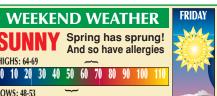




Furry Friends PETS OF THE WEEK WHITNEY AND AMBER WOULD LOVE TO MEET YOU! ..... 2



Protect Your Heart **NEW GUIDELINES EMPHASIZE** PERSONALIZED APPROACH TO TREAT CHOLESTEROL .... 8







# Leandro Cimes

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

**VOL. 29 • NO. 15** 

THURSDAY, APRIL 11, 2019

**SAN LEANDRO • CALIFORNIA** 



San Leandro High School No. 1 singles tennis player Ben Duong battled Ajay Ralleta of Mt. Eden last Thursday in a close first set. Ralleta won the match 7-6, 6-0 as Duong played out the second set despite a banged up knee.

## San Leandro Tennis Tops Mt. Eden, 4-3

By Jim Knowles

San Leandro Times

The doubles-duos pulled through as Thursday, 4-3.

The Pirates won all three doubles team short. So the Pirates only needed to win one of the four singles matches to win of San Leandro battled down to the wire in the overall team score.

6-7, 6-4,

Tat's style is to hit soft shots, almost by default as the Monarchs were a doubles down his opponents with his consistency.

In the No. 1 singles match, Ben Duong

the first set, a 7-6 tiebreaker won by Ajay They did it when San Leandro's No. Ralleta of Mt. Eden. Ralleta cruised in the the San Leandro boys tennis team won 2 singles player Wesley Tat pulled out the second set, 6-0, after Doung fell and bloodied in a close match against Mt. Eden last win over Allen Mercado of Mt. Eden – 6-3, his knee, but he fought through the pain and finished the match.

In the No. 3 singles match, Julian Sandmatches, two on the court, and the third lobs, but he keeps getting the ball in, wearing erson of Mt. Eden beat Kaho Moon of San Leandro – 6-1, 6-4.

see TENNIS, page 5

# **Rapid Bus Line to Open** By Year's End

### AC Transit's Bus Rapid Transit (BRT) line stations almost finished

By Amy Sylvestri

A rainy winter delayed construction on AC Transit's Bus have been constructed, but fin-Rapid Transit (BRT) project, but ishing touches won't be in place officials say that the "light rail on until closer to the end of the year, wheels" bus route will be running by the end of the year.

The ambitious \$216 million rapid-bus line has been in the works for over 15 years and was originally supposed to stratch originally supposed to stretch from Berkeley to Bayfair. But AC Transit could only get approval for a truncated 9.5-mile route between downtown Oakland to the San Leandro BART station.

Budget the San Leandro BART station.

The San Leandro City Council nixed the rest of the route through town to Bayfair, saying it would disrupt traffic on East 14th Street.

ties and Technology Committee East 14th St. meeting, AC Transit officials said by the end of this year.

San Leandro BART station.

All of the bus stop platforms see BRT, page 14

# **To Host Discussion**

The City Council invites the public to attend an upcoming Back in 2014, AC Transit said council meeting that will in-BRT would be running before the clude an in-depth discussion of end of 2016. But construction the city's upcoming Fiscal Year didn't start until April of 2017. 2019-20 budget on Monday, April At a recent San Leandro facili- 15, at 7 p.m. at City Hall, 835

Throughout the spring of evthat the construction is around 60 ery other year, City staff develop percent complete today and on a draft biennial (two-year) budget track to have the busses running that is presented to the City Council for their review and feedback Most of the route will include prior to their formal adoption of dedicated bus lanes in the middle the budget in June. Each budget of the road, but in San Leandro year begins on July 1 and ends the bus-only lane will go just a on June 30. This meeting is few blocks into the city before part of the ongoing process of turning off East 14th Street at public meetings that provide an Davis Street and heading to the opportunity for discussion, insee BUDGET, page 9

## **Council OK's 687-Unit Apartment Complex**

By Amy Sylvestri San Leandro Times

A 687-unit apartment complex was unanimously approved recently by the city's Planning Commission and Board of Zoning Adjustments, drawing little of the opposition that much smaller proposed apartment developments have gotten in San Leandro

Maximus Real Estate Partners will build two apartment about one-quarter mile north of the San Leandro BART station with a shared underground park-running path. at 899 Alvarado St.

recently.



buildings at the 5.7-acre site A rendering gives an impression of what the apartments might look like.

ing garage with 892 spaces, a One building will be five 550-square-foot cafe, play area, large public art piece made up of stories, the other six stories dog park, roof-top garden, and thousands of orange and yellow

laser cut pieces which will be One wall will be devoted to a arranged to mimic a migration of Monarch butterflies.

see APARTMENTS, page 16

### CRIME

Police arrest auto burglary suspects after chase. Page 3

### NEIGHBORS

Host a student from Spain this summer.

### NEWS

Nurses picket at San Leandro Hospital. Page 14

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Inquiring Reporter ... 15 Calendar.....4 Classified Ads ...... 12 Crime ......3 **Crossword......14** Health & Fitness ......8 Homes ..... 10 Home Services ...... 12 Letters ...... 15 Lifestyle .....7 **Obituaries ..... 14** 

### **MEETING SCHEDULES**

### CITY COUNCIL

Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro For more information, call the City Clerk at 577-3367.

### ■ SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



### San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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# PETS OF WEEK



Whitney



**Amber** 

The Pets of the Week at the Hayward Animal Shelter, 16 big brown eyes. While a bit shy Barnes Court in Hayward, are when she first meets you, she Whitney the cat and Amber the quickly warms up and is very sweet.

Whitney is a gorgeous, She's a little shy at first but has a and greens. sweet personality once she gets to

Correction

In the story on Mayor Pau-

line Cutter's State of the City

speech, "Cutter Speech Calls for

Sustainability" (March 28, 2019),

the planned apartment complex

mentioned in the speech had the

wrong address. It should have

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said 899 Alvarado St.

Amber is a social bunny with

4-year-old tortie with long fur. loves nibbling on timothy hay

tient family to help her blossom. ward Animal Shelter at 293-7200.

She allows handling and

For more information on know you. She needs a loving, pa- Whitney or Amber, call the Hay-

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# Gypsy Runs a Final Week at SLHS

Jasmine LaRose plays Rose in the musical Gypsy, running this weekend at the San

The musical Gypsy will run Wednesday of each month at for one more weekend at the of Gypsy Rose Lee, the show the Wedgewood Center at the San Leandro High Performing features singing and dancing that Saturday at 7:30 p.m. and Sun-Arts Center, featuring students will send you home humming. Doolittle Drive in Oakland. Hap- from San Leandro High School py hour starts at 11 a.m., followed as well as several children from of Rose, the overbearing "stage elementary schools.

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Leandro High School Performing Arts Center.

Loosely based on the life for herself.

The musical tells the story and 14. the stardom that she wanted sanleandropac.com.

The show runs Friday and day at 2 p.m. on April 12, 13

Tickets are \$15 for adults, mother." She pushes her daugh- \$10 for seniors, and \$8 for stuters, June and Louise, into show dents. Tickets at the door, or business, hoping they can have advance tickets on sale at www.

### **Help Remove Non-Native Plants at Park**

Help Friends of San Leandro mosquito repellant. FSLC will

Creek remove non-native plants provide tools, snacks, drinks and like ivy and blackberry from a free pizza lunch for all. Scout the creekside at Chabot Park, troops, clubs and groups are Estudillo Avenue and Sylvian welcome, as well as individuals. Circle, on Saturday, April 20, The Friends will certify volunteer from 10 a.m. to 3 p.m. Volun- hours for community service teers should wear long pants for schools. For more information and sleeves, sturdy shoes, and and to register visit www.fslc.org.

### **Historical Society To Host Open House**

The San Leandro Historical Ave. in San Leandro.

A slide show and history of Society invites the public to an the building will be presented open house on Saturday, April from 2:30 to 3 p.m. Bring fam-13, from 2 to 4 p.m. at the Little ily and friends. Enjoy wine and Brown Church on the grounds of refreshments, including home-Casa Peralta, 384 W. Estudillo baked cookies. Admission is free. Drop in at any time.

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Singles = \$212

02 NEWS 04-11-19.indd 4/10/19 1:28 PM  $\bigoplus$ 



### Gala Fundraiser Brings in \$156,000 For Davis Street Resource Center

Davis Street supporters came and seniors.

support of Davis Street.

Davis Street recognized Gordon Galvan for his 10 years of with developmental disabilities. service and leadership on the Davis Street Board of Directors and welcomed Dr. Susan Cota as Board President.

Street helps low income families of the Eden area and surrounding communities through short and long-term assistance.

Sequoyah Country Club and Health Center (FQHC) Primary raised \$156,170 to support the Care Clinic providing medical, Davis Street Family Resource dental, vision, pediatric services, services; food and clothing; sub-The sold-out event, "A Night sidized child care; housing and in Havana," featured Cuban utility assistance and referrals; themed décor for a colorful eve- quality affordable childcare at ning of dining and dancing in five childcare centers; and Stepping Stones Growth Center, providing programs for individuals

Gala sponsors included:

Nancy & Michael Pretto, NUG Wellness, OSIsoft, Sutter The gala raised critically Health Eden Medical Center, needed funds to support all the AA Batarse Foundation, Galprograms at Davis Street which van & Associates, International serves thousands of people. Davis Brotherhood of Teamsters, Kaiser and am excited to welcome Dr. Permanente, McDermott Costa, Teamsters Local 853, Scribner Partnership Foundation, Susan Davis Street CEO Rose Padilla Cota, Teamsters Local 2010, Johnson.

Davis Street programs in- Teamsters Local 315, Teamster together on March 27 at the clude a Federally Qualified Joint Council 7, Angela Rafoth, Big O Tires, Bob Senna with **UBS** Financial Services, Corbett Paralegal Services, David Bruns, Center's programs for families behavioral, and women's health David and Tina Rocha, Eden Health District, Farella Braun + Martel, Hank Sullivan, Jeannette K Gancos, MJC Employee Benefits and Insurance Services, Inc., Rome Aloise, Rachelle Parham, Simpson, Garrity, Innes & Jacuzzi, Supervisor Wilma Chan, Blaisdell's Business Products, F.H. Dailey Chevrolet, Gary A Offenberg, Dr. Mika Hiramatsu, Paula Champagne, Teamsters Local Union 856.

> "I'm eternally grateful to our core supporters for making this our highest grossing event ever, Cota as we write the next chapter of Davis Street history," said

### **CV Toastmasters Meet Tuesdays**

The Castro Valley Toastmasters welcome everyone who wants to improve their comsupportive atmosphere.

The Castro Valley Toastmasters weekly meetings are held every Tuesday from 7 to 8:30 p.m. at 21966 Dolores Street in Castro Valley.

For more information call 566-9761 or go to http://961. toastmastersclubs.org/.

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### **County Surveying Older Adults**

(AAA) is conducting a survey for older adults to gain perspective on what community components are important for the developmunication skills in a friendly, ment of the Countywide Plan for Older Adults.

The information collected ly/aaa2019survey

Social Services

The Area Agency on Aging will be used by the county to shape future programs and ser-

> If you are age 55 and older, and reside in Alameda County, please take a few minutes to fill out the online survey at: http://bit.

Are you 55 years of age or older AND live in IF YOU ANSWERED YES... FROM YOU! Alameda County Area Agency on Aging is conducting a consumer survey in preparation of the 2021-2024 Countywide Plan for Older Adults. Fill out the survey at http://bit.ly/aaa2019survey

# **POLICE & FIRE**

### **Police Arrest Auto Burglary Suspects after High-Speed Chase**

San Leandro Police arrested Interstate 580 in Oakland.

Two San Leandro police sercar's back window smashed car as it fled, according to a San distance, police said. Leandro police press release.

Honda, which continued to flee, off-ramp and was arrested by the police said.

The sergeants pursued the veas the Honda exited and re-entered the freeway a few times.

a construction zone.

The driver, later identified as geants patrolling downtown saw 23 year old Sergio Chavez-Silva crimes that have been occurring a gold-colored Honda Accord and his passenger, 30 year old in most cities throughout the Bay speeding out of the Washington Byron Perez-Olivera, both of Area, with tools, computers, cell Plaza shopping center with the Oakland, ran from the vehicle phones and purses being stolen out and several patrons in the bound freeway lanes, with the Lt. Robert McManus in a press shopping center pointing at the two sergeants following at a safe release. "Today's situation was

The police tried to stop the ing in the bushes on the freeway ended without anyone injured." ed by SLPD officers.

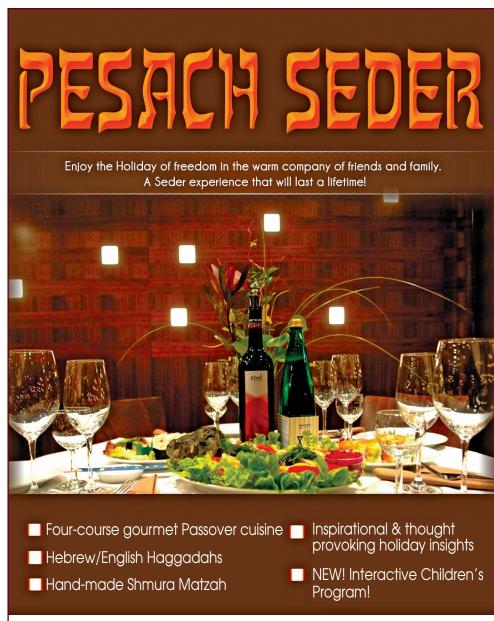
hicle on I-580 towards Oakland incident at the Washington Plaza violation of his probation. determined that the men had broken into a truck parked near the Santa Rita Jail in Dublin.

The Honda finally exited the Sizzler restaurant, and fled after two men on April 3 following freeway at Seminary Avenue being confronted by witnesses, an auto burglary, high-speed car where it became disabled after who smashed out the back winchase and foot pursuit across crashing into another vehicle in dow of the Honda, before it sped out of the parking lot.

> "Auto burglaries are common and fled across the east and west-regularly," stated San Leandro very dangerous for everyone Chavez-Silva was found hid- involved. We are glad that this

Both men have been arincreasing its speed as it headed sergeants. Perez-Silva, who was rested by police on suspicion towards Interstate 580. Some also on probation for a previous of auto burglary. Police will officers responded to assist in burglary conviction, was found seek additional charges against the pursuit, while others checked walking near a Shell gas station Chavez-Silva, the driver of the for victims at Washington Plaza, on Seminary Ave. and was arrest- Honda that led the sergeants on the high-speed pursuit. Pe-Officers investigating the rez-Silva is also being held for a

Both men were transferred to



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San Leandro Times THURSDAY, APRIL 11, 2019

# **NEIGHBORS**



Exchange Students from Spain will visit a number of Bay Area attractions while staying with their host families this summer.

### Host a Student from Spain this Summer

Have a fun experience with have studied English and want to Spanish to be a host family. experience life in an American home.

An exchange student program from 13 to 17 and will have their attractions. The excursions are all to house 19 students from Spain ance. A Spanish group leader will as their ground transportation. or to help with any problems.

new lifelong friend. The students meals. It's not necessary to speak and interests.

26. The students range in age an Oakland A's game, and other 265-4929.

is looking for more host families own spending money and insurpaid for by the program, as well who are coming to the Bay Area be available for communication Host families are welcome to join the students on any of the Host families provide one excursions at a discounted rate. your family learning about anoth- student with their own bed, a An effort will be made to place er culture, language and make a place to keep belongings and students according to age, gender

To be a host family or The 25 students in the group for more information on this will go on three excursions each cultural experience, contact The students will stay for four week during their stay. They will Carolyn or Larry Mazzanti at weeks, from June 28 through July go to Great America, Alcatraz, carolyn10757@aol.com or call

intensive, eight-week program

that included training in military

discipline and studies, Air Force

core values, physical fitness,

and basic warfare principles and

training also earn four credits

toward an associate in applied

science degree through the

Community College of the Air

nard J. Moody Sr. of Oakland,

and Glenda M. Jones of Stock-

ton and husband of Aaliyah R.

**Moody** of San Leandro, Calif.

Stellar Preparatory School,

He is a 2015 graduate of

Moody is the son of Ken-

Airmen who complete basic

skills.

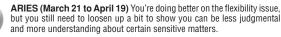
Hayward.

nard J. Moody Jr. graduated land, San Antonio, Texas. from basic military training at

U.S. Air Force Airman Ken- Joint Base San Antonio-Lack-

The airman completed an

### HOROSCOPE by Salomé





TAURUS (April 20 to May 20) Your personal aspect continues to dominate this week. But try to make time to deal with important career-linked matters as well. A change of plans might occur by the weekend.



GEMINI (May 21 to June 20) Excuses are not really needed for much of the confusion occurring this week. However, explanations from all parties could help in working things out to everyone's satisfaction.



**CANCER (June 21 to July 22)** That surprising (but pleasant) recent turn of events continues to develop positive aspects. But be prepared for a bit of a jolt on another issue that needs attention



**LEO (July 23 to August 22)** Creating a fuss might bring you that attention you want. But are you prepared for all the explaining you'd have to do? Better to use more subtle ways to make your bid.



VIRGO (August 23 to September 22) With education continuing to be a strong factor this week, this could be the time to start learning some new skills that can later be applied to a bid for a potential career move. LIBRA (September 23 to October 22) You might do well to reconsider



one project that you neglect meeting a deadline on another ORPIO (October 23 to November 21) With an important decision looming, you need to be careful about the information you're getting. Half-

truths are essentially useless. Get the full story before you act.

some of your current time priorities before you get so deeply involved in



SAGITTARIUS (November 22 to December 21) Find out what everyone's role is expected to be before accepting that workplace proposal. Getting all the facts now could prevent serious problems later on.



CAPRICORN (December 22 to January 19) A flexible position on a workplace matter could be the best course to follow during the next several days. A personal issue also benefits from an open-minded approach.



**AQUARIUS (January 20 to February 18)** Involving too many people in your workplace problem can backfire. Remember: Allegiances can shift. Ask trusted colleagues for advice, but don't ask them to take sides.



**PISCES (February 19 to March 20)** Before submitting your suggestions, take more time to sharpen the points you want to make. The clearer the presentation, the more chance it has to get through when submitted.



### **ALLPHIN JEWELERS**

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# COMMUNITY CALENDAR



#### **❖** Area Agency on Aging Survey

The Area Agency on Aging (AAA) is conducting a survey for older adults to gain perspective on what community components are important for the development of the Countywide Plan for Older Adults. The information collected will be used to shape future programs and services. If you are age 55 and older, and reside in Alameda County, please take a few minutes to fill out the online survey at: http://bit.ly/aaa2019survey.

#### **❖** Hearing Loss Association Meeting

The Hearing Loss Association Meeting will be on Saturday, April 13, at the Oakland Kaiser Hospital, Fabiola Bldg., 3801 Howe St., lower level, room G26. Refreshments at 9:30 a.m with the program beginning at 10 a.m. The speaker, Dr. Herb Dedo, was on the faculty of UCSF Medical school for 45 years, as chief of research paralysis of the vocal cord, taught ENT residents. He has much to discuss including Meniere's treatment. Parking is free on Saturdays at the garage on Howe St. For more information, call 221-6080 or email info@hearinglosseb.org.

### **❖** Then They Came For Me...

Join the Castro Valley Community Alliance for a dynamic presentation and discussion about restrictions and internment of American ethnic groups, then and now, on Saturday, April 13, from 2 to 4 p.m. at the Castro Valley Library, 3800 Norbridge Ave. in Castro Valley. Speakers include Velio (Al) Bronzini and Hiroshi Shimizu, who as children during WWII, experienced the repercussions from hatred and fear through ethnic profiling. ACLU of Northern California Organizing Director Ashley Morris will talk about what is happening now and how we can help.

### **❖** City of San Leandro Hosts Egg Hunt

The Recreation and Human Services Department will host the city's annual Egg Hunt for children age 10 and under on Saturday, April 13, at 10 a.m. at Stenzel Park. Bring your own basket. Parent supervision is required. Egg hunts will be divided into age groups. The Easter Bunny is expected so bring a camera. This event is made possible through a donation from the San Leandro Optimist Club. For more information, call the Recreation and Human Services Department at 577-3462.

### ❖ San Leandro Historical Society

The San Leandro Historical Society invites the public to an open house on Saturday, April 13, from 2 to 4 p.m. at the Little Brown Church on the grounds of Casa Peralta, 384 W. Estudillo Ave. in San Leandro. A slide show and history of the building will be presented from 2:30 to 3 p.m. Bring family and friends. Enjoy wine and refreshments, including home-baked cookies. Admission is free. Drop in at any time.

### ❖ St. Gerard Women's Club Bake Sale

The Members of St. Gerard Women's Club of St. John's Church, 264 E. Lewelling Blvd. in San Lorenzo, will have their Annual Easter Bake Sale and Raffle on Saturday, April 13, from 3 to 8:30 p.m.; and Sunday, April 14, from 7 a.m. to p.m. A Continental Breakfast will be offered on Sunday starting at 8:30 a.m. Lots of delicious baked goods, raffle prizes and "jewelry table," with all proceeds going to St. John's Church. For more information call Cheryl Hoffmann at 278-2906 or Mary Barranco at 278-5315.

### \* You Can't Take It With You

The San Leandro Players will present You Can't

Take It With You, one of America's best loved classic comedies, at the San Leandro Museum/ Auditorium, 320 West Estudillo Ave., running until April 14. The show runs Saturdays at 8 p.m. and Sundays at 2 p.m., and two Fridays at 8 p.m. on April 5 and April 12. Tickets are \$20 general, and \$15 for seniors TBA members, under 12 and students. For information or reservations call 895-2573, or order tickets online at www. slplayers.org.

#### **❖** Meeting of the East Bay Rose Society

The meeting of the East Bay Rose Society will be on Wednesday, April 17, at 7:30 p.m. at the Lakeside Garden Center, 666 Bellevue Ave. in Oakland. The topic will be "Simple Elegance the Japanese Way: Enjoying Flower Arranging with Shuji Ikeda," who is a senior professor of the Ikenobo School of flower arranging and has worked with flowers since childhood. He will teach a few basic techniques and principles on how to express the essence of the flowers. Enjoy snacks, people who talk roses and enjoy the show. For more information, visit www. eastbayroses.org.

#### ❖ I.D.E.S. St. Salad Bar Lunch & Bingo

I.D.E.S. St. John, 1670 Orchard Ave. in San Leandro, will have a salad bar lunch and bingo on Saturday, April 20, at noon. Tickets are \$15 and includes four bingo cards. Extra bingo cards are 25 cents each. There will also be a 50/50 cash raffle. For tickets, call Darlene at 589-6536, Willie at 635-6326 or Frances at 886-1568.

### **❖** Bayfair Toastmasters

Bayfair Toastmasters is a small, growing club seeking new members who want to learn the art of public speaking. All are welcome to the club's weekly meetings every Wednesday from noon to 1 a.m. in the Bayfair Mall 2nd floor meeting room above the food court. Come through Entrance 5 facing the Century Theater. For more information, call Noreen at 538-6025 or Wayne at 407-0048.

### ❖ Kiwanis Club of San Leandro

Join the Kiwanis Club of San Leandro for weekly meetings. The first Tuesday is for socializing. Dinner is open menu and starts at 5:30 p.m. The following Tuesdays, second through the fourth or fifth, are luncheons and are from 12:10 to 1:30 p.m. and will have a speaker. All meetings are held at The Englander, 101 Parrott Street in San Leandro.

### **❖** Personal Emergency Preparedness

Attend an interactive workshop on emergency preparedness on Thursday, April 18, from 6:30 to 8 p.m. at the Marina Community Center, 15301 Wicks Blvd., Thunderbolt room in San Leandro. Topics will include what to do before, during and after an earthquake. Discussions will be on how to make a family plan, build an emergency kit, what items should be included and the proper way to store it. Staff from the Alameda County Fire Department will lead the workshop. To sign up log on to: www.sanleandrorec.org #13968 or visit Marina Community Center.

### **❖** San Leandro LeTip Meeting

Come see how LeTip can help your business sales grow. Meetings are held every Thursday at 7 a.m. at Denny's Restaurant, 1803 Marina Blvd. in San Leandro. LeTip is a professional organization whose purpose is the exchange of business leads. Each business category can only be represented by only one person. For more information, call Robert West at 912-0555.

Calendar items should be submitted at least one week prior to the desired edition of the Times, which is published Thursdays. Space limitations require we print items of the most general interest. Only Non-Profit Organizations should submit calendar items.

## Tennis: San Leandro High doubles duos post wins; Tat's win in singles makes the difference

continued from front page

In the No. 4 singles match, Nikesh Poudel of Mt. Eden beat Philip G. Mariam of San Leandro -7-6, 4-6, 6-4.

But in the doubles matches, San Leandro rolled to victory. In No. 1 doubles, Sonny Lew and Joshua Rodrigues of San Leandro beat Mohit Gupta and Kyle Carino of Mt. Eden - 6-0, 6-0.

In No. 2 doubles, Mohit Singh and Jeremiah Rodriguez beat Areeb Khan and Christian Ocoma of Mt. Eden -6-0, 6-1.

No. 1 doubles player Joshua Rodriguez said he was switched to a singles player earlier in the vear, but went back to playing doubles, which he prefers. He likes to talk to his doubles partner and plan strategy.

"I feel more comfortable in doubles," he said. "I talk to my doubles partner after each point."

Rodriguez twin brother, Jeremiah Rodriguez, is on the No. 2 doubles tandem. The twins have played together before as a doubles team, but they've decided they do better playing with another doubles partner.

Jeremiah said he plays well with his current doubles partner Mohit Singh.

He makes it easy for me when I'm at the net because his shots go deep," he said.

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San Leandro tennis player Wesley Tat returns a shot in the No. 2 singles match, hitting the ball high but consistently getting the ball inbounds. Tat went on to win his match 6-3, 6-7, 6-4.

### LEGAL NOTICE

FILED FEBRUARY 11, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY --. Deputy FILE NO. 555154

#### **FICTITIOUS BUSINESS** NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business

Red Lion Plumbing and Rooter located at 824 Williams Street, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Luis Martinez, 824 Williams Street, San Leandro, CA 94577. This business is conducted by an individual This business commenced on N/A. /s/Luis Martinez

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above

Expires FEBRUARY 11, 2024

MAR. 21, 28, APR. 4, 11, 2019 0034-SLT

FILED FEBRUARY 22, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY FILE NO 555592

#### **FICTITIOUS BUSINESS** NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:

Davis Street, San Leandro, CA 94577, in MacArthur Blvd, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Nathan Jaramillo, 2586 Williams Street, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on N/A. /s/Nathan Jaramillo

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires FEBRUARY 22, 2024

APR. 4, 11, 18, 25, 2019

**FILED** FEBRUARY 13, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY ----. Deputy

### FILE NO. 555208 **FICTITIOUS BUSINESS** NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: Al's Detailing located at 15785 Washington Avenue, San Lorenzo, CA 94580, in Alameda County is hereby registered by the following owner(s): Alan Quisenberry, 281 Juana Avenue, Apt. 305, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on 02-06-12.

/s/Alan Quisenberry This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above

Expires FEBRUARY 13, 2024 MAR. 21, 28, APR. 4, 11, 2019 0035-SLT

FILED APRIL 2, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY FILE NO. 557244

#### **FICTITIOUS BUSINESS** NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:

Nate's Customs & Collision located at 2420 Melissa Michelle Grooming located at 1109 Alameda County is hereby registered by the following owner(s): Melissa Michelle Grooming Inc., 875 Begier Avenue, San Leandro, CA 94577. This business is conducted by a corporation. This business commenced on

> /s/Melissa Michelle Grooming, Inc. This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires APRIL 2, 2024

APR. 4, 11, 18, 25, 2019 0055-SLT

FEBRUARY 26, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 555717 ----. Deputy

#### **FICTITIOUS BUSINESS** NAME STATEMENT Pursuant to Business and

Professions Code Sections 17900-17930 The name of the business:

The New Fairmont Beauty Salon located at 1596 150th Avenue, San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Violante Pereira, 593 Grove Way, Hayward, CA 94541. This business is conducted by an individual. This business commenced on 2-1-2010. /s/Violante Pereira

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above Expires FEBRUARY 26, 2024

MAR. 21, 28, APR. 4, 11, 2019 0036-SLT

FILED MARCH 29, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY By-----, Deputy FILE NO. 557144

#### **FICTITIOUS BUSINESS** NAME STATEMENT Pursuant to Business and

Professions Code Sections 17900-17930

The name of the business:

Pablo Handyman located at 1274 62nd Power Nex Construction Inc. located at 375 Avenue, Oakland, CA 94621, in Alameda County is hereby registered by the following owner(s): Pedro Matias Pablo, 1274 62nd Avenue, Oakland, CA 94621. This business is conducted by an individual. This business commenced on 3-29-19. /s/Pedro Matias Pablo

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires MARCH 29, 2024

APR. 11, 18, 25, MAY 2, 2019 0054-SLT

FILED NOVEMBER 02, 2018 STEVE MANNING County Clerk ALAMEDA CÓUNTY By-----, Deputy FILE NO. 551524

#### **FICTITIOUS BUSINESS NAME STATEMENT**

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business:

Carrie's Learning Space located at 1471 166th Avenue, San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Carrie Banks, 1471 166th Avenue, San Leandro, CA 94578. This business is conducted by an individual. This business commenced on 4/20/2018. /s/Carrie Banks

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires NOVEMBER 02, 2023

MAR. 21, 28, APR. 4, 11, 2019 0037-SLT

> FILED APRIL 4, 2019 MELISSA WILK County Clerk

ALAMEDA COUNTY FILE NO. 557350

#### **FICTITIOUS BUSINESS** NAME STATEMENT Pursuant to Business and

Professions Code Sections 17900-17930

The name of the business:

Santa Paula St., San Leandro, CA 94579, in Alameda County is hereby registered by the following owner(s): Power Nex Construction, INC., 375 Santa Paula St., San Leandro, CA 94579. This business is conducted by a corporation. This business commenced on N/A. /s/Power Nex Construction, INC.

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires APRIL 4, 2024

APR. 11, 18, 25, May 2, 2019 0059-SLT

### **Briefs & Announcements**

And Then They Came for Me...

Join the Castro Valley Community Alliance for a dynamic presentation and discussion about restrictions and internment of American ethnic groups, then and now, on Saturday, April 13, from 2 to 4 p.m. at the Castro Valley Library, 3800 Norbridge Ave. in Castro Valley. Speakers include Velio (Al) Bronzini and Hiroshi Shimizu, who as children during WWII, experienced the repercussions from hatred and fear through ethnic profiling.

#### **Easter Treasure Hunt**

Heritage Baptist Church will host an Easter Treasure Hunt at James Monroe Elementary School, 3750 Monterey Blvd. in San Leandro, on Saturday, April 20 from 11 a.m. to 1 p.m. This free event will include games, prizes, and exciting activities for children 4-11 years old. For information go to www.hbc.or/easter or call 357-7023.

### LEGAL NOTICE □

FILED

MARCH 14, 2019

ALAMEDA CÓUNTY

MELISSA WILK County Clerk FEBRUARY 22, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY Ву---, Deputy FILE NO. 555587

### By-----, Deputy FILE NO. 556520 FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business:

Bay Du Acupuncture Herbs located at 237 Estudillo Avenue #202, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Jia Zhong Du, 400 Springlake Drive, San Leandro, CA 94578. This business is conducted by an individual. This business commenced on

/s/Jia Zhong Du

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above Expires MARCH 14, 2024

MAR. 28, APR. 4, 11, 18, 2019 0048-SLT

> FILED MARCH 21, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY -, Deputy FILE NO. 556826

#### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: WAVZ ULTRASOUND located at 17257 Via La Jolla, San Lorenzo, CA 94580, in Alameda

County is hereby registered by the following owner(s): Raymond Zeng, 17257 Via La Jolla. San Lorenzo, CA 94580. This business is conducted by an individual. This business commenced on N/A /s/Raymond Zeng

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires MARCH 21 2024

> MAR. 28, APR. 4, 11, 18, 2019 0050-SL1

> > **FILED** APRIL 4, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY FILE NO. 557351

#### **FICTITIOUS BUSINESS** NAME STATEMENT Pursuant to Business and

Professions Code Sections 17900-17930 The name of the business:

P & G Power Corp. located at 375 Santa Paula St., San Leandro, CA 94579, in Alameda County is hereby registered by the following owner(s): P & G Power Corp., 375 Santa Paula St., San Leandro, CA 94579. This business is conducted by a corporation. This business commenced on N/A. /s/P & G Power Corp.

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires APRIL 4, 2024

APR. 11, 18, 25, May 2, 2019 0060-SLT

**FILED** 

#### **FICTITIOUS BUSINESS** NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business:

(1) Windy Treats (2) Lion's Garden (3) Diines Cloud 9 (4) Stovall Group & Associates (5) Merry For Jane, located at 24438 Santa Clara Street #3035, Hayward, CA 94540, in Alameda County is hereby registered by the following owner(s): (1) JeAnna Stovall and (2) Margaret J. Stovall, 660 Fargo Avenue #9, San Leandro, CA 94579. This business is conducted by a general partnership. This business commenced on N/A.

/s/JeAnna Stovall, Margaret J. Stovall This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above Expires FEBRUARY 22, 2024

APR. 11, 18, 25, MAY 2, 2019

**FILED** MARCH 21, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY , Deputy FILE NO. 556822

#### **FICTITIOUS BUSINESS** NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: Bamboo Advance Beauty College located at 14624 E. 14th Street, San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Mai-Pham Investments LLC, 232 Lexington Avenue, Hayward, CA 94544. This business is conducted by a limited liability company. This business commenced on N/A.

/s/Bamboo Advance Beauty College This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above Expires MARCH 21, 2024

APR. 4, 11, 18, 25, 2019 0052-SLT

**FILED** APRIL 4, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY By-----, Deputy FILE NO. 557379

#### **FICTITIOUS BUSINESS** NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business:

Special Kids Special Choices located at 20955 San Miguel Ave., Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Geri Baskind, 20955 San Miguel Ave., Castro Valley, CA 94546. This business is conducted by an individual. This business commenced on

/s/Geri Baskind

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires APRIL 4, 2024

APR. 11, 18, 25, May 2, 2019

05 NEWS 04-11-2019.indd 1 4/10/19 4:58 PM

## **Lexus Moves Down Market and Up Volume**

By Steve Schaefer San Leandro Times

They are hoping to not only sell expanded range of crossovers! young buyers their first Lexus, but their first luxury car.

the same two decades. It makes out. sense, then, to introduce the

system.

Lexus claims that UX ment costs. ith the new UX, stands for Urban X-over (cross-Lexus expands over), but it's also possible that gets the same gaping maw up its crossover line- they've already used up most of front, but the texture is a clever up down market. the available letters with their block-shape mesh pattern that

heralded as "new and exciting,"

if you have greener goals, the al Architecture Compact (GA- good-looking vehicle. UX 250h, with a more efficient C) platform. While this also 2.0-liter engine combined with underpins the humble Corolla, the design elements have prac- for protecting against flying and Ultra Sonic Blue Mica 2.0 like living in an Eichler house

Lexus' 4th-generation hybrid it represents the latest tech for compacts, and reduces develop-

As a Lexus, this newborn gives a different appearance While this arrival is being depending on your viewpoint. That should have an impact in Lexus introduced the indus- a cynic could say that Lexus close, urban environments (intry's first luxury crossover—the looked around and realized that cluding Japan). The Takumi legendary RX-20 years ago, other brands were already sell- (artisan in Japanese) clay modlink to hybrid cars going back and they didn't want to miss the surfaces, which is a chal-

Inspired by a traditional Japanese concept that blurs the boundary between a home's and as part of Toyota enjoys a ing dinky high-riding mini-utes eling process was used to refine exterior and interior, designers created a feeling of seamless continuity for the UX.

lenge with all the different lines tical value, such as the Unique gravel, are all for show. As Lexus moves smaller a Lexus has to wear these days. Aero Stabilizing Blade Lights UX with gas-only and hybrid and smaller, it means the UX Despite the issues of downsiz- in back. It could possibly make and blue are commonly used in having the upper part of the powertrains. Opt for the UX is the first Lexus to use the ing design cues onto a smaller a difference at high speed, but to communicate high tech ef- instrument panel look like it ex-200 with its 2.0-liter four or shared Toyota small car Glob- platform, Lexus has delivered a we all know that with cross- ficiency, and it's nice to know tends out beyond the windshield overs, any SUV features, in- that only the hybrid version and into the fenders. While it's Lexus claims that some of cluding wheel arch moldings of the UX gets Ultra White an interesting aesthetic, much

dramatic effect. These are great spaces. selling points for millennials, who are apparently more inter- but Chief Engineer Kako spent ested in looking good in town time in Europe to define the than getting covered in mud UX's interior appearance and offroad.

base, F SPORT, and Luxury, all binations, such as Glazed Carwith standard all-wheel drive. amel and Birch with Lapis-or My test car, in the aforemen- Circuit Red in the F SPORT. tioned Ultra Sonic Blue Mica chrome moldings, too.

It also flaunts more rigid 18- in town—perfect. inch unique wheels. One hopes passengers.

inspiration from its super luxu- these days. ry siblings, including the clever steering wheel.

Lexus employed the Jap-In the EV industry, white anese concept called engawa, paint options. You can pick with its floor-to-ceiling winfrom 10 more hues, too. Cad- dows, Lexus claims practical mium Orange and Nori Green benefits (like those aerodynamoffer multilayer applications ic taillamps). They claim the and enlarged mica particles for design aids in parking in small

Japanese traditions are fine, quality. Lexus offers a wide There are three levels— selection of interior color com-

How much benefit does 2.0 paint, was an F SPORT, so the hybrid provide? The EPA the block pattern on its grill was numbers show that every UX made up of individual L-shaped is efficient. The 250h, with its pieces! You get L-shaped additional motor and battery, is 300 pounds heavier, but earns But it's not just about looks. 6 mpg better numbers overall The F SPORT UX 250h re- than the 200 (41 City, 38 Highceives exclusive suspension way, 30 Overall vs. 29, 37, and tuning with revised springs and 33 respectively). You can see stabilizer bars for a tighter ride. that most of the improvement is

The 200 and 250h base modthe urban jungle's roads don't els are just \$2,000 apart. The communicate too much to the UX 250h starts at \$34,000, the F SPORT at \$36,000, and the That could be mitigated by Luxury bases at \$39,200. My the F SPORT exclusive interitester ended up at \$42,785 with or, with sport seats made with some options. That's the going special foam. The cockpit takes rate for little luxury crossovers

Steve Schaefer lives in Cassliding ring in the instrument tro Valley. He has been reviewpanel and perforated leather ing new cars in the Times for 27 years.



# **Spring Cleaning Event**

### **EVENT FEATURES**

### Citywide Garage Sale ~ 8am - Ipm

Host a garage sale at your home. The City will provide free advertising, including a map and listing in the May 16 edition of the San Leandro Times.

### Spring Cleaning Event ~ 10am - 3pm

Bring appliances, mattresses, electronics, scrap metal, clean wood/yard trimmings, tires household batteries and fluorescent lamps. Residents may also drop off cell phones, chargers, CDs, DVDs and audio and video tapes for recycling.

Keep your neighborhood clean and green! Pull out your old, unused items from the attic in preparation for San Leandro's annual Citywide Garage Sale and Spring Cleaning Event.



### SIGN UP TO PARTICIPATE

Signature:

Sign up online or complete and submit this form by May 8th to receive free garage sale advertising and/or access to the recycling event.

Name: Address: Phone:

\_\_\_\_\_\_ Date:

SUBMIT TO: City of San Leandro Recycling Program

14200 Chapman Road San Leandro, CA 94578

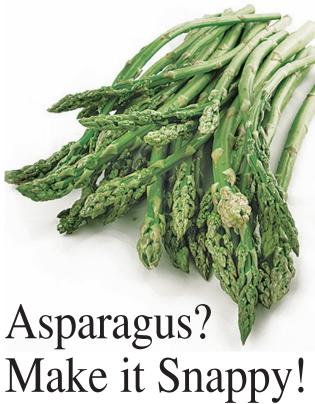
Web www.RecycleSanLeandro.org Phone (510) 577-6026 Email Recycle@SanLeandro.org

I would like to participate in: (check all that apply)

☐ Citywide Garage Sale



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f a miliar sound loosely with a plastic bag. around many kitchens these days is the snap of naturally between its tough and tender-crisp. tender parts, it needs only a quick bend to snap off the edible tips.

hundred million pounds of asparagus each year (about 70 percent of the nation's supply) and about a quarter of that is consumed right here in the state.

Most of it is grown in nearby Stockton and Salinas, so we get it fresh. (Stockton holds its annual Asparagus Festival this Friday, Saturday and Sunday, see www.visitstockton.org/events/ san-joaquin-asparagus-festival/ for details.)

Best if used the day of purchase, asparagus can be stored in the refrigerator for a couple of days by standing the spears upright on a damp towel or in a dish with

Asparagus can be boiled, steamed, roasted, stir-fried, grilled fresh California asparagus being or microwaved. However you do prepared. Since asparagus breaks it, cook only until the spears are

To serve (hot or cold), drizzle with lemon juice or butter, or serve California produces nearly a with sour cream, yogurt or a mayonnaise-based dressing.

#### **ROASTED ASPARAGUS & HOLLANDAISE**

2 pounds thick asparagus spears

Sauce:

Juice of 1/2 lemon (about 1-1/2 teaspoons)

teaspoon water

1/2 cup (1 stick) unsalted

butter cut into 8 pieces Salt and pepper to taste

Preheat oven to 450°F. Lightly about an inch of water and covered oil a large baking sheet. Rinse

asparagus and snap off tough ends. Pat dry and arrange in single layer add flour, stirring constantly so on baking sheet. Sprinkle with olive oil and toss to coat them. Roast the spears 8 to 10 minutes, turning them constantly. When combined and at least once, until they are tender thickened, add remaining milk and but firm. Set aside to serve warm or at room temperature.

Just before serving, make the Hollandaise sauce: In the top of a double boiler over simmering water, combine lemon juice, water, volks and one piece of butter. Stir constantly with a wire whip, never stopping and being sure to reach all parts of the pan. As soon as the butter is about half melted, add another piece, and so on. Continue the process, stirring in another chunk of butter as soon as the previous one is half melted. When all the butter is in, add salt and pepper and immediately pour the sauce either onto the asparagus or into a warmed serving dish. Serves 6.

### **ASPARAGUS BISQUE**

- 1 cube butter 3/4 cup flour
- 2 quarts whole milk
- cup chicken stock 1 teaspoon white pepper
- teaspoon salt
- bav leaf
- 3 cups cooked asparagus tips cut into 1/2-inch pieces

Instant potatoes (to thicken bisque, if necessary) Sourdough croutons, sour cream, dill weed

roux mixture doesn't burn. Add 1 chicken stock. Add white pepper, salt and bay leaf. Add asparagus and cook soup slowly for 1 hour.

To serve, top bisque with large sourdough croutons and a spoonful of sour cream. Sprinkle with dill weed. Makes 1 gallon.

#### **ASPARAGUS STIR-FRY**

3/4 pound fresh asparagus 3/4 cup chicken broth

- tablespoon cornstarch teaspoon soy sauce
- teaspoon sesame oil 3/4 pound sea scallops.
- cut in half if large, and patted dry
- cup sliced mushrooms clove garlic, minced
- 1 cup cherry tomato halves 2 to 3 thin green onions,
- sliced diagonally 2 cups hot cooked rice

Trim asparagus, rinse and cut into 2-inch diagonal pieces. Cook in boiling water until tender-crisp, about 3 to 5 minutes. Drain and rinse under cold water.

Combine chicken broth, cornstarch and soy sauce; reserve.

In a large nonstick skillet spray, heat oil. Stir-fry scallops and mushrooms with garlic until

2019 - 2020

In stockpot, melt butter and about 4 minutes. Stir in cornstarch

Cook, stirring, until sauce thickquart milk slowly to roux, stirring ens. Add drained asparagus, tomatoes and green onions; heat. Serve over rice. Serves 4.

#### **ASPARAGUS PASTA**

2 pounds asparagus

1/3 cup plain bread crumbs made from stale bread and ground in a blender, then refrigerated

1/2 cup olive oil 4 medium cloves garlic,

minced

1/4 cup minced fresh parsley 1/4 cup lemon juice

1 teaspoon salt

asparagus aside.

1 pound dry spaghetti

Bring four quarts of salted water to a boil in a large pot for cooking

Snap off tough ends from the asparagus spears. Cut spears in half lengthwise, then slice them on the bias into 1-inch pieces. Steam the asparagus until tender-crisp, about 2 minutes. Set the cooked

Set a large skillet over medium heat. Add bread crumbs and toast them, shaking the pan occasionally to redistribute the crumbs, until golden brown—about 5 minutes. Do not let crumbs burn. Set the toasted crumbs aside.

scallops are just cooked through, leaves, lemon juice and salt, and 4 servings.

cook for 30 seconds.

Add the asparagus to the pan and mix well. Taste and adjust seasonings if necessary.

While preparing the sauce, cook and drain the pasta, making sure that some water still clings to the noodles. Toss the hot pasta with Heat the oil in the empty skil- the asparagus sauce and toasted sprayed with nonstick cooking let. Add the garlic and sauté over bread crumbs. Mix well and medium heat until lightly colored, transfer portions to warm pasta about 2 minutes. Stir in the parsley bowls. Serve immediately. Yields

"THE BEST

IN TOWN"

352-2728

Indian Community Based Organization

**TITLE VI INDIAN EDUCATION Public Hearing** Wednesday, April 24, 2019 from 6 - 8:30pm

313 W. Winton Ave. Hayward, CA 94541

INCFA: 510-667-6950 Martha: 510-302-5327

### | Phở AN HOA Vietnamese Noodle House 14391 Washington Ave.

San Leandro

(Pak 'N Save Shopping Center)

Seafood Noodle Soup, Chicken Noodle Soup, Beef Noodle Soup,



Crispy Noodle, Pan-Fried Noodle, Vermicelli, ect.. We also have Rice Dish: Grilled Lemongrass Chicken, BBQ Pork, BBQ Beef, Teriyaki Chicken, Steamed Salmon, Deep-Fried Sole Filet, Fried Rice, and much more... Don't forget to try our Tropical Milk Shake!

BRING IN THIS AD FOR A 10% DISCOUNT! OPEN MON-SAT 10AM-9:45PM & SUN 10AM-9:30PM





San Leandro Times

### **Health Benefits Of Plant-Based Nutrition**

As people continue to look for ways to live healthier lifestyles, the plant-based diet continues to gain momentum.

way of eating in which there is also important. You may think of an emphasis on plant foods in the whole grains as more of a carb form of colorful fruits and vege- than a protein and that's true-

are nutrient dense, which means important essential amino acids to that they provide an abundance of the diet. nutrients relative to their calorie

cholesterol-free. Most contribute whole grains. a fair amount of fiber, too, so they

these nutritious, filling foods in duce on its own. your diet, it leaves less room in your stomach for less healthy fare.

That said, as the proportion of U.S. consumers who adhere to a taining lean body mass. Susan noa. vegan diet grows, so does the desire for these people to get more and Senior Director at Herbalprotein.

#### **Identifying Sources of Plant-Based Proteins**

The major sources of plant- calories from protein. based protein include beans, peas tables, legumes and whole grains. most grains have more carbohy-Benefits of eating more plant drate calories than protein calo-

Most vegans know that in order to get the full complement of es-Fruits, veggies, beans and sential amino acids (the building whole grains are terrific sources blocks of proteins in the body), tonutrients and they're naturally legumes (beans, peas, lentils) and

#### **How Much Protein** Is Right For You?

Protein is important for main-Bowerman, Registered Dietitian ife Nutrition says the Institute of

Medicine recommends you eat 10 to 35 percent of your total daily

You can estimate your protein A plant-based diet describes a and lentils but whole grains are needs based on your current body weight. Simply multiply your body weight by 0.7. The number you get is a reasonable target for the amount of protein, in grams, that you should eat each day. For foods are numerous. Plant foods ries. But whole grains contribute instance, a woman who weighs 140 pounds should aim for about 100g of protein a day.

#### **Introducing Other Plant-Based Proteins**

While most plant-based diets place an emphasis on whole of vitamins, minerals and phy- it's important to consume both foods, other plant-based foods that are derived from these whole foods can be included. So, in addi-Soy is one of the few complete tion to legumes and whole grains help to fill you up and keep your plant-based proteins, meaning it (brown or wild rice, oats, quinoa, digestive tract running smoothly. contains the nine essential amino millet and the like), other sourc-When you include plenty of acids that your body cannot pro- es of plant-based protein include soy milk, soy cheese, soy yogurt, tofu, tempeh, and protein powders made from plant sources such as soy, pea, rice, hemp, oats or qui-

> For more information, visit www.herbalife.com.

> > -North American Precis Synd., Inc.



It's a healthy idea to be your own advocate when it comes to managing your cholesterol levels.

### **What You Need To Know About Cholesterol**

New cholesterol guidelines from the American Heart As- up in your arteries and form a calculator helps your doctor deand treating high cholesterol and cardiovascular disease.

#### What is Cholesterol?

Cholesterol is a waxy substance that your body makes to build cells. Too much can pose tions as: a problem. Extra cholesterol comes from foods including numbers mean? meat, poultry, dairy and tropical

**Why Cholesterol Matters** 

On Sale in April!

**Terry Naturally** 

EuroPharma

Products

Cholesterol can slowly build better." Assessment with a risk sociation emphasize a person- thick, hard deposit that narrows termine your personal risk and alized approach to preventing them and makes them less flexi- treatment options. A coronary ble. If a blood clot blocks a nar- artery calcium test may also help rowed artery, a heart attack or with your assessment. stroke can result.

### What To Do

Ask your doctor such ques-

- for low-density lipoprotein cholesterol (LDL-C), but "lower is stroke and are at risk for another.

NATURAL FOODS San Leandro

182 Pelton Center

(510) 483-3630

**Castro Valley** 

3446 Village Dr.

(510) 581-0220

Since

- Q. How can I lower my risk for heart disease?
- A. A healthy lifestyle is critical. Also, while statins are still • Q. What do cholesterol the first choice of medication for lowering cholesterol, new · A. There's no ideal target drugs are available for people who have had a heart attack or Your doctor will monitor your progress.
  - Q. How do I know if my medicine is working?
  - A. It may take a few tries to find the right medicine and dose.

"Finding the sweet spot for treatment is highly individualized," said Dr. Donald Lloyd-Jones, M.D., a member of the cholesterol guideline writing committee at Northwestern University in Chicago. "The latest guidelines strongly encourage patient and doctor to have detailed and personalized discussions about medication."

Ask your doctor about medicines, foods-such as grapefruit or pomegranate—or supplements that may interact with your cholesterol-lowering medication.

- Q. When and how often should I follow up?
- A. Have a follow-up visit one to three months after starting cholesterol-lowering medication to check that it's working, that you're taking it properly, and to monitor for side effects.

### Learn More

The American Heart Association, supported by Sanofi and Regeneron, has information and resources for managing cholesterol and other cardiovascular risk factors. Visit www.heart. org/cholesterol for further facts, and www.heart.org/MyCholesterolGuide to download the free guide.

-North American Precis Synd., Inc.

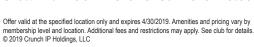


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### **Batalla Named Chief of City's Technology Team**

The City of San Leandro's In-

February 2014.

formation Technology Manager effective in leveraging technol- tion and this new responsibility private sector, including working Tony Batalla has been appointed ogy to improve the efficiency will enable me to expand on the as a consultant, and for a global as the Chief Technology Officer, a of city operations," noted City new position that will oversee the Manager Jeff Kay, who made the ished in the city," said Batalla. city's Innovation Office and In- appointment. "Through his work formation Technology Division. in this new role, I know we'll Batalla, a San Leandro resi- continue to improve the services dent who grew up in the East Bay, we provide to the community has been serving as the Informa- and support ongoing innovation tion Technology Manager since efforts throughout San Leandro." "There is a natural synergy

government, Mr. Batalla was an MBA from the UCLA Anderson The incumbent will be tasked City Strategy.

"Tony has proven to be highly between technology and innova- IT engineer and manager in the School of Management.

with advancing the city's inno-As part of its innovation vation-related projects in areas plans, the city is also recruiting including: digital services, data innovative work that has flour- biotechnology firm. He holds a for another newly created po- analytics, open data, and the bachelor's degree from the Uni- sition within the IT Division: ongoing implementation of the Before transitioning to local versity of San Francisco, and an Innovation Technology Analyst. Fiber Optics Master Plan & Smart

### **Budget:** Public invited to ask questions, comment

continued from front page and expenditures.

munity's priorities and values," ter. "I encourage any members Budget. of the public who may wish to feedback that will help inform the budgeting. City Council's decisions."

information. The webpage inincluding forecasted revenues cludes an overview of the budget cycle, a calendar of public meet-"A city's annual budget ings, and links to key resources should always reflect the com- such as financial forecasts. You can find the webpage at: https:// noted Mayor Pauline Russo Cut- www.sanleandro.org/YourCity-

This webpage may also be learn more about the City's fi- updated to include links to comnances to come to this upcoming munity survey questions or other meeting. As always, the process opportunities for the public to will include opportunities for the share feedback about city serpublic to ask questions or provide vices, values and priorities for

For more information, con-A newly updated Your tact Eric Engelbart at the City City Budget webpage has been Manager's Office at eengelbart@ launched to provide additional sanleandro.org or at 577-3391.

## **Meet the Easter Bunny at Bayfair**

### Photos of kids with Easter Bunny

The Easter Bunny will be visiting Bayfair Center on Fri- a.m. to 8 p.m. day, April 12, through Saturday, April 20.

The shopping center invites children and their families to a.m. to 8 p.m. come meet Peter Cottontail in person, then pose for a photo with to 8 p.m. the Easter Bunny.

Photo packages start at just a.m. to 8 p.m. \$24.99 and each child receives a gift.

**Bunny Photo Hours:** Friday, April 12, from 11 a.m.

to 8 p.m.

Saturday, April 13, from 10

Sunday, April 14, from noon to 6 p.m. Monday, April 15, from 11

Tuesday, April 16, from noon

Wednesday, April 17, from 11

Thursday, April 18, from 11 a.m. to 8 p.m.

Friday, April 19, from 10 a.m. to 8 p.m.

Saturday, April 20, from 10 a.m. to 8 p.m.

### **City Offers Grant For Youth Programs**

The City of San Leandro The total funding available Youth Advisory Commission for this year's mini-grant program (YAC) announced the release of is \$1,000. The amount per award the 2018-19 Youth Mini Grant will depend on the number of

This innovative annual pro- ing funding level. gram provides grant funding to have a positive impact on San Leandro youth.

The YAC raised the grant 14th St. money by volunteering and implementing special fundraising accepting applications through events. Additional funds to support this program were generous-Optimist Club.

awards granted, and correspond-

Applications are available onsupport organizations or pro- line, or at the Marina Community grams that are youth-driven and at 15301 Wicks Blvd., and the San Leandro Senior Community Center located at 13909 East

The Commission is currently Monday, April 22.

For more information, call the ly donated by the San Leandro Recreation and Human Services Department at 577-3462.

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# ESTATE GALLER



### **ESTATE REALITY**

By Carl Medford, CRS

**GUEST COMMENTARY** 



### **Market Swings Induce Confusion**

t is a scenario from a theme January 2011. park: the Bay Area housing market climbs steadily for 7-1/2 years, then suddenly adjusts and drops an average of

Without warning, it reverses in February and starts to climb once again. It has been quite a ride, and buyers and sellers both are developing a figurative case of whiplash.

While the shift has been more dramatic locally, the entire state has registered the recent swing in market direction.

from the California Association of Realtors states, "California home sales bounced back in February after hitting the lowest sales level in more than 10 years the previous month. February's sales level was the highest in six months, and the monthly growth in sales was the highest since

An April 4, 2019 news release



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"The statewide median home price dipped 0.6 percent to \$534,140 in February from a revised \$537,120 in January and was up 2.2 percent from \$522,440 in February 2018. February's price was the lowest since February 2018 and was primarily attributed to seasonal factors, as February typically marks the lowest price point for the year."

The effect of this reversal is increased confusion as sellers try to adjust to the sudden reappearance of multiple offers. Buyers, confident that the market had finally turned their way, are feeling like the rug has just been yanked out from under them.

Compounding the issue is the practice of some agents, particularly in northern Alameda County, to list homes at artificially low prices. With the shifting market, buyers have absolutely no idea what the real price should be and are scrambling to make sense of everything.

set closer to reality, which also causes confusion for buyers coming down from northerly cities who assume they must add a substantial amount of money compete. Since most mid-county list prices are nearer to reality, there has been pushback from buyers who, totally confused, have declined to write offers altogether.

List prices in the Central County have historically been to Central County prices to

Many Central County agents are crying foul to the practices in Oakland and beyond, insisting that the egregious lowball pricing tactics are actually damaging the local market. There will always be confu-

sion in a shifting market and, it is safe to say, with the rapid fluctuations in the current market, it promises to be a wild ride for some time to come.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.



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### When a Job – Big or Small – Means Digging, Call 811

By Samantha Mazzotta

April is "National Safe Digging Month," a reminder for homeowners to call 811 before starting any excavation project, large or small.

Natural gas pipelines, electric power lines and other pubcan lie just a few feet from the surface.

Whether planting a tree, installing a sprinkler system or building a fence, homeowners need to know where gas and electric lines lie underground to prevent injuries, property damage and outages.

Once every three minutes nationwide, a utility line is damincidents could have been pre-

vented with a call to 811, a free service that provides important information on where utilities exist beneath excavation areas.

Calling 811 (from 6 a.m. to 7 p.m., Monday through Friday) puts you in direct contact with Underground Service Alert (USA), which notifies local utility companies to mark the lic utilities buried underground approximate location of their underground facilities in and around the excavation site, helping customers and contractors avoid them.

California law requires anyand professional excavators one doing excavation work to notify utilities at least two working days before digging.

Requests will be accepted as early as 14 days in advance of an safe excavation: excavation. Once a request is received, the customer or contracaged by digging. Many of these tor will receive a list of notified to notify USA. utilities that may have under-

ground lines in the area.

PG&E offers these tips for a

If you believe a utility has not

paint. On unpaved surfaces, use pge4me.

flags or stakes to mark the proposed excavation area.

Carefully hand-excavate within 24 inches on either side of a utility-marked facility.

Be careful not to erase facility marks while working. If you cannot see the markings, call 811 and request a remarking.

The 811 requests are active for 28 days. Notify USA if work continues beyond that time.

Immediately notify utilities about any type of contact or damage to their wires or pipes. If there is any type of damage, take these steps promptly:

- 1. Move to a safe location
- 2. Call 911
- 3. Call PG&E at 1-800-743-5000

For more information about marked its lines, call 811 again USA, visit www.call811.com. For tips on safe digging, vis-To help utilities, mark the pro- it www.facebook.com/pacificposed excavation area on paved gasandelectric or PG&E's surfaces with white chalk-based Twitter feed at www.twitter.com/



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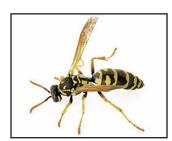
### Yellow Jackets Likely Inhabitants of Junipers; **Blackened Branches of Japanese Maple Caused by Fungus**

By Buzz Bertolero Special to the Times

I had a beehive in my junipers last year. I guess it got too cold for them because I don't see any activity. Is there something I can spray on junipers to make sure they don't come back?

More than likely this was a yellow jacket nest and not a beehive. In late November, yellow jacket nests become inactive as the worker and male yellow jackets the longer and warmer days.

The queen abandons the old hive and hibernates elsewhere over the winter. In the spring, she emerges from her hibernation to seek and establish a new colony in a different location and never in an old hive.



This hive remains active until November when the process begins or ends again.

Hornet, honeybee and bumblebee hives are inactive during cool, wet weather but you'll notice activity in March with

With yellow jackets, your best defense is to set out yellow jacket traps in the spring, March or April, and trap the queen while she is searching for a new home. The traps from the previous year should be washed out with warm soapy water,

and new attractant should be installed. The attractant should also be refreshed in August for the fall season.

We have a six-year-old coral bark Japanese maple. Last year, a few of

the smaller branches turned black, and we pruned them off. Now one of the three main branches is doing the same thing, and the leaves are withering. The shape of the plant will be ruined if we remove it. What should we be doing?

It's never good news when the stems of a Japanese maple turn black. The black coloration is a primary indicator of a vascular disease called Verticillium Wilt, a soil-borne fungus disease that's common in our

Bay Area soils.

When the infected stems are cut, you'll find black streaking through the tissue. It attacks a wide range of ornamental and herbaceous plants including tomatoes, peppers, roses, Pistache and Camphor trees.

The fungus works its way up the plant from the roots, disrupting the vascular tissue that is responsible for transporting water and nutrients throughout the plant.

Unfortunately, we have no controls for this problem. The disease does attack without warning. Our poorly draining, heavy clay soil and excessive summer watering doesn't help. It's particularly frustrating when Verticillium Wilt attacks established and thriving ornamentals. With tomatoes and other vegetables, we can plant resistant varieties, but that's not the case with Japanese maples.

I'd remove the infected

limb because it is not going to recover, and encourage the new growth by feeding it an organic fertilizer. A replacement branch can be selected from the new growth. Leaf blight can also cause dark, deadened shoots and curled, darkened leaves on the tree. Airborne bacteria such as Pseudomona is also responsible for leaf and branch dieback on

a Japanese maple. But Verticillium Wilt is by far the primary suspect.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener Website is www.dirtgardener. com and questions can be sent by email to buzz@dirtgardener. com or on Facebook at Facebook.com/Buzz.Bertolero

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**TOTAL SALES:** LOWEST AMOUNT: \$102,500

HIGHEST AMOUNT:

94577: \$980,000 4 BD - 2,578 SF - 1956

MEDIAN AMOUNT: AVERAGE AMOUNT:

885 SF - 1942

988 SF - 1950

### **Mortgage Rates Remain Steady After Large Drop**

The average 30-year fixed-rate mortgage rose an average 0.5 points last week, according to Freddie Mac's weekly nationwide survey.

The 30-year fixed-rate mortgage averaged 4.08 percent last week, up from 4.06 percent a week earlier. A year ago at this time, the 30-year FRM averaged 4.40 percent.

"Purchase mortgage application demand saw the second highest weekly increase over the last year and thanks to a spike in refinancing activity, overall mortgage demand rose to the highest level since the fall of 2016," said Sam Khater, Freddie Mac's chief economist. "While the housing market has faced many head winds the last few months, it sailed through the turbulence to calmer seas with demand buttressed by a strong labor market and low mortgage rates. The benefits of the decline in mortgage rates that we've seen

this year will continue to unfold over the next few months due to the lag from changes in mortgage rates to market sentiment and ultimately home sales."

Fifteen-year rates averaged 3.56 percent last week, and five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.66

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continued from front page man Robert Lyles.

elements which will go in when of parking spots along line. it's close to opening."

faster than the old routes. Twelve one-third of a mile.

criticism from business owners brt.actransit.org.

along the route who said their according to AC Transit spokes- stores are hard to access during construction. And once the sta-"In San Leandro, what is left tions are open, parking will be a is the installation of the canopies problem, as BRT will permanentand the artwork," said Lyles. ly eliminate 302 parking spaces "And those are two significant along the route – about 10 percent

Construction on the BRT The project will replace the line in San Leandro during the conditions they say could poten-1 and 1R routes, but BRT buses first week of April is scheduled will run more frequently and be on East 14th Street from Durant Avenue to Davis Street and on buses will run the route per hour, Davis Street from East 14th Street who say they are short-staffed with stations spaced about every to San Leandro Boulevard. You and overworked, particularly in can sign up to receive construc-The project has received some tion updates via email at www.

## BRT: Installing canopies Nurses Picket at San Leandro Hospital **Over Wages and Working Conditions**

By Amy Sylvestri San Leandro Times

Dozens of nurses at San Leandro Hospital hit the pavement with picket signs last Wednesday, protesting working tially be unsafe for patients.

The nurses are members of the California Nurses Association the emergency room.

Simultaneous protests were held at both San Leandro Hospital and Alameda Hospital, both part of the county's Alameda Health System (AHS).

The nurses have been negotiating their contract for five months and say that AHS's practices are driving away more experienced nurses in an effort to cut costs.

"We are very concerned about patients, and the nurses who work for the health system," said San Leandro emergency room nurse ment. "Units are short-staffed, continue with the goal of reaching patients are waiting a long time a mutually beneficial outcome.

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Nurses picketed San Leandro Hospital last week, saying the hospital is under-staffed.

the future of our community, our without getting a bed, and nurses workload."

Alameda Health System said Raychel Cooke in a written state- that the contract negotiations will

SARA L. ENNOR

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are burned out by the unbearable bargaining process will result in ity to meet the needs of those we pitals with competitive salaries Lightfoot in a written statement.

"We are confident that the and benefits and ensures our abilan agreement that provides nurses serve in a sustainable manner," at Alameda and San Leandro hos-said AHS spokesperson Terry

THE TIMES CROSSWORD

16

49

# António "Tony" Roma

LOCAL DEATHS

SAN LEANDRO TIMES OBITUARIES

may be submitted online at ebpublishing.com, emailed to

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on the length. A photo can be added for an additional

cost. For assistance, call 510-614-1555.

September 15, 1943 - April 5, 2019

António "Tony" Roma of San Leandro passed away on April 5, 2019 at the age of 75. Raised in São Jorge in the Azores, he worked at Mt. Eden Cemetery in Hayward for 22 years. He is survived by his wife, Carol; granddaughter, Jessica; three sons, Anthony, Robert, and Paul; seven siblings and his mother. Viewing will be on April 11 at 8 am at Santos & Robinson, followed by Mass at St. Leander's and the burial at Mt. Eden. In lieu of flowers, the family suggests donations to the American Diabetes Association.

### **Karen Ruth Lent**

peacefully at home surrounded by family on Saturday, March 30, 2019. She was 77 years old.

Karen was the second child of Harry and Ruth Peterson and younger sister of brother Roger. As an East Bay native and long-time resident of San Leandro, Karen spent her early childhood in Orinda before moving to Albany

where she graduated from Albany High as class valedictorian in 1959.

Karen worked for over 30 years at World Savings and Loan, and was an avid art collector, world traveler, lifelong tennis player, and a huge fan of the Oakland A's, for whom she volunteered for many years, and the Golden State Warriors. She was deeply proud of her Swedish ancestry and was a member of many East Bay social and volunteer organizations. A natural sportswoman, she loved tennis, dabbled with golf, and was a past league bowler and a formidable bridge player.

She was extremely loving and always supportive of her family and friends. Those privileged to have known Karen will remember her love of trying new things, her intellectual curiosity, optimism and selfless generosity. She was a devoted friend who listened to all with compassion and supported the needs of those she loved.

The family is deeply grateful for the dedication and kindness of Karen's friends and caregivers who enabled her the comfort of her home to the end.

Karen is survived by her daughter, Stacey, and her husband Paul of San Francisco; Bryan and his wife Lilli of Castro Valley; and her grandchildren Taylor and Beckman. A celebration of life will be held the first weekend

Karen Ruth Lent passed away



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### **ACROSS**

48

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- Recipe meas. Lapidary's supply
- Help a hood
- Weeding tool

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Grand

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- Two cubed
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14 NEWS-OBIT 04-11-2019.indd 1 4/10/19 5:01 PM 

# PINION

### **LETTERS** to the **EDITOR**

Letters must include the writer's name, address and phone number, and must be under 300 words. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

#### Concerned Over Speeding Traffic On Haas Avenue

Editor:

As a resident of the Haas International Speedway, I was quite pleased to see the speed tracking signs go into place for a couple weeks. It was nice that people slowed down for the signs for that time.

It's a shame they won't slow down for the children or the residents that live here as they cut through to Bancroft Avenue. I wonder will someone need to die, or how many more fender benders must happen before we install speed bumps on this road? And exactly when will the traffic lights be activated, that were hung a year ago?

And to think, just at the end is the San Leandro Police Department. Shameful.

Kari Cowan

#### Wonders About the Unusual Parking Ticket He Received

Editor:

Parking "Owed" Notice Enclosed That's what was printed on the envelope (quotation marks and all) of the parking ticket I received Wednesday night near the Englander. Not really sure why the quotation marks. I found this in a Google search:

"Titles of Short Works, Words as Words, Scare Quotes." There it is...not really a short work so I am guessing this is a scare quote.

These Parking signs have been around now for weeks. When I went inside the Englander a few weeks ago I was told not to worry about it, as I was always there after six. According to Benny Hill...er Lee, the city has put out plenty of notices. I know as soon as I get home from work I drop all my stuff on the floor and run to the TV to turn on the city of San Leandro station (channel 15 on Comcast), but I must have missed all those notices.

The ticket looks more like a receipt from the Home Depot, and there is no information about how to dispute it. Just says pay it within 15 days or it goes to collection.

There's a picture of my car, which proves that my car was parked. The City could (should) have let the public know exactly when enforcement was going to begin...right? Anyway I have a Monopoly game around somewhere, so I will be sure to grab a couple of crisp 20s and send in the "money."

-Fred Honsal

#### City Should Reconsider Decision To Privitize Parking Enforcement

I am puzzled by the City's decision to farm out parking enforcement to a private contractor. It is hard to escape the conclusion that the San Leandro City Council members and city manager are seriously math challenged.

Eighty hours of enforcement per week is the equivalent of two full-time jobs. A couple of policemen more on the force should not cost more than

about \$300,000 and maybe another \$100,0000 for equipment. If the revenue projection of \$800,000 is correct, the city would be \$400,000 ahead by doing the job itself.

That gain could help improve the city's precarious financial situation. It would also avoid having to pay the contractor in the event that the projected income from tickets is wildly optimistic. With better enforcement, ticket revenue is sure to decline over time.

I urge the Council to reconsider what appears to be a poor decision.

Oakland

#### Upset Over City's Renewal of Red Light Cameras

Editor:

I read last week how "effective" the red light cameras are at making our streets safer. It is funny, because people speed down Washington Avenue daily. We have had cars stop along the boulevard in a blind curve as well as run the red light near the intersection of the 880 exit.

I noticed how much money actually goes to the red light company as opposed to the city. Interestingly in Fremont two years ago, the yellow lights were found to have been erroneously set too short so there was a spike in tickets. Further, in Los Angeles most red light tickets were issued to people doing a "California stop," or rolling through a stop at a red light where turning right on a red is prohibited. The fine of close to \$500 does not seem justified for a right turn which is what happened to me. That is what happened to me 2 years ago. I also read last week that most tickets are for drivers who don't live in San Leandro. Some cities even found an increase in rear-end accidents because drivers are so fearful of getting a ticket they slow down too fast.

I have yet to see a major accident being deterred due to a red light camera. I will not be voting for any of the city council members at the next election due to the renewal of these red light cameras.

> –Kim Loisel San Leandro

### Mobile Home Tenants Need to Speak Up on April 17

Editor:

What is going on in San Leandro's many mobile home parks? If you live San Leandro in one, you know, and you need to share your knowledge with the Mayor and City Council. They claim they haven't heard from you enough.

If you don't know, the April 6 John Oliver Show (HBO) explains a lot - see www.youtube.com/watch?v=jC-C8fPQOaxU

The City has scheduled an outreach meeting for tenants to speak up about the pending Mobile Home Space Rent Ordinance, Wednesday April 17th at 6 p.m. at the Senior Center on East 14th Street. Park residents need to come to that meeting OR talk to the

City's Housing Specialists at 577-6005. MaryAnn and Kimberley are looking forward to hearing from park tenants, and have promised to keep comments anonymous.

Things at John Busch's former home, the former Estudillo Trailer Park, are getting really bad. The California Housing and Community Development agency posted a letter there February 21 threatening to pull the park's operating permit because the owner has been inserting modular homes up against existing tenants' mobile homes, violating the State's Mobile Home Residency Law.

The Harmony company, who manufactures the modulars and who now owns the park, responded by putting in even more modulars, threatening longtime tenants with eviction even though existing modulars haven't been selling.

On March 4, rather than vote on the ordinance written by City staff, the -**Jim Mehner** Council gave the park owners 90 days so that their lawyers could mount an attack. And yet--elderly, disabled people on fixed incomes are given 7 days to remove possessions and long standing storage sheds, many of which do not violate the Mobile Home Residency

> How could the City Where Kindness Matters make an unwritten 'gentleman's agreement' with these people. Are companies like Harmony LLC who you want to own San Leandro's future?

—Jacqueline Propps, Tenant San Leandro

#### Important Documentary to be Screened April 25

Why are school shootings the new norm for our students? How can we reduce mass shootings? Is it even possible to curtail or even eradicate domestic abuse?

A key part of the answer is to look at the messages that boys get from day one. Come explore this timely topic at a screening of the film *The Mask You* Live In on Thursday, April 25, at 6:30 p.m. at the San Leandro Senior Community Center, 13909 East 14th Street.

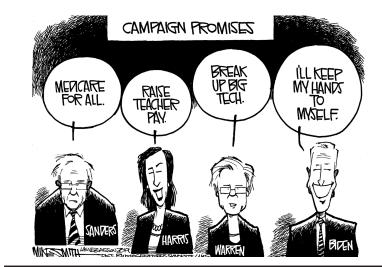
The Mask You Live In is a touching, heart-breaking and ultimately inspiriting look at how boys and young men struggle to stay true to themselves while negotiating America's narrow definition of masculinity. Written, produced and directed by Jennifer Siebel Newsom, the film premiered at Sundance Film Festival in 2015.

The documentary presents the personal narratives of young boys and men, and features experts in neuroscience, psychology, sociology, sports, education, and media, further exploring how gender stereotypes are interconnected with race, class, and circumstance. The Mask You Live In ultimately illustrates how we, as society, can raise a healthier generation of boys and young men.

"Just as our culture has harmed women and girls, so too are we harming our boys, which has led to a 'boy crisis' in America," said Newsom. "Our intention is that this film sparks a national conversation around masculinity and helps our boys overcome limiting stereotypes, encouraging them to stay true to themselves."

After the screening, there will be a panel discussion.

> -Lisa Nicolas Banter San Leandro



# INQUIRING REPORTER

What's your favorite musical instrument?

— Asked around town

The bass guitar. I've listened to a lot of jazz and I like the sound of it. It's a fascinating piece.

Paul Mason San Leandro





I love listening to guitar music. I listen to a whole range of music – jazz, reggae, and I like the artists that play on the Chick Corea album "Return to Forever."

Sanyade Baruti Vallejo, works in San Leandro

Violin and piano. Both of them have their own sound. Daniel D. is a great violinist. And the piano, just by itself. You don't need any other instruments.

> **Jackie Clark** Oakland



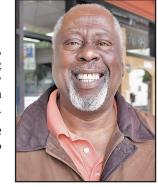


Piano. I've been playing piano since I was 4 years old. I'm self-taught. I love the violin, too.

Dr. Toni R. Martinez San Leandro

Piano. Just listening to the piano, it's range, and you can sing along with it. It goes well with voice. My daughter is a singer and she has an piano accompanist.

> Michael Poe San Leandro











It will cost at least \$3,000 to replace the two broken windows at Dupree's Furniture.

### Store's Windows Smashed

Two of the big windows in front of the display room at were left with big spider-web Bill Dupree. Dupree's Furniture on East 14th cracks and it will cost at least

Street were smashed last week. \$3,000 to replace them, said Ser-

The windows held up but they ena Dupree, daughter of owner The damage happened some-

time the night before last Wednesday when employees came to work. Serena said it looks like the damage was done with either a big rock or a baseball bat.

It's the worst damage to the store since a few years ago when a car drove through the glass, said

"The car ended up next to the bedroom set," he said.

**Photos with the** 

PetSmart is having a free

Saturday and Sunday, April 13

will also be able to get images on

to help pets in need by supporting the work of PetSmart Charities.

located at Bayfair Center, 15555

Ten percent of the sales going

PetSmart in San Leandro is

and 14, from noon to 4 p.m.

their own mobile devices.

**Easter Bunny** 

- By Jim Knowles

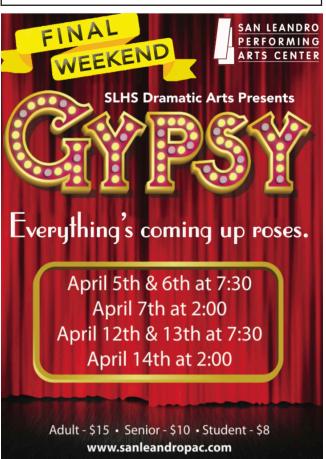


April 13, 2019 • 8:30 AM -12:00 PM **Castro Valley High School** 19400 Santa Maria Ave. Castro Valley, CA 94546

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### **San Leandro Artists Inspired** By Stations of the Cross

San Leandro artist Ginny each station. Milo created replicas of the by Lake Merritt.

different stations from various resurrection from the dead. churches in the East Bay, and she used various mediums for Chapel of All Seasons at the Ca- and friend."

The Stations of the Cross fol-Stations of the Cross that are lows the path taken by Jesus from icated to my family, to my huson display during Lent at the when he was condemned to death band, and to my friends," Milo Cathedral of Christ the Light, to the crucifixion. Traditionally said. "I especially thank Adrian 2121 Harrison St. in Oakland, there are 14 stations, but in re- Mison Fulay for his generous cent years sometimes one more support and his friendship. It is Milo made replicas of the is added to represent Christ's also dedicated in loving mem-

thedral of Christ the Light.

"This art installation is dedory of Fr. Paul Minnihan, my Milo's exhibit is inside the former pastor, spiritual guide,

### **Apartments:** OK from planning board

continued from front page

company is thinking of the apartments as a place for people to site. photos with the Easter Bunny on raise families, not just younger, single people.

'There is a need for family Pet parents will receive a free apartments, especially here in last month.

> To that end, the project calls for 129 studio apartments, 302 one-bedroom units, 211 two-bedroom units, and 45 three-bedroom across the street at 844 Alvarado project received little public

Some critics of the project

The property has been empty

The headquarters of the Filar-Planning Commission meeting Leandro, a Portuguese musical Michael Santos. group, currently sits in the foot-Street.

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pointed out that Maximus has de-the neighboring F.H Dailey car Maximus project manager cided to pay the city \$1,030,000 dealership to mitigate their con-Rogelio Foronda said that his in lieu of providing legally man-cerns and that cooperation with dated affordable housing on the neighbors was recognized by the Planning Commission.

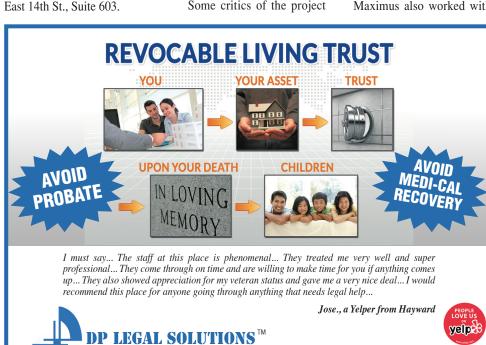
"If more folks that came for the past 30 years since previbefore us took the effort to meetous tenant Caterpillar left the site. ing with neighbors like you've done, that would make our lives digital photo from PetSmart and San Leandro," said Foronda at a monica Artista Amadroa de San a lot easier," said Commissioner

> Though more than 15 times print of what will be the new the size of the controversial prodevelopment, but Maximus is posed 45-unit apartment complex building them a new facility at 1388 Bancroft Avenue, this push-back and didn't require Maximus also worked with over two years worth of public meetings for approval. The Alvarado Street development is in a more industrial area, compared to the single-family homes that surround the Bancroft site.

> > Former Mayor Stephen Cassidy, a vocal opponent of the Bancroft apartments, was all for the Alvarado project, saying the location on the BART corridor was more appropriate for high-density housing.

> > It's an incredibly impressive project," said Cassidy. "It's taking land that has been vacant since the 1980s and turning it into what will be the densest project in San Leandro history.

> > Foronda added that the building will benefit San Leandro beyond providing more housing opportunities. He said that the developers will be paying the school district a \$3 million school impact fee and, once the project is completed, they'll pay the city around \$3 million annually in property taxes.



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