



Labor Day Dishes
HAMBURGERS, DEVILED EGGS
STRAWBERRY SHORTCAKE! 4

WEEKEND WEATHER
CLOUDY
Partly Cloudy thru Sunday
HIGHS: 73-79
0 10 20 30 40 50 60 70 80 90 100 110
LOWS: 59-61

FRIDAY

SATURDAY

SUNDAY

San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 34 • NO. 35 THURSDAY, AUGUST 29, 2024 SAN LEANDRO • CALIFORNIA



PHOTO BY BERNARD DUER

Vincent Bad Heart Bull, left, with a couple of his paintings. Vincent can sometimes be seen painting at the Estudillo Center on MacArthur Boulevard.

Native American Artist's Historical Ties

By Mike McGuire
San Leandro Times

Local residents know a man named Vincent who talks with people and sometimes paints at the Estudillo Center on MacArthur Boulevard. But they may not know that Vincent Bad Heart Bull spent a lifetime painting about what he's seen and experienced both as an individual and as a member

of the Sioux Nation. His last name, Native in origin, refers not to a medical condition but to his ancestors having a troubled heart as they saw the world. Vincent's paintings don't hang in famous museums, but his friends and people in the community do own them, and he continues to paint. "I try to show what my father saw, what we're seeing in the world," he said.

"People see different things." That's true of both the world, and of his paintings, Vincent explained. "People see things in them I don't see." Vincent's grandfather, Amos Bad Heart Bull, was a famous Native American artist who chronicled the Sioux for decades in stories, drawings and paintings. His grandfather contributed

see ARTIST, page 11

School Board Candidates Running Unopposed

All four candidates running for the San Leandro school board are shoo-ins — no opposition

By Michael Singer
San Leandro Times

Four open seats will be filled this November to serve on the San Leandro Unified School District (SLUSD) Board of Education. But none of the candidates' names will appear on the November 5 General Election ballot. That's because they're all running unopposed. "No election will be held since only one candidate filed

for our open trustee Areas 1, 3, 5, and the at-large position," said school district spokesperson Keziah Moss. And because of that, the Alameda County Registrar of Voters will forego adding any SLUSD board names to the ballot this fall. San Leandro's more than 8,000 students attend 14 districts see SCHOOL BOARD, page 11

Police Arrest Man for Shooting at 7-Eleven

By Michael Singer
San Leandro Times

A San Leandro convenience store clerk is still recovering from a gunshot to the belly he received during a robbery attempt on August 21. Police arrested a man for the shooting the next day. He will remain in jail without bail and made his first court

appearance this week. Anthony Craft, 30, of Oakland entered a plea at the Alameda County Court in Dublin on Tuesday to 18 felony and misdemeanor charges. Craft also had a warrant for a theft. The Alameda County District Attorney's Office charged Craft with attempted homicide see ARREST, page 10

Student Returns to Halkin School To Complete Eagle Scout Project

Bennett Wieser, a SLHS senior, achieved his Eagle Scout rank in late June 2024 with the help of family, friends, and fellow male and female Scouts. Bennett chose the Halkin Elementary School garden as the site of his Eagle project. He wanted to make the garden safer for students, to build additional planter boxes, and to update the garden sign to reflect the school's new name (formerly Wilson Elementary). Volunteers helped build and install two new planter boxes, removed overgrown and thorny bougainvillea, leveled uneven ground, and installed the new garden sign. The sign was based on 5th grade student artwork and painted by students in Ms. Sam Miller's after-school art class. Following the completion of the project, Halkin students voted for new California native plants to add to the garden, and 3rd see SCOUT, page 10



PHOTO COURTESY OF LOUISE SHAW

Bennett Wieser at the garden he restored at Halkin Elementary.

INSIDE YOUR TIMES

BOOKS
Program provides free books to young readers. **Page 2**

HISTORY
Historians to speak on September 7. **Page 3**

RUNNING
SL runner completes cross country trek. **Page 12**

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MEETING SCHEDULES

CITY COUNCIL

Council meets on the first and third Monday of each month at 7:00 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Zaira Duncan at 667-3522.



San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

EDITORIAL

Howard Morrison
Editor and Publisher
howardm@ebpublishing.com

Jim Knowles
Managing Editor
jimk@ebpublishing.com

Contributing Writers
Buzz Bertolero
Mike McGuire
Michael Singer
Carl Medford
Linda Sandsmark

PRODUCTION

Howard Morrison
Manager

Moxie Morrison
Assistant

Claudette Morrison
Business Manager

ADVERTISING

Display Advertising
Claudette Morrison
Classified Advertising
Patrick Vadnais

HOW TO REACH US

San Leandro Times
2060 Washington Ave.
San Leandro, California 94577
Office hours: Weekdays, 9 a.m. to 5 p.m.
Main Office: (510) 614-1555
Newsroom: (510) 614-1557
Sports: (510) 614-1561
Advertising: (510) 614-1555
Classified: (510) 614-1558
Fax: (510) 483-4209
Email: jimk@ebpublishing.com
www.ebpublishing.com



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Hundreds of Books Picked Up by Local Students at Books Inc.

The nonprofit organization Reading Bridge recently hosted a free book giveaway in collaboration with Trustee Area 4, Leo Sheridan of the San Leandro Unified School District.

The event at Books Inc. in San Leandro on Saturday, Aug. 3, aimed to put books directly into the hands of young readers at no cost to their families.

The initiative aims to foster a love of reading and provide equitable opportunities for local students.

The Reading Bridge team set up colorful displays of titles with captivating covers and diverse stories from picture books to chapter novels. By the end of the day, nearly 200 children had a new, free book under their arm.

"I want to thank Reading Bridge and Books Inc. for partnering with me in our 1st Annual Book Giveaway to benefit the youngest readers

in San Leandro," said Sheridan, a main facilitator of the giveaway.

"Executive Director Vanessa Liu and her staff were amazing and knocked it out of the park," Sheridan said. "Thank you to Assembly Member Liz Ortega for stopping by. And lastly, a big thank you to Ed Hernandez, SLED, CA Systems and San Leandro Color for their financial support. I look forward to next year!"

Vanessah Liu, Executive Director of Reading Bridge, said: "Removing the financial barrier when we ask a student what their reading interest is and matching them with the perfect book, it's like giving them a key to a world of possibilities and showing them that their preferences and passions are important."

With the giveaway concluded, students clutched their new books, their smiles radiant. For many, this event marked a moment driving



Young readers picked up books for free at the Reading Bridge giveaway.

an interest in literacy—a gift that will continue to enrich their lives.

Reading Bridge stands out for its dedication to young readers with a mission to ensure children across the San Francisco Bay Area are provided access to new, diverse, and inclusive books regardless of socio-economic status and empowering educators to help

their students foster a lifelong love of reading.

Become a donor and help empower children in your community to develop a love of reading and find the stories that speak to them.

For more information, visit www.thereadingbridge.org.

Adult School Open House Tonight

The San Leandro Adult & Career Education Center, 1448 Williams St., will host its bi-annual Career Technical Education Open House

on Thursday, Aug. 29, at 6 p.m. Explore the new nursing programs and many other certificated training programs and classes: Accounting, Administrative Assistant, Barber & Cosmetology, Clinical Medical Assistant, Computer Classes, Home Health Aide, Homecare Worker, Intro to Medical Careers, Medical Billing & Coding, Medical Front Office Assistant, Medical Terminology, Nurse Assistant Program, Paraeducator Test Prep., Payroll Technician, Pharmacy Tech, Veterinary Assistant, Vocational Nursing Program.

For more information, call 510-667-6250 or visit sanleandroadultschool.org.

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Community Calendar

Alta Mira Club Salad Bar Extravaganza

The Alta Mira Club, 561 Lafayette Ave. in San Leandro, will host a Weddings through the Ages – Salad Bar Extravaganza on Saturday, Aug. 31, at noon. Fashions by the San Leandro Players and Alta Mira members and friends. Tickets are \$35. For reservations, call Gayle Hamilton at 510-638-8765 or Linda Klass at 510-914-5684.

Annual Dahlia Show — Free Admission

The San Leandro Dahlia Society will present the annual dahlia show Saturday, August 31, from 11 a.m. to 4:30 p.m. at the San Leandro Main Library, 300 Estudillo Ave. Dahlias come in a variety of sizes, shapes and colors and will amaze everyone. No charge for admission. Hundreds of blooms. More information can be found on our the SL Dahlia Society's website, slds.club.

Tacos and Beer Latin Heritage Festival

Everyone is invited to the San Leandro Tacos & Beer Latin Heritage Fest on Friday, Sept. 6, from 4 to 9 p.m. in downtown San Leandro, sponsored by the Downtown San Leandro Community Benefit District. The festival will feature food trucks, tacos, a beer garden, folkloric dances, 1 hour live BANDA, classic cars, vendors, and more.

Meet the Author of *West With Giraffes*

The San Leandro Library will present an exciting evening with Lynda Rutledge, the author of this year's community read book, *West With Giraffes* on Thursday, Sept. 12, from 6:30 to 7:30 p.m. at the San Leandro Main Library, 300 Estudillo Ave. Lynda will share insights into her writing process, the inspiration behind this epic adventure, and the journey of bringing her characters to life. Don't miss this opportunity to ask your questions and get your book signed. Come and explore the fascinating behind-the-scenes stories of *West With Giraffes*.

Rides and Readers Car Show

The San Leandro Public Library's 3rd Annual Rides and Readers Car Show will be held on Saturday, Sept. 21, from 9 a.m. to 1 p.m. at the Main Library, 300 Estudillo Ave. Enjoy old and classic cars and learn about library resources and programs. Admission is free. For more information, call 510-577-3971.

Senior Citizens Exercise and Meditation

First United Methodist Church, 1600 Bancroft Ave. in San Leandro, invites senior citizens for seated exercise and guided meditation followed by conversation over healthy refreshments on Tuesday mornings from 10 to 11:30 p.m. from Sept. 10 to Nov. 12. Nurture your body, mind, and spirit while building community. Meet in the Chapel which is entered from Bancroft Ave. All are welcome, non-denominational. For more information, call the church office at 510-483-0606, Tuesday through Friday from 9 a.m. to 1 p.m.

Special Education Meeting on Zoom

Community Advisory Committee for Special Education (CAC) will have a Zoom meeting on Thursday, Sept. 19, from 5 to 6 p.m. Contact 510-537-3000 ext.1220 for information to attend online. CAC is a group of parents, community members, teachers and administrators working collaboratively to create an informed community which supports students' educational and learning experiences. The CAC also provides workshops, assist parents in understanding the special education programs and services.

Volunteer for Library's Homework Help Program

The San Leandro Library is seeking enthusiastic volunteers to join the Homework Help program at the Manor Branch Library, 1241 Manor Blvd. in San Leandro. Starting Oct. 1, volunteers are needed just two days a week, from 3:30 to 5 p.m. Whether you excel in math, science, languages, or simply enjoy assisting students with their studies, your support can make a real difference in our community. No teaching experience is necessary — just a willingness to lend a helping hand. Become a vital part of the library's mission to empower students and foster academic success. To sign up or for more information, contact Samira Habibi at shabibi@sanleandro.org or 510-577-3956.

Slide Show on the East Bay in 1900

Historian Richard Schwartz will present a slide show of historical photographs as he tells stories of everyday life in the East Bay at the turn of the century on Saturday, Sept. 7, at 2 p.m. at the Little Brown Church, 384 W. Estudillo Ave., behind Casa Peralta, presented by the San Leandro Historical Society.

Schwartz's book, *Berkeley 1900: Daily Life at the Turn of the Century*, picked by the San Francisco Chronicle as a Holiday Gift Book of the Year, will be available for purchase after the presentation.

Find more information at www.sanleandrohistory.org, or call 510-969-0975 and leave a message.



The East Bay in 1900, from the cover of Schwartz's history book.

Historian to Speak About Casa Peralta

San Leandro History Museum, 320 W. Estudillo Ave., will present information about Casa Peralta from guest speaker and historian Cindy Simons on Saturday, Sept. 7 from noon to 1 p.m.

This program is suitable for all ages and will include instruction about the new interactive project 'Don Quixote and the Casa Peralta Tiles' in

the Casa Peralta grounds.

Registration is required. Visit: <https://tinyurl.com/casaday> to register.

Casa Peralta Workshop each Wednesday in September

Explore the rich cultural heritage of the Casa Peralta through a captivating blend of historical insights and creative expression every Wednesday in September (Sept. 4, 11, 18,

and 25) from 1 to 4 p.m. Drop-in (no registration required for this activity).

Experience the San Leandro History Museum and explore the Historic Casa Peralta Tiles in the Casa grounds, learn about their significance in the historical context. Engage in a hands-on workshop where you'll create your own tile designs inspired by this

historic masterpiece on a terracotta tile.

Whether you're an art enthusiast, history buff, or simply curious, this program offers a delightful journey into the past, celebrating the enduring legacy of the Casa Peralta tiles through artful exploration and creative inspiration. This program is intended for ages 10+.

Apply Now for Youth Advisory Commission

Mayor Juan González and the San Leandro City Council invite local youth to submit applications for the 2024-25 Youth Advisory Commission (YAC).

Commissioners advise the

City Council on youth-related issues and provide recommendations on projects and events. They also learn about roles, services, and local government programs. YAC meets at 6 p.m. on the 1st and 3rd Tues-

days throughout the school year at the Marina Community Center, 15301 Wicks Blvd. in San Leandro.

The Commission consists of 21 members who represent the diverse youth community

in San Leandro. To be eligible, youth must live in San Leandro or attend a school that serves San Leandro residents, be in grades 9, 10, 11, or 12, and commit between six to eight hours per month for meetings and project involvement.

Each commissioner is appointed to serve a one-year term and may be renewed for three terms thereafter if they remain in high school.

Apply by completing an online application at SanLeandro.org/YAC. Applications should be submitted by Friday, September 6.

For more information, contact Liz Hodgins, YAC Secretary, at 510-577-3473 or youth@sanleandro.org.

LEGO Club Meets on Thursdays; Building Bridges

Use your own imagination and creativity to create your own LEGO bridge on Thursday, Sept. 5, at 4 p.m. at the

San Leandro Main Library, 300 Estudillo Ave. The library will supply the LEGOs, you build. That this is a program

series that occurs on the first Thursday of every month with different theme. For ages 5+. No registration needed.

Calendar Submissions

The Community Calendar is for publicizing nonprofit organizations, charities and community groups. Items can be emailed to jimk@ebpublishing.com or call 510-614-1557.

I.D.E.S. St. John Pizza & Bingo

I.D.E.S. St. John, 1670 Orchard Ave. in San Leandro, will host a pizza lunch and Bingo on Saturday, Sept. 21, at noon. Tickets are \$15 and includes a salad, pizza and dessert and four Bingo cards.

Extra Bingo cards for 25 cents each. For tickets, call Jenet Re at 510-483-1132, or Willie Calvo at 510-207-6326.

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Labor of Love: Celebrate the (Un)official End of Summer

Labor Day is next Monday, September 2. This federal holiday, celebrated on the first Monday of September, honors and recognizes the American labor movement and the works and contributions of laborers to the development and achievements of the United States.

For most of us, we see it as a final hurrah, an ode to the unofficial end of the summer season. So, before the days begin to get shorter and the temperatures (and leaves) begin to fall, why not take the opportunity to have an outdoor celebration while the weather is still pleasant.

Here are a few of our favorite better-served-outdoor recipes to try this Labor Day. You will not be disappointed.

CLASSIC CHEESEBURGERS

Safflower oil, for grill
1-1/2 pounds ground-beef chuck (80 percent lean)
Salt and freshly ground pepper
4 slices sharp Cheddar cheese
4 large hamburger buns
1 beefsteak tomato, cut into 4 slices
1/2 onion, cut into 1/4-inch rings
4 teaspoons mayonnaise
4 lettuce leaves (green-leaf, Boston, romaine, etc.)

Preheat grill to medium-high; brush grates with oil.

Gently form beef into four 1-inch-thick patties, about 4 inches in diameter. Make an indentation in the top of each patty. Generously season both sides with salt and pepper.

Grill burgers 3 minutes. Flip, top with cheese, and grill 4 minutes for medium-rare. Toast buns face-down on grill until just lightly charred, about 30 seconds. Spread them with mayonnaise.

Place burgers in buns with to-mato, onion, and lettuce. *Yields 4 burgers.*

PICNIC BBQ CHICKEN

1/2 cup Grey Poupon yellow mustard
1/3 cup packed brown sugar
3 tablespoons vegetable oil
2 tablespoons cider vinegar



1 pound fresh boneless chicken breasts

Mix mustard, brown sugar, oil and vinegar. Divide mixture in half.

Rinse chicken; pat dry. Place chicken breasts on the grill, and baste with half of the mustard glaze. Cook until internal juices run clear and meat thermometer in thickest part of the chicken reads 170°F. Serve with remain- ing glaze. Refrigerate leftovers immediately. *Makes 4 servings.*

GOLDEN SLAW

2/3 cup mayonnaise
1/2 cup mustard
2 tablespoons cider vinegar
1 small green or red

cabbage, shredded (about 6 cups)
2 medium carrots, shredded (about 1 cup)
2 tablespoons chopped fresh parsley

Blend mayonnaise, mustard and vinegar in large bowl. Add cabbage, carrots and parsley; toss to coat well. Refrigerate at least 30 minutes to blend flavors. *Serves 8.*

DEVEILED EGGS

6 hard-cooked eggs
3 tablespoons mayonnaise
1 tablespoon sugar
1 teaspoon mustard
1 teaspoon vinegar
Salt and pepper to taste
Garnish: paprika

Place eggs in a pan large enough to hold them in a single layer and add cold water to cover them by an inch. Bring the water to a boil, then reduce heat and simmer uncovered for 12 to 15 minutes.

Plunge eggs into iced water and cool until just warm. Tap the eggs all over against a hard surface and remove shells and inner membrane, beginning with the large end, by rolling the egg between the palms of your hands.

After peeling, slice eggs in half lengthwise and carefully remove the yolks, leaving the whites intact.

Lightly mash the yolks with the mayonnaise that has been combined with the sugar, mustard, vinegar and salt and pepper. Heap the mixture into the whites with a spoon and refrigerate. Garnish with paprika.

Yields 6 servings.

Note: Deviled eggs may be pre- pared the night before, but they should be removed from the refrigerator a half hour before serving.



Don't Forget The Dessert

STRAWBERRY SHORTCAKE

2 cups flour
1/4 cup sugar
4 teaspoons baking powder
1/4 teaspoon salt
Dash nutmeg
1/2 cup butter or margarine
1/2 cup milk
2 eggs, separated
Additional sugar
2 pints of fresh strawberries, stemmed and sliced
1 cup whipping cream, whipped and sweetened

Sift flour, sugar, baking powder, salt and nutmeg into a large bowl. Cut in butter to resemble coarse meal.

In a bowl, blend meal and egg yolks with a fork. Stir into flour mixture to make a soft dough. Divide dough into 6 portions, form into balls. Pat balls out on greased baking sheet into 3-inch circles, moistening fingers with egg whites. Brush biscuits with egg whites and sprinkle with sugar.

Bake in preheated 425°F oven 10 to 12 minutes until golden. Remove to rack and cool. Sweeten strawberries to taste. Halve biscuits horizontally. On plates, fill and garnish with strawberries and whipped cream. *Serves 6.*

HOROSCOPE by Salomé

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ARIES (March 21 to April 19): Impatience with those who don't keep up with you can cause resistance, which, in turn, can lead to more delays. It's best to be helpful and supportive if you want good results.

TAURUS (April 20 - May 20): A surprise announcement from a colleague could put you on the defense. Gather your facts and respond. You'll soon find the situation shifting in your favor.

GEMINI (May 21 to June 20): The time spent away from a project pays off with a new awareness of options that you hadn't considered before. Weigh them carefully before deciding which to choose.

CANCER (June 21 - July 22): Consider confronting a personal conflict while there's still time to work things out. A delay can cause more problems. A longtime colleague might offer to mediate.

LEO (July 23 - August 22): Some emerging matters could impede the Lion's progress in completing an important project. Best advice: Deal with them now before they can create costly delays.

VIRGO (August 23 - Sept. 22): Your aspect continues to favor an expanding vista. This could be a good time to make a career move, and taking an out-of-town job could be a good way to do it.

LIBRA (Sept. 23 - October 22): Disruptive family disputes need to be settled so that everyone can move on. Avoid assuming this burden alone, though. Ask -- no, demand help with this problem.

SCORPIO (October 23 - November 21): Patience is called for as you await word on an important workplace situation. A personal circumstance, however, could benefit by your taking immediate action.

SAGITTARIUS (Nov. 22 - Dec. 21): Don't lose confidence in yourself. Those doubters are likely to back off if you demand that they show solid proof as to why they think your ideas won't work.

CAPRICORN (Dec. 22 - Jan. 19): A temporary setback might cause some unsettling moments for the usually sure-footed Goat. But keep going! The path ahead gets easier as you move forward.

AQUARIUS (Jan. 20 - Feb. 18): There's welcome news from the workplace. There could also be good news involving a relationship that has long held a special meaning for you.

PISCES (Feb. 19 - March 20): You still might need to cut some lingering ties to a situation that no longer has the appeal it once held. In the meantime, you can start to explore other opportunities.

CROSSWORD PUZZLE ANSWERS

R	I	C	A		M	A	M	A		Q	T	S
V	A	I	L		U	R	A	L		U	A	W
E	G	A	L		S	T	Y	E		I	R	A
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Boys & Girls Club to Celebrate 77 Years with Rock the Block And the Total Teen Takeover

The Boys & Girls Club of San Leandro invites the community to a weekend of celebration, fun, and learning as it marks 77 years of service.

On Friday and Saturday, Sept. 6 and 7, the club will host two dynamic events: the “Rock the Block” Community Festival and the inaugural “Total Teen Takeover.”

On Friday, Sept. 6, from 4 to 8 p.m., the club presents the first-ever Total Teen Takeover at the club’s dedicated Teen Clubhouse. Teens will experience a unique evening complete with food and drinks, live DJ music, and a fun activities, including a gaming tournament, human foosball, and a red ball wipeout match. This event is designed to give teens a safe space to explore their interests, connect with peers, and have a good time.

The celebration continues on Saturday, Sept. 7, with the Rock the Block Community Festival at the Teen Clubhouse, running from noon to 5 p.m. This free event offers families and members of the community the opportunity to engage in immersive learning experiences and hands-on activities that highlight the life of a “Club kid.”

Among the activities planned are climbing a fire truck with the Alameda County Fire Department, playing miniature golf, courtesy of Monarch Bay Golf Course, enjoying ice cream sundaes from Ghirardelli Chocolate Company, and scoring goals with Oakland Roots Soccer.

In addition to these engaging activities, guests can sign up for a club membership and learn about the club’s various program offerings and job openings.



These events reflect the Boys & Girls Clubs of San Leandro’s ongoing dedication to fostering positive youth development. The organization celebrates 77 years of service, committed to providing safe spaces where young people can learn, grow, and thrive.

In addition to the day’s fun activities, families will have the opportunity to learn more about the Club’s extensive program offerings and explore job openings. The Club’s programs are supported by California’s Expanded Learn-

ing Opportunity Program (ELO-P), which enables the organization to further extend its reach and impact within the community.

RSVP: The Boys & Girls Clubs of San Leandro encourages all interested attendees to RSVP at <https://www.tinyurl.com/Rtb2024RSVP>.

Teen Registration: Parent/Legal guardian registration is required for teens to attend the Total Teen Takeover event on September 6th. Registrations is available at <https://tinyurl.com/Total2024>.

HEALTH & FITNESS

Six Easy Ways to Start Exercising

By Mitch Rothbardt
Special to the Times

I recently heard someone say that personal trainers always preach to the converted.

In other words, everything we talk about tends to be focused on people who already know something about exercise and nutrition. In light of that, I want to talk to people who want to start exercising but don’t know how.

Here are six easy ways to start exercising.

1. Walk. If you’re starting from zero, the first step is simply to go for a walk. If you never walk, start with an easy 10-15 minutes once a week. It’s that simple. The key is picking something you know you can do and building on it.

2. Be honest and realistic about your goals. So many people think they should “lose

weight” or “get in shape” just because they think that’s what they’re supposed to do. Take the time to figure out what you really want, and why, and you’ll have a much better chance of achieving it.

4. Have fun. Figure out something you like doing and do it. Don’t like lifting weights? Maybe that’s not for you. Remember, we’re just talking about getting started, so make it something you enjoy so you’ll stick with it.

5. Keep it simple. I know this can be overwhelming, but don’t let that get to you. It’s not as hard as some make it out to be. In fact, the simpler you make it, the better your chance of success.

6. Talk to someone. Did you know there are people who specialize in helping people who have never exercised and getting them started

in a safe, fun, and effective way? Find someone you’re comfortable with and who’s worked with others like you.

It’s about progress, not perfection. Everyone wants results, but feeling like you are miles away from your ultimate goal makes it harder to get started. Just think about getting a little better consistently. It’s more realistic and *BONUS* it’s actually better for you in the long run!

My motto is, “The best thing you can get from a workout is the desire for another one.” If you start exercising with that in mind, you’ll likely stick to it. If you stick to it, well, that’s when the results start happening.

Mitch Rothbardt is the owner and head trainer at Castro Valley Fitness. He can be reached at Mitch@CastroValleyFitness.com.

Adopt-A-Pet



The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are kittens and guinea pigs.

Kittens are here. The shelter has a good variety of males and females, short hair and long hair, hyper kittens and

sleepy kittens – the right kitten for you.

Guinea pigs have been at the shelter for almost a year now. Come down to Hayward Animal Shelter and check out the cute, scruffy, young guinea pigs looking for a good

home.

To adopt or meet the kittens or guinea pigs, call the Hayward Animal Shelter at 510-293-7200.



Guinea Pigs

SL Players to Hold Auditions For *The Madwoman of Chailot*

San Leandro Players will hold auditions for the fall 2024 production of *The Madwoman of Chailot*.

The *Madwoman of Chailot* is a comedic fantasy that centers around a plot by a group of corrupt business executives who are planning to dig up the streets of Paris so they can pump oil that they believe lies beneath.

Reading from sides from

the script, no need to prepare a monologue. Open to diverse casting.

Auditions are at 7 p.m. on Tuesday, Sept. 3 and Wednesday, Sept. 4 (September 5th callbacks, if necessary) at the San Leandro Museum/Auditorium 320 West Estudillo Ave, San Leandro (next to the historic Casa Peralta. No appointment necessary—if interested, contact Daniel Dickinson at

danielrdickinson@gmail.com

Non-AEA, no pay; all ethnicities and ages encouraged.

Rehearsals from Sept. 9 to Oct. 24 (Monday through Thursday from 7 to 9 p.m.), plus October 25 (dress rehearsal).

Performances Oct. 26 through Nov. 24; Saturdays at 8 p.m.; Sundays at 2 p.m., plus Fridays at 8 p.m. Nov. 15 and Nov. 22.



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REAL ESTATE GALLERY

REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY



Prop 19 Opens the Door for Statewide Moves

By Carl Medford, CRS
Special to the Times

My daughter, a new homeowner living in another state, called me excitedly to announce, “Dad, the county just doubled my house value!” “Don’t get excited,” I responded, “they upped your value to increase your property taxes.”

Thanks to Prop 13, California residents do not face this scenario. Approved on June 6th, 1978, property taxes are fixed at the point of purchase and increases are limited to 2% annually

until the property is sold or upgraded with permits. Rather than seeing yearly gains like most homes elsewhere in the country, California homeowners benefit from consistent, predictable tax bills year after year.

Under Prop 13, property taxes are set at an average rate of \$1.25 per thousand dollars of purchase price. As an example, a home purchased for \$400,000 would have their property taxes set at \$5,000/year. Some counties, such as Alameda, also provide a one-time credit upon purchase that can lower taxes up to \$70

a year.

While a boon for those living in their homes a long time, due to the rampant increases in home values, a problem arose when homeowners wanted to sell and relocate elsewhere in California. As an example, a couple who bought an Alameda County home for \$400,000 in 1999 sold that home in 2021 for \$2,000,000. The couple had made a number of improvements over the years so that at the point of sale, their taxes had risen to \$7,344. Upon the sale, however, the new owners were confronted with a yearly tax burden of \$24,310/year – a whopping increase of \$16,966/year. As a result of these increases, many sellers who wanted to relocate chose to stay rather than incur higher taxes when they moved – even if the home they bought cost less than the home they sold.

To compensate, California introduced two bills:

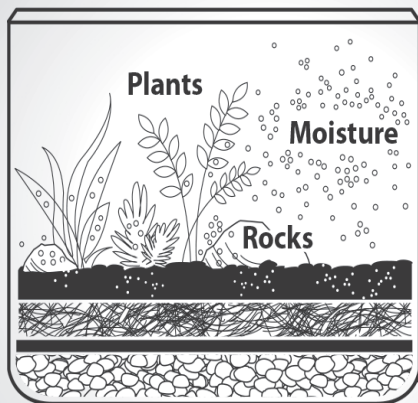


Make a terrarium

A terrarium is an

enclosed, clear container with plants growing inside. Once the plants are gently watered then enclosed, a mini-environment is created. Moisture is transpired through the leaves, condenses on the inside of the container, then flows back to the soil. Begonias, ferns, swedish ivy and pothos do well in terrariums. – Brenda Weaver

Source: www.thegardenhelper.com



Lid
Clear glass container
Plants
Moisture
Rocks
Soil
Sphagnum moss
Charcoal
Pebbles

Prop 60 allowed 55+ aged homeowners to transfer their existing property tax base to another home in the same county. Prop 90 allowed transfers between cooperating counties. Unfortunately, only a few counties participated, dramatically limiting the choices for 55+ homeowners.

Realtors lobbied for an expanded policy and in 2020, Prop 19 passed allowing transfers across all 58 counties in California. Consequently, eligible homeowners can relocate state-wide without worrying about significant tax increases. Qualifying persons wishing to relocate should contact the county assessor's office in the county they wish to move to since each county has separate local nuances, documentation requirements and deadlines.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

**Michelle Ross Miller**
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The 30-Year Fixed-Rate Mortgage Lingers Just Under 6.5 Percent

Although mortgage rates have stayed relatively flat over the past couple of weeks, softer incoming economic data suggest rates will gently slope downward through the end of the year. Earlier this month, rates plunged and are now lingering just under 6.5 percent, which has not been enough to motivate potential homebuyers. Rates likely will need to decline another percentage point to generate buyer demand.

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Pruning Doesn't Interfere with Azalea's Blooming

By Buzz Bertolero
The Dirt Gardener

Q My white Azalea has grown about three feet tall and four feet wide. The white flowers cover the plant when it blooms. How do I prune it and still maintain the heavy blooming?

A The best time to prune Azaleas is after they finish blooming. However, it still can be done now. You can shape the plant by trimming it lightly with a pair of hand shears or heavily with an electric trimmer. Pruning doesn't interfere with the blooming cycle. The size of the canopy usually dictates the mass of color as Azaleas bloom on the current year's growth. I wouldn't expect you to see much new growth if you prune now. So, the canopy size would be smaller than last year, and so would the mass of color. You could also consider waiting until next year to prune. I'd continue fertilizing with Azalea, Camellia, and Rhododendron Food to encourage the growth. This should be done monthly through October. Osmocote, a time-release fertilizer, is another option. Osmocote releases some nutrients with every

watering, and you can apply it twice a year, four months apart.

Q What is the difference between moles and gophers? I believe I have a gopher in my garden; others say it's a mole. My onion and bean plants are disappearing, and the roots of one of my roses have been eaten. I've tried gopher poison pellets, but they remain untouched.

A In California, moles and gophers are two different problems with different controls, while in other states, they are the same pest. Moles do not eat plants. Instead, they forge or tunnel the soil surface for insects, grubs, and earthworms. There are traps and poison baits, but I think the best way to control moles is to eliminate food sources. Without a food source, they move elsewhere to feed. Mole Med or Grub Beater is a repellent made from Castor Oil. It coats the soil bugs, making them undesirable. Another option is Beneficial Nematodes. They seek out and destroy grubs and soil insects but not earthworms. Both products are environmentally safe and are recommended for use around



By SarahRMadden - Own work, CC BY-SA 4.0, <https://commons.wikimedia.org/w/index.php?curid=117703453>

pets and kids. Gophers, on the other hand, will eat plants. They live in burrows, travel about two feet under the soil in runs, and come to the surface with exit holes. Gophers are much harder to control than moles. Flooding, trapping, poison baits, and gas bombs are the primary methods of controlling gophers, along with hundreds of home remedies. It's all trial and error, as there is

no sure-proof answer. The major mistake people make with gopher controls is not wearing gloves. The human scent traces alert the gophers so they avoid the control. Also, the controls need to be placed on the major runs, not the exit holes. From



your description, you have a gopher(s). Living next to an open space makes the problem much harder to solve. You may need to contact an exterminator that controls rodents.

Buzz Bertolero is an Ad-

vanced California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com, and questions can be sent by email to buzz@dirtgardener.com.



Lawn Dry Spots

With the summer gardening season winding down, look for bargains for your fall landscaping projects. Flowering plants in 1-gallon containers, such as lantana, star jasmine, flowering vines and zonal geraniums are on sale at some nurseries and home centers.

Disposing of Fallen Fruit

Continue to water and fertilize fruit trees after the harvest is gone. They need nutrients to produce a good crop next season. Give yellowing azaleas, citrus, rhododendrons and camellias

Deep Water Trees

Prolong fuchsia blooms by picking off the faded flowers and yellowed leaves. Cut back branches to force side branches and flowering. Fertilize and water them well. Feed chrysanthemums until their buds begin to show color and open. Continue to gently shape roses by pruning suckers, unwanted branches and spent blooms.

Select Plants Carefully

Most nurseries care for their plants meticulously, but in summer a missed watering can stress a plant severely. Check plants carefully when buying. Foliage should look perky and lush without dry, browned edges.

NOTICE OF NOMINEES FOR PUBLIC OFFICE

NOTICE IS HEREBY GIVEN that the following persons have been nominated for the offices designated to be filled at the General Municipal Election to be held in the City of San Leandro on Tuesday, November 5, 2024.

For Member of the City Council – District 2

Vote for One

Ed Hernandez

Bryan Azevedo

For Member of the City Council – District 4

Vote for One

Fred Simon

For Member of the City Council – District 6

Vote for One

Robert Bulatao

Dylan Boldt

For Member of the City Council – District 1 Partial 2-year term

Vote for One

Sbeydeh Viveros-Walton

Kelly B. Clancy

Kelly B. Clancy, CMC

City Clerk



Mulford Gardens Neighbors Get Together for National Night Out Party

Residents pitch in for annual neighborhood party

By Bella Comelo
Special to the Times

The National Night Out at Mulford Garden was a huge success. Volunteer Irene Shafter did most of the setting up of the food and cleaning up, aided by Laurie Salizar, Carolyn Price and Menaka Mahajan.

The advertising and posting was headed by Abby Gryder, and volunteers Carolyn Price, Menaka Mahajan and Laurie Salizar.

Throughout the evening visitors stopped by to greet each other and enjoy the camaraderie. The visitors included Mayor Gonzalez, Dylan Boldt and Ed Hernandez.

As usual Mario Mendonza's canine Roxy was there to greet the visitors warmly.



PHOTO COURTESY OF BELLA COMELO

Officer Ordinario, Bella Comelo, Robert Trabert, Lisa Trabert, Officer Mendenhall and Officer Ramirez at the Mulford Gardens National Night



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ANSWERS ON PAGE 4

LEGAL NOTICES

FILED August 22, 2024
MELISSA WILK County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 608838

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Debbie's Skin Care Oasis, located at 2187 E 14th Street, San Leandro, CA 94577 / 1533 Knox Street Castro Valley, CA 94546 Alameda County, is hereby registered by the following owner(s): Debbie Ray Esguerra, located at 2187 E 14th Street, San Leandro, CA 94577. This business is conducted by a Individual.
This business commenced N/A /s/Debbie Ray Esguerra
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires August 21, 2029
AUG 28, SEP 4, 11, 18, 2024
1701 - CVF

FILED August 22, 2024
MELISSA WILK County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 608837

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Montesito Village, located at 22144 Montgomery Street, Hayward, CA 94541 / 719 Bloom Street, San Leandro, CA 94577 Alameda County, is hereby registered by the following owner(s): Lulio Laos, located at 719 Bloom Street, San Leandro CA 94577 / Brenda Zarate 1700 California Street Suite 904 / Alfredo Montes 719 Bloom Street, San Leandro CA 94577. This business is conducted by Co-partners.
This business commenced N/A /s/Lulio Laos
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires August 21, 2029
AUG 29, SEP 5, 12, 19, 2024

FILED July 25, 2024
MELISSA WILK County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 608210

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Creative World, located at 1007 87th Ave., Oakland, CA 94621 Alameda County, is hereby registered by the following owner(s): JAD & EMD, located at 1007 87th Ave., Oakland, CA 94621. This business is conducted by a Corporation.
This business commenced 08/16/2016 /s/Essie Day
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires July 24, 2029
AUG 29, 5, 12, 19, 2024
1700 - SLT

FILED August 12, 2024
MELISSA WILK County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 608562

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Wingsoftime, located at 631 Tudor Road, San Leandro CA 94577-1228 Alameda County, is hereby registered by the following owner(s): Liliane Sainfeld, located at 631 Tudor Road, San Leandro CA 94577-1228. This business is conducted by An Individual.
This business commenced 8/11/2024 /s/Liliane Sainfeld
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires August 11, 2029
AUG 15, 22, 29 SEP 05,2024
1672 - SLT

FILED August 9, 2024
MELISSA WILK County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 608547

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

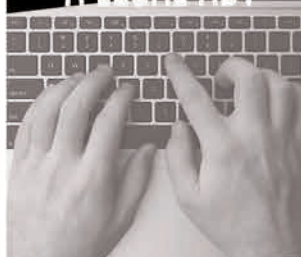
The name of the business(es):
No Mas Cafe, located at 17245 Via Frances, San Lorenzo CA 94580 Alameda County, is hereby registered by the following owner(s): Maria G Magallon, located at 17245 Via Frances, San Lorenzo CA 94580. This business is conducted by An Individual.
This business commenced N/A /s/Maria G Magallon
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires August 08, 2029
AUG 15, 22, 29 SEP 05,2024
1678 - SLT

FILED August 12, 2024
MELISSA WILK County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 608562

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Wingsoftime, located at 631 Tudor Road, San Leandro CA 94577-1228 Alameda County, is hereby registered by the following owner(s): Liliane Sainfeld, located at 631 Tudor Road, San Leandro CA 94577-1228. This business is conducted by An Individual.
This business commenced 8/11/2024 /s/Liliane Sainfeld
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
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Linda Nakhai
510-915-1513

Arrest: Clerk who was shot recovering from bullet to abdomen

continued from front page

homicide, robbery, possession of a stolen vehicle, assault with a deadly weapon, and resisting arrest from a peace officer.

A tentative court date was set for late September. Because of his previous felony, Craft will remain behind bars without bail.

On the morning of the shooting, San Leandro police responded to a call about a store clerk being shot at the 7-Eleven on Williams Street and San Leandro Boulevard just after 5 a.m. Officers found the clerk suffering from a single gunshot wound to the abdomen.

Surveillance footage from the store showed the suspect entering the business and accosting the victim at gunpoint. The suspect shot the victim

once before fleeing from the store with stolen cash.

The victim was transported to a local hospital and was listed in stable condition.

"He's resting now. He'll be alright," said co-worker Singh, who asked not to use his last name.

Detectives followed up on leads to identify the suspect and tracked him to the 1400 block of 105th Avenue in Oakland before lunchtime on August 22. Craft was arrested a short while later and booked into Santa Rita Jail.

"Our detectives were assisted by our patrol officers, a tactical dispatcher, detectives from the Alameda County Regional Auto Theft Taskforce (ACRATT), and a CHP air unit," San Leandro Lieutenant E.A.

Teng told The San Leandro Times, adding that street surveillance cameras were not used in the investigation

or Craft's arrest.

Teng said he did not have additional details about Craft's previous

robbery attempt and warrant other than the Oakland Police Department investigated it.

Scout: Students love the new garden

continued from front page

graders in Ms. Shaw's class planted the winning plant choices. Halkin staff and students love the newly refurbished garden.

Bennett joined BSA Troop 722 in the 5th grade while attending Wilson, now Halkin Elementary.

Scouts BSA began admitting female scout troops in 2019. Boy Scouts of America will be changing its name in the new year to Scouting America, so that all Scouts will feel welcome. Interested in Scouting? Find a troop that's a good fit for you and your child at BeaScout.org.



The old Wilson garden before Bennet upgraded it.

OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and must be under 300 words. Letters can be edited for clarity or length. Letters are the views of the author and not necessarily the views of the newspaper or its advertisers. E-mail letters to: letters@ebpublishing.com or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

Let Nature Take Back Lake Chabot Road

Editor,

As a flat lander in a Bay-O-Vista adjacent neighborhood, I had used Chabot Road to visit Castro Valley almost weekly prior closure. I don't miss it now.

Healthcare - It was an easy switch to take 580 to Fairmont or Strobbridge to get to my doctor.

Fire - I'd take one of the 6 roads out of Bay-O-Vista, West to Benedict, before trying to battle 3800 residents of BOA through a heavily wooded (burning Eucalyptus anyone?) narrow escape route.

Better Escape Route - Starview Dr to Fairmont is only 1000 ft and there would be no burning trees... you can hike to the safety of Juvenile Hall.

More traffic - Spend a day on Dutton, Delores, Sybil, Estudillo, and 150th. Traffic is up everywhere. BOA is just getting its fair share.

Funding - Instead of writing to this ad funded, anti-SL, sort-of newspaper, just start writing to the Feds yourselves. Tell them your hate traffic and will be late for a doctor's appointment and then get in line behind burned out NorCal residents who lost everything this past month.

In conclusion, the fiscally conservative (vote blue) decision, like the Marina boat harbor, is to let nature take the road back.

John Clouston
San Leandro

Keep Lake Chabot Road Closed

Editor,
On behalf of the San Leandro 2050 steering committee, I am writing to express San Leandro 2050's support for a permanent closure of the damaged section of Lake Chabot Road (LCR).

First, it's important to clarify that the closed section of LCR is not an evacuation route. A GIS analysis done by San Leandro 2050 shows that for nearly all Bay-O-Vista residents, the quickest path to the intersection of Benedict and Estudillo does not involve Lake Chabot Road.

In fact, for the few exceptions (3 households), the alternative route adds only 300 feet to the route. And let's be honest, the area that is going to burn is the park itself, which is where all the burnable fuel is found-and which is the border of LCR. Effectively the road serves as a fire barrier to the neighborhood, and in the event of a fire, you would be running from LCR, not toward it.

Our organization has spent 4 years talking to people in Mulford Gardens, Washington Manor, Davis East and West, Floresta, the parts of San Leandro with the worst air quality. Biking and walking is important to residents (their #1 priority), which we found definitively in our work.

For some it is important for transportation, including getting to work, for others it is recreation and exercise. Both groups deserve more space to do so safely. And in San Leandro where 81% of land area is covered by impervious surfaces - roads, parking lots or buildings and, there is a hunger for places to be in nature, to enjoy interactions with the community in a setting that is not noisy, isolating (like a car) and without a screen.

I don't know if you spend time in the Estudillo/Chabot park but I am there 4-5 times a week and it is incredibly popular and used. So is the Chabot Marina Area, and the opportunity to not rebuild Chabot Road is a low cost and simple means of expanding our green spaces beyond the few places that we currently have and signals that San Leandro values bikers and walkers by providing some space for them in our car-centric city.

Let's not have the same folks that always control the narrative, control this one. Sometimes I think that people forget that all the roads and public spaces belong to all the people.

Lastly, we need to spend funds equitably: With the limited funds we have available to us to fix streets, or anything really, are we willing to spend more than an entire year's budget for the city on one road, where there's a high likelihood that it will slide again in the next storm? Will we choose

to provide convenience to a small group of the most wealthy and most served in the community while ignoring basic services for others?

We believe that with thoughtful consideration, the decision to keep LCR closed is the commonsense approach, and reflects the broader interests of our entire community.

Patty Breslin
San Leandro

City Council Has Turned the Marina into a Dump

Editor,

City Council members, well, it's official. Our great city has made the TV news once again.

The condition of our San Leandro Marina today is no one's fault but your own.

As a lifelong resident of San Leandro I am totally disgusted with the inaction of our City Council to deal with the marina situation. Do something now.

The marina area has turned into a ghetto on water, and land.

Sherrill Madrigal Bond
San Leandro

Mobile Advertisements Illegal

Editor,

There he goes again. No, I'm not talking about City Councilmember Bryan Azevedo's refusal to return the tainted donations to his political campaign from the Duong family of Oakland. I am referring to Azevedo's willingness to disregard San Leandro's rules and put himself, not the city, first.

San Leandro used to have a restriction on how early before an election a candidate could distribute lawn signs. Many cities still have similar rules. Azevedo breached San Leandro's rules by distributing his campaign signs

more than a year before the election.

Azevedo got away with it. The city did not enforce its rules. Now it's common for all candidates to distribute their signs far in advance of the election.

The latest example of Azevedo putting himself first has been the huge "Re-elect Azevedo" sign mounted on the side of a commercial van. This summer, the van has been parked next to the San Leandro Main Library and on major streets. I am sure many readers have seen this sign.

Why don't we see similar mobile billboards? The reason is San Leandro's zoning code prohibits mobile advertisements. What Azevedo has done is blatantly illegal.

If the City Manager does not hold Azevedo accountable and inform the public as to what action was taken, Azevedo's repeated violations of the zoning code will set a precedent. Vehicles with large advertisements will become a common sight in San Leandro.

Leo Sheridan
San Leandro

A Reason to Vote

Editor,

I recently read a column entitled "Vote for Results" - ironically it was about Trump. I can't speak for everyone, but why would you vote for a person who doesn't know the meaning of the words morality, honesty or ethics and obviously doesn't live by them? Someone who has admitted he wants to be a dictator "Vote for me and you'll never have to vote again." I want to live in a free country, one where democracy is the word used to describe this country. Please vote.

Gery Mellen
San Leandro

Artist: Painting passed down from his father and grandfather

continued from front page

of his art for the encyclopedic "A Photographic History of the Oglala Sioux," published by the University of Nebraska Press. He even helped design Nebraska's state capitol.

Vincent's father painted as well, and even as a four-year-old Vincent would get up before dawn to gather eggs from the chickens, then watch his grandmother make breakfast for the family. After that, his dad would paint, sometimes quickly enough to sell the paintings that same day to buy groceries for the family's dinner.

Learned to Paint From His Father

Vincent learned to paint from watching his father paint.

"We didn't speak much, but I watched everything he did," Vincent said. "You can really learn something well by just watching someone work."

His brother-in-law and his three daughters, Vincent's nieces, all paint as well.

If he can, Vincent plans to soon head to college in his 60s, to finally learn how to paint in oils to supplement the works he's done in acrylics and watercolors.

"We didn't speak much but I watched everything he did. You can really learn something well by just watching someone work."

— Vincent Bad Heart Bull

He's never painted with oil, because for years he in one of the few places that outright bans the use of oil paints — the federal prison system. The authorities consider them a fire hazard there. But an inmate can paint in other media such as acrylics and water color, and he did so throughout

his imprisonment.

Vincent says he never seriously harmed anyone, but lesser offenses did add up to years "inside."

Brother's Murder Set Off Protests and the Occupation at Wounded Knee

His brother Wesley, though, was murdered by a white man in South Dakota in 1973, setting off events that led to one of the great Native American protests of the 1970s, the Occupation of Wounded Knee.

His brother's murderer got sentenced to one day in jail and ended up serving no time in prison at all. His mother, though, served five months in prison for protesting the killer being let off with almost no penalty.

Protests escalated, and the 71-day Native American occupation of the battlefield site of Wounded Knee resulted, demanding full rights for Native peoples. That battlefield had been the site of the infamous 1890 massacre of nearly 300 Lakota Sioux by the U.S. Army — and witnessed by Amos Bad Heart Bull. Congress apologized to the Sioux for that massacre

in 1990.

Vincent was already in prison at the time of Wesley's murder, and he claims to have been beaten repeatedly by guards while there. He left prison mostly paralyzed on one side, with some damage to his bones, and is disabled for most work, despite being a certified welder. He is receiving medical care and is learning to use his right hand again for painting.

But Vincent has other problems creating his art. A garage fire in his rented house, caused by faulty wiring, damaged or destroyed many of his paintings. The rent is also going up, and so he will be needing a new place to live. His brother-in-law's military pension and his own disability benefits only go so far, he said.

On his limited income, he also has trouble paying for art supplies so he can keep painting.

"Any help people can give so I can keep painting would be a big help," Vincent Bad Heart Bull said.

Vincent is currently waiting for a state-supplied telephone for low-income people and he has never owned a computer. If you have any unneeded art supplies

or other help you can provide him via his local friend Bernie Duer at bernie.duer@gmail.com.

Ronald George Guest

March 13, 1935 ~ August 16, 2024
Lifelong Resident of San Leandro

Ronald Guest passed away on Aug. 16, 2024, at the age of 89. He is survived by his wife of 65 years, Roberta, his three sons Robert, Richard (Salina) and Larry (Terri) as well as four grandchildren, Leah, Audrey (Austin), Annie and Joseph, and two great-grandchildren, Mason and Lennon. He was predeceased by his daughter Lori and his daughter-in-law Robin.



Ronald was born in Oakland, the third son to Charles and Irene Guest on March 13, 1935. While his brothers Chuck (Betty) and Wayne (Irene) moved out of the area, he lived his entire life in San Leandro. He served in the National Guard Reserves from 1955 to 1962 and worked at General Motors and NUMMI as an accountant for over forty years. He was a regular volunteer at Saint Leander's church, serving in the Alter and Prayer community groups. He recently celebrated fifty years of sobriety through the AA program.

Known as Papa to his grandchildren, he was known for his love of ice cream, frozen Snickers bars, and Disneyland. Ron loved his Oakland teams, and previously had season tickets for both the Raiders and the A's. In their younger years, he and Roberta loved spending weeks away, enjoying whale season on Maui.

A celebration of life will be held at a later date. In lieu of flowers, the family requests donations to St. Leander Catholic Church.

School Board: Trustees oversee district's 14 campuses, adult school and over 8,000 students

continued from front page

ferent school sites, including eight elementary schools, two middle schools, a high school, a continuation school, a virtual academy, and an adult school.

The school board's open seats this year are Areas 1, 3, 5, and the at-large position.

Zachary Borja

Zachary Borja is the lone candidate for Area 1. The small business owner and consultant runs Borja Plus, which supports "community organizations, progressive politicians, and businesses with an impact-driven cause."

Borja's experience includes doing social media work for the City of San Leandro and being on the Human Services Commission for District 6.

Cindy Rocha

Cindy Rocha is the only name in the hat for the school board's Area 3. Rocha is a construction manager who frequents Alameda County Board of Supervisor meetings. Rocha is endorsed by the Alameda County Republican Party.

Two of the candidates are incumbents, Diana Prola (Area 5) and Peter Oshinski



Zach Borja



Diana Prola



Peter Oshinski



Cindy Rocha

(board member-at-large).

Diana Prola

Diana Prola (Area 5) has lived in San Leandro for 31 years and married to former San Leandro City Councilmember Jim Prola. Diana has served on the City's Hu-

man Resources Commission, is currently the Treasurer of the San Leandro Art Association, and is an elected member of the Democratic Party Central Committee.

"My goals for the School Board include improving our

high school graduation rate, and improving communication between the Board, the administration, the staff, the public and business communities," Prola said in a statement.

Peter Oshinski

Peter Oshinski (board member-at-large) currently manages Child Nutrition Operations at the Hayward Unified School District where he is responsible for feeding 22,000 students daily. He graduated from San Francisco State University with a bachelor's degree in Consumer Family Studies and a minor in Nutrition.

Uncontested Elections Not Good For Government

Not having any competition for an elected seat is not good for government, said a public-policy expert.

John Shaw, director of the Paul Simon Public Policy Institute at Southern Illinois University Carbondale, says single-choice contests often allow the conversation to remain in only one direction.

"It is not good for governance when candidates run unopposed in a primary or general election," Shaw said.

Henry E. Morones

August 4, 1943 ~ August 18, 2024

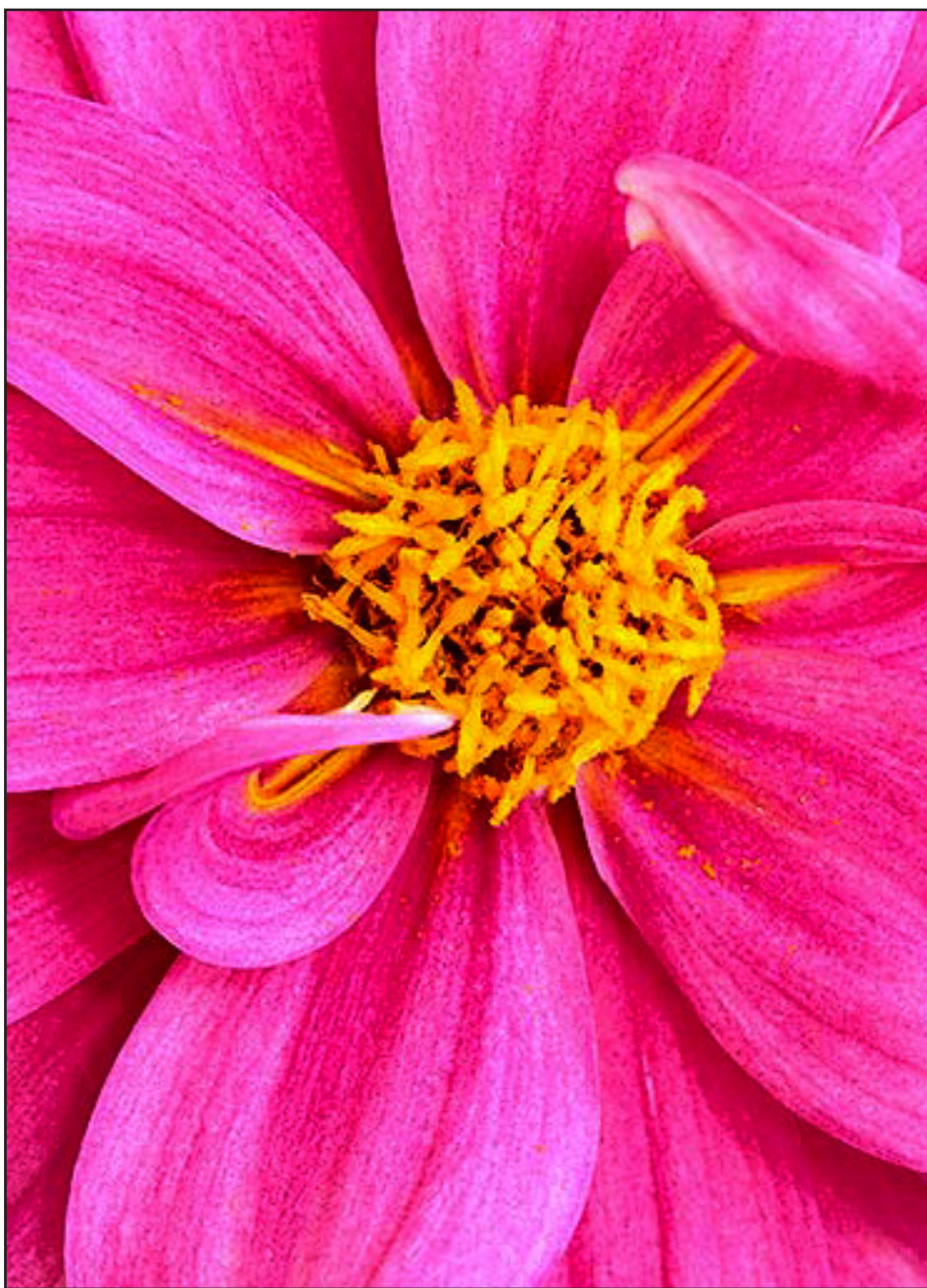
Surrounded by his devoted wife Olivia and his four children, Henry E. Morones lost his battle with cancer on August 18, 2024. He was born on August 4, 1943 to Maria Luisa Perez and Elias Morones in the city of Chihuahua, Chihuahua Mexico and named Eduardo Enrique Morones. He was soon called Enrique, and then Henry. Henry was the youngest of three; his brothers Oscar and Luis Raul pre-deceased him. Maria Luisa followed her husband, who had come to the United States to work as an electrical technician during WWII as part of the Bracero Program, bringing her children with her to Los Angeles. Henry attended Our Lady of Victory Grammar School in Los Angeles and graduated from St. Anthony's High School in Long Beach. He began his college education at Loyola Marymount and graduated from the University of California, Irvine with a degree in environmental and civil engineering.



On July 19, 1969, Henry married the love of his life, Olivia Hernandez. Olivia and Henry raised their four children in Tustin. Having worked for the Orange County Road Department for 35 years, he retired in 2006. In 2010, Henry and Olivia moved to the Bay Area to help his daughter and her family. During his retirement, he spent his time caring for his grandchildren, playing golf, working for St. Vincent de Paul, and following his favorite teams. Living in the Bay Area did not change Henry's loyalties. He remained a true and loyal Dodger fan. GO Dodgers!!

Henry was a man of faith who will be remembered as a loving and devoted husband and father, and as a kind, loving, strong, and generous man with a quirky and delightful sense of humor. Henry is loved and will forever be missed by his wife of 55 years, Olivia, his children: Enrique (spouse Renee), Daniel (partner Marysol Arellano), Elena (spouse Ted Sunoo), and Martin Luis; his grandchildren: Ethan and Evan Morones, Aiden Morozenko Morones, Miguel and Rita Sunoo, step grandsons, J and Nicholas Arellano, and granddog Charlie. As well, he will be missed by his three sisters-in-law, Violet (Nick d.), Terry (Gerry), Rosemary (Dan), who loved him as their own brother; his niece Laura, his godson David, and nephews Javier, Joaquin, and Jonathan.

The family requests that in lieu of flowers, donations be sent to: St. Vincent de Paul Conference of The Church of the Assumption, 1100 Fulton Avenue, San Leandro, CA 94577.



Public Invited to the Dahlia Show this Saturday

The San Leandro Dahlia Society will present the annual dahlia show Saturday, August 31, from 11 a.m. to 4:30 p.m. at the San Leandro Main Library, 300 Estudillo Ave. Dahlias come in a variety of sizes, shapes and colors and will amaze everyone. No charge for admission. Hundreds of blooms. More information can be found on our the SL Dahlia Society's website, slds.club.

San Leandran Finishes Run Across the Country To Benefit Food Banks

By Mike McGuire
San Leandro Times

San Leandro navy veteran and media business owner Zoon Nguyen finished his run across America in New York's Central Park on Aug. 1.

He had set out from the Santa Monica Pier on March 1, and run 2,911 miles in between. ("San Leandran Runs Cross Country to Raise Money for Food Banks," July 25, 2024)

Nguyen ran to benefit food banks across the country and raised enough funds so far to buy some 210,000 meals for the hungry. His effort is still accepting donations. The web link is below.

Nguyen started out relatively slow, at 10 miles a day, never having previously run a marathon and not even considering himself a runner. Soon he was up to 15 miles a day and hit 40 miles one day, his record at the time.

Besides fighting hunger, Nguyen said his goals were to encourage physical fitness, promote Asian-American visibility, and to encourage people to follow their dreams. His had been to run across the country, but people contacted him on social media to tell him of quite different dreams his run

"I came back looking forward to taking it easier, but there was plenty of work waiting for me.

— Zoon Nguyen

had inspired them to pursue.

After running every day for nearly five months and seeing much of America, his progress was slowed by western Pennsylvania's mountains and he had to increase his daily pace, covering 58 miles in his final day. He ran for over 24 hours straight that day, but finished the race on time for his planned arrival in Central Park's Bethesda Terrace.

By the time he got to New York, he'd been joined in support by runners from the Bay Area, Canada and New York. One Bay Area friend ran 150 miles with him.

His group of runners had a police escort in New York



PHOTOS COURTESY OF ZOON NGUYEN

Zoon Nguyen, a San Leandran who ran across America to raise money for fighting hunger, runs down Frederick Douglass Boulevard in New York City holding an American flag. He's joined by supporters as he nears the finish line in Central Park on August 1.

as they came down from the George Washington Bridge, through Holcombe Rucker Park on the East River, then down Frederick Douglass Boulevard to Central Park.

Nguyen said, "I came back looking forward to taking it a bit easier, at least physically, but I found there was plenty of work waiting for me at Kraken Media." That's the media company he owns in San Leandro, that does promotional films and online content for a wide range of products.

Nguyen came to the United States when he was 8 years old, and went to Garfield Elementary School, Muir Middle School and San Leandro High School, graduating in the Class of 2013. He went into the navy right out of high school, and served until 2020 as a hospital corpsman.

Nguyen's entire journey is posted on Instagram at www.instagram.com/zoon.nguyen.

He continues to take donations to fight hunger at www.milesformeals.us.



Zoon Nguyen, a San Leandran who ran across America to raise money for fighting hunger, holds an American flag as he completes his run at Bethesda Terrace in New York's Central Park on August 1.

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