



Know Diabetes by Heart

Take Charge of Your Risks

Know Diabetes By Heart (KDBH), sponsored by the American Diabetes Association and American Heart Association, is a free, online education session.

The program aims to help participants better understand the link between diabetes and heart disease.

By participating in this one-hour session, you will learn more about:

- **How diabetes and heart disease are related to increased risks;**
- **How to take control of your risks;**
- **How to access community and clinical resources.**

Clemson University Cooperative Extension Service offers its programs to people of all ages, regardless of race, color, gender, religion, national origin, disability, political beliefs, sexual orientation, gender identity, marital or family status and is an equal opportunity employer.



INFO:

Please contact **Iris McDuffie** for more details:

**843-519-2405 or
imcduff@clemson.edu**

Register for the

Know Diabetes By Heart Course by calling

**Iris McDuffie
843-519-2405**

Location: 2685 South Irby Street
Florence, SC, 29506

Date: 10-4-2022

Time: 2:30 pm-3:30 pm

A Sign up Sheet will be available at both church entrances on Sunday, October 2, 2022