

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE SAN LEANDRO • CALIFORNIA **THURSDAY, DECEMBER 3, 2020** VOL. 30 • NO. 49



Sidewalk Ramps Installed

A construction crew pours concrete this week for the sidewalk ramp and the pedestrian crossing so it's wheelchair accessible at the corner of Harlan Street and Washington Avenue.

Beloved Coyote Goes to CV Veterinary Clinic

By Linda Sandsmark San Leandro Times

A Castro Valley veterinary combination of anesthetic and clinic had a special patient last tranquilizer medications. Then, week: Jazz, one of the two be- just like human surgery, he was loved coyotes at the Sulphur placed on oxygen and an anes-

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an older coyote who had some Veterinary Acupuncturist, added loose and fractured teeth. It was to that support with a couple of time for him to have a complete well-placed needles. medical exam and get the needed dental care.

Animal Hospital, doctors René see him get through the anesthe-Gandolfi and Charlotte Leong sia and dental surgery with little coordinated Jazz's anesthesia aftereffects. They were also quite and treatments.

Coyotes are not just "big injured in the process. dogs," and dealing with wild caretakers alike.

was given an injection with a

Creek Nature Center in Hayward. thetic gas, and was provided with Jazz wasn't ill, but he is IV fluids. Dr. Gandolfi, a certified

For Jazz it was a relatively peaceful experience, and the doc-At Castro Valley Companion tors and staff were very pleased to relieved that no humans were

Dr. Gandolfi has been providanimals has its issues, specifically ing pro-bono veterinary services safety for the patient and human to Sulphur Creek Nature Center for over 30 years. The center is



PHOTO COURTESY OF RENE GANDOLE

As soon as Jazz arrived, he operated by the Hayward Area Jazz got an x-ray along with other treatments last week at see COYOTE, page 6 the Castro Valley Animal Hospital.

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Governor **Mulls More** Restrictions

Stricter shutdown rules may be needed to prevent hospitals from filling up

By Michael Singer San Leandro Times

California, may see another round 14 days, Covid hospitalizations of Covid-19 related restrictions have increased by 89 percent and unless people take drastic actions Covid admissions to intensive to slow the spread, Governor Gavin Newsom said this week.

In his weekly update on Monday, the governor expressed grave concern for public health now that more than 1.2 million people in the state have contracted the novel coronavirus, up 1.2 percent since before the Thanksgiving **Struck and** holiday. Alameda County saw an additional 2,000 cases recorded in **Killed On** just one week, according to the county health department.

on the more restrictive plans but hinted that the state could see shelter-in-place orders similar to the ones initially rolled out back in March.

is an incredibly important week in Davis Street overpass at I-880 on the history of this pandemic for this nation, not just this state," Newsom said. "I can assure you adult man lying on the ground. that we'll be coming out with Live-saving measures were atsome additional information, tempted but paramedics proadditional recommendations in nounced the man deceased, acthe very, very near future."

The biggest concern is that with more than 7,400 coronavirus

Alameda County, and all of hospitalizations. Over the past see RESTRICTIONS, page 4

Bicyclist Inty health department. Newsom was not specific **Davis Street**

> **By Jim Knowles** San Leandro Times

San Leandro police are hoping a witness can provide infor-"This is a dynamic week. This mation on a bicycle fatality on the Tuesday, Nov. 24.

Police arrived to find an cording to the San Leandro police.

The Alameda County Corthere will not be enough hospital ner's Office said that the next of beds for Covid patients. On Sun- kin has yet to be notified so the day, California broke a record man's name is not being released. see BICYCLIST, page 3

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San Teandro Times

MEETING HEDULES

CITY COUNCIL Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro For more information, call the City Clerk at 577-3367.

SAN LEANDRO SCHOOL BOARD Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

EDITORIAI

Fred Zehnder Editor and Publishe

Jim Knowles Managing Edito jimk@ebpublishing.com

Mike McGuire City Editor

Steve Schaefer Auto Edito

 (\mathbf{r})

Contributing Writers **Buzz Bertolero** Carl Medford Linda Sandsmark

PRODUCTION **Howard Morrison** Manage Kayla Steinorth Art Director

Moxie Morrison Assistan

OPERATIONS

Claudette Morrison Business Manager

ADVERTISING

Display Advertising **Claudette Morrison** Classified Advertising **Patrick Vadnais**

HOW TO REACH

San Leandro Times						
2060 Washington Ave.						
San Leandro, California 94577						
Office hours: Weekdays, 9 a.m. to 5 p.m.						
Main Office:	(510) 614-1555					
Newsroom:	(510) 614-1557					
Sports:	(510) 614-1561					
Advertising:	(510) 614-1555					
Classified:	(510) 614-1558					
Fax:	(510) 483-4209					
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Jayden

curious.

The Pets of the Week at the Hayward Animal Shelter are both kittens, Jayden and London.

Jayden is a 10-week-old skittish. She allows handling but

picking it up quickly.

Born on this Day, Dec. 3 ...

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In 1826: General George B. Joseph Conrad. McClellan.

In 1921: Opera soprano Phyl-In 1857: English novelist lis Curtin.

London London is a darling 9-weekold female medium/long haired kitten who is sweet but a little

male kitten who is sweet and is still getting used to people. Becky Chaffee wrote 'Have Fun With Your Music' to help children enjoy practicing their instruments.

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New Music Book Encourages Kids to Practice their Instruments

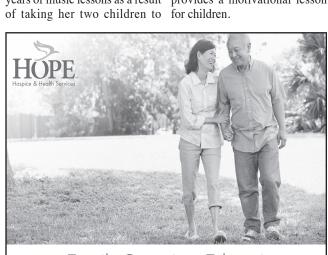
Have Fun With Your Music

San Leandro taking every band

lk Art and Words Becky Chaffe

instruments.

Have Fun With Your Music engaging in activities relating to



Family Caregiver Education **CLASSES NOW ONLINE!**

If you're caring for an elderly family member, Hope Hospice is here to help with a free education series, now offered as interactive webinars through Zoom. Recordings of past sessions are on our website, too!

Winter Schedule					
DEC 10	Living With Dementia: Understanding Behavior as Communication				
JAN 14	Making Decisions About Caregiving				
FEB 11	Navigating the Healthcare Environment and Advocating for Your Loved One				

Register at HopeHospice.com/family



For more information on He's still learning the ropes Jayden or London, call the Hayfor being around people, but he's ward Animal Shelter at 510-

02 NEWS 12-03-20.indd



cian, and has listened to about 20 tion of each painting with the text years of music lessons as a result provides a motivational lesson

Becky Chaffee grew up in and orchestra class she could find. classical and jazz violin and piano Now Chaffee has written lessons and then herself to flute and illustrated a children's book lessons. Her children are both that, in a fun way, encourages now young adults, currently play kids to practice their musical music for their own enjoyment. Some of the online reviews

Stickers Included



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San Leandro Woman Charged With Torture, Abuse of Son

By Michael Singer San Leandro Times

facing felony charges of torture, The charges include injuries to mayhem, and child abuse after the boy's vertebrae, ribs, liver, District Attorney's office nor police discovered her 9-year-old and head. son locked in a bathroom, lying on the floor with broken ribs and multiple external injuries and he multiple internal injuries.

Shawanda Black made a court appearance Tuesday at his spine, ribs, and head. the East County Hall of Justice A pre-trial hearing has been set for Jan. 14.

father of abuse in the home. tive Services. Black, 25, has been held at Santa since that time.

Say farewell to a challenging

Caravan," in partnership with course, Santa.

Saturday evening, Dec. 5.

the CV Rotary and other local

organizations.

A San Leandro woman is 2020 when Black was arrested. traumatic condition ... "

The boy was discovered with ment on the case. was unable to stand fully or rotate for a string of auto burglaries and his head because of the injuries to convicted for possession of sto-

in Dublin. The court deferred sponded to reports of abuse at in February 2019, according to her plea hearing until Dec. 15. the home in San Leandro to find the charges filed by the District the 9-year-old barricaded in the Attorney. bathroom. They found the boy Black was arrested on Jan. 30 laying on the floor. He was taken Black had been arrested and following a report by the boy's into the custody of Child Protec- convicted in a string of unspec-

The charges also note that in 2013. Rita County Jail on \$500,000 bail Black inflicted verbal and mental abuse on her son including "will- for torturing her son, Black could Court filings show the abuse fully and unlawfully inflict[ing] be sent to state prison.

year and welcome the holiday 5 to 7 p.m., leaving from Don orders, which means participants

season with some joy and fun on Castro Park in Fairview, visiting should sign up quickly as there

Area Chamber of Commerce is and ending at the Meek Estate vited to join this light-up caravan.

United Holiday Lights Car cars, local leaders, trucks and, of com to enter and receive your

The Castro Valley-Eden ward Acres and San Lorenzo, families and business are all in-

This will be a tightly-reg-

Join the Holiday Lights Caravan

hosting a new event, the "Eden in Cherryland, with many lit

reached a peak between Dec. 25, cruel and inhuman corporal pun-2019, until the end of January ishment and injury, resulting in a

Neither the Alameda County Public Defender provided com-

Black was previously arrested len property and second-degree Back in January, police re- burglary in San Mateo County

Court records also show ified misdemeanor cases back

If convicted and sentenced

Email ABChan411@gmail.

Visit www.edenareachamber.

registration number for your car.

The caravan will run from all County Health Department

Castro Valley, Ashland, Hay- will be limited space. Individuals,

ulated, safe caravan following com for more information.



PHOTO BY JIM KNOWLES

The bicyclist was in the bike lane on the Davis Street overpass when he was struck by a vehicle.

Bicyclist: Police looking for drivers

continued from front page

he was first stuck by a white early 2000s Ford or Chevrolet van and then possibly by one or pickup truck, and the driver of a couple of hours that morning as two other vehicles, including a a dark-colored sedan who was police investigated. dark sedan.

The driver of the van re- collision. mained on the scene and spoke

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in the area moments after the

Police also said they would at 510-577-0464.

with police. But police would like to speak with a Good Sa-The bicyclist riding in the like to speak to the drivers of maritan who stopped to prevent bike lane was struck by a vehicle one or two other vehicles - other motorists from hitting the at about 5:20 a.m. Police believe the driver of a dark-colored, bicyclists before police arrived.

The roadway was blocked for

Police ask anyone with information to call Officer Daryl Paust

The Power of Manifesting Workshop with Mani

7 to 8 p.m.

The event is currently booked to capacity, but the Visit www.sanleandrolibrary. healer, psychic medium, and asorg to see the program.

"The Power of Manifesting"

Library invites the community person searching for an underto a free Zoom Workshop: The standing of manifesting and all Power of Manifesting led by it encompasses. This workshop African Traditional Religion, Mani, on Tuesday, Dec. 8, from provides the keys to manifesting emphasizing connection and so you can cultivate the reality honoring of her African anyou desire.

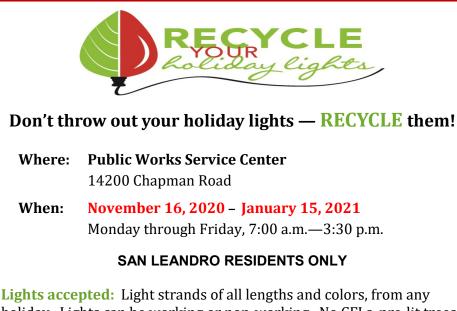
Melanated Momma (@melarecorded program will be avail- nated momma), also known as https://www.melanated momma. able to the public after the event. Mani (mahn-ee) is a spiritual com/ with few labels, Mani believes in 577-3971.

The San Leandro Public is a workshop designed for the connection to higher self and intuition.

> She currently follows an cestors

Find out more about Mani at

For more information, call trologer. Identifying as a spiritual the Information Desk at 510-



holiday. Lights can be working or non-working. No CFLs, pre-lit trees or lighted garland. Please remove all packaging.

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Contact Marc Rovetti at 415-310-9703 or mrovetti@alamedahealthsystem.org

Rehabilitation

BART Testing Air Filters, UV Light for Better Ventilation

By Melissa Jordan Special to the Times

through a pilot program that is particles, a rating known as their tion could jostle around the rods, testing new, denser air filters minimum efficiency reporting which are housed in the HVAC and UV light to create even safer ventilation on trains, as the region rebounds from the pandemic and ridership ticks up.

"Based on everything we've seen so far, it's looking very promising," said Ben Holland, BART Manager of Vehicle Systems Engineering.

Crews removed some of the new filters and spot-checked them for clogging. Denser filters trap more particles, up to a point; if they're too dense, they can be- value, or MERV, on a scale from come clogged and overload the 1 to 20. BART cars currently train's operating systems. Now, use MERV-8 filters, which can Holland said, the filters are being trap particles between 3 and 10 sent out for a more scientific anal- microns in size. ysis of the amount of air pressure drop they allow.

that is very well filtered; an entire about 75 microns across.) train car's air is replaced about

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every 70 seconds.

Based on what we've seen. it's looking promising.

- BART engineer Ben Holland

'The pilot program uses MERV-14s, which can capture Because coronavirus spreads particles between .3 and 1 mithrough the air, such as when crons, which is obviously a huge a person coughs or sneezes, improvement," Holland said. air filtration has an important The filters weren't notably more role in preventing transmission, clogged, however, and on-board along with vigilant mask-wear- tests showed good airflow. (For ing. BART cars already have air comparison, a human hair is

More good news came from

testing of ultraviolet (UV-C) light Filters are rated by their rods that can zap particles. The BART is about midway ability to block different-sized concern was that the train's mounit under the cars. So far, there's no sign of that.

We put it over a pit, looked at the inside, and it was working just perfectly," he said. "The UV light comes on when it's supposed to. The safety features that are in place are working well."

If the good progress continues, both of these features could become standard on BART train cars in the future. Thus far, the pilot has been on legacy cars because Fleet of the Future trains are under warranty. In consultation with the manufacturer, the goal will be to outfit all cars already at BART and to include the upgrades on the assembly line.

Melissa Jordan is a BART Senior Web Producer.



The MERV-14 filter, at left, compared to the MERV-8 filter on right. MERV-14 has more folds and are denser.

Restrictions: Stricter Covid rules on the horizon,

but will politicians practice what they preach?

continued from front page care units (ICUs) went up 67 percent.

California Health and Human Services Secretary Dr. Mark Ghaly said the majority of hospitals in 51 of 58 counties will reach or exceed capacity in the coming weeks if they do not take decisive action to stem the spread of Covid.

We are looking at inten-

primary trigger for deeper, more ficials are being cautious. Data restrictive actions," Dr. Ghaly released from the governor's said Monday."Because when that office this week forecasts ICU capacity goes away, we know the

We expect unprecedented numbers of Covid-19 patients in the next two weeks.

- Carmela Coyle, president

quality of care sometimes takes a

dip and we see outcomes we don't

accommodate an influx of new

want to see."

of the California Hospital

sive-care-unit capacity as the Covid-19 cases but health ofcapacity at 91 percent by early January, up from the current 72 percent capacity in the Bay Area.

> "We expect unprecedented numbers of Covid-19 patients in the next two to three weeks that will further strain limited resources, like PPE, testing supplies, and our frontline health care workers," said Carmela Coyle, president and CEO of the California Hospital Association. To help already suffering

businesses buffer themselves from additional restrictions, the temporary tax relief allows for an state authorized \$500 million automatic three-month income in new Covid-19 Relief Grant tax extension for taxpayers filing Association funding for small businesses. The less than \$1 million in sales tax.

Numbers **Confirmed Cases:** San Leandro: 1,697

Covid

Castro Valley: 822 Alameda County: 29,939 California: 1,212,968

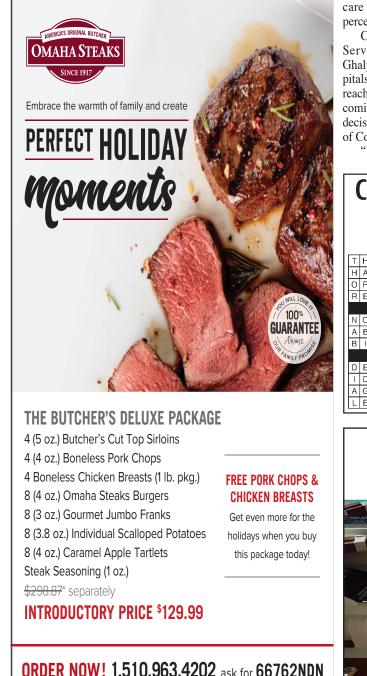
Deaths

Alameda County: 512 California: 19,141 as of Nov. 30

Holiday Trivia Contest for Teens

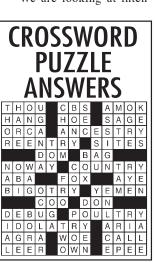
Local hospitals such as Eden for a fun winter holiday trivia winter and holiday celebrations. Medical Center and Kaiser San contest on Thursday, Dec. 17 The winner gets to select a prize. Leandro say they are able to at 4 p.m. Open to teens in 6th Email kmandalay@sanleandro. through 12th grades. We'll meet org to sign up.

Join the San Leandro Library on Zoom to test our knowledge of



www.OmahaSteaks.com/dinner444

*Savings shown over aggregated single item base price. Limit 2 pkgs. Free gifts must ship with #66762 Standard S&H will be added. While supplies last. Other restrictions may apply. Expires 1/31/21. ©2020 Omaha Steaks, Inc.





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San Leandro Times

AUTOMOTIVE

Luxury SUV with Some EV Cred

By Steve Schaefer San Leandro Times MW's

plug-in

marketplace. In the BMW sta- all-wheel-drive only. This isn't follows the "but wait, there's ble, the X3 is "right-sized," with so much for climbing rocks as more" approach to options. My the smaller X1 as the entry point providing extra traction in in- \$48,550 test vehicle topped out and the larger and more expen- clement weather and heightened at \$65,020 when all was said sive X5 and X7 above it.

You can get the X3 summer cabin. xDrive30i, with a gasoline-only powertrain, but opting for ing a BMW the moment you ecutive Package (\$4,500), and the xDrive30e means your ve- open the door. The tradition- there was plenty more. Check hicle combines a 2.0-liter tur- al two-tone theme prevails, out the website for details. An bo-charged four-cylinder gas- the nickel-finish metallic trim upgrade to double-spoke bi-cololine engine with an integrated gleams softly, the Cognac Ver- or 20-inch wheels added anothelectric motor and a 12-kWh nasca leather smells great, and er \$950. I certainly enjoyed the battery. Officially, you can plug the Fineline Cove Matte Finin your car and then drive about ish wood trim is bumpy and Kardon surround sound system 18 miles on electricity alone, fake-looking. In my tester, the making a big impact on local black headliner helped create a trips.

X3's 2.0-liter four-cylinder en- have to look and feel like BMWs bers stack up? The xDrive30e in your garage to fill it up overgine and electric motor together or what's the point? generate 288 total horsepower white BMW roundel.

My tester came in a typical aware of. BMW gray shade called "Dark

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midsize of today's BMWs. hybrid

You can get the gasoline-on-SUV lives in the ly X3 with rear-wheel-drive or learning them intuitively. trendy part of the all-wheel-drive, but plugins are

and 310 pounds-feet of torque, adding the electric powertrain, and electricity. If you don't 240-volt Level 2 charger. good for an under-six-second although the base price for the charge up, the combined numtime to push the 4,586-pound plug-in is \$4,600 higher and SUV from zero to 60. So, al- you lose 1.5 cubic feet of car- all-wheel-drive version of the a pandemic, not a lot of driving though it's taller than a 3-Se- go space, since the battery prories sedan, it still gives you the trudes a little from the cargo 29 Highway, and 26 Combined. this car but tried to make most performance you seek from a hold where it lives. The cargo The EPA Green scores are 7 for of them electric. The motor is vehicle that wears the blue-and- reduction shouldn't be a deal Smog and 9 for Greenhouse Gas responsive, smooth, and silent, breaker, but it's something to be

Graphite Metallic." Numerous iDrive delivers a 12.3-inch high- SmartWay designation, while it seem so. other colors are available, in- res screen that you can interface putting out 204 grams of CO2

kidney grille sits prominently up tech you could want, with some front, and the styling is typical of that complex German engineering that means you have to figure out things rather than just

As a luxury brand, BMW security on the dirt road to your and done. Large pieces of this included the M Sport design up-You'll know you're enter- grade (\$5,000) and 15-item Exaudio upgrade to the Harman nificant. (\$875).

ber is 24 mpg. If you opt for the and I hate to say it, but during gas-only xDrive30i, it's 24 City, gets done. I put few miles on for the plugin and 7/5 respec- as expected. The driving expe- ket segment, and plug-in hybrids climate crisis. It is a good way to

The point being, make sure to plug in the car to get maxi-The whole purpose of having mum benefits. With the small cozy feeling while the fat leather a plug-in hybrid is to increase battery, you should be able to Getting more specific, the wheel was great to grip. BMWs efficiency, so how do the num- use regular household current earns 60 MPGe combined city/ night-you don't need to install There's little downside to highway when using gasoline a more expensive (but faster)

Cars are meant to be driven,

tallic I'd likely choose. The twin haptic controls. There's all the the gas model. That's not insig- Competition is fierce in this mar- crementally helping to solve our years.



The driving experience is not especially sporty, but the BMW ambiance makes it seem so.

tively for the standard gas mod- rience is not especially sporty, are likely to be popular in the learn about plugging in and vis-The seventh generation of el. The plugin earns the EPA's but the BMW ambiance makes 2020s until full EVs take over. iting the gas station less. This car can give you unlimited

The twin kidney grille sits prominently up front, and the styling is typical of today's BMWs.

Steve Schaefer lives in Cas-

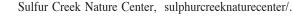
If you like BMWs and want a travel options with zero range tro Valley. He has been reviewcluding the Phytonic Blue Me- with using voice, touch, and per mile versus 345 grams for crossover, this is a good option. anxiety, however, it is only in- ing new cars in the Times for 27

BY **HOCUS-FOCUS** HENRY BOLTINOFF S R G by Charles Barry Townsend DON'T FALL ASLEEP SOLVING THIS ONE! W R G THIS PUZZLE WILL GROW ON YOU! Hidden in the above frame is a famous proverb. You can find it by reading every other letter as you go around it clockwise. The trick is finding the right first letter. Find at least six differences in details between panels. oaks from little acorns grow." HENRY BOLTINOF Answer: Starting with "G" in the bottom rail: "Great Below are words pertaining to winter, animals THE ONE IN A MILLION PROBLEM! and hibernation that you will need to complete Professor Flunkem challenges you to create a maththe puzzle grid above. Use the trial-and-error ematical expression that is equal to 1,000,000 using method. Try to finish before the first snow eight digits. However, the digits can only be 3's and ම arrives! 1's. Answer: The Professor's answer is: (333,333 x 3) +1 = 1,000,000. 4-letter words: 5-letter words: DOZE BEARS RAWER HERE'S AN EEEEEASY PUZZLE FOR YOU! Each of the BEAST NAPS RESTS E five words needed to fill in our "word power grid" contain SAFE BIRDS SLEEP the same five letters. We give you one letter and plenty of Ε SNOW **BISON** Ň hints below. WOLF FROST Ε 1. Famous western sheriffs. 2. Found in fruit trees. З 3. An ancient weapon. 4. Reduces by cutting. . Doze. Ε collar is different. 6. Girl's shirt is stained. 5. A bowling score. (Down) 1. Bison, 2. Rawer, 3. Beast, 4. Rests, 5. Safe. dish is missing 4. Cabinet handles are added 5. Mom's 9. Wolf. 10. Frost. 11. Sleep. Ε Answers: 1. Earps. 2. Pears. 3. Spear. 4. Pares. 5. Spare. Differences: 1. Earring is missing, 2. Box is closed, 3. Doll's Answers: (Across) 1. Bears. 3. Birds. 7. Snow. 8. Naps.

Coyote: Coyote gets a little dental work done

continued from front page Recreation and Park District. censed and permitted native wild-Creek. Animals requiring more Lorenzo. It is temporarily closed extensive care are brought to Dr. to the public due to Covid-19, but Gandolfi's Companion Animal continues to care for its resident Hospital at 2509 Lessley Ave. in animal population with limited staff.

1801 D St., Hayward, is a li-Veterinarian Leong does all on- life rehabilitation facility serving site veterinary care at Sulphur Castro Valley, Hayward, San Castro Valley by Sulphur Creek staffing. More information is available at www.facebook.com/



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PHOTOS COURTESY OF RENE GANDOLFI

Jazz had an acupuncture treatment at Castro Valley Animal Hospital last week. He was given anesthetics and a tranquilizer and placed on oxygen (left) before his dental surgery. Jazz seemed to get through the procedure with little or no aftereffects.



SAVE 43%!

Virtual Children's Christmas Show Invites Performers

of Christ is inviting children to zoom worship service on Sunparticipate in a virtual Christ- day morning, Dec. 20, starting at mas performance this year.

one in their household performing pre-selected actions to a Square at woodysquare@sb-Christmas song. The video clips cglobal.net by Dec. 1 if you of all the different kids will be would like your child to parput together into a seamless ticipate.

The San Leandro Church production and shown during the 10:15 a.m. There may be some Kids will be filmed by some-voiceover readings included.

Email Woody and Judy

Internet Puppy Scams Soar During Pandemic

at-home orders have turned to 1998. The scammers kept conthe internet to look for a pet for tacting her with various reasons the holidays, thinking they would for needing more money like the have plenty of time to help the pet need for an insulated pet carrier, adjust to its new surroundings.

scammers who advertise on websites for animals that don't exist and are never shipped, according to the Better Business local animal shelter. Especially Bureau (BBB) in Oakland.

of an investigation by the BBB and new data from its Scam stress and reduce overcrowding Tracker show incidents have at their facilities. spiked since Covid-19 took hold in the U.S.

for these types of frauds to be search of the picture of the pet successful they are usually de- you are considering. If the same pendent on bogus, often sophis- picture appears on multiple webticated advertisements to hook sites, it likely is a fraud. unsuspecting consumers. Experts believe that at times 80 percent of ern Union, MoneyGram, and a the sponsored advertising links cash app like Zelle or a gift card. that appear in an internet search These payment methods offer no for pets may be fraudulent.

Many victims who contacted money back if it's a fraud. BBB's Scam Tracker reported they wanted to adopt a puppy in scammed, report it to the BBB order to ease their isolation and at 510-844-2000 and the Federal brighten their lives during the Trade Commission. You also can pandemic and that cash apps are report it to petscams.com, which being used for this scam.

losing more than \$5,000 in March get fraudulent pet sale websites 2020 by using a website that said taken down.

Some families obeying stay- it had been in operation since an interstate permit, medicines, Many have come across insurance, and quarantine.

Avoiding puppy scams:

· Consider reaching out to a during this time of quarantine, Puppy scams were the subject many shelters are looking for fosters to help relieve the animal's

• Don't buy a pet without seeing it in person. If that isn't The BBB's study found that possible, conduct an internet

> · Don't send money by Westrecourse and no way to get your

If you think you have been catalogues puppy scammers, A Hayward woman reported tracks complaints and tries to



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_IFESTYLE

December's Cookies

ecember is inevitably associated with cookies, 2 cups flour the joy of baking them at 1/4 cup cornstarch home, and nibbling one the mo- 1 (14-ounce) package Kraft ment it is cool enough to be consumed without scorching either 2 tablespoons cream your tongue or fingers.

So tie on your apron strings and be prepared to put good intentions about self-control on hold till January.

THUMBPRINT COOKIES

- 3/4 pound butter
- 1 cup sugar
- 1 teaspoon vanilla
- 3-1/2 cups flour 1/2 teaspoon salt

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- 1 egg beaten with 1 tablespoon water, for egg wash
- 7 ounces sweetened flaked coconut

Your favorite jam or preserves Cream together the butter and sugar until just combined, and then add the vanilla. Separately, sift together the flour and salt. With the mixer on low speed, add the flour mixture to the creamed butter and sugar. Mix until the dough starts to come together. (Do *not* overmix.) Dump on a floured board and roll together into a flat disk. Wrap in plastic wrap and chill for 30 minutes.

Roll the dough into 1-1/4-inch balls. Dip each ball into the egg wash and then roll it in coconut. Place the balls on an ungreased cookie sheet and press a light indentation into the top of each with your finger. Drop 1/4 teaspoon of jam into each indentation.

Bake for 20 to 25 minutes at 300°F or until the coconut is a golden brown. Cool and serve. Makes about 2-1/2 dozen cookies.

TURTLE SHORTBREAD COOKIES

1 cup butter (no substitutes) 1/2 cup dark brown sugar 1 teaspoon vanilla extract

3 (1-ounce)squares semisweet chocolate, melted,

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cooled 5 minutes

- Caramels
- 6 ounces (1-1/2 cups) pecans, chopped

Preheat oven to 300°F. Mix butter, brown sugar and vanilla thoroughly using an elec-

tric mixer. Beat in melted chocolate. Gradually blend in flour and corn starch. Form into 1-inch balls and

place on ungreased baking sheets. Gently press down on each cookie to flatten using finsticking).

to brown. Cool for 5 minutes; remove to a wire rack to cool cream in a small saucepan over low heat, stirring constantly.

Dip cookies in caramel sauce; roll dipped portion in chopped pecans. Place cookies on wax paper to cool before serving. Makes about 3-1/2 dozen cookies.

SPICY GINGERBREAD

1 cup butter

- 2 large eggs cup dark-brown sugar,
- packed 1 cup unsulfured molasses
- 6 cups sifted flour
- teaspoon baking soda 1/2 teaspoon baking powder
- 4 teaspoons ground ginger
- 4 teaspoons cinnamon
- 1-1/2 teaspoons ground cloves 1/2 teaspoon finely ground
- black pepper 1/2 teaspoon salt

In a large bowl, beat together gers or a flat bottomed drinking butter and sugar until light and glass (dipped in sugar to prevent fluffy. Beat in eggs and molasses.

In another bowl, sift together Bake at 300°F for 25 to 30 flour, baking soda, baking powminutes, or until bottoms begin der, spices and salt. Stir flour mixture into butter mixture. Divide dough into thirds and wrap completely. Melt caramels and each third in plastic wrap. Chill for about 1 hour.

Preheat oven to 35°F. Roll dough 1/8-inch thick between two pieces of waxed paper. Cut into shapes with cookie cutters. Transfer shapes to ungreased cookie sheets.

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If desired, decorate with rai- 1/2 pound butter sins, dragées, or red hot candies. 2 teaspoons baking soda Refrigerate about 15 minutes. 1 cup sugar Bake for 8-10 minutes or until 1/4 cup hot water crisp but not dark. Allow to cool 4 cups flour on the cookie sheet for 1 minute, then remove to wire racks to cool completely.

HOLIDAY **MOLASSES COOKIES**

1 cup molasses

- 2 teaspoon salt
- 1-1/2 teaspoon ginger
- 1/2 teaspoon ground cloves 1/2 teaspoon allspice

2 teaspoons cinnamon

Heat the molasses to a boil. Remove from heat and add butter, stir-sheet for 15 minutes. Cool on a rack ring until melted. Place the sugar in as soon as done.

MON-SAT 9AM-6:30PM & SUN IOAM-6PM

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a deep bowl and add soda to the hot

dough as thin as possible and bake on a non-stick surface or a greased

water; pour water into the molasses. Pour the molasses mixture into the bowl of sugar and thoroughly mix. Add spices, flour and salt and mix with molasses and sugar. Pour into a loaf pan lined with parchment paper or waxed paper and refrigerate.

Preheat oven to 325°F. Cut



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COOKIES

San Leandro Times

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SENIORS

Keeping a Watchful Eye on an Aging Parent

Here's how they work. A com-

services or technology that help charge. *me monitor my elderly mother* who lives alone? Since the corona- puter automated phone system notification call. virus pandemic started last March, would call your mom at a desigmy sister and I have noticed that my mom's health has slipped a bit, so we would like to find something that helps us keep tabs on her when we're not around.

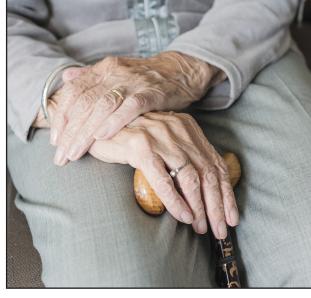
By Jim Miller Special to the Times

A: Depending on how closely you want to monitor your mother, and what she's comfortable with as well, there are check-in call services along with some new monitoring technology devices you can turn to for help. Here are several to consider.

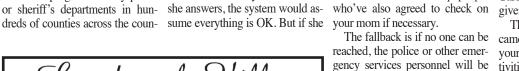
Check-In Calls

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If you just want a simple check to make sure your mom is OK every day, consider signing her up with a daily check-in call service program. These are telephone reassurance programs run by police nated time each day to check-in. If are then made to backup people dreds of counties across the coun- sume everything is OK. But if she your mom if necessary.

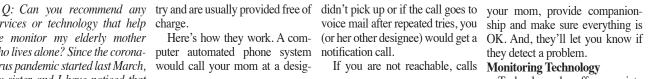






dispatched to her home. To find out if this service is available in your mom's community, call her local police department's nonemergency number. If it's not offered, there are other organizations or companies you

can turn to that provide similar services. One that I love that's completely free to use is Mon Ani (monami. io, 650-267-2474), which offers a emergency call buttons that can be volunteer phone bank that pro- placed around the house. Caregivvides phone or video calls daily, er Smart Solutions starts at \$99 for weekly or anything in between. their activity sensors, plus a \$29 The volunteer will connect with monthly service fee.



Technology also offers a variety of new ways to help you keep an eye on your mom when you can't be there.

One nifty new option is the Electronic Caregiver's (electroniccaregiver.com) "Premier" product, which is a wearable wrist device that provides activity monitoring, a 24/7 emergency help button, medication reminders and a GPS locator so you can determine your mom's whereabouts at any time. It's also linked to a family care-

giver app to keep you and other loved ones in the loop. The device is free with a monthly subscription that costs \$40 to \$60 a month, depending on the level of monitor-

If your mom is primarily homebound, another option to consider is a sensor-monitoring system like Caregiver Smart Solutions (caregiversmartsolutions.com).

This uses small sensors (not cameras) placed in key areas of your mom's home to track her activities – everything from whether she used the coffee pot to how much she's watching TV - and will let you know if something out of the ordinary is happening. For instance, if she went to the bathroom and didn't leave, it could indicate a fall or other emergency.

You can also check up on her patterns anytime you want through the system's website or app. And for additional protection, it offers



Be Tax Wise' When Making Large Gifts

Q: My wife and I are considering making large gifts to our two you choose to make gifts above children and four grandchildren, the Annual Exclusion Amount and we would like to do so in a ("AEA"), then you can still make way that is "tax wise". Do you the gift tax free by using a portion have any advice for us?

By Gene L. Osofsky, Esq. Special to the Times

A. Yes. Many people mistakenly believe that one cannot gift more than \$15,000 per year/person without incurring a gift tax. Not so. In fact, an individual can time Exemption gifts. actually currently gift more than \$11 million during lifetime with- tion after the death of a spouse, out incurring a gift tax. Here is the way gift taxes work: **Annual Exclusion Gifts:**

No Gift Tax Return Required:

1) \$15,000 Per Year: You and your spouse can each gift up to called "portability". \$15,000 per year per recipient Return

Exclusion Gifts and you can make no actual gift tax would be due, such gifts to as many individual so long as less than the Lifetime persons as you wish each year, Exemption. provided that you make only one

your wife are in a position to do you have left to use upon death. so, together you can actually douloved ones (\$15,000 x 2 donors x 6 recipients), again without the need to file a Gift Tax Return or gifts, be sure that you can afford incur any actual gift tax.

different tax year.

two of you could gift a total of dled in a very special manner. \$360,000 (\$180,000 x 2 Donors) End Gift Straddle.

Gifts Above Annual Exclusion: Gift Tax Return Required

1) Lifetime Exemption: If of your Lifetime Exemption (also called the "Unified Credit").

That Lifetime Exemption is currently \$11.58 million per person for U.S. citizens, and increases to \$11.7 million per person next year. AEA gifts do not count against this exemption, and they can be made in addition to Life-

Also, by making a timely electhe surviving spouse can opt to preserve the deceased spouse's unused Lifetime Exemption for the survivor's own later use, thereby effectively doubling it. This is

2) Gift Tax Return: To the exwithout the need to file a Gift Tax tent that your gifts exceed the Annual Exclusion Amount, you must Such gifts are called Annual file a Gift Tax Return even though

Reason: the IRS wants to track such annual gift to each recipient. your use of your lifetime exemp-2) "Doubling Up": If you and tion, so that it knows how much

Example: if you used \$1 milble that amount for each gift recip- lion of your lifetime exemption to ient. So, together, you could gift a make excess gifts during life, then total of \$30,000 to each recipient your remaining exemption to apfor a total of \$180,000 to your ply against estate taxes upon death would be \$1 million less.

Cautions: Before making large to do so. Lastly, if there is a possi-3) Year End Straddle: On or af- bility that either of you may need ter January 1, 2021, you and your to apply for a Medi-Cal subsidy wife could do the same thing once for nursing home care in the near again, as you would then be in a future, you should consult a professional with special knowledge So, over the course of a period about the Medi-Cal program beas short as a calendar week - pro- fore making those gifts: Gift transvided that the week straddles both fers may adversely affect your the last days of this year and the ability to qualify for a Medi-Cal early days of next year - the subsidy unless those gifts are han-

Gene L. Osofsky is an Elder to your 6 recipients without the Law and Estate Planning attorneed to file a Gift Tax Return or ney in the East Bay. Visit his webuse any of your lifetime exemp- site at www.LawyerForSeniors. tions. I call this strategy the Year- com. He wishes to thank Harry Margolis, Esq., of MA for permission to revise and publish this article.



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San Leandro Times



How to Choose a Safe, Healthy **Senior Living Community**

It's understandable for anyone seeking a retirement community to have concerns about health and safety right now. Today's unprecedented situation leaves many wondering - is it safe to live in a retirement community during a pandemic?

The good news is, many Continuing Care Retirement Communities (CCRCs) are taking extraordinary precautions to keep residents healthy, following up-to-date recommendations COVID-19 symptoms. from the Centers for Disease Control and Prevention (CDC), plus local and state authorities.

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Recently retired couple Stuart and Anita Smith examined the measures being taken at The Spires at Berry College - a Continuing Care Retirement Community in Rome, Georgia - before making their decision to move in. Because Stuart is a retired physician, he looked closely at their health and safety protocols. He was happy to learn that they followed recommended CDC guidelines stringently, prioritizing the well-being of their residents.

"The community was up front with us about how they were handling it - using masks, a lot of cleaning, safe dining procedures," explained Stuart. "I think they've done everything really well, including daily temperature checks and not letting people bring guests or family members to visit now. I'm very confident in their health and safety protocols."

If you or a loved one are considering a senior living community, here are important safeguards to look for.

* Mandatory social distancing in public areas - CDC officials and public health experts agree: Keeping people a minimum of six feet apart helps prevent the spread of COVID-19.

* Mandatory facial coverings required in public areas - Face masks have been shown to reduce the spread of the virus, protecting both mask-wearer and anyone near that person from excessive exposure to airborne particles.

* Mandatory regular COVID-19 testing for all team members, and testing for residents - Testing ensures that any infections are quickly identified so staff or residents who test positive can quarantine.

* Required temperature and oxygen level checks for all residents, team members and guests - Elevated temperatures and decreased oxygen levels have been identified as common

* Proper hand washing encouraged throughout the day for residents, team members and guests - As with many viruses including colds and flu, frequent, thorough hand washing can reduce the spread of disease.

* Frequent sanitizing of common areas throughout the day - The presence of the virus on surfaces can be reduced by regular disinfecting.

* Virtual tours encouraged -To limit visitors to a community, providing virtual online tours is essential.

The Spires at Berry College follows all of these procedures to help keep all residents, staff and visitors safe. The community is also in constant contact with affiliated CCRCs nationwide to share information about improving procedures as more is learned about what works best to successfully reduce risk of illness.

Social and emotional

well-being One of the greatest challenges to retirement communities during this difficult time is the emotional and social isolation many residents are feeling. Look for locations that have amenities such as outdoor areas with walking trails, and have access to digital devices like tablets to stay in touch with friends and family.

The Smiths agree that while they've had to remain apart from family right now, they're still able to socialize to some degree. "We are so comfortable and enjoying the relationships we're forming," said Anita.

"Two couples can do 'socially distanced' dining together, calling back and forth across the dining room. People are finding safe ways to communicate and socialize." "And I'm a lot more physi-

cally fit than when I came here," adds Stuart. "We do a lot of walking.'

Safety and comfort at a CCRC

Unlike at home, where outside factors offer unknown risks, residents and families can rest easy knowing there is a team dedicated to keeping them safe and well. Contact is minimized, and there are few reasons to leave the community. For example, doctor visits are conducted on site, so there is no risk of infection sitting in waiting rooms, and groceries or medications are delivered straight to residences.

Exploring a move to a retirement community? Learn more at www.RetireAtBerry. com or call 706-784-7644. -Brandpoint

Dementia **Behaviors Webinar**

senting its popular Family Care- their needs. giver Education Series in the form presented over Zoom for the duration of the pandemic.

Communication" will be held on meaningful connections. Thursday December 10, from 10 to 11:30 a.m.

mentia progress, communication service. To register, visit Hopebecomes challenged and persons Hospice.com/family. For more inliving with dementia increasingly formation, call 925-829-8770.

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Hope Hospice in Dublin is pre- rely on their behaviors to express

In this webinar, family caregivof interactive webinars that will be ers will gain an understanding of how to assess, interpret, and respond to dementia-related behav-The next program, titled "Liv- iors in a manner that can improve ing With Dementia: Behaviors as communication and promote

The Series is a free public service; participants do not have to As the conditions that cause de- have a loved one on our hospice

HOROSCOPE by Salomé © 2019 King Features Synd., Inc.

- ARIES (March 21 April 19): You might feel that you have all the answers right now. But it might be wise to listen to other ideas before you decide to close the lid on other possibilities.
- TAURUS (April 20 May 20): Bovines give and expect loyalty, so it might not be easy to reconcile with someone you feel let you down. Why not ask a neutral party to set up a clear-the-air meeting?

GEMINI (May 21 - June 20): Anticipating the holidays with family and friends fuels your must-do Gemini energies. But try to pace yourself so you'll be up for whatever comes along later.

CANCER (June 21 - July 22): More background information might come through regarding a decision you expect to make. Be sure to check the source carefully before you move.

LEO (July 23 - August 22): The strong, nurturing nature of the Lion comes through this week as you reach out to family and friends in need of your warm and loving support.

VIRGO (August 23 - Sept. 22): A relationship that has almost totally unraveled could be close to being restored with more effort on your part to be more patient and less judgmental

LIBRA (Sept. 23 - October 22): Your sense of fair play is strong this week, which can cause a problem with a longtime relationship. But in the end, you'll know what decision to make.

SCORPIO (October 23 - November 21): You might not know all the facts behind an unwelcome development, so keep that Scorpion temper in check and resist lashing out at anyone.

SAGITTARIUS (Nov. 22 - Dec. 21): This is a good time to reinforce relationships -- family, friends, colleagues -- that might have been overlooked in recent years.

CAPRICORN (Dec. 22 - Jan. 19): Family situations continue to thrive. Business associations also improve. Some holiday plans might have to be shifted. Be flexible.

AQUARIUS (Jan. 20 - Feb. 18): Avoid any influence of negative energy in this week's aspect by not allowing small problems to grow into large ones. Work them out immediately

PISCES (Feb. 19 - March 20): A friend might need advice on how to deal with a challenge to his or her moral values. And who better than you to give the honest answer? Good luck.



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San Leandro Times

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REAL ESTATE REALIT By Carl Medford, CRS *Special to the Times* GUEST COMMENTARY

Staging to Fit Any Budget

t is no secret staging a home for sale has a and time on the market. While staging is optional in some parts of the country, locally it is understood and expected by both sellers and buyers.

Having watched hundreds of buyers while showing homes, I can unequivocally state staging makes a positive difference.

While becoming commonplace for listing agents to cover the cost of staging, there are still regions in the Bay Area where the seller is expected to pay. Fortunately, there is a level of staging to fit every budget. Levels 1 and 2 apply to occupied homes, levels 3 through 6 are for vacant homes.

1: Organizational

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This is Staging 101 and includes two steps. First, the home is extensively decluttered with all personal pictures, collections, knickknacks and so on removed. The rule is "No more



than 3 items on any horizontal surface." Second, the home's positive impact on price belongings are moved around to optimize the look and feel of the home. 2: Partial

This level also starts with decluttering, but includes a stager bringing in additional pieces from their inventory to upgrade the overall look of the home. This could include pictures, plants or pieces of furniture as needed.

3: Vignette

This is the entry level for vacant homes. Rather than bringing in extensive furniture and accents, key areas are highlighted with groupings of objects. As an example, a collection of objects on a kitchen counter or fireplace mantel.

4: Symbolic Instead of using real furniture, "prop" or "faux" furniture made of plastic or cardboard is used to define a space. Rather than a moving truck pulling up with real furniture, the stager shows up in a car with flats or bags of "furniture" that are assembled on site. For examples

go to www.cubiqzusa.com. 5: Virtual With the advent of COVID-19, many of us were forced to look for alternatives to staging. We turned to companies such as www.boxbrownie. com/virtual-staging - we take pictures, send them off and they are returned with furni-

ture photoshopped in. The cost is dramatically less than full staging. 6: Full

This is still the gold standard,

and the one that resonates the most with buyers. When they see a gorgeously staged home online, they fully anticipate being able to visit and experience the home with the staging in place.

Shakespeare stated, "All the world's a stage." Staging brings the show home.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.



Nice 3-bedroom, 2-bath home in great location near Roosevelt School. Upgraded Stucco and Foundation. Ready for your viewing. **Offered by Robert Jones & Associates**

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Fraumatized Apple Tree

Bv Buzz Bertolero Special to the Times *My Apple tree was* traumatized last year by black aphids. I *kept cutting off the* affected leaves, but the trees looked bad all summer long. I had controlled the Aphids in the past by putting a ring of the sticky stuff around the trunk. This year it didn't help at all. Would dormant spray help in creating an Aphid-free season next year?

Aphids are a spring pest problem on apple trees and other fruit trees and plants. They come in different colors; green and black are the most common.

Aphids cause the leaves to curl up like one of those Italian cookies. The leaves then dry up and remain on the tree until the fall when they drop off. Many gardeners confuse

this curly leaf with peach leaf curl, but they are not the same. Peach leaf curl is a fungus that attacks only peach and nectarine trees. Copper spray applied in the fall and in January and February is the recommended control.

Copper spray and other types of dormant spray don't prevent aphids from returning. They are mobile and are present yearround so the barrier alone will not prevent the problem.

Your best method of controlling them is being diligent and checking trees for curly leaves in the spring as the leaves are emerging. Once you see a few curly leaves, pick them off and spray the tree with insecticidal soap,

Antonio & Alexia Cardenas

making three applications a week apart. That prevents the problem from continuing.

I would still apply the sticky stuff (also known as Tanglefoot or Pest Barrier). Aphids are ferried around by ants which feed on off the clear sticky residue called "honey dew." The early detection and preventive action will keep the apple tree aphid

Gardener's website is www.dirtgardener.com and ques-3S

great.

tions can be sent by email to buzz@ dirtgardener.com.

free. step-by-step pictures are

Buzz Bertolero is an Ad-

vanced California Certified

Nursery Professional. The Dirt



Matt Jones DRE# 0137894

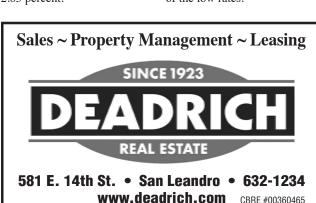
Mortgage Rates Hold Steady for the Holiday

Long-term mortgage rates were unchanged heading into last week's long holiday weekend, according to Freddie Mac's weekly nationwide survey

The 30-year fixed-rate mortgage remained at 2.72 percent for the week ending Nov. 25. A year ago at this time, the 30year rate averaged 3.68 percent. Fifteen-year fixed-rate mortgage averaged 2.28 per-

cent, also unchanged from the previous week. Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.16 percent, up from 2.85 percent.

"Mortgage rates remain at record lows and while that has fueled a refinance boom, it's been driven mainly by higher income borrowers. With about 20 million borrowers eligible to refinance, lower- and middle-income borrowers are leaving money on the table by not taking advantage of low rates," said Sam Khater, Freddie Mac's Chief Economist. "On the homebuying side, demand continues to surge, and it has created a seller's market where inventory is at a record low and home prices are rising, beginning to offset the benefits of the low rates.



RECENT HOME SALES **Castro Vallev** 2252 Farley Street 94546: \$725,000 2 BD - 996 SF - 1947 94546: \$810,000 3 BD - 1,344 SF - 1941 19212 Center Street 19547 Eagle Street 94546: \$925,000 3 BD - 1,345 SF - 1955 94546:\$1,088,0004BD-1,588SF-1956 18334 Joseph Drive 18530 Carlwyn Drive 94546:\$1,100,0002BD-2,449SF-1954 20228 West Ridge Ct 94546:\$1,200,0004BD-2,575SF-2001 19523 Mount Jasper Dr94552:\$1,267,0004BD-3,022SF-1988 TOTAL SALES: LOWEST AMOUNT: \$725,000 MEDIAN AMOUNT: \$1,088,000 HIGHEST AMOUNT: \$1,267,000 AVERAGE AMOUNT: \$1,016,428 San Leandro -

	-			
757 Majestic Way	94578:	\$465,000	2 BD - 918	SF - 1987
655 Macarthur Blvd	94577:	\$635,0003	BD-1,732	SF-2008
768 Sybil Avenue	94577:	\$650,000 2	2 BD - 1,053	SF-1940
1934 Sundberg Avenue	e 94577	:\$680,000	3BD-1,092	SF-1953
15977 Windsor Drive	94578:	\$681,000 2	2 BD - 969	SF - 1947
1077 Martin Boulevard	94577:	\$735,0004	4 BD - 1,741	SF-1942
16904 Los Reyes Ave	94578:	\$745,000 \$	3 BD - 984	SF - 1944
1450 Glen Drive	94577:	\$900,000 2	2 BD - 1,951	SF-1940
302 Broadmoor Blvd	94577:	\$910,0002	2 BD - 1,921	SF-1917
TOTAL SALES:	9			
LOWEST AMOUNT: \$40	65,000	MEDIAN AN	NOUNT:	\$681,000
HIGHEST AMOUNT: \$9"	10,000	AVERAGE	AMOUNT:	\$711,222



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WIDDRIDNID GARDENIER

Forcing Bulbs in Containers

container, like a saucer, and

polished rocks, pebbles, or

By Buzz Bertolero Special to the Times How would I force bulbs in containers? Should a novice gardener attempt this?

Forcing bulbs in a container is a gardening project for people of all ages and skills. It's simple to do with a high degree of success. Paperwhite narcissus and hyacinths are the best bulbs for forcing. Water is the primary medium, while commercial growers use sand. You will need a shallow

gravel. The bulbs are set on the pebbles, and water is added. You need to be sure that the water level is just below the bulb's base to avoid rotting. The bulbs are placed next to one another. Although they're loose to begin with, roots will form quickly and anchor the bulbs in the container. They can grow in direct or indirect light. You should see shoots developing within four to six weeks and flowers after that.

To extend the blooming period, stagger your planting by

starting new ones every three weeks. Once they finish blooming, the bulbs are discarded. Bulbs are a storage chamber, so they recharge themselves for the following year by storing nutrients from the soil, but hat's not possible in water or sand.

Buzz Bertolero is an Advanced California Certified Nursery Professional. The Dirt Gardener's website is www.dirt-316 gardener.com and questions can be 523 sent by email to DIRT GARDENER buzz@dirtgardener.com.

Garden

Bug

Poinsettia

Frost Protection

Freezing nighttime tempera- the morning. tures have already hit most parts of the East Bay. The coldest time night and again in the morning. sun hits it when most of the actual is from 4 a.m. to sun-up. If you The thin layer of water on the damage is done. haven't already done so, here's

what to do right away: Move tender container plants under the eaves of a roof, on the porch, or even in the house if necessary.

Cover anything you can't move with an old sheet, a tarp or cardboard boxes. The covering should be anchored by stakes above the plant so there is an air gap between the plant and the covering. Cloth gives more protection than

The plant called "Flor de la Noche Buena" grows in the wild as a shrub from Mexico down to South America, covering the hills with its bright red foliage. Dr. Joel Poinsett, a United States minister to Mexico in the early 1800s, was visiting an area south of Mexico City and noticed this plant's showy mid-winter color. Cuttings of it were sent to a nursery in the United States, and by 1836 the plant was widely known as the "poinsettia" and sold as a Christmas houseplant. - Brenda Weaver

Sources: www.sundaygardener.net, wikipedia.org

plastic. Remove the covering in foliage helps to insulate the leaves. The morning sprinkling Mist garden plant foliage at washes away the frost before the

Bay-O-Vista • Asking \$980,000 3 bedrooms • 2-1/2 baths • 1,619 sf approx. Almost 1/4 acre lot • Sweeping Tahoe-like views • Top of the hill. Hardwood floors http://www.1760View.com Laurie Pfohl CRS • DRE # 00866660 LauriePfohl@gmail.com Coldwell Banker • 510-851-3551 • www.LauriePfohl.com

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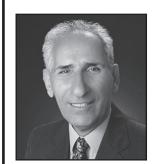
needs. Dave Adams 510-637-8136 Dave.adams@cbnorcal.com **Coldwell Banker** BRE # 01740758

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AGENTS^{IN}**ACTION**

One Day Flu Shot Clinic For San Leandro Residents

The Alameda County Public receive a free ready to heat fro- is more critical than ever for Health Department is giving a zen classic turkey meal. Please everyone to get a flu shot," said free flu shot clinic on Wednesday, call 510-577-3462 to register Mayor Cutter. "We must avoid Dec. 16, from 9 a.m. to 3 p.m. at for a flu shot appointment. the San Leandro Senior Commu-Leandro and Supervisor Wilma Chan.

"It is important to get a flu shot every year, especially for seniors, pregnant women, and those with chronic medical conditions," "This flu vaccination event is a perfect example of the City and County coming together to fight

years and older, including pregavailable.

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"We are in the midst of flu compromise our hospital and nity Center, 13909 East 14th St., season and another wave of health care system along with flu co-sponsored by the City of San Covid-19 cases. This year it symptoms that mimic Covid-19."

Chanticleers to Present said Supervisor Wilma Chan. It's a Wonderful Life **Radio Play on Saturday**

Streaming access is available and author. any time for 24 hours on Dec. 5 cleers Flex-Pass holders and \$10

drive-through appointments are access to the internet link, go to chanticleers.org. Flex-Pass hold-Each flu shot recipient will ers should contact the Chanticleers

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FAMILY

OWNED

The Chanticleers Theatre will directly for the discount code.

This production is directed by

a 'twindemic' and surges that

"This is a wonderful adaponly. Tickets are free for Chanti- tation of the film that retains all the warmth and drama, and it has long been a sentimental favorite For reservations, tickets and of mine," Chessman said. "We

> A wonderful adaptation of the film that retains all the warmth and drama.

have an excellent and versatile cast who bring their own loving spin to each of the characters that they portray. And, as I always say, the secret to directing is good casting!"

The show includes live sound effects. A cast of seven actors plays 44 different characters.

The talented cast plays the main characters, plus several other characters each: Roger Caetano plays George Bailey, Rhonda Taylor plays Mary Bailey, Conrad Cady plays Clarence the Angel and Uncle Billy, Barbara Perry plays Rose Bailey, Carson Campbell plays Joseph the Angel and Potter, Suzan Lorraine is the producer, performs live sound effects and plays four characters, and Bill Chessman is the director and plays two characters

Chanticleers Theatre is a nonprofit community theater that began in 1948. Today, Chanticleers Theatre is a 99-seat playhouse, serving Castro Valley and the East Bay, located in the Castro Valley Community Park.



the flu and keep our community healthy and resilient." Older adults who have not present It's a Wonderful Life, peryet received a flu vaccination are formed radio-style and available Bill Chessman, a longtime Bay strongly encouraged to partici- via streaming on Saturday, Dec 5. Area producer, director, actor, pate. The regular dose vaccine is available to individuals, 3

nant women. Children under 3 years old should be seen by for general admission. their pediatrician. Walk-in and

LOCAL DEATHS

Autumn leaves decorate the musical chairs in downtown San Leandro this week and

temperatures hovered up around 70 degrees in the month of December.

Geraldine Leyba

February 23, 1925 ~ November 7, 2020 Longtime Resident of Oakland

God called Gerry home at the age of 95 after a heroic challenge with Alzheimer's for several years. She was a very proud woman, all that knew her would say she was beautiful and a perfectionist.

Downtown Colors

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She loved sports and her family; she obviously outlived her generation. She enjoyed sewing, she made her grand-daughter, Jocelyn an adorable red and white gingham dress (toddler) which Jocelyn has passed down to her daughters, Coco and Giselle. She was an accomplished artist, making several sketches, some of her daughter, Sherry, Jocelyn and Kenny, a darling puppy for her sister Irene, and an abundance of record jackets of musicians from the 40's and 50's.

Gerry loved school! She was proud to be the 1st female President of Lockwood Jr. High School!! She belonged to the GAA (Girls Athletic Association), the Block C, the LKAC (The

Ladies of King Arthur Court), secretary of the 10th grade, and also played night basketball and night softball. She toured CA playing softball at Army Camps and Naval Bases. She loved driving around at Christmastime to enjoy all the lights and décor. Her insides lit up and a warm smile glowed upon her face! Some of her other interests included being a member of the Bogey Brigade Golf Club, 600 Club Bowling, bowling in National and State Tournaments, playing cards, water aerobics, and she loved to dance (especially with Chester). On the week- ends she enjoyed watching ice skating, Oakland A's (any-time), bowling, tennis, and football. It was so much fun watching the Warriors with her, she would have her jersey on and rooting for them all the way!! Gerry was well known for her spaghetti sauce (which her son now is well known for too) and her Veal Scallopini. Her favorite movie of all time was the Sound of Music and her favorite author was Nora Roberts.

One Thanksgiving she and Frank hosted in their beautiful home up on the hill. The family ad grown so much we had to setup 3 long tables in their living room, adorned with festive decor to celebrate their family, who all were her pride and joy.

She is survived by her 2 children, Mark (Vickie), Sherry and stepdaughter Wendi, 7 adored Grandchildren, Aaron, Jeff, Missy, Noah (Adela), Dustin, Jocelyn (Nicholas), Kenneth (Rebecca), 17 Lovable Great-Grandchildren, Lorelei, Finnegan, Becca, Chris, John, Isabel, Bryce, Bailey, Isis, Emilio, Isabella, Neena, Coco, Emmanuel, Giselle, Emma, Benjamin and many nieces and nephews, and dear friends along the way. Gerry was preceded in death by her beloved husband, Frank, her loving parents Joe and Lucy Freitas, brother, Harold (Bev), sisters Beverly Freitas and Irene (George) Pavao and her dancing partner, Chester (Wendi's partner of 25 years).

Her family would like to extend pure gratitude for all of the excellent care she received, especially from Hope Hospice. Also, all of the staff at Graham-Hitch Mortuary who took excellent care of her, including Chloe who made her look so beautiful for her daughter Sherry to see her for the last time.

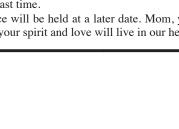
A Private Family Service will be held at a later date. Mom, you blessed all of us in so many ways, your spirit and love will live in our hearts forever.



PHOTO BY JIM KNOWLES

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12/2/20 5:23 PM

PG&E Offers Free Annual Safety Checks to Its Customers

the corner and the pandemic off during warmer months. enduring, PG&E is reminding of their in-home gas appliances. operating safely and efficiently, Schedule an inspection by calling reducing the risk of carbon mon-743-5000.

customers to call and schedule gas appliances-including water approximately 50,000 people will same when an employee visits, a free in-home safety inspection heaters, furnaces and ovens—are be sent to the hospital.

Carbon monoxide is especial-During the visit, PG&E will ly dangerous because it can't be tomers who have heaters or other to the Center for Disease Control, checks, wearing masks and nitrile tion levels are high. All California levels of carbon monoxide, such proper ventilation.

430 people die from accidental six feet of distance. Inspections help ensure that carbon monoxide poisoning and

In-Home Protocols

the customer helpline at 1-800- oxide exposure within the home. PG&E frontline employees are is being performed. adhering to strict safety protocols when visiting customers' homes, also relight pilot lights for cus- seen, smelled or heard. According including mandatory daily health tectors to warn when concentra- home that generate dangerous other natural gas appliances have

Gas Safety Tips

Install carbon monoxide de-

Customers are asked to do the tectors

and if anyone inside the home is should be installed on every floor, heating purposes. ill, that they isolate themselves near sleeping areas and common During the current pandemic, away from the room where work areas. These devices should be stay warm, make sure the flue is replaced if necessary.

Never use products inside the

With winter right around appliances that have been turned every year in the U.S. at least gloves and maintaining at least single-family homes are required as generators, outdoor grills, or to have carbon monoxide de- propane heaters.

Never use cooking devices Carbon monoxide detectors such as ovens or stoves for home

When using the fireplace to tested twice a year, and batteries open so venting can occur safely through the chimney.

Make sure water heaters and

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and must be under 300 words. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

Expert Opinions Not Sought Editor:

So our City Council has approved \$1.8 million to design and manage the development of the San Leandro Marina - \$597.190 to BKF Engineers and \$586,248 to Griffin Structures.

Nobody on the Council thought it would be a good idea to call the new City Council guy with a civil engineering degree from Stanford University and 20 years experience on the Oro Loma water board and get his opinion on the matter for free.

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Nobody on the Council thought to call our Parks & Rec guy either. Then again it's pretty clear that the words of Douglas Spalding and thousands like him went unheeded, unheard and utterly disregarded.

Didn't the East Bay Association of Realtors warn you that with the passage of Prop. VV the Council would blow all of your General Fund money like so much powdered snow? This is my promise: when all is said and done we will be \$1.2 billion in debt and the people living at Monarch Bay will be watching sharks, manta rays, stingrays, and sea lions swimming around out front in their newly acquired Aquatic Recreation Center on their wall-sized, high-definition TV sets.

-David F. Sigel San Leandro

Rodeo Laws Need Amending Editor:

The 2021 legislative session begins in early January. Most legislators decide in November which bills to carry. It's been said that people who care about animals comprise the single largest lobby in the country. Here are three bills needing an author:

(1) Amend state rodeo law, Penal Code 596.7, so as to require an on-site veterinarian or Registered Veterinary Technician (RVT) at all rodeos--the "on call" option is not working

(2) Ban the Mexican rodeo's ("charreada") brutal "steer tailing" event (now outlawed in Alameda and Contra Costa Counties, Nebraska and Brazil);

(3) Ban the rodeo's non-sanctioned "wild cow milking contest," children's "mutton busting" event,

and all animal "scrambles": cruel and dangerous for all concerned. All legislators may be written c/o The State Capitol, Sacramento, CA 95814.

Email pattern for all: senator. lastname@senate.ca.gov, assemblymember.lastname@assembly.ca.gov. As Gandhi noted, "The greatness

of a nation and its moral progress can be judged by the way its animals are treated."

-Eric Mills, coordinator Action for Animals Oakland

Election Not Over Editor:

The fake news media are ignoring, suppressing, and even dismissing altogether an enormous amount of evidence that indicates significant voting irregularities took place during the presidential election.

Additionally, there are serious inferences of fraud as it relates to the counting of ballots. Last minute rule changes, software glitches, count halts, ballot dumps, and statistical anomalies made their ugly appearances this election-go-round, all to the benefit of one party only.

Make no mistake, though, this election is in no way over! The mounting evidence continuing to surface presents a pressing need for a complete investigation and judicially supervised remedies, including recounts, audits, and even election do-overs!

In the case of this election, there are results that would not ordinarily occur without fraud. In Democratic-run swing states, where on election eve Pres. Trump was leading Biden, ballot counting inexplicably came to a screeching halt. A few hours later, massive amounts of ballots suddenly appeared. Few, if any of the votes, went in President Trump's favor.

OPINION

The Numbers: In Michigan, Biden at one point received a block of 138,000 votes. Nearly all of the votes added to his tally. This is a statistical impossibility. Data scientists have noticed other mathematical patterns that raise serious inferences of Election Fraud.

This election is Not over yet, getting to the bottom of all of it is not just about the 2020 election. Rather, it is about all future elections in America and whether representative democracy survives! People need to contact their state legislators to refuse to certify the election results until a thorough investigation is conducted.

> -Debbie Perreira San Leandro

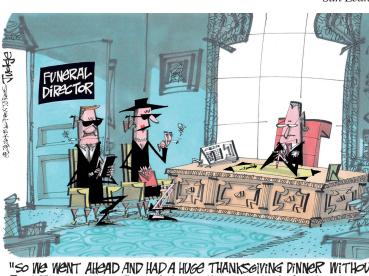
Doesn't Believe 'The Media' Editor:

Year after year I read the San Leandro Times and see all the hate mail toward Mr. West. Actually, he is the most honest and educated person about political and world issues than any other person I have read in the San Leandro Times newspaper. And I'm not just speaking for myself.

The world is so different now. You can't believe what the media says. They are full of lies. Leo, keep up with your writings. It's what many of us agree with you on. Erlich Smithman

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San Leandro



"So WE WENT AHEAD AND HAD A HUGE THANKSGIVING DINNER WITHOUT FACE MASKS OR SOCIAL DISTANCING AND NOW WE NEED TO SCHEDULE OUR NEXT BIG FAMILY EVENT."

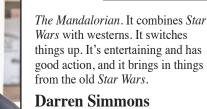
INQUIRING REPORTER

What's the best thing on TV?

- Asked downtown

Last Man Standing. The way they know how to get along with their daughters. He knows how to talk to his daughters and resolve things together. **Shelly Loza** San Leandro





Hayward

The Mandalorian on Disney+. We're a family with an 8 year old and a 10 year old and we all like it. It's on once a week and it's a good story.

> **Michael Etchells** San Leandro



Saturday Night Live and The Daily Show. Trevor Noah does The Daily Show now and he's great. Kate McKinnon on Saturday Night Live is so good. When she plays Hillary she shows her character defects but she's still likable.

Julia Seabrook Oakland



The Rachel Maddow Show. She's professional, the subjects are interesting and it's fact-based. And Don Lemon on CNN. He's personal and sincere and he follows the facts, also. **Dominic Gulley, Sr.** Oakland



Grants Available For Small Businesses

been forced to close or layoff tered by the East Bay Economic workers due to Covid-19 are eli- Development Alliance. gible to apply for one-time \$5,000 grants authorized earlier this for unreimbursed costs incurred month by the Alameda County Board of Supervisors.

The application period runs through Monday, Nov. 30, and utility payments for business is open to Alameda County busi- facilities nesses with up to 25 employees and to people who are self-employed.

To be eligible, the business or etc. self-employed person must have a valid local business license and ment (PPE), sanitation or health agree to follow State of California and safety equipment and Alameda County Department of Public Health Covid-19 ment or platforms guidelines for maintaining a safe workplace.

The Board of Supervisors signage, outdoor seating, etc. allocated \$5 million in federal Coronavirus Aid, Relief and answers to frequently asked Economic Security (CARES) Act questions and to apply, go online funds for the small business grant to eastbayeda.org/grants.

Small businesses that have program, which is being adminis-

Grant funds may be used between March 17 and Dec. 30, 2020, for the following:

• Rent, lease, mortgage and Pavroll

• Operating expenses such as supplies, materials, insurance,

· Personal Protective Equip-

• Digital technology equip-

· Interior and exterior physical adaptations, such as partitions,

For more information,

On this Day in History – Dec. 3

from Columbia.

In 1967: The first human

Africa. Union Carbide pesticide plant is over.

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In 1586: Sir Thomas Herriot leaked 45 tons of methyl isocvand over half a million injured. In 1989: Soviet Union Pres-

transplant is performed in South ident Mikhail Gorbachev and In 1984: In Bhopal, India, a H.W. Bush declare the Cold War more nearby.

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DID YOU KNOW

support programs.

During the fall months, drivers face an increased risk of animal-related crashes as deer and other wildlife begin to migrate and find their way onto highways and into suburban neighborhoods.

As a result, more animal collisions occur in this period than any other time of the year.

According to the Insurance Information Institute, there are more than half-a-million deer-vehicle collisions each year. In California last year, the average animal-related auto claim for nsurance customers was \$4,525.

"Although deer and other animals are unpredictable, there are actions you can take to help prevent an accident or reduce the damage from an animal collision," said Sergio Avila, AAA Northern California spokesper-

Be attentive in the early morning and evening. Many no oncoming traffic. At night, so they don't know which way to to ensure you have adequate active during prime commuting and 5 p.m. to 8 p.m.

Slow down and watch for ously sweep your eyes across the road for signs of animals. Deer rarely travel alone, so if you see

animals sooner. The light reflect- of oncoming vehicles. hours - roughly 5 a.m. to 8 a.m. ing off their eyes may also reveal their location.

> may frighten large animals away from your vehicle.

animals, especially deer, are most your brights can help you spot run. It can also put you in the path coverage.

More animal collisions occur in the fall when wildlife migrates.

The chances of getting injured immediately to help remove Honk your horn with one long when hitting an animal are much the animal. Make note of date, introduces potatoes to England anate, killing over 2,200 people other deer to appear. Continu- blast. A long blast on your horn higher if you aren't wearing a time, location, weather and road seatbelt.

Animal collisions are cov-Use brakes if impact is immi- ered by most auto insurance to do so, to document the incident United States President George one, there are likely to be one or nent. If an animal is in your path, policies, but only if the vehicle for insurance purposes. stay in your lane. Swerving away has comprehensive coverage. Use high beams when there's from animals can confuse them, Contact your insurance agent AAA.com.

If You're Involved in a Always wear a seatbelt. Crash, call law enforcement conditions.

Take photographs, when safe

For more information, visit

Hope Hospice to Present 'Living With Dementia' Live Webinar

Hope Hospice in Dublin is for the duration of the pandemic. to express their needs. The next program, "Living

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As the conditions that cause improve communication and presenting its popular Family dementia progress, communi- promote meaningful connections. Caregiver Education Series in cation becomes challenged and the form of interactive webinars persons living with dementia in- service. Participants do not have that will be presented over Zoom creasingly rely on their behaviors to have a loved one in the Hope

In this webinar, family care-With Dementia: Behaviors as givers will gain an understanding pice.com/family. For more infor-Communication," will be held of how to assess, interpret, and mation, call 925-829-8770. on Thursday Dec. 10, from 10 to respond to dementia-related behaviors in a manner that can

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entertainment and home automation systems one step at a time.

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NextStep

SUNDAY 11:11 A.M.

The series is a free public

Hospice service.

To register, visit HopeHos-

Nominate Someone to The Women's Hall of Fame

Nominations are being accepted for the Alameda County Women's Hall of Fame, honoring exceptional women making a difference in our community.

Honorees will be celebrated in 2021 during an event co-hosted by the Alameda County Board of Supervisors and the Alameda County Commission on the Status of Women.

Nominations may be made in 13 categories: Business & Professions; Community Service; Culture & Art; Education; Emerging Leader; Environment; Health; Justice; Non-Traditional Careers; Philanthropy; Science, Technology, Engineering and Mathematics; Sports & Athletics; and Youth. Visit acgov.org/ whof/nominations.htm for more information.

ivest in 11:30 a.m. **FREE In-Home Consultation!** Register Today www.chabotcollege.edu 510-473-2887 **Castro Valley** brian@nextstepae.com | www.nextstepae.com Spiritual, but not religious? Watch 11:11am Live-stream at unitysanleandro.org or on Facebook Live We emphasize spirituality more than religion. We believe there are many paths to God. We show you how to transform your life through CHABOT practical spiritual principles. Everyone is welcome. COLLEGE www.unitysanleandro.org Unity Church of San Leandro P.O. Box 2018, San Leandro, 94577

16 NEWS 12-03-20 .indd 1



