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# CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 29

WEDNESDAY, JANUARY 25, 2017

NO. 4

## INSIDE YOUR FORUM

### LIVING



#### Winter Soup

Treat yourself to a simple bowl of hot soup on one of these chilly nights

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### H&F



#### Flu Outbreak

Statewide spread of flu activity that is more severe than last year

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### WILDLIFE



#### Do Your Part

Keep coyotes wild by ensuring that they remain cautious of humans

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PHONE: (510) 537-1792



**THE 45TH PRESIDENT:** Donald J. Trump, with his wife Melania at his left, takes the oath of office as the 45th President of the United States at precisely 9 a.m. PST on Friday, January 20, 2017. In a fiery short speech immediately after, the new president slammed the political establishment and promised to “put America first.” Several local residents were in Washington for the ceremony, including Tom Lorentzen, who has attended five other such inaugurals. “For a citizen of Castro Valley, but, more importantly, as an American, it is a privilege to be present and participate in the historic and peaceful transfer of power from one President to another with the full and complete participation of all three branches of government,” Lorentzen told the Forum. The ushering in of the new administration also brought out hundred of thousands of protest marchers across the country on Friday and over the weekend. Congressman Eric Swalwell attended the Contra Costa Women’s March in Walnut Creek on Saturday “to show I’m determined to protect the progress we’ve made on women’s rights and health choices, and to push ahead toward goals like pay equity, paid family leave, and quality, affordable childcare for all.”

## A 19-Year-Old Aspiring Pilot and Her Family of Flyers

By Linda Sandmark  
CASTRO VALLEY FORUM

An aspiring Castro Valley pilot had the flight of a lifetime on the New Year’s weekend — and she’s only 19 years old.

Amanda Korbas (Castro Valley High Class of 2015) was asked to accompany a pilot on a trip from Wisconsin back to California, racking up flight hours over 11 states.

“The trip was so cool,” she says. “It was a beautiful plane with dome windows, and it was like sitting on the clouds looking out.”

A series of coincidences led to the surprise trip. Amanda’s father, Tony Korbas (CVHS Class of ’83) had been a pilot himself in high school. A photo of him with his plane was featured in the school yearbook.

In 1983 he gave his friend Keith Amaro his first flight. Amaro liked

it so much he became a flight instructor, and then later — the owner-manager of California Airways at Hayward Executive Airport.

Amanda took flying lessons there last summer, and worked for Amaro at the airport over Christmas break. She kept track of log books and keys, scheduled airplane maintenance and answered the phone.

Then came a surprise.

“A customer needed an airplane moved from Wisconsin to Hayward, and the pilot needed a co-pilot,” says Amanda. “I was asked if I wanted to come along.”

After a commercial flight to the Midwest, Amanda and the pilot boarded the private plane to be relocated, a Diamond Star 40 four-seater.

Taking a path that provided the best weather possible, they headed toward Texas and Arizona, then over to California.



PHOTOS COURTESY OF THE KORBAS FAMILY

**UP IN THE AIR:** Amanda Korbas, 19, of Castro Valley aboard the Diamond Star 40 aircraft she helped pilot across a wide stretch of the U.S. over the New Year’s weekend.

Amanda and the pilot flew six to seven hours daily from Dec. 30 through Jan. 2. She got to land in seven states to refuel at a wide variety of airports.

“Some were so small they were

just a landing strip and gas pump in the middle of nowhere, and some were giant international airports. We got to see so many parts of the country, frozen ponds, deserts, mountains — it was amazing

## Redwood Canyon Golf Course is Under Water

Large stretches of Redwood Canyon Golf Course in Castro Valley were covered with several feet of swirling, muddy water yesterday as the East Bay Municipal Utility District (EBMUD) continued to release excess water from its Upper San Leandro Reservoir.

According to a daily EBMUD report issued at midnight on Sunday, the upper reservoir was spilling at the rate of 285 cubic feet per second, while Chabot Reservoir, below the golf course was releasing 155 cubic feet per second.

Redwood Canyon appears to be

serving as a kind of relief valve, because the amount of water coming into it is almost twice that of the amount draining out. The golf course is being filled at its upper end and water is also backing up into it from its lower end.

Some are concerned that the driveway from Redwood Road could eventually flood.

EBMUD Director Frank Mellon of Castro Valley said the situation was unavoidable.

“When the water reaches certain levels, we have to make re-  
*see COURSE on page 3*

## Arrest After Stolen SUV Crash

By Amy Sylvestri  
CASTRO VALLEY FORUM

A man was arrested last Wednesday for allegedly stealing a SUV from a driveway on Almond Road in Castro Valley and crashing it into two cars on Redwood Road.

Lorenzo Bell, 24, of Oakland was arrested just after 10 a.m. on Jan. 18. The California Highway Patrol said Bell took a 2016 Chevrolet Tahoe from the owner’s

driveway, drove it northbound on Redwood Road and collided with two cars before veering off the road and hitting a tree.

Bell attempted to leave the crash scene on foot, but a witness detained him until CHP officers arrived and took him into custody. He was taken to Eden Hospital for a medical evaluation before being taken to jail, according to investigating officers.

*see ARREST on page 10*



## Castro Valley Weather Jan. 25 - 29, 2017



Wednesday  
Partly Sunny  
High 55° Low 41°



Thursday  
Partly Cloudy  
High 55° Low 37°



Friday  
Sunny  
High 56° Low 36°



Saturday  
Sunny  
High 58° Low 38°



Sunday  
Partly Sunny  
High 60° Low 40°

### Almanac



Past Week's Rain: 03.37  
Season To Date: 22.39  
Normal To Date: 13.02  
Season Average: 21.22

Sun sets at 5:25 p.m. today, rises at 7:18 a.m. Thursday.

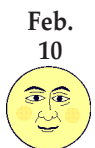
### Moon Phases



Jan.  
28



Feb.  
3



Feb.  
10



Feb.  
18

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# Johnny B' Bushell Brings a Bit Of Alaska to CV This Saturday

By Terry Liebowitz  
SPECIAL TO THE FORUM

John Bushell brings his multi-media show "Rhythm of the North" to the Castro Valley Center for the Arts at 7:30 p.m. this Saturday, Jan. 28.

This is no ho-hum travelogue, but a rollicking, piano-playing, singing, high energy show for the whole family. As "Johnny B" pays tribute to his adopted state of Alaska, he blends his original piano scores and hilarious stories with Daniel Zatz's magnificent aerial video segments.

Bushell grew up in the Bay Area, graduating from Bishop O'Dowd ('70), USF, and Boston's Berklee College of Music.

Not ready to settle down, he vowed to visit all 50 states and set off with an old truck with a piano, a portable stage, and solar pipes for hot water. He stopped in each state to educate, entertain and share his passion for music.

While in New York City, People magazine spotted him dressed in his white tuxedo and black sneakers in front of the Plaza Hotel, coining Bushell an "Itinerant Rag-



John "Johnny B." Bushell

time Troubadour" in their article.

Next Bushell joined Tom Bodett (*Motel 6: "We'll leave the light on for you."*) on NPR as his piano-playing partner.

He wrote and directed a California children's television show and taught elementary school and middle school in Alaska. Today, he lives in Homer, Alaska, although he still does a lot of traveling in the lower 48 as an entertainer/ed-

ucator.

Whether you are new to Alaska's beauty or a longtime devotee, Johnny B promises a fresh look and a joyful ride in his production, "Rhythm of the North."

Please see the Forum's A & E Calendar on page 4 for ticket information.

Terry Liebowitz is a founding member of the Castro Valley Arts Foundation.



PHOTO COURTESY OF THE JENNY LIN FOUNDATION

Last summer more than 300 youth musicians from 54 Bay Area schools enrolled in the Jenny Lin Foundation's free summer music program.

## Summer Youth Music Program

Registration has opened for this year's Summer Youth Music Program sponsored each year by the Jenny Lin Foundation.

All music students at the high school level, and advanced musicians at the middle school level, are invited to take advantage of this exceptional program to help maintain their skills while continuing to perform in a group during the summer.

Now in its 23rd season, this six-week program also offers an opportunity for students to meet and interact with peers from throughout the Bay Area, and to cultivate and hone their leadership skills.

Participants may be eligible for

scholarships from the Youth Orchestra of the Southern Alameda County and Mission Peak Wind Symphony.

Last summer, more than 300 young musicians from 54 schools in 14 Bay Area cities enrolled in the program.

In 2017, participants will again be performing in three groups: Symphonic Orchestra (directed by Cary Nasatir), Symphonic Band (directed by Greg Conway), and Chorus (directed by Diana Ryan).

Rehearsals will be held at Canyon Middle School in Castro Valley on Mondays and Wednesdays from 6:45 to 9 p.m. from June 19 to July 27, concluding with a free

concert at 7:30 p.m. on Friday, July 28 in the Center for Visual and Performing Arts at Chabot College in Hayward.

Based in Castro Valley, the Jenny Lin Foundation is a non-profit organization established in 1994 after the brutal murder of 14-year-old Jenny Lin. Operated through volunteers and contributions, the foundation promotes child safety and music education for youth, and has sponsored many music and safety events for the East Bay communities.

Visit: [jennylinfoundation.org](http://jennylinfoundation.org) to register, or contact John Lin at [jlhlin@sbcglobal.net](mailto:jlhlin@sbcglobal.net) with questions.

—Queenie Chong

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PHOTO BY FRED ZEHNDER

Photo taken during the noonhour yesterday shows much of Redwood Canyon Golf Course flooded by releases from the Upper San Leandro Reservoir, a situation that the East Bay Municipal Utility District says is necessary to protect the dam.

## Course: Water Result of Rainy Past Days

*continued from front page*

leases, otherwise it is bad for the dam," Mellon said.

The water is all run-off, the result of an abnormally rainy past several days. Mellon estimated this month has seen 180 percent of what is considered historically normal rainfall, which means the Upper San Leandro Reservoir is past capacity.

"It's regrettable, but the district makes it abundantly clear (to the

golf course operators) that this is a flood plane," said Mellon.

EBMUD released some run-off though the creek that runs through the golf course a few weeks ago, but there was no flooding on that occasion.

Mellon said that the last time there was such an excess of water and flooding of the golf course was back in 1994, when there was also a stormy season after several years of drought.

**"It's regrettable, but the district makes it abundantly clear (to the golf course operators) that this is a flood plane."**

—Frank Mellon  
EBMUD Director

## SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • SPECIAL TO THE FORUM



### Assault with Deadly Weapon

Saturday, January 21: at 11:09 a.m., a 911 call about a loud and aggressive-sounding argument sent Sheriff's deputies to a home on Grove Way near Virgil Street. There, they arrested a 41-year-old woman from Castro Valley on suspicion of assaulting a family member with a deadly weapon. The woman was also wanted as part of a warrant issued for her arrest. Deputies took the woman to Santa Rita Jail pending \$80,000 in bail.

### Wanted Man

Saturday, January 21: at 10:27 p.m., a 27-year-old man from CV was arrested on suspicion of assaulting a family member. Deputies were called to a home on April Court near Arcadian Drive following an anonymous call about a family fight at the home. The man was also wanted as part of a warrant issued for his capture. Deputies took the man to Santa Rita Jail pending \$50,000 in bail.

### Public Intoxication

Saturday, January 21: at 3:55 p.m., deputies arrested a 41-year-old man from Hayward on suspicion of public intoxication. The man was hanging outside a business on Redwood Road near Castro Valley Boulevard. Deputies stopped the man for questioning and smelled alcohol on his breath. The man was taken to a sobering center.

### Driving with Drugs

Friday, January 20: at 7:50 p.m., a 36-year-old man from Castro Valley was arrested on suspicion of possession of an illegal amount of illegal narcotics. Deputies spotted the man traveling on East Castro Valley Boulevard near the 580 Market Place shopping site and stopped him for questioning and discovered his stash. The man was taken into custody.

### Armed and Dangerous

Friday, January 20: at 10:49 p.m., deputies arrested a 25-year-old man from CV on suspicion of possession of an illegal knife with a blade longer than 2 inches and possession of brass knuckles. The man was also found in violation of a court-issued restraining order as he was spotted at a business at the intersection of the Boulevard and Yeandle Avenue. Deputies reported that the man was wanted as part of a warrant issued for his arrest. The man was taken to Santa Rita Jail pending \$30,000 in bail.

### Busted for Vandalism

Friday, January 20: at 2:19 p.m., a 35-year-old man from San Francisco was arrested on suspicion of vandalizing a business on Castro Valley Boulevard near Wisteria Street. Deputies spotted the man tagging the side of the building before stopping him for questioning. The man was taken into custody.

### Can't Stay Away

Friday, January 20: at 10:18 p.m., deputies arrested a 30-year-old man from Castro Valley on suspicion of violating a court-issued restraining order. The man was stopped for questioning outside a business on Redwood Road near Castro Valley Boulevard after a store manager reported a suspicious-looking person in the area. The man was also wanted as part of a warrant for his arrest. Deputies took the man to Santa Rita Jail pending \$20,000 in bail.

### Stolen Property

Thursday, January 19: at 12:22 p.m., a 20-year-old man from Oakland was arrested on suspicion of possession of stolen property and possession of illegal narcotics. Deputies were called to a grocery store on East Castro Valley Boulevard in the 580 Market Place after a store manager reported the man walked out with an unspecified amount of unpaid merchandise. The man returned the stolen property but also revealed the drugs in his pocket. Deputies took the man into custody.

### Burglar Tools

Thursday, January 19: at 9:02 p.m., deputies arrested a 35-year-old man from Huntington Beach (Orange County) on suspicion of possession of burglar tools, illegal

*see REPORTS on page 10*

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**Open House**  
**Sunday, January 29**  
9:00 a.m. Mass - Children's Liturgy and Presentation of the Class of 2017  
10:30 a.m. - Open House for families  
11:30 a.m. - Parent Info Meeting (childcare provided)

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## The Week Ahead

### ● Wednesday, January 25: Seminar on Scams, ID Theft

The Aitken Senior Center at 17800 Redwood Road in Castro Valley will host a Financial Scams and Identity Theft Seminar from 1:30 to 2:30 p.m. today where you will learn about common financial scams, how to look out for them and protect yourself. Call 510-881-6738 to reserve your spot for this free seminar.

### ● Wednesday, January 25: Free Tax Returns Assistance

The Aitken Senior Center at 17800 Redwood Road in Castro Valley offers free assistance with preparing simple Federal and State tax forms for older adults and low-income individuals beginning today, Jan. 25. Tax volunteers go through an intense training program through the IRS. The income limit restriction is \$54,000. If you have any questions or want to make an appointment, call 510-881-6738.

### ● Thursday, January 26: School Board Meeting

The Castro Valley Board of Education will meet in open session at 7 p.m. tomorrow in the district boardroom at 4400 Alma Avenue. Visit [www.cv.k12.ca.us/board-of-education/agendas-and-board-materials](http://www.cv.k12.ca.us/board-of-education/agendas-and-board-materials) for the agenda and board packet.

### ● Thursday, January 26: HARD Senior Softball Meeting

Seniors age 50 and up who are interested in playing softball in the 2017 HARD Leagues should attend an informational meeting at 1 p.m. tomorrow at the Aitken Senior Center, 17800 Redwood Road. The program begins its 27th year in March with games played at 9:30 a.m. at Oliver Fields in Hayward on Tuesdays (60+), Wednesdays (70+) and Thursdays (50+). Practice will be on Feb. 7, 14, and 21 at the Castro Valley Community Center on Lake Chabot Road starting at 9 a.m. More information can be found at: [hardseniorsoftball.com](http://hardseniorsoftball.com)

## CASTRO VALLEY FORUM

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### Submissions to The Forum

To submit Calendar listings or news stories for possible publication, send information by the prior Friday in an email, or attach a document with photos to: [fredz@ebpublishing.com](mailto:fredz@ebpublishing.com), or fax information to 510-814-9691.

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### ● Friday, January 27: Ghost Ship Victims Fundraiser

"The Fundudes" band will donate an evening's performance to benefit the families of victims of the recent Ghost Ship Fire in a special evening of music from 5:30 to 8:30 p.m. this Friday at Zocalo Coffee, 645 Bancroft Ave. in San Leandro. A \$10 donation is suggested. All donations will be matched via A's/Raiders/Warriors funds. To contribute online visit [www.youcaring.com/oaklandfirevictimsfrom130531stavei-noakland-706680](http://www.youcaring.com/oaklandfirevictimsfrom130531stavei-noakland-706680)

### ● Saturday, January 28: 2016 Eden Awards

The Castro Valley Eden Area Chamber of Commerce will host the 2016 Eden Awards, an event highlighting our local heroes this Saturday evening. Volunteer of the Year, Business Person of the Year, First Responder of the Year, Castro Valley Teacher of the Year and San Lorenzo Teacher of the Year will all be recognized at this dinner, with dancing, cocktails, dessert, and silent auction to follow the awards presentation. Contact the Chamber office at 510-537-5300 for more information. To purchase tickets log on to [www.edenareachamber.com](http://www.edenareachamber.com)

### ● Saturday, January 28: Free New SAT Practice Test

Teens are invited to partake in a new SAT practice test administered by The Princeton Review from 10 a.m. to 2:30 p.m. Saturday, Jan. 28, at the Castro Valley Library. In preparation for what might be the most important test of their lives, this 4-1/2 hour workshop is an opportunity to see how they would score on the test while getting realistic practice at the types of questions on the actual exam. A personalized report pinpointing each student's strengths and weaknesses will be provided. Registration is requested. Sign up in person at the library, or register online at [www.princetonreview.com/product/offering/310525](http://www.princetonreview.com/product/offering/310525) or call 510-667-7900.

### ● Saturday, January 28: Pets Available for Adoption

Dusty Paws Rescue will be showing cats, kittens and dogs available for adoption from 1:00 to 4:00 p.m. this Saturday, January 28, at Pet Food Express, 3385 Castro Valley Blvd. Take a look at our website to see if can find an available friend to adopt at [www.dustypawsrescue.org](http://www.dustypawsrescue.org)

### ● Tuesday, January 31: Meeting on Eden Health District

The Alameda County Local Agency Formation Commission (LAF-Co) will hold a special meeting at 6 p.m. Tuesday at the Castro Valley Library to hear from the public about the Eden Township Healthcare District, which some local officials have said should be dissolved. For more information, visit [www.acgov.org/lafco/](http://www.acgov.org/lafco/)

# ...and Beyond

### ● Wednesday & Thursday, Feb. 1-2: Donations for Refugees

Donate lightly used or new kitchen items to help refugees resettle in the Bay Area. Drop off donations at the Mormon Church, 3900 Seven Hills Road, from 6:30 to 8:30 p.m. on Feb. 1, or from 6:30 to 8 p.m. on Feb. 2 at the Palomares Hills Clubhouse, 6811 Villareal Drive. Items will be donated to the International Rescue Committee in Oakland. Visit [goo.gl/LIX3Nm](http://goo.gl/LIX3Nm) or call 510-397-6172 for details. This is an Eagle Scout project for Harrison Thomas, Troop 789.

### ● Wednesday, February 1: Retirement Seminar

The Aitken Senior Center at 17800 Redwood Road will host a Retirement Health and Wealth Seminar from 1-2 p.m. next Wednesday, Feb. 1, on how to improve your brain health, generate lifetime income, and increase retirement income. Also tips on tax and estate planning. Call 510-881-6738 to reserve your spot for this free seminar.

### ● Wednesday, February 1: "Is This House Haunted?"

Hayward Area Historical Society Property Manager Heather Farquhar will discuss Paranormal Investigation and Historic Houses from 6 to 7 p.m. next Wednesday, Feb. 1, at the Hayward Library at 835 C Street. The Meek Mansion and the McConaghy House in Hayward have both been sites of exploration for paranormal investigators. Data includes includes electronic voice phenomena, cold spots, touches, apparitions and much more.



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# Arts & Entertainment

### CASTRO VALLEY CENTER FOR THE ARTS

Tickets for CFA events listed below are available online at [www.cvarts-foundation.org](http://www.cvarts-foundation.org); or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. phone 889-8961; or at the CV Adult School, 4430 Alma Ave.

● "Rhythm of the North," celebrating our 50th State – Alaska – will be presented at 7:30 p.m. on Saturday, Jan. 28. Take this boogie-woogie joy ride with John Bushell (known as "Johnny B.") when he presents this multi-media sensation, with stunning images, sizzling piano and hilarious stories. For tickets (\$20), see above.

● Gina Eckstine, daughter of famed bandleader and singer Billy Eckstine, brings her own style to the music scene at 7:30 p.m. on Saturday, Feb. 25. With family friends that included greats like Sammy Davis Jr., Sarah Vaughan and Quincy Jones, she weaves personal stories throughout her selections from the Great American Songbook. For tickets (\$17-\$25) see above.

### THEATRICAL & MUSICAL PERFORMANCES

● "Rumors," Neil Simon's wonderfully funny farce about four nouveau riche couples at a party, opens at Chanticleers Theatre at 3683 Quail Ave. in Castro Valley with a traditional champagne gala on Friday, Feb. 3 and runs through Feb. 26. Curtain for Friday and Saturday evening shows is 8 p.m. Sunday matinees start at 2 p.m. (no matinee on opening weekend). For tickets (\$20 on bargain night Feb. 4; \$25 general; \$20 seniors, students and military) visit [chanticleers.org](http://chanticleers.org) or call 510-733-5483.

● "Charley's Aunt '66," the World Premiere of a wonderfully silly farce by Scott Munson, comes to the Douglas Morrisson Theatre, 22311 N. Third St. in Hayward beginning with a preview on Thursday, Feb. 9. Opening reception Feb. 10. Performances are at 8 p.m. on Feb. 9, 10, 11, 17, 18, 24, 25 and at 2 p.m. on Feb. 12, 19, 25. For tickets (\$10-\$29), call 510-881-6777 or visit [www.dmtonline.org](http://www.dmtonline.org)

### ART GALLERIES & EVENTS

● "Getting to Know the Map," an exhibition of 40 years of photography by Geir & Kate Jordahl, will open this Saturday, Jan. 28, with a reception, book release and signing from 2 to 5 p.m. at PhotoCentral Gallery, 1099 E St. in Hayward.

● People, Places & Pets, an exhibition of 40 photographs – from portraits, local scenes, historical sites and favorite pets – is on display at Foothill Gallery, 22394 Foothill Blvd. in Hayward, sponsored by the Hayward Arts Council. Meet and greet the artists from 1 to 3 p.m. on Saturday, Feb. 25.

● Hayward Area Photography, the work of 23 local photographers including 10 members of the Castro Valley Photo Club will be on display from January 30 to March 31 at the John O'Lague Galleria at Hayward City Hall, sponsored by the Hayward Arts Council. An artists' reception will be held from 5:30 to 7:30 p.m. on Friday, Feb. 3.

● "Finding the Quiet Places," a display of pastel paintings by Castro Valley artist Sarah Schneider, is on view at the Castro Valley Library. These landscapes show calm and restful scenes, a reminder of the local beauty of our area. Schneider is a member of A.R.T., Inc.

● "Looking Forward," an exhibition by the members of A.R.T., Inc., featuring a variety of media including two and three-dimensional art, will be on display through March 4 at the Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. Art judge Angela Johal selected the exhibition awards.

● Making a Difference in Our Community, a display of photos and text detailing the activities and 68-year history of the Castro Valley Women's Club, will be presented for the entire month of February at the Castro Valley Library.

● Celebrating Community: Black Families of Fairview and Kelly Hill, depicting the diverse experiences of past and present residents of these two areas of unincorporated Hayward, will be on display in the Hayward Area Historical Society Community Gallery at 22380 Foothill Blvd. in Hayward from January 14 through March 5. The exhibit was guest curated by Karen McHenry-Smith. For more information call 510-581-0223 or visit [www.hayward-areahistory.org](http://www.hayward-areahistory.org).

● "A Woman's View of the World," a variety of artistic techniques including watercolors, acrylics, pencil, ink and mixed media by the Diablo/Alameda Chapter of the National League of American Pen Women, ends this Friday, January 27, at the John O'Lague Galleria in Hayward City Hall, 777 B Street at Watkins in Hayward.



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# Shhh! They're Telling 'Rumors' at Chanticleers Theatre

By Georgia Lee Barnes  
SPECIAL TO THE FORUM

Start 2017 with a wonderfully funny evening at Chanticleers Theatre in the company of four nouveau riche couples romping through Neil Simon's farce, "Rumors."

Guests arrive at a 10th anniversary party (in formal wear) only to discover that the hosts have been incapacitated by mysterious events involving gunshots.

Do we have a scandal here? Could be – and the attempted coverups result in great fun for audiences. As in all classic farces, there are slamming doors, lots of misunderstandings, downright deceptions, and even some just plain silliness.

Director, John Maio has assembled a cast of some of the most talented actors in the Bay Area: Randy Anger (Pleasanton); Jason Berner (Crockett); Julia Etzel (Alameda); Bruce Kaplan (Oakland);



Katina Letheule (Alameda); Michael Sally (Oakland); Kyle Smith (Union City); Alicia von Kugelgen (Oakland); Andrea Lea Martzipan

(San Jose); and Vicki Zabarte (Hercules).

"Rumors" opens with Chanticleers' traditional champagne gala on Friday, Feb. 3, and runs through Feb. 26. Curtain for Friday and Saturday evening shows is 8:00 p.m. and Sunday matinees start at 2:00 p.m. (no matinee on opening weekend).

General admission is \$25; admission for seniors 60-plus, students and military is \$20. On Bargain Night, Feb. 4, all tickets are \$20. The Chanticleers Theatre FlexPass (gives you four tickets to use anytime during the season) is \$85 general and \$68 seniors/seniors/military.

Chanticleers Theatre, Castro Valley's Community Theatre in the Park, is located at 3683 Quail Avenue, Castro Valley. For more information, call (510) 733-5483 or visit their website at: chanticleers.org for reservations/tickets.

Georgia Lee Barnes is publicist for Chanticleers Theatre.



PHOTOS COURTESY OF CHANTICLEERS THEATRE

Scenes from Chanticleers' production of "Rumors." Above, Alicia von Kugelgen, Julia Etzel, and Katina Letheule. At left, from top, Jason Berner, Randy Anger and Michael Sally.

# Enjoy the Cold and Stay Safe

Winter recreation can be hazardous. Every year, thousands of individuals and families enjoy California's winter season by playing in the snow, fishing, hiking a trail, boating, off-highway recreation or visiting historical sites.

The recent winter storms have changed the state's outdoor landscape with snow in many higher elevation areas and many streams have much more water.

While many may be eager to enjoy this new landscape, outdoor enthusiasts are reminded to properly plan for their outings by checking road conditions, site destination availability, the weather, and by making outdoors adventures safe for everyone.

**Check Road Conditions & Site Destination Availability**  
see WINTER on back page

# StopWaste School Program Wins 2016 State Environmental, Economic Leadership Award

California's Environmental Protection Agency has awarded StopWaste.org a 2016 Governor's Environmental and Economic Leadership Award. StopWaste – short for the Alameda County Waste Management Authority – was one of only 12 organizations to receive such awards last Friday.

StopWaste was recognized for its multi-step school program, which has diverted thousands of tons of waste from the landfill and has empowered students to be problem solvers and environmental champions in their communities.

One such program enlisted

younger children to work alongside UC Berkeley students to reduce waste at Cal football and basketball games.

StopWaste's action model has been used in Alameda County schools for more than a decade.

For more information, visit [www.stopwaste.org](http://www.stopwaste.org).

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## ATHLETES OF THE WEEK



This week's Athletes of the Week are the members of Dakine Hoops fifth grade D1 boys basketball team. They won the Championship at the XBA Winter Classic Tournament over the weekend, at JamTown, in Oakland.

Dakine won their first two games against Team Elite 55-34 and Team Select 30-13. They faced and beat West Coast Extreme by a score of 49-16, then moved on to the Championship game

against Team Select Gold, with Dakine Hoops winning the Championship 44-18.

Pictured above from left to right: Coach John Tien, Michael Li, Riley La Rosa, Jalen Tran, Ryan Co, Aadi Malali, Porter Tien, Ekam Sandhu, Travis Simmons, Shriyans Vittal, Head Coach Armando La Rosa. Not pictured: Justin Chinn and Coach Kevin Chinn.



REDWOOD CHRISTIAN SCHOOLS PHOTO

Redwood Christian Middle School All-Americans pictured with RCS Eagle mascot, are Jonathan Burckin, Ariez Pimentel, Omar Staples, Ethan King, Jahzara Jones, and Victoria Brock.

## RCS Holds All-American Classic

The Redwood Christian Middle School campus had students fired-up January 9-13.

The All-American Student Classic, designed to promote sportsmanship and school pride, featured academic and athletic competitions, as well as other special events throughout the week.

"The best part of the week was being able to bond with friends," said eighth-grade student Ariez Pimentel. Seventh-grader Ethan King said he most enjoyed the obstacle course.

Ariel and Ethan were two of six RCS Middle Schools All-Americans receiving special recognition for their overall performances and a plaque. Also achieving the status of All-Americans were sixth-graders Jahzara Jones and Omar Staples, seventh-grader Victoria Brock, and eighth-grader Jonathan

Burckin.

Principal Ben Warner said the All-American Student Classic, with faculty encouragement, team leadership and individual student recognition, got students excited about school as they kicked off the second semester.

"Our students competed hard, encouraged each other to finish, and had a lot of fun together! It was special to name and honor our first-ever Redwood Christian Middle School All-Americans," Warner said.

## CASTRO VALLEY INDEPENDENT SPORTS LEAGUE



**Youth Baseball and Flag Football Programs**  
[www.CVSPORTSLEAGUE.org](http://www.CVSPORTSLEAGUE.org)



## SPORTS NOTES

### Castro Valley Track Club

CV Track Information to sign up for youth track and field is online at JOIN at [www.cvtrackclub.com](http://www.cvtrackclub.com)

### Basketball

East Bay Swag basketball is looking for committed athletes to join their club for the 2017 season.

Swag is holding tryouts for boys, grades 1-8 and girls grades 4-8, on the following dates: For the girls: Sunday, January 29, at Bancroft Middle School, located at

1150 Bancroft Ave., San Leandro. Grades 4-6 from 9-10:30 a.m. and grades 7-8 from 10:30 a.m. to 12 p.m. For the boys: Saturday, January 28, at John Muir Middle School, located at 1444 Williams St. in San Leandro. Grade 1-5 from 9-11 a.m. and grade 6-8 from 11 a.m. to 1 p.m. High School basketball team tryouts will be in March. Please, register at [www.ebswag.com](http://www.ebswag.com) prior to tryouts. Please, contact Jose Alvarez by email at: [coachjose@ebswag.com](mailto:coachjose@ebswag.com)

### GIRLS BASKETBALL

- Wednesday, January 25, 5:00 p.m. JV vs. San Leandro at CVHS
- Wednesday, January 25, 7:00 p.m. Varsity vs. San Leandro at CVHS
- Friday, January 27, 5:30 p.m. JV vs. Berkeley away
- Friday, January 27, 7:00 p.m. Varsity vs. Berkeley away

### BOYS BASKETBALL

- Wednesday, January 25, 5:30 p.m. JV vs. Tennyson away
- Wednesday, January 25, 7:00 p.m. Varsity vs. Tennyson away
- Friday, January 27, 5:30 p.m. JV vs. Berkeley at CVHS
- Friday, January 27, 7:00 p.m. Varsity vs. Berkeley at CVHS
- Saturday, January 28, 12:00 p.m. Freshman vs. Pinole Valley away
- Saturday, January 28, 1:30 p.m. JV vs. Pinole Valley away
- Saturday, January 28, 3:00 p.m. Varsity vs. Pinole Valley away

### GIRLS SOCCER

- Wednesday, January 25, 4:00 p.m. JV vs. O'Dowd away
- Wednesday, January 25, 6:00 p.m. Varsity vs. O'Dowd away
- Friday, January 27, 3:30 p.m. JV vs. Arroyo away
- Friday, January 27, 3:30 p.m. Varsity vs. Arroyo away
- Saturday, January 28, 11:00 a.m. JV vs. Amador Valley away
- Saturday, January 28, 1:00 p.m. Varsity vs. Amador Valley away

### BOYS SOCCER

- Wednesday, January 25, 4:00 p.m. JV vs. O'Dowd at CVHS
- Wednesday, January 25, 6:00 p.m. Varsity vs. O'Dowd at CVHS
- Friday, January 27, 4:00 p.m. JV vs. Arroyo at CVHS
- Friday, January 27, 6:00 p.m. Varsity vs. Arroyo at CVHS

### GIRLS WRESTLING

- Thursday, January 26, 4:00 p.m. CVHS vs. Hayward and San Leandro at CVHS
- Saturday, January 28, 7:00 a.m. CVHS All levels participating in the Baler Bash held at Hollister High

### BOYS WRESTLING

- Saturday, January 28, 8:00 a.m. Varsity is participating in the Puma Classic, held at Maria Carrillo H.S. in Santa Rosa

## GOLF INSIDER

## The Golf Breakdown

By Andy Morris  
& Eric Jones

SPECIAL TO THE FORUM

When seeking to improve at golf— or any other sport — it helps to know how to break the game down.

Like the old saw "How do you eat an elephant?" breaking the game down to smaller parts will allow you to concentrate your efforts "one bite at a time."

For instance, we break golf down into three core components: Technique, Strategy, and Self.

Technique is everything you do to swing a club and hit a ball. Strategy is knowing where to position yourself and what club and shot will get the job done. Self is everything you do to manage the way you think, feel, and act.

Then we break a core component like Technique into more specific areas such as driving, approach shots, short game, and putting. It's much the way a football coach might break down the game into Offense, Defense, and Special Teams, and then break down offense into 1st, 2nd, and 3rd down plays, or passing and running plays.

With these smaller bites we can now develop a Play Book. The Play Book includes drills, instruction, assessments, and benchmarks — everything we use to take action for that area of the game.

Once we have a play book we

develop a Game Plan. The game plan serves as our strategic guide. It helps us keep sight of what we are trying to accomplish and the way we plan to accomplish our goal: what to focus on, how much time to spend, results to strive for, and more.

Our approach to game planning is to have students develop two really strong parts of their game while addressing the one part of their game that holds them back.

The goal of every golfer should be to play from their areas of strength as often as possible.

The last part of breaking the game down is measuring performance with benchmarking and stats. Benchmarks help us understand where we are, while stats tell us how we are doing on the journey.

The benefit of this approach is the flexibility. As our game changes, so does our game plan. Breaking the elephant down allows us to make a game plan, work our play book, and benchmark our progress — one bite at a time.

Andy Morris is the instructional program manager at Eric Jones Golf, specializing in helping new golfers. Eric Jones is the Northern California PGA Teacher of the Year and coach at Stanford University with a Masters degree in Sport Psychology. The Eric Jones Golf Academy is located at Redwood Canyon Golf Course in Castro Valley.



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## Importance Of Getting The Shot

Influenza or flu is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness and at times can lead to death.

People who have the flu may spread it to others about one day before getting sick to 5-7 days after, and are most contagious during the first three days of feeling sick.

Children and people with weak immune systems can spread the flu virus for a longer period of time.

This means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Almost half of the people with the flu virus do not know that they have the flu and continue with their daily activities.

The best way to prevent influenza is by getting a flu vaccination each year.

The Alameda County Public Health Department recommends a yearly flu vaccine for everyone 6 months of age and older. The nasal spray vaccine that has been available in previous years is no longer available. This means all flu vaccines will be administered as injections (shots), like most other vaccines.

Getting the flu vaccine as soon as it becomes available each year is best. It takes about two weeks after vaccination for antibodies to develop in the body and provide protection against the flu. I

The best place to receive a flu vaccine is at your doctor's office, but there are many other options.

### CV SHOT SPOTS

In Castro Valley, flu shots are available at these stores:

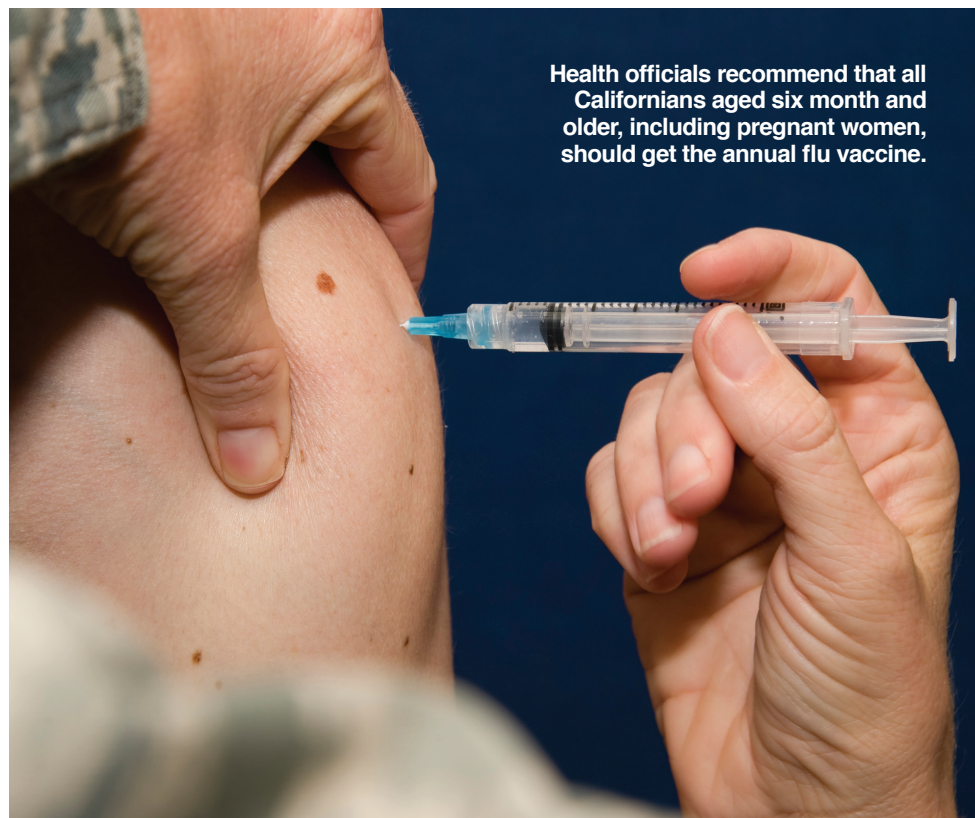
- Safeway, 20629 Redwood Road, 510-538-0268
- Walgreens, 3382 Castro Valley Blvd., 510-537-0072
- CVS Pharmacy, 3667 Castro Valley Blvd., 510-538-1227

- Rite Aid, 3848 Castro Valley Blvd., 510-886-3341

Check in advance about hours, cost, and insurance coverage. Influenza vaccine is typically covered by health insurance.

Many local clinics offer free or low-cost influenza vaccines. The California Vaccines for Children program provides no-cost vaccines to eligible children 18 years old and younger. Clinics participating in the California Vaccines for Children program may be located at: [eziz.org/vfc/provider-locations](http://eziz.org/vfc/provider-locations).

For more information about vaccination sites, visit [vaccinefinder.org](http://vaccinefinder.org). To find flu vaccine near you, visit: <http://flushot.healthmap.org/>



## Outbreak of Flu Worst in Years

CALIFORNIA IS EXPERIENCING widespread influenza activity that is more severe than last year due to significantly higher numbers of hospitalizations and outbreaks throughout the state.

Since the beginning of the flu season, 14 cases of influenza-associated death in people under age 65 – including the death of a child – were reported in the California as of Friday, according to State Public Health Officer Dr. Karen Smith.

But this count represents only a fraction of the total flu deaths statewide because only deaths in people younger than 65 are reported to the state and not all influenza-related deaths are easily attributable to influenza.

"This is a tragic reminder that the flu is a serious illness for people of all ages and kills thousands of Americans each year," said Dr. Smith. "If you haven't been immunized yet this season, getting flu shots for you and your family now can still help protect you this winter."

Hospitals statewide have been impacted by a surge in influenza patients, and hospitalizations for pneumonia and influenza at hospitals in Northern California during the week ending January 7 reached the highest level recorded in 10 years.

The State Health Department has also received reports of 83 influenza outbreaks, mostly in long-term care facilities, more than twice the reports received in recent years.

"We are closely monitoring the impact of influenza on health care facilities," said Dr. Smith. "Some acute care hospitals in California are full and have diverted patients to other facilities."

For anyone who has not yet received a flu shot this season, it is not too late. Influenza activity usually continues for several months, and it is still early in the season.

Because it takes about two weeks after vaccination for antibodies that protect against influenza, it is best to get vaccinated as soon as possible.

Health officials recommend that all Californians aged six month and older, including pregnant women, should get the annual flu vaccine. The flu virus circulating this season closely matches the vaccine, suggesting that the vaccine will provide protection against influenza and reduce the risk of severe disease.

The flu vaccine prevents disease due to the most serious wintertime virus, but other viruses are also

circulating now. Along with getting immunized, take these common-sense precautions against wintertime viruses:

- Stay home when you are sick.
- Cover your cough and sneezes with a tissue or your sleeve.
- Wash your hands often and thoroughly with soap and warm water or clean them with alcohol-based hand sanitizer.
- Avoid touching your eyes, nose and mouth.

Information in this section was compiled from the California Dept. of Public Health, the Alameda County Health Dept. and Sutter Health websites.

## Eden Health Dist. Calls For Volunteer Advisors

The Eden Health District is recruiting community members to join its Advisory Committee to act as a sounding board for residents and assist the district on long range planning and financial issues.

Committee volunteers must live within the district, should be interested in health with the desire to help communicate with the community, and be able to attend monthly meetings.

The District includes Castro Valley, San Leandro, Hayward, San Lorenzo and Ashland-Cherryland. Representation from the Hayward area is encouraged.

Those interested should submit statement of qualifications by Feb. 15 to Eden Health District, 20400 Lake Chabot Road, Suite 303, Castro Valley 94546. For more, call Eden Health District CEO Dev Mahadevan at 510-538-2031.

## Influenza Q&A

### ■ Is it a cold or the flu?

The flu and the common cold are both respiratory illnesses but they are caused by different viruses. Because these two types of illnesses have similar symptoms, it can be difficult to tell the difference between them based on symptoms alone.

In general, the flu is worse than the common cold, and symptoms are more intense. Colds are usually milder and generally do not result in serious health problems, such as pneumonia, bacterial infections, or hospitalizations.

Flu can have very serious associated complications. Special tests that usually must be done within the first few days of illness can tell if a person has the flu.

### ■ What are the symptoms in adults?

- Temperature of 100°F or above
- Moderate to severe cough or chest discomfort
- Moderate to severe exhaustion
- Moderate to severe headache or muscle aches
- Little or no appetite
- Body chills

### ■ In children?

Children experience similar symptoms to those in adults. However, children tend to have higher temperatures than adults and they may also have nausea and vomiting or stomach pain.

### ■ What is the "stomach flu"?

Any illness that causes nausea, vomiting or diarrhea may be called the "stomach flu," but if these are your main symptoms, the influenza virus is not the cause.

### ■ Who is at highest risk?

- Adults 65 years and older
- Children younger than 5 years old
- People with ongoing health conditions such as diabetes, asthma, COPD, heart failure or kidney problems

### ■ When should you seek emergency care?

When you:

- Have difficulty breathing or shortness of breath
- Have pain or pressure in the chest or abdomen
- Experience sudden dizziness or confusion

### ■ When should you call your child's doctor?

When your child:

- Cannot or will not drink enough fluids
- Stops urinating or doesn't make tears when crying
- Vomits repeatedly
- Cries for long periods of time and can't be comforted
- Has flu-like symptoms that improve at first, but then return with a fever and worsening cough
- Has flu-like symptoms and is a "high-risk" patient with asthma or other lung problems, diabetes, heart or kidney disease or a weakened immune system
- Struggles to breathe or breathes very fast, is sleepy and cannot be woken, or cannot interact with you.

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HAYWARD HISTORICAL SOCIETY PHOTO

The historic McConaghy House at 18701 Hesperian Blvd. in Hayward opens its doors for a Valentine's "date night" on Friday, February 10.

## Valentine's 'Date Night' Event at Hayward's McConaghy House

Are you looking for a memorable way to celebrate Valentine's Day with friends or your sweetheart? The Hayward Area Historical Society has got you covered.

The Society is having a "date night" from 7 to 10 p.m. on Friday, Feb. 10, at the historic McConaghy House, at 18701 Hesperian Blvd. in Hayward.

Actors will provide an inter-

active history of Valentine's Day on a 40 minute tour of the house, while outside, entertainment will be provided by the Mount Eden High School String Ensemble.

The tour will look at the changing tradition of Valentine's Day from ancient Rome to the birth of modern dating in the 1920s. Actors portraying McConaghy family members will bring history to life with funny and immersive

scenes. Tours will enter the house every 30 minutes during the event.

The McConaghy house has seen 128 Valentine's Days and you can help it see 128 more. Tickets are \$25 dollars per person or \$40 for two people. All proceeds will go toward fixing the roof and the house's maintenance.

For more information, visit [www.haywardareahistory.org/](http://www.haywardareahistory.org/) or call (510) 581-0223.

## Reports: Stolen Property; Drug Pipe; DUI

*continued from page 3*

hypodermic needles, and illegal drug paraphernalia. The man was hanging outside a home on Carlton Avenue near Alexis Place when deputies stopped him for questioning and discovered his stash. The man also had an active warrant issued for his capture. Deputies took the man to Santa Rita Jail pending \$12,500 in bail.

### Did She Know the Way to San Jose?

Wednesday, January 18: at 1:59 p.m., a 19-year-old woman from Hayward was arrested on suspicion of trespassing and presenting a false identification to police. The woman was also wanted as part of warrant issued for her arrest from the San Jose Police Department on petty theft charges. Sheriff's deputies were called to Eden Medical Hospital after hospital security found the woman trespassing in an unauthorized area. The woman tried to pass herself off as someone else, but was later positively identified. Deputies took the woman to Santa Rita Jail pending \$10,000 bail and transfer back to San Jose.

### Finders, But Not Keepers

Tuesday, January 17: at 3:30 p.m., deputies arrested a 33-year-old man from Hayward on suspicion of illegal possession of personal property. The man was hanging

around the intersection of the Boulevard and Lake Chabot Road when deputies stopped him for questioning about some stolen merchandise. The man claimed the property was his, despite obvious signs on the object that indicated it belonged to someone else. The man also had a warrant for his capture. Deputies took him to Santa Rita Jail pending \$10,000 in bail.

### Drove Drunk, Drugged

Monday, January 16: at 9:26 p.m., deputies pulled over and arrested a 27-year-old man from Castro Valley as part of an active warrant for his capture. The man had been previously charged with driving under the influence of drugs and alcohol, driving with a suspended license, driving with a suspended license with an electronic sobriety device, and leaving a damaged vehicle in the middle of traffic. De-

puties served the warrant to the man in the driveway at a home on Carlton Avenue near Sunshine Place. The man was taken to Santa Rita Jail pending a court appearance.

### Stolen Car in the Park

Monday, January 16: at 12:57 p.m., two men from the East Bay were arrested on charges of stolen vehicles and possession of illegal equipment. Deputies stopped the men for questioning in the parking lot of Carlos Bee Park on Grove Way and found the vehicle had been stolen. The driver, a 30-year-old man from San Leandro was additionally charged with possession of stolen property. The passenger, a 35-year-old man from Castro Valley was additionally charged with possession of illegal drug paraphernalia. Deputies took the men to Santa Rita Jail pending as much as \$50,000 in bail.

## Arrest: Bell Faces Charges Of Second Degree Robbery

*continued from front page*

Bell faces charges including second degree robbery, elder or dependent abuse, unlawful driving or taking of a vehicle, and hit and run – with possible enhancements for having a previous conviction and being on probation.

The CHP says that drug or alcohol impairment are not believed to have been a factor in the collision.

Bell is currently being held at Santa Rita jail in Dublin in lieu of \$25,000 bail. His next court appearance is scheduled for Monday at the Hayward Hall of Justice.



"Lake Chabot Sunrise" by photographer Wanda Worthington of CV will be part of the Hayward Area Photography Exhibition at the John O'Lague Galleria at the Hayward City Hall.

## New O'Lague Galleria Exhibit

By Winda I. Shimizu  
SPECIAL TO THE FORUM

The John O'Lague Galleria at Hayward City Hall presents a collection of photographs by 23 local photographers in the upcoming exhibition "Hayward Area Photography." The show runs from Jan. 30 to March 31, with a meet-and-greet artists' reception from 5:30 to 7:30 p.m. on Friday, Feb. 3. "Hayward Area Photography" features the works of students of Ochoa Middle School, members

of the Castro Valley Photo Club, Wanda Worthington, and members of Hayward Arts Council, Mark Shaw, Ruey Syrop, Jeanne Bertolina, Jim Fonseca, Patra Nesseth-Steffes, Nick Calarco, Charlie Mohele and John Abercombie.

A variety of techniques including film and digital photography are included in the exhibition.

Come and visit John O'Lague Galleria, 777 B Street in downtown Hayward to view this impressive body of work. Gallery hours: Monday through Friday, 9

am to 5 pm. Open to the public. Visit [www.haywardartscouncil.org](http://www.haywardartscouncil.org) for more shows and events, email [hac@haywardartscouncil.org](mailto:hac@haywardartscouncil.org) or call 510-538-2787.

The Hayward Arts Council maintains five galleries – Foothill Gallery, John O'Lague Galleria, Hayeard Chamber of Commerce, Hayward Senior Center, and the Hayward Branch of the Alameda County Law Library.

Winda I. Shimizu is a member of the Board of Directors of the CV Educational Foundation.

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# REAL ESTATE GALLERY



## REAL ESTATE REALITY

By Carl Medford, CRS  
Special to the Forum

GUEST COMMENTARY



### Baby Boomer Needs Prompt New Home Designs

As full-fledged members of the baby boomer generation who've already purchased the home in which we plan to retire, my wife and I spent lots of time prior to purchasing researching criteria for a home in which we can age gracefully.

Many our age are contemplating the same thing: While we're nowhere near retirement, we want homes that will accommodate active lifestyles for years to come.

As boomers (55+) age, their criteria for homes changes dramatically. With kids gone, numerous bedrooms are no longer necessary and large maintenance-intensive yards are low on their wish lists.

Access to medical care is important, along with proximity to shopping and access to transportation hubs such as airports.

New home builders have been aware for some time that the aging population will have needs different from other ages of buyers. For this reason, at the 2017 International Builders' Show recently hosted in Orlando, Florida, the National Association of Home Builders spent considerable time teaching builders how to cater to this emerging market.

Their conclusions?\*

**1. Repurpose traditional spaces.** As an example, as children leave home, laundry needs diminish. Instead of having a large room dedicated to laundry, design space that could function as areas for arts-and-craft, pet care, exercise or other age-specific activities.

### Mortgage Rates Drop for Third Consecutive Week

The fixed-rate 30-year mortgage fell three basis points to 4.09 percent last week, the third straight week of declines. A year ago at this time, the 30-year FRM averaged 3.81 percent.

Fifteen-year loans averaged 3.34 percent last week, down from 3.37 percent the week before.

Five-year hybrid adjustable-rate mortgages (ARM)s averaged 3.21 percent, down from 3.23 percent. A year ago, the 5-year ARM averaged 2.91 percent.

**2. Increase the lighting.** Medical research shows that 60 year olds need as much as six times the light of younger 20-somethings. Increase the window areas and install more lights, including areas that are typically dark, such as closets, cabinets and drawers.

**3. Add accessibility features.** While few want to think about aging, many like the practicality of grab bars in bathrooms. Level floors are critical throughout, ensuring smooth transitions from one area to the next.

**4. Keep everything low maintenance.** While yards may be the first thing that comes to mind, the entire home should be designed with minimal maintenance in mind. Stain-free counters, low-maintenance flooring and stucco exteriors are great choices.

**5. Keep stairs to a minimum.** Since stairs are the No. 1 cause of emergency room visits for all ages, limit them to spaces infrequently accessed. Bedrooms for visiting family could be on another level with the master bedroom on the main level. No steps from garages or entries are important.

Since boomers consider themselves immortal, they want homes they can live in now until the day they finally move out... in a box.

\*5 Home Design Needs for Your Boomer Clients, by Meg White, Daily Real Estate News.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association at [www.ccmgtoday.com](http://www.ccmgtoday.com).

### RECENT HOME SALES

#### Castro Valley

2403 Austin Court	94546	\$750,000	4 BD - 2,077 SF - 1997
2798 Cortez Court #6	94546	\$390,000	2 BD - 1,141 SF - 1977
5175 Cunningham Court	94546	\$734,000	3 BD - 1,613 SF - 1961
19082 Gliddon Street	94546	\$800,000	3 BD - 1,675 SF - 1953
18413 Madison Avenue	94546	\$1,030,000	2 BD - 2,367 SF - 1938
22242 North 6th Street	94546	\$2,365,000	2 BD - 1,080 SF - 1968
18718 Walnut Road	94546	\$849,000	4 BD - 2,180 SF - 1951
20199 Wisteria Street	94546	\$755,000	2 BD - 1,711 SF - 1948
17089 Columbia Drive	94552	\$832,500	4 BD - 2,196 SF - 1986
18408 Cotton Court	94552	\$925,000	3 BD - 1,480 SF - 1962
5732 Medallion Court	94552	\$905,000	N/ABD - 2,830 SF - 1981
3679 Pinon Canyon Court	94552	\$550,000	2 BD - 1,258 SF - 1996

<b>TOTAL SALES:</b>	<b>12</b>		
<b>LOWEST AMOUNT:</b>	<b>\$390,000</b>	<b>MEDIAN AMOUNT:</b>	<b>\$816,250</b>
<b>HIGHEST AMOUNT:</b>	<b>\$2,365,000</b>	<b>AVERAGE AMOUNT:</b>	<b>\$907,125</b>

#### San Leandro

2042 Alvarado Street	94577	\$739,000	3 BD - 1,779 SF - 1943
1239 Amber Court	94577	\$650,000	4 BD - 1,742 SF - 1995
1065 Broadmoor Blvd	94577	\$550,000	3 BD - 1,526 SF - 1922
122 Estabrook Street	94577	\$580,000	2 BD - 1,194 SF - 1940
2621 Marineview Drive	94577	\$840,000	3 BD - 2,067 SF - 1965
1777 Vistagrand Drive	94577	\$950,000	3 BD - 2,345 SF - 1964
2020 West Avenue 134th	94577	\$688,000	2 BD - 1,525 SF - 1941
802 Woodland Avenue	94577	\$861,000	5 BD - 2,023 SF - 1927
333 Anza Way	94578	\$665,000	3 BD - 1,078 SF - 1954
749 Crocus Drive	94578	\$672,000	N/ABD - 2,007 SF - 1978
16006 East 14th St #108	94578	\$260,000	2 BD - 811 SF - 1987
2132 Manchester Road	94578	\$490,000	3 BD - 1,239 SF - 1948
2176 Placer Drive	94578	\$400,000	4 BD - 1,872 SF - 1935
2411 Prosperity Way	94578	\$640,000	3 BD - 1,239 SF - 1954
16092 Wellington Way	94578	\$515,000	3 BD - 1,281 SF - 1947
16665 Winding Boulevard	94578	\$650,000	4 BD - 1,830 SF - 1966
1050 Breckenridge Street	94579	\$595,000	3 BD - 1,134 SF - 1958
15559 Calgary Street	94579	\$550,000	3 BD - 1,100 SF - 1958
15310 Dewey Street	94579	\$450,000	3 BD - 1,092 SF - 1950
730 Fargo Avenue #3	94579	\$395,000	3 BD - 1,136 SF - 1965
2332 Pacifica Court	94579	\$790,000	4 BD - 2,303 SF - 1999

<b>TOTAL SALES:</b>	<b>21</b>		
<b>LOWEST AMOUNT:</b>	<b>\$260,000</b>	<b>MEDIAN AMOUNT:</b>	<b>\$640,000</b>
<b>HIGHEST AMOUNT:</b>	<b>\$950,000</b>	<b>AVERAGE AMOUNT:</b>	<b>\$615,714</b>

#### San Lorenzo

43 Colonial Drive	94580	\$538,000	3 BD - 1,482 SF - 1954
1687 Via Helena	94580	\$587,000	3 BD - 1,682 SF - 1951
47 Via Linares	94580	\$615,000	3 BD - 1,387 SF - 1951
1724 Via Lucas	94580	\$290,000	3 BD - 1,078 SF - 1954
17203 Via Magdalena	94580	\$535,000	3 BD - 1,409 SF - 1947
17009 Via Perdido	94580	\$450,000	3 BD - 1,068 SF - 1947

<b>TOTAL SALES:</b>	<b>6</b>		
<b>LOWEST AMOUNT:</b>	<b>\$290,000</b>	<b>MEDIAN AMOUNT:</b>	<b>\$536,500</b>
<b>HIGHEST AMOUNT:</b>	<b>\$615,000</b>	<b>AVERAGE AMOUNT:</b>	<b>\$502,500</b>

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P	Fri 5-7	1-4	4119 Stanley Blvd.	\$696,000	3/2	Robert Jones & Assoc.	Matt Jones	357-0120
C	1-4	1-4	19019 Gliddon Street	\$740,000	3/2	Re/Max Accord	Leslie Peterson	697-1208
C	—	1-4	17844 Center Street	\$1,186,000	3/2.5 - 2+ car	Coldwell Banker	Trish Radovich	367-7999
D	—	1-3	5655 Bruce Drive	N/A	5/3.5	Kristy Peixoto and Co.	Kristy P.	925-251-2536

#### CITY GUIDE

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# LETTERS

## TO THE EDITOR

FREDZ@EBPUBLISHING.COM



### Accuses Trump of Misrepresenting Facts

Editor:

Gaslighting: The deliberate attempt to distort reality through manipulation and misrepresentation of the facts.

This seems to be the hallmark of this administration's approach to the press and access to information. At the first major press briefing Spicer reiterated his claim that the Trump inauguration was the most attended ever, citing all sources of media access,

including TV, the web and on the ground.

This was likely true, but nevertheless, was a deliberate misrepresentation of what the media were showing, which was only the people on the ground at the mall.

Everyone knew what comparisons were being made in the press, yet Spicer opted to include all sources, which he did not elucidate the day he excoriated the press.

He also implied that somehow watching it on electronic media somehow meant support, not just interest or curiosity.

As far as the "Donald" is concerned, instead of acknowledging the marchers' concerns, he yet again responded with a snide sarcastic and immature tweet.

God help us all.

—Robert Thomas  
Castro Valley

### Wants FBI to Investigate Hauer's Charges Against Clinton

Editor:

Peter Hauer ("Left Wing Journalists' Called 'Dishonest, Hypocritical'," *Letters*, Jan. 18) threw a serious accusation against Bill Clinton that "the Red Chinese Army secretly gave Bill Clinton campaign money."

Mr. Hauer should provide evidence about this to the FBI for a fair and thorough investigation. American people deserve the right to know the outcome of the investigation.

—Wunan Lin  
Castro Valley

### Thanks for All the Hard Work by Volunteers on Saturday's Restoration of Crow Creek

Editor:

The Restoration Trust, the Friends of San Lorenzo Creek, and the Alameda County RCD Hands-on Conservation would like to thank all the hard working volunteers that woke up early and volunteered their Saturday morning on January 14th to help restore a section of Crow Creek.

With the help of more than 30 volunteers, we cleared garbage, removed non-native vegetation, and planted over 4,000 native plants along a stretch of Crow Creek in Castro Valley.

This work will help stabilize the banks of Crow Creek, provide habitat for native wildlife, improve water quality and help reduce flood risks.

We would also like to thank Alameda County Supervisor Nate Miley for his assistance planning and implementing this event. We look forward to working with Supervisor Miley and all the hard-working volunteers again next year to continue the Crow Creek restoration efforts.

—Emily Mathews  
The Restoration Trust

### 'A Reminder' of the Importance of Unions

Editor:

Registered voters may need a reminder to not become passive about the importance of unions.

Unions have often become under-valued, misunderstood and unfairly demeaned, mainly by the GOP and their wealthy corporate interests.

A weakening – or loss – of our unions would be disastrous for millions of middle-class folks, our seniors, the financially-stressed and others.

Unions pay retirement pensions. If the union goes, the pensions also go. Everyone who is not a wealthy corporate giant beneficiary benefits from the existence of unions.

Unions are the reason we have workers' rights. They are the reason we have decent wages, paid vacations, sick pay, a 40-hour work week, overtime pay, health-care benefits, fair, reasonable and equal treatment on the job, safety regulations to protect employees, and a means to have your case heard if you have a dispute.

Unions have benefited even non-union workers.

We must support our unions. The right-wing GOP wants to destroy the unions and all they stand for.

The GOP does not support raising the minimum wage, either, by the way.

—Flo Wiley  
Castro Valley

## Obituaries



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## Henrietta Parker

born in Sacramento on October 8, 1931, peacefully reunited with her late husband of 53 years, James Parker, on Friday, January 6, 2017 at home with her loving children Debra Parker and Bruce Parker near by.

The children who love and miss her are respecting her wish of no funeral.

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## Richard Harry Crabe

July 29, 1922 – December 26, 2016

Richard Harry Crabe died peacefully the day after Christmas, December 26, 2016 at age 94.

Dick (as he was known) was born July 29, 1922 and grew up in St. Paul, Minnesota. His father died when he was only nine, in the midst of the Great Depression. Dick enlisted in the Minnesota National Guard in 1939 in order to escape the economic devastation of the time. When WWII broke out in 1941, he was nationalized into the U.S. Army.

Dick met Olga Lorraine Nyhus through church friends, and married her September 22, 1942 in St. Paul. He is survived by Ollie Crabe, his wife of 74 years, and their three children, Carolyn Anne Weston, Brent Richard Crabe and David Kendall Crabe.

During WWII, he served with honor as a member of the storied 42nd Rainbow Division in Europe from November 1944 through October 1945. He received two Bronze Star medals for his action and bravery during the Battle of the Bulge that frigid winter. He enjoyed attending annual Rainbow Division reunions, reconnecting with his war-time comrades.

Returning home, he worked for 25 years at Bethlehem Steel as a structural steel engineer, later retiring from Bechtel where he was responsible for nuclear power plant containment structures.

He also taught drafting at Laney College for many years, where he enjoyed helping many of his students (including his son, David) become employed in his industry.

He and Ollie were both longtime members of Faith Lutheran Church in Castro Valley, where he was a deacon and Ollie was the church secretary.

He played bugle during the war, was a master of the harmonica, which he learned by ear, and enjoyed singing love songs to his wife. He was a great conversationalist, always happiest around his friends and family.

One of his favorite hobbies was flying airplanes, which influenced his son, Brent, to become a professional pilot who recently retired as the chief pilot for Exxon Mobil Corporation.

His son, David, followed in Dick's profession and worked as a structural steel designer at Parsons Engineering; and his daughter, Carolyn, received her doctorate in psychology and is the executive director of the Eden Counseling Services in Castro Valley.

As a proud veteran of WWII, he is interred with military honors at the Sacramento Valley National Cemetery.

## Eugene Marion Slater

March 4, 1916 – January 19, 2017

Eugene "Gene" Slater was born in Emmetsburg, Iowa to William Slater and Orma (Meeker) Slater. He had four brothers: William, Earnest, Lyal and Clare; and a sister, Juanita.

In 1940, he married his wife, Rosemary Miller. The two enjoyed 78 years of happy marriage. They moved to Castro Valley from Emmetsburg in 1951. They had three sons: Lynn, Mark and Kevin.

Gene was a skilled Journeyman Carpenter and worked in the Bay Area carpenters union for 35 years. He also served in the U.S. Navy during WWII.

Gene is survived by his wife, Rosemary; son, Kevin; grandchildren, Brian and Emily; and great-grandchildren, Angelica, Ashton and Cheyane.

## Lois Allott

Lois Allott passed away January 16, 2017 at age 88. Lois was preceded in death by her parents, Ray and Genevieve Allott. Lois leaves her companion, Shirley Sell of Castro Valley, and her dog, Jack.

Lois was born in Wilmington, Illinois; and, for the past 53 years, has lived in Castro Valley. She took her nurses training at Silver Cross Hospital in Joliet, Illinois. She had the opportunity to continue in surgery and helped setup the Surgery Department at San Leandro Hospital. She spent the next 30 years there, first as Head Nurse and then as Director of the Surgery Department. She retired in 1990.

Lois joined Senior Friends/ Friendly Connections organization serving as Volunteer Trip Escort for 9 years and as vice president for 6 years. She was also a member of Ladies Auxiliary Fraternal Order of Eagles, Aerie No. 1139, and was also a member of Faith Lutheran Church.

Interment will be at Chapel of the Chimes in Hayward. Viewing on Sunday, Jan. 29, from 5 to 7 p.m. Funeral service is on Monday, Jan. 30, at 10:30 a.m. in the Chimes' small chapel.

LETTERS TO THE EDITOR must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit as necessary. Email Letters to: fredz@ebpublishing.com, or mail to: The Forum, P.O. Box 2897, Alameda, CA 94501.

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The coyote (*Canis latrans*), a member of the dog family, is native to California. It closely resembles a German shepherd with the exception of the long snout and black-tipped tail.

## Keep Coyotes Wild

East Bay residents can reduce conflicts with coyotes by ensuring that these native animals remain cautious of humans.

Coyotes can be active day or night, and sightings at dawn or dusk are common. They remain active all year round and do not hibernate.

Everything a coyote does is related to a potential meal. They have exceptional senses of smell, vision and hearing and hunt alone or in pairs.

Due to the rapid loss of their natural habitat by development, many coyotes have been forced to coexist with humans. Education is

the solution to this coexistence.

While coyotes help to keep the balance of nature in order, it has been estimated that 30 to 50 percent of all adult coyotes die each year from human-related causes.

Coyotes almost certainly do humans more good than harm, however, they are opportunistic feeders. They will feed on whatever is most readily available and easy to obtain. Their primary foods are fruits, berries, rodents and insects.

Deliberately feeding coyotes puts you, your pets and your neighbors at risk. You may be inadvertently feeding coyotes by *see COYOTES on back page*

NOMINEES SOUGHT

## HARD Annual Awards

The Hayward Area Recreation District (HARD) wants to hear from the public about people and organizations that have provided outstanding volunteer service to the district and the community during 2016.

HARD plans to formally recognize the winners at its 54th Annual Board of Directors Awards Luncheon on Friday, March 10.

All members of the community are encouraged to nominate those whose efforts exhibit the District's mission of providing quality leisure facilities and programs to residents through their volunteer work.

The deadline for submitting nominations is Friday, Feb. 10. The winners will be announced at the Board meeting on Feb. 20.

The nomination form is available by download at [www.HaywardRec.org](http://www.HaywardRec.org), or at the District Office, or by contacting Kerrilyn Ely at 510-881-6704 or Nicole Roa at 510-881-6723.

Recipients of the District's Volunteer of the Month Award in the preceding 12 months aren't eligible. A list of previous winners is at [www.HaywardRec.org/awards](http://www.HaywardRec.org/awards).

For additional information, please call 510-881-6704 or email [elyk@haywardrec.org](mailto:elyk@haywardrec.org).



CVHS 2015 Graduate Amanda Korbas with the Diamond Star 40 she helped pilot halfway across the country. Korbas has her sights set on becoming an airline pilot like her dad.

## Flyers: Whole Family Maintains Interest

*continued from front page*  
to learn everything I could," she says. "Also the instructors gave me ground school instruction, just in casual conversation. I was able to learn so much."

She wasn't paid for the flight over New Year's, but the experience was well worth it.

"I really enjoyed flying a nicer airplane, and getting to land at so many airports so early in my career," she says.

"It was the trip of a lifetime," agrees her mother, Crystal.

The whole Korbas family maintains an interest in flying. Dad Tony is back flying with United,

mom Crystal earned her pilot's license when she was a U.S. Air Force air traffic controller. And 17-year-old son Alex will go on his first orientation flight with the Boy Scouts on Feb. 28.

As for Amanda, she hopes to continue building up the 1,500

hours needed to apply to become an airline pilot.

"I really wasn't sure if I wanted to pursue aviation as a career, but on this trip I felt so professional," she says. "I was able to see what it's like to be a commercial pilot."

## Senior Guitar Jam Session?

The Kenneth Aitken Senior Center at 17800 Redwood Road in Castro Valley is exploring the interest for a drop-in Guitar Class.

The class won't feature any instruction, but will provide a space

for seniors to hold a "jam session."

If this is something you would be interested in, please contact the Senior Center coordinator at 510-881-6742 or Bob Vernagallo at [rvernagall@aol.com](mailto:rvernagall@aol.com).

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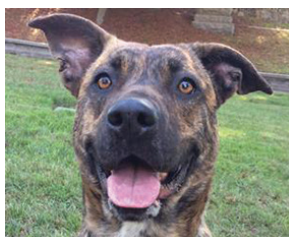
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**ARTEMIS** is a 6-years-young boy with a gentle disposition. He's been waiting for a family since last May. He loves pets and sitting on laps. Info: Hayward Animal Shelter: (510) 293-7200.



**CHI CHI** is a 7-year-old lab/Shar-Pei mix, just a loving, sweet girl, will bring you joy just to have in the house. For more information, complete an app at: [www.dustypawsrescue.org](http://www.dustypawsrescue.org)



**PRADA** is a 2-3-year-old Shepherd mix, needs a big back yard, some more training, and will be a great companion. For more information, complete an app at: [www.dustypawsrescue.org](http://www.dustypawsrescue.org)

## Coyotes: Keep Wild

*continued from page 15*

leaving pet food or garbage where they can get to it.

Feed pets indoors or promptly remove outdoor dishes when pets finish their meals. Store bags of pet food indoors.

Use trash cans with lids that clamp shut, which will prevent spilling if the cans are tipped over. If you leave garbage outside, don't use trash bags as garbage containers; coyotes can easily rip them open and scatter the contents.

Put trash bin out the morning of the scheduled pick-up, rather than the night before. This will give the coyote less time to scavenge.

Clear brush and dense weeds from around dwellings to reduce protective cover for coyotes and make the area less attractive to rodents. Coyotes and other predators may be attracted to areas where rodents are concentrated, such as wood and brush piles and seed storage areas.

Practice these guidelines and encourage your neighbors to do the same.

—California Dept. of Fish & Wildlife



PHOTO BY TERRY SULLIVAN

From left, Brooke Silva, Alan Coyne and Samantha Rasler as they appear in the World Premiere of "Charley's Aunt '66" at the Douglas Morrisson Theatre in Hayward, opening Feb. 9.

## World Premiere of 'Charley's Aunt '66' at Douglas Morrisson Theatre

The Douglas Morrisson Theatre's 37th Season comes alive in February with a World Premiere of "Charley's Aunt '66", a wickedly silly adaptation by Scott Munson of Brandon Thomas' classic play.

Described as "a complete re-imagining of the play we've seen at perhaps one too many high school auditoriums," this new version opens to audiences for the first time on Thursday, Feb. 9 at the DMT Theatre in Hayward.

Following the success of Munson's clever new take on "An Ideal Husband," former DMT Artistic Director Susan E. Evans approached the San Jose-based playwright to take a fresh look at

the classic 1892 farce.

Over the past nine months, Munson developed "Charley's Aunt '66", transporting the original play from the hallowed halls of Oxford to Stanford University in the psychedelic 1960s.

But the bones of the plot remain the same: two college guys scheme to get their gals (but this time Amy is Mills pre-law!) with a little help from a cross-dressing buddy.

"It was great fun to take on the challenge of adapting a play that is so well-known ... a mainstay of the stage and also a hit film with the immortal Jack Benny," says Munson. "I loved finding a new way to look at the play from a uniquely

American perspective and to reveal something about us, as Americans, while remaining true to the spirit of the original."

The DMT production is directed by Craig Souza and features an outstanding ensemble of Bay Area performers including Kyle Goldma, Michael Birr, Alan Coyne, Samantha Rasler, Brooke Silva, John Baldwin, Ron Talbot, Dana Lewenthal and Adrian Deane.

Charley's Aunt '66 will have 15 performances, including the preview on Feb. 9, and will continue through March 5 at the Douglas Morrisson Theatre, 22311 N. Third St. in Hayward. Tickets (\$10-\$29) are available at 510-881-6777 or online at [www.dmtonline.org](http://www.dmtonline.org)

## CART SET-OUT RULES



### Correct set-out on Collection Day:

Place your carts curbside with rear wheels against the curb. Leave space between carts, and between carts and vehicles. If there's no curb, place as close to the edge of the road-way as possible. Keep bike lanes clear.



### Do not block driving lanes or bike lanes with carts:

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### Incorrect cart placement:

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## Winter: Staying Safe Throughout Season

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Some state parks were closed or have partial closures, and some roads leading to parks have been closed as a result of recent storms. Visitors may continue to experience some limited closure facilities, trails, roads and campgrounds as flood waters recede as park department staff work to repair damage.

Visitors are advised to call their destinations ahead of time or visit California State Park's webpage

([www.parks.ca.gov/](http://www.parks.ca.gov/)) for availability. Road conditions and winter driving tips can be viewed on Caltrans' website ([www.dot.ca.gov/](http://www.dot.ca.gov/)).

### Check the Weather

Before you leave, check the weather and make sure your equipment is appropriate for the weather expected.

If heading to the snow, take tire chains.

### Parental Supervision

Actively supervise children in the outdoors, giving them your undivided attention.

### Know the Water

Flood conditions can result in swift and cold river flows that can create treacherous conditions for all recreationists – paddlers, boaters, anglers and even hikers resting at the water's slippery edge. Use precaution and do not enter hazardous areas.

Many unseen obstacles can be lurking below the water's surface. Years of drought have allowed trees and shrubs to grow in river beds and banks. If conditions seem hazardous, postpone your outing or find out if guided trips are available in your area.

Cold water can be dangerous. It reduces body heat 25 to 30 times faster than air does at the same temperature. Cold water entering the ear canal can cause vertigo and disorientation.

If you do decide to go boating, wear a properly-fitted life jacket. Conditions can change quickly in open water and even the best swimmers can misjudge the water and their skills when boating. Wearing a life jacket can increase survival time and provide some thermal protection against the onset of hypothermia.

### Safety Tips

- Carry a shovel and tirechains when traveling in snow country.
- Park in designated areas and drive carefully within snow sites.
- Let someone back at camp or at home know where you are going and when you plan on returning.
- Hike with a friend or family member.
- Do not walk off-trail or enter closed areas.
- Remember that wildlife lives in all of our state parks, even near urban areas.

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