



Menu Suggestions

Breakfast Items

Pop-Tarts

Breakfast Bars

Single serve of:

- Cereal
- Grits
- Cream of Wheat
- Oatmeal

Snacks

Fruit Cups

Pudding Cups

Juice Boxes (Capri Sun, etc.)

Single serve of:

- Raisins
- Slim Jim's
- Chips
- Cheez-it's
- Goldfish
- Cheese crackers
- Fruit snacks
- Rice Krispy treats
- Cookies
- etc.

Lunch/Dinners

Mac & Cheese (box/single serve)

Soups:

- Cup-a-Soup
- Top Ramen
- Cup of Noodles
- Chicken Noodle
- Vegetable
- Tomato

Cans of:

- Beef Ravioli
- Cheese Ravioli
- Beef-a-Roni
- Spaghetti & Meatballs
- Spaghetti-O's
- Other types of pasta
- Pork & Beans
- Vienna Sausage
- Tuna (can/box/pack)
- Chicken Breast
- Corn
- Green Beans
- Mixed Vegetables

Please AVOID nuts
All food MUST be shelf stable
Thank You!