

## Allowable Items List- Female Residents

The following is a complete list of allowable items. Items NOT on this list are considered contraband.

### Personal Care Items-

2 bars of soap or 1 bottle bodywash  
1 plastic soap tray  
1 deodorant/antiperspirant  
1 shaving cream/powder  
Tampons & Pads- 1 box of each  
Pantyliner- 1 box  
Douche (vinegar/water only; no fragrances)  
1 toothpaste; 1 toothbrush; 1 dental floss  
1 clear plastic toothbrush holder  
Dentures and denture case  
1 Denture cream  
1 mouthwash (alcohol free)  
Hair products: 1 shampoo, 1 conditioner,  
1 gel or grease, 1 brush/comb/pick,  
1 head wrap, 5 pony tail bands, 2 claw/butterfly clips

1 bottle lotion  
1 chapstick  
Contact lens solution and case  
Glasses and glass case; Sunglasses  
Nail clippers (no nail files)  
2 washcloths  
2 towels (standard sized only)  
1 Noxzema  
1 talc powder  
Q-Tips

### Commissary Purchased Items Only-

Razors  
Tweezers  
Sunscreen

### Clothing Items-

7 grey t-shirts only  
3 bras (underwire permitted)  
7 pairs of underwear (panties, NO thongs)  
1 set of pajamas or nightgown  
1 dress; skirt/dress slacks & top (any combination)  
7 pairs of socks  
2 pairs of shoes  
1 belt  
1 robe (must be worn with pajamas)  
2 pair of stockings or panty hose

1 pair of slippers (may be worn before breakfast and after dinner)  
\*7 pairs of jeans/jean shorts (plain blue 5 pocket- no designs/holes/rips/tears;  
no more than 5 pockets and must fit appropriately)  
\*2 sweatshirts (grey only- no designs; Phase I to wear under colored shirts)  
\*2 pair long john pants  
\*2 long john shirts  
\*1 jacket (seasonal item- not for inside wear; outside use only; ex. Zipped hoodie)  
\*1 winter coat (seasonal item)  
\*1 hat (seasonal item)  
\*1 pair of gloves (seasonal item)

Allowances will be made for appropriate work attire.

Clothing and towels/washcloths must be marked by last name and first initial.

\*Make up may be applied on pass but must be removed upon return to C.B.C.F.

\*Only seasonal clothing items noted with asterisks (\*) on the "Allowable Items List" can be exchanged.

**Allowable Items List- Female Residents (continued)**

Other Items-

12 plastic coat hangers

Earplugs

1 wrist watch with alarm

1 dozen disposable stick pens (blue or black ink only)

1 dozen wooden pencils

1 dozen colored pencils

1 writing tablet

1 box of envelopes

1 religious text

1 recovery text

Self-adhesive stamps- 1 book of 20

1 wallet

5 letters

5 photographs (frames NOT permitted; photos may NOT contain pornography)

Commissary Purchased Items Only-

1 plastic drinking cup

1 plastic bowl