

Youth Volleyball Rules

El Dorado Recreation

Fall 2013

1. KSHSAA volleyball rules will apply except where El Dorado Recreation League rules are specified.
2. Net height for the 2nd/3rd/4th grade division is 7'.
3. Net height for the 5th/6th grade division is 7'4".
4. An official size "Volley-Lite" volleyball will be used in all divisions.
5. Ordinary play is based on 6 players for 5th/6th grades, and up to 8 players for 2nd/3rd/4th grades. Teams can start with 4 players. If 6 or more players are present, all must play. Rotation begins with the substitute entering at the center back position. Substitutes must enter each rotation. This creates equal playing time for all participants.
6. A player arriving late may enter the game on a dead ball when ready at the center back position.
7. If a team does not have enough players at game time, the game will be considered a forfeit. An additional 10 minutes will be allowed before the second game is forfeited.
8. The HOME team as designated on the schedule may provide a scoreboard operator. The official score will be kept by the on-court officials.
9. Rally scoring will be used. Games 1 & 2 will be played to 21 points. The third game will be played to 10 points. Games must be won by 2 points.
10. The best 2 out of 3 games will be the Match Winner. For the first and third game of the match, the choice of serve or side shall be decided by a coin toss. Teams will change sides between Games 1 and 2.
11. Requests for time-out may be made by the coach when the ball becomes dead. Each team is allowed 2 time-outs per game. The length of each time-out will be 30 seconds.
12. No warm-ups are allowed between matches, unless ahead of schedule.
13. **Service** - The act of putting the ball in play. The ball may be hit with the hand open or closed, overhand, sidearm, or underhand. The server is allowed five (5) seconds to serve the ball after the "***Ready to Play***" whistle.
14. On a serve, if the ball touches any part of the ceiling, the official will call "***Side Out.***"
15. **Serves** -

2nd/3rd/ 4th Grade Division: Service line will be the marked YELLOW line. Each player is allowed three (3) chances to serve successfully. This applies to the first serve only. A server may only serve three (3) consecutive points. No net serves are allowed in this division; all net serves will be replayed. No foot fouls will be called.

5th/ 6th Grade Division: A server may serve from the BLUE line or the back RED service line. Each player is allowed two (2) chances to serve successfully. This applies to the first serve only. Net serves are allowed in this division. Foot fouls will be called at the BLUE line -- "Side Out."

16. **Block Action** - Any ball, except the serve, directed toward the opponent's area can be blocked by one or a group of the opposing front line players. The block does not count as a contact (hit).
17. **Net Violation** - Any contact of the net by the body is a foul and will result in a point for the opposing team.
18. **Center Line Violation** - Contacting the opponent's playing area with any part of the body except the feet or hand is a foul.
19. A player is not allowed to spike the ball on a serve or when the ball is completely on the opposite side of the net.
20. Each team has a total of 3 hits in which to return the ball in play.
21. **Sportsmanship/Participation**
Participants, coaches, and spectators are all expected to exhibit good sportsmanship. Players may only play for one team. All players must be registered with El Dorado Recreation. Teams using any player(s) not registered ***will forfeit all games*** in which they played. Coaches allowing non-registered players to participate will be subject to additional penalties.
22. Any communication to the official must be done through the Head Coach in a sportsmanlike manner.
23. All teams will wear the team shirt provided by the El Dorado Recreation Department. No other uniforms will be allowed.
24. Non-marking black sole or street shoes are allowed on the gym floor. No jewelry such as watches, rings, or neck chains will be worn while playing.