

VALENTINE'S  
DAY IS NEXT  
THURSDAY

Because I Love You

PAGES  
6 & 7

# CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 31

WEDNESDAY, FEBRUARY 6, 2019

NO. 6

## INSIDE YOUR FORUM

### NEWS



#### Service Shift

BART's start of service will shift from 4 to 5 am systemwide on Monday  
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#### Rx Savings

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### VALENTINE



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PHOTO COURTESY OF ALAMEDA COUNTY DSAL

## Big Weekend of Amateur Boxing Begins on Friday

One of amateur boxing's most exciting, prestigious events, returns to the East Bay this weekend, hosted by the Alameda County Deputy Sheriffs Activities League (DSAL), the Sheriff's Office and USA Boxing Northern California.

The California Golden Gloves Region 1 Qualifiers for the State Championships will be decided at the Hayward Adult School Gym at 22100 Princeton Street beginning on Friday.

This premier amateur boxing event will feature young competitors from throughout Northern California competing in as many as two matches during the tournament for an opportunity to advance to the California Golden Gloves State Championships in Southern California in April 2019. "Having the opportunity to host this event for the second year in a row is a symbol of hard work, which has been recognized by Northern California Amateur Boxing," said Alameda County Sheriff's Sgt. Oscar Perez. "In addition to recognizing the hard work and training put in by the amateur boxers, the event will also offer an economic boost for the community while showcasing DSAL's Boxing Academy."

Friday's weigh-ins are at 3 p.m., with doors opening at 6 p.m. for showtime at 7 p.m. On Saturday, weigh-ins begin at noon and doors will open at 3 p.m. for showtime

at 4 p.m. Sunday's weigh-ins are at 10 a.m., with doors opening at 1 p.m., for showtime at 2 p.m.

Ringside seats are \$25, general admission is \$15, children ages 5 and under are free.

In addition to boxing, the weekend will include food, entertainment, activities for kids, and a 50/50 raffle. Buy tickets online at [www.acdsal.org](http://www.acdsal.org). Online ticket

sales end when sold out. Limited tickets will be available for purchase at the door.

Proceeds of the event will benefit the nonprofit DSAL Boxing Academy and the Natalie Corona Memorial Fund. Natalie Corona, a rising star in the City of Davis Police Department, was tragically killed in the line of duty this past January 10.

## Girls Wanted for Scout Program

By Michael Singer  
CASTRO VALLEY FORUM

If you are a girl between 11 and 17 and looking for adventures like rock climbing, hiking, and camping, Castro Valley's Cassandra Clark is looking for you.

"I'm a Scoutmaster in need of some Scouts," says Clark, who will serve as Scoutmaster for the Troop 722 associated girl troop.

Troop 722 is one of two local Scout groups that have opened its doors to girls to join. Troop 708, under the leadership of Scoutmaster Derek Hudson, is the other interested group.

A handful of girls and parents joined the informational meeting last week at Our Lady of Grace. Many were curious how the Troop would be mixing boys and girls in activities such as camping.

"There were a lot of good questions, especially about the different ways girls will be able to do everything the boys get to do now," says Brett Pletcher, with Troop 722. "We're just looking for a few more girls to participate."

As of Feb. 1, Scouting BSA allowed girls to join the boys to earn merit badges and achieve ranks as

high as Eagle Scout. Adding girls to Scouts BSA is a continuation of what occurred in 2017 when the Boy Scouts of America began allowing both boys and girls into its family-based Cub Scout program.

Scouting BSA is making the program friendlier to the new recruits. There are new manuals which replace images of boys with those of girls and references to "she" and "her" in place of "he" and "him."

The girls will also have uniforms available that are designed in their sizes instead of relying on boy's shirts and pants.

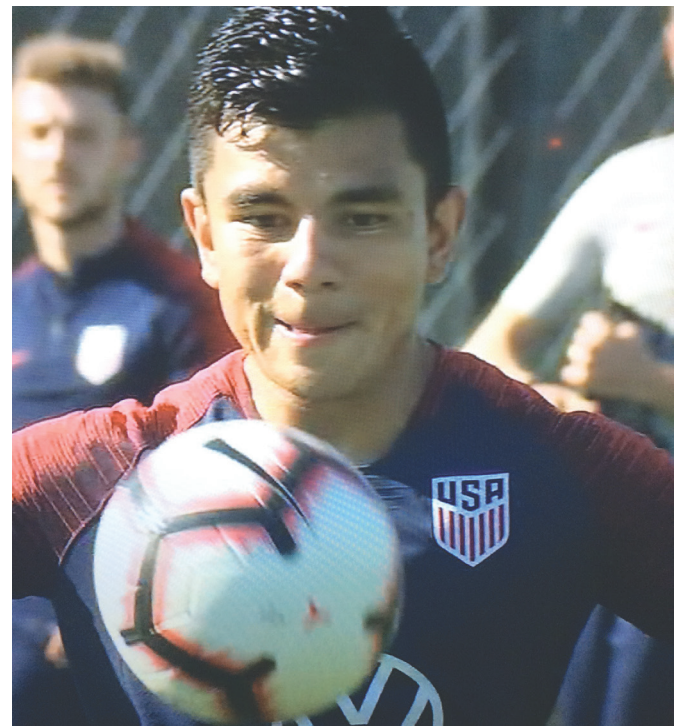
Clark, who has two sons in Scouting, says the addition of girls to Boy Scouts is a natural progression considering the Cub Scouts are so family-oriented and female siblings often tag along on activities.

"Right now, the boys have been coming up with lots of ideas for outings and opportunities for us to earn badges. I will be asking the girls to come up with their own ideas where the boys can also participate," Clark said.

The combination of boys and girls will be considered a "link see SCOUT on back page

## Just for Kicks

Castro Valley's Nick Lima has taken time away from playing for his professional soccer team the San Jose Earthquakes in order to represent his country as a member of the United States Men's National Team. Lima, No. 2, is one of the starting defenders and has been a solid force for the U.S. team, keeping their opponents scoreless in their first 2 friendlies (exhibition games). He has also been very impressive on the offensive side, helping his team attack the opposing defenses and took a swerving shot that hit the left post barely missing a goal in a 2-0 win against Costa Rica on Saturday at Avaya Stadium in San Jose. In a 3-0 win against Panama, Lima assisted with the second goal of the game after a tackle that resulted in Lima stealing the ball from a Panamanian player, he dribbled the ball up and delivered a beautiful cross to Walker Zimmerman for a header into the goal, easily the play of the game, at State Farm Stadium in Glendale, Arizona, on Jan. 27. This concludes the January training camp for the U.S. team, which will play again in March against Ecuador and Chile. Visit [mlssooccer.com](http://mlssooccer.com) for highlights.





## Castro Valley Weather Feb. 6 - 10, 2019



Wednesday  
Mostly Sunny  
High 54° Low 36°



Thursday  
Partly Cloudy  
High 54° Low 42°



Friday  
Cloudy, Rainy  
High 52 Low 44°



Saturday  
Showers  
High 54° Low 44°



Sunday  
Mostly Cloudy  
High 56° Low 42°

### Almanac



Past Week's Rain: 02.47  
Season To Date: 13.76  
Normal To Date: 13.33  
Season Average: 21.22

Sun sets at 5:39 p.m. today, rises at 7:07 a.m. Thursday.

### Moon Phases



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## 'Not a Genuine Black Man' at Center for the Arts February 16

Brian Copeland brings his record-breaking solo show "Not A Genuine Black Man" to the stage at the Castro Valley Center for the Arts at 7 p.m. on Saturday, Feb. 16, for one night only.

Copeland says he came up with the idea for the show after doing a radio talk show interview with comedian and writer Carl Reiner. During a commercial break Copeland told Reiner that he felt unfulfilled creatively and that he wanted to write something, but didn't know what.

"Every writer-performer comes to this crossroads at some point," Reiner told him, suggesting that he read "Treadmill to Oblivion" by old time radio comedian Fred Allen. In the book's introduction, Allen wrote that you have to "find the piece of ground that you alone stand on and write from there."

Copeland, searching for his uniqueness, read the book. Then one day he got a letter from a radio listener.



Brian Copeland

"As an African American, I am disgusted every time I hear your voice because you are not a genuine black man."

It was Copeland's "Eureka!" moment. He had received such letters from listeners for years.

"I'm 'black' as far as racists are concerned, yet 'not black enough' according to black dogmatists," says Copeland. "Why? Because from the age of 8 when my family moved to the then 94% white suburb of San Leandro, I spent my formative years as the only black face in the room."

Taking Reiner's advice, he decided to write a play about what it's like to be "the only one."

Each day after walking his kids to school, he'd sit in a little cafe where he filled notebook after notebook with every story he could think of about what it was like to grow up "different."

After several months, he partnered with David Ford, who he calls "the best director and collaborator for the solo-play genre in the Bay Area — if not the nation" and the two put together the play.

It was originally scheduled to run at the Marsh theater in San Francisco for six weeks. It was sold out within two weeks and remained so for the next three years.

"Genuine" would go on to be performed in over 30 cities (including an Off Broadway run) and spawn a bestselling memoir that is now required reading in a number of schools and universities.

For tickets, visit [www.cvfa.com](http://www.cvfa.com) or call the Center Box Office at 510-889-8961. The Center for the Arts is located at 19502 Redwood Road, on the CVHS campus.

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## MULTI-FAMILY



CVSan has a new 10-year municipal solid waste (recycling, organics, and garbage) collection agreement with Alameda County Industries (ACI) starting May 1st. As part of CVSan's transition from Waste Management to ACI, customers with metal bin service will receive new bins in April. Service levels (size of bins or carts and pickup frequency) will not change unless you request it to.

### ACI offers some added benefits for multi-family communities!

Additional services with ACI will include two annual textile collections (dates to be announced), additional items accepted in a annual Bulky & Reuse Pick-Up and one 2 cubic yard voucher per year for drop-off at Davis Street Transfer Station. Multi-Family customers will also be able to take advantage of bundled rate and service plans for two service types (recycling, organics, or garbage) and receive additional organics and recycling services below garbage rates.

Over the next three months, CVSan and ACI staff will visit every multi-family community to verify containers on site. Please contact us to schedule an appointment Monday through Friday from 7:00 a.m. to 4:00 p.m. by emailing at [contact@cvsan.org](mailto:contact@cvsan.org). Lastly, CVSan is developing a Multi-Family Community Recognition Program to reward you and your tenants for reducing waste.

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**ADULT EDUCATION AWARDS:** California Council for Adult Education held its Alameda County Chapter awards on Jan. 31. Castro Valley Adult & Career Education (CVACE) honored Charlene Giffin Teacher/Director of the Castro Valley Parent Participation Pre-School with an excellence in teaching award. School Data and Accountability Specialist Gary Soon received an excellence in support services award. The Morris Memorial Foundation received a special "Friend of Adult Education" award for their generous fundraising to provide special activities to the Strides Program for adults with disabilities. Pictured above from left, Susie Passeggi, CV Adult & Career Education Director; Charlene Griffin, Gary Soon and Sharon Travers, CVACE Assistant Principal.

## SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



**Smoking Near Water Heater**  
Sunday, February 3: at 11:14 p.m., Sheriff's deputies arrested a 28-year-old man from San Ramon on suspicion of possession of methamphetamine drugs and illegal drug paraphernalia. An anonymous tip about a suspicious person sent deputies to a mobile home park on Castro Valley Boulevard near Anita Avenue. There, they discovered the man hiding in the laundry room behind a water heater smoking drugs. Deputies took him into custody. The man commented that he would, "have to get a lawyer."

**Stolen Property**  
Sunday, February 3: at 11:05 a.m., a 26-year-old man from Castro Valley was arrested on suspicion of possession of stolen property. Deputies were called to a business on Stanton Avenue near San Carlos Avenue after the man walked out with an unspecified amount of unpaid merchandise. The man was taken into custody.

**Wanted Woman**  
Sunday, February 3: at 3:14 p.m., deputies arrested a 29-year-old woman from Oakland as part of a warrant issued for her capture. The woman was visiting at Eden Medical Center when deputies

positively identified her for previous charges of possession of stolen property. Deputies took the woman to Santa Rita Jail pending \$5,000 in bail.

**Failed Shoplifting**  
Saturday, February 2: at 2:30 p.m., two men were arrested as part of a botched shoplifting attempt at a drug store on the Boulevard near Yeandle Avenue. Deputies responded following reports of the men trying to leave without paying. A 60-year-old man from Oakland and a 33-year-old man from San Leandro were additionally charged with conspiracy to commit a crime, violating the terms of their probation, and possession of illegal drug paraphernalia. Deputies took the men into custody.

**Six More Months of Trouble**  
Saturday, February 2: at 4:42 p.m., deputies arrested a 50-year-old man with no permanent address on suspicion of possession of illegal narcotics and drug paraphernalia. The man had a warrant issued for his capture for the exact same charges. Deputies served the warrant at a home on Stanton Av-

enue near Denning Court and then found the drugs in his possession. The man was taken to Santa Rita Jail pending \$7,500 in bail.

**No Interlock Device**  
Friday, February 1: at 3:05 p.m., a 60-year-old man with no permanent address was arrested on suspicion of driving without a valid license and driving without a device required by him to check his breath for alcohol. Deputies pulled the man over in front of a business on Redwood Road near Grove Way. The man was taken into custody.

**Wellness Check Ends in Arrest**  
February 2: at 1:15 a.m., deputies arrested a 23-year-old man from Castro Valley on suspicion of breaking and entering a mobile home parked in a business parking lot on Castro Valley Boulevard near Marshall Street. A call requesting a wellness check on the suspect sent deputies to the address. There they found the man had a warrant issued for his capture. The man was taken to Santa Rita Jail pending \$20,000 in bail.

see **REPORTS** on page 6

## BART Service Shift Begins on Monday

BART's start of service will shift from 4 a.m. to 5 a.m. system-wide next Monday, Feb. 11, for a massive project that will seismically retrofit the Transbay Tube.

This change will affect about 2,900 riders who enter the system in that first hour of service.

BART has put together a fact sheet about the schedule change for these early morning riders which includes information about the Early Bird Express bus service that will replace trains, including a complete schedule for each bus line.

The fact sheet also has fare information and outlines several pay-for-parking options in the 4 a.m. hour.

For an online, downloadable and printable version of the fact sheet, visit [www.bart.gov/sites/default/files/docs/EBflyer\\_v12.pdf](http://www.bart.gov/sites/default/files/docs/EBflyer_v12.pdf)

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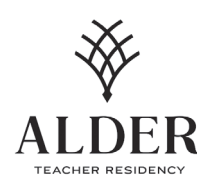
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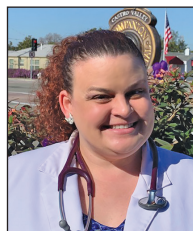
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# The Week Ahead

● **Wednesday, February 6: Community Fruit Tree Gleaning**

Come participate in a Castro Valley tree fruit gleaning from 3:30 to 5:30 p.m. today to save extra fruits and vegetables that otherwise may have gone to waste. Assemble at CVSan Offices at 21040 Marshall Street to visit pre-approved sites in Castro Valley from which to harvest the extra produce. All gleaned food will be donated to a Castro Valley food pantry. If you would like to volunteer, please call 510-537-0757 ext. 112.

● **Thursday, February 7: Parkinson's Support Group Meeting**

The San Leandro Parkinson's Support Group will hold its next meeting at 10:30 a.m. tomorrow at the San Lorenzo Community Church, 945 Paseo Grande. The topic will be Community Resources for Independent Living. For more info, call Lona White at 510-276-3119.

● **Thursday, February 7: Recycled Art & Toys Event**

Children are invited to experience hands-on Science, Technology, Engineering, Arts, and Math (STEAM) learning from 3:30 to 5 p.m. tomorrow at the Castro Valley Library. Up-cycle materials and make fun toys and art with them.

## CASTRO VALLEY FORUM

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● **Friday, February 8: Personal Care Workshop**

A Personal Care Workshop will be held from 6:30 to 8:30 p.m. this Friday at the Palomares Hills Clubhouse at 6811 Villareal Drive in Castro Valley. Participants must have an electronic ticket to participate in this event and registration is available only through Brown Paper Tickets at www.brownpapertickets.com/event/4050609

● **Friday-Sunday, Feb. 8-9-10: Antiquarian Book Fair**

Some 200 antiquarian book sellers from around the world will be showcasing thousands of rare books, manuscripts, maps and more this weekend at the Oakland Marriott City Center, 1001 Broadway. For tickets (\$25-\$15) and info, visit www.cabookfair.com. Free admission for all students with valid student ID.

● **Saturday, February 9: Fixit Clinic & Swap 'N Sew**

The Castro Valley Library and CVSan will hold another of its Fixit Clinics and Swap 'n Sew events from 1 to 4 p.m. this Saturday. Learn how to repair items that have stopped working. If you would like to be a coach, sign up at bit.ly/fixitcoachsignup. For more information about the events, visit www.cvsan.org/repairworkshops

● **Saturday, February 9: Hearing Loss Association Meeting**

Dr. Pragati Mandikai, will describe the latest innovation from EAR-LENS: a hearing aid which is Light-Driven, at the next meeting on Feb. 9. You won't want to miss this. Refreshments at 9:30 a.m., program at 10 at Oakland Kaiser Hospital, Fabiola Bldg., 3801 Howe St., Lower Level, Room G26. Parking garage on Howe is free on Saturday. More info at hearinglosseb.org or call 510-221-6080.

● **Saturday, February 9: Music Benefit for Fire Victims**

Local favorites "The Fundudes" and a number of other great Bay Area musicians will perform a musical benefit from 2 p.m. to 5 p.m. on Feb. 9 at Zocolo Coffee, 645 Bancroft Ave. in San Leandro. A donation of \$10 is kindly suggested. All proceeds will go to North Valley Community Foundation designated to fire victims and their families. If you are unable to attend and would care to donate, please call North Valley Community Foundation at 530-891-1150.

● **Saturday, February 9: Amador Valley Quilters**

Dora Cary, who discovered quilting after moving to the U.S., will present the lecture "Quilting Journey of a Romanian Engineer" at the Feb. 9 general meeting of the Amador Valley Quilters from 1:30 to 4 p.m. at Pleasanton Middle School, 5001 Case Ave., Pleasanton. Cary became a citizen in 2008, and has published more than 20 quilt and bag patterns. Amador Valley Quilters meet on the second Saturday of the month. Guests are welcome. Visit www.amadorvalleyquilters.org

● **Sunday, February 10: Preserving Your Family History**

Chris Pattillo from the California Genealogical Society will present an introduction to preserving your family history that will cover preservation of photos and other memorabilia, as well as how to get started on researching family history and capturing oral histories, from 2 to 3:30 p.m. this Sunday in the Chabot Room at the Castro Valley Library. Whether you are a genealogy novice or an experienced hand, you will find useful information at this event, part of "Castro Valley Reads."

● **Sunday, February 10: Shir Ami Tot Talk Program**

Congregation Shir Ami invites children up to age 4 and their parents to the free, monthly "Tot Talk" program. Learn a little bit about being Jewish, socialize, and have fun from 11:30 a.m. to 12:30 p.m. at the small friendly Reform Synagogue at 4529 Malabar Ave., off Redwood Road, in Castro Valley where we will be discussing the bedtime Sh'ma ritual, painting, playing and having fun. RSVP to bonnie@congsHIRami.org if you would like to attend. For more info, visit www.facebook.com/CongShirAmi

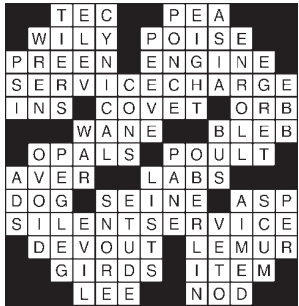
● **Monday, February 11: Charity Bingo Luncheon**

Eagles Auxiliary 1139 will hold its monthly charity bingo luncheon at noon on Feb. 11 at Eagles Hall, 21406 Foothall Blvd., Hayward, with beef vegetable soup, sandwich and salad. The donation (\$8 which includes one bingo card) will go to benefit the nonprofit FESCO, which helps many in need. For more info, call 510-584-1568.

● **Monday, February 11: Municipal Advisory Council Meeting**

The Castro Valley MAC will hold a meeting at 6 p.m. on Feb. 11 at the Castro Valley Library. Visit acgov.org/bc/cvmac for the agenda.

## CROSSWORD PUZZLE ANSWERS



## Submissions To The Forum

The Community Calendar is for publicizing activities of non-profit organizations, government agencies, charities and community groups. Items for the Community Calendar as well as news submissions must be received by 6 p.m. Friday for inclusion in the following Wednesday's newspaper. Send information in an email to: fredz@ebpublishing.com  
Do not send flyers or posters as we cannot use them.

● **Monday, February 11: Free Massage for Seniors**

Ten-minute massage appointments are available for seniors age 60 and over from 1 to 3:30 p.m. on Feb. 11 at the Aitken Senior Center, 17800 Redwood Road in Castro Valley. To schedule an appointment, please call 510-881-6738. Appointments are available on the second Monday of every other month.

● **Tuesday, February 12: Rotary Annual Speech Contest**

The Castro Valley Rotary Club will hold its Annual Student Speech Contest at its next buffet lunch meeting from noon to 1:30 p.m. on Feb. 12 at Redwood Canyon Golf Course, 17007 Redwood Road. The cost of lunch is \$15 and reservations must be made by 9 p.m. on Sunday, Feb. 10, by contacting Rotary at cvrotary@icloud.com or 510-402-5123. More information is available at castrovalleyrotary.org.

● **Saturday, February 16: Crab & Shrimp Feed Fundraiser**

Enjoy a Crab & Shrimp Feed while helping to raise funds for the Veterans Memorial Expansion Project on Feb.16 at the Moose Lodge, 20835 Rutledge Road. No host bar at 5 p.m., dinner starts at 6:30, plus raffle prizes. For tickets (\$50 presale only, none at the door) call Kasey Warner at 530-391-3330 or Pat Flanagan at 510-459-6177.

# Arts & Entertainment

### CASTRO VALLEY CENTER FOR THE ARTS

*Tickets for Center for the Arts events listed below are available online at www.cvcfa.com; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. (phone 889-8961), or at the Castro Valley Adult School, 4430 Alma Avenue.*

● **"Not a Genuine Black Man,"** Brian Copeland's legendary hit and the longest-running solo show in San Francisco history, comes to the Castro Valley Center for the Arts for one very special engagement at 7 p.m. on Saturday, Feb. 16. The show explores Copeland's childhood experiences as a member of one of the only African American families growing up in an almost all-white suburb of San Leandro. *For tickets (\$35 in advance, \$45 at the door), see above.*

### OTHER THEATRICAL & MUSICAL PERFORMANCES

● **"The 39 Steps,"** a comedy, farce, melodrama and mystery all mix in this hilarious stage adaptation of the 1935 Alfred Hitchcock movie. An ingenious assortment of hilarious slapstick shenanigans keep the laughs rolling to the end. Curtain time is 8 p.m. on Fridays and Saturdays and 2 p.m. on Sundays. For tickets (\$25 general, \$20 seniors/students), call 510-733-5483 or visit chanticleers.org

● **"Ah Wilderness,"** a nostalgic coming-of-age story by Eugene O'Neill that introduces the Miller Family on the 4th of July in 1906, will be presented by the Douglas Morrisson Theatre, 22311 N. Third St., Hayward from Feb. 15 through March 3. The play offers a backward glimpse into middle-class family life in turn-of-the-century America, providing a tender, retrospective portrait of small town family values, teenage growing pains, and young love. Showtimes are 8 p.m. Fridays and Saturdays, 2 p.m. on Sundays and on Saturday, March 2. For tickets (\$29, senior discounts available), call 510-881-6777

### ART GALLERIES & ART INSTRUCTION

● **"Art of Peace"** and **"Hernandez Art & Tattoo"** are now on view at Sunset Gallery at Hayward Center/Adult School, 22100 Princeton St. Room H2, in Hayward through Feb. 28. "Hernandez Art & Tattoo" is a collection of works inspired by Meso-American culture to traditional American tattoo by Adolfo Hernandez, a member of the Hayward Art Council's board. "Art of Peace" is an exhibit featuring artwork made from guns and bullets collected as evidence in crimes. Gallery hours are 10 to 4 Tuesdays, Wednesdays and Thursdays. Visit www.haywardartscouncil.org for more gallery exhibits and events.

● **"New Beginnings,"** A.R.T., Inc.'s members-only unjuried (all submissions are accepted) exhibit, is currently on view at the Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. The judge is Edward Bertolet. The exhibit ends on March 9.

● **"Celebrate Women!"** presenting the works of over 50 accomplished artists, writers, and musicians, is being showcased at the John O'League Galleria in Hayward City Hall until Friday. It is the second regional exhibit of the Northern California branch of the National League of American Pen Women.

● **Artist Open Studio Every Thursday:** Join this informal gathering of artists working together in a friendly and helpful atmosphere. Adobe Art Center hosts provides tables, chairs and easels. \$3. Thursdays 10 a.m. to 2 p.m. in the Redwood Studio 1 at the Adobe Art Center, 20395 San Miguel Ave, Castro Valley.



# How to Save on Rx Drugs

By Jim Miller  
SPECIAL TO THE FORUM

The rising cost of prescription drugs is a problem that stings millions of Americans. While there's no one solution, there are some different strategies and resources that can help reduce your drug costs, so you can afford what you need. Here are several to consider.

If you have insurance, know your drug formulary: Most drug plans today have formularies (lists of medications they cover) that place drugs into different "tiers."

Drugs in each tier have a different cost. A drug in a lower tier will generally cost you less than a drug in a higher tier, and higher tier drugs may require you to get permission or try another medication first before you can use it.

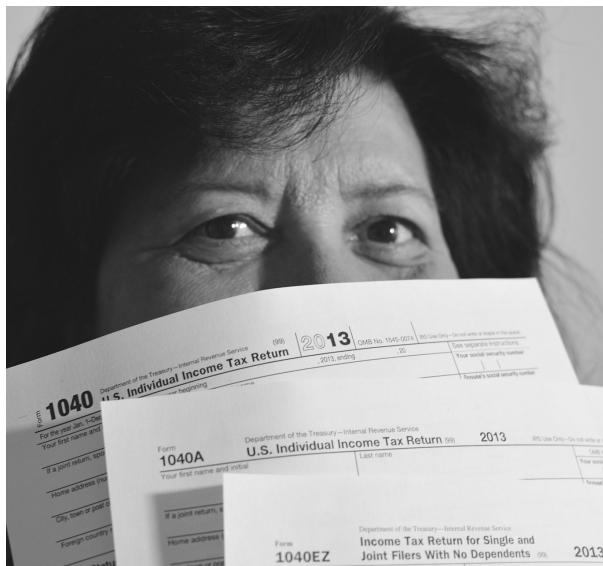
To get a copy of your plan's formulary, visit your drug plan's website or call the 800 number on the back of your insurance card.

Once you have this information, share it with your doctor so, if possible, he or she can prescribe you medications in the lower-cost tiers. Or, they can help you get coverage approval from your insurer if you need a more expensive drug.

You also need to find out if your drug plan offers preferred pharmacies or offers a mail-order service. Buying your meds from these sources can save you some money too.

Talk to your doctor: Ask if any of the medications you're currently taking can be reduced or stopped. And, find out if the ones you are taking are available in generic form. About 80 percent of all premium drugs on the market today have a lower-cost alternative. Switching could save you between 20 and 90 percent.

see SAVE on page 8



**Free assistance with simple Federal and State Income Tax forms for older adults and low income individuals is available by appointment at the Aitken Senior Center.**

## Senior Programs At Aitken Center

The Kenneth Aitken Senior Center at 17800 Redwood Road in Castro Valley is offering several new programs for seniors.

### Memory Academy:

A three-session Memory Academy begins this afternoon, Feb. 6, and continues on Feb. 13 and Feb. 20 from 1:20 p.m. to 2:20 p.m. at the center. The Academy will teach ways to adapt to normal changes in the brain, practice activities that work all parts of the brain and techniques to improve memory of names and numbers. The fee is \$18. Register today by calling 510-881-6738.

### Tax Assistance:

Free assistance with simple Federal and State Income Tax forms for older adults and low income individuals is available by appointment at the center. Tax volunteers go through an intense training program through the IRS. The Income limit restriction is \$55,000. To make an appointment please call 510-881-6738.

### Guitar Jam:

The Aitken Senior Center holds a "Guitar Jam" for Seniors on the first and third Monday of the month from 1 to 3:30 p.m. where you can come jam with your guitar and have fun with others. Advanced beginner or advanced knowledge is required since no instruction will be given. The drop-in fee is \$2.50. For more information, call 510-881-6738.

### Hawaiian Dance Class:

A Hawaiian Dance class where you can learn to move your hips Island-style while listening to warm and tropical music will be held from 11:15 a.m. to 12:30 p.m. tomorrow and every Thursday. For more information, call 510-881-6738.

## Free Senior Drivers Seminar February 27

Seniors can stay safe and save money by registering for the Castro Valley Library's popular senior driving program "Age Well / Drive Smart."

The seminar, conducted by the

California Highway Patrol, will include such topics as compensating for age-related changes, tuning-up driving skills, rules of the road, and safe driving tips. On completion of the class, participants will receive

a certificate for completing the course which may entitle them to an automobile insurance discount.

To register (required) for this free class, call the Library Information Desk at 510-667-7900.

# Decanting: New Way to Reform Trust After Death of the Trustor

**Q** My brother created a trust a few years back, naming our sister as one of his beneficiaries and me as the Trustee. He recently died and we now have a problem: our sister receives public benefits (Medi-Cal and SSI) and the receipt of an inheritance would cause her to lose those benefits.

*Is there a way to change the trust to make some other arrangement for her that will allow her the benefit of the bequest, but also permit her to keep her public benefits?*

By Gene L. Osofsky, Esq.  
SPECIAL TO THE FORUM

**A** Very likely, yes! The goal would be to reform your brother's trust to direct your sister's share into a Special Needs Trust (SNT).

If properly set up and managed, the assets in the SNT would permit her to continue receiving her public benefits, even while the SNT pays for which are not covered, or not fully covered, by her Medi-Cal and SSI.

Examples: automobile, computer, nicer apartment, furniture, and vacations.

But the problem, of course, is that your brother's trust leaves the bequest to your sister directly, and not into an SNT, and he is no longer alive to change it. While this is indeed a public benefits problem for her, there may now be a remedy!

**Decanting Into A New Trust:** A brand new California law just became effective this year (2019), called the "Uniform Trust Decanting Act."

While we normally think of "decanting" as referring to the transfer of wine from one container to another, this vintner's term has a similar meaning in the world of trusts: Decanting a trust allows the trustee to transfer assets from an existing trust into a new trust with more favorable provisions.

To use the new Decanting Act you should engage a knowledgeable

attorney to create a new trust which contains the desired SNT provisions for your sister's share. Your attorney would then give your sister and all other beneficiaries 60 days notice of the proposed change.

If there is no objection, then after the 60 day notice period you would adopt the new trust as your brother's trust, and then move the assets from his old trust into the new one with the SNT provisions.

Alternatively, you might just propose an Amendment as to just your sister's share, leaving all other trust terms the same. This procedure would protect your sister's share while allowing her to maintain her eligibility for Medi-Cal and SSI.

The beauty of decanting is that it can be handled without court involvement and without the corresponding expense and uncertainty of a court proceeding.

**Judicial Modification:** If any beneficiary objects, then you have the more traditional option of petitioning the court to modify the trust. *see OSOFSKY on page 8*

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## Reports: CV

continued from page 3

### Wanted Man

Thursday, January 31: at 3:35 p.m., a 29-year-old man from Oakland was arrested as part of a warrant for his capture. The man had previously been charged with possession of stolen property. Deputies served the warrant at a home on Ganic Street near Wisteria Street. The man was taken to Santa Rita Jail pending \$10,000 in bail.

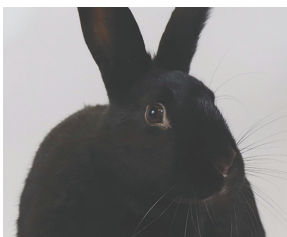
### Medical Marijuana Thieves

Monday, January 28: at 11:40 p.m., two men were arrested on suspicion of robbery related to marijuana drugs. Deputies responded to a call by a man who said two masked people robbed him at gunpoint for his medical marijuana. The man positively identified the suspects after they were apprehended at the intersection of Eagle Street and Somerset Avenue. Deputies found the drugs in the vehicle in a "cookie bag" and a Glock-style pistol under the seat. A 24-year-old man from San Francisco and a 23-year-old man from Antioch (Contra Costa County) were taken into custody.

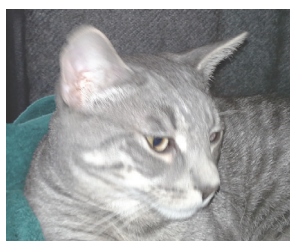
## ADOPT-A-PET



**ZIGGY** is an outgoing and friendly Guinea pig. He allows all handling and loves snacking on timothy hay. He has beautiful orange and white marking. Info: Hayward Animal Shelter.



**MIRACLE** is a gentle bunny who likes to explore. Timid at first, she warms up after a few head/ear pets. She loves greens, hay and apple. Spayed. Info: Hayward Animal Shelter.



**BODE** is 9 months old and he's a playful, gentle and sweet gray tabby. Bode is being fostered by his buddy Rosie. Neutered and vaccinated. Email: Loveall-pawzrescue@gmail.com.



**ROSIE** is an 8 month old beauty. She's an Abyssinian/Calico mix who's friendly with people and cats, but afraid of dogs. Spayed and chipped. Loveall-pawzrescue@gmail.com.

## 'All Fur Love' Free Pet Adoption Event this Saturday in Hayward

The Hayward Animal Shelter will be hosting its 4th Annual "All Fur Love" Pet Adoption Day this Saturday, Feb. 9, at 16 Barnes Court, with free and reduced-cost adoptions from 11 a.m. to 5 p.m.

There are many animals available including cats, dogs, puppies, bunnies, Guinea pigs and pet rats, all spayed/neutered and with vaccinations and microchips.

Assemblymember Bill Quirk is sponsoring the free adoptions (except for \$17 dog license fees for Hayward residents).

Bring your favorite furry friend for a Valentine picture in the Photo Booth for a \$10 suggested donation. There will also be a bake sale, a boutique table and fun raffle prizes. All proceeds benefit the

Hayward Animal Shelter animal medical and spay/neuter funds.

To adopt a pet on Saturday, make sure you meet these requirements:

- All members of the household must be present (including other dogs if you are interested in a dog)
- Have a current photo identification card
- Show proof of address (if ID card doesn't have address)
- Provide landlord or property manager's contact information if you are a renter, (they will be contacted before any adoption is finalized).

For more information, visit [www.haywardanimals.org/events](http://www.haywardanimals.org/events) or contact Assemblymember Quirk's office at 510-583-8818.



## Huge \$18 Million Renovation of Kennedy Park Begins this Friday

Groundbreaking ceremonies will be held this Friday at 1 p.m. to kick off what officials are calling a "huge" renovation for Kennedy Park in Hayward, one of the most popular and heavily-used parks in the Hayward Area Rec and Park District (HARD).

The project will include improvements to the picnic area and picnic shelters, a new teacup

amusement ride and other play elements for children, revamping of the park's famous narrow-gauge train and locomotive, a new 2,600-square foot concession building, and new restrooms and improved pathways.

Some 140 old trees will be removed and 179 new trees will be planted within the park.

The project is slated to be completed in the spring of 2021.

Funds for the renovation will come from the \$250,000,000 bond measure for upgrades and construction of the district's facilities that was overwhelmingly approved by voters in the Nov. 8, 2016 election.

Kennedy Park, created some 70 years ago, is located at 19501 Hesperian Boulevard.

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Happy Valentine's Day To My Love  
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♥♥♥  
**TO MY VALENTINE**  
♥♥♥ **JOAN SMITH** ♥♥♥  
ALL MY LOVE ROBERT JONES

♥♥♥ **JOAN SMITH** ♥♥♥  
Thank You For Being My True Love  
For All These Years!  
Your Sweetheart,  
Robert Jones

STYLE #1  
Line of hearts • First line bold  
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STYLE #2  
Large heart • Short name on heart  
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## On Valentines Day, Let Them Eat Cake

**V**ALENTINE'S DAY is next week and if you haven't found the perfect gift for that certain someone, you probably couldn't go wrong with one of these home-made chocolate cakes.

### HERSHEY'S PERFECT CHOCOLATE CAKE

2 cups sugar  
1-3/4 cups all-purpose flour  
3/4 cup Hershey's Cocoa  
1-1/2 teaspoons baking powder  
1-1/2 teaspoons baking soda  
1 teaspoon salt  
2 eggs  
1 cup milk  
1/2 cup vegetable oil  
2 teaspoons vanilla extract  
1 cup boiling water

Heat oven to 350°F. Grease and flour two 9-inch round baking pans.

Stir together sugar, flour, cocoa, baking powder, baking soda and

salt in large bowl. Add eggs, milk, oil and vanilla; beat on medium speed of mixer 2 minutes. Stir in boiling water (batter will be thin). Pour batter into prepared pans.

Bake 30 to 35 minutes or until wooden pick inserted in center comes out clean. Cool 10 minutes; remove from pans to wire racks. Cool completely. Frost with chocolate frosting. Makes 12 servings.

### Hershey's Perfect Chocolate Frosting

1/2 cup (1 stick) butter or margarine  
2/3 cup Hershey's Cocoa  
3 cups powdered sugar  
1/3 cup milk  
1 teaspoon vanilla extract

Melt butter. Stir in cocoa. Alternately add powdered sugar and milk, beating to spreading consistency.

Add small amount additional milk, if needed. Stir in vanilla. Yields about 2 cups frosting.

### GERMAN'S CHOCOLATE CAKE

1 (4-ounce) package Baker's German's sweet baking chocolate  
1/2 cup boiling water  
1 cup butter or margarine  
2 cups sugar  
4 eggs, separated  
1 teaspoon vanilla  
2 cups all-purpose flour  
1 teaspoon baking soda  
1/2 teaspoon salt  
1 cup buttermilk  
Coconut-pecan frosting

Preheat oven to 350°F. Melt chocolate in water and cool. Cream butter and sugar. Beat in egg yolks. Stir in vanilla and chocolate.

Mix flour, soda and salt. Beat in flour mixture, alternately with buttermilk.

Beat egg whites until stiff peaks form; fold into batter. Pour batter into three 9-inch layer pans, lined

on bottoms with waxed paper.

Bake at 350°F for 30 minutes or until cake springs back when lightly pressed in center. Cool 15 minutes; remove and cool on rack.

### Coconut-Pecan Filling & Frosting

1 (12-ounce) can evaporated milk  
1-1/2 cups sugar  
3/4 cup (1-1/2 sticks) butter  
4 egg yolks (slightly beaten)  
1-1/2 teaspoons vanilla  
1 (7-ounce) package shredded sweetened coconut  
1-1/2 cups chopped pecans

In large saucepan, mix evaporated milk, sugar, butter and egg yolks. Cook and stir over medium heat about 12 minutes or until thickened and golden brown.

Remove from heat. Stir in vanilla, coconut and pecans. Cool to room temperature and spreading consistency. Makes about 4-1/2 cups of frosting.



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## Osofsky: A Further Note

*continued from page 5*

tioning the superior court for an order reforming the trust to include the necessary SNT provisions. Before January 1 of this year, this was the traditional approach in situations like yours. Now, with the new Decanting Act, it can be used as a "back up" if any beneficiary objects.

A further note on the new Decanting Act: using it to create a SNT for a beneficiary receiving public benefits is merely one use. It can also be used to modify other provisions of an older trust: Examples: to update tax provisions, clarify ambiguities, change successor trustees, re-designate the place of trust administration, and — in some cases — to unwind an unnecessary A - B Credit Shelter Trust.

This new procedure should certainly be considered in your situation.

Gene L. Osofsky is an Elder Law and Estate Planning attorney in Hayward. Visit his website at [www.LawyerForSeniors.com](http://www.LawyerForSeniors.com).



## Save: Drug Discounts

*continued from page 5*

Ask for a three-month prescription: This can be significantly cheaper for drugs you take long-term. If you use insurance, you'll pay one co-pay rather than three.

Split your pills: Ask your doctor if the pills you're taking can be cut in half. Pill splitting allows you to get two months' worth of medicine for the price of one.

Find and use online discounts: Start by trying GoodRx.com, BlinkHealth.com or WeRx.org.

They will ask for the name of the drug, the dose, the number of pills, and where you live. Then they will show you what you can expect to pay at various pharmacies if you use their discount coupons or vouchers, which you can print out or download to your phone to show a pharmacist.

Pay cash: Most generic medications cost less if you don't use your insurance. For example, chains like Target and Walmart offer discount-drug programs that sell generics for as little as \$4 for a 30-day supply and \$10 for a 90-day supply if you pay out-of-pocket. While some insurance companies charge a \$10 copay for a 30-day supply.

Also ask your pharmacy if they offer a drug discount card program and compare costs with your insurance plan. You can also find free drug discount cards online at sites like NeedyMeds.org, which can be used at most U.S. pharmacies.

Shop online: You can also save by using an online pharmacy like HealthWarehouse.com but be sure to use an online retailer that operates within the U.S. and is licensed. The site should display the VIPPS symbol, which shows it's a Verified Internet Pharmacy Practice Site.

Search for drug assistance programs: If your income is limited, you can probably get help through drug assistance programs offered through pharmaceutical companies, government agencies and charitable organizations.

To find these types of programs use sites like BenefitsCheckUp.org, PatientAdvocate.org, RxAssist.org and NeedyMeds.org.

Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

## How Seniors Can Find Clinical Trials

By Jim Miller

SPECIAL TO THE FORUM

Each year, hundreds of thousands of Americans participate in clinical trials in hopes of gaining access to the latest, and possibly greatest, but not-yet-on-the-market treatments for all types of illnesses.

But, you need to be aware that clinical trials can vary greatly in what they're designed to do, so be careful to choose one that can actually benefit you. Here's what you should know along with some tips for locating one.

### Clinical Trials

A clinical trial is the scientific term for a test or research study of a drug, device or medical procedure using people. These trials — sponsored by drug companies, doctors, hospitals and the federal government — are conducted to learn whether a new treatment is safe and if it works. But, keep in mind that these new treatments are also unproven, so there may be risks too.

Also be aware that all clinical trials have certain eligibility criteria (age, gender, health status, etc.) that you must meet in order to be accepted. And before taking part in a trial, you'll be asked to sign an informed consent agreement. You can also leave a study at any time.

*see TRIALS on page 15*



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\*Borrower to remain current on their property taxes and homeowners insurance and HOA fees, occupy home as primary residence and maintain property.

Oversight under the California Residential Mortgage Lending Act. #4130937 NMLS#7147. Equal Housing Lender. NMLS Consumer Access: [www.nmlsconsumeraccess.org](http://www.nmlsconsumeraccess.org). This Material is not from HUD for FHA, and was not approved by HUD, FHA or any other government agency.

## Senior Lunch

The Kenneth Aitken Senior Center at 17800 Redwood Road in Castro Valley offers delicious lunches for seniors age 60 years or older at noon on Mondays, Tuesdays and Wednesdays.

The meals, provided by Spectrum Community Services, must be ordered at least by noon a day in advance. The suggested donation is \$3.75 per person.

Join the Senior Center for a nutritious meal prepared by a dietician and meet new friends in the neighborhood. For more information, please call 510-881-6738.



# REAL ESTATE GALLERY

## REAL ESTATE REALITY

By Carl Medford, CRS  
Special to the Forum

GUEST COMMENTARY



## The Super Bowl Effect

**T**he housing market is, in many ways, like a living thing. Whether a Buyer's Market or a Seller's Market, it fluctuates and moves about like a tree in the wind, and, like a sentient being, seems quite frequently to have a mind of its own.

It reacts to current events and can, quite literally, pivot and change in a single day.

Looking backwards it is usually quite easy to see when the market shifted. It is no secret the economic collapse approximately ten years ago took a vibrant seller's market and, overnight, turned it from boom to bust.

Homeowners, unable to pay escalating monthly payments due to wildly adjusting loans either lost their homes to foreclosure or resorted to short sales. Prices plummeted and buyers, especially investors, had free rein.

While difficult to pinpoint a specific day because of the breadth of the collapse, it is generally agreed that the market crested in May, 2007 and then began its epic ride into historic ruin.

It is also possible to see when the market turned upwards and transitioned from a buyer-oriented market to a full-blown seller's market. It happened, quite literally, in a single day – February 7th, 2011.

For those who might be sports trivia buffs, that happens to be the day after the Green

Bay Packers defeated the Pittsburgh Steelers 31-25 in Super-bowl XLV. Quite literally, the very next morning, our phones began ringing off the hook and did not stop for months after.

Called "The Super Bowl Effect," it is the time of year which usually indicates the shift from the dismal winter months into the upward-focused spring-time. It's the time when football fans no longer have their prime weekend hours tied up cheering on their favorite teams and can now focus on real estate.

If we are going to see an upward turn in the market and increased buyer activity, this is usually the time of year it is going to happen.

The seller's market that began in February, 2011 and then went on a seven-and-a-half-year record-breaking romp, finally reached a peak this past June, 2018, as sales slowed and prices dropped through to the end of the year.

While it is very unlikely we will see another market like that for some time, it is possible that we may see a reversal now that Super Bowl LIII is in the books.

It will be interesting to see.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

## Mortgage Rates Tick Up

Mortgage rates moved up slightly last week after weeks of moderating, according to Freddie Mac's nationwide survey.

The 30-year fixed-rate mortgage averaged 4.46 percent, up from 4.45 percent the week before. A year ago at this time, the 30-year rate averaged 4.22 percent.

Fifteen-year loan rates last week averaged 3.89 percent, up from 3.88 percent.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.96 percent, up from 3.90 percent.



Tucked away on a peaceful private road this 4-bedroom, 3-1/2 bath gem in rural Castro Valley sits on 1.4 acres! Take in breathtaking views of the canyon from the sprawling family room or large master bedroom suite.

Gorgeous front yard adorned with flagstone driveway and walkways, fountain, fruit trees, roses, and lush vegetation. Thomasville kitchen cabinets, granite counters, vaulted ceiling, skylights and large island. High quality materials used in the many upgrades. Beautiful hardwood floors, dual pane windows and solar. Horses allowed. Great Castro Valley schools and easy access to major freeways, BART, shopping and entertainment.



**Judy Grubb**  
Broker Associate  
Lic. #01367593

**Direct 510-909-2930**  
Judy@GrubbTeam.com  
www.TheGrubbTeam.com

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where clients come first



**6881 Sunnyslope Ave.,  
Castro Valley  
\$1,390,000**

**Open House Sat. & Sun.  
from 1-4 p.m.**

## RECENT HOME SALES

### Castro Valley

20345 Stanton Avenue	94546: \$730,000	3 BD - 1,349 SF - 1949
5352 Fairweather Court	94552: \$1,045,000	4 BD - 2,092 SF - 1999
<b>TOTAL SALES:</b>	<b>2</b>	
<b>LOWEST AMOUNT:</b>	<b>\$730,000</b>	<b>MEDIAN AMOUNT:</b> <b>\$887,500</b>
<b>HIGHEST AMOUNT:</b>	<b>\$1,045,000</b>	<b>AVERAGE AMOUNT:</b> <b>\$887,500</b>



### Current Listing!

**20294 Forest Ave. #1,  
Castro Valley**

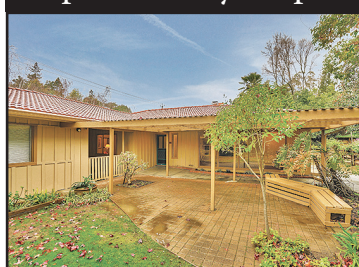
Spacious 2 bedroom, 2.5 baths condominium with a double car garage. Also features a large living room with a gas fireplace, inside laundry, and a small yard. Nice starter property located in CV school district. Close to Bart, CV library and shopping. FHA and VA welcome. **Asking 562,500.**

### Coldwell Banker Real Estate

Call Trish Radovich: 510-367-7999/calltrish@comcast.net  
21060 Redwood Rd. Ste. 100, Castro Valley

**3712 Seven Hills Road • Castro Valley • \$838,000**

**Open Sunday 1-4pm**



**3 Bedrooms, 2 baths,  
1774 sf approx on  
a 16,800 sf lot.  
Refinished hardwood  
floors. Kitchen island.  
Master bedroom suite.  
Close to park, school,  
and transportation.**



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## Picture Perfect

It doesn't get much better than a Palomares Hills light and bright townhouse that offers bay views and 2 master suites.

This 1,282 Sq. Ft. move-in ready home features 2.5 baths, hardwood floors, cozy gas fire-place in the living room, central heat and A/C, rear yard patio and 2-car garage.

Enjoy the Palomares Hills community center, swimming pools, parks, tennis & basketball courts and walking trails.



**20029 Summerglen Pl., Castro Valley • \$725,000**

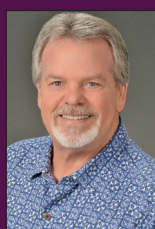
**Open House: Sat. 2/9 & Sun. 2/10. from 1 to 4pm.**



**Kathi Townsend, Realtor®**  
**510-333-9404**

kathi.townsend@BHHSDrysdale.com  
DRE #01409032

**Wayne Licsak, Realtor®**  
wayne.licsak@BHHSDrysdale.com  
DRE #01850870



**BERKSHIRE  
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HomeServices  
3811 E. Castro Valley Blvd.,  
Castro Valley



**19076 Center St. Just Sold!**

This lovely upper Center Street home sold above list price and before going on the market!



**19141 Parsons Ave. Just Listed!**

Move-in ready property with potential for in-law unit. Won't last!

**Coming Soon! Fixer-upper on Rollinghills Way in Castro Valley**



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PACE**  
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ROBERT@ROBERTKPAC.COM  
ROBERTKPAC.COM

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CASTRO VALLEY, CA 94546**



## Time to Recycle Old Batteries Collecting in Your Home

It's time to finally declutter your junk drawers, closets, attic and basement. If these areas of your home contain used batteries, you're in good company.

One in five consumers stored some or all of their used batteries from the past year, according to a recent study conducted on behalf of Call2Recycle.

Whether it's electronics packed away in the attic or boxed toys in the basement, old batteries are everywhere. As part of your de-cluttering efforts, experts say

it's worthwhile to take the time to gather used batteries and properly recycle them.

"Responsible ownership of technology products extends to end-of-life management of the batteries that power those products," says Carl Smith, CEO and president of Call2Recycle, Inc. "By properly recycling those old batteries, consumers can help protect people and property."

From old power tools to cordless telephones, cameras, e-readers, tablets and cellphones, many

people don't know what to do with the dead batteries inside their electronics. Indeed, more than half of individuals throwing away battery-operated electronic devices leave the battery attached.

To safely and easily recycle the batteries you find, Call2Recycle recommends the following steps:

1. Tape: Protect the ends/terminals with non-conductive electrical, duct or clear packing tape.

2. Bag: Store the taped batteries in a clear plastic bag that

closes.

3. Drop: Recycle your rechargeable batteries at a convenient drop-off location, including most hardware stores and The Home Depot, Lowe's and Staples. It's an easy task to complete while running everyday errands. Eighty-six percent of the U.S. population lives within 10 miles of a drop-off location.

More information about proper battery disposal can be found by visiting [call2recycle.org](http://call2recycle.org).

—StatePoint



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# AGENTS IN ACTION

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## OPEN HOMES SATURDAY & SUNDAY FEB. 9<sup>th</sup> & FEB. 10<sup>th</sup>



CITY	SAT	SUN	ADDRESS	PRICE	BDRMS/BATHS	REALTOR	AGENT	PHONE
A	—	2-4	1844 Starview Dr.	\$NA	3/2.5	Rinetti & Co. RE	Tianne/Perry	510-326-0378
K	—	1-4	4360 Eagle Peak Rd. #C	\$489,000	3/2.5	J. Rockcliffe RE	Lisa ferraris	510-304-1271
C	1-4	1-4	20029 Summarglen Pl.	\$725,000	2/2.5	Berkshire Hathaway	Kathi/Wayne	510-333-9404
C	—	1-4	3712 Seven Hills Rd.	\$838,000	3/2	Coldwell Banker	Laurie Pfohl	510-851-3551
Z	—	2-4	2828 Waterton St.	\$995,000	3/2	Compass RE	Jeff Goodman	510-407-0905
C	1-4	1-4	6881 Sunnyslope Ave.	\$1,390,000	4/3.5	The Grubb Team	Judy Grubb	510-909-2930

One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25. For more information and a listing form, Call 614-1558. DEADLINE: TUESDAY AT NOON.

### CITY GUIDE

A = SAN LEANDRO • B = SAN LORENZO • C = CASTRO VALLEY • D = DANVILLE • F = FREMONT • H = HAYWARD • K = CONCORD  
L = LIVERMORE • M = MODESTO • O = OAKLAND • P = PLEASANTON • S = SHEFFIELD VILLAGE • Z = ALAMEDA



All real estate advertised in the Castro Valley Forum is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, marital status, national origin, or intention to make any such preference, limitation or discrimination. The Castro Valley Forum will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

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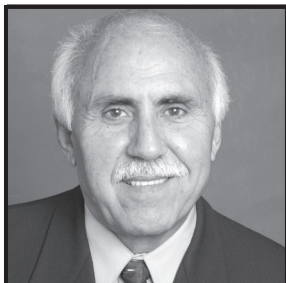
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Senior Real Estate Specialist  
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lizzilucero@sbcglobal.net  
**510-583-5444**



**Sharon Luther**  
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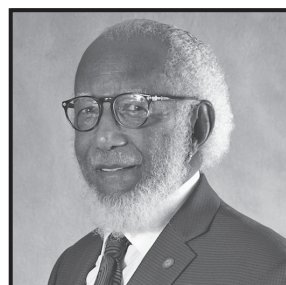
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Realtor®  
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How would you like your face and message to be delivered to households and news racks in Castro Valley, San Leandro, Sheffield Village, San Lorenzo, Hayward, Oakland and Alameda?

This Monthly Section will run the first Wednesday and Thursday of every month in the Castro Valley Forum and the San Leandro Times.

For more information about advertising call:

**Mary Florence: 510-861-3270 or  
Linda Nakhai: 510-915-1513**





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**FAX 510-483-4209**  
**EMAIL** Classifieds@ebpublishing.com  
**ONLINE** www.ebpublishing.com

## TO VIEW THE CLASSIFIED ADS

Visit our Websites 24 hours a day  
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**www.castrovalleyforum.com**  
2060 Washington Ave., San Leandro, CA 94577

## CLASSIFIED AD DEADLINE

New ads, cancellations or ad changes:  
**MONDAY BY 5:00 P.M.**  
Call 510-614-1558 (Mon. - Fri., 9 a.m. - 5 p.m.)  
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**\$35** 10 words  
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**\$30** 10 words  
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### HELP WANTED

**\$35** 10 words  
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### MISC. FOR SALE

**\$30** 10 words  
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**\$35** 10 words  
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**\$30** 10 words  
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CLASSIFIED ADS RUN EVERY WEDNESDAY IN THE CASTRO VALLEY FORUM AND EVERY THURSDAY IN THE SAN LEANDRO TIMES

**PLACE YOUR CLASSIFIED AD ON OUR WEBSITE AND SAVE \$5 PER WEEK OFF THE ABOVE PRICES!**

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sanleandrotimes.com or castrovalleyforum.com  
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Need Contractor Service? Check our HOME SERVICE & CLASSIFIED ads for help! Castro Valley Forum/San Leandro Times

**LANDLORDS** - Advertise your units! - A vacancy day is money lost forever - R. Bowman

### CONTRACTOR SERVICE

**NOTICE TO READERS**  
California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State Law also requires that contractors include their license number on all advertising. Advertisers appearing on this page without a license number indicate that the contractor is not licensed. You can check the status of your licensed contractor at www.cslb.ca.gov or (800) 321-2752. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

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For more info or to place an ad call 510-614-1558  
San Leandro Times/Castro Valley Forum

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Check the **Help Wanted** ads on the next page of this newspaper.  
Also: **Limited Time Offer!** You can run a FREE 15 word "Employment Wanted" ad. Ad runs in the San Leandro Times & Castro Valley Forum. Call 510-614-1558 to place an ad or for more info. (Some restrictions may apply)

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**IF YOUR GARAGE SALE IS RAINED OUT, WE'LL RUN YOUR AD AGAIN FOR NO EXTRA CHARGE.** SLTimes

### GARAGE SALES



#### SAN LEANDRO

**BACKYARD/ GARAGE SALE** Fri-Sat 2/8-2/9, 9am-2pm. 15382 Churchill Street, San Leandro.

Advertise your Home for rent in the San Leandro Times & Castro Valley Forum  
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#### \*FALL CLEANUP!!!

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San Leandro Times / Castro Valley Forum

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**DON'T LET ANOTHER WEEK SLIP BY!**  
- A vacancy day is money lost forever -  
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are looking for a job you can run a  
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Call **510-614-1558** to place an  
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**Do you need some help at  
your business?**

To place an Help Wanted ad  
call **510-614-1558**  
Your ad will run in and the Castro  
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**Find help and support your local  
newspaper at the same time!**  
- Thank you -

**LANDLORDS** - Advertise your units!  
- A vacancy day is money lost forever -  
**R. Bowman**

**HELP WANTED**

The City of San Leandro is now  
accepting online applications for:

**Recreation Specialist I -  
Park Specialist -**  
\$17.43 -\$21.18/hourly

For more detailed information,  
please visit [www.sanleandro.org](http://www.sanleandro.org).

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**Razor Ripstik** Caster Board with  
lighted wheels, black with orange, in  
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**1987 Coleman Tent Trailer.** Awning,  
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For more info call  
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**WANTED:** Old toys, pedal cars,  
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Patrick V.

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*For assistance call ...*

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Walk to BART and Village. Gated,  
laundry, pool, fitness. \$2,295. 510-  
582-8389.  
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**Hayward** 1-bedrooms \$1,425 -  
\$1,525, 2-bedrooms \$1,695 - \$1,795  
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cious. 510-887-6633.

**Hayward** spacious 1-bedroom  
\$1,200+, 2-bedroom \$1,500+. Bal-  
cony, patio, pool. 510-581-4702.

**San Leandro** (Pacific Avenue) 2-  
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lost forever ... **R. Bowman**

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San Leandro Times/Castro Valley Forum

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**DON'T LET ANOTHER WEEK SLIP BY!**  
- A vacancy day is money lost forever -  
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**YOUR INFO**

**CLASSIFIED AD DEADLINE:**  
**Monday 5:00 p.m.**

**LANDLORDS** - Advertise your units!  
- A vacancy day is money lost forever -  
**R. Bowman**

**Help for the homeowner  
means business for you!**



**ADVERTISE YOUR BUSINESS IN OUR  
HOME SERVICES DIRECTORY  
CALL 614-1558**

**PLACE YOUR  
CLASSIFIED  
ADS ONLINE!**

[CastroValleyForum.com](http://CastroValleyForum.com)

[SanLeandroTimes.com](http://SanLeandroTimes.com)



**ATTENTION  
LANDLORDS**



**You may rent your property with  
a sign in the window or with an  
ad on the internet... But why not  
also advertise your rental in both  
the San Leandro Times & Castro  
Valley Forum for as little as \$25,  
and reach over 60,000 readers!  
TO PLACE AN AD, CALL 614-1558**

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Classified & Home Service ads  
run in both the Castro Valley  
Forum and San Leandro Times.

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60,500**

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for details and rates.

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How about a new  
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**CHECK OUT OUR  
CLASSIFIED ADS  
&  
HOME SERVICES  
FOR HELP!**

**THANK-YOU**  
for supporting the Castro Valley  
Forum and San Leandro Times!



**We greatly appreciate our many  
advertisers who make it possible for  
us to publish these newspapers.**

**HOME SERVICES DIRECTORY****Handyman**

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SERVICES**

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San Leandro for 28 Years*

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We Do It All!**  
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**HAVE SERVICES? CALL US**

**REACH OVER  
60,000  
READERS BY  
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**HOME SERVICES DIRECTORY**

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**BANNER ROOFING CO.**

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**RESIDENTIAL & COMMERCIAL**

**WE CONTROL  
YOUR RAIN!**

★★★★

**ALL TYPES OF  
ROOF REPAIRS**

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**PROFESSIONAL  
WORKMANSHIP**

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- ASPHALT SHINGLES
- FIREPROOF TILE & SLATE
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- COPPER GUTTER SYSTEMS
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PHOTO BY AMY SYLVESTRI

## Smash and Grab Theft

The ABC Music Store at 3145 Castro Valley Boulevard was broken into sometime during the late night Sunday or early morning hours of Monday. The large front window was smashed and several instruments in the display were stolen. Anyone with information on the case is asked to call the Alameda County Sheriff's office at 510-667-7721.

## Obituaries

### CASTRO VALLEY FORUM OBITUARIES

reach more than 99 percent of homes in Castro Valley. Email to: [obits@ebpublishing.com](mailto:obits@ebpublishing.com) or fax to 510-483-4209. Include a phone number. The deadline is noon Tuesday for that week's Forum. Obituaries may include color or black-and-white photos. For help, including cost, call Patrick Vadnais at 510-614-1558.

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42 Years Experience

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(We are in Yellow Victorian House by McDonald's)  
510-317-7890  
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## LETTERS to the Editor

### Rotary Club's Chili Cook Off and Parade Coming Right Up!

Editor:

Please hold Friday, May 10, and Saturday, May 11 for two great community events: The Chili Cook Off (May 10) and the 37th Annual Rowell Ranch Rodeo Parade (May 11), both sponsored and hosted by the Rotary Club of Castro Valley!

This year, we have added to The Chili Cook Off competition a "Mac and Cheese" category and are looking for five entries!

Both the Chili Cook Off and the Rowell Ranch Rodeo Parade committees encourages individuals, schools, churches and other organizations to sign up early and have a great Castro Valley weekend promoting their passions!

Chili Cook Off Chair Randy Vanderbilt invites prospective Chili entries to contact him directly at 510-882-1114 and Rowell Ranch Rodeo Parade Chair Todd Anglin invites interested individual and organizations to visit the parade website at [www.rowellranchrodeoparade.com](http://www.rowellranchrodeoparade.com) for more information and to enter.

—Bruce D. Johnson, Chili Cook Off and Parade Committee  
Castro Valley Rotary

### Wants MAC to Tackle Challenge of Town's Traffic Jams

Editor:

I'm very pleased the Municipal Advisory Council approved the renovation on Santa Maria Avenue; this will be a wonderful step for our town.

However, I'm extremely concerned MAC hasn't made a single proposal to correct the traffic jams around the main thoroughfares (and adjacent streets) in Castro Valley.

Every year our streets have become less and less attractive to all residents as they have become non functional and insufficient to deal with the realities of today's traffic demands. Please, MAC, tackle this challenge and find a solution, otherwise let others replace you.

—Hugo Torres, Castro Valley

### Disturbed by Supervisors' Lack of "Respect for Animals"

Editor:

I testified at the Board meeting of the Alameda County Supervisors and recommended it ban two brutal rodeo events, wild cow milking and mutton busting. Three videos were shown to the Board of those types of recent events at Rowell Ranch clearly evidencing the abuse and mistreatment of rodeo animals.

Valle found the content disturbing and cruel and later Sup. Chan proposed a ban on mutton busting. Valle, Carson, and Miley voted for Chan's proposal—Miley originally voted the "status quo" against the proposal stating he could not see any abuse. He generally sides with industry when in doubt, but then later changed his vote in favor when Chan pointed out the Humane Society is against those events. Haggerty was the sole vote against the Chan proposal.

Supervisors Miley and Haggerty are both Rowell Ranch Rangers listed on its website. This conflict of interest was pointed out by this author. Miley did not address it, and Haggerty denied any conflict claiming he gave only \$1,000 to the rodeo committee.

Mr. Haggerty chaired this hearing and attempted to hurry through this agenda item, cutting off a number of citizen speakers in mid-sentence if they exceeded their 3-minute time limit, even going so far to ask four members of the public to voluntarily forgo their public comment.

As a taxpayer of District 4, I look forward to the 2020 county elections to bring forth candidates with compassion and respect for animals and their welfare, that won't turn a blind eye to the ongoing abuse and to the community exposing what's really happening to animals behind rodeo fences and gates.

—Michelle Lang, Castro Valle

### LEGAL NOTICE

FILED  
JANUARY 18, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By \_\_\_\_\_, Deputy  
FILE NO. 554251

#### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business:  
LifeStyle Reset Health & Fitness Coaching  
located at 20579 Santa Maria Ave., Castro  
Valley, CA 94546, in Alameda County is  
hereby registered by the following owner(s):  
Aileen Cancino, 4809 Woodbridge Way, Antioch, CA 94531. This business is conducted  
by an individual. This business commenced  
on 01-18-19.  
/s/Aileen Cancino  
This statement was filed with the County  
Clerk of Alameda County on date indicated  
by file stamp above.  
Expires JANUARY 18, 2024  
FEB. 6, 13, 20, 27, 2019  
0001-CVF

## LETTERS TO THE EDITOR

must include writer's first and last names, phone number, city of residence, and must be under 300 words. The Forum does not print unsigned or anonymous letters. We reserve the right to edit as necessary.

Email Letters to:  
[fredz@ebpublishing.com](mailto:fredz@ebpublishing.com)  
or mail to:  
The Forum,  
P.O. Box 2897  
Alameda, CA 94501

### HOROSCOPE by Salomé

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**ARIES (March 21 to April 19)** Some unsettling facts about a past situation could come to light. And while you'd love to deal with it immediately, it's best to get more information to support your case.



**TAURUS (April 20 to May 20)** A straightforward approach to a baffling situation is best. Don't allow yourself to be drawn into an already messy mass of tangles and lies. Deal with it and move on.



**GEMINI (May 21 to June 20)** Don't be discouraged or deterred by a colleague's negative opinion about your ideas. It could actually prove to be helpful when you get around to finalizing your plan.



**CANCER (June 21 to July 22)** Ignore that sudden attack of "modesty," and step up to claim the credit you've so rightly earned. Remember: A lot of people are proud of you and want to share in your achievement.



**LEO (July 23 to August 22)** A financial "deal" that seems to be just right for you Leos and Leonas could be grounded more in gossamer than substance. Get an expert's advice to help you check it out.



**VIRGO (August 23 to September 22)** Don't ignore that suddenly cool or even rude attitude from someone close to you. Asking for an explanation could reveal a misunderstanding you were completely unaware of.



**LIBRA (September 23 to October 22)** Unless you have sound knowledge, and not just an opinion, it's best not to step into a family dispute involving a legal matter, regardless of whom you support. Leave that to the lawyers.



**SCORPIO (October 23 to November 21)** An awkward situation presents the usually socially savvy Scorpion with a problem. But a courteous and considerate approach soon helps clear the air and ease communication.



**SAGITTARIUS (November 22 to December 21)** A calmer, less-tense atmosphere prevails through much of the week, allowing you to restore your energy levels before tackling a new challenge coming up by week's end.



**CAPRICORN (December 22 to January 19)** Your approach to helping with a friend or family member's problem could boomerang unless you take time to explain your method and how and why it (usually!) works.

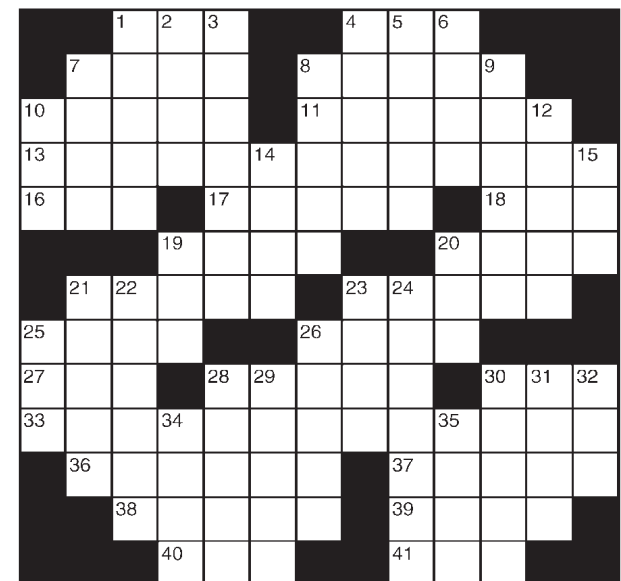


**AQUARIUS (January 20 to February 18)** Someone who gave you a lot of grief might ask for a chance for the two of you to make a fresh start. You need to weigh the sincerity of the request carefully before giving your answer.



**PISCES (February 19 to March 20)** Too much fantasizing about an upcoming decision could affect your judgment. Better to make your choices based on what you know now rather than on what you might learn later.

## THE FORUM CROSSWORD



#### ACROSS

- Sleuth, slangily
- Pod dweller
- Crafty
- Equilibrium
- Overuse the mirror
- Motor
- Fee for work done
- Officeholders
- Break a Commandment
- Sphere
- Diminish
- Small blister
- Milky stones
- Young turkey
- Profess
- Science workshops
- Pooch
- Paris river
- Cleopatra's slayer
- Navy, with "The"
- Seriously loyal
- Madagascar critter
- Surrounds
- Thing
- CSA boss
- Affirmative action?

#### DOWN

- Layers
- Ht.
- Sneeringly doubtful
- \_\_ de Leon
- Square dance quorum
- Europe's neighbor
- Small songbird
- Annoyance
- Sign up
- Greek letter
- Heron's kin
- Swindles
- Recede
- "This means \_\_\_!"
- Urban transport
- Egg-shaped
- Pirate costume feature
- Sheet of glass
- Ohio college
- Billboards
- Rosters
- Sleep soundly?
- Chopin piece
- Picked a target
- Pond gunk
- Apiece
- Satan's forte
- Kill a bill

ANSWERS ON PAGE 4



## Trials: How To Find One

*continued from page 8*  
**Find a Trial**

Every year, there are more than 100,000 clinical trials conducted in the U.S. You can find them by asking your doctor who may be monitoring trials in his or her specialty. Or, you can look for them on your own at ClinicalTrials.gov.

This website, sponsored by the National Institutes of Health, contains a comprehensive database of federally and privately supported clinical studies in the U.S. and abroad on a wide range of diseases and conditions, including information about each trial's purpose, who may participate, locations, and phone numbers for more details.

If you want some help finding the right trial, try ResearchMatch.org, a web-based resource created by Vanderbilt University that connects willing patients with researchers of clinical trial.

Or, use the Center for Information and Study on Clinical Research Participation at CISC.RP.org. This is a nonprofit organization that will take your information online or over the phone and do a thorough clinical trials search for you, and mail or email you the results within a week or two. Call 877-633-4376 for assistance.

Those with dementia and their caregivers can locate clinical trials at the Alzheimer's Association TrialMatch at TrialMatch.alz.org.

### Things to Know

Before deciding to participate in a trial, you need to first discuss it with your doctor to make sure it is appropriate for you. Then, schedule an appointment with the study's medical team and ask lots of questions, such as:

- What's the purpose of the study and can it improve my condition?
- What are the risks?
- What kinds of tests and treatments does the study involve?
- Is the experimental treatment in the study being compared with a standard treatment or a placebo?
- Who's paying for the study? Will I have any costs, and if so, will my insurance plan or Medicare cover the rest?

For more on clinical trials for older adults visit the National Institute on Aging (nia.nih.gov/health/clinical-trials), which has many informative articles including one on "questions to ask before participating in a clinical trial."



**Smalltown welcomes all to their free monthly Creative Hub events to share art and build the community.**

## This Week at Smalltown

### ● Saturday, February 9: Smalltown Creative Hub

It's about People. It's about community. It's about Collaboration. It's about random strangers and random events that somehow always seem to connect with you. It's about good stories, from good people, from all walks of life. It's about fun and creativity, justice and meaning. It's about the good things that bind us together. A free and open workspace/studio environment, a place to kick up your feet, view local art and create local art. Free Wi-Fi. Bring some food, drink, a project you're working on, a book your reading, or a thought to share. Anyone is welcome. Free... 2 p.m. to 10 p.m.

More details on these events and others visit [www.smalltown-society.com](http://www.smalltown-society.com) or text "Smalltown" to 797979. Smalltown Society is located at 22222 Redwood Road, Castro Valley.

## CVSan Seeks Technician

Castro Valley Sanitary District (CVSan) is accepting applications for the position of Engineering Technician, responsible for a variety of technical fields and office duties.

The job includes performing sanitary sewer inspections, providing technical assistance to the public, maintaining engineering records, preparing reports, and performing basic engineering calculations.

This full-time, non-exempt position requires the equivalent of two years of college-level coursework in civil engineering and/or drafting and two years of experience in field or office engineering technical support or drafting.

The ideal candidate will have familiarity with engineering draft-

ing, surveying, map checking, construction inspection, materials testing, and basic engineering design.

For more information or to apply, visit [www.cvsan.org/employment](http://www.cvsan.org/employment). Applications will be accepted until 5 p.m. on Tuesday, Feb. 12.

## 'Ah, Wilderness!' Opens Feb. 15

Eugene O'Neill's nostalgic coming-of-age comedy "Ah, Wilderness!" opens at the Douglas Morrisson Theater in Hayward on Friday, Feb. 15, to conclude the DMT's 2018-19 season.

While O'Neill's plays typically involved a degree of tragedy, personal pessimism and depictions of marginalized characters, "Ah, Wilderness!" differs in its happy ending for the central character, and depiction of a happy family in turn of the century America.

"It's about the last play they ever would have suspected me of writing," said O'Neill, who is America's only Nobel Prize-winning playwright.

The play introduces the Miller Family on the 4th of July in 1906. Nat Miller is the town newspaper man, and his 16-year-old son, Richard, has an affinity for poetry and philosophy that sometimes gets him in trouble.

Forbidden to court his neighbor Muriel by the girl's father, Richard goes on a bender and is forced to learn the lesson of his youthful indiscretions the hard way.

The play offers a backward glimpse into middle-class family life in that era, providing a tender, retrospective portrait of small town family values, teenage growing pains, and young love.

Of course, not all is rosy; It wouldn't be an O'Neill play without a small dose of his signature themes: father and son relationships, alcoholism, and prostitution are lightly woven into the play, which premiered on Broadway in 1933.

DMT showtimes are 8 p.m. Fridays and Saturdays, 2 p.m. on Sundays and on Saturday, March 2. A preview performance is scheduled for Thursday, Feb. 14. Final show is on Sunday March 3. For tickets (\$15-\$25-\$29, senior and group discounts available), call 510-881-6777. Theatre is located at 22311 N. Third Street in Hayward



PHOTO BY CHRISTOPHER SCOTT

**Darrien Cabreana as Richard Miller and Molly Brennan as Muriel McComber as they appear in Eugene O'Neill's "Ah, Wilderness!" opening Feb. 15 at Douglas Morrisson Theatre.**



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## ATHLETE OF THE WEEK

### Zachary Sandoval

This week's Athlete of the Week is Zachary Sandoval a freshman at Castro Valley High School. Sandoval plays on the freshman boys basketball team and helped lead his team to a 55-53 win against Berkeley High, where he scored 21 points with 4 three-pointers and scored the game winning shot on Friday, Jan. 25, at CVHS.

Sandoval played tailback and strong safety for the freshman and JV football teams and finished the football season with 15 touchdowns including a pick six against Granada. He will now play on the freshman baseball team for the Spring season.



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## Art of Peace of Alameda County

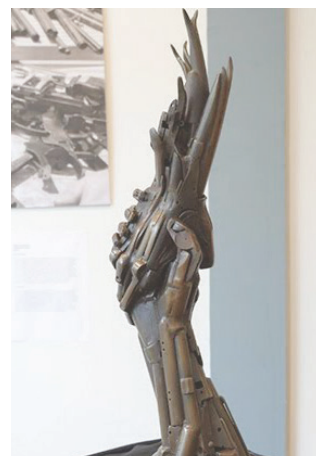
By Bruce Roberts  
SPECIAL TO THE FORUM

Pick up a newspaper any day and find headlines of someone shot. Gun violence is a daily event in modern America, ruining lives, devastating families.

In an effort to counteract this tidal wave of tragedy, Alameda County District Attorney Nancy O'Malley, in conjunction with the Robbie Poblete Foundation — named for a young man shot to death in 2014 — has initiated a project titled "The Art of Peace of Alameda County."

Over the years, more than 1,000 guns have been collected by the District Attorney's office as evidence for prosecuting crimes. Now, several area sculptors have been commissioned to transform those tools of violence into symbols of peace.

The titles reflect the assignment: "Seeds of Art," "Flame of Rea-



"Gun Hands," one of the sculptures in "The Art of Peace of Alameda County."

son," "Wave of Gun Violence," "Gunnosaurus," "Trouble Helix," "300 Shots Fired," "Holding On," and more.

All are made nearly entirely of gun parts, and in the artists' state-

ments, the thoughts over and over focus on the honor they feel at being able to pay homage to the families of the fallen, and to join this marvelous effort to mold these weapons of destruction, as well as, hopefully, American culture, into something more peaceful and positive.

First displayed in the D.A.'s office in Oakland, these beautiful pieces of art are now in Hayward, and open to the public at the Hayward Arts Council's Sunset Gallery, 22100 Princeton Street. Park on Princeton and look for Room H2. Hours are every Tuesday, Wednesday and Thursday, from 10 a.m. to 4 p.m.

Art can lead the fight against violence.

Bruce Roberts is Hayward Arts Council Vice President of the Board of Directors and Hayward Poet Laureate. Visit [www.haywardartscouncil.org](http://www.haywardartscouncil.org) for more exhibits and events.

## Lions Club 'Tips for Change' February 18

Members of the Castro Valley Breakfast Lions Club will be serving the pasta and other Italian favorites at Gianni's Italian Bistro in San Ramon from 5 to 8 p.m. on Monday evening, Feb. 18.

They will be collecting tips for their annual Lions Club Tips for Change fundraiser to support a

wide range of charities, including Meals on Wheels, the Salvation Army, Kids Breakfast Club, Castro Valley Adult Handicapped Program, Alameda County Food Bank, FESCO (Family Shelter Program) and many other local non-profit groups.

The Castro Valley Breakfast

Lions Club was chartered in 1979. They are part of 1.4 million Lions worldwide in over 200 countries who give service to their communities with their motto, "We Serve."

Gianni's Italian Bistro is located at 2065 San Ramon Valley Boulevard.

## Scout: Girls

*continued from front page*  
troop," and will utilize many of the same committee members, equipment, and meeting locations as their male counterparts. The girls will join the boys on hikes and campouts but will likely come up with their own activities.

The Troops are also looking for adult leaders to help. Leaders can be registered in both troops so there's no need to choose one over the other.

"It's great to have people behind me that are pros in Boy Scouts and their activities, otherwise we would be starting this Troop from scratch, which has a huge start-up cost," Clark said.

The Boy Scouts of America has been opening its membership in the last few years. In 2013, the organization lifted the ban on openly gay scouts and in 2015, ended the prohibition on gay leaders. In 2018, the organization rebranded itself as Scouts BSA and announced it will allow scout members that self-identify as male, creating room for transgender members.



PHOTO BY JENNIFER J. PETRICK

A group of girls and parents attended an informational meeting last Wednesday at Our Lady of Grace Church.

While girls will be allowed in Scouts BSA, troop meetings will be single-gender based, just as they are in the Cub Scouts. Female leaders are required wherever girls are involved at all program levels.

The girls will operate in a patrol-like structure—a smaller unit within a Boy Scout Troop that typically clusters youth together based on either ages or rank such as Tenderfoot or First Class.

The girls are expected to participate at the Troop 722 meeting this Thursday (Feb. 7) at Faith Lutheran Church on Redwood Road. Troop 708 meets on Tuesday nights at the First Presbyterian Church on Redwood Road near Trader Joe's.

Anyone interested in learning more about the scouting program for boys or girls is invited to contact Brett Pletcher at [brettletcher@yahoo.com](mailto:brettletcher@yahoo.com).

## SPORTS NOTE

The Alameda County Deputy Sheriffs Activities League (DSAL), the Alameda County Sheriff's Office (ACSO), and USA Boxing Northern California are hosting the California Golden Gloves Region 1 Qualifier this

Friday through Sunday, Feb. 8 – 10, at the Hayward Adult School gymnasium. Weigh-ins at 3 p.m. Friday, then doors open at 6 p.m. with showtime at 7 p.m. On Saturday, weigh-ins at noon and doors open at 3 p.m., with showtime at

4 p.m. Sunday's weigh-ins are at 10 a.m., doors open at 1 p.m., with showtime at 2 p.m. Ringside seats are \$25, general admission is \$15, children ages 5 and under are free. Food and beverages will be available for purchase.

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\*Coupon is for a limited time only and expires April 13, 2019. Full details on the coupon. Please call WMAC's Customer Service Center, Monday-Friday 8:00 a.m. – 5:00 p.m. at (510) 537-5500. CVSan reserves the right to alter or cancel the program at any time for any reason.

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