ATLANTA DIVING ASSOCIATION
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POLICIES AND PROCEDURES FOR THE 2026-2027 SEASON

I. MEMBERSHIP

Membership in Atlanta Diving Association (ADA) is open to children of all ages, regardless of sex, race, color, creed, or national origin. Membership and placement in practice groups will be based upon athletic talent, skill progression, consistent practice attendance, and proper behavior. The coaching staff reserves the right to dismiss a member for any conduct deemed inappropriate or unacceptable.

II. PRACTICES AND FACILITIES

The ADA season is split into two parts, winter and summer. The winter season begins in September and continues through the end of May. The summer season starts in June and continues through the summer USA Diving JO Nationals meet, typically in early August. There is a different sign up period for the summer session. We may change the practice times during the summer. Lesson practices operate on a 4-week cycle.
The practices available this season are listed below:

A) Practice Groups

The LESSON program serves as an introduction to the fundamentals of competitive diving in a safe and positive environment. The goal of this group is for divers to have fun and be safe while learning the basic fundamentals of the sport of diving. At the Marist and Cumming locations lesson kids are grouped by age and practice as one group regardless of ability. At the GA Tech location there are three levels: beginner, intermediate, and advanced. Practices will be on the one and three meter boards depending on location.

The HIGH SCHOOL program is open to all middle school and high school divers. This group will work on a dual meet and championship meet diving list. The goal of this group will be to qualify for the annual GA High School State Championship Meet. Practices will primarily be on the one-meter board.

The Junior Olympic (JO) and SILVER program is an invitation only group. Practices are designed for divers working on a full United States Diving list on both one and three meter boards. These groups will compete in State, Regional, and Zone competitions. Training on the 1 meter, 3 meter, and platform is expected, no exceptions. You will be expected to attend meets. This is a year round commitment billed on a monthly basis.

The GOLD program is an invitation only group. Divers qualify for this group through their performance in the JO and Silver groups. This group is designed for the competitive diver willing to travel to and compete at the Regional, Zone and National Level meets. This is a year round commitment that is billed on a monthly basis.

The coaching staff reserves the right to move any diver in or out of any group for any reason including poor attitude and/or attendance at practice.

B) Practice dates and times

GA TECH

NIGHTS	TIMES
Lesson Group:	
Mon/Wed. (Beg/Int/Adv)	4:30 – 5:30pm
Mon/Wed. (Intermediate /Advanced)	5:30 – 6:30pm
Mon/Wed. (Intermediate/Advanced)	6:30 – 7:30pm
Tues/Thurs (Beg/Int/Adv)	4:30 – 5:30pm
Tues/Thurs (High School)	5:30 – 6:30pm
Tues/Thurs (High School)	6:30 – 7:30pm
Saturday Only (Lesson)	10:00-11:00am
Saturday Only (High School)	11:00-12:00pm

2026-2027 LESSON SESSION DATES:

Session #1: September 8 --October 4
Session #2: October 5 -- November 1
Session #3: November 2 -- November 29
Session #4: November 30--December 23
Holiday Break: December 24 – January 3
Session #5: January 4 -- January 31
Session #6: February 1 -- February 28
Session #7: March 1 -- March 28
Session #8: March 29 --- April 25
Session #9: April 26 --- May 23

Summer session will start May 31, 2027

MARIST

NIGHTS	TIMES
Monday (Lesson)	7:00 – 8:00pm
Wednesday (Lesson)	7:00 – 8:00pm *
Monday (High School)	8:00 – 9:00pm
Wednesday (High School)	7:00 – 8:00pm
Wednesday (High School)	8:00 – 9:00pm

CUMMING

NIGHTS		TIMES
Wednesday	(Lesson)	7:00 – 8:00pm
Sunday	(Lesson)	1:30 – 2:30pm
Wednesday	(High School)	8:00 – 9:00pm
Sunday	(High School)	12:30 – 1:30pm

*Lesson practices on Wed will not start at Marist until March of 2027 due to pool availability.

ALL JO, SILVER, AND GOLD PRACTICES WILL BE AT THE GA TECH LOCATION

JO Group:	Monday/Wednesday	5:30 – 7:30pm
	Saturday	10:30-1:00pm
Silver Group:	Monday	5:30 – 7:30pm
	Tuesday/Thursday	5:30 – 7:30pm
Gold (Elite) Group:	Monday	5:00 – 7:45pm
	Tuesday	5:00 – 7:45pm
	Wednesday	5:00 – 7:45pm
	Thursday	5:00 – 7:45pm
	Saturday	10:30 – 1:00pm

C) General Information

Practices are filled on a first come, first serve basis. Atlanta Diving Association reserves the right to close any practice time slot once it is considered full. If there is a waiting list for a practice time, existing divers will have priority to sign up for the next session. If you take a session off, you will go to the end of the waiting list. Excessive absenteeism may result in a diver being move to another training group. Email is the preferred method of communicating with the coaching staff. Please do not have discussions with any coaches during practice times. Parents are welcome to sit and watch practice from the stands. We request that interaction between parents and divers is limited during practice sessions. No refunds or credits will be given for missed practices.

III. COMPETITIONS

A. General Information

During the season, a series of competitions are scheduled. Some meets are local developmental meets and some are Regional, Zone and National level meets that will require some traveling. Any competition for the Lesson group will primarily be local. ADA is not affiliated with any high school. Therefore, any traveling to high school meets (i.e. High School State Meet) will be arranged through the diver's school. There will be more traveling for the JO, Silver, and Gold level groups. Although traveling to meets is not mandatory, it is strongly recommended in the JO, Silver, and Gold levels. No diver will attend a meet if the coaching staff does not feel the diver is prepared for competition. The coaching staff has the final decision on meet participation.

B. Travel and Lodging

We will travel as a team to most meets. Meals, lodging, entry fees and travel to and from competitions are the financial responsibility of the diver. Pertinent information concerning the competition, lodging, and travel will be provided prior to each competition. All athletes must exhibit proper behavior during travel meets. The coaching staff reserves the right to dismiss any diver from a meet or team for any behavior deemed to be inappropriate.

C. Coaches Travel Expenses

All Gold, Silver, and JO level divers will be assessed a $25 monthly fee to offset any expenses incurred by the coaching staff while traveling. This is assessed to all divers in these groups whether you plan to travel or not. This includes the coach's travel, lodging and meal costs while traveling to and from Regional, Zones, and National competitions. Any diver attending a Senior meet or an invitational meet will be assessed an additional $25 travel fee. During a travel meet, Atlanta Diving Association will be financially responsible for renting enough cars to transport the coaching staff. Additional cars that are rented by and for divers and attending family members will not be the financial responsibility of ADA.

All lesson divers will be billed between $5-$25 for a local or travel meet for coach's expenses. These expenses can include, but are not limited to, food allowance, hotel, car rental, gas mileage, and airfare.

IV. FEES AND STATEMENTS

A. Membership Fees

Monthly statements will include coaching fees and a monthly newsletter. Statements are emailed by the 1st of each month for the upcoming month's fees. Full payment is due by the 15th of each month. Payments can be mailed in, you can do online billpay, or you can use visa or mastercard. Please do not bring payments to the pool. Payments that have not been received by the 15th of the month will be assessed a $25 late fee. If payment is not received by the end of the month, the diver will not be allowed to practice until the account is brought to a current status. **Practice during any part of the month will be billed for the full month's fees, not on a pro-rated basis. There will be no monthly pro-rated fees, no exceptions.** There will be a $25 fee assessed for each returned check. There will be a $15 discount for multiple members of the same family. This discount does not apply to the Sat lesson group.

The following is the monthly fee schedule for the 2026-2027 winter season:

Lesson Group (Marist):	$150 (1 practice per week) $200 (2 practices per week)
High School Group(Marist):	$150 (1 practice per week) $200 (2 practices per week) $250 (3 practices per week) $275 (4 practices per week)
Lesson Group (Cumming):	$150 (1 practice per week) $200 (2 practices per week)
HS Group (Cumming):	$150 (1 practice per week) $200 (2 practices per week)
Lesson Group (GA Tech):	$110 (1 practice per week-Sat only) $150 (2 weekday practices per week) $200 (3 hours per week), $250 (4 hours per week) *Add $25 if Sat is added as a replacement for weekday practice
High School Group (Tech):	$150 (2 hours), $200 (3 hours), $250 (4 hours) per week *Add $25 if Sat is added as a replacement for weekday practice
Silver Group(GA Tech):	$300 + $25 travel account (3 practices per week are offered)
JO Group (GA Tech):	$300 + $25 travel account (3 practices per week are offered)
Gold Group (GA Tech):	$400 + $25 travel account (5 practices per week are offered)

The lesson program operates on a 4-week session. There is no contract involved. Once enrolled in the lesson program, your spot will be held for you in that class. **If you wish to terminate your membership, you must notify us 15 days in advance of the start of the next session in writing (email will suffice). This will allow us the opportunity to offer the spot to another child. You will be billed for the following session if you do not notify us 15 days in advance.**

B. Registration Fees

There is an annual registration fee of $100 payable with the first monthly statement in September. This registration fee includes United States Diving and/or AAU registration and administrative charges. It is recommended that all participants provide their own insurance and hospitalization coverage since diving has been declared a high-risk sport. The insurance provided by United States Diving and/or AAU is secondary insurance coverage.