

February
2021

Baptist Preschool Lascazas



100th Day!

We had a great 100th Day of School! Everyone that dressed up looked so GREAT! We have some very creative mommies and daddies!

Safety Classes

Our child safety curriculum, Keeping Kids Safe, begins today, **Monday, February 1st**, for children 3 and up.



Summer & Fall Registration

Please turn in your registration forms for your child's summer and fall spots. Registration ends for all current students on **Wednesday, February 10th**. All fees are due by **Wednesday, March 10th**. Fees not paid by this date could result in losing your child's spot. This also includes children that have yet to be born that you



Party Time!

Our Valentine's Day parties will be held on **Friday, February 12th**. Be on the lookout for info from your child's teacher about what will be going on that day!

School Closure!

LBP will be closed on **Monday, February 15th**, so we can observe Presidents' Day. Enjoy your day off!



Lions' Club Eye Exams

Volunteers from the Rutherford County Lions' Club will be here on **Wednesday, February 24th** and **Thursday February 25th** to conduct eye exams for kids ages 1 and up! Permission forms coming home soon!



Make the Pledge

Month UNPLUG & Read encourages adults, families, and children to unplug from TV, computers, and video games and enjoy the pleasures of reading. So, come on guys, put down those devices and take time out to READ to your kids! They'll love it! Check out the website below for some great ways to UNPLUG! www.readtosucceed.org/unplug-read/



Survey Time!

We are taking our parent survey online again this year! You will receive an email with the link to complete the survey within the next few days. You can also remain anonymous. There will be new questions regarding COVI protocols, so be sure to check it out! Please complete the survey by **Friday, February 26th**.

Monthly Mission Project



Stepping Stones Safe Haven is on a mission to provide special programs and resources for the homeless sector of Rutherford County, specifically women with children. Resources include clean showers & restroom facilities, kitchen areas for preparing meals, washer and dryer access, and a media center for those individuals searching for employment opportunities. We are accepting the following items for this ministry:

Disinfecting wipes
Paper towels

Toilet paper
Bleach

Toilet cleaner
Kleenex



Lysol spray!!!
Kleenex
Board books with REAL pictures

MARCH SNEAK PEEK

Wednesday, March 10th - All fees due
Monday, March 15th - National Potato Chip Day
Tuesday, March 23rd - Spring Pictures (individuals, graduates)
Monday, March 29th - Friday, April 2nd - Closed for Spring Break



Lascassas Baptist Preschool Monthly Devotion

“The most important one,” answered Jesus, “is this: ‘Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’ The second is this: ‘Love your neighbor as yourself.’ There is no commandment greater than these.” Mark 12:29-31

Who’s your neighbor? God says everyone is. “The central truth – the one you have heard since the beginning of your faith – is that we must love one another” (1 John 3:11). But did you catch in the above Scripture, we are not only to love others... but love others in the same way we love ourselves. First, we must know and believe that God loves us so that we can then love others. “We love because He has first loved us” (1 John 4:19). Next, through knowing and believing God’s love for us, we are able to then love each other deeply and fully as Jesus has loved us. “So I give you a new command: Love each other deeply and fully. Remember the ways that I have loved you, and demonstrate your love for others in those same ways” (John 13:34). Finally, just think about how you would love your neighbor better if you had a healthy love for yourself.

Yes, we are called to love others, but you cannot stop there – we are to love others in the same way we love ourselves. Loving our neighbor will not always be easy because our neighbors are imperfect people, as are we.

<https://www.dayspring.com/articles/love-your-neighbor-as-yourself>

Healthy Recipes of the Month–Turn Up the “BEET”

Roasted Beet and Radish Salad

Ingredients:

2 red beets peeled and diced	1 cup radishes, diced
2 tbsp olive oil	Pinch each salt and pepper
½ cup feta cheese crumbled or diced	2 tbsp pesto
½ lemon	

Instructions:

Roast: Preheat oven to 400 F. Dice beets and radishes, and spread onto a parchment paper lined baking sheet. Drizzle with oil and season with salt and pepper, tossing around a bit to evenly coat. Roast for 20 minutes, or until radishes are a bit tender (beets will still have some crunch)

To Serve: Toss to combine roasted beets, radishes, feta, pesto, and the juice from half of a lemon. Serve warm or cold.

Red Velvet Beet Smoothie Bowl

Ingredients:

1 roasted beet, cooled	1 cup frozen cherries
1 banana chopped and frozen	¼ cup milk any variety
3 tbsp cocoa powder	1 tbsp honey or maple syrup for vegan option

Instructions:

Combine all ingredients in a blender and blitz until smooth, adding more milk and honey as needed to reach a consistency and sweetness to your liking (it should be thicker than a smoothie you would drink). Top with your favorite nuts/seeds, banana, cocoa. You can also cut fruit/beets into heart shapes and set those on top for maximum “awwww” factor for Valentine’s Day.

www.liveeatlearn.com/roasted-beet-radish-salad/

www.liveeatlearn.com/red-velvet-beet-smoothie-bowl/