ANY ROOFING OR GUTTER REPAIR JOB
— ONE DISCOUNT PER HOUSEHOLD —
LICENSED / BONDED / INSURED 2424 CLEMENT ST., ALAMEDA
510-895-4433

Roofing

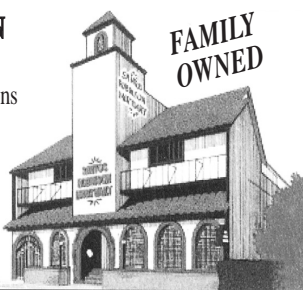
Wonderlin ROOFING SYSTEMS
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FAMILY OWNED & OPERATED
Over 25 Years Experience
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FREE ESTIMATES
\$200.00 OFF
COMPLETE REROOFING WITH TEAR-OFF
One Coupon Per Customer Expires 4/30/19
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We Specialize in Residential Roofing

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510-483-0123www.santos-robinson.com
CA LIC. FD-81**CREMATION SERVICES DEERCREEK**

FUNERAL SERVICE

1700 Norbridge Ave., Castro Valley

Please Call for Appointment

510-317-7890

www.DeerCreekCremation.com

**City to Host Meetings On FLEX Paratransit's Proposed New Routes**

The City of San Leandro will host three meetings to gather comments about the FLEX Paratransit Program, which has served San Leandro's seniors since 2002, and its proposed new routes.

The meetings will take place

both at the San Leandro Senior Community Center and Marina Community Center at the following date and times:

San Leandro Senior Community Center, 13909 East 14th St.: Sunday, March 24, from 2:30 to 4:30 p.m.; and Tuesday, March 26, from 6:30 to 8:30 p.m.

San Leandro Marina Community Center, 15301 Wicks Boulevard: Tuesday, March 26,

from 1:30 to 3:30 p.m.

The original FLEX Shuttle single loop route expanded to a double loop in 2010.

A recent study offers four alternate route revisions to provide more destinations requested by FLEX Shuttle riders and lower wait times.

Learn about San Leandro's low cost transportation option for older adults 60 and over and those with disabilities and those

who may benefit from these services and review the proposed routes for expansion of the shuttle service.

Light refreshments will be served. Gifts and raffle prizes. Translation services provided in Chinese and Spanish.

For more information about the meetings and FLEX Paratransit Program, call Susan Criswell with Recreation and Human Services at 577-6053.

SARA L. ENNOR LAWYER

■ Wills & Trusts

■ Benefits, ERISA

■ QDROs

510-633-9985**Sign Up for Boys & Girls Club Basketball**

The Boys and Girls Club of San Leandro is now taking sign-ups for its Spring 2019 instructional basketball program for all boys and girls in grades 3 through 6. The league begins in March.

All practices and games are held at the Boys and Girls Club of

San Leandro, 401 Marina Blvd. in San Leandro. The basketball program fee is \$85 for current "After School" registered members, or \$95 for all others and includes uniforms and awards.

The Boys & Girls Club of San Leandro basketball program is designed to give players a fun and competitive basketball experience. Each player is evaluated prior to being assigned to a team so that all teams have a balanced

number of veterans and rookies. All players are required to play two quarters per game, so no matter the child's ability level, they will have an opportunity to be on the court and be a part of the action.

The club is also looking for volunteer coaches for the program. For more information, or to volunteer as a coach, call Ross Lim, at 483-5581 or via e-mail at rosslim89@gmail.com.

LOCAL DEATHS**William F. Jackson**

1930 ~ 2019

William F. Jackson passed away unexpectedly at St. Rose Hospital at the age of 89, on March 6, 2019.

William served in the US Air Force for 22 1/2 years.

He is survived by his wife Rosella, one sister, a daughter, 4 grandchildren, 8 great-grandchildren and 4 great-great-grandchildren.

Interment is at the National cemetery in Dixon.

Serving Families In Our Community
With Compassion and Service Excellence**San Leandro Funeral Home**

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San Leandro, CA 94577

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• Large Chapel

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FD 442

TIMES OBITUARIES may be submitted online at ebpublishing.com, emailed to obits@ebpublishing.com or faxed to 510-483-4209. Please include your phone number.

Elizabeth Lagomarsino

Betti Lagomarsino passed away suddenly on January 30, 2019. She was a lifelong San Leandro resident. Betti attended Assumption School and graduated from Bishop O'Dowd HS. She had a few jobs but the one she loved the most was working for the San Leandro Police Department. She is preceded in death by her loving parents Walter and Mary. Her lone surviving sibling Rick and his wife Trina will miss her. Betti loved to volunteer at Assumption Church and volunteered helping young ones as well. The family would like to thank all her friends that kept up with her until the end with a special thanks to Maureen Moran. All look forward to the Bible's promise coming true when "death will be no more, neither will mourning nor outcry nor pain be anymore" (Rev 21:4)

**Amy L. Au-Young**

March 12, 1930 - February 15, 2019

Amy L. Au-Young of San Leandro, passed away on February 15, 2019 at the age of 88. She was born Amy Lum on March 12, 1930 in San Francisco, where she spent her entire childhood. After graduating from Galileo High School, she met her future husband, Ken Au-Young. They married in San Francisco in 1950. Together they raised their family of three children in the San Francisco Bay Area, where she had family and many life-long friends. After residing in San Francisco and Pacifica, the family lived in San Leandro until Dad's job took them to Greece in 1971. Amy embraced the Mediterranean lifestyle in the Athens area, and she traveled extensively throughout Europe with family and friends she made and welcomed those who came to visit. She enjoyed living abroad, but her roots were in Northern California where she and Ken returned in 1976. Amy loved her family more than anything, and she looked forward to many holiday gatherings and celebrations. Her kindness and friendliness to others will always be remembered. The family would like to thank her caregivers Patricia Allen, Starr Haley, Denise Dawson and Pam Foster for their love and care. Amy is survived by her son, Tim Au-Young (Heidi), and daughters, Kara Au-Young and Janice Au-Young (Colin Sheldrick), sisters Sue Hop, Jane Hue and Ida Lee and many nieces and nephews. Preceded in death by her husband Ken, her brothers Charles and George and sister Bertha. A celebration to honor Amy's life will be held on Easter Sunday.

Arrangements handled by Santos-Robinson Mortuary, 160 Estudillo Ave., San Leandro, (510) 483-0123

Gary Everett McGuire

August 5, 1938 - March 8, 2019

Gary Everett McGuire entered peacefully into rest with his family by his side on March 8, 2019. He was 80 years old.

Born on August 5, 1938 in Wichita, Kansas, to Carl and Ruth McGuire, Gary was a retired Teamster, working in the furniture industry for 38 years. He had proudly served his country in the US Navy and had been a devoted parishioner at St. John's Catholic Church.

Gary enjoyed golf, photography, and caring for his dogs. He was a true outdoorsman who found great pleasure camping, hunting and fishing. He was a loving husband, father and friend who will be deeply missed.

Gary is survived by his beloved wife and best friend of 60 years, Beverly Jean McGuire; his devoted children, Mark, Nancy, Paco and Lulu; and many cherished extended family and friends.

Friends are invited to gather for the Mass of Christian Burial at 10 a.m. on Thursday, March 21, 2019 at St. John's Catholic Church, 264 E. Lewelling Blvd., San Lorenzo. Interment with military honors will follow at Holy Sepulchre Cemetery.

**THE TIMES CROSSWORD**

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ACROSS

- 1 Hindu prince
- 5 Persian leader
- 9 Bigshot, for short
- 12 Verve
- 13 Horseback game
- 14 Tokyo's old name
- 15 Chamber of the heart
- 17 Born
- 18 Good-looking guy
- 19 Bandleader Xavier
- 21 Lucky roll of the dice
- 24 Arrived
- 25 Thing
- 26 Pots and pans and such
- 30 Chignon
- 31 Yours
- 32 Neither mate
- 33 Pavement
- 35 Cicatrix
- 36 Always
- 37 Swerves
- 38 "Monopoly" buy
- 40 Desert-like
- 42 Superlative ending
- 43 South American nation
- 48 Chicken ___ king
- 49 Cupid's alias
- 50 Family
- 51 ___ and don'ts
- 52 Transmitted
- 53 TV award

DOWN

- 1 Cleric's address (Abbr.)
- 2 Brewery product
- 3 One of the Brady Bunch
- 4 Country song?
- 5 Rotate
- 6 Pawn
- 7 Every last bit
- 8 Cornmeal creation
- 9 With a ___ (forcefully)
- 10 Concept
- 11 Bard
- 16 Scoot
- 20 Coal diggers' org.
- 21 Bro and sis
- 22 Needle case
- 23 Feuds
- 24 Hit on the head
- 26 Burn somewhat
- 27 Lubricant
- 28 Bellow
- 29 Blunders
- 31 Dozens
- 34 First lady
- 35 Lead astray
- 37 Namely (Abbr.)
- 38 ___ over heels
- 39 Norway's capital
- 40 Unsigned (Abbr.)
- 41 Leftovers
- 44 Before
- 45 Shade tree
- 46 Felon's flight
- 47 Whatever number

ANSWERS ON PAGE 3

San Leandro Receives “A” Rating From Carbon Disclosure Project

Mayor Pauline Cutter is pleased to announce that the City of San Leandro Sustainability Office achieved an A rating for Leadership from the Carbon Disclosure Project (CDP), a climate action and carbon emissions reporting platform. The CDP uses a rigorous scoring system to incentivize cities to measure and manage environmental impacts.

Carbon Disclosure Project de-

scribes this accomplishment as follows: “A Leadership city demonstrates best practice standards across adaptation and mitigation, has set ambitious but realistic goals and made progress towards achieving those goals. Cities in the Leadership band have strategic, holistic plans in place to ensure the actions they are taking will reduce climate impacts and vulnerabilities of the citizens,

businesses and organizations residing in their city.”

Reporting through the CDP will provide the City of San Leandro with opportunities for green investment from private sector investors through the CDP Matchmakers initiative.

“We are proud of the work San Leandro is doing and this rating demonstrates our commitment to addressing climate change and the im-

pacts it may have on our residents,” said Mayor Pauline Cutter. “Our community is enthusiastic about addressing climate change and we are working together towards a greener future.”

San Leandro began reporting to the CDP in 2017 after completing its first in-house greenhouse gas emissions inventory and making a commitment to join the Global Covenant

of Mayors, an organization that requires formal accounting of carbon emissions through a platform such as the CDP. Part of the commitment to the Global Covenant of Mayors includes completion of an update to the 2009 Climate Action Plan and to create a Climate Adaptation Plan.

For more information, contact Sally Barros with the Public Works Department at 510-577-3421.

OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and *must be under 300 words*. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

Sn Leandro 'Killing Business' With Sales Tax, Pelton Meters

Editor:

I have now made my second purchase at Pelton Center and paid for parking at the new meters. The lot was virtually empty, and I am sorry for the businesses there which are missing out on sales due to the addition of the meters.

I had to pay an extra 50 cents to buy one item from one of the center's merchants. San Leandro has one of the highest sales taxes in the nation at 9.75 percent, we now are on track to raising minimum wages up to \$15.00/hour, and with these meters, we have additional money increases in our shopping.

All that is reflected in the amount I pay to shop in this city. I refuse to pay these outrageous increases. My eating out at already expensive Makiyaki, Los Pericos, 31 Ice Cream will be no more.

Castro Valley is just five minutes away and has no meters. The sales tax is 9.25 percent. San Leandro is killing business with its sales tax, and now extension of meters into Pelton Center. This amounts to a job-killing, business-unfriendly environment, which is unacceptable to us locals. I will be looking

to outlying cities and Amazon from now on for my purchases.

—Corey Anderson
San Leandro

Permanent DST Called 'Terrible, Dangerous Idea'

Editor:

Since changing to daylight-saving time last Sunday, media opinionators are talking about making it year-round.

Permanent daylight-saving time is a terrible, dangerous idea. Setting the clocks ahead one hour moves an hour of morning light to the end of the day. That's great between March 21 and September 21, when there is more daylight than night. But for the winter-half of the year, we need more light in the morning when kids are going to school.

Our children go to school at about the same time that commuters are starting their treks to work. Darkness and early morning sun in commuters' eyes create dangerous hazards. Later in the day, schools end before most commuters return home, so evening darkness is not as dangerous.

As it is, daylight-saving time ends in November, nearly two

months past the September 21 Equinox. Shortening, not lengthening, the daylight-saving time period would make mornings safer for our children and grandchildren.

—Bruce Joffe
Piedmont

Doesn't Want to See Political Extremists' Views in the Times

Editor:

I am a hard-line left supporter of the people who condemn our current administration under this president. However, I really enjoyed Jenni Romero's post on Feb. 7 that said “People who love Trump aren't going to convince the people who hate him and think he's a great guy” and vice versa.

In my opinion, national politics should be left to the mainstream media outlets and not in our local San Leandro Times! We should be focusing on issues relevant to San Leandro and our neighboring communities, of which there are plenty.

We are being torn apart by national political extremists and I would appreciate not having to deal with that in our local paper.

—Bruce Mac Donald
San Leandro

Banks' Account

Editor:

I don't have quarters, Which isn't strange.

Will meters accept Climate change?

—George Z. Banks
San Leandro

INQUIRING REPORTER

Do we need daylight-saving time?

— Asked downtown

I would rather be on standard time, instead of changing back and forth. Daylight time feels like there's more sunlight, but standard time is more natural. It takes a couple of weeks to adjust to the time change every spring and fall.

Patricia Meagher
San Leandro



I like daylight-saving time. I wish they'd keep it all year. It's confusing to switch back and forth. It takes a while to get used to it.

Linda Bodley
San Leandro

I think we should just forget it. Leave it the way it is. Regular time seems fine to me.

Julie Cleveland
San Leandro



Just get rid of it. It's inconvenient. It feels like you're getting more sun in the evening, but you're getting less sun in the morning.

Erika Lozano
San Leandro

I like it because it's light in the evenings and I like to be outside in the summer.

Charlene Stovall
Oakland





PHOTO COURTESY OF BOB HEUBEL

Art at the Library

Paintings by Bob Heubel will be on display at the San Leandro Main Library, 300 Estudillo Ave., through March 31. Heubel presents a large collection of vivid landscapes and patterned abstracts with rocket ships thrown in for whimsy. Also, artist Eric Joyner's "Robots and Donuts" art prints are on display at The Cooler, 1517 East 14th St., in downtown San Leandro, through April 10. The public is invited to a reception with the artist on Sunday, March 23, from 4 to 6 p.m.

Fairmont: County to provide haven for people living in their cars

continued from front page

needs to respond to this issue, it's a crisis."

Miley said that the county recently received \$16 million in funding for homelessness from the state and approximately \$1 million has been earmarked for the unincorporated area.

The county estimates that 22 percent of local homeless people

are living in cars. In order to stay in the Fairmont parking lot, parkers will need a running vehicle (no RVs) with insurance and registration and a valid driver's license, according to Dr. Kathleen Clanon, medical director of the Alameda Health System. They can stay overnight, but will have to leave the parking lot during the day.

"People living in their cars are independent," said Clanon. "A lot of them are first-time homeless. It takes a little more work with them to get them to accept some help."

Eventually, a "navigation center" may be created on the campus, which would serve a different population who are living in encampments or on the street

"There is no magic answer. This is just an approach that tries to address the problem."

— County Supervisor
Nate Miley

and would have dormitory style modular unit living available on a temporary basis, according to Clanon.

"That would allow people to

get their papers together, get their plans together," said Clanon.

MAC member Chuck Moore suggested that a homeless parking program be instituted in East Bay Regional Parks because they have a lot of space and have restrooms.

But Miley responded that if homeless people wanted to be living in the park, they'd be there already.

"We are trying to address this on county property," said Miley.

Patricia Sores lives in her car at the First Presbyterian parking lot on Grove Way as part of a similar program and sent a letter saying dedicated parking programs work.

"I've been homeless for almost three years now," wrote Sores. "In my present situation, I've felt content and safe. I keep

my doors locked and stay to myself. I am truly thankful and blessed to have a place to go."

Roxanne Stanton used to live in a parking program in Union City and said it helped her work her way out of a bad situation.

"Me and my kids utilized the program from June to October of last year," said Stanton. "During the day, I'd be working and my kids would be in school. Eventually we got into our own place. I hope this program starts up so it can start benefiting others."

"The poor are always going to be with us," said Miley. "What we have now is a crisis; it's never been this extensive before. There is no magic answer. Somebody said this 'isn't a solution.' We aren't saying this is a solution, this isn't a panacea. This is just an approach that tries to address the problem."

The program will probably only last 18 months to two years before being moved because the location interferes with a planned remodel of Camp Sweeney, the county's minimum security juvenile justice facility, according to Miley.

CITY OF SAN LEANDRO • MARCH 25, 2019

STATE of the CITY

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SLHS

SL WIFTER

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MARCH 25, 2019
SENIOR COMMUNITY CENTER, 13909 E. 14th St. San Leandro
6:30 pm to 8:00 pm
Reception: 6:30 to 7pm • State of the City Address: 7:00 to 8:00pm

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SL Sports Hall of Fame Dinner

The San Leandro Sports Foundation (SLSF) is hosting an All American Evening on March 22, from 4:30 to 8 p.m. at the Zero Net Energy Center 14600 Catalina St. in San Leandro. Celebrate the induction of 13 San Leandro sports stars to the SLSF Hall of Fame.

The evening includes food and drinks and a short presentation from each of the inductees. The public is welcome.

For more information, list of Hall of Fame inductees, and ticket purchases, visit www.slsfi.org. Tickets are not available at the door.