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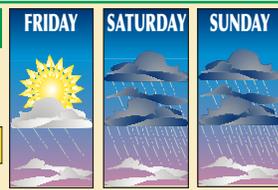
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San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

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SAN LEANDRO • CALIFORNIA



PHOTO BY JIM KNOWLES

Residents of Trailer Haven, the cozy mobile home park on East 14th Street, recently received rent increases after the property was sold to new owners.

Rent Hikes Hit Trailer Haven

By Jim Knowles
San Leandro Times

People like to talk about community and affordable housing.

Well, they have them both at Trailer Haven, the cozy little trailer park on East 14th Street. It's affordable, and it's a nice, friendly community of people who've worked most of their lives and don't have a lot of wealth.

Many of the porches on the little trailer homes are decorated with potted plants. Kids

ride their bikes down the main lane.

But the park was sold recently and the new owners are raising the rent. Trailer Haven residents are worried.

Trailer Haven resident Max (short for Maxina) Ventura said the rent increases of 29 percent landed in the mailboxes right after the trailer park was sold.

"It was sold on Sept. 1," Ventura said. "Three seconds later we got a rent increase." Ventura said her rent is going up 29 per-

cent, and others are about the same.

"I've heard nothing less than 25 percent," said Ventrua, a mom of three kids who all grew up in Trailer Haven.

Residents own their trailers but rent the "pad," the little piece of land where the trailer rests. For a regular trailer, Ventura said her rent will go from about \$540 a month to \$700. For a double-wide, from \$800 or \$900 to \$1,200.

see TRAILER HAVEN, page 8

SLZ Landmark Kavanagh's To Shut Down

By Amy Sylvestri
San Leandro Times

Kavanagh Liquors is closing on Nov. 19 after 52 years in business in San Lorenzo.

Property owners the Bohannon Companies sold the land and the new owners said that the well-known convenience store had to go.

"Bohannon sold the land and the new owners have plans and we aren't a part of those plans," said Kavanagh employee Johnna McDaniel.

The San Lorenzo location, known for selling lucky lottery tickets, is the final Kavanagh location to close. At one point there were 12 stores all around the East Bay.

McDaniel said that the owners looked around San Lorenzo for another location, but just couldn't afford it, so Kavanagh will close for good next month.

"It's over, it's just too expensive around this area," said McDaniel.

The Bohannon Organization did not return calls for comment. Whatever they and the new developers have planned for the space at 500 Via Mercado will be of interest to the people of San Lorenzo, as the surrounding area including the former Mervyn's site has been empty since that store closed in 1995.

There has been a lot of talk about what might be built in the Kavanagh/ Mervyn's site, with previous projects discussed including a 52,000 square-foot Lucky grocery store that never

came to fruition. The Mervyn's property is currently a parking lot.

County Wants to Double Pot Shops

By Amy Sylvestri
San Leandro Times

A proposed ordinance to double the number of medical marijuana dispensaries in Alameda County's unincorporated areas is moving forward, despite considerable public opposition and accusations that county Supervisor Nate Miley is being influenced by donations from the cannabis industry.

The Alameda County Board of Supervisors has tentative plans to expand their medical marijuana ordinance to allow delivery, edible products, and two more dispensaries in the western part of the county – which includes San Lorenzo, Ashland and Cherryland.

At meetings in September, the San Lorenzo Village Homes Association opposed the ordinance, citing concerns about

see POT, page 14

Lee, Ballew Run Unopposed for City Council

By Amy Sylvestri
San Leandro Times

The Nov. 8 general election is just under two weeks away. In San Leandro City Council District 4 candidate Benny Lee is running unopposed.

The 51-year-old incumbent is a financial consultant, first elected to the council in 2012. Before that he served on the city's recreation and parks commission and personnel relations board and as the president of the Heron Bay Homeowners' Association.
see LEE, page 16



Incumbent Benny Lee is running unopposed for City Council in District 4.

By Amy Sylvestri
San Leandro Times

In the District 6 City Council election, retired San Leandro Police Captain Pete Ballew is running unopposed, replacing termed-out councilman Jim Prola.

Ballew, 54, grew up in Florista Gardens served on the San Leandro police force for almost 30 years. He is in his 28th year of coaching sports at San Leandro High and teaches for the California Commission on Peace Officer

see BALLEW, page 9



Newcomer Pete Ballew is running unopposed for City Council in District 6.

INSIDE YOUR TIMES

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Witches, skeletons stolen from front yard. **Page 2**

CRIME

Police arrest men for burglary. **Page 3**

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Halloween Decorations Stolen from Front Yard

By Jim Knowles
San Leandro Times

Halloween isn't as fun as usual this year for a resident on Napoleon Drive, just off San Leandro Boulevard.

All the Halloween decorations were stolen from the yard of Sheila Brice sometime on Sunday.

Brice said she came home on Sunday evening and her decorations were all missing, including the animated witch, the hand that crawls across the lawn, and the witches' feet that stick out of the grave.

More than the monetary value, Brice said it just made her feel bad that somebody would take

the things. "It just hurt my feelings more than anything else," Brice said. "People would come and look at it."

Brice said one of her neighbors who lives a block away had her Halloween decorations stolen, too.

Now Brice says she's just going to take down the lights that illuminated the scene at night.

"I might as well take them down, they might get stolen too," Brice said. "I don't even know if I'll put up Christmas decorations this year."

Kids Invited to City's Annual Halloween Carnival

The City of San Leandro's annual Halloween Carnival is set for Sunday, Oct. 30, from 1 to 4 p.m.

Veterans' Day Concert at Del Rey School

Del Rey School, 1510 Via Sonya in San Lorenzo, will have a Veterans Day Concert on Wednesday, Nov. 9, at 6 p.m. Students will perform songs to honor our military.

at the Marina Community Center, 15301 Wicks Blvd. Admission is free and tickets for food and games can be purchased.

Kids can put on their costumes for an afternoon of games and spooky cheer. Mad Science will present a spooktacular science experiment. Games and entertainment are geared toward children from 4 to 8 years of age.

This event is made possible by a donation from the San Leandro Optimist Club.



PHOTO BY FRED ZEHNDER

Pickin' a Pumpkin

Jeremiah Baranco, 5, of Oakland pulls the pumpkin he picked out in a wagon at Moore's Pumpking Patch in Castro Valley on Saturday. Moore's is a family-owned business (next to the Rowell Ranch Rodeo grounds) that sells thousands of pumpkins each year weighing from a few ounces to more than 600 pounds. The patch also includes carnival rides.

Spooky Halloween at the Library

The San Leandro Main Library, 300 Estudillo Ave., will have a spooky Halloween in its Haunted History Room on Saturday, Oct. 29, from 1 to 3 p.m. Visitors will encounter the ghosts of some of San Le-

andro's more famous residents and learn their fascinating histories.

After visitors have encountered all the ghosts and learn why they are so famous, they'll be given an easy questionnaire

to complete. Parents can help their children discover the answers - to exchange for treats.

History researchers will be on hand to encourage and assist visitors during their walk to the Other Side.

Who Else Wants To Get Rid Of Sciatica And Back Pain Without Surgery?

If You're One Of More Than 20 MILLION Adults In The US Suffering This Crippling Pain, This Could Be Your Salvation!



Chronic back and leg pain can make you feel old and worn out.

It is painful to work, difficult to sleep, and almost impossible to do the things you enjoy most each day.

Suzanne P. from San Leandro describes it like this:

"I had a lot of pain in my leg, knee and foot.. The pain was becoming unbearable.. made me anxious and unable to sleep."

Do any of these telltale signs sound familiar?

- Pain radiating from your lower back to your buttock and down the back of your leg
- Numbness, tingling, and muscle weakness in the affected leg
- Nagging discomfort that feels like anything from a mild ache, to a sharp burning sensation, to excruciating pain

If you are suffering from any of these discouraging symptoms, it is entirely possible you may have sciatica.

So What Exactly Causes Sciatica?

Sciatica is your body's signal that there is too much pressure on a nerve in your lower back. The most common cause of this pressure is a bulging or herniated lumbar disc.

Many mistakenly think the extreme measure of back surgery is the only way to relieve their pain. The problem is, often this type of back surgery simply doesn't work.

Your Safe, Drugless, Non-Surgical Solution

Fortunately, if you suffer from any of the conditions listed above, there is hope!

Now your pain can be relieved or eliminated by new non-surgical therapeutic techniques that are extremely effective.

Recent results published in medical journals bear this out. With success rates as high as 90% for Non-Surgical Re-Constructive Spinal Care, some back surgeons are recommending it as the preferred option before surgery is considered.

Dr. Jerry Hsieh wholeheartedly agrees. At his Intero Chiropractic Clinic in Pleasanton, Jerry and his whole team are seeing stunning results.

For Some People It Is Almost Miraculous

Jerry states, "We have helped over hundreds of patients suffering from this agonizing condition to say goodbye to their pain, and start living again."

Jerry continues, "In my years of practice, I've never seen a treatment as effective as this for sciatica and low back pain. It is almost miraculous how it gives our patients back their joy for life."

Jerry went on to say, "There's nothing natural about living with chronic pain."

And now thanks to the advanced technology used at the Intero Chiropractic, there simply isn't any reason to endure it."

Jerry's face lights up when he describes the state-of-the art technology he and his team utilize for their patients.

"The ultra-advanced technology we use is not found anywhere else in Pleasanton. We can precisely diagnose the cause of your low back pain and sciatica, and create a

personalized program for reconstructing the damaged area. We are seeing superior long-term positive results for almost all of our clients."

Jerry Hsieh shared what some of their patients say about their experiences with this breakthrough technology...

"He not only treats the immediate problem but all the other things that might pop up. To me he's a miracle worker."

"Now, my life is back to normal!"

"Within the first couple of weeks I was able to start walking again and the improvements I am experiencing make me a strong believer of Intero Chiropractic!"

This means in just a matter of a few short weeks, you could be back to engaging in your favorite activities, able to work, enjoying your love life, or traveling again.

Jerry is eager to open the door to healing to as many as possible. So for a limited time he has reserved 100 new patient consultations for our readers at a substantial discount.

He urges our readers, "It's time for you to find out if Non-Surgical Re-Constructive Spinal Care will be your lasting solution to the anguish of sciatica and low back pain."

Call today and you will receive everything listed below for just \$20. We usually charge \$100 for this extensive evaluation!"

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1. Phone (925) 255 5805 right now.
2. Schedule your \$20 new patient evaluation (a \$100 value).
3. Cut out this article and take it to your appointment for your discount.
4. Get ready to say goodbye to your chronic pain!

Read What Another Patient Says... And Then CALL!

"I went into see the chiropractor unable to function and was always sick. Every doctor I saw could not help. I have been seeing Dr. Jerry for 6 months now and am able to take care of my children and run my own business! It has been a journey of healing as I have been sick for many years. I am no longer taking prescription medications and am functioning and am happy!!" Regina S.

Don't Suffer Another Day Call (925) 255 5805 Right Now!

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PHOTO COURTESY OF SUSAN DIONISIO

A Visit to a Mummy's Tomb

Students from St. Felicitas teacher Jean-Thierry Mendiola's sixth grade class took a trip to the Rosicrucian Egyptian Museum in San Jose earlier this month. They got a chance to see the artifacts and mummies dating back to ancient Egypt.

Son Arrested in Washington State For Mother's Murder in Cherryland

The son of a woman who was found murdered in her home in unincorporated Hayward earlier this month has been arrested for the crime.

The decomposed body of Patricia Carpenter, 50, was found in her living room on the 22000 block of Princeton Street after neighbors reported not seeing her for over a week and smelling a foul odor coming from the home, according to Sgt. Ray Kelly of the Alameda County Sheriff's Office.

It took investigators days to determine the cause of death was homicide due to the state of

Carpenter's corpse. An autopsy revealed she had been stabbed numerous times.

Carpenter's son, LeMario Thomas, 28, was a resident of the home but could not be located. Inside his room, officers found a bloody knife, Kelly said.

During the investigation, it was discovered that on Sept. 28, a 911 call came into the CHP dispatch center in Sacramento.

The caller requested that the Hayward police be sent to the Princeton Avenue home to see what was inside. The male caller disconnected when asked for more information. Officers

arrived, did not see anything out of the ordinary, and left when no one answered the door, according to Kelly.

After the discovery of the body, an arrest warrant for Thomas was put out.

On Oct. 17, police in Centralia, Washington picked up Thomas for allegedly trying to steal valuables from a car. During his arrest, he told the cops that he had killed his mother.

Thomas also confessed to Alameda County Sheriff's deputies, Kelly said. Thomas remains in a Washington jail awaiting extradition to Alameda County.

Federal Charges in SL Bank Robberies

A woman has been federally charged for string of bank robberies that hit cities all over the Bay Area, including two in San Leandro.

Federal attorneys say Yolanda "Yo-Yo" Brown robbed banks in San Francisco, Antioch, and San Leandro between January and June of this year. She faces 20 years in prison for each robbery and also has been charged with

felony gun possession

Among her alleged robberies, Brown is accused of holding up the Patelco Credit Union branch on the 1300 block of Fairmont

Drive on Jan. 13 and Feb. 29.

Brown was also allegedly found to be in possession of a semi-automatic pistol with the serial number destroyed.

Police Say Burglars Went on Overnight Sprees

Two men have been arrested for a series of burglaries and the theft of cars from a dealership.

On Oct. 17, an alarm went off at the Valero gas station at 1495 Hays Street at around 10 p.m. and police discovered that about \$2,000 worth of tobacco products had been stolen.

Four hours later, another alarm call went off at McKevitt Volvo on Marina Boulevard, according to Lt. Robert McManus of the San Leandro police.

At the car dealership, police discovered that someone had cut hole in the rear roll-up door and stolen Audi and three Volvo.

On Oct. 19 at around 2:40 a.m., officers responded to another alarm call, this one at Bara's Deli near the intersection of Washington Avenue and Monterey Boulevard. Someone had drilled into the front windows and front door lock.

About 15 minutes later, an alarm went off at the Premier Gas station at 15018 Hesperian Boulevard. When officers arrived, they found the front doors smashed and cash, lottery tickets, and tobacco products stolen.

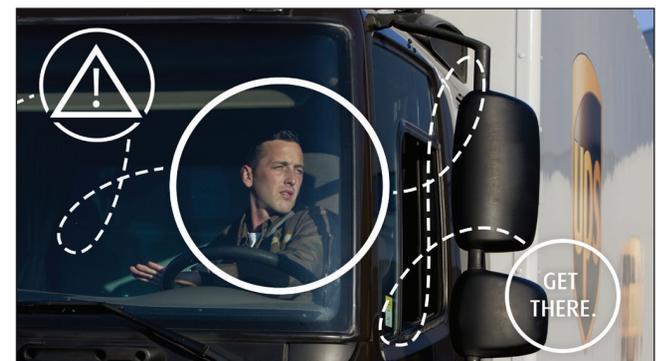
Officers spotted an Audi and a Volvo matching the description of two of the stolen cards speeding away from the area.

A few hours later on last Wednesday morning, undercover detectives found one of the stolen Volvos parked at the corner of 92nd Avenue and E Street in Oakland where detectives

arrested 35-year-old Jason Lee of Oakland on suspicion of auto theft and violating his probation.

On Thursday morning at 5:20 a.m. officers responded to another alarm call at the Grafco

convenience store at 525 Williams Street. While searching inside, cops found 26-year-old Eli Mahoney of Oakland hiding inside. He was arrested on suspicion of burglary.



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 - To modernize the equipment

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Member of San Leandro School District's LCAP Parent Advisory Committee
Member of the John Muir Middle School Site Council • Financial Analyst and Author

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- Donald White - Alameda County Treasurer/Tax Collector
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- John Faria - Former Mayor - City of San Leandro
- Surlene Grant - Former Vice Mayor - City of San Leandro
- Corina Lopez - Councilmember - City of San Leandro
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- Robert Fox - Parks Commissioner - City of San Leandro
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NEIGHBORS



A "Mixer with a Purpose" at Horatio's

A few local companies: Divine Home Care, Carlton Senior Living, Royal Ambulance, Well-springs Pharmacy and Horizon Home Health; co-hosted a "Mixer with a Purpose" last month at Horatio's to benefit SOS/Meals On Wheels, a non-profit agency.

SOS/Meals on Wheels produces and delivers 1,100 nutritious meals daily to frail seniors living in San Leandro, Castro Valley, San Lorenzo, Hayward and Oakland. Their mission is to promote nutritional health, decrease the possibility of premature institutionalization, and fosters support to maintain independence and dignity to

homebound seniors by enhancing their quality of life through the Meals on Wheels System of Care. SOS/Meals on Wheels serve all eligible seniors, regardless of their ability to contribute to the cost of their meals. SOS/Meals on Wheels is now serving more low-income seniors than ever before. They must raise a significant portion of their budget from individuals, donations and corporations.

With the help of sponsors and over 150 attendees, contributions totaled \$5,500 which were directly donated to SOS/Meals on Wheels.

ARTS & ENTERTAINMENT

❖ San Leandro Museum Auditorium

The San Leandro Players present *Trouble Bubbles at the Hot Springs*, by Gary McCarver and directed by Catherine Heck, on

Saturdays at 8 p.m. and Sundays at 2 p.m. through Nov. 20 at the San Leandro Museum/Auditorium, 320 West Estudillo Ave. in San Leandro. One block east of the San Leandro BART

Station. Professor Thaddeus Snavelly Mack returns to do dastardly deeds with a colorful cast of characters in a rollicking musical melodrama. Tickets are \$20, \$15 for seniors, TBA members, and students. Information and tickets available online at www.slplayers.org.

❖ San Leandro Museum Auditorium

The San Leandro History Museum, 320 West Estudillo Ave., will be screening *On the Waterfront* (1954) on Saturday Nov. 5, at 11:30 a.m. and again at 2 p.m. This is a classic, award-winning, controversial film directed by Elia Kazan, part drama and part gangster film. Admission is free and no prior registration is required. Bring your own popcorn. For more information, call 577-3991.

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-  **ARIES (March 21 - April 19):** Mars, your ruling planet, begins a journey that will open up a growing number of possibilities. Put that surging Arian energy to good use and explore it to your heart's content.
-  **TAURUS (April 20 - May 20):** This is the time to prepare for a career move coming up next month. Update your resume. Get those proposals in shape. And don't forget to buff up that Bovine self-confidence.
-  **GEMINI (May 21 - June 20):** Your Gemini instincts will guide you to the right people who might be able to help you get over that career impasse that has been holding you back. Expect to make changes.
-  **CANCER (June 21 - July 22):** You're getting closer, but you still have a ways to go before reaching your goals. Continue to stay focused, no matter how difficult it can be for the easily distracted Moon Child.
-  **LEO (July 23 - August 22):** Your Leonine pride might be keeping you from getting to the source of a disturbing situation. Don't be shy about asking questions. Remember: Information is power.
-  **VIRGO (August 23 - Sept. 22):** It's a good time to shake up your tidy little world by doing something spontaneous, like taking an unplanned trip or going on a mad shopping spree.
-  **LIBRA (Sept. 23 - October 22):** This is a good week to get advice on your plans. But don't act on them until you feel sure that you've been told everything you need to know to support your move.
-  **SCORPIO (October 23 - November 21):** Be careful. You might be probing just a little too deeply into a situation that you find singularly suspicious. The facts you seek will begin to emerge at a later time.
-  **SAGITTARIUS (Nov. 22 - Dec. 21):** This is a good week to make new friends and to look for new career challenges. But first, get all those unfinished tasks wrapped up and out of the way.
-  **CAPRICORN (Dec. 22 - Jan. 19):** Relationships need a fresh infusion of tender, loving care. Avoid potential problems down the line. Stay close to loved ones as the month draws to a close.
-  **AQUARIUS (Jan. 20 - Feb. 18):** Aspects favor relationships, whether platonic, professional or personal. On another note: Be a mite more thrifty. You might need some extra money very soon.
-  **PISCES (Feb. 19 - March 20):** This is the absolute right time to let those often-hidden talents shine their brightest. You'll impress some very important people with what you can do.

COMMUNITY CALENDAR

❖ Our Lady of Good Counsel Concert

A star studded concert will be held at Our Lady of Good Counsel Church Hall, 2500 Bermuda Ave. in San Leandro, on Saturday, Oct. 29, at 6:30 p.m. The *Through the Years* concert will lead the audience on a musical journey over the last 50 years, featuring well known singer-comedian Fe De Los Reyes and the popular Philippines singer Jam Morales, supported by Ellona Santiago, an X-Factor finalist. Other artists are Ronnie Ramos, Monica Mendoza, an American idol top 48 finalist and Charlz Mendoza. Tickets are \$25. For more information about the tickets, call Beth Garcia at 861-1753 or Mon Cargo at 1-800-432-4300.

❖ Children's Baking & Craft Classes

Children are invited to join the baking and craft classes at the Praises of Zion Missionary Baptist Church, 1395 Bancroft Avenue in Oakland on Saturday, Oct. 29, from 11 a.m. to 2 p.m. These classes are free of charge.

❖ Haunted Night at the Library

Treat yourself to a night of tricks and treats at the San Leandro Main Library, 300 Estudillo Ave. on Saturday, Oct. 29, from 5 to 7 p.m. Teens in grades 6 through 12 are invited to a free haunted tour of the library after hours, crafts, and a costume contest. Registration is required at the Children's Desk. For more information, call 577-3960.

❖ Haunted Halloween History

The San Leandro Main Library, 300 Estudillo Ave., will have a spooky Halloween in its Haunted History room on Saturday, Oct. 29, from 1 to 3 p.m. Encounter the ghosts of San Leandro's more famous residents and learn their fascinating histories. After visitors have encountered all the ghosts and learn why they are so famous, they'll be given an easy questionnaire to complete. Parents can help their children discover the answers. After answering just three ghostly questions correctly, participants will receive a coupon for a small bag of treats, while supplies last. History researchers will be on hand to encourage and assist visitors during their walk to the Other Side.

❖ Classic Broadway Music at SL Library

A tribute to classic Broadway music will be presented at the San Leandro Library, 300 Estudillo Ave., on Saturday, Oct. 29, from 2 to 3 p.m. Enjoy an afternoon of classic Broadway melodies with concert pianist Frederick Hodges. Admission is free. Hailed as one of the best concert pianists in the world, Frederick Hodges is sought after by today's foremost orchestras, festivals, and conductors. His extensive repertoire includes the great European classical masters as well as the best American composers.

❖ Paranormal Investigation at Meek Mansion

Experienced investigators lead attendees through Meek Mansion, with access to all non-restricted areas on Saturday, Oct. 29, from 7 p.m. to 3 a.m. Data collected on previous investigations include electronic voice phenomena (EVP), cold spots, touches, apparitions and much more. General Admission \$75. Proceeds support the maintenance and preservation of this historic site. Tickets are limited and must be purchased in advance. Ages 18 or older. Purchase tickets online at www.haywardarea-history.org or call 581-0223.

❖ Vespers at All Saints Episcopal Church

A Byzantine-style Vespers Service for the Vigil

Feast of All Saints will be on Monday, Oct. 31, at All Saints Episcopal Church, 911 Dowling Blvd. in San Leandro. The Vespers service starting at 7:30 p.m. will include icons, Eastern Christian chants, and a time for contemplative prayer. No matter who you are or where you are on your spiritual journey, you are welcome at All Saints. For more information, visit www.saintsalive.net.

❖ Parkinson's Support Group

The San Leandro Parkinson's Support Group will hold its monthly meeting on Thursday, Nov. 3, at 10 a.m. at the San Lorenzo Community Church, 945 Paseo Grande. Karen Marshall from Community Resources for Independent living will be the speaker. For more information, call Lona White at 276-3119.

❖ Songstress Ramana Viera at SL Library

Ramana Viera, "songstress of fado," will perform at the San Leandro Main Library, 300 Estudillo Ave., on Friday, Nov. 4, from 7 to 8 p.m. Admission is free but, please, no children under 10 years of age. Fado is a blend of African rhythms and traditional Portuguese seafaring songs that are infused with Brazilian and Arabic influences. Viera sings songs both traditional and original songs, joined by bass John Clark on bass, Ela Polak on violin and Brad Bivens on classical guitar. Viera beautifully modernizes these old-world ballads while maintaining the integrity of this time-honored tradition, harmonizing unconventional instrumentals with fado's haunting melodies and melancholy stories of heartache and disappointment.

❖ I.D.E.S. of Saint John Lunch & Bingo

I.D.E.S. of Saint John, 1670 Orchard Ave. in San Leandro, will have a bingo and lunch on Saturday, Nov. 5, at noon. Lunch is \$15 and includes three bingo cards, extra cards are 25 cents apiece. For more information, call Mr. Helder at 357-5846.

❖ Eagles Eden Auxiliary Autumn Tea

The Fraternal Order of Eagles Eden Auxiliary #1139 will have its Autumn Tea on Saturday, Nov. 5, from 11 a.m. to 1 p.m. at the Eagles Hall, 21406 Foothill Blvd. in Hayward. To make a reservation by Oct. 29 or for more information, call Glenda at 584-1568. The proceeds from will benefit five local charities at Christmastime.

❖ San Leandro Readers Roundtable

The San Leandro Readers Roundtable will meet Saturday, Nov. 5, at 2 p.m. at the San Leandro Main Library, 300 Estudillo Ave. The group will discuss *How To Be Both* by Ali Smith, a genre-bending conversation about the nature of art. All are welcome. Books discussed may be purchased in the library's Booktique bookstore.

❖ Diabetes Support Group

The Diabetes Support Group will meet on Monday, Nov. 7, at 5 p.m. at the San Leandro Surgery Center, 15035 East 14 St. in San Leandro. Fresh Approach will provide a guest speaker to discuss "Healthy Food Choices and Meal Planning." One need not have diabetes to benefit from this presentation. As usual the public is invited.

❖ Veterans Day Concert

Del Rey School, 1510 Via Sonya in San Lorenzo, will have a Veterans Day Concert on Wednesday, Nov. 9, at 6 p.m. Students will perform songs to honor our military.

Calendar items should be submitted at least one week prior to the desired edition of the Times, which is published Thursdays. Space limitations require we print items of the most general interest.

AUTOMOTIVE

Mazda CX-9 Makes Motoring More Fun

By Steve Schaefer
San Leandro Times

Years ago, people drove station wagons to haul their families around. These cars were essentially versions of the full-size sedans of the day. Often, they had a third-row seat, but, if it was like the one in my family's 1961 Chevrolet, it faced backwards.

The 1990s brought the rise of the truck-based sports utility vehicle (SUV). Today, we use a plethora of crossovers — SUVs built on car platforms — to carry our loved ones around. The Mazda CX-9 is one of them.

For 2016, the CX-9 is completely redone. Debuting a decade ago, it was ripe for change. It gains the beauty of the KODO design language and the efficiencies of SKYACTIV technology.

Looking at the new CX-9, you can see how much effort went into giving it presence and a lovely flow from front to rear and side to side. The grille follows the motif of other Mazdas, losing its grin for a more shield-like appearance. The bold metallic outline flows directly into the headlamp pods, and metallic trim outlines the lower edges of the façade. Carved and smoothed surfaces meet, evoking a solid shape that has a restless, energized feel.

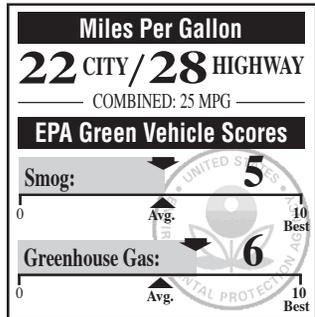
Inside, the bold use of real aluminum trim lends an architectural feel, and various surface textures transition beautifully from one to the other. At night, lights behind the door interior door handles evoke dimension. Everything feels rich and substantial, as it should, being a two-ton, seven-passenger hauler.

The instrument panel carries a traditional gauge look but in the middle of the dash, a screen, looking like an iPad glued there, provides more information. A panel shines a head-up display onto the windshield for no-eyes-off-the-road driving. The barrel-shaped steering wheel stalks are perfectly positioned for effortless control.

My tester may have felt especially luxurious because it was the second highest level of CX-9. There are four: Sport, Touring, Grand Touring, and Signature at the top. My Soul Red Metallic

Grand Touring wore the upsized 20-inch alloy wheels and interior trim you'd expect.

The new CX-9 loses 1.2 inches in length, but gains 2.2 inches of wheelbase. That gives rear



passengers more leg room and makes it easier to get into and out of the rear seats.

The CX-9 uses a 2.5-liter turbo four-cylinder engine to move, working through a six-speed automatic transmission. Interestingly, if you feed the four regular fuel, you get 227 horsepower, but with premium, it jumps to 250 horsepower; 310 lb.-ft. of torque comes with either fuel. Regular is recommended, but you know what you need to do to get a little extra juice.

Mazda's Dynamic Pressure Turbo is the world's first that adjusts the degree of exhaust pulsation depending on engine speed. This gives it a 20 to 25 percent quicker response than a twin-scroll turbo at engine speeds below 1,500 rpm, making the engine punch above its weight.

Government fuel economy numbers are 22 City, 28 Highway, and 25 Combined. The all-wheel-drive versions lose one mile in each rating. I averaged 19.6 mpg over a test week. EPA Green scores are 5 for Smog and 6 for Greenhouse Gas.

SKYACTIV is now used throughout the Mazda lineup. Its purpose is to take the brand's worthwhile engines and body structures and maximize efficiency everywhere, from smoother piston surfaces in the engine to many small reductions in unnecessary weight. Mazda, without hybrids or EVs, is looking to maximize what it's got. It's all about balancing fine road performance with the best possible fuel economy.

It's all well and good to look nice, but you want to have a pleasant ride and a feeling of control when you're driving. You

can count on Mazda to provide agile handling, taut steering, and a responsive engine — in every model it sells. Every vehicle in the lineup has a connection to the idea of sportiness, so even in large scale, you won't be unhappy behind the wheel.

The CX-9 can carry seven, and offers 14.4 cubic feet of cargo space behind the third seat. Drop the third row for 38.2 cf, the second row to expose 71.2 cf, and haul away! The second row folds down 1/3 by 2/3, so you can preserve passenger slots if you're carrying something narrow.

Pricing starts at \$31,520 for the Sport, working its way up to the Signature at \$44,015. My Grand Touring, with \$300 for the Soul Red Paint, came to \$41,370 after the \$900 shipping fee.

There are a number of seven-passenger crossovers on the market, but you'll be hard pressed to find one that's any more beautifully styled. With the many efficiencies of SKYACTIV technology and the KODO aesthetic inside and out, you can feel a little of the brand icon MX-5 Miata in the driving experience, even at a much larger scale.



The Mazda CX-9 model has been tailored for the North American market, which is expected to account for 80 percent of global sales forecast at 50,000 units annually.

DATE: Tuesday, November 15, 2016

TIME: 9:00 am - 1:00 pm

LOCATION: Marina Community Center

15301 Wicks Blvd, San Leandro



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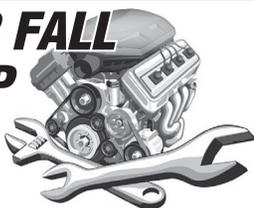
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HEALTH & FITNESS

Don't Ignore These Signs of Dementia

Many seniors worry about memory lapses as they get older fearing it may be the first signs of Alzheimer's disease or some other type of dementia.

For insight on the seriousness of this problem, here are some resources you can turn to for help.

Warning Signs

As we grow older, some memory difficulties — such as forgetting names or misplacing items from time to time — are associated with normal aging. But the symptoms of dementia are much more than simple memory lapses.

While symptoms can vary greatly, people with dementia may have problems with short-term memory, keeping track of a purse or wallet, paying bills, planning and preparing meals, remembering appointments or traveling out of the neighborhood.

To help recognize the difference between typical age-related memory loss and a more serious problem, the Alzheimer's Association provides a list of 10 warning signs that you can assess at

10signs.org. (For information on the other conditions that can cause dementia, see ALZ.org/dementia.)

Memory Screening

Another good place to help you get a handle on memory problems is through the National Memory Screening Program, which offers free memory screenings throughout November.

Sponsored by the Alzheimer's Foundation of America, this free service provides a confidential, face-to-face, 10-minute memory screening to evaluate your status.

Screenings are given by doctors, nurse practitioners, psychologists, social workers or other healthcare professionals in thousands of sites across the country. Importantly, this screening is not a diagnosis. Instead, its goal is to detect problems and refer those individuals for further evaluation.

To find a screening site, visit NationalMemoryScreening.org (866-232-8484). It currently lists three locations in the Bay Area:

- Living Well Assisted Living, San Francisco, 1st Wednesday morning of each month, phone

800-805-7104

- Living Well Assisted Living, Sausalito, ongoing afternoon screenings second Tuesday of the month, phone 800-805-7104

- Senior Access, San Rafael, single-day screening from 8:30 a.m. to 12:30 p.m. on Wednesday, Dec. 7, phone 415-456-9062

It's best to check for a screening location at the end of October, because new sites are constantly being added.

See a Doctor

If you can't make it to a screening site, make an appointment with your primary care doctor to get a cognitive checkup. This is covered, 100 percent, by Medicare as part of their annual wellness visit.

If your doctor suspects any problems, they may give a Memory Impairment Screen, the General Practitioner Assessment of Cognition, or the Mini Cog. Each test can be given in less than five minutes.

Depending on the score, the doctor may order follow-up tests or simply keep it on file to see if there are any changes down the

road. Or, they may provide a reference to a geriatrician or neurologist who specializes in diagnosing and treating memory loss or Alzheimer's disease.

Keep in mind that even if you or a loved one is experiencing some memory problems, it doesn't necessarily mean dementia. Many memory problems are brought on by other factors like stress, depression, thyroid disease, side effects of medications, sleep disorders, vitamin deficiencies and other medical conditions. And, by treating these conditions, you and your loved one can reduce or eliminate the problem.

Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



Even if you or a loved one is experiencing some memory problems, it doesn't necessarily mean dementia. Many memory problems are brought on by other factors like stress, depression, thyroid disease, side effects of medications, sleep disorders, vitamin deficiencies and other medical conditions.

Kids, Alcohol: Start the Conversation Early

By Robert M. Vincent

Special to the Times

Talking to your kids about alcohol may feel like a daunting task, but doing so can help prevent future health challenges and risks.

It's important to broach the topic early: Many kids have their first drink as young as 9 years old, and 50 percent of 15-year-olds have tried alcohol.

Young people often begin drinking alcohol after experiencing stress, peer pressure, and difficult life transitions such as moving or divorce. While many adolescents consider drinking to

be a rite of passage, the reality is drinking poses a serious threat to a young person's growing brain, development and overall health. By having several small, low-key conversations with your kids about alcohol, you can create a comfortable and open space for them to discuss the dangers of underage drinking and strategies for avoiding it, without feeling awkward.

Studies show that parents have a significant effect on young people's decisions about alcohol consumption, especially when they create supportive and nurturing environments in which their children can make their own decisions. And since so many kids begin to use al-

cohol at a young age, the sooner you begin talking to your children about drinking, the better.

"Parents are the number-one influencers on a young person. If every parent communicated a strong message about underage drinking, we would already have a delay on the onset of alcohol use," said Frances Harding, Director of Federal Center for Substance Abuse Prevention.

Teen alcohol consumption is a significant health challenge nationwide. Nearly 23 percent of people between the ages of 12 and 20 are current alcohol users, according to the most recent national survey by the Substance Abuse and Mental Health Services Administration.

This age group consumes alcohol more than any other substance, including tobacco and other drugs. While teens tend to drink less frequently than adults, they drink larger quantities, often having five or more drinks during a single occasion. More than 5 million adolescents binge drink, while 1.3 million are heavy consumers of alcohol, according to the survey.

This trend in underage drinking comes with significant risks. Adolescents who use alcohol are more prone to have legal issues and participate in unsafe sexual behaviors. They are at increased risk for using other drugs, hurting themselves or someone else, and being dependent on heavy drinking later in life.

There's a fatal risk, too: Underage drinking is responsible for approximately 5,000 teen deaths per year — mostly from vehicle crashes, but also from alcohol poisoning and other accidents.

Talk to your children on a consistent basis about the dangers of underage drinking. Continuing the conversation throughout adolescence, when the pressure to try alcohol increases, is also important.

Helpful resources and advice can be found at samhsa.gov/underagedrinking, including a tool that illustrates the dos and don'ts of talking to kids about alcohol use.

Robert M. Vincent is a Public Health Analyst.

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LIFESTYLE



Not Just Another Pretty Face

Jack-o'-lanterns are our annual reminders of the fall harvest and of pumpkins turning golden in the fields. From late October through Christmas, they occupy a very important part of America's culinary traditions.

But this member of the squash family can wear many other faces, adding moisture to an entire range of baked goods and acting as a superb carrier for the flavors of subtle spices.

It's also worth noting that pumpkin is one of the best sources of Vitamin A, and one cup of cooked pumpkin contains a scant 80 calories.

Your kids will select the right pumpkins to carve for their Jack-o'-lanterns, but the home chef will likely opt for a handy 16-ounce can of pumpkin purée (probably Libby's) to make the spicy October and November treats so popular this time of year.

PUMPKIN GINGERBREAD

- 2 cups all-purpose flour
- 1 cup whole-wheat flour
- 1 cup sugar
- 1 teaspoon cinnamon
- 1 teaspoon ginger
- 1/2 teaspoon nutmeg
- 3/4 cup butter or margarine

- 2 large eggs
- 1 can (1 pound) pumpkin
- 1/2 cup light molasses
- 1/4 cup milk
- 1-1/2 teaspoons baking soda
- Whipped cream

In a large bowl, stir together flours, sugar and spices. With a pastry blender or your fingers, cut or rub in butter until mixture resembles coarse meal. Set aside 2/3 cup of the mixture.

In a small bowl, beat eggs, pumpkin, molasses, milk and baking soda to blend. Add to dry ingredients and stir until just evenly moistened. Pour into a greased 8-by-12-inch baking pan. Sprinkle with reserved flour mixture.

Bake in a 350°F oven until top is firm to touch, about 50 minutes. Cool slightly. Serve gingerbread warm, adding whipped cream to taste. Serves 8 to 10.

PUMPKIN-ORANGE BREAD PUDDING

- 2 cups bread cubes
- 1/2 cup raisins
- 1 cup orange juice
- 2 tablespoons butter
- 1/3 cup sugar
- 1 tablespoon grated orange zest
- 1/4 teaspoon orange extract, plus a few drops
- 1 cup scalded milk (see note at end of recipe)
- 3 eggs, lightly beaten
- 1 cup pumpkin purée
- Whipped cream

Preheat oven to 325°F. Place the bread cubes in buttered 2-quart 8-by-11-inch baking dish. Sprinkle

on raisins. In bowl, blend orange juice, butter, sugar, orange zest, extract and milk.

Blend in the eggs and pumpkin and pour over bread mixture. Bake about 30 minutes, or until set. Serve with whipped cream flavored with the few drops of orange extract. Serves 6.

Note: To scald milk, slowly heat it until small bubbles appear around the edges. You should not let the milk boil.

PUMPKIN-BLUEBERRY MUFFINS

- 1-2/3 cups all-purpose flour
- 1 teaspoon baking soda
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground allspice
- 1 cup Libby's Pumpkin
- 1/4 cup low-fat milk
- 1/2 cup (1 stick) butter, softened
- 1 cup packed light brown sugar
- 1 large egg
- 1 cup fresh or frozen blueberries
- 1 tablespoon all-purpose flour

Streusel topping (see below) Preheat oven to 350°F. Paper-line or grease 12 regular muffin cups.

Combine 1-2/3 cups flour, baking soda, baking powder, salt, cinnamon and allspice in large bowl. Combine pumpkin and milk in another small bowl.

Beat butter and brown sugar in large mixer bowl until creamy. Add egg; beat until fluffy.

Alternately add flour and pumpkin mixtures to butter mixture; beating just until blended. Combine blueberries and 1 tablespoon flour in small bowl. Stir gently into mixture.

Spoon batter gently into prepared muffin cups. Sprinkle Streusel Topping over batter.

Bake for 30 to 35 minutes or until wooden pick inserted in center comes out clean. Cool in pan for 10 minutes; remove to wire rack to cool. Store muffins in covered container.

For Streusel Topping: Combine 2 tablespoons flour, 2 tablespoons granulated sugar and 1/4 teaspoon cinnamon in small bowl. Using a fork, cut in 1 tablespoon butter until mixture is crumbly.

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Funds from MEASURES 00, PP, and NN could be used to address these community-identified priorities:

- Rebuilding Our Roads**
 - ✓ Provide shelters for abused women and children
 - ✓ Fix potholes and repair city streets
- Emergency Services**
 - ✓ Improve 9-1-1 emergency response times
 - ✓ Attract new businesses and create jobs in San Leandro
- The Homeless Compact**
 - ✓ Enhance San Leandro libraries with more space, new programming, expanded collections, computer workstations, and free public Wi-Fi
- Improving Our Parks**
 - ✓ Enhance safety net programs for homeless and at-risk children and adults
 - ✓ Enhance parks and trails in San Leandro

No money raised from Measure 00, PP and NN will be used for administrator salaries. All three measures require independent citizen oversight, financial audits, and yearly reports to the community to ensure all the money is spent as promised.

For more information about Measures 00, PP and NN, please visit www.sanleandro.org/LocalMeasures

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Trailer Haven: 'Many families on fixed income, vulnerable population'

continued from front page

"There are so many nice people here, and they're worried," Ventura said.

Moving is out of the question for a lot of the residents who spoke to the newspaper. They can barely afford the trailer park, but the rent is even higher for apartments now.

"I'm on G.A. and food stamps," said resident Bob Nelson. "A \$200 increase is too much for me."

Nelson said he called both HUD and ECHO Housing and that neither one could offer any help.

"I called both and they don't care," Nelson said. "They said, 'We can't help you. Good luck.'"

Ventura said they got a letter from a property management company, but the residents don't know who bought Trailer Haven. The letter says the owner is now San Leandro Mobile Home & RV Park, LP, with a post office address in Sacramento.

"This whole thing is so shady," Ventura said. "It's very

scary."

She added, "This is a park with many families with fixed income and on SSI, so it's a vulnerable population."

But the company that manages the property for the new owners says the rent has not been increased in years, and the rent is still below most mobile home parks in the area.

"We're still one of the most affordable mobile home parks in San Leandro and in the Bay Area by far," said Brock Kaveny, spokesman for Cascade Corporate Management. He said the owners are hit with a big increase in property taxes after the sale.

The dwellings might be called mobile homes, but they're not mobile. Most of the trailers, made in the 1970s, have been sitting for decades. If you tried to tow them they'd probably fall apart, Ventura said.

One resident tried to sell his home, but when the potential buyer found out about the new ownership and rent increase, he pulled out.

Ventura looked into the City of San Leandro's Rent Review Board. No luck there either. The Rent Review Ordinance doesn't apply to renting spaces for trailer homes.

The rent board has no power to control rent, only to make a recommendation, but Ventura had hoped that it might help.

Ventura believes the owners of Trailer Haven are making money hand over fist, while the park's maintenance is inadequate. All the vacant space, the common areas, have been filled up with trailers, which are squeezed into the property side-by-side.

"Every common space with green had been taken over for more rental space, even the space that was supposed to be for meetings," Ventura said. "And no one will speak up, because we've seen people threatened with evictions."

Ventura's daughter, who lives with her, was contributing to the rent. But she had to give up her job at a produce market because she was affected by the pesticides



PHOTO BY JIM KNOWLES

Max Ventura, at left, is worried about rent hikes at Trailer Haven with Jean Smith, Sonia Bohannon, Ventura's daughter Ingrid Pollyak, and Bob Nelson.

they use.

Another letter from the new management told residents that the water and sewer charges will be separated from their rent,

starting Dec. 1, instead of being all in one lump sum. Ventura suspects that's to make it appear that the rent hasn't gone up as much as it is.

Ventura sought help from Congresswoman Barbara Lee and Assemblyman Rob Bonta to see what they could do. But both

see TRAILER HAVEN, page 9

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Trailer Haven: 'Owners are everyday people, believe in affordable housing'

continued from page 8
representatives' staff people said there wasn't much they could do, other than to give Ventura some phone numbers for legal and tenants' rights organizations. But the City of San Leandro is aware of the rent hikes and has been trying to contact the property managers and owners. "It's definitely been a concern and we've informed the

mayor and City Council, said Tom Liao, the city's community development director. "We sent out communications to the new owners to see if we could meet with them." Liao said that the city would like to sit down with the new owners and see what, if any, plans they have for the property. "I don't know if they're buying it as an investment or to

change it," Liao said. "We're just waiting to hear back," Liao said. "It's a concern, and hopefully we can make some progress." But Brock Kaveny with Cascade Management says the rent is still lower than most trailer parks, and they plan to keep Trailer Haven just the way it is. "We love Trailer Haven, it has a ton of history to it, and we want to operate it well,"

Kaveny said. Kaveny said the prior rent was way below the market, and this much of an increase was a one-time thing. "We don't believe in doing this kind of an increase every year, you can quote me on that," Kaveny said. One reason for the rent increase is the jump in property taxes the new owners have to

pay, he said. The annual property tax was \$62,000 before. But the property is re-assessed when it's sold, and now the tax is \$204,000 annually. Plus, the city charged a "transfer fee" of \$101,000 when the property was sold. That's a big chunk of money that the new owners are paying in taxes for roads and everything else to improve the community,

Kaveny added. The owners are "everyday people who believe in affordable housing," Kaveny said. "They have a commitment to affordable housing," Kaveny said. "I don't know where you can find a more affordable place." They haven't gotten any hardship requests from residents, Kaveny said. But if they

Ballew: 'I love the tech stuff but my platform is common sense, balance'

continued from front page
Standards and Training. Ballew says he was inspired to run for City Council by his 7-year-old daughter. He says he wants to make the city a great place for her to grow up just like it was for him. Public safety, housing, and neighborhood preservation are among Ballew's top priorities. He says the key to San Leandro's success in the future is keeping a balance between attracting business and paying attention to the

needs of residents. "San Leandro has an emphasis on growth right now, but the city is pretty much built out," said Ballew. "We need to look at things like mixed-use developments but we also need to preserve a neighborhood feel." Ballew says San Leandro needs to study how other cities in California are handling the disparity between supply and demand in housing. The city has touted the tech campus and Westgate as signs of

a thriving economy, and Ballew says that's great, but the city must also remain a good place to raise a family. "The techies want to move to town, but we have to avoid just chasing the shiny new object at the expense of the community," said Ballew. "I love the tech stuff, but my platform is common sense, we have to find a balance." According to Transparent California, Ballew retired from the police department in 2012 with a \$160,000 annual pension.

Asked if his career as a police officer might make him more inclined to favor the department while making council decisions, Ballew says that his experience will actually make him more critical of police matters. "I would argue that because of my background, I'm in a better position to make a common sense call," said Ballew. "I am familiar with the department's policies and it better positions me to make those decisions." Ballew gave the armored

vehicle as an example - the department acquired one earlier this year after a lengthy process and considerable public opposition. But the police first considered getting an armored car back in 2009 when Ballew was on the force and he was against it. "I wasn't a proponent of it back then, because I didn't think we needed it, but I've since changed my mind and think it's great," said Ballew. "But ask anyone who knew me in 2009, I was against it. I have never been

a rubber stamp guy." Ballew says he's looking forward to continuing to be active in the community as a councilman. He said that even though he's running unopposed, he's thankful for the support he's gotten since deciding to run. Ballew's endorsements include the San Leandro police union, the Alameda County firefighters' union, and former state senator and San Leandro mayor Ellen Corbett. Election day is Nov. 8.



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By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY



Bathroom Styles Enjoy a Renaissance

As a kid, we frequently went camping and could always rely on outdoor toilets. We also had a few country friends on farms with outhouses. Trips to the backyard biffy were never fun: The smell and insects kept visits short; and, if it was cold outside, outings were measured in seconds.

I actually lived near the largest two-story outhouse in the world located behind the Windsor Hotel in Heritage Park in Calgary, Canada. Boasting four main-level stalls and two second-story units, it was constructed in such a way as to prevent the mayhem seen on *The Simpsons*.

We've come a long way since bathrooms moved indoors and, if you've done much travelling outside the U.S.A., you'll have developed a strong admiration for modern American plumbing. Next to the kitchen, bathrooms are the most renovated rooms, and we are currently

seeing a renaissance of sorts in the privy.

The National Kitchen & Bath Association has released its "Top Bathroom Trends for 2016."* And, if you've visited many open houses lately, you will likely have seen some of these highlighted items:

1. Greater acceptance of aging-in-place amenities: no-threshold showers, grab bars, higher vanity heights and chair-height toilets. With aging boomers comprising a growing segment of society, bathrooms are adapting to boomer desires to remain in their homes as they grow older.

2. Neutral colors rule the bath. Coupled with whites and off-whites, grays are gaining in popularity, along with beige and bone shades.

3. More open shelving and floating vanities. Taking cues from upscale European hotels, vanities are starting to hang

from the walls. Once only seen in commercial buildings, Euro-styled wall-mounted toilets are now appearing in homes.

4. Greater use of shower amenities such as lights, built-in seats and benches, and hand shower in addition to the mounted showerhead.

5. Undermount sinks are far and away the most popular sink style. Quartz products are also gaining popularity as the material of choice for counters.

6. When tubs are installed in master bathrooms, they are most likely to be freestanding.

7. Polished chrome is the most popular faucet finish. Satin or brushed nickel are next, and brass is out.

Factor in electric radiant floor heating, master bathrooms with coffee bars, wet bars and microwaves, TVs built into mirrors, soft-close toilet seats and steam showers... and those super-short visits of old may have gone the way of the outhouse.

*Taken from www.nkba.org, *Inside Look at the Top Ten Bathroom Trends of 2016*.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association at www.ccmgtoday.com.



271 Best Avenue • San Leandro • \$685,000

Preserved natural wood moldings and modern kitchen and bath fit the Mediterranean style of this 1937 home. Unique upstairs living with living room, formal dining room, breakfast room, 2 bedrooms and 1 bath. Downstairs is a pool room with table, large laundry and 1-car garage. For more information, contact Hank Deadrich of Deadrich Real Estate at (510) 632-1234.

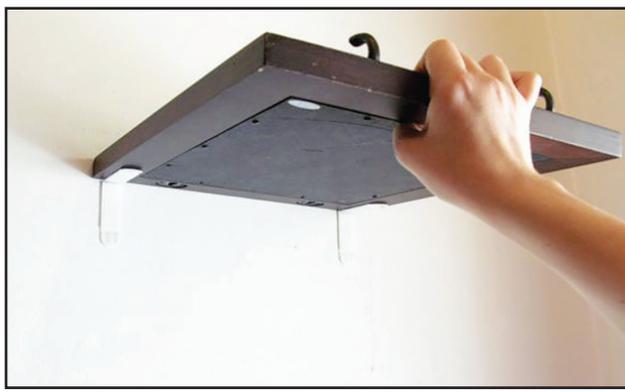
You Can Hang Art on Cement Walls

By Samantha Mazzotta
Special to the Times

Q: I have a dry basement that I turned into an extra workspace and play area. The outer concrete walls are covered by a layer of wallboard with little or no space between. I'd like to hang pictures and a whiteboard in this area, but I am afraid of drilling through the concrete. How can I accomplish this?

A: Drilling into concrete isn't impossible — special masonry drill bits are available — but you're right to be cautious about drilling holes in the walls of a dry basement. However, you do have options outside of drilling into the mortar.

Light objects that won't bear extra weight can be attached to the wall using an adhesive product like the Command series of



The Command series of picture hangers can support up to 8 pounds.

picture hangers. These have the added benefit of not marring the wallboard even when the adhesive is removed later. They're available at home-improvement and office-supply stores.

For a more secure attachment, place small picture-hanger hooks into the wallboard using the smallest nails available. The items being hung should be less than 5 pounds and not hold any extra weight — so a shelf or a cork board laden with notes might not hold up.

For heavier objects, or if you want shelving near your workspace, you'll have to get more creative. If there is a little space between the wallboard and the concrete, you can drill a hole and place expansion bolts, which pop open behind the wallboard to keep the bolts in place. Toggle (or Molly) bolts will work if there is about an inch of space

between the concrete and the drywall.

Because the bolts are not anchored in studs, you should brace the shelf or picture with extra expansion bolts on the bottom, and limit the load to less than 50 pounds. In fact, if you're planning to add shelving to hold books, consider using a freestanding bookshelf instead of a weight-bearing wall shelf.

Another option for heavier items is suspending them from the ceiling. Try locating the ceiling's framing material or the floor joists using a stud finder, and drill sturdy bolts or hooks into the joists.

Home Tip: Even "dry" basements can have high humidity or be vulnerable to seepage through the masonry foundation, so consider using a dehumidifier to improve air quality.

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Drill Drainage Holes; Prevent Mildew on Dahlias

By Buzz Bertolero
The Dirt Gardener

Q Is it absolutely necessary to drill holes in the bottom of containers for drainage? I've purchased several inexpensive plastic pots that have no drainage holes. If I don't overwater them, won't the plants just suck up the water, leaving none to stagnate at the bottom? Also, what is good to plant for color for the winter months?

A Having no drainage holes may work but it's going to be tricky in gauging when to add more water. The amount will vary significantly between the seasons.

Another issue of not having drainage holes will be the depth of the container. Your new plants may not use all the excess water. You then have an issue with uneven soil moisture. The lower half could stay very wet while the top half is dry. It's very difficult to water just the top.

A shallow container would be easier to water than a deep one.

This is not going to work with outdoor containers during the

rainy season. To me, this whole idea is a lot of hassle.

A better option would be to purchase another pot with drainage holes that will fit inside the current ones. It's a pot within a pot. Now, the excess water can be easily dumped out; or, just drill holes in the current pots.

For seasonal color, cyclamen, primroses, primulas, pansies, violas, calendulas or Iceland poppies are available for planting.

Planted now, these plants will bloom right into next spring.

Also available are mums, snapdragons, flowering kale and cabbage, but I'd look to replace them on or before the first of the year.

Cyclamen mixed with violas or primulas are a very attractive combination. They can be grown in any location that gets lots of light. Sun or shade isn't important during the winter months.

The growth should be minimal, so plant them close to one another; otherwise, the containers will look sparse.

And, finally, you need to add a starter or all-purpose fertilizer at the time of planting so they don't turn yellow from being hungry.



Apply flower care to dahlias in late May or early June.

Q The leaves of my dahlias are full of mildew; however, the flowers are not affected. What can be done now to prevent this?

A There are many products available for mildew control on dahlias as well as many other plants. But, I would not be inclined to apply anything this late in the season.

Dahlias will be going dormant soon and the beginning of the rainy season is not that far off.

Mildew is an airborne disease that's a problem when moisture remains on the foliage after the sun goes down. Once the rainy season concludes, the marine influence is a major contributor to mildew as well as watering in the

early evening.

To combat this problem, I'd apply Bayer Advanced All In One Rose and Flower Care. It's a granular or liquid solution that's applied to the roots, so no spraying is necessary, and it gives you six weeks of protection. Besides controlling mildew, along with other diseases, it fertilizes and controls many sucking insects such as aphids. I'd make my first application in late May or early June.

Buzz Bertolero is an Advanced California Certified Nursery Professional and Senior Gardening Professional at Sloat Garden Centers. His web address is www.dirtgardener.com. Email questions to dirtgardener@aol.com or go to [Facebook.com/Buzz.Bertolero](https://www.facebook.com/Buzz.Bertolero).



RECENT HOME SALES

The real estate transactions listed below were supplied to the San Leandro Times by California Resource, a real estate information company that obtained the data from the Alameda County Recorder's Office during a recent one-week period. Neither California Resource nor The Times guarantees the accuracy or completeness of the information. Direct questions to: CalREsource@aol.com.

San Leandro

1400 Carpentier St #317	94577	\$350,000	2 BD - 968 SF - 1983
2463 Dundee Court	94577	\$510,000	2 BD - 1,371 SF - 1979
13809 Bancroft Ave #13	94578	\$380,000	2 BD - 811 SF - 1970
14549 Kings Court	94578	\$390,000	3 BD - 1,195 SF - 1974
14023 School Street	94578	\$520,000	2 BD - 1,358 SF - 1956
14421 Corvallis Street	94579	\$546,000	3 BD - 1,081 SF - 1951

TOTAL SALES:	6
LOWEST AMOUNT:	\$350,000
HIGHEST AMOUNT:	\$546,000
MEDIAN AMOUNT:	\$450,000
AVERAGE AMOUNT:	\$449,333

San Lorenzo

269 Loma Verde Drive	94580	\$420,000	3 BD - 1,010 SF - 1985
660 Via Aires	94580	\$550,000	3 BD - 1,068 SF - 1947
1438 Via Coralla	94580	\$580,000	N/A BD - 48 SF - 1951

TOTAL SALES:	3
LOWEST AMOUNT:	\$420,000
HIGHEST AMOUNT:	\$580,000
MEDIAN AMOUNT:	\$550,000
AVERAGE AMOUNT:	\$516,667

Sheffield Village

239 Marlow Drive	94605	\$710,000	3 BD - 1,340 SF - 1942
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Castro Valley

18060 Jaymark Court	94546	\$925,000	4 BD - 2,310 SF - 1958
3546 Quail Avenue	94546	\$749,000	4 BD - 1,548 SF - 1959
17943 Redwood Road	94546	\$650,000	4 BD - 1,395 SF - 1950
5295 Winifred Drive	94546	\$901,000	3 BD - 1,956 SF - 1956
19756 Zeno Street	94546	\$663,000	3 BD - 1,428 SF - 1928

TOTAL SALES:	5
LOWEST AMOUNT:	\$650,000
HIGHEST AMOUNT:	\$925,000
MEDIAN AMOUNT:	\$749,000
AVERAGE AMOUNT:	\$777,600

Mortgage Rates Rise to 4-Month High

Average fixed mortgage rates moved higher last week for the second week in a row and marking the first time the 30-year fixed-rate mortgage has risen above 3.5 percent since June.

The 30-year fixed-rate mortgage averaged 3.52 percent, up from 3.47 percent a week earlier. A year ago at this time, the 30-year rate averaged 3.79 percent.

Fifteen-year loans averaged 2.79 percent, up from 2.76 percent.

The five-year hybrid adjustable-rate mortgage (ARM) averaged 2.85 percent last week, up from 2.82 percent the week before.

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One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25. For more information and a listing form, call 614-1558. DEADLINE: TUESDAY AT NOON.

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San Leandro Times/Castro Valley Forum

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Pot: Marijuana industry donations questioned

continued from front page
crimes, a drain on law enforcement resources, and a lack of economic benefit to the community. The Castro Valley Municipal Advisory Council (MAC) also spoke out against the ordinance for the same reasons, as did speakers at the county's Unincorporated Services Committee.

At Monday's MAC meeting, former MAC member Cheryl Miraglia accused Nate Miley of having been bought off by the marijuana industry with \$60,000 worth of campaign donations.

"Guess what? It appears that medical marijuana has donated more (to Miley) than the unions," said Miraglia, who added that you'd have to be "smoking something" to think Miley's push for more dispensaries is a coincidence.

In Miley's most recent campaign finance statement, two donations totaling \$30,000 came from Honeycomb Farms Inc.

"Guess what? It appears that medical marijuana has donated more to Miley than the unions."

— Cheryl Miraglia

and Pioneer Management Innovations, which both listed the same address of 9782 Flynn Road South in Livermore.

The registered owner of Pioneer Management is Soufyan Abouamed, the CEO of Garden of Eden medical marijuana dis-

pensary.

Another donation of \$20,000 was made by STRM LLC of Hayward. STRM's address is a UPS store on Mission Boulevard, and STRM's registered owner is listed as "Shareel El-Sissi." Garden of Eden's CFO is "Shareef El-Sissi."

Miley has told the MAC that if Supervisor Scott Haggerty would agree to place two dispensaries in eastern Alameda County, Miley would give his word that there would be no additional dispensaries in the Eden Area.

At Monday's meeting, the MAC gave its recommendations on the ordinance under a certain amount of duress, with the fear being that if the MAC rejected the ordinance outright, the county Board of Supervisors could simply ignore them and do what they wanted, including placing additional dispensaries in the Eden area.

"This is the best we can do,

unfortunately," said MAC member Ken Carbone.

MAC chair Marc Crawford agreed and pointed out that the county could still place a dispensary on its own property – at Fairmont Hospital for example.

"This process is going to go forward with or without our concerns," said Crawford. "I'd love to slow it down, but I think the political reality is that that's not going to happen."

The MAC said that even though they granted a recommendation, they still had a lot of questions, including the logistics behind the delivery of cannabis to patients and the storage of product.

"I don't see how this ordinance is manageable," said MAC member Linda Tangren.

The county ordinance could be voted on by the Board of Supervisors as soon as next month. If approved, it would go into effect 30 days later.

City Council Candidates Talk About the Future

By Amy Sylvestri
San Leandro Times

The election season in San Leandro hasn't been quite as contentious as the presidential race with only one City Council race contested.

But a crowd of about 50 people gathered at the Main Library on the evening of Oct. 5 for a candidate forum put on by the League of Women Voters of the Eden Area.

First up were Bryan Azevedo and Ed Hernandez, facing off for the District 2 City Council seat.

"I want San Leandro to be a destination people go to, not just a place people are from," said Azevedo.

Hernandez, a real estate agent, said that if elected, he'd have a special focus on creating a transit village at Bayfair, "where the momentum is."

Azevedo, a sheet metal foreman, said he'd work to be an

independent mind on the council.

"The City Council goes along with the staff too much," said Azevedo. "We've got to make sure to read everything and be independent."

Hernandez talked about his parents immigrating from Mexico to provide him a better life and how he worked his way through a master's degree. Azevedo banked on a hometown connection, saying he's lived in San Leandro his whole life and was able to buy his grandparent's house – what he called the American dream.

Asked to picture San Leandro in 10 years, Hernandez said he envisions a thriving marina – perhaps with a ferry terminal and lots of housing.

Azevedo said it will be a destination city with high-tech companies and a good public

see FORUM, page 15

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■ **BUTERA, Debra Ann**, passed away suddenly at home in San Leandro Oct. 19, 2016. Private service to be announced at a later date. Survived by her husband Michael G. Franetic, sisters Linda, Karen and brother Frank. She will be missed dearly.

■ **GOLFO, Hermie Del Mundo**, 83, passed on October 24, 2016 at his residence in San Leandro. Public viewing Tuesday, November 1 from 4 p.m. - 8 p.m. at Grissom's Chapel and Mortuary, 267 E. Lewelling Blvd., San Lorenzo. Internment Wed. Nov. 2 at 10 a.m. also at Grissoms. Funeral service Wednesday, Nov. 2 at 11:30 a.m. at Lone Tree Cemetery, 24591 Fairview Avenue, Hayward. Memorial service Sat. Nov. 5 at 10 a.m. at Westside Baptist Church, 1515 Santa Clara Ave., Alameda.

SAN LEANDRO TIMES OBITUARIES
may be emailed to: obits@ebpublishing.com or faxed to 510-483-4209. Include a phone number. Brief death notices are published free. Longer-length obituaries, including pictures, are available for a fee. For assistance, call Patrick at 510-614-1558.

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ANSWERS ON PAGE 3

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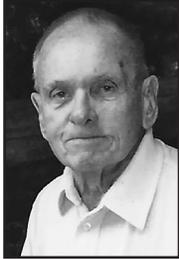


JOSEPH WITT



Joseph Witt was born in Black River, Missouri on November 21, 1923. He recently passed away on Saturday, October 15, 2016 at the age of 92. A resident of San Leandro for the past 58 years, Joe came to the Bay Area from Colorado Springs at the age of 16. He hoboed his way to California by riding freight trains, eventually making his way to Oakland. He worked in the shipyards during WWII and eventually started his own successful business in the steel industry. He is survived by 2 sons, Robert and Stephen; 2 grandchildren, Barry and Mark; and 3 great-grandchildren. Joe was married to Louise Witt for 69 years until she passed away in 2013. Grandpa Joe will be missed by all.

Thomas Eugene Ivey



Thomas Eugene Ivey, resident of San Lorenzo for 59 years, passed away peacefully on October 12, 2016 at the age of 92 years. Thomas was born in Oakland on February 18, 1924. He graduated from Oakland Technical High. He was a member of Alcalanes Fellowship Lodge #480. Thomas served in the United States Army and retired from Teamsters Local 70. His hobbies were bike riding and recycling. He loved to travel and spend time with family. He enjoyed yearly camping trips to Yosemite and made his last trek to Half Dome at age 71 with his daughter, brother and many of his grand-kids. He got a new mountain bike on his 80th birthday. He rode that bike all over San Lorenzo collecting cans. His grandson said it best: "God must have needed a new director of recycling in eternity." He will be missed. Thomas is survived by his loving children; Orrin Ralph Ivey, Bonnie Jean Ivey and Patricia Kay Henderson; his daughter-in-law, Leslie Ivey; and his nieces; Barbara Triplett-Collins and Carolyn Doberenz. He was a proud grandfather of Jeff, Danny, Scott, David, Josh and Sarah, and great-grandfather to 11 great-grandchildren. A memorial service is planned for Sunday, Oct. 30, at 2 p.m. at Chapel of the Chimes, 32992 Mission Blvd., in Hayward.

Alberta (Bertie) G. Caporusso
November 10, 1917 – September 1, 2016



Bertie, a life-long resident of San Leandro, is preceded in death by Louie, her husband of 68 years. Reunited again, they are playing Bingo and Bocce with family and friends. Alberta is survived by her son, Wayne, and his wife, Dawna; 5 grandchildren, Nicole Caporusso, Michael Caporusso, Derek Dutra, Roni Robinson and Shane Frede; and 7 great-grandchildren, Nicholas, Eric, Kelsey, Jordan, Drake, Devyn and Dustin. Bertie was a Life Member of YLI #166, Women of the Moose, past President of Buon Tempo Womens Auxiliary and Former Queen of Ashland Holy Ghost. Memorial gifts may be given to Buon Tempo Club Scholarship Fund, 831 Joaquin Ave., San Leandro, CA 94577. The family wishes to extend our sincere thanks to Dr. Arora, Patricia Elam and Hope Hospice, Dublin. Private services were held at Holy Sepulchre Cemetery on Oct. 21, 2016.

Forum: Candidates agree that affordable housing is San Leandro's big problem

continued from page 14

Both men said they support the Black Lives Matter movement and both took part in a recent unity walk in town. And both said they'd support a citizens' oversight committee on the police, but also praised the job done by the San Leandro police.

And both men agreed that the lack of affordable housing was San Leandro's biggest challenge for the future.

Hernandez said that "we have a supply and demand issue" and more units are needed in the city. He suggested that 20 percent of all new developments be set aside for affordable housing instead of the current 15 percent.

Later in the evening, Benny Lee and Pete Ballew took the stage together to answer a few questions. Both Lee and Ballew are running unopposed and will be the representatives from Districts 4 and 6 respectively on the City Council.

Lee is the incumbent and works as a financial consultant and is a past president of the Heron Bay Homeowner's Association.

Ballew has lived in the city his whole life and grew up in the Floresta Gardens neighborhood. He retired in 2012 as a captain at the San Leandro Police Department after three decades with the department and he coaches sports and served on the city's personnel relations board.

Ballew said that housing, schools, and public safety are his priorities for the city.

"I think we have a challenge - we have a San Leandro that has a great history and we want to move into the future," said Ballew. "I want to be a good steward for positive change in San Leandro."

When asked how his history as a cop may affect his decisions for the city, Ballew said his career made him more in tune with all walks of life in San Leandro.

"I will tell you that in 30 years as a police officer, it really opened my eyes," said Ballew. "I gained a lot of compassion. It made me a better listener and made me learn not only to take what is in front of you at face value but how to ask questions that get honest answers."



PHOTO BY AMY SYLVESTR

Alice Sarafian (left) of the League of Women Voters of the Eden Area moderated a candidates' forum for those running for the San Leandro City Council, including Benny Lee and Pete Ballew who are running unopposed in District 4 and District 6.

On medical marijuana, Lee again said he wished the council would have been more open about the process when selecting operators for the three dispensaries approved in San Leandro.

Ballew said he was a realist and that recreational use will likely be made legal in California and that his own friends have benefited from medical cannabis use.

"I think we have to have those dispensaries available," said Ballew. "That being said, I've been talking to parts of the constituency who don't want it and we need to open avenues for that constituency to be heard."

Lee spoke of his support of Measure A1, the county's \$500 million affordable housing on the Nov. 8 ballot and said housing must be a priority in San Leandro. Lee said that he was proud that San Leandro found homes for 25 homeless people this year through a joint project between a local shelter and city landlords.

Both thanked the crowd for coming out to hear from them even though they are the only choice in their races. Ballew asked voters to turn up at the polls to support him anyway.

"The biggest endorsement I can have is having your vote even if I'm running unopposed," said Ballew.



City Council candidates in District 2 Bryan Azevedo and Ed Hernandez discussed their plans for San Leandro.

OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and **must be under 300 words**. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

Kerr Calls for Re-election of Oro Loma Directors

Editor:

Regarding Oro Loma Board re-election, the General Manager and the current Board of Directors at Oro Loma Sanitary District in recent years have transformed an ordinary sewer, garbage and recycling system into an outstanding service agency.

They have won numerous statewide and regional honors and awards for its efficiencies, safety, and services to its many customers. For many years they have established and maintained the lowest known sewer service rates in the entire State of California.

I served on the Oro Loma Board nearly 30 years and have voted to elect, or reelect, the 3 existing Board members, Dan Walters, Rita Duncan, and Ron Dias.

I have confidence their leadership will

maintain continuity to the Board and its management and that they will lead the agency toward controlled customer costs and ever better services to the community.

Vote!

—Howard Kerr, San Leandro

'Time for New Leadership at San Leandro City Hall'

Editor:

As vile and disgusting as I personally think Donald Trump is as a candidate, some of what he has to say about the ineptness of government rings true. And, sadly you don't have to look any further than our own city hall to see what he means.

The first official act Mayor Cutter did once in office was to enrich city manager Chris Zapata with a \$21,000 bonus and a big undeserved raise. He now makes

\$14,300 per month.

I've questioned that transaction from the very beginning because it coincided with the city manager's decision to keep the mayor's daughter on as the manager of one of the senior centers. When challenged, the city manager said nothing was wrong and this was all just "bad optics." I call it quid pro quo corruption. This stain on City Hall isn't so easily explained away in my book.

We're the city looking for the latest tax scheme at the ballot to pay the bills at city hall. Our unimaginative city leaders, led by former Mayor Cassidy, promised us all an innovative and exciting tech center at the BART station and what we got was a horribly ugly cheap looking brown box. It's not cool or innovative architecture. It's ugly.

But the hardest pill to swallow is that the Marina is being sold off to developers. This round of city leaders can't figure out how to pay for their raises without giving away our last bit of open space on the bay. It's shameful.

It's time for new leadership at City Hall.

—Gary Langbehn, San Leandro

INQUIRING REPORTER

What is locker-room talk?

— Asked at the Bancroft Safeway

Well, Trump is just trying to cover up some things. He's kind of a rude man toward women. You can't believe him, because he won't even show his tax forms.

Ron Enos
San Leandro



There's talk about all kinds of stuff in a locker room - women, weight-lifting, sports, business, what you did at work. Mostly, how's work? How's your week going? It's not that much about women.

Lionel Allen
San Leandro



Well, I haven't been in a locker room in a long time. But I know one thing, it's not what Donald Trump says it is.

Dennis Mele
San Leandro



I think that's chauvinistic (what Trump said) and very disrespectful toward women. It's setting us back 100 years. It might be something he said 11 years ago, but he still thinks that way today.

Shona Cannon
Oakland



Oh, that's usually when the guys get together and talk about their conquests of women.

Claudia Taurean
Oakland



Lee: Believes smaller is better with housing

continued from front page

Lee says that he looks forward to continuing his service on the council.

"San Leandro is definitely moving in the right direction," Lee said.

In his second term, Lee said that public safety will be a top priority.

One of the more controversial issues that came up during Lee's first term was the police depart-

ment's acquisition of an armored vehicle. Many members of the public spoke out against what they felt was militarization of the police, but Lee says that's not an issue in San Leandro.

"I think the public gets it and I think our police get it," said Lee. "I don't think anyone feels like the San Leandro police are being militarized." He added that the recent "unity in the community walk" and the community's quick

reaction to some racist graffiti were positive signs of a health police/public relationship in San Leandro.

Another priority will be affordable housing. Lee says that it is imperative that "a diversity" of housing exists, with both affordable and market-rate units available.

"We want local folks living and working locally," said Lee. "A variety of different price ranges is important."

Lee said that "smaller is better" when it comes to the housing of the future and pointed to sites including the former CVS site on the corner of Callan Avenue and East 14th Street as a place where smaller apartments could be built.

Soaring rent prices were a big issue the council heard during Lee's first term, with some people even calling for rent control.

Lee said some members of

the public have expressed concern about San Leandro's focus on attracting tech businesses. If the city booms, will long-time residents be pushed out when they can't afford increasing rents?

"I don't think we will leave anyone behind," said Lee. "We have an opportunity to expand overall."

As far as representing District 4's specific issues, Lee says that during his second term, he'll focus on making sure all properties have proper upkeep. He says he's looking to increase the city's community compliance department budget by up to \$50,000 for more enforcement to keep blight away.

Lee's endorsements include County Supervisor Wilma Chan, the police and firefighters' unions, and California State Controller Betty Yee.

Pets of the Week



Snowshoe



Nala

The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are Snowshoe the bunny and Nala the dog.

Snowshoe is a young, happy bunny. He loves veggies and munching on hay. He's neutered and ready to go home with a

loving family. Nala is a very gentle, quiet, 7-year-old gal. She's easy to walk and her endearing spirit made her a shelter volunteer favorite.

For more information on Snowshoe and Nala, call the Hayward Animal Shelter at 293-7200.

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