

COUSINS®



FRESH MARKET



FREE DELIVERY



Fresh Chicken Leg Quarters

10 \$6.99 LB.



Fresh Chicken Drumsticks

10 \$8.99 LB.



FRESH LEAN Ground Beef

3 \$12 LB.



Niagara or Essential Everyday Spring Water 24 Pack
16.9 Oz. or 8 Oz.

3 \$10 FOR



Kellogg's Cereals Family Size Boxes

3 \$12 FOR



FRESH MEDIUM White Eggs

3 \$5 FOR



Essential Everyday Canned Vegetable
15 oz. Sel. Var.

4 \$5 FOR



Chef Boyardee
15 oz. Sel. Var.

3 \$5 FOR



Essential Everyday Dressing
16 Oz.

2 \$5 FOR



Kraft Mac & Cheese or Velveeta

2 \$6 FOR



Herr's Potato Chips or Cheese Curls
9 Oz. asst var

2 \$5 FOR



Stone Ridge Ice Cream
48 Oz. SEL. VAR.

2 \$6 FOR



Tastykake Family Snacks
SEL. VAL

2 \$6 FOR



Hawaiian Punch Gallon
SELECT VARIETIES

3 \$10 FOR



Canada Dry Ginger Ale
24 Pack 12 oz. Oz.

\$9.99



Herr's Chips Box
28 Count

\$10.99



Blue Bonnet Or Essential Everyday Margarine
1 Lb. Qrts.

4 \$5 FOR



Shopper's Value Yellow Mustard
14 Oz.

4 \$5 FOR



Essential Everyday Tuna
5 Oz. SEL. VAR.

4 \$5 FOR



Essential Everyday Ketchup or Hot Sauce
24 Oz. or 12 Oz.

2 \$3 FOR



Tropicana, or Swiss Punch Drinks
59 Oz. SEL. VAR.

2 \$4 FOR



Essential Everyday Pasta
12-16 Oz. SEL.

3 \$5 FOR



Little Hugs Fruit Barrel
20 Pack SEL. VAR

2 \$10 FOR



Stroehmann White Bread
KING SIZE

2 \$5 FOR

6411 Woodland Ave.
Philadelphia, PA 19142
215-729-1515

5429 West Girard Ave.
Philadelphia, PA 19131
215-877-8500

5704 Baltimore Ave.
Philadelphia, PA 19143
215-747-8700

Chester 3117 W. 9th St.
Chester, PA 19013
484-483-2500

STORE HOURS:
SUNDAY 8AM - 5PM
MON. THRU SAT. 8AM - 8PM

SALE DATES:
JANUARY 1 - JANUARY 31, 2022

FREE DELIVERY
ON PACKAGES & GROCERY ORDERS
WITH PURCHASE OF \$100.00 OR MORE CALL FOR MORE INFORMATION

We Accept:



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COUSINS FRESH MARKET LOWEST PRICES IN TOWN!

GROCERY!

 Kellogg's Pop-Tarts 13.5 OZ., SEL. VAR. \$3.49	 Herr's 12 Count Multi Pack SEL. VAR. 2 \$10	 Lay's 18 Pack Chips SEL. VAR. \$9.99	 Nabisco Oreo Cookies 10.1-15.35 OZ. SEL. VAR. \$3.99	 Idahoan Mashed Potatoes 4 OZ. 3 \$5	 Quaker Cap'n Crunch Cereal 11.4-14 OZ., SEL. VAR. 3 \$10	 Deer Park or Poland Spring Water 3L 4 \$5	 General Mills Family Size Cereals 19.3-20.7 OZ., SEL. VAR. 3 \$12			
 ESSENTIAL EVERYDAY APPLE JUICE 64 OZ., SEL. VAR. 2 \$5	 CHEF BOYARDEE PASTA 14.5-15 OZ. SEL. VAR. 3 \$5	 MOTT'S JUICES 64 OZ. SEL. VAR. 2 \$6	 KRAFT SALAD DRESSING 14-16 OZ., SEL. VAR. 2 \$6	 PRAN MANGO JUICE SEL. VAR. 3 \$5	 POCAS INSTANT TEA 20 CT. SEL. VAR. 2 \$8	 XTRA LAUNDRY DETERGENT 75 OZ., SEL. VAR. 2 \$6	 ALL DETERGENT OR PACS 32-40 OZ., SEL. VAR., 16-19 CT. \$5.99			
 ESSENTIAL EVERYDAY DRESSING 14-16 OZ., SEL. VAR. 2 \$5	 COFFEEMATE COFFEE CREAMER 10-2-15 OZ. SEL. VAR. \$4.99	 ESSENTIAL EVERYDAY PASTA 16 OZ., SEL. VAR. 3 \$5	 ESSENTIAL EVERYDAY STEAK SAUCE 10 OZ., SEL. VAR. \$3.99	 ESSENTIAL EVERYDAY CROUTONS 5 OZ., SEL. VAR. 4 \$5	 ESSENTIAL EVERYDAY VEGETABLES 14.5-15.25 OZ., SEL. VAR. 4 \$5	 ESSENTIAL EVERYDAY SUGAR 4 LB. 2 \$6	 ESSENTIAL EVERYDAY FLOUR 5 LB., SEL. VAR. 2 \$6			
 ESSENTIAL EVERYDAY MUSTARD 14 OZ. 4 \$5	 ESSENTIAL EVERYDAY APPLE SAUCE 23-24 OZ., SEL. VAR. 2 \$5	 ESSENTIAL EVERYDAY HOT SAUCE 12 OZ., SEL. VAR. 2 \$3	 COLLEGE INN BROTHS 32 OZ., SEL. VAR. 2 \$6	 RAGU PASTA SAUCES 23.9-24 OZ., SEL. VAR. 2 \$5	 KNORR PASTA OR RICE SIDES 4-5.7 OZ., SEL. VAR. 3 \$5	 TACO BELL TACO SAUCE 8 OZ., SEL. VAR. 2 \$4	 TACO BELL TACO DINNER KIT 8.85-14.6 OZ. SEL. VAR. 2 \$6			
 TACO BELL SALSAS 16 OZ., SEL. VAR. 2 \$5	 CRYSTAL LIGHT LEMONADE OR ICE TEA MIX 8 QT., SEL. VAR. 2 \$6	 CRYSTAL LIGHT DRINK MIX 12 QT., SEL. VAR. 2 \$6	 CRYSTAL LIGHT LIQUID DRINK MIX 0.6-1.4 SEL. VAR. 2 \$6	 HUNT'S CANNED TOMATOES 14.5 OZ., SEL. VAR. 3 \$5	 HUNT'S SPAGHETTI SAUCE 24 OZ., SEL. VAR. 3 \$5	 HUNT'S DICED TOMATOES 28 OZ., SEL. VAR. 2 \$5	 KRAFT OR VELVEETA PASTA DINNERS 9.4-14 OZ. SEL. VAR. 2 \$6			
 MOTT'S APPLE SAUCE 23-24 OZ., SEL. VAR. 2 \$6	 SCHMIDT'S POTATO ROLL HAMBURGER OR HOT DOG 2 \$6	 STROEHMANN DUTCH COUNTRY BREAD SEL. VAR. 2 \$6	 STROEHMANN KING WHITE BREAD SEL. VAR. 2 \$5	 KING'S HAWAIIAN YOUR CHOICE! Assorted Rolls ASSORTED SIZES \$4.99				 TOUFAYAN BAGELS SEL. VAR. 2 \$5	 TASTYKAKE FAMILY SNACKS SEL. VAR. 2 \$6	 NEW YORK BAKERY TEXAS TOAST CROISSANTS 5 OZ. SEL. VAR. 3 \$5

MORE GROCERY!

PRODUCE!

 DEER PARK OR POLAND SPRING 24 PACK WATER 16.9 OZ. 2 \$10	 NIAGARA WATER 24 PACK 8 OZ. BTL. 3 \$10	 NIAGARA 24 PACK WATER 16.9 OZ. WITH \$25 PURCHASE 3 \$10	 5 Lb. Bag Apples 2 \$10	 Fresh Cabbage 3 \$2.00 LBS.	 Jumbo Yams 5 \$5.00 LBS.	 Fresh Express Salad Mix 7-9 OZ., SEL. VAR. 2 \$7
 KELLOGG'S FAMILY SIZE CEREAL APPLE JACKS, FROSTED FLAKES, CORN POPS, FROSTED FLAKES 19.4-24 OZ., SEL. VAR. 3 \$12	 SPICE SUPREME SEASONING NO GARLIC 8 OZ. BTL. 3 \$5	 24 PACK SODA 12 OZ. CANS, SEL. VAR. 3 \$29.99	 FRESH MANGOES 2 \$4	 5 Lb. BAG ORANGES 2 \$10	 LOOSE FRESH CARROTS 99¢ LB.	 FRESH CUCUMBERS 3 \$2
 DAY'S 2 LITER SODA SEL. VAR. 3 \$5	 DAY'S 3 LITER SODA ASSORTED FLAVORS 2 \$4	 12 PACK SODA 12 OZ. CANS, SEL. VAR. 3 \$15	 FRESH SPINACH 10 OZ. BAG 2 \$6	 2 Lb. BAG ONIONS \$1.99	 FRESH COLLARD GREENS 5 \$5.00 LBS.	 GLORY COLLARD GREENS 16 OZ. BAG 2 \$6
 LITTLE HUG JUICES 20 PACK 2 \$10	 HERR'S CHIPS BOX 28 CT. \$10.99	 WISE GRAB SNACK 22 BAGS \$7.99				

COUSINS FRESH MARKET LOWEST PRICES IN TOWN!

MEAT!



FRESH
Chicken Leg
Quarters

10 LBS. \$6.99



FRESH
Chicken
Drumsticks

10 LBS. \$8.99



FRESH
Turkey or
Chicken Chops

3 LBS. \$12.00



FRESH
Boneless
Chicken Breast

2 LBS. \$9.99



FRESH
Whole Chicken

\$2.29 LB.



FRESH
T-Bone Steaks

\$7.99 LB.



FRESH
Baby Turkey
Wings

3 LBS. \$12.00



FRESH
Ground Turkey

3 LBS. \$12.99



FRESH
Goat Meat

\$5.99 LB.



FRESH
Lamb Chops

\$6.99 LB.



FRESH
Center Cut
Pork Chops

4 LBS. \$9.99



FRESH
Pig Feet

\$2.49 LB.



FRESH
Lean Ground Beef

3 LBS. \$12.00



FRESH BEEF
Butter or Pepper
Steaks

\$6.99 LB.



FRESH
Beef Cubes

\$5.99 LB.



Beef
Top Round Steak

\$5.99 LB.



FRESH
Beef Back Ribs

3 LBS. \$9.99

DELI!



FRESH SLICED,
American Cheese
WHITE

\$4.99 LB.



CAROLINA
Turkey Ham

\$4.99 LB.



DIETZ & WATSON
Gourmet Turkey Breast
or Buffalo Chicken

\$6.99 LB.



FRESH SLICED
Turkey Pastrami

\$3.99 LB.



FRESH SLICED
Roast or Corned Beef

\$5.99 LB.



FRESH SLICED
Dietz & Watson
Maple Honey Ham or
Honey Turkey Breast

\$7.99 LB.



FRESH SLICED
Hatfield Beef Bologna

\$4.99 LB.



FRESH SLICED
DIETZ & WATSON
Pepper Turkey Breast

\$7.99 LB.



FRESH SLICED
Turkey Bacon

\$5.99 LB.



FRESH SLICED
Pork Bacon

\$5.99 LB.



FRESH SLICED
Beef Bacon

\$8.99 LB.



CAROLINA
White
Turkey Breast

2 LBS. \$6



Turkey or Pork
Sausage

\$3.99 LB.



SMITHFIELD
Pork Bacon

16 OZ. \$4.99 EA.



DIETZ & WATSON
Hot Dogs

\$12.99 EA.



ARNOLD
Beef Sausage

1 LB. PKG. \$4.99 EA.



BAR-S
Hot Dogs

1 LB. PKG. 3 FOR \$5

DAIRY!



Tropicana
Orange
Juice

52 OZ., SEL. VAR. 2 FOR \$10



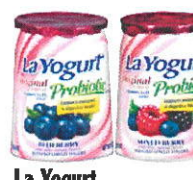
Dole
Juice
Blends

59 OZ., SEL. VAR. 2 FOR \$7



YoCrunch
Yogurt

6 OZ., SEL. VAR. 10 FOR \$10



La Yogurt
Probiotic

6 OZ., SEL. VAR. 10 FOR \$10



MINUTE MAID
JUICES

59 OZ., SEL. VAR. 2 FOR \$5



WELCH'S
JUICE COCKTAILS

59 OZ., SEL. VAR. 2 FOR \$7



TROPICANA
DRINKS

59 OZ., SEL. VAR. 2 FOR \$4



TURKEY HILL
GALLONS

128 OZ., SEL. VAR. \$3.99



ESSENTIAL EVERYDAY
ORANGE JUICE

64 OZ., SEL. VAR. 2 FOR \$6



TURKEY HILL
DRINKS

59-64 OZ., SEL. VAR. 2 FOR \$5



ESSENTIAL EVERYDAY
BUTTER
QUARTERS

16 OZ., SEL. VAR. \$3.99



ESSENTIAL EVERYDAY
MARGARINE
TUB

45 OZ., SEL. VAR. 2 FOR \$8



GO-GURT
SQUEEZE
YOGURT

8 PACK 16 OZ., SEL. VAR. 2 FOR \$6



ESSENTIAL EVERYDAY
SHREDDED OR
CHUNK CHEESE

6-7 OZ., SEL. VAR. 2 FOR \$6

MURRY'S

WE CARRY THE ENTIRE LINE OF MURRY'S PRODUCTS



5 LB.
French
Fries

\$7.99



21-24 OZ.
Chicken
Sub Steaks

\$8.99



21-24 OZ.
Beef Sub
Steaks

\$8.99



26 OZ. REDI-SERVE
Nuggets, Strips
& Patties

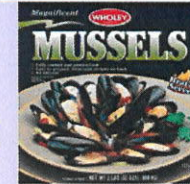
\$6.99

SEAFOOD!



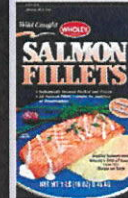
2 LB. BAG
Whiting
Fillets

\$7.99



2 LB. BAG
Whole
Mussels

\$8.99



1 LB. BAG
Salmon
Fillets

\$8.99



31/40 CT.
1 LB. BAG
Cooked or
Raw Shrimp

\$9.99



1 LB. BAG
Imitation
Crab Sticks

\$3.99



PIZZA, SHRIMP,
OR VEGETABLE
Rolls

2 FOR \$10



1 LB. BAG
Seafood
Mix

\$4.99



1 LB.
Imitation
Crabmeat

\$3.99

FROZEN!



Hanover
Vegetables

40-48 OZ., SEL. VAR. \$3.99



TGI Friday's
Appetizers

8-12 OZ., SEL. VAR. \$3.99



Turkey Hill
Ice Cream

48 OZ., SEL. VAR. \$3.99



BANQUET
Pot Pies

7 OZ., SEL. VAR. 4 FOR \$5



CELESTE
PERSONAL PIZZA

4.4-5.9 OZ., SEL. VAR. 3 FOR \$5



ELLIO'S
PIZZA

14.76-19.64 OZ., SEL. VAR. 2 FOR \$8



JIMMY DEAN
BREAKFAST
BOWLS

7-9 OZ. 2 FOR \$6



STOUFFER'S
MEALS

12.5-20 OZ. \$4.99



MRS. PAUL'S
FISH
PRODUCTS

18-24.6 OZ., SEL. VAR. \$5.99



ON-COR
ENTREES

24-28 OZ., SEL. VAR. 2 FOR \$8



VAN DE KAMP
FISH PRODUCTS

19.45-24.6 OZ., SEL. VAR. \$5.99



GROWN IN IDAHO
FRENCH FRIES

28 OZ. 2 FOR \$6



GROWN IN IDAHO
MASHED
POTATOES

24 OZ., SEL. VAR. 2 FOR \$6

COUSINS FRESH MARKET MEAT & DELI PACKAGES!

FREE HOME DELIVERY

ON PACKAGES & GROCERY ORDERS \$100.00 OR MORE
FOR MORE INFORMATION BY PHONE:

WEST GIRARD AVE. 215-877-8500 • WOODLAND AVE. 215-729-1515 • BALTIMORE AVE. 215-747-8700 • CHESTER 484-483-2500

COUSINS FRESH MARKET

MEAT PLAN #1

5 LB. FRESH CHICKEN LEG QUARTERS
5 LB. FRESH CHICKEN WINGS
2 LB. FRESH BEEF SHORT RIBS
3 LB. FRESH GROUND BEEF
2 LB. FRESH BEEF CUBES



\$79⁹⁹

COUSINS FRESH MARKET

MEAT PLAN #2

5 LB. FRESH CHICKEN LEG QUARTERS
5 LB. FRESH CHICKEN WINGS
3 LB. FRESH TURKEY CHOPS
2 LB. FRESH GROUND BEEF
2 LB. FRESH BEEF CUBES
3 LB. FRESH BEEF SHOULDER STEAK



\$99⁹⁹

COUSINS FRESH MARKET

MEAT PLAN #3

5 LB. FRESH CHICKEN WINGS
5 LB. FRESH CHICKEN DRUMSTICKS
3 LB. FRESH BEEF BUTTER STEAK
2 LB. FRESH BEEF SHORT RIBS
2 LB. FRESH GROUND BEEF
2 LB. FRESH BEEF CUBE
2 PKG. BAR-S HOT DOGS CHICKEN OR TURKEY



\$119⁹⁹

COUSINS FRESH MARKET

MEAT PLAN #4

5 LB. FRESH CHICKEN LEG QUARTERS
5 LB. FRESH CHICKEN DRUMS
5 LB. FRESH CHICKEN WINGS
3 LB. FRESH GROUND BEEF
3 LB. FRESH BEEF CUBES
3 LB. FRESH BEEF SHOULDER STEAKS



\$129⁹⁹

COUSINS FRESH MARKET

MEAT PLAN #5

5 LB. FRESH CHICKEN WINGS
5 LB. FRESH CHICKEN DRUMS
3 LB. FRESH GROUND BEEF
5 LB. FRESH CHICKEN LEG QUARTERS
3 LB. FRESH BEEF BACK RIBS
3 LB. FRESH TURKEY CHOPS
2 LB. FRESH BEEF OXTAILS
3 LB. FRESH SHOULDER STEAKS
2 LB. FRESH BEEF SHORT RIBS
(2) 1 LB. PKG. HOT DOGS CHICKEN OR TURKEY



\$149⁹⁹

COUSINS FRESH MARKET

FAMILY COMBO PLAN #6

10 LB. CHICKEN WINGS
10 LB. CHICKEN LEG QUARTERS
5 LB. CHICKEN DRUMSTICKS
2 WHOLE CHICKENS
3 LB. T-BONE STEAK
3 LB. BEEF SHORT RIBS
3 LB. GROUND BEEF
1 BAG SHRIMP
1 BAG TILAPIA
4 LB. TURKEY BABY WINGS
4 LB. TURKEY CHOPS
4 LB. GROUND TURKEY



\$199⁹⁹

COUSINS FRESH MARKET

MEAT PLAN #7

10 LB. FRESH CHICKEN LEG QUARTERS
10 LB. FRESH CHICKEN DRUMS
10 LB. FRESH CHICKEN WINGS
10 LB. FRESH PARTY WINGS
5 LB. FRESH BONELESS BREAST
5 LB. FRESH CHICKEN TENDERS
5 LB. FRESH TURKEY BABY WINGS
5 LB. CHICKEN CHOP OR TURKEY CHOPS
3 LB. GROUND BEEF
3 LB. BEEF SHORT RIBS
3 LB. FRESH BEEF BUTTER STEAK
1 BAG OF TILAPIA
1 BAG OF SHRIMP
3 LB. GROUND TURKEY
(2) 1 LB. PKG. BAR-S HOT DOGS CHICKEN OR TURKEY



\$249⁹⁹

COUSINS FRESH MARKET

DELI PLAN #1

1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
1/2 LB. CAROLINA WHITE TURKEY BREAST
1/2 LB. CAROLINA TURKEY HAM
1/2 LB. BEEF BOLOGNA

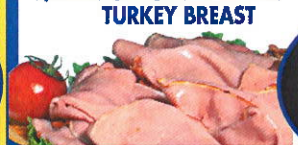


\$8⁹⁹

COUSINS FRESH MARKET

DELI PLAN #2

1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
1/2 LB. TURKEY PASTRAMI
1/2 LB. ROAST BEEF
1/2 LB. CAROLINA WHITE TURKEY BREAST



\$9⁹⁹

COUSINS FRESH MARKET

DELI PLAN #4

1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
1/2 LB. ROAST BEEF
1/2 LB. TURKEY SALAMI
1/2 LB. HONEY TURKEY BREAST
1/2 LB. BEEF BOLOGNA



\$12⁹⁹

COUSINS FRESH MARKET

DELI PLAN #3

1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
1/2 LB. CAROLINA TURKEY HAM
1/2 LB. BEEF BOLOGNA
1/2 LB. BEEF SALAMI
1/2 LB. CAROLINA SMOKED TURKEY BREAST



\$12⁹⁹

COUSINS FRESH MARKET

BREAKFAST PORK PLAN #1

1 LB. PORK BACON
1 LB. PORK SAUSAGE
1 LB. AMERICAN CHEESE WHITE OR YELLOW
1 DOZEN EGGS
1 LOAF BREAD
1 MARGARINE
1 LB. PORK SCRAPPLE



\$23⁹⁹

COUSINS FRESH MARKET

DELI PLAN #8

1 LB. SMOKED TURKEY
1 LB. TURKEY PASTRAMI
1 LB. TURKEY HAM
1 LB. BEEF SALAMI



\$18⁹⁹

COUSINS FRESH MARKET

DELI PLAN #9

DIETZ & WATSON SPECIALS
1 LB. CHEESE
1 LB. BUFFALO CHICKEN
1 LB. GOURMET TURKEY
1 LB. TURKEY HAM



\$25⁹⁹

COUSINS FRESH MARKET

DELI PLAN #10

DIETZ & WATSON SPECIALS
1 LB. CORNED OR ROAST BEEF
1 LB. WHITE CHEESE
1 LB. PEPPER TURKEY BREAST
1 LB. BUFFALO CHICKEN
1 LB. BEEF BOLOGNA



\$30⁹⁹

* SALE ITEMS ARE NOT FOR RETAILERS OR WHOLESALERS * ALL MEAT SALES ARE FOR OVER THE COUNTER SALES ONLY.
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