

Psychiatric Services

The process of getting psychiatric medication management for a psychiatric condition can be challenging and requires someone willing to listen and provide the best choices of medication interventions. Successful resolution of issues requiring psychiatric medication intervention requires an environment providing for effective communication and the compassionate listening of the health care provider. To help individuals to get the appropriate treatment, Vista Psychological & Counseling Centre offers integrated care with psychiatric services aimed at attempting patients to achieve their psychiatric medication goals. Treatment is individually tailored to the patient needs with a careful attention to detail.



Established in May 2008
by Julia Appleby,
Dr. Bob Humphries and Sandy Lombardi,
our experienced staff are committed to
helping you achieve greater emotional
wellness and adjustment by providing
the very best in psychological
and counseling services.

**Vista Psychological &
Counseling Centre, LLC
1201 South Main Street Suite 100
North Canton, Ohio 44720**

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www.vistapcc.com**

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Our goal at Vista Psychological & Counseling Centre is to provide the very best assistance possible. Patients seeking to add psychiatric medication management so as to integrate present counseling or therapy for complete psychiatric care will receive quality assessment and evaluation by a psychiatric nurse practitioner in a confidential and therapeutic setting.

- **Initial Consultation**
- **Psychiatric Medication Management**
- **Follow-Up Visits as indicated**

■ **Initial Consultation**

includes collecting relevant medical, psychiatric and psychological history to arrive at an informed diagnosis and plan for comprehensive and integrated treatment.

■ **Psychiatric Medication Management**

providing prescriptions and psychiatric medication management and education to bring about best therapeutic resolution and stabilization of symptoms.

■ **Follow Up Visits**

aimed at clarifying issues and presenting clear findings concisely and confidentially in our therapeutic setting and allowing for adjustments to psychiatric medication regimen.



Tara Davis, PMHNP-BC, LPCC-S
*Psychiatric Nurse
Practitioner*