

BASHFUL BANANA BAKERY & CAFÉ –Daily Specials

SOUPS: Vegan Cream of Broccoli (SVEG,GF), Loaded Baked Potato topped with Apple smoked bacon and cheddar cheese (GF) Black Bean, Sweet Potato & Vegan Beyond Sausage Stew (SVEG, GF) Upside Down French Onion Soup

CHILIS: Veggie Chili (SVEG, GF) Turkey Chili (GF)

LUNCH SPECIAL

Pulled Pork/Jackfruit Tacos-Your choice- pulled pork or BBQ jackfruit(SVEG) with coleslaw(SVEG), grilled sweet potatoes and cherry tomatoes served with a side of black bean salsa in soft shells. \$9.50

Southwestern Beyond Burger: The famous vegan Beyond Burger with lettuce, tomato, onion, guacamole, black bean salsa & vegan siracha mayo on a whole grain roll. SVEG \$11.95

Fall Salad –Spring mix with Craisins, Walnuts, Pepitas, Cherry tomatoes, Goat cheese & grilled chicken with Balsamic Vinaigrette \$9.75 (sub salmon or shrimp \$6.25)

Vegan Beyond Spicy Sausage Grinder- The famous Beyond Spicy Sausage grilled with onions and peppers topped with tomato sauce and homemade vegan mozzarella baked in a whole grain hoagie. \$9.50 (SVEG)

Grilled Salmon Burger: Grilled blackened salmon burger seasoned with lime juice topped with grilled onion, lettuce tomato, lemon dill dressing and sprouts served on a roll \$9.75

Buffalo Bleu Cheese Turkey Burger-Grilled turkey burger topped with hot sauce and melted bleu cheese on a Kaiser with lettuce, tomato and red onion. \$9.50

Honey Pulled Pork Platter – Chipotle Pulled Pork on a whiter Kaiser with hot & sweet jalapeno slices and a side of coleslaw and homemade baked beans \$9.25.

Vegan & Gluten Free Gobbler Bowl- Our own Vegan Lentil Loaf on mashed potatoes with homemade stuffing and a veggie gravy. (sub Turkey) \$10.50

Entrée Special- starts at 3pm- **Spicy Orange Shrimp Bowl** – 8 Shrimp sautéed with peppers, onion, broccoli and edamame in a spicy homemade orange pineapple sauce with organic brown rice. (GF) Includes complimentary bruschetta basket. Early bird special includes side salads from 3pm- 5pm. \$15.95