



POISON IVY TREATMENT

Step I

- Remove all SAP immediately.
- Throw away clothing that came in contact with this plant
- Use Tecnu Outdoor Skin Cleanser – Buy from Wal-Mart or Target. Approx \$10 a bottle
- It is the only product that will remove the poisonous SAP that causes the skin burn and irritation.
- Use a rag and throw out rag
- Repeat twice to contacted skin



Step II

- Use topical anti-itch ointment OTC Benadryl topical ointment.

Step III

- a. Oral Benadryl 25 mg, One every 4-6 hours for 1-2 days
- b. Antihistamine as in loratadine 10mg, One every 24 hours.
- c. NSAID (Non-steroidal anti-inflammatory drug): Aleve or Naprosin according to directions

Step IV

- Leaves of Three Let Them Be!

