

## WHAT TO DO DURING A PANDEMIC

*Pastor Torin T. Sanders, h.d.*

### PSALM 37:1-7

*37<sup>1</sup> Fret not thyself because of evildoers, neither be thou envious against the workers of iniquity.*

#### **Point 1: Don't worry, Don't be jealous**

*<sup>2</sup> For they shall soon be cut down like the grass, and wither as the green herb.*

*<sup>3</sup> Trust in the LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed.*

#### **Point 2: Trust God. Do good. Promise attached – Shall be fed**

*<sup>4</sup> Delight thyself also in the LORD: and he shall give thee the desires of thine heart.*

#### **Point 3: Delight in God. Promise attached – Receive heart's desires**

*<sup>5</sup> Commit thy way unto the LORD; trust also in him; and he shall bring it to pass. <sup>6</sup> And he shall bring forth thy righteousness as the light, and thy judgment as the noonday. (validation, stamp of approval)*

#### **Point 4: Commit your actions to God. Promise attached – bring it to pass; righteousness and judgment (noonday)**



*<sup>7</sup> Rest in the LORD, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass.*

**Point 5: Rest in the Lord, Psalm 23**

