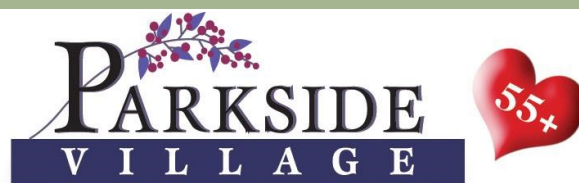


The Chatterbox

www.theparksidevillage.com



6800 Parkside Cr, Deforest, WI 53532  GM: (608) 846-7900 Sales: (608) 846-4640

JUNE EVENTS:

- 4) Ladies Breakfast / B I N G O
- 5) Men's Breakfast
- 11) Lunch Bunch / Cribbage
- 12) Coloring & Crafts Coffee / **Mallard's Game**
- 14) **Flag Day**/ Friday Coffee Hour (hosted by Mo Robinson & Marlyn, Stan & Cathy Nelson)
- 16) **FATHER'S DAY**
- 18) **Birthday Bash** / B I N G O
- 20) **Bring a Friend to YOGA & Breakfast**
- 21) **1st Day of Summer Happy Hour**
- 23) Annual **ICE CREAM SOCIAL**
- 25) Movie Matinee / Cribbage
- 26) Coloring & Crafts Coffee
- 28) Lemonade Social



Happy
Father's
Day



Cribbage is being played every other Tuesday night (opposite of BINGO) at 7 pm in the

Community Room. Farkle Dice game is also available at that time for anyone interested in playing that.

Parkside's Annual **ICE CREAM SOCIAL**

Sunday, June 23rd
2 pm

Join us in the Community Room for delicious ice cream and toppings!!

It's fun, it's free and it's so yummy!

What a great way to kick off Summer. Family & friends welcome!

Please sign up on the bulleting board so we

can plan accordingly.

Bob & Phyllis Peterson are hosting.



LET NATURE NUTURE YOU.

Need to de-stress? Just step outside. Spending time in nature has been shown to lower stress and reduce symptoms of depression and anxiety. This week, spend a few minutes enjoying a nearby green space. Your mind and body will thank you. ~American Heart Association

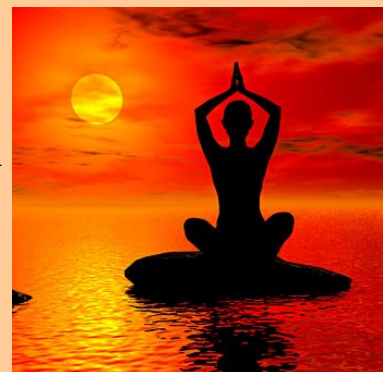


Did you know Parkside has a “**Keep Active Club**”? Everyone is welcome to join. It’s a fun, easy way to keep active. Just see Todd or Julie to get started. You will be given a sheet to keep track of time spent being active and when they are filled out you bring them back and get in the drawings for gift cards. Never any competition you just do what you can when you have the time to do it. Hopefully by keeping track you keep yourself motivated to do daily activities that help keep you healthy and happy too!

JUNE is YOGA Appreciation Month at Parkside!

Normally Monday Yoga’s at 9am are free and Thursday classes at 9am are a \$3 donation.

For the month of June ALL classes are FREE. Yoga has something for everyone. Even if you have never tried it before you will be surprised how easy it is (and we even supply a chair for everyone as a balance buddy). The benefits are numerous...Better balance, more deep breathing, stretching and flexibility, relaxation, release of anxiety and learn to practice peace of mind. You really need to give it a try! No special clothing, shoes or equipment required.



For every class you attend in June you will get an entry into a drawing for a \$50.00 Pick -n- SAVE Gift Card. Winner will be announced at the July 1st Yoga Class.

Bring someone new to YOGA and you both get a \$5.00 Parkside Event Dollar gift certificate to be used at a future Parkside event of your choice. Then, last but not least all participants to the Yoga class on Thursday, June 20th will be treated to a breakfast afterwards of bacon & egg bake, bagels & cream cheese, fresh fruits, juice and coffee.

Dane County Farmers Markets are now in full swing and DeForest Farmers Market returns June 4th.!!

Do you **Love** fresh flowers, plants, produce, vegetables, bakery items, eggs, honey and specialty items? Look no further than the local markets.

Saturdays around the Capitol Square downtown Madison runs from 6:15 am-1:45 pm. With the exception of July 13th which is Art fair on the Sq weekend, that market will be held at Breese Stevens Field.

DeForest Farmers Market starts **Tuesday**, June 4th and is from 3-6 pm and is located between Fireman's Park and the DeForest Village Hall. Some markets will have music, crafts and special theme nights.

Grab your re-usable tote bags and fill them up with nature's delights.



We sure had a great time at Don's party wishing him a happy retirement! It was nice having our Maintenance man Jeff here as well to meet many of you.

We thought this might be a good time to remind everyone that we do offer **OPTIONAL** Service requests which are different than our standard Service requests. Optional requests include things like hanging curtain rods, painting projects, adding shelving, moving planters or furniture. These are all personal requests that will be billed separately to you and are not covered under your Basic Service fee. Some

projects may be a flat fee and not just hourly depending on the request. Please call Todd in the office or send a request thru the Internal webpage and we will get back to you. These Optional requests are fit into the schedule after the regular maintenance requests are attended to. Thank you for your understanding and patience.

Happy Hour Friday, June 21st at 4 pm

Let's CELEBRATE the
official
1st day of Summer with a
happy hour!

Meet in the community
room with a snack or appetizer to share and
bring your favorite beverage too.



BOB HEBEL is Turning

80!! Stop in the
Community Room
between 1-5 pm on
Sunday, June 9th to
wish him a Happy
Birthday.

Please RSVP to Alice
at 846-1948

Thank you to all the GARY Rd clean
up members this past month!
Phyllis & Bob Peterson, Bill LeVitus,
Wayne & Barb Halverson,
Russ & Janet Schave. You help make
our corner of the world much more
beautiful. **THANK YOU!!**



LEMONADE & SUGAR COOKIE SOCIAL!!

**Friday, June 28th at
3 pm** under the portico
(weather permitting).



Cards by Carol

\$1.00 each

Handmade cards in
Julie's office.

Nice variety that add that
personal touch. Need a quick
card, no need to run to the
store.