

## CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 29

WEDNESDAY, OCTOBER 18, 2017

NO. 43

INSIDE YOUR  
FORUM

## OUR TOWN

**A Shared Delay**

The CV shared parking project is more than a week behind schedule

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## LIVING

**Growing Strong**

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PHONE: (510) 537-1792



PHOTO BY LARRY ROSA

## FIRE IN THE SKY

Castro Valley photographer Larry Rosa photographed this smoky, red sunset from the parking lot of the Church of the Transfiguration during the beginning of the deadly firestorms that have ravaged Northern California.

## MOOSE LODGE COLLECTS DONATIONS FOR FIRE VICTIMS

The Hayward-Castro Valley Moose Lodge at: 20835 Rutledge Road, CV will operate as a central drop-off location for any non-perishable goods, supplies or cash donations to be delivered to the victims of the North Bay Fires. The lodge has access to trucks and drivers and will arrange deliveries For more info, call Mo Khan at 510-586-4543.

SMOKE POLLUTION CANCELS  
CVHS HOMECOMING PARADE

Castro Valley High cancelled its 2017 Homecoming Parade on Friday the 13th due to concerns about air quality.

Principal Blaine Torpey issued the announcement Thursday, citing concerns for student and staff health due to smoke pollution from Napa and Sonoma county fires.

Both varsity and junior varsity football games scheduled for Friday evening were also cancelled.

An indoor assembly was held instead of the usual parade and rally. This year's overall homecoming theme was "Let The Games Begin." Each class chose a game: Freshman chose "Clue," sophomores decided on "Dungeons and Dragons," juniors went with "Jumanji," and seniors chose "Candyland." Class colors were black for frosh, red for sophomores, blue for juniors and pink for seniors.



PHOTO BY LARRY ROSA

Castro Valley High School's annual Homecoming Parade was cancelled on Friday because of unhealthy smoke pollution. Students celebrated with an assembly inside the gym.

Wild Boars  
Tearing Up  
CV Lawns

By Michael Singer  
CASTRO VALLEY FORUM

Under the mask of darkness, they come — tearing up lawns and destroying property. Sometimes they descend in packs as large as 20 with their children running alongside.

It's enough of a nuisance that homeowners are ready for drastic actions.

In the Summerglenn neighborhood of the Palomares Hills housing development, packs of wild boars are terrorizing homeowners.

Located at the top of Villareal Drive, the subdivision is adjacent to heavily-wooded hills and creeks that support wild animal species including deer, raccoon, opossum, and, yes... the wild boar.

While boar infestations are not uncommon near open space areas, Summerglenn had been relatively quiet until this year.

"These are vicious wild boars and they are holding us hostage in our homes at night," says Summerglenn Homeowner's Association vice president, Cheryl Bolling. "I've heard they typically come out long after midnight. But the security guards say they are now spotting the boars around 9 p.m."

"We have people up here who jog or who walk their dogs at that time. That's scary. I'm afraid that our residents are no match for these wild boars when some weigh as heavy as 200 pounds."

Boars are fond of grubs, worms, and insects that can live underneath lawns. Nearly 90 percent of the grassy areas in Summerglenn show damage from wild boar attacks, mostly the corner lots. The neighborhood has even vilified the animals by giving them a name: The Eden Canyon Gang.

"Even if you don't see wild pigs, evidence of their presence is obvious," says California Department of Fish and Wildlife spokesperson, Harry Morse. "It could be as benign as a few pig tracks, or an entire hillside that looks like it's been worked over with a Rototiller."

"Wild pigs use their snouts to root up the ground in search of food, including roots, fungus, and other items," Morse says.

While other Palomares neighborhoods have replaced their grassy areas with rock or other types of hardscaping, the Summerglenn Homeowner Association is looking to take a stand against these marauding boars.

"This problem can be solved rapidly with commitment and resources because the pig problem is not just in Palomares Hills. Many of the open spaces outside of our neighborhood belong to Alameda County," Summerglenn Homeowners' Association president Tracy Davenport told the Castro Valley Forum. "Regulations and state law permit actions to be taken to solve this problem and we plan to do so."



California  
wild boar

see BOARS on page 15



## Castro Valley Weather Oct. 18 - 22, 2017



Wednesday  
Partly Sunny  
High 72° Low 52°



Thursday  
Chance of Rain  
High 65° Low 54°



Friday  
Partly Cloudy  
High 65° Low 47°



Saturday  
Partly Sunny  
High 69° Low 51°



Sunday  
Sunny  
High 78° Low 52°

### Almanac



Past Week's Rain: 00.00  
Season To Date: 00.13  
Normal To Date: 00.79  
Season Average: 21.22

Sun sets at 6:26 p.m. today, rises at 7:23 a.m. Thursday.

### Moon Phases



Oct.  
19



Oct.  
27



Nov.  
3



Nov.  
10

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## California ShakeOut Tomorrow

The Great California ShakeOut earthquake drill tomorrow, Oct. 19, will involve more than 9.3 million Californians and counting.

It's an opportunity for whole communities to come together and improve their earthquake preparedness as they practice "Drop, Cover and Hold On," the protocol recommended by earthquake safety experts as essential for avoiding injury and even death.

"The Great California ShakeOut is such an important opportunity for us all to practice what to do the instant the ground starts to shake—Drop, Cover and Hold On," said Glenn Pomeroy, CEO of the California Earthquake Authority. "This simple drill can help save lives when we get hit by the next big earthquake that scientists assure us is coming."

Earthquakes strike suddenly, without warning and can occur at any time of day, any time of the year. Follow these guidelines during an earthquake:

- Move as little as possible.
- If you are in bed, stay there, curl up and hold on. Protect your head with a pillow.
- Stay away from windows to avoid being injured by shattered glass.
- Stay indoors until the shaking stops and you are sure it is safe to exit. When it is, use stairs rather than the elevator in case there are aftershocks, power outages or other damage.
- Fire alarms and sprinkler systems frequently go off in buildings during an earthquake, even if there is no fire.
- If you are outside, find a clear spot (away from buildings, power

lines, trees, streetlights) and drop to the ground. Stay there until the shaking stops.

- If you are in a vehicle, pull over to a clear location and stop. Avoid bridges, overpasses and power lines if possible. Stay inside with your seatbelt fastened until the shaking stops. Then, drive carefully, avoiding bridges and ramps that may have been damaged.
- If a power line falls on your vehicle, do not get out. Wait for assistance.
- If you are in a mountainous area or near unstable slopes or cliffs, be alert for falling rocks and other debris. Landslides are often triggered by earthquakes.

For information on how to participate in tomorrow's worldwide drill, visit [www.shakeout.org/california/howtoparticipate/](http://www.shakeout.org/california/howtoparticipate/)

## Forum Tomorrow on Eden Area Schools

The Eden Area League of Women Voters will host a forum featuring a dynamic panel of local educators to discuss challenges facing Eden Area schools and how the community can participate in improving our educational system.

The forum will be held from 6 to 8 p.m. tomorrow, Oct. 19, at the San Leandro Senior Community

Center at 13909 East 14th Street in San Leandro.

Members of the panel include Maria Ochoa, PhD and Professor Emerita of San Jose State University's Dept. of Sociology; Mercedes Faraj, President of the Hayward Education Association; Patrick Walsh, Managing Regional Director of California Charter

Schools; and Norman Fobert, past Governing Board Member of the San Lorenzo School District. The forum will be moderated by Jim Negri, past superintendent of the Castro Valley School District and president of the CV Rotary Club.

The event is free and open to the public. For more, visit [lwvea.org](http://lwvea.org) or call 510-826-6674.



**Join Castro Valley Sports Foundation & Eden Health District's inaugural run to help raise funds to provide charitable assistance and support for youth sports and athletics in Castro Valley. The scenic course begins at the Chabot Staging Area and continues to the upper San Leandro Reservoir and back. Course is measured and chip timed.**

**Register at <https://runsignup.com/runtothedam>**

#### What/When/Where:

5K Walk/Run and 10K Trail Run  
Sunday, October 29, 2017  
7:30 am Packet Pickup & Race Day Registration  
8:30 am 5K Run/Walk & 10K Run Start Time  
Chabot Staging Area  
Redwood Road & Miller Road  
(just past Redwood Canyon Golf Course by the Castro Valley Tree Farm)

#### Packet Pick-up:

Bibs and Shirts will be available for pick up on race day at the event location. Shirts are only guaranteed to pre-registered participants. You must register by October 13<sup>th</sup>, 2017 to be guaranteed a shirt. Race day t-shirts will be "first-come, first-served" basis.

#### Awards:

Placement medals to overall top three Male & Female Winners (5K & 10K)  
Awards Ceremony will be held at 10 am.

#### Registration:

**Early Bird Discount:**  
\$35 for 5K Walk/Run; \$45 for 10K Run, Online/Mail by Oct. 13<sup>th</sup>  
\$40 for 5K Walk/Run; \$50 for 10K Run, Online/Mail by Oct. 25<sup>th</sup>

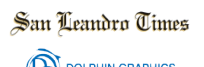
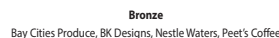
#### Day of Registration:

\$45 for 5K Walk/Run; \$55 for 10K Run (Checks or Cash Only)  
Group/Corporate Discount: Save \$5/entry for groups of 3 or more regardless of distance selected, must register in one transaction. Online/Mail by October 25<sup>th</sup>  
Event is RAIN/SHINE. No refunds. Sorry, no strollers or dogs.

#### Volunteers Needed:

An event of this nature can't be accomplished without our wonderful volunteers. If you are interested in volunteering, please go to:  
<http://www.signupgenius.com/go/8050c4aaca2b0-inaugural>  
Thank you!

#### Special thanks to our Sponsors





## SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



### Road Trip Ends in Arrest of Three for Drug Possession

Saturday, October 14: at 4:45 a.m., Sheriff's deputies arrested three people in connection with suspected drug possession charges. The trio was traveling westbound on Interstate 580 between the Redwood Road and Stanton Avenue exits when deputies identified the vehicle belonging to a man that violated his probation. A 36-year-

old man from Santa Clara was charged with possession of illegal narcotics, illegal drug paraphernalia, and a revoked probation. A 34-year-old man from Vacaville (Solano County) in the car was charged with violating his probation. A 20-year-old woman from Campbell (Santa Clara County) was charged with possession of marijuana drugs. The three people were taken into custody.

### Spousal Assault

Sunday, October 15: at 10:23 p.m., a 911 call about a loud and aggressive-sounding argument sent deputies to a home on Parsons Avenue near Nedra Way. There, they arrested a 30-year-old man from Castro Valley on suspicion of spousal assault and battery. The man was handcuffed and taken into custody. The victim was treated at the scene.

### Back to Jail

Sunday, October 15: at 3:46 p.m., deputies arrested a 52-year-old man with no permanent address on suspicion of public intoxication, possession of illegal narcotics, and providing a false ID to a law enforcement officer. The man was also wanted as part of a warrant issued for his capture. Deputies spotted the man hanging outside a business on Castro Valley Boulevard near Redwood Road when they made the positive identification and discovered his stash. The man was taken to Santa Rita Jail and held without bail.

### Domestic Dispute

Saturday, October 14: at 12:08 a.m., a 22-year-old man from Hayward was arrested on suspicion of assault on a family member. Deputies were called to a business on Castro Valley Boulevard near Santa Maria Avenue following an

see **PROJECT** on page 11

see **REPORTS** on page 10

## Shared Parking Project Weeks Behind Schedule

By Amy Sylvestri  
CASTRO VALLEY FORUM

The \$4.8 million shared parking project designed to revitalize central Castro Valley Boulevard around the Daughtrey's building is more than a month behind schedule and a planned ribbon cutting for the project on Nov. 2 has been canceled.

The project will create a parking lot from the western entrance of the Daughtrey's building to Wilbeam Avenue, consisting of parking spots, lighting, and landscaping behind what will become the new grocery shop and restaurant, and extending behind the Ice Creamery building and other stores.

There will also be pedestrian thoroughfares between the grocery store and the Ice Creamery building as well as between the Joyful House restaurant and Sal's Car Service which will allow access to the parking lot.

A groundbreaking ceremony attended by Alameda County Supervisor Nate Miley and others was held back in March and construction was set to run from April to September, but has not yet been completed.

Construction didn't actually begin until May and the discovery and subsequent clean-up of disused sump pump pits on Wilbeam Avenue complicated the schedule, according to Eileen Dalton, direc-



PHOTO BY LINDA SANDSMARK

Following Saturday's 'Duty to Warn' meeting at the library, attendees held a banner advocating invocation of the 25th Amendment to the corner of the Boulevard and Redwood Rd.

## Group Calling for Removal of President Trump From Office

By Linda Sandmark  
CASTRO VALLEY FORUM

A local mental health professional hosted a town-hall-style meeting at Castro Valley Library on Saturday, introducing a movement called "Duty to Warn."

The movement was started by a group of mental health clinicians, psychologists and psychiatrists who say they have an ethical "duty to warn" the public that they be-

lieve Donald Trump is not psychologically fit to be president.

The Castro Valley meeting was held simultaneously with similar ones in Tennessee, North Carolina, Georgia, Illinois, Florida, Washington D.C., New York and elsewhere.

Presenter Susan Dawkins, LCSW, is a retired criminal justice clinician. She brought a video, "Duty to Warn: The Movie" (viewable on YouTube), which

was made by doctors and other clinicians. Technical difficulties prevented the visual portion from being seen, but the audio was played before a group of about 75 attendees.

The "Duty to Warn" association says that a president exhibiting psychopathic traits poses a danger to the country, ultimately including danger of nuclear war. Dawkins added that the group has

see **TRUMP** on back page

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Kids are welcome to come in friendly and non scary costumes!  
Snacks and pumpkins are for sale (but everything else is free!).  
Located in church parking lot (located in the gym, if it rains).

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## The Week Ahead

### ● Wednesday, October 18: East Bay Rose Society Meeting

Society Vice President Barbara Wilson will give a presentation on roses, gardens and the history of David Austin Roses, loved by rosarians around the world for their wonderful fragrances, at the next meeting of the East Bay Rose Society at 7:30 p.m. today at the Lakeside Garden Center, 666 Bellevue, Oakland. Come and enjoy snacks, meet people who talk roses, and enjoy the show. For more information, visit [www.eastbayroses.org](http://www.eastbayroses.org)

### ● Wednesday, October 18: iPhone Tutorial Class

The Aitken Senior Center 1t 17800 Redwood Road is hosting a free iPhone (not Android) Tutorial Class at 1 p.m. today, teaching seniors how to operate their phones and covering such basics as accessibility features, using Siri, etc. Reserve your spot by calling 510-881-6738.

### ● Wednesday, October 18: Learn About SOS Meals on Wheels

The Castro Valley Women's Club invites the public to its meeting at the Clubhouse, 18330 Redwood Road at 1 p.m. today to hear a speaker from SOS Wheels on Meals talk about the current local programs and issues — a great opportunity to hear how the organization helps home-bound seniors right here in our own community. For more info, please call 510-461-7692.

### ● Thursday, October 19: State of Education in the Eden Area

The Eden Area League of Women Voters will host a panel of local educators tomorrow to discuss challenges facing Eden Area schools and how the community can participate in improving the educational system. The free public forum will be held from 6 to 8 p.m. at the San Leandro Senior Center at 13909 E. 14th Street and will be moderated by Jim Negri, past superintendent of the Castro Valley School District and president of the Castro Valley Rotary Club. For additional information, visit [lwvea.org](http://lwvea.org) or call 510-826-6674.

Please Note: The Community Calendar is for publicizing the activities of non-profit organizations, local government agencies, charities and community groups. It is not intended to be used for the advertising of commercial events, whether admission is charged or free.

Items for the Community Calendar must be received by 6 p.m. Friday for inclusion in the following Wednesday's newspaper. Please send information in an email or doc attachment to: [fredz@ebpublishing.com](mailto:fredz@ebpublishing.com). We cannot use flyers or posters.

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### ● Friday, October 20: Free Smalltown October Gathering

The Smalltown Society celebrates its one-year anniversary from 7 to 9 p.m. this Friday at 22222 Redwood Road in Castro Valley, highlighting the music of Aisea Taimani and Minor Islands as they host a kickstarter launch for their upcoming LP release. For more info, check [www.smalltownsociety.com](http://www.smalltownsociety.com)

### ● Friday & Saturday, Oct. 20-21: Shrouded Tales

Explore true tales of tragic ends, Victorian death traditions and superstitions all sprinkled with a touch of the paranormal at the San Lorenzo Pioneer Cemetery, 15506 Hesperian Blvd. during tours at 7 p.m. or 9 p.m. this Friday or Saturday. For tickets (limited supply), call 510-581-0223 or visit [www.haywardareahistory.org/shrouded-tales](http://www.haywardareahistory.org/shrouded-tales)

### ● Friday & Saturday, Oct., 20-21: Unhaunted House & Carnival

Sulphur Creek Nature Center at 1801 D St. in Hayward invites you into the exciting world of Alice's Wonderland to meet special Halloween creatures in the Unhaunted House, and enjoy a Carnival, both from 6-9 p.m. this Friday, and 4-8 p.m. on Saturday. Passes are \$8 in advance, \$10 at the door, children under 3 are free. Pass covers entry into the Unhaunted House; the carnival is free. Carnival tickets for games, night hikes, and tasty treats will be sold at the event. Passes and more information are available at: [haywardrec.org/421/Upcoming-Special-Programs](http://haywardrec.org/421/Upcoming-Special-Programs)

### ● Saturday, October 21: Alaskan Crab Feed

Buon Tempo Club will have an all-you-can-eat Alaskan Dungeness Crab Feed at 6 p.m. this Saturday (happy hour at 5) for \$45 pre-paid at Transfiguration Church, 4000 E Castro Valley Blvd. Make reservations at 510-483-6929 and send payment to Rick Martens, P.O. Box 2625, Fremont, CA 94536. Pick up tickets – and buy raffle and drink tickets – at the dinner. Everyone invited, but: no check – no admittance. For more info, visit [buontempoclub.org](http://buontempoclub.org)

### ● Saturday, October 21: Diabetes Screening & Fitness Event

“Knock Out Diabetes,” a free fitness and health screening event, will be held from 11 a.m. to 2 p.m. this Saturday at the Kennel Boxing Gym, 3051 Teagarden St. in San Leandro. Activities include Tai Chi, stress management, one-on-ones in the boxing ring, and tips on nutrition. Sponsored by Samuel Merritt University. For more info, call Gin Hansson at 510-869-8217.

### ● Saturday, October 21: Boy Scouts Car Wash

Castro Valley Boy Scout Troop 722 will hold a car wash fundraiser from 8:30 a.m. to 3 p.m. this Saturday at Goodyear Tire, 3430 Castro Valley Boulevard.

### ● Saturday, October 21: Free Plant Exchange Day

Join the plant exchange this Saturday at 4500 Lincoln Ave. in Oakland as it celebrates its 10th anniversary. To participate, gardening fans must bring plants to exchange, or garden items, such as pots, decorative items, tools, equipment, books on gardening, etc. All types of plants are welcome, from cuttings to full size. Interactive gardening demos at 11 a.m. The exchange begins at noon and continues till 4 p.m. For more info, visit [www.theplantexchange.org](http://www.theplantexchange.org) or call 510-866-8482.

### ● Saturday, October 21: San Lorenzo High 1967 Reunion

The San Lorenzo High School Class of 1967 will celebrate its 50th Reunion this Saturday at the Wedgewood Banquet Center (formerly Willow Park) in Castro Valley. For more info, call Glenda Smith Fore 703-0933. No tickets will be available at the door.

### ● Saturday, October 21: Eden Area Village Monthly Coffee

Join us for coffee at the Cannery Cafe in the Hayward Area Historical Society (22380 Foothill Blvd.) at 9 a.m. this Saturday and learn how we are working together to help seniors remain active and engaged in our community. For info, visit [edenareavillage.org](http://edenareavillage.org)

### ● Saturday, October 21: How to Write Your Novel

Celebrate National Novel Writing Month by joining “Willful Machines” author Tim Floreen from 2 to 3 p.m. this Saturday at the Castro Valley Library for a workshop that will teach you tips and tricks for writing your novel. Teens and tweens can brainstorm with Tim to craft the beginning of your novel's plot. For info, visit [www.aclibrary.org](http://www.aclibrary.org)

### ● Saturday, October 21: Free Humorous Speech Contest

Come to the Castro Valley Library from 2 to 4:30 p.m. this Saturday as Toastmasters' winners compete in a humorous speech and evaluations contest. Learn about communication and leadership skills while taking advantage of networking opportunities. You are sure to walk away with valuable insights. For more info, call Faz Binesh at 510-760-8400.

### ● Monday, October 23: Municipal Advisory Council Meeting

The Castro Valley MAC will hold a land-use meeting at 6 p.m. Monday at the Castro Valley Library. For the agenda, visit [acgov.org/uninc/](http://acgov.org/uninc/)

### ● Monday, October 23: Eden Garden Club Fall Bazaar

Buy plants, gardening and household items, baked goods and more (most items \$1 to \$5) at the Eden Garden Club's Fall Bazaar from 10 to 11:30 a.m. Monday at the Moose Lodge, 20835 Rutledge Road in Castro Valley. Come early for best selection.

### ● Tuesday, October 24: Preventing Falls

The Aitken Senior Center, 17800 Redwood Road, will host a free fall-prevention discussion group focusing on the contributing factors that cause falls, on Oct. 24, including nutrition, medication management, fitness, home safety and changing behaviors. All participants will receive a Fall Prevention Manual. Call 881-6738 to reserve your spot.

### ● Tuesday, October 24: Toastmasters' Halloween Contest

If you are interested in becoming a better public speaker and gaining leadership skills, visit Castro Valley Toastmasters Open House from 6:45 to 8:30 p.m. on Oct. 24, beginning with a potluck. Wear a Halloween costume and you could win a prize. It's free and all are welcome. For additional information please visit [961.toastmastersclubs.org/](http://961.toastmastersclubs.org/)

### ● Thursday, October 26: Design Thinking for Innovation

New categories of human jobs are being created every day, and these new jobs require an entirely new and drastically different set of skills. Attend a free presentation on Design Thinking for Business Innovation from 9 to 10:30 a.m. on Oct. 26 at the Castro Valley School of Music, 3300 East Castro Valley Blvd. Pre-register by calling 510-397-0721.

### ● Monday, October 26: Workshop on “Message Songs”

Award-winning singer, producer and music historian Rhonda Benin conducts an interactive workshop from 7-10 p.m. Oct. 26 that explores the lyrics of 7 popular “message songs” written by Black American musicians and investigates the relationship between popular music and issues of the times, at Smalltown Society, 22222 Redwood Road in Castro Valley. Admission is \$15. Visit [www.smalltownsociety.com](http://www.smalltownsociety.com) for info.

### ● Friday, October 27: Dynamic Dinner

The Castro Valley Educational Foundation invites you to the annual Dynamic Dinner on Oct. 27 at the Castro Valley Masonic Center, 4521 Crow Canyon Place, as it goes “Back to the '80s.” No host cocktails, dinner, dancing and a live dessert auction from 6 to 11 p.m. Seating is very limited, so purchase tickets in advance at [www.cvf.org](http://www.cvf.org).

### ● Sunday, October 29: Run to the Dam

The Inaugural “Run to the Dam 2017,” sponsored by Castro Valley Sports Foundation and Eden Health District, will take place Sunday, Oct. 29, with a 5K Walk/Run and a 10K Trail Run. The Run will help to raise funds to provide charitable assistance and support for youth sports and the health and well-being of school-age Castro Valley athletes. Register at: [runsignup.com/runtothedam](http://runsignup.com/runtothedam)

## Arts & Entertainment

### THEATRICAL & MUSICAL PERFORMANCES

● **Summer String Quartet Concert**, with Chris Cooper, Gary Osias, Esteban Zapiain, and Myra Chachkin, will be presented at 2 p.m. on Saturday, Oct. 28 at the Castro Valley Library. The program will feature Borodin's String Quartet No. 2 as well as jazz and pop favorites. Admission is free.

● **“The Addams Family,”** a magnificently macabre musical comedy, is being presented by Chanticleers Theatre through Sunday, Nov. 5. In the kooky, upside-down world of the Addams Family, a grave crisis is brewing. It is every father's worst nightmare but in reverse. Curtain time for Friday and Saturday evenings is 8 p.m., and Sunday matinees start at 2 p.m. For tickets (general-\$25, seniors and students-\$20), call SEELIVE (733-5483) or visit [chanticleers.org](http://chanticleers.org). Chanticleers is in Castro Valley Community Park at 3583 Quail Avenue.

### AT THE GALLERIES

● **“Celebrate Women,”** an exhibit featuring the works of 50 artists from the members of Nor Cal Pen Women, will be on display through Nov. 17 at the John O'League Galleria in Hayward's City Hall at 777 B Street, sponsored by the Hayward Arts Council. Gallery hours are Monday through Friday 9 a.m. to 5 p.m. Visit [haywardartscouncil.org](http://haywardartscouncil.org) for more info.

● **The 40th Area Artists Annual** continues at the Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. The exhibit explore the relationship between process, materials and expression. Emphasis is placed on the essential connection between what the artists use to express themselves and how meaning is discovered through their hand. Open Thursday to Saturday from 11 a.m. to 3 p.m. and by appointment. The exhibit will continue until Nov. 11. Visit [www.adobegallery.org](http://www.adobegallery.org) for info.

● **Artist Open Studio Every Thursday:** Join this informal gathering of artists working together in a friendly and helpful atmosphere. Adobe Art Center hosts provides tables, chairs and easels. \$3. Thursdays 10 a.m. to 2 p.m. in the Redwood Studio 1 at the Adobe Art Center.

● **“Made By Hand” Photography**, an exhibition of handmade photographs featuring the artwork of nationally recognized practitioners of unique contemporary and historic processes, will run through Nov. 27 at the PhotoCentral Gallery, Lower Level, HARD Offices, 1099 E St. in Hayward. Info at [www.photocentral.org/](http://www.photocentral.org/)

● **Paintings by James Sayre**, an exhibition of original works by this Castro Valley artist, are currently on display at the Kenneth C. Aitken Community Center at 17800 Redwood Road in Castro Valley.

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## Savings For Solo Travels

By Jim Miller  
SPECIAL TO THE FORUM

Solo traveling is a growing trend among baby boomers and retirees. Nearly 1-in-4 who travel today, go it alone according to a recent Visa Global Intentions Study.

But one of the biggest drawbacks among solo travelers is the single supplemental fee – which is an extra fee charged to single travelers who stay in a double occupancy room alone.

To help you avoid this extra charge, more and more travel companies and cruise lines are making adjustments to accommodate the growing solo-traveler market. Here are several to check into.

### Singles Travel

There are a variety of travel companies today that specialize in vacations for solo travelers, including Singles Travel International (SinglesTravelIntl.com) and Singles Travel Getaways (SinglesTravelGetaways.com).

Both companies offer tours, cruises and adventures in the U.S. and overseas, and will match you with a roommate to avoid the single supplement, or won't charge you if a match can't be arranged.

### General Tour Operators

Some big operators in this category that have lots of solo travelers include Intrepid Travel (IntrepidTravel.com), which handles more than 100,000 travelers each year, sending them to more than 100 countries. And G Adventures see SAVINGS on page 7



## MULTIPLE MEDS

GETTING A HANDLE ON PRESCRIPTION DRUGS

*I'm concerned that my 80-year-old mother is taking too many medications. She currently takes 10 different drugs prescribed by three different doctors, which I think is causing her some problems. She also struggles to keep up with all the drug costs. Any suggestions?*

By Jim Miller  
SPECIAL TO THE FORUM

There's no doubt that older Americans are taking more prescription medications than ever before. According to the Journal of the American Medical Association, around 40 percent of seniors, age 65 and older, take five or more medications.

And the more drugs a person takes, the higher their risk for medication problems, and the more likely they are to take something they don't need.

### Brown Bag Review

To help you get a better handle on the medications your mom is taking, gather up all her

pill bottles – include all prescription drugs, over-the-counter medications, vitamins, minerals and herbal supplements – and put them in a bag and take them to her primary doctor or pharmacist for a thorough drug checkup.

This “brown-bag review” will give you a chance to check for duplicate meds, excessive doses, and dangerous interactions, and for you to ask questions.

Medicare Part B covers free yearly medication reviews with a doctor through their annual wellness visits, and many Medicare Part D plans cover medication reviews with a pharmacist too.

You should also note that Oct. 21 – this Saturday – is “National Check Your Meds Day.” A number of pharmacies including Albertsons, Costco, CVS, Sam's Club, Target, Walmart and many independents have agreed to support the effort.

Some may even have extra staff on hand to help you review your meds. Ask your local pharmacy whether it is participating.

see MEDS on page 11

## Reduce Medicare Surcharges When Income Changes

*Q: My wife and I are being charged extra for Medicare Part B and prescription drug coverage premiums, apparently based upon our higher income in years past. Beginning last year, our income dropped significantly. Is there way to get the surcharges removed?*

By Gene L. Osofsky, Esq.  
SPECIAL TO THE FORUM

A. Yes, if you can link the reduction in income to a “life changing event” as defined by Medicare.

First, a bit of background for our readers.

Medicare premiums for 2017 are linked to your “Modified Adjusted Gross Income” (“MAGI”) as shown on your income tax return. Higher-income Medicare beneficiaries (individuals who earn more than \$85,000/year) pay higher Part B and Prescription Drug Benefit Premiums than lower income Medicare beneficiaries.

The extra amount increases as the beneficiary's income increases.

The Social Security Administration uses income reported two years previous to determine a beneficiary's current premiums. Thus, the income reported on a beneficiary's 2015 tax return is used to determine whether the beneficiary must pay a higher monthly premium in 2017.

Here are the income brackets used by Medicare to add a surcharge:

• **Standard Bracket:** For Individuals with a MAGI under

\$85,000 annually, or Married Couples with a MAGI under \$170,000 annually, the Standard Premium for Part B is \$134 per Month, but you may pay less this year if it is taken directly out of your social security benefits. For Individuals above those numbers, the standard premium increases as follows:

• **Bracket No. 1:** For individuals with MAGI above \$85,000 and married couples with a MAGI above \$170,000, the standard premium increases by \$53.50 per person;

• **Bracket No. 2:** For individuals with MAGI above \$107,000 and married couples with a MAGI above \$214,000 the standard premium increases by \$133.90;

• **Bracket No. 3:** For individuals with MAGI above \$160,000, and married couples with MAGI above \$320,000, the standard premium increases by \$214.30 per month.

• **Bracket No. 4:** For individuals with MAGI above \$214,000 and married couples with MAGI above \$428,000, the standard premium increases by \$294.60 per month.

Likewise, there are corresponding increases in the prescription drug coverage monthly premium amounts, although not as dramatic as the Part B surcharge.

If your income has changed due to a significant event, there is a procedure to demonstrate that to Medicare and seek a reduction in your “add-on” monthly premiums for both Part B and Prescription

see OSOFSKY on page 7

## CASTRO VALLEY FORUM

PRESENTS

## The Senior Guide



The monthly Senior Guide is one of the Castro Valley Forums' most popular sections and a great advertising opportunity for the Castro Valley merchants.

For information about advertising, call:

**Mary Florence at 510-861-3270 or Linda Nakhai at 510-915-1513**

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## Savings: Solo Travel Deals for Seniors

*continued from previous page*  
(Gadventures.com), which has more than 700 tours around the globe, and offers a variety of travel styles.

Both of these companies can pair you with a roommate, and some tours offer your own room option for an additional fee.

And for higher-end luxury travel, check out Abercrombie & Kent (AbercrombieKent.com), which offers a 50 percent single supplement discount on their select small group solo travel trips and cruises, and Tauck (Tauck.com), which has no single supplement on their European river cruises.

### 50-Plus Travel

If you're interested in trips designed for adults 50 and older consider ElderTreks (ElderTreks.com), Road Scholar (RoadScholar.org) and Overseas Adventure Travel (OATtravel.com).

ElderTreks specializes in exotic adventures worldwide, and will match single travelers with roommates on most of its trips, and doesn't charge if a match can't be arranged.

Road Scholar specializes in worldwide learning adventures, and has designated trips that offer the same price for solo travelers as for those traveling in pairs.

And Overseas Adventure Travel, which operates in Asia, Africa, Europe, South America, the Middle East, Cuba, Australia and New Zealand, has free single supplements on all its land tours and either free or low-cost single supplements on its small-ship adventures.



### Cruise Lines

There are a number of cruise lines that have some ships with single-occupancy cabins, including Norwegian Cruise Line (NCL.com), Royal Caribbean (RoyalCaribbean.com) and Vantage Deluxe World Travel's river ships (VantageTravel.com).

Or, consider booking a cruise at SinglesCruise.com, which uses a variety of different cruise lines for their single customers. They provide roommate matching.

### Solo Women

For solo women travelers, there are a host of tour companies and clubs, like GutsyWomenTravel.com, Women-Traveling.com, SerenDipityTraveler.com, The-WomensTravelGroup.com and Womens-Travel-Club.com that

will either match you up with a roommate, or reduce their single supplement fee.

### Travel Partner

If you'd rather find a suitable travel partner before you book your next trip, there are a number of free websites that can help you here too. See Travbuddy.com, TravelFriend.us and Travelers-Meeting.com. Or, to find a cruise buddy try CruiseMates.com, which has a message board where users can post roommate requests.

For more on solo travel, visit: SoloTravelerWorld.com, which offers solo travel tips, destinations and stories, and also publishes a monthly list of solo travel deals.

*Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.*

## Medicare Open Enrollment Runs Through December 7

By Greg Dill  
SPECIAL TO THE FORUM

When you shop for a new car, you don't just buy the first one you see, do you?

Probably not. You usually shop around, looking for the best deal you can get on a vehicle that fits your driving needs as well as your pocketbook.

Well, it's the time of year when you should think about shopping around for a Medicare health or drug plan.

Medicare's open enrollment period began Oct. 15 and runs through Dec. 7.

If you have Original Medicare, meaning that you can choose any doctor or hospital that accepts Medicare, you don't need to think about open enrollment.

But if you have a Medicare Advantage (Part C) health plan, or a Medicare (Part D) prescription drug plan, you may want to see whether there's another plan on the market that would be a better match for you, at a lower price.

If you're enrolled in a plan and you're happy with it, you don't need to do anything.

But Medicare health and drug plans – run by private insurers approved by Medicare – can change from year to year. A plan can raise its monthly premium or drop a medicine that you need.



Contact information for the plans is listed.

If you don't have access to a computer, call 1-800-MEDICARE (1-800-633-4227). Our customer service representatives can help you with questions about Medicare health and drug plans. The call is free.

Another terrific resource is the State Health Insurance and Counseling Program.

SHIP is an independent, non-profit organization that provides free, personalized counseling to people with Medicare. You can make an appointment to speak with a SHIP counselor in-person or over the phone.

SHIP counselors are well-trained volunteers who often are enrolled in Medicare themselves, so they know the issues. They can help you sort through different health and drug plans and help find one that's right for you.

To contact your local SHIP office, go to [www.shiptacenter.org](http://www.shiptacenter.org).

If you're enrolled in a Medicare Advantage plan as of Jan. 1, 2018 but you're not satisfied with it, you have a 45-day window to disenroll. Between Jan. 1 and Feb. 14, 2018, you can drop your plan and return to Original Medicare. You can also sign up for a Part D drug plan during that time.

Having trouble paying for your Part D plan? You may be eligible for the Extra Help program, which helps cover your premiums, deductibles, and co-pays. Medicare beneficiaries typically save about \$4,000 annually with Extra Help.

For more information on Extra Help, go to [www.SSA.gov/prescriptionhelp](http://www.SSA.gov/prescriptionhelp).

*Greg Dill is Medicare's regional administrator for California. You can always get answers to your Medicare questions by calling 1-800-633-4227.*

## Osofsky: Seek a Reduction in Premium Surcharges

*continued from previous page*  
tion Drug Coverage. The change must be linked to what Medicare considers a "life changing event", which includes the following:

- 1) You married, divorced, or became widowed;
- 2) You or your spouse stopped working or reduced your work hours;
- 3) You or your spouse lost in-

come-producing property because of a disaster or other event beyond your control;

4) You or your spouse experienced a scheduled cessation, termination, or reorganization of an employer's pension plan, or received a settlement because of an employer's closure, bankruptcy or reorganization.

If any of the above events apply

to you, you may be eligible for a reduction in the monthly surcharges for both the Part B and Prescription Drug Coverage Premiums.

To assist you, Medicare has a form called Form SSA-44 ["Medicare Income-Related Monthly Adjustment Amount – Life-Changing Event"]. You can download it on line at [www.SSA.gov](http://www.SSA.gov), or you may request a copy

by calling 1-800-772-1213. Your best bet is to complete the form and take it along with appropriate documentation to your local Social Security office and seek a reduction in the premium surcharges. Good luck!

*Gene L. Osofsky is an elder law and estate planning attorney in Hayward. Visit his website at [www.LawyerForSenior.com](http://www.LawyerForSenior.com)*

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## ATHLETES OF THE WEEK



This week's Athletes of Week are the members of the Castro Valley High School's girl's tennis team who are currently 11-2 overall, with a record of 8-1 in the (Western Alameda County Conference) WACC-Foothill conference (tied for second place).

This year's team — with 55 girls — may be the largest tennis team ever assembled at CVHS. The team includes ranked (United States Tennis

Association) USTA players as well as players that are new to the game.

According to Coach Steve Argyres, their strongest quality is their academic excellence and team camaraderie.

Tomorrow they have a home tennis match against, first-place Piedmont. If you would like to see some good tennis, please stop by to watch. The match starts at 3:30 p.m.

## CASTRO VALLEY INDEPENDENT SPORTS LEAGUE



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### Battle of the Valley

The 19th Annual Battle of the Valley will be held this Friday, Oct. 20, when Creekside Middle School hosts Canyon Middle School in this epic flag football game at Castro Valley High School Stadium. Gates open at 5:30 p.m. and the game starts at 6:15 p.m. Bring the whole family for a fun filled evening.

### Basketball

If you need to get ready for Middle School or High School basketball tryouts, Swag is providing an opportunity for basketball players to work out with their experienced coaches during 4 scheduled basketball camps. There is a \$20 fee per camp. The camps will be held from 2 to 4 p.m. on the Sundays of Oct. 22, Nov. 5 and Nov. 19, at Bancroft Middle School, 1150 Bancroft Ave. in San Leandro. For more info email: joseph@ebswag.com or dina@ebswag.com

### Volleyball

NorCal Top Gun Girls Volleyball Club will hold tryouts for their 2018 club season. For U18 girls, tryouts will be held on Saturday, Nov. 4, from 10 a.m. to noon. Tryouts for U12 and U13 girls on will be held on the weekend of Nov. 4 and 5, from 8-10 a.m. Tryout fee is \$20 per player. No open gym scheduled for Top Gun. For online registration and tryout locations, please visit [norcaltopgun.com](http://norcaltopgun.com) or contact Kathy Yao at: bgiao@meyao.net.



Receiving grants from the Castro Valley Sports Foundation are (seated from left): Nicole Manley, CVHS softball; Michele Nicole, CV Little League; Suzi Mills, Canyon/Creekside tennis; Mei Yi You, CVHS badminton; Amenda Lee, CVHS badminton; and Maria Greenwood, Our Lady of Grace basketball and (standing) Glen Sears, CVHS baseball; Chris Fortenberry, CVHS boys basketball; Patrick Ryken, CVHS girls water polo; Ben Brookens, CVHS boys water polo; Vince Jorgensen, First Baptist Church Crossover Basketball; Ed Robles, Stanton Elementary Track; Paris Greenwood, Our Lady of Grace basketball; and Denny Molzen, CVHS football. Not pictured are Maria Gray, CVHS athletic department; Jim Lemmon, CVHS girls basketball; Heidi Morgan, transitional kindergarten/kindergarten motor fitness program; and Eileen Drury, CVHS spirit/cheer program.

## CV Sports Foundation Grants: 16 Youth Sports Organizations

The Castro Valley Sports Foundation distributed \$14,569 in grants to 16 different youth sports organizations and teams at its most recent board meeting.

Receiving grants from the CVSF were the Castro Valley High School athletic department, CVHS baseball, CVHS softball, CVHS badminton, CVHS boys and girls basketball, CVHS boys and girls water polo, CVHS football, Castro Valley Little League, the Canyon/

Creekside Middle School tennis program, Stanton Elementary School track, CVHS spirit cheer program, Our Lady of Grace basketball, Castro Valley School District's transitional kindergarten/kindergarten motor fitness program and Castro Valley First Baptist Church Crossover Basketball.

The CV Sports Foundation, a non-profit organization promoting youth sports in the community, is able to fund grants such as these

by holding various fundraising events throughout the year.

Its next fundraiser is the Run to the Dam on Sunday, Oct. 29, an event co-sponsored by the Eden Health District.

For details on the Run to the Dam, go to the CVSF website — [castrovalleysportsfoundation.org](http://castrovalleysportsfoundation.org). Runners may also sign up online by going to [runsignup.com/run-tothedam](http://runsignup.com/run-tothedam)

—Lowell Hickey



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**SINGLES:**

1. Kele Fong (CV) - Bianca Pagnibain 5-7, 6-3, 10-7\*
2. Lauren Fung (CV) - Gaelle Garcia 6-1, 6-1
3. Matilda Kristiansen (CV) - Aniah Turner 6-0, 6-0
4. Tania Beringer (CV) - Valerie Hernandez 6-2, 6-0

**DOUBLES:**

1. Jillian Mora / Megan Huang (CV) - Lisa Wang / Maggie Chen 6-0, 6-1
2. Sammie (12) Lee / Geneva Low (CV) - Teri Manzo / Jennifer Lien 6-3, 6-4
3. Ashley Fang / Komal Maharaj (CV) - Maricruz Maciel / Paola Martinez 6-1, 6-0



# REAL ESTATE GALLERY



## REAL ESTATE REALITY

By Carl Medford, CRS  
Special to the Forum

GUEST COMMENTARY



## Top Ten Moving Fails, Part 2

If a move is in your near future, it's best to start planning now to avoid classic mistakes. Last week was Part 1 of Top 10 Moving Fails, including:

- Failure to plan
- Failure to shop
- Failure to count the actual costs
- Failure to effectively schedule
- Failure to properly insure

This week, here are the remaining Top 5 Fails:

### • Failure to purge

Your belongings have been a part of your life for years, but you may pay more to move them than they are worth. I cleaned out my spice drawer a while ago and

discovered spice containers with French on them — which means we moved them with us from Canada close to 40 years ago.

Time to let go. Moving is a perfect opportunity to dispose of those things you haven't used for years. Be ruthless.

### • Failure to pack a survival kit

Pack things you will need for the journey separately and place in your vehicle, including all the moving documents, ID, medications, toiletries, children's favorite toys and so on. Nothing worse than realizing that something you urgently need is buried in a truck in transit.

### • Failure to account for pets

Moving can be very traumatic for pets; make sure you've accounted for their needs. Have proper ID and records of shots, certificates and more.

It's a good idea to have a microchip implanted and registered in the national database. Carry your pet's documentation with you, along with a supply of their favorite food and treats.

### • Failure to identify boxes

Clearly label each box for contents and room. Pack items you will need first (tools and other basic items) in one box and load it last so it's the first box off the truck. Use color-coded labels to help movers quickly identify ultimate destinations for each box.

### • Failure to secure valuables

Do not trust irreplaceable items with the mover. Passports, jewelry and other valuables should go with you and be secured in the trunk of your vehicle.

### • Failure to inform the IRS

A Bonus! Talk to your accountant to ensure you deduct as much of your move as possible. Keep all your receipts and invoices in a separate envelope for easy retrieval at tax time.

If you plan carefully and avoid these Top 10 Fails, your move can be relatively painless and you can begin enjoying your new home and neighborhood!

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

## Rates Jump Up

Long-term fixed mortgage rates posted their biggest week-over-week increase since July 2017, according to Freddie Mac's weekly nationwide survey.

The 30-year fixed-rate mortgage averaged 3.91 percent last week, up from the previous week when it averaged 3.85 percent.

Fifteen-year rates averaged 3.21 percent, up from 3.15 percent.

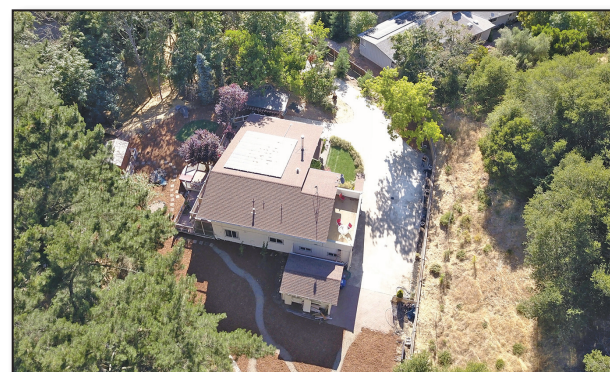
Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.16 percent last week, down from 3.18 percent.



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## Prep Walls Prior to Painting

By Samantha Mazzotta  
Special to the Forum

First-timers often are daunted by the amount of paint and paint products to choose from, conflicting instructions from various sources, and sometimes a lack of helpful information from home-improvement store paint sections.

Others feel it's simple enough to just buy a bunch of paint and brushes and just go for it. The reality falls somewhere in between.

Preparation is the most important rule to follow, however. You'll want to prepare the walls (and presumably trim) in your house or apartment for painting. You'll need to figure out not just what color paint to use, but how much of it to buy, and if the colors even work the way you think they will. Here are a few tips to get you started:

- Buy sample sizes of paint colors you're interested in, and paint a stripe of each in an inconspicuous section of the wall. Paint looks different when wet and when dry.

- How much paint should you buy? A gallon of latex paint covers 350 square feet. Measure the length of each wall and add

the figures together. Measure the height of the room from floor to ceiling. Multiply the first number by the height of the room and you'll have your square footage.

- Wash all surfaces to be painted with a damp sponge soaked in a soap-and-water solution and then squeezed to remove most of the water. Let the surfaces dry for about a half-day, longer if it's rainy or humid.

- Remove protruding nails and patch nail holes and small (less than 1/2 inch) dents and holes with spackling compound. Once it's dry, sand the compound lightly and wipe with a damp sponge to remove dust.

- Mask off areas you don't want to paint using painter's tape, which comes off more easily than masking tape.

- Covering a dark wall with a lighter paint? Prime the wall first with a primer that is close to or matches the color of the new paint.

- Ditto for covering one type of paint, such as an oil-based paint, with a different type, such as latex paint. A primer coat will keep your new paint from bubbling, cracking or peeling.

- Make sure the area being painted is well ventilated; additionally, wear a filter mask (not a dust mask) to reduce inhalation of paint fumes.

Home Tip: Paint stores will pre-mix your paint after you purchase it, saving a lot of time, but you still should stir the paint for a few seconds immediately before beginning to paint with it.

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**Thank You** to all the firemen, policeman, first responders and civilians who gave their all towards fighting the Santa Rosa, Napa and Sonoma fires.

We are so sorry for the people who lost their homes and families and pets. You will continue to be in our thoughts and prayers.



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3744 La Costa Avenue	94546	\$815,000	3 BD - 1,476 SF - 1963
18355 Maffey Drive	94546	\$799,500	3 BD - 1,781 SF - 1956
2561 Nordell Avenue	94546	\$670,000	3 BD - 1,430 SF - 1953
2655 Watson Street	94546	\$580,000	2 BD - 906 SF - 1948
19995 Zeno Street	94546	\$650,000	3 BD - 1,176 SF - 1956
4950 Beacon Hill Drive	94552	\$975,000	4 BD - 2,410 SF - 1973
5442 Briar Ridge Drive	94552	\$575,000	N/ABD - 1,397 SF - 1978

TOTAL SALES:	9		
LOWEST AMOUNT:	\$575,000	MEDIAN AMOUNT:	\$670,000
HIGHEST AMOUNT:	\$975,000	AVERAGE AMOUNT:	\$704,944

### San Leandro

1261 Ardmore Drive	94577	\$713,000	3 BD - 1,524 SF - 1957
1904 Bancroft Avenue	94577	\$535,000	3 BD - 1,128 SF - 1945
1374 Glen Drive	94577	\$975,000	3 BD - 2,372 SF - 1938
250 Haas Avenue	94577	\$690,000	3 BD - 1,484 SF - 1937
355 Macarthur Boulevard	94577	\$360,000	3 BD - 1,402 SF - 1935
365 Macarthur Boulevard	94577	\$360,000	3 BD - 1,171 SF - 1933
400 Maud Avenue	94577	\$671,000	3 BD - 1,248 SF - 1925
1248 Betty Avenue	94578	\$620,000	3 BD - 1,340 SF - 1948
3978 Monterey Boulevard	94578	\$725,000	5 BD - 1,716 SF - 1953
479 Nabor Street	94578	\$630,000	3 BD - 1,309 SF - 1947
14974 Western Avenue	94578	\$660,000	3 BD - 1,739 SF - 1946
1593 Cedar Avenue	94579	\$595,000	3 BD - 1,096 SF - 1952
15372 Edgemoor Street	94579	\$620,000	3 BD - 1,092 SF - 1950

TOTAL SALES:	13		
LOWEST AMOUNT:	\$360,000	MEDIAN AMOUNT:	\$630,000
HIGHEST AMOUNT:	\$975,000	AVERAGE AMOUNT:	\$627,231

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15915 Via Toledo	94580	\$565,000	3 BD - 1,077 SF - 1951

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- Brenda Weaver  
Source: www.ces.ncsu.edu

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P	1-4	1-4	7503 Ivy Court	\$749,950	3/2	J. Rockcliff Realtors	Chris Garcia	925-785-5414
A	—	2-4	3100 Jamie Way	Upon Request	3/2.5	Rinetti & Co. Realtors	Carrie Miles	510-735-5223

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## Reports: Assault; Hit-and-Run; Squatter

continued from page 3

emergency call about an altercation. Deputies took the man to Santa Rita Jail pending \$20,000 in bail. The victim was treated at the scene.

### Argument Leads to Assault

Friday, October 13: at 2:55 p.m., deputies arrested a 60-year-old man from Castro Valley on suspicion of assault on a family member. An anonymous call about a loud and aggressive-sounding argument sent deputies to a home on Farley Street near Ada Street. There they handcuffed the man and took him into custody. The victim was treated at the scene.

### Man Against Hospital Staff

Friday, October 13: at 1:08 p.m., a 46-year-old man from Hayward was arrested on suspicion of violent assault at Eden Medical Center on Lake Chabot Road. The man was visiting the hospital when he got into an argument with hospital staff. Deputies were called to intervene after the man began violently assaulting hospital staff. The man was taken into custody.

### Unlucky Hit-and-Run

Friday, October 13: at 8:40 p.m., deputies arrested a 28-year-old man from CV on suspicion of driving away from a hit-and-run accident and driving with a suspended license. The man turned into a gas station on Lake Chabot Road near the Boulevard when deputies pulled in behind him. The man was also wanted as part of a warrant issued for his capture. Deputies took the man to Santa Rita Jail pending \$2,500 in bail.

### Truck Driver DUI

Saturday, October 14: at 1:48 a.m., a 32-year-old man from Colusa (Colusa County) was arrested on suspicion of driving under the influence of alcohol. Deputies pulled the man over for a broken headlamp and observing the truck swerving in traffic. The man was taken into custody.

### One Too Many

Thursday, October 12: at 11:30 p.m., deputies arrested a 52-year-old man from San Jose on suspicion of public intoxication. The man was hanging outside a mobile

home park on the Boulevard near Norbridge Avenue when deputies stopped him for questioning and smelled alcohol on his breath. The man failed his field sobriety test and was taken into custody.

### Can't Stay Away

Thursday, October 12: at 6:32 p.m., a 50-year-old man from CV was arrested on suspicion of violating a court-issued restraining order. The man was spotted outside a home on Lake Chabot Road near Barrett Court. Deputies made a positive identification and took the man into custody.

### Unwelcome Squatter

Wednesday, October 11: at 1:37 a.m., a 54-year-old man with no permanent address was arrested on suspicion of trespassing on a business without the owner's permission. Deputies responded to a silent alarm at a business on Redwood Road near Lessley Avenue. There they found the suspect sleeping in a shed near the rear of the property. The man was handcuffed and taken into custody.

see REPORTS on page 11



PHOTO COURTESY OF PLETHOS PRODUCTIONS

**BRINGING "IN THE HEIGHTS" TO CASTRO VALLEY AND BEYOND:** Karin Richey (center), founder and executive director of the new Plethos Theatre Company, with board members (from left) Amanda Leal, Benjamin Unanaowo, Rosie Josue and Elizabeth Cox.

## New Community Theatre Plans To Bring 'In the Heights' to CV

By Karin Richey  
SPECIAL TO THE FORUM

Plethos Productions, the first new community theatre company to open in years in the area, is launching an Indiegogo campaign to bring "In The Heights" to Castro Valley and beyond.

Founder and East Bay native, Karin Richey, along with a team of performers, are launching Plethos Productions, a grassroots, startup community theatre.

It will be based out of the Small-town Space in Castro Valley, but they aim to bring live performances of many kinds to unique spaces throughout the East Bay.

The Indiegogo campaign aims to raise \$5,500 before Nov. 11, which is the deadline to pay for the performance license rights for "In The Heights."

Plethos Productions has three benefit events planned to get the company off the ground. A stand-up comedy show on Nov. 4, a yoga workshop on Dec. 2, and a New Year's Eve Launch Party & Showcase on Dec. 31st at Ristorante Di Palermo in downtown Hayward.

If funded, they plan to put on "In The Heights" in June of 2018.

After that, Plethos hopes to offer monthly small stage events such as improv, stand-up comedy, live game shows and sing-alongs at restaurants, vineyards and other unique locations primarily in Castro Valley, Hayward, San Leandro, San Lorenzo and Union City, additionally featuring up to three main-stage productions annually.

The mission of the company is to reimagine community theatre that is as fresh, innovative and diverse as the surrounding community. Plethos hopes to accomplish this by recruiting, casting and selecting shows with inclusion in mind at every level, in hopes of

featuring the most talented individuals in the community, free from traditional casting barriers.

There hasn't been a new community theatre started in Castro Valley in years. Additionally, among Castro Valley and the five nearest cities, there is less than one community theater per city, all together.

That isn't nearly enough to create year-round opportunities for performers and audience members. Plethos Productions hopes to bring dynamic, thought-provoking performances to unique spaces throughout the East Bay.

Karin Richey is founder and executive director of Plethos Productions.

## CVHS Graduate Awarded Youngstown Scholarship

Yazmine Romero of Castro Valley is one of more than 1,200 Youngstown State University students awarded first-year Scholarships of Excellence this fall.

A Castro Valley High School graduate, Romero was

awarded a \$2,000 "Red and White Scholarship."

Youngstown State University is an urban research university that offers nearly 13,000 students more than 135 undergraduate and graduate programs.

## CVSAN ANNUAL REPAIRS PROJECT UPDATE



Castro Valley Sanitary District's (CVSan) Annual Repairs Project was recently completed by the contractor, Cratus, Inc. This \$1.5 million project involved replacing approximately 4,300 linear feet of sewer pipe all over Castro Valley.

The majority of the project consisted of replacing and upsizing old vitrified clay pipe (VCP) with a high-density polyethylene pipe (HDPE). The change to HDPE will allow for a greater accommodation of peak wet weather flows and allow less infiltration from outside sources. CVSan will continue to implement sewer replacements and upgrades identified in the Wastewater Collection System Master Plan to reduce the risk of sewer overflows.

Visit [cvsan.org/projects](http://cvsan.org/projects) for more information on CVSan's ongoing and future construction projects.

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## The Castro Valley/Eden Area Chamber of Commerce Thank All Our Fall Festival Sponsors!







Construction of the the paseo by the Daugtreys building is weeks behind schedule. It might not be ready in time to host a Santa's Village holiday gathering on November 11.

## Project: A Few Weeks Behind Schedule

*continued from page 3*

tor of the county's community development agency.

Dalton says the hope now is to reopen for parking on Nov. 14, with the ribbon cutting rescheduled for the end of November once the landscaping is completed.

The project is being done in stages, which took longer than if the entire area was shut down

during construction and done all at once, but which allowed for some parking to be open during different phases of the construction.

Dalton said that the paving behind the currently-empty Daugtreys' building was done first, so relatively few people were inconvenienced, but once the construction moved to the Ice Creamery area, more people were put out.

"I know it has been frustrating for tenants and when we moved on to the populated stores there was a larger impact," said Dalton. "It would have been faster to do it all at once, but that would mean no parking at all for a period."

Caryl Mahar of the Chamber of Commerce said she has received some complaints from businesses and customers, with some people drawing parallels to the numerous

delays during the reconstruction of Castro Valley Boulevard.

"I think the community is frustrated," said Mahar. "It's like deja vu — another delayed project."

Mahar said that the Chamber reached out to the county about hosting a Santa's Village on the Daugtreys building's paseo but were told it might not be ready in time for the holiday gathering on Nov. 11.

"They couldn't guarantee it would be open by then," said Mahar.

But both Mahar and Dalton said that once the parking lot is completed, it will be good for Castro Valley.

"I now it's tough; it's like living in a house while the kitchen is being remodeled," said Dalton. "But it's all for some really, really great improvements in Castro Valley."

## CVSan Donates to Friends of SLz Creek

Castro Valley Sanitary District (CVSan) hosted its 15th Annual Earth Day Clean-Up event on April 29, and provided each volunteer the opportunity to select one of four local charities to receive \$5 on their behalf.

As a result, CVSan is donating nearly \$15,000 to charities this year, one of them being Friends of San Lorenzo Creek (FSLC). FSLC members Bruce King, Rox-

ann Lewis, and Chas Pisano, were presented with \$485 at the Oct. 3 CVSan Board meeting.

"Friends of San Lorenzo Creek promotes preservation, protection, and awareness of creeks in the 50 square miles of the San Lorenzo Creek watershed, including Castro Valley creeks," said CVSan General Manager Roland Williams.

"FSLC has coordinated Earth

Day events, advocated for creek restoration projects such as the day-lighted creek at the Castro Valley Library, participated in the development of local public policies related to creeks, co-sponsored events such as the school creek-art contest with organizations such as Eden Township Health Care District, and worked to develop conservation easements," Williams continued.

## Meds: Keep Track of Multiple Medications

*continued from page 6*

When you get your mom's review, go over the basics for each medication or supplement, such as what it's for, how long she should take it, what it costs, and any side effects and potential interactions.

Also ask if there are any meds she can stop taking, and find out if there are any nondrug options that might be safer, and whether she can switch to a lower dose.

To help your mom avoid future medication problems, make sure her primary doctor is aware of all the medications, over-the-counter drugs and supplements she takes.

You should also keep an up-dated list of everything she takes and share it with every doctor she sees. And, be sure that your mom fills all her prescriptions at the same pharmacy and informs her phar-

macist of any over-the counter, herbal or mail order prescriptions she's taking so that there is complete oversight of her medications.

### How To Save

To help cut your mom's medication costs, there are a number of cost savings tips you can try. For starters, find out if there are any generic alternatives to the drugs she currently takes. Switching to generics saves anywhere between 20 and 90 percent.

You should also ask your mom's prescribing doctors if any of the pills she takes could be cut in half. Pill splitting allows you to get two months worth of medicine for the price of one. And for the drugs she takes long-term, ask for a three-month prescription, which is usually cheaper than buying month-to-month.

Because drug prices can vary depending on where you buy them, another way to save is by shopping around (GoodRX.com will help you compare drug prices at U.S. pharmacies), and find out if your mom's drug insurance plan offers cheaper deals through preferred pharmacies or a mail-order service.

And finally, if your mom's income is limited, she can probably get help through drug assistance programs offered through pharmaceutical companies, government agencies and charitable organizations. To find these types of programs use the website: Benefits-CheckUp.org.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org

## Reports: Illegal Drugs

*continued from previous page*

### Drug Pipes Found

Tuesday, October 10: at 2:54 a.m. and 7:10 p.m., deputies arrested two men at separate locations on suspicion of possession of pipes used to smoke drugs. A 38-year-old man from Fremont was arrested in front of a gas station on the Boulevard near Anita Avenue as part of a traffic citation. Later that night, a 31-year-old man from Livermore was stopped on the Boulevard in front of a drug store near Marshall Street on suspicion of shoplifting. Both men were taken into custody.

### Ignored Restraining Order

Monday, October 9: at 12:40 p.m., a 27-year-old man with no permanent address was arrested on suspicion of violating a restraining order. Deputies were called to investigate a suspicious person hanging out at a part on Norbridge Avenue adjacent to the Public Library. The man fitting the description was also found to be in violation of his probation. Deputies took the man into custody.

### Traffic Stop Ends in Arrest

Monday, October 9: at 9:05 a.m., a 30-year-old man from CV on suspicion of illegal drugs, illegal drug paraphernalia, violating terms of his probation, and driving with a suspended license. Deputies pulled the man over on a traffic violation at the intersection of Cull Canyon Road and Crow Canyon Road. The suspended license allowed deputies to search the car. The man was taken into custody.

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# LETTERS TO THE EDITOR

FREDZ@EBPUBLISHING.COM



## 3 Votes for Incorporation and the People Have Said 'No'

Editor:

In response to Dick Purdee ("Says Castro Valley Should Take 'A Good Hard Look at Incorporation,'" Letters, Oct. 11), I am against incorporation. The last time I looked we have no manufacturing or large companies of any size to produce income to pay the taxes.

You say, "However, I do not think the tax base would change that much." You have no idea how much the taxes would change.

We'd have to build a Taj Mahal for the Mayor and all the staff (Look at Hayward). Don't forget their business trips to Reno.

Again you mention "not that much higher" for sheriff and fire. Again you have no idea. \$1,000 may not be much for you, but it might be a whole lot for someone else. Where are you getting your information? There are no guarantees we'd have our say even if we voted for our officials.

How long have you been here? We've had at least 3 votes for incorporation and people have said "NO." If we incorporate you will have a lot more layers of government, and who pays for that?

—Diane Kuta, Castro Valley

## Asks County Managers to 'Take a Look Around'

Editor:

I often travel the world. I see the good, the bad and the ugly. Thus, when I see my tax money being thrown away it saddens me and makes me angry.

I cannot believe the decisions taken by management in planning departments and of our politicians, at a time when only top priorities for our citizens should be the main goals.

Here we go with a *super idea*: someone decided that we must have and need a Castro Valley sign, I guess for us citizens not to get lost and find our way back home when we leave town.

Another *super idea* has come from someone in a decision-making

position. Yes, at these times when priorities should be kept in mind, this person feels that we should spend, spend and clean out our citizens wallets by *incorporating*.

Streets, sidewalks need work, garbage here and there, yet when the work is done, the contractors do a very poor job. Where is the management, and supervisors to make them do it over at their own expense?

What also saddens me are the homeless all around town. I doubt if anyone in management has given any thought that we are on the verge of becoming a *Third World country* for these unfortunate citizens.

Management, take a good look around. Ask yourself if you are doing your job and doing it well for the citizens who pay your salaries, or for your own benefits and future goals.

We citizens are already spending more then we should, yet there are those that wants to clean out our wallets even more. A mayor position would be a good start.

I clean my street, I help the less fortunate. Those like me that love Castro Valley do the same. Let's all work together. Let's keep our Castro Valley out of the hands of those that think only of themselves.

—Josie Pastorino, Castro Valley

## Get Your Pet from a Shelter!

Editor:

Kudos to Gov. Brown: Now that California's pet stores will be required to sell dogs, cats, and rabbits from shelters or adoption centers, countless animals will have a chance to experience the love and companionship that they deserve.

The new law, though, should raise a red flag about purchasing our animal companions from a breeder. Licensed or not, there is no such thing as a responsible breeder—every sale exacerbates the homeless-animal overpopulation crisis.

Visiting an open-admission shelter addresses both issues.

—Craig Shapiro, PETA Foundation, Norfolk, VA

LETTERS TO THE EDITOR must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit as necessary. Email Letters to: fredz@ebpublishing.com, or mail to: The Forum, P.O. Box 2897, Alameda, CA 94501.

## HOROSCOPE by Salomé

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**ARIES (March 21 - April 19):** You might feel compelled to get involved on the "right side" of a seemingly unfair fight. But appearances can be deceptive. Get the facts before going forth into the fray.



**TAURUS (April 20 - May 20):** Bullying others into agreeing with your position could cause resentment. Instead, persuade them to join you by making your case on a logical point-by-point basis.



**GEMINI (May 21 - June 20):** Resist pushing for a workplace decision you might feel is long overdue. Your impatience could backfire. Meanwhile, focus on that still-unsettled personal situation.



**CANCER (June 21 - July 22):** Your aspects favor doing something different. You might decide to redecorate your home, or take a trip somewhere you've never been, or even change your hairstyle.



**LEO (July 23 - August 22):** You might want to take a break from your busy schedule to restore your energy levels. Use this less-hectic time to also reassess your plans and make needed changes.



**VIRGO (August 23 - Sept. 22):** What you like to think of as determination might be seen by others as nothing more than stubbornness. Try to be more flexible if you hope to get things resolved.



**LIBRA (Sept. 23 - October 22):** Watch that you don't unwittingly reveal work-related information to the wrong person. Best to say nothing until you get official clearance to open up.



**SCORPIO (October 23 - November 21):** With things settling down at work or at home, you can now take on a new challenge without fear of distraction. Be open to helpful suggestions from colleagues.



**SAGITTARIUS (Nov. 22 - Dec. 21):** Your creativity can help resolve an emotional situation that might otherwise get out of hand. Continue to be your usual caring, sensitive self.



**CAPRICORN (Dec. 22 - Jan. 19):** You could impress a lot of influential people with the way you untangle a few knotty problems. Meanwhile, a colleague is set to share some welcome news.



**AQUARIUS (Jan. 20 - Feb. 18):** Aspects favor recharging your social life and meeting new people. It's also a good time to renew friendships that might be stagnating due to neglect on both sides.



**PISCES (Feb. 19 - March 20):** Congratulations. Your talent for working out a highly technical problem earns you well-deserved praise. The weekend could bring news about a friend or relative.

## Obituaries

### Hazel Zollner Matoza

1938 - 2017

Hazel Zollner Matoza passed away October 12, 2017 in Placerville, California.

Hazel was a long-time resident of Castro Valley. She moved to Castro Valley in 1962 and lived here for almost 50 years. Over the years, she worked at Daughtrey's Department Store, Castro Village Bowl, and retired from Chabot Elementary School after many years working in the cafeteria.

Hazel is survived by her son, Richard Zollner, and daughter, Kathy Tuttle, and their spouses, Susan Brown and Mark Tuttle; her stepson, Robert Matoza; two living sisters, Juanita Simpson and Betty Luna; and four grandchildren, Matthew Tuttle, Bradley Tuttle, Kaitlin Allen and Sara Zollner. She was also blessed with two great-grandchildren, Camden Allen and Beckett Allen.

There will be a private service at a later date. Anyone interested in donating in her name may kindly support Snowline Hospice (snowlinehospice.org). She will be missed.



### Judith Sanderson

April 7, 1955 - October 5, 2017 • Resident of Alameda

After a year and a half battle with cancer, Judy Ortnor Sanderson passed away peacefully at home surrounded by her family and friends on Thursday, October 5, 2017. She is survived by her devoted husband, Stewart, and son, Tyler; her mother, Jan Ortnor; her brother, Ray Ortnor (Rhonda), and their children, Allyson, Emily and Kelsey; her sister-in-law, Kathie DeShon (Loren), and their children, Cheryl and Daniel; brother-in-law, Russ Sanderson (Bente), and their children, Katrine and Thor; and brother-in-law, Stan Sanderson (Ann).

Judy was born on April 7, 1955 in Alameda. She attended Edison Elementary School, Lincoln Middle School and graduated from Alameda High School. Judy then went to the University of California at Los Angeles (UCLA), where she became a member of Alpha Chi Omega sorority. Judy earned her Bachelor of Arts Degree from UCLA in 1975. She taught school in Alameda for 36 years. Her favorite grade level was kindergarten.

Judy was a loving, giving and caring person. Her family, friends and students were a very special part of her life. Her love of traditions and holidays created many lasting memories.

Services will be held on Saturday, Oct. 21, at 2 p.m. at Christ Episcopal Church, 1700 Santa Clara Ave., in Alameda. Arrangements made by Piedmont Funeral Services and Mountain View Cemetery, 5000 Piedmont Ave., in Oakland (www.mountainviewcemetery.org).



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### ACROSS

- 1 Chevy Equinox, e.g.
- 4 The enemy
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- 12 Corroded
- 13 Wise one
- 14 Simple
- 15 Guard of a sort
- 17 Leading man?
- 18 Unlikely loser
- 19 Every crumb
- 21 Illustrations
- 22 Frank
- 26 Pamphlet
- 29 Puke
- 30 Regret
- 31 Kind of mark or tag
- 32 A welcome sight?
- 33 Bouquet holder
- 34 Guitar's cousin
- 35 "Monkey suit"
- 36 Feelings, informally
- 37 Old salt
- 39 Shell game need
- 40 Affirmative
- 41 Yellow-flowered herb
- 45 New Zealander, informally
- 48 Elvis hit
- 50 Green land
- 51 Approximately
- 52 Ostrich's cousin
- 53 Rumble faction
- 54 Adolescent
- 55 Witness

### DOWN

- 1 Cutting tools
- 2 Hexagonal state
- 3 Kill a bill
- 4 Unisex garment
- 5 "I \_\_\_ Anyone Till You"
- 6 Id counterpart
- 7 Billion-dollar seller
- 8 Handed out hands
- 9 "Awesome, dude!"
- 10 "Born in the \_\_\_"
- 11 Workout site
- 16 Trainer
- 20 Journal
- 23 Colorless
- 24 English river
- 25 The Bee \_\_\_
- 26 So
- 27 Croupier's tool
- 28 On the briny
- 29 Candle matter
- 32 Suspect's pic
- 33 Article of food
- 35 Placekicker's pride
- 36 Lillian of mail-order fame
- 38 Losing power, like a battery
- 39 Obey a comma
- 42 Mid-month date
- 43 Arrive
- 44 Chills and fever
- 45 Small barrel
- 46 George's brother
- 47 Be victorious
- 49 Raw rock

ANSWERS ON PAGE 6





PHOTO BY LARRY ROSA

**Yards all over the Summarglen neighborhood in CV have been damaged by rapacious wild boars, leaving lawns looking like they've been worked over with a Rototiller.**

## Boars: Damage to Yards of Summarglen Neighborhood

*continued from front page*

In a two-step process, the Summarglen HOA instructed its landscape company to strip off and cover the affected areas of turf. "The rains are right around the corner and the boars will just make it look like we took mortar fire," Davenport says.

The Summarglen HOA has also instructed its management and landscape companies to hire a licensed and experienced company to permanently solve the wild boar problem. The solution will likely include physical deterrents to keep the boars away from homes and hunting them down, known as depredation.

Despite the damage done to pri-

vate property, landowners are not generally permitted to shoot or kill wild animals unless they are being attacked. Instead, California's Department of Fish and Wildlife issues permits that allow a homeowner or a professional to hunt under certain conditions.

The depredation permit will allow Summarglen to fight back. CDFW's Morse said Summarglen's management group received their permit back in May of 2017, which is good for one year.

Davenport says he is trying to rally support from the larger Palomares Hills community HOAs as well as Alameda County representatives to help fund the cost of depredation.

### FROM THE BOULEVARD

By Thomas E. Lorentzen  
SPECIAL TO THE FORUM

**W**hat recently happened in Las Vegas, did not stay in Las Vegas. It traveled throughout our nation and the world.

It also traveled within us, much as 9/11 did. Innocent gatherings of life, whether for work or play, have become opportunities for acts of evil. Our hearts and minds are pained.

As we mourn for the victims, we sense that our own safety and security has become vulnerable to crazed behavior. This vulnerability has become exposed through this act of terror, and, when coupled with other acts in recent years, has become with dismay — almost rote and reflecting the temper of our time.

Our search for explanation has resulted in vacuity, which enhances our concerns and fears. Our beliefs and values have also become victims.

"Google Search" and other electronic wizards are unresponsive, confirming our suspicions about their own void of value regarding human significance.

For those who know my background, they know that most of my adult life has been centered within Nevada, particularly Las Vegas. From lore of the past, I know the snake pit it can be, and the fear and loathing that can occur there.

# What Happened in Las Vegas



I also know the good of the town and its people — its dedication to the good of its people and its millions of visitors.

My deep involvement in the politics and business of the city and state continues to this day. Like JFK's famous declaration of being a Berliner, I am a spiritual Nevadan.

Whether it be in Las Vegas, Reno, Gardnerville, Elko, Ely, Austin, Tonopah or Pahrump, these are my friends and my people. Among the victims of the Las Vegas carnage, are those within my own circle of friends. The pain is palpable, not only for the victims, but for the town and state.

Yet, the drum beat of similar pain for the morning of 9/11 remain likewise within deep within our souls.

As a native New Yorker, the trumpets of tragedy blow within many of us regardless of where we live. They are only calmed by the resolve and greatness of the people of New York, as well as our nation.

As I walked around Times Square on the first anniversary of 9/11 tears swelled within me, but were cleansed by the hugs and warmth of strangers. We were one then, and we are one now. Given the scope and depth of our tragedy, we are all Las Vegas.

This message was communicated with passion as I participated in a recent fund-raising event for St. Rose Hospital in Hayward.

The theme of the event was "Viva Las Vegas." My sense of hope from within despair was reborn as the throng that gathered

spoke as one for the people of Las Vegas.

It is with irony and uncertainty that we sadly come to realize that is perhaps only in tragedy that we truly come together to recognize our commonness. Our deepest wish may become one that enables us to perpetuate that sense of commonness beyond the times of tragedy into part of our daily rituals.

As I compose this article I feel the kinship with not only those of us who live in Castro Valley, but my valued friends in Las Vegas and New York.

When a tragedy like the one in Las Vegas happens, we all become victims to one degree or another. Maybe that is why Shakespeare remains so widely read. It is through tragedy that we more fully understand the value of hope and the perseverance it takes us to get through moments and experiences like the one we are all now suffering from for the people of Las Vegas.

Today, we are all Las Vegas, and we stand with the people of that town and the people who visit there every day of every year. Viva Las Vegas!

*Tom Lorentzen lives in Castro Valley. He formerly served on the board of the Institute of Museum & Library Services and the Advisory Board to Southern Oregon University, and has served three Presidential Administrations.*

## De Seguirant to be Featured at Kiwanis Pasta Dinner

Popular Bay Area performer Laurie De Seguirant will headline the entertainment at the annual Hayward-Castro Valley Kiwanis Club pasta dinner beginning at 5:30 p.m. on Saturday, Oct. 28 at the Aitken Senior Center at 17800 Redwood Road.

The gala Kiwanis fundraiser will feature spaghetti, fettuccine Alfredo, raviolis with pesto sauce, salad, garlic bread and dessert.

De Seguirant is known for his wit and ability to inject vibrant life into the swing standards of yesterday, and the ballads of today.

He is also founder of "Luv'n Liv'n," a rapidly expanding program which exists to physically, emotionally, socially, intellectually and spiritually enhance the well-being of seniors across the country. It attracts more than 50,000 Facebook visitors each

month.

For tickets to the Kiwanis night of good food, entertainment and community spirit (\$20 for adults, \$10 for children, under 10 free), call Lisa Wilhite at 510-332-6068 or stop by Intero Real Estate, 3185 Castro Valley Blvd.

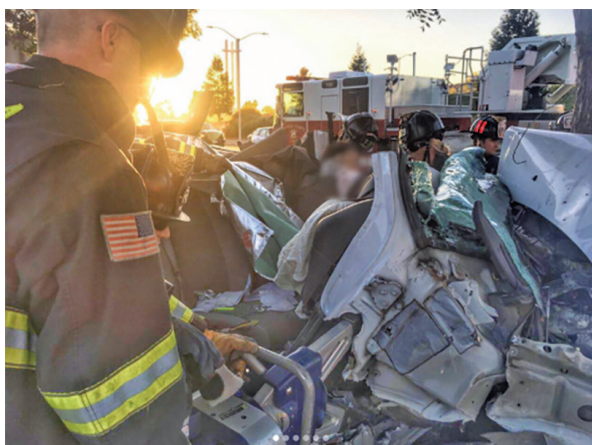


PHOTO BY ALAMEDA COUNTY FIRE DEPARTMENT

## TANGLE OF WRECKAGE

Alameda County Firefighters worked for more than half an hour last Saturday evening to extricate a driver from the wreckage of his vehicle at the intersection of Castro Valley Blvd. and Strobridge Ave. The man, who had suffered a medical emergency, lost control of his car, which struck a tree and pinned him inside. He was hospitalized with serious injuries to his face and ankles. The accident occurred just before 6 p.m.

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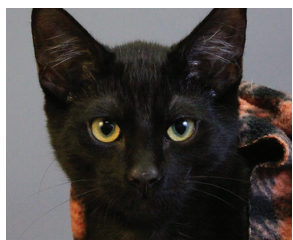
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- Men's Haircut: .....\$12 & up
- Women's Haircut: .....\$20 & up
- Eyebrow Wax: .....\$10 & up
- Basic Pedicure & Manicure: .....\$30/person
- Gel Manicure (Shellac Manicure): .....\$25/set

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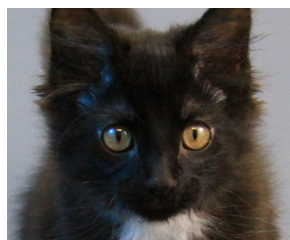
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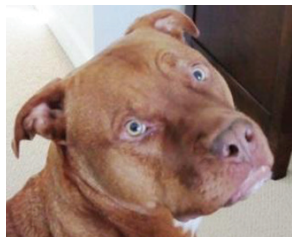
## ADOPT-A-PET



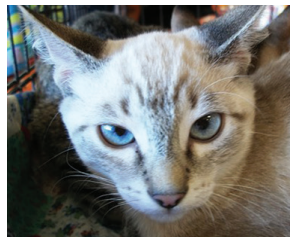
**ZACH** is 5-months old and always looking for a new adventure. He loves to cuddle as he winds down from an exciting play session. Info: Hayward Animal Shelter. (510) 293-7200.



**KITTAY** is a cute as a button 4 month old kitten who is friendly and outgoing. He allows all handling and really enjoys playing with string toys. Info: Hayward Animal Shelter. (510) 293-7200.



**KUDDI** is a 4-year-old, 75 pound Pit Bull Terrier/ Rhodesian Ridgeback. He is very affectionate, friendly and playful. For more information, please visit: [www.dustypawsrescue.org](http://www.dustypawsrescue.org)



**CHRISTOPHER** is a short haired Lynx Point Siamese mix. He is approximately 5 months-old. He is shy but very sweet. For more information, please visit: [www.dustypawsrescue.org](http://www.dustypawsrescue.org)

## Annual 'Fur Ball' Saturday

Fall is in the air and the pets at the Hayward Animal Shelter are getting ready for the big adoption event of the season – the 14th Annual Black and White "Fur" Ball this Saturday, Oct. 21, sponsored by the shelter volunteers.

While black and white cats, kittens, dogs, puppies and bunnies are stealing the show, there are plenty of beautiful animals of all colors looking for permanent homes this year.

The event, from noon to 6 p.m. at the shelter, 16 Barnes Court in Hayward, features reduced adoption fees— just \$20, which includes spay/neuter, vaccinations and microchip. Hayward residents also pay \$17 licensing fee for dogs.

Aprapos of any Black and White Fur Ball, there'll be hors d'oeuvres, non-alcoholic cocktails, music, raffle prizes and more.

For more info, visit: [www.facebook.com/haywardanimalshelter](http://www.facebook.com/haywardanimalshelter)



PHOTOS COURTESY OF THE HAYWARD ARTS COUNCIL

The Mount Eden High School String Ensemble will perform during the "We Love the Arts" fundraiser on Nov. 3 in the Hayward City Hall Rotunda.

## 'We Love the Arts' Fundraiser is Nov. 3rd at Hayward City Hall

By Winda I. Shimizu  
SPECIAL TO THE FORUM

The Hayward Arts Council invites you to attend its annual "We Love the Arts" fundraiser being held from 5:30 to 8:30 p.m. on Friday, Nov. 3 in the Hayward City Hall Rotunda.

Tickets are \$45 before Oct. 31, and \$60 thereafter.

Ticket holders will enjoy a hosted wine and beer happy hour, dinner buffet, live and silent auctions, and entertainment. Live auction prizes include Warrior tickets, Stonebrae Golf, Disneyland tickets, a Lake Tahoe vacation home and a full box at an A's game, donated by Supervisors Nate Miley and Richard Valle.

Silent auction vouchers include Vintage Alley, Buffalo Bill's Brewery & Restaurant, Arthur Murray Dance Lessons, Chanticleers' Theater, Eko Cafe, Charlotte's Fudge, Jenn's Cupcakes, 24 Hour Fitness and more.

Entertainment includes a Charlie Chaplin impersonator, Mt. Eden String Ensemble, poetry reading by Hayward Poet Laureate Bruce Roberts, and music throughout the evening.

Emcee is Anna May from Re-



"Charlie Chaplin" will be part of the night's festivities

ality World Neighbors, and auctioneer is Hayward City Council Mark Salinas. The John O'Lague Galleria will be open for viewing during the event, featuring Celebrate Women!—the first Northern California Pen Women Art exhibit, with works by 60 artists, writers and musicians some with international reputations.

Proceeds from We Love the Arts will be used to support the Hayward Arts Council, which encourages interest and participation

in arts of all kinds. The council maintains four galleries—Foothill Gallery in the Museum of History and Culture, John O'Lague Galleria in the City Hall, Chamber of Commerce offices, and the Hayward Area Senior Center.

In January 2018 a new gallery at 808 A, a Senior Apartment Community at Mission and A Street downtown will be opened.

The HAC provides scholarships to the Hayward La Honda Music Camp and awards to local high school and college students, supports the Band and Orchestra Festival, the Art IS Education exhibit with the Hayward Unified School District, and exhibits with Cal State, Chabot College, and local high schools.

The HAC collaborates with many organizations – Sun Gallery, Hayward Area Historical Society, A.R.T., Inc., Photo Phantom, Rotary Club, the Animal Shelter, Literacy Plus, and more.

Join us to keep the arts alive in the Hayward area by attending our We Love the Arts Fundraiser. Visit [www.haywardartscouncil.org](http://www.haywardartscouncil.org), call 510-538-2787 or email [hac@haywardartscouncil.org](mailto:hac@haywardartscouncil.org).

Winda I. Shimizu is Executive Director of Hayward Arts Council.

## Trump: Invocation of the 25th Amendment

continued from page 3

no interest in Vice President Mike Pence, because he does not exhibit these traits.

"We are not a political organization. It is not our goal to remove anyone else from elected office. We are just focused on Donald Trump because of the dangers we see," she said.

Dawkins also shared a controversial new book by 27 psychiatrists, psychologists and other health professionals, "The Dangerous Case of Donald Trump."

The American Medical Association's Goldwater Rule, from the 1960s, states that it is unethical for psychiatrists to give professional opinions about public figures they

have not personally examined.

"However, the danger to others outweighs that protocol," said Dawkins, adding that Trump has been a public figure for a long time and his behavior speaks for itself.

The 25th Amendment to the Constitution states, among other things, that a president who is unable to discharge the powers and duties of his office may be removed.

The "Duty to Warn" group advocates using this mechanism. They acknowledged many hurdles to this complex process, starting with engaging Republicans in Congress.

Following the presentation, about a dozen people carried a banner reading "Trump is Unfit. Invoke the 25th" to the corner of Redwood Road and the Boulevard.

Susan Dawkins may be contacted at [dawkinslscw@gmail.com](mailto:dawkinslscw@gmail.com).

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\*Coupon is for a limited time only and expires November 27, 2017.

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