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7-9

# CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 31

WEDNESDAY, JANUARY 16, 2019

NO. 3

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PHONE: (510) 537-1792

## Castro Valley's Last Bridal Shop Closing its Doors After 22 Years

Castro Valley's only bridal store will close its doors at the end of March.

After 22 years, Debra LaSpina Goldwater, who has sold hundreds of wedding gowns to women and — years later — to some of their daughters, has decided to close the Dori Anne Veils Bridal Salon on Seven Hills Road and retire.

Goldwater got an early start in the business while a student at Castro Valley High School, when she worked with her mother doing clothing alterations in the 1970s.

Later she attended design schools in San Francisco and Southern California and for a time worked as a freelance costume designer.

The wedding apparel business, like most others, has evolved over the past 22 years.

"There's been a big change in the way people buy because of the Internet and social media and the ability to shop online," Goldwater says.

And styles, too, have changed, but slowly.

"In the end, brides just want to look beautiful," she says.

All of the merchandise in the store, including hundreds of designer gowns, bridesmaids' dresses, jewelry, shoes, veils and other accessories, is being liquidated at discounts of up to 50 percent.

"With a store like ours closing, we expect our inventory to sell out quickly," Goldwater told the Forum.

Besides the shop's merchandise, the sale also includes store fixtures and furniture.

"I am going to miss all of my



On March 31, Debra LaSpina Goldwater will be shuttering Dori Anne Veils Bridal Salon on Seven Hills Road, the only bridal shop in Castro Valley.

brides and friendships created, and I am grateful to have been a part of so many memories," says Gold-

water, who will be moving later this year to Grass Valley where her 92-year-old father lives.

Dori Anne Veils Bridal Salon is located at 4270 Seven Hills Road, phone 510-690-0100.

PHOTO BY BY FRED ZEHNDER

## Martin Luther King Day Rally on Monday

This year's Martin Luther King Day celebration and march will be held in Hayward starting at 9:30 a.m. this coming Monday, Jan. 21, at City Hall Plaza, 777 B Street.

A community of local congregations — the South Hayward Parish — sponsors this annual event. The Parish runs food distribution, shelter, civic engagement and referral programs, and has advocated on issues of poverty and social justice in Hayward for more than 50 years.

The theme of this year's event is "Lack of Shelter — Homes for Everyone."

Dr. King, a tireless advocate for fair housing, initiated the Chicago Open Housing Movement in 1966 which laid the groundwork for the country's Fair Housing Act. The 1968 act outlaws discrimination in renting or selling homes based on an individual's race, color, religion, sex, national origin, disability or familial status.

But today, because of increasing housing costs and the steady gentrification in local communities, thousands are homeless or at risk of homelessness.

Monday's rally will include music, readings from Dr. King, and a talk by Hayward City Council Member Sara Lamnin on the topic "Housing Hayward - moving beyond soup and sandwiches."

Lamnin is a past president of South Hayward Parish and a mem-

ber of Congregation Shir Ami of Castro Valley. She has directed programs aimed at mitigating economic hardships affecting mainly homeless members of the community.

After the rally at City Hall Plaza, participants will march along the main streets of downtown Hayward. The event will conclude with closing remarks after the march at about 11:30. All are welcome at this event.

### CV MARKETPLACE

## On Track For June Opening

By Amy Sylvestri  
CASTRO VALLEY FORUM

Look for fencing to go up around the Daughtery's building at 3295 Castro Valley Boulevard any day now as construction is set to begin no later than next week on the new Castro Valley Marketplace.

At Monday night's meeting of the Castro Valley Municipal Advisory Council (MAC), the board heard a brief update on the project and learned the building is almost totally leased-out with tenants and is still scheduled to open in June.

The MAC also updated the crowd on Castro Valley's second most famous empty building — the Redwood Road library. Local veterans groups want to turn it into in to a resource center, but the project has been caught up in red tape with the county General Services Agency.

The latest news is that the veterans have formed their own non-profit 501(c)(3) organization. The library project will next be discussed at the MAC's Tuesday, Feb. 5 meeting.

Other business at Monday's meeting included the approval of a conditional use permit for ABC Preschool to continue operating at 20135 San Miguel Avenue. The school and day care for 41 children has been in business since the 1960s.

The MAC also approved a plan to combine two parcels and then subdivide them into four to build single-family residential lots on Ewing Road, near the intersection of Ewing, Vineyard, and Almond roads. Neighbors weren't thrilled with the design, which involves a second long driveway next to an existing driveway.

The MAC felt that the owner did his best to try to negotiate shared use of the original driveway but couldn't, so the MAC gave him approval despite neighbor's concerns.

The MAC also approved a new 122-square-foot wall sign at office space at 20861 Wilbeam Avenue.  
*see MAC on page 14*



## Castro Valley Weather Jan. 16 - 20, 2019



Wednesday  
Heavy Rain  
High 61° Low 54°



Thursday  
Showers  
High 59° Low 45°



Friday  
Showers  
High 57° Low 44°



Saturday  
Mostly Cloudy  
High 61° Low 43°



Sunday  
Rainy  
High 60° Low 49°

### Almanac



Past Week's Rain: 00.20  
Season To Date: 08.69  
Normal To Date: 09.77  
Season Average: 21.22

Sun sets at 5:16 p.m. today, rises at 7:23 a.m. Thursday.

### Moon Phases



Jan.  
20



Jan.  
27



Feb.  
4



Feb.  
12

# Holocaust Survivor, World War II French Spy to Speak This Sunday

**M**arthe Cohn, 98-year-old Holocaust survivor and World War II French spy, will be speaking in Castro Valley at 7:30 p.m. this Sunday, Jan. 20 at Chabad of Castro Valley, 20912B Redwood Road.

Cohn will share her gripping story of survival and espionage to an audience suitable for adults and teenagers of all faiths.

Following her family's daring escape from Nazi-occupied France and her sister's death in Auschwitz, Cohn went on to be recruited by the Intelligence Service of the French 1st Army on account of her blonde hair, blue eyes and thorough command of the German language.

Posing as a German nurse desperately searching for her fictional fiancé positioned on the front lines, she successfully retrieved troves of crucial information regarding the positioning of German troops.

see *SURVIVOR* on page 15



Holocaust survivor Marthe Cohn, 98, who served as a French spy during World War II, is expected to attract a large and diverse turnout when she speaks at the Chabad of Castro Valley on Redwood Road this Sunday at 7:30 p.m.

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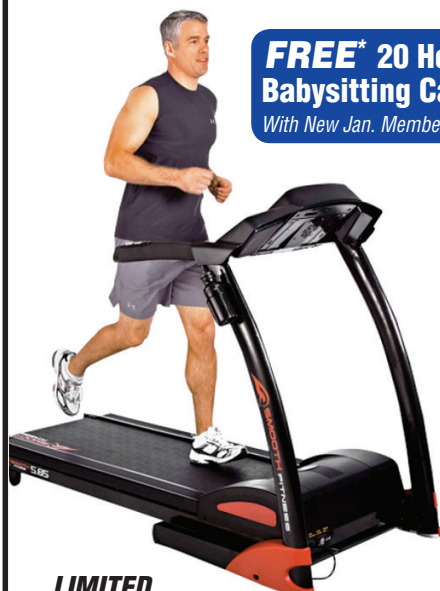
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## COMMUNITY FRUIT GLEANNING EVENT



### SAVE FOOD FOR THOSE IN NEED

CVSan staff is organizing a community fruit glean to benefit local food pantries. Also known as harvesting the extra fruit and vegetables we grow, gleaning has been around for centuries and is a fun way to save food and provide for those in need. During last year's event we saved over 800 pounds of citrus from being wasted!

**CVSan is seeking volunteers for Wednesday, February 6th  
from 3:30 to 5:30 p.m.** Call 510-537-0757 ext. 112 or email  
contact@cvsan.org by January 30th (supplies will be purchased  
by CVSan and provided for use).

### REDUCE REUSE RECYCLE ROT

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This ad was funded by Measure D







Castro Valley Dramatic Arts Academy actors (from left) Piper Notari, Kylie Henrick and Savannah Piper rehearse a scene from "How Heroes Are Made."

PHOTO BY SARAH DOVE

## SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



### Assault and Battery at Eden

Sunday, January 13: at 5:05 a.m., Sheriff's deputies arrested a 31-year-old man from Oakland on suspicion of assault and battery on EMTs and staff at Eden Medical Center on Lake Chabot Road. The man was hanging outside the Emergency Room parking area when he got involved in an altercation. Deputies report the man also had a warrant issued for his capture. The man was taken to Santa Rita Jail pending \$5,000 in bail.

### Wanted Man with Drugs

Sunday, January 13: at 10:15 a.m., a 27-year-old man from Oakland was arrested on suspicion of possession of illegal narcotics. Deputies report the man also had a warrant issued for his capture. The man was waiting in the parking lot of a grocery store on Castro Valley Boulevard and Redwood Road when deputies stopped him for questioning and discovered his stash. Deputies took the man to Santa Rita Jail pending \$5,000 in bail.

### Joy Ride Ends in Arrest

Saturday, January 12: at 4:59 p.m., deputies pulled over and arrested a 45-year-old man with no permanent address on suspicion of possession of and driving a stolen vehicle, illegal possession of nunchaku and violating the terms of his probation. The man was driving on Watson Street near Redwood Road when deputies identified the stolen vehicle. Deputies took the man into custody.

### Drunk at the In-Laws

Saturday, January 12: at 10:55 a.m., a 22-year-old man from

Dublin was arrested on suspicion of public intoxication. Deputies were called to a home on Kahler Avenue near Strobbridge Avenue after neighbors noticed a man on the lawn unable to stand on his own. The man said he was visiting his in-laws home and had a drink. The man failed his field sobriety test and was taken into custody.

### Officer-Involved Shooting Suspect Arrested

Thursday, January 10: at 9:21 p.m., deputies arrested a 37-year-old man from San Leandro on suspicion of public intoxication and resisting arrest. The man was harassing customers at a fast food restaurant on Strobbridge Avenue when deputies arrived. The man reached behind his back, prompting deputies to issue a warning. The deputy shot at the man but did not hit him. The man then fled to a gas station on Castro Valley Boulevard and Strobbridge Avenue where he was apprehended and taken into custody.

### Suspected of Breaking And Entering

Thursday, January 10: at 7:45 a.m., a 35-year-old man from Escalon (San Joaquin County) was arrested as part of a warrant issued for his capture. The man was previously charged with breaking and entering into a private property. Deputies served the warrant to the man at a home on Grove Way near Orange Avenue. The man responded without incident and was taken to Santa Rita Jail pending \$25,000 in bail.

### Transient with Burglar Tools

Thursday, January 10: at 2:07 a.m., deputies arrested a 32-year-old man with no permanent address on suspicion of possession of illegal burglar tools. The man was hanging outside a convenience store on Redwood Road near Grove Way when deputies stopped him for questioning and found the tools in his pocket. Deputies took the man into custody.

see REPORTS on page 15

## Theatre Students to Present Play 'How Heroes Are Made' Jan 18-19

Middle school students in the Castro Valley Dramatic Arts Academy will stage "How Heroes Are Made," an original play written by Academy students and director Michael Lushington, on Jan. 18 and 19 at the Douglas Morrisson Theatre in Hayward.

The work explores what happens when a girl finds herself on the roof of her school after an upsetting day. A crowd of students and staff begin to gather below the building and witness a boy join

her on the roof and then they leave together.

What actually happened on the roof is the topic of rumors and speculation throughout the student body. Some people think the boy was a hero because he went up on the roof to save her. Others have different ideas about the events that unfolded.

Then Batman, Superman, Bruce Willis, an Army general, Spiderman, Elektra and Wonder Woman make appearances to give advice

on what it means to be a hero.

Come find out what it means to be a hero. Who knows? Maybe you're one already.

Performances of "How Heroes Are Made" are at 7 p.m. Friday and Saturday, Jan. 18 and 19 at the Douglas Morrisson Theatre, 22311 N. 3rd St. in Hayward. Tickets are a suggested donation of \$25 adults/\$20 students. To learn more about CVDA or to purchase advance tickets, visit [www.cvdad.org](http://www.cvdad.org).

—Cindy Dove

## Castro Valley Reads Returns January 27

Castro Valley Reads is back! Join the Library staff for the kickoff on Sunday, January 27 from 2 to 3 p.m.

Castro Valley Reads seeks to get hundreds of community members to read and discuss the same book to celebrate reading and great literature and to build community through a thoughtful exchange of ideas.

"Our first Castro Valley Reads in 2018 was a great success with more than 400 participants," said Dawn Balestreri, branch man-

ager. "We hope you'll join us to grow the program in 2019. What can we learn from each other? What can we learn together? Let's find out!"

This year's theme is immigration. A loud and fractious debate about immigrants and refugees has gripped the country recently.

Against this backdrop, the Library proposes a quiet, thoughtful conversation about the experiences of immigrants and refugees. The goal will also be to learn about each other's backgrounds,

celebrate the diversity of our community, and build connections.

The springboard is the intercontinental refugee and immigration story *A Backpack, A Bear, and Eight Crates of Vodka* by Lev Golinkin.

see READS on page 15

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## KICK-OFF EVENT

**Sunday, January 27 2 pm to 3 pm**  
**Castro Valley Library**

**3600 Norbridge Avenue 510/667-7900**

What if all of Castro Valley read the same book?  
Join us for Castro Valley Reads!  
The 2019 selection is *A Backpack, A Bear, and Eight Crates of Vodka*, a moving memoir of a family's journey to America by Lev Golinkin.

At the Kick-Off you'll:

- Learn more about the book and the CV Reads program
- Hear a dramatic reading
- Sign up for a discussion and get a free copy of the book
- Find out how you can meet author Lev Golinkin

**Castro Valley Reads is funded by the Friends of the Library**



## The Week Ahead

### ● Wednesday, January 16: *State of Castro Valley Schools*

Castro Valley Schools Superintendent Parvon Ahmadi will be guest speaker at the next meeting of the Castro Valley Women's Club at 1 p.m. today at 18330 Redwood Road. Don't miss this opportunity to learn what's happening in our schools. Guests are welcome. For info call 510-461-7692 or visit [www.castrovalleywomensclub.weebly.com](http://www.castrovalleywomensclub.weebly.com)

### ● Wednesday, January 16: *East Bay Rose Society*

Dawn Soles, a ranger with the Livermore Area Recreation and Park District, will present surprising facts about bats worldwide and in the local area, separating fact from fiction about these amazing flying mammals, at the next meeting of the Rose Society at 7:30 p.m. today at Lakeside Garden Center, 666 Bellevue, Oakland. The public is invited, snacks are served. For info, visit [www.eastbayroses.org](http://www.eastbayroses.org)

### ● Saturday, January 19: *Eden Area Village Coffee*

Join Eden Area Village for coffee at the Cannery Cafe in the Hayward Area Historical Society, 22380 Foothill Blvd., at 9 a.m. this Saturday and learn how we are working to help seniors remain in their homes and engaged in the community. For info, visit [edenareavillage.org](http://edenareavillage.org) or email: [info@edenareavillage.org](mailto:info@edenareavillage.org)

## CASTRO VALLEY FORUM

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## HOROSCOPE by Salomé

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**ARIES (March 21 - April 19):** Taking some time out of your usually busy social life could be just what you need to help you focus on putting those finishing touches on your plans for a possible career change.



**TAURUS (April 20 - May 20):** A misunderstanding about a colleague's suggestions could create a delay in moving on with your proposal. But by week's end, all the confusing points should finally be cleared up.



**GEMINI (May 21 - June 20):** You might feel overwhelmed by all the tasks you suddenly have to take care of. But just say the magic word -- help! -- and you'll soon find others rushing to offer much-needed assistance.



**CANCER (June 21 - July 22):** Finishing a current project ahead of schedule leaves you free to deal with other upcoming situations, including a possible workplace change, as well as a demanding personal matter.



**LEO (July 23 - August 22):** Turn that fine-tuned feline sensitivity radar up to high to help uncover any facts that could influence a decision you might be preparing to make. Devote the weekend to family activities.



**VIRGO (August 23 - Sept. 22):** A state of confusion is soon cleared up with explanations from the responsible parties. Don't waste time chastising anyone. Instead, move forward with your plans.



**LIBRA (Sept. 23 - October 22):** You might feel obligated to help work out a dispute between family members. But this is one of those times when you should step aside and let them work out their problems on their own.



**SCORPIO (October 23 - November 21):** Your ability to resolve an on-the-job problem without leaving too many ruffled feathers earns you kudos from co-workers. You also impress major decision-makers at your workplace.



**SAGITTARIUS (Nov. 22 - Dec. 21):** Newly made and long-held friendships merge well, with possibly one exception. Take time to listen to the dissenter's explanations. You could learn something important.



**CAPRICORN (Dec. 22 - Jan. 19):** Be prepared to be flexible about your current travel plans. Although you don't have to take them, at least consider suggestions from the experts in the travel business.



**AQUARIUS (Jan. 20 - Feb. 18):** A problem with a recent financial transaction could lead to more problems later on unless you resolve it immediately. Get all the proof you need to support your position.



**PISCES (Feb. 19 - March 20):** Daydreaming makes it difficult to stay focused on what you need to do. But reality sets in by midweek, and you manage to get everything done in time for a relaxing weekend.

## Monday, January 21, 2019

### *Martin Luther King Jr. Day*

#### ● *Holiday Schedules*

Martin Luther King, Jr.'s Birthday (Jan. 15, 1929) is observed on the third Monday in January and is a federal, state, county and city holiday. Except for emergency services, all government offices will be closed, as will stock exchanges, banks and other financial institutions. Most other business offices, stores and restaurants will operate on a normal schedule. BART will operate on a Saturday schedule. AC Transit will operate on a Sunday schedule. Garbage pickup service will be normal, but CV Sanitary District offices will be closed. Call 510-506-5821 for sewer emergencies.

#### ● *MLK Day Rally and March*

The South Hayward Parish and a number of other organizations are sponsoring a Martin Luther King Day March at the Hayward City Hall Plaza beginning with a gathering at 9:30 a.m. on Monday. After the rally, participants will march along the main streets of downtown Hayward. The event will conclude with closing remarks after the march at about 11:30 a.m. All are welcome at this event.

#### ● *MLK Celebration Keynote Speech*

Carolyn McKinstry, civil rights advocate and lifelong member of Sixteenth Baptist Church in Birmingham, Alabama, will deliver the keynote address at the upcoming Dr. Martin Luther King, Jr., Birthday Celebration starting at 4:30 p.m. Monday at Chabot College's Reed L. Buffington Performing Arts Center at 25555 Hesperian Blvd., in Hayward.

### ● Saturday, January 19: *'Gefilte Fish and Chips*

Tri-Valley Cultural Jews Presents Daniel Cainer in "Gefilte Fish and Chips" at 7:30 p.m. this Saturday at the La Quinta Inn & Suites in Hayward, part of TVCJ's "A World of Jewish Music Conference." Cainer is an award-winning songwriter, storyteller and performer whose Jewish-themed, one-man show of unique stories in song is smart, funny, timely and only slightly irreverent. For tickets for the evening (\$20), or for the weekend conference visit [www.eventbrite.com/e/a-world-of-jewish-music-tickets-50672074539](http://www.eventbrite.com/e/a-world-of-jewish-music-tickets-50672074539)

### ● Saturday, January 19 : *Knights of Columbus Crab Feed*

The Knights of Columbus Council 16770 invites you to a Crab Feed at Our Lady of Grace Parish, 3433 Somerset Ave., this Saturday, with live music, dancing and 50/50 raffle. Childcare provided. No-host bar opens at 6 p.m., raffle at 8. Dance till 10 p.m. with Triple Play & Rust. For tickets, visit [www.eventbrite.com/e/our-lady-of-grace-crab-feed-dance-5050-affle-tickets-52767377647](http://www.eventbrite.com/e/our-lady-of-grace-crab-feed-dance-5050-affle-tickets-52767377647) or the Parish office.

### ● Sunday, January 20: *Behind Enemy Lines During WWII*

Marthe Cohn, 98-year-old holocaust survivor and WWII French spy, will speak at Chabad of Castro Valley, 20912B Redwood Road at 7:30 p.m. this Sunday, Jan. 20, sharing her gripping story of survival and espionage to an audience of adults and teenagers. Tickets are \$20. Signed copies of Cohn's memoir may be picked up at the event. For info or to purchase tickets, visit [www.JewishCastroValley.org](http://www.JewishCastroValley.org).

### ● Sunday, January 20: *Free 'Tot Talk' Program*

Congregation Shir Ami invites you to our free monthly Tot Talk program for children up to age 4 and their parents. Learn a little bit about being Jewish, socialize, and have fun from 11 a.m. to 12:30 p.m. this Sunday, when we will be joining our religious school for a Tu B'Shvat seder, to celebrate the new year of the trees. Congregation Shir Ami is located at 4529 Malabar Ave. in Castro Valley (off Redwood Road). To attend, RSVP to Bonnie at [bonnie@congshirami.org](mailto:bonnie@congshirami.org). Visit [www.congshirami.org](http://www.congshirami.org) or our Facebook page [www.facebook.com/CongShirAmi](http://www.facebook.com/CongShirAmi).

### ● Tuesday, January 22: *Start Smart Teen Driver Safety Class*

The California Highway Patrol and the Castro Valley Library present "Start Smart," a teen-driver safety class at 6 p.m. on Jan. 22, at the Library for new and future licensed teenage drivers between the age of 15-19 and their parents. CHP officers will talk about traffic collisions, their causes and avoidance techniques, seat-belt usage and driver responsibilities. To register, call 510-581-9028 (CHP) or 510-667-7900 (Library).

### ● Tuesday, January 22: *Rotary Club Lunch*

Eileen Dalton, Director for Alameda County Economic & Civic Development Department, will be speak about the progress on the Daughtrey building and other projects in the area at a buffet lunch and program at Redwood Canyon Golf Course, 17007 Redwood Road, from noon to 1:30 p.m. The cost of lunch is \$15 and reservations must be made by 9 p.m. on Sunday, Jan. 20, by contacting [cvrotary@iCloud.com](mailto:cvrotary@iCloud.com) or calling 510-402-5123. More information is available at [castrovalleyrotary.org](http://castrovalleyrotary.org)

### ● Wednesday, January 23: *Fall Prevention Workshop*

Seniors and anybody with a fear of falling is invited to the popular workshop, "I Have Fallen and *can* get up" presented at the Castro Valley Library from 10:30 to 11:30 a.m. on Jan. 23. Participants will learn how to change their daily living activities to help prevent a fall as well as have the confidence to know what to do in case they do fall. The workshop will include a step-by-step guide on how to get up from a fall, exercises to do at home and a Home Safety Checklist. Call 510-667-7900, or see Events at [www.aclibrary.org/branches/csv](http://www.aclibrary.org/branches/csv) for more info.

### ● Saturday, January 26: *Soroptimist Crab Feast Ticket Deadline*

The deadline to buy tickets (\$55 per person) for the Feb. 2 Soroptimist all-you-can-eat Crab Feed and Silent Auction at the Moose Lodge is Saturday, Jan. 26. The Mardi-Gras-themed feast will be held from 6 to 10 p.m. No-host cocktails from 6-7. Steak entrée optional with reservation. Live entertainment and 50/50 raffle. Call 510-886-7010 for tickets.

### ● Monday, January 28: *Eden Garden Club Meeting*

Tommy Fenster of StopWaste of Alameda County who will speak on Compost and the Carbon Farming Connection at the next meeting of Eden Garden Club at 9:30 a.m. on Jan. 28 at the Moose Lodge, 20835 Rutledge Road, Castro Valley. Learn how to turn gardens into bay-friendly landscapes and mini carbon farms. Fenster will also discuss principles and management methods applicable to both decorative and edible gardens. Meetings are free. Call 510-209-7366 for more info.

## Arts & Entertainment

### CASTRO VALLEY CENTER FOR THE ARTS

*Tickets for Center for the Arts events listed below are available online at [www.cvcfa.com](http://www.cvcfa.com); or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. (phone 889-8961), or at the Castro Valley Adult School, 4430 Alma Avenue.*

● **James Garner's Tribute to Johnny Cash**, celebrating the life and music of the "Man in Black" with strong conviction and stunning accuracy, will be presented at 7:30 p.m. this Saturday, January 19, at the Center for the Arts by the Castro Valley Arts Foundation. Garner and his band recreate Cash's biggest hits incorporating historical and personal anecdotes. For tickets (\$34-\$40) visit [cvartsfoundation.org/shows](http://cvartsfoundation.org/shows)

### OTHER THEATRICAL & MUSICAL PERFORMANCES

● **"Not a Genuine Black Man,"** Brian Copeland's legendary hit and San Francisco's longest-running one-man show, will hit the stage this Friday, Jan. 25, at the Douglas Morrisson Theatre, 22311 N. Third St. in Hayward. This critically acclaimed show, written and performed by Copeland, explores Copeland's childhood experiences as a member of one of the only African American families growing up in a 94% white suburb of San Leandro. For tickets (\$35 in advance, \$40 at the door) visit [www.dmtonline.org/not-a-genuine-black-man](http://www.dmtonline.org/not-a-genuine-black-man)

● **"How Heroes Are Made,"** an original play, will be presented by middle school students in the Castro Valley Dramatic Arts Academy at 7 p.m. this Friday and Saturday, Jan. 18-19, at the Douglas Morrisson Theatre, 22311 N. 3rd St. in Hayward. Making appearances will be Batman, Superman, Bruce Willis, Spiderman, Elektra and Wonder Woman. For tickets, visit [www.cvdaa.org](http://www.cvdaa.org)

### ART GALLERIES & ART INSTRUCTION

#### ● Art Space ~ Aesthetics, Renaissance and Wabi Sabi

We'll look at Aesthetics, a look at the branch of philosophy that considers art—a session of videos with options for short, roundtable discussions, from 2 to 4 p.m. this Saturday, Jan. 19, at the Adobe Art Center, 20395 San Miguel Avenue. Starting with an overview of Aesthetics we'll move on to look at European Renaissance aesthetics and Japanese Wabi Sabi to provide a comparative analysis of diverse aesthetic systems. Plus open studio time for your self guided art project. Still life, easels, tables provided. (\$5)

● **"New Beginnings,"** A.R.T., Inc.'s members-only unjuried (all submissions are accepted) exhibit, will open with a reception and awards ceremony from 1 to 3 p.m. on Saturday, Jan. 26, at the Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. The judge is Edward Bertolet. The exhibit ends on March 9.

● **"Cultures in Transition: Photos by Oliver Klink**, celebrating the cultures of Asia including Bhutan, Myanmar, China, Mongolia, and India, will be on exhibit through Feb. 15 in the PhotoCentral Gallery, at the HARD District Offices, 1099 E St. in Hayward. For more info, call 510-881-6721 or email [info@photocentral.org](mailto:info@photocentral.org) or visit [www.photocentral.org](http://www.photocentral.org)

● **"Celebrate Women!"** presenting the works of over 50 accomplished artists, writers, and musicians, is currently being showcased at the John O'Lague Galleria in Hayward City Hall until Feb. 8. It is the second regional exhibit of the Northern California branch of the National League of American Pen Women.

● **Artist Open Studio Every Thursday:** Join this informal gathering of artists working together in a friendly and helpful atmosphere. Adobe Art Center hosts provides tables, chairs and easels. \$3. Thursdays 10 a.m. to 2 p.m. in the Redwood Studio 1 at the Adobe Art Center, 20395 San Miguel Ave, Castro Valley.





## Pot Pies – Suppertime Favorites

There are few foods that are as comforting as a traditional pot pie. Beneath a golden, flaky crust lies an explosion of flavor – piping hot chunks of meat and tasty vegetables wrapped in a savory sauce. Generations of hungry appetites have been satisfied with this delicious culinary staple.

### CHICKEN POT PIE

- 1 pound skinless, boneless chicken breast halves, cubed
- 1 cup sliced carrots
- 1 cup frozen green peas
- 1/2 cup sliced celery
- 1/3 cup butter
- 1/3 cup chopped onion
- 1/3 cup all-purpose flour
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 teaspoon celery seed
- 1-3/4 cups chicken broth
- 2/3 cup milk
- 2 (9-inch) unbaked pie crusts

Preheat oven to 425°F.

In a saucepan, combine chicken, carrots, peas, and celery. Add water to cover and boil for 15 minutes. Remove from heat, drain and set aside.

In the saucepan over medium heat, cook onions in butter until soft and translucent. Stir in flour, salt, pepper, and celery seed. Slowly stir in chicken broth and milk. Simmer over medium-low heat until thick. Remove from heat and set aside.

Place the chicken mixture in bottom pie crust. Pour hot liquid

mixture over. Cover with top crust, seal edges, and cut away excess dough. Make several small slits in the top to allow steam to escape.

Bake in the preheated oven for 30 to 35 minutes, or until pastry is golden brown and filling is bubbly. Cool for 10 minutes before serving. Makes one 9-inch pie.

### COUNTRY BEEF POT PIE

- 1 box Pillsbury refrigerated pie crusts, softened as directed on box
- 1 tablespoon oil
- 3/4 pound boneless beef sirloin steak, cut into 1/2--inch cubes
- 1 medium onion, chopped
- 1 (12-ounce) jar beef gravy
- 1 tablespoon cornstarch
- 2 teaspoons sugar
- 1/8 teaspoon pepper
- 2 cups frozen mixed vegetables
- 2 cups frozen southern-style hash-brown potatoes (from 32-ounce package)
- Sesame seed, if desired

Heat oven to 400°F. Prepare pie crusts as directed on package for two-crust pie using 9-inch glass pie pan.

Heat oil in large skillet over medium-high heat until hot. Add beef and onion; cook and stir until beef is browned. Drain.

In small bowl, combine gravy, cornstarch, sugar and pepper; mix well. Add to beef in skillet. Stir in vegetables and potatoes. Cook about 5 minutes or until vegetables

are thawed, stirring occasionally.

Spoon mixture into pie crust-lined pan. Top with second crust; seal edges and flute. Cut slits in several places in top crust; sprinkle with sesame seed.

Bake at 400°F for 35 to 45 minutes or until golden brown. Let stand 10 minutes before serving. Yields 6 servings.

### CANADIAN PORK PIE

- 1-1/2 pounds ground pork

- 1 large baking potato
- 1 large onion, minced
- 1/2 teaspoon salt
- 1/2 teaspoon black pepper
- 1/2 teaspoon cinnamon
- 1/4 teaspoon ground cloves
- 1 dash ground allspice
- 1/2 cup water
- 1 recipe pastry for a 9-inch double crust deep dish pie
- 1 egg
- 1/4 teaspoon paprika

Bake the potato until done, 30-45 minutes in a preheated 400°F oven. Peel and mash the potato.

Place the potato, ground pork, onion, spices and water in a large frying pan and simmer until very thick, for about one hour.

Meanwhile, line a deep-dish pie plate with pastry. Spoon in filling, spreading evenly. Cover with top crust.

Brush with beaten egg and sprinkle with paprika, if desired. Cut steam vent. Bake for 50 minutes at 350°F. If edges brown too fast, cover with a strip of foil. Serve warm. Yields 8 servings.

### ENGLISH COTTAGE PIE

- 1 pound lean ground beef
- 1 onion, diced
- 3 carrots, diced
- 2 tablespoons flour
- 1/2 teaspoon cinnamon
- 1 tablespoon Italian seasoning
- 2 tablespoons chopped fresh parsley
- 1-1/2 cups beef broth
- 1 tablespoon tomato paste

- Salt and pepper to taste
- 4 potatoes, peeled and diced
- 1/4 cup butter, softened
- 1 cup milk
- 1/4 pound shredded Cheddar cheese

Preheat oven to 400°F.

To make meat filling, place a large skillet over medium heat. Crumble in ground beef and sauté 1 minute. Add onion and carrot, then continue to sauté until meat is no longer pink and onion begins to brown, about 5 minutes. Mix in flour, cinnamon, mixed herbs, and parsley.

In a small bowl, combine beef broth and tomato paste. Mix together, then add to beef mixture. Add salt and pepper to taste. Lower heat and simmer mixture for 15 minutes, stirring occasionally, until almost all of liquid has been absorbed. Spoon mixture into a 9 inch pie plate.

To make potato topping, place diced potatoes in a medium saucepan. Cover with water and place over high heat. Allow to come to a boil. Boil for 15 minutes, or until potatoes are tender. Drain.

Mash potatoes until smooth, then add butter or margarine, followed by milk. Whip until fluffy. Add salt and pepper to taste.

Spread potatoes over beef filling. Sprinkle with grated Cheddar cheese.

Bake in preheated oven for 25 minutes, until top is browned and cheese is bubbly. Yields 6 servings.

### EASY VEGETABLE POT PIE

- 1 (10.75-ounce) can condensed cream of potato soup
- 1 (15-ounce) can mixed vegetables, drained
- 1/2 cup milk
- 1/2 teaspoon dried thyme
- 1/2 teaspoon ground black pepper
- 2 (9-inch) frozen prepared pie crusts, thawed
- 1 egg, lightly beaten

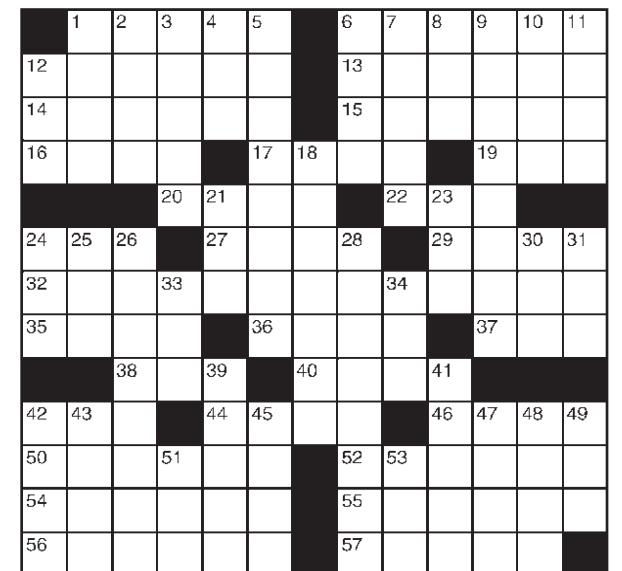
Preheat oven to 375°F.

In a medium bowl, combine potato soup, mixed vegetables, milk, thyme, and black pepper.

Spoon filling into bottom pie crust. Cover with top crust, and crimp edges to seal. Slit top crust, and brush with beaten egg if desired.

Bake for 40 minutes. Remove from oven, and cool for 10 minutes before serving. Serves 6.

## THE FORUM CROSSWORD



### ACROSS

- 1 \_\_\_ about (spread the word)
- 6 Utters
- 12 Grads
- 13 Recluse
- 14 Gymnosophist's practice
- 15 Incompetent
- 16 Vicinity
- 17 Sicilian spouter
- 19 Tier
- 20 Onetime NYC mayor
- 22 Writer Buscaglia
- 24 Sternward
- 27 Near the treasure
- 29 "Thin Man" dog
- 32 Just one thing after another?
- 35 Deserve
- 36 Arp's movement
- 37 Poehler or Grant
- 38 Panasonic competitor
- 40 Incline
- 42 Slithery squeezer
- 44 Not so much
- 46 Radius neighbor
- 50 German Chancellor Merkel
- 52 Raise the anchor
- 54 Successful player
- 55 Hale and hearty
- 56 Eight English kings
- 57 Wear away

### DOWN

- 1 Unclear view
- 2 Discourteous
- 3 Eskimo boat
- 4 Officeholders
- 5 It gets punched
- 6 Avoid
- 7 Punishment-related
- 8 Geological time
- 9 Food of the gods
- 10 Narc's measure
- 11 Crockpot creation
- 12 Literary collection
- 18 Menaces
- 21 Possess
- 23 Chow down
- 24 Expert
- 25 Govt. lender
- 26 Seasoning herb
- 28 Guaranteed
- 30 Male turkey
- 31 One or more
- 33 Business abbr.
- 34 Hoosgow
- 39 Back street
- 41 Disney pachyderm
- 42 Wild party
- 43 Never again?
- 45 41-Down's "wings"
- 47 Noisy
- 48 Schnozz
- 49 Illustrations
- 51 Blunder
- 53 Neither mate

ANSWERS ON PAGE 10

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## 'Silent Thief of Sight': Beware of Glaucoma

By Jim Miller  
SPECIAL TO THE FORUM

It's called the "silent thief of sight" for a reason. With no early warning signs or pain, most people that have glaucoma don't realize it until their vision begins to deteriorate. Here's what you should know.

Glaucoma is a group of eye diseases that can damage the optic nerve and cause vision loss and blindness if it's not treated. This typically happens because the fluids in the eye don't drain properly, causing increased pressure in the eyeball.

There are two main types of glaucoma, but the most common form that typically affects older people is called open-angle glaucoma.

This disease develops very slowly when the eye's drainage canals become clogged over time, leading to blind spots in the peripheral or side vision. By the time you notice it, the permanent damage is already done.

### Are You at Risk?

It's estimated that more than 3 million Americans have glaucoma today, but that number is expected to surge to more than 4 million by 2030. If you answer "yes" to any of the following questions, you're at increased risk of developing it.

- Are you African American, Hispanic/Latino American or Asian American?
- Are you over age 60?
- Do you have an immediate family member with glaucoma?
- Do you have diabetes, heart disease, high blood pressure, migraines or extreme nearsightedness?
- Have you had a past eye injury?
- Have you used corticosteroids (for example, eye drops, pills, inhalers, and creams) for long periods of time?

### What to Do

Early detection is the key to guarding against glaucoma. So if you're age 40 or see **GLAUCOMA** on back page



## Free Workshop: Fall Prevention

Seniors and anybody with a fear of falling is invited to the popular workshop, "I Have Fallen and CAN Get Up" to be presented at the Castro Valley Library from 10:30 to 11:30 a.m. next Wednesday, Jan. 23.

Participants will learn how to change their daily living activities to help prevent a fall as well as have the confidence to know what to do in case they do fall.

The workshop will include a graphic, step-by-step guide on how to get up from a fall, exercises to do at home and a Home Safety Checklist.

This is a free informational program. No registration is required. Call 510-667-7900, or see Events at [www.aclibrary.org/branches/csv](http://www.aclibrary.org/branches/csv) for more information.

## Moving and Over the Age 55 or Disabled?

*Q. My wife and I are considering selling our home and purchasing a replacement home in California to be closer to our children? I hear there may be some way to transfer our very low property tax to our replacement home. Do you know anything about this?*

By Gene L. Osofsky, Esq.  
SPECIAL TO THE FORUM

A. Yes. If at least one of you is at least age 55, or disabled, you may be able to transfer your low "base year value" from your current residence to your new residence.

But, there are conditions and restrictions, including geographic limitations, some of which are as follows:

1) The new residence must be located either within the same county as your original home, OR, within one of the following 11 counties which now permit transfers in from other counties: Alameda, El Dorado, Los Angeles, Orange, Riverside, San Bernardino, San Diego, San Mateo, Santa Clara, Tuolumne and Ventura.

2) The replacement residence must be of "equal or lesser value" to your original residence. This is determined by comparing the sale price of your old residence with the purchase price (or the construction cost) of your new residence.

If the replacement home

is purchased prior to the sale of your existing home, the purchase price may not exceed 100% of the sale price of your existing home. But, it can be up to 105% if you purchase your replacement home within the first year following sale, and up to 110% if purchased within the second year following sale.

Caution: If these equivalency tests are not met, there is no partial benefit. Thus, it is all or nothing regarding the base-year transfer rule, and so you need to be very mindful of the numbers when planning.

3) The replacement home must be purchased or newly constructed within two years either before or after the sale of your original home.

4) You must formally apply for this base-year transfer by submitting the appropriate form to the County Assessor of your new county within three (3) years of the date the replacement dwelling is purchased or newly constructed, although the Assessor can grant relief for late filed claims.

5) You can only use this benefit once, with the following exception: if you have opted for this benefit once based upon age, and you later become "severely and permanently disabled", you may then use it a second time based upon your disability.

The law regarding base-year transfers has some quirks and you should read up on them as part of your planning. A good resource is the website of the Alameda County Assessor, which offers information Notices, Questions & Answers, and the relevant Claim Form.

The Assessor's phone number for questions pertaining to Base-Value Transfers is (510) 272-3787. I hope this information helps and extend good wishes on your planned relocation.

Gene L. Osofsky is an Elder Law and Estate Planning attorney in Hayward. Visit his website at [www.Lawyer-ForSeniors.com](http://www.Lawyer-ForSeniors.com).

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## TEEN DRIVING TIPS

# Peace of Mind While They Have Their Independence

When your teen is officially licensed to operate a vehicle, you may feel simultaneously proud—and terrified. Following these five tips, however, can help.

### Model Your Expectations

Your teens grew up watching you drive, learning your habits and creating their own concept of “safe driver” based on your actions.

Parents of new teen drivers should follow all the rules of the road, which includes keeping smartphones out of reach or paired with hands-free systems.

### Provide Practical Knowledge

Adults pick up all sorts of useful car knowledge over a lifetime of driving. Most teenagers don't have any practical skills. Parents need to provide useful knowledge, including:

- How to change a tire—Show teenagers where the spare tire is, how to access the jack and what

steps they need to safely change a tire. Get outside and get your hands dirty.

- What to have on hand—This includes a spare GPS in the glove box, a first-aid kit in the backseat or trunk and blankets or warm clothing in case they become stranded.

### Create A Contract

According to Drive It Home, one way to help improve teen driving safety is creating a “new driver” contract, signed by both the parents and the teen.

Lay out specific rules and expectations, such as when the car can be used or what the consequences of breaking the law or damaging the vehicle would be. Include provisions for expanding privileges if your teens keep up their end of the contract.

### Talk About Accidents

Teens need to know what they should do if an accident occurs. In all cases—even minor parking

lot scrapes—teenagers must have their insurance information on hand and request the same from any other drivers involved.

According to the Centers for Disease Control and Prevention, “drivers ages 16 to 19 are nearly three times more likely than drivers aged 20 and older to be in a fatal crash.”

Mitigate the risk by talking frankly about accidents with your teen.

You can have the benefit of real-time crash alerts, vehicle speed monitoring, easy access to roadside assistance and one-touch emergency SOS with the ADT Go app ([www.adt.com/go](http://www.adt.com/go)).

Get notifications when your teenagers get home from school and get driving reports on your teenagers' trips; you'll have peace of mind and they'll have their independence.

—North American Precip Synd., Inc.

## Tips for Eliminating Homework Hassles

Do your children consistently make excuses for not doing their homework? Is your peaceful family time cut short by a homework tug-of-war?

If so, you are not alone. Many parents often lack the skills to effectively deal with this conflict and motivate their children to do their homework. Fortunately, these skills are not difficult to learn.

According to Education Specialist Dr. Mary Mokris there are seven motivation skills that parents can learn that will make homework time easier:

1. Set up a proper study area: a place that is quiet, well lit and free from distractions.

2. Institute a daily homework time, preferably at the same time each day—if possible, before or right after dinner. Children need a solid eight to nine hours of sleep daily.

3. Encourage children to do homework on their own. Read



**Praise and encouragement can help motivate a child to do homework.**

directions together, provide examples and help organize—but help with the assignment only after the child attempts it on his or her own.

4. Praise, praise, praise your child. Praise effort, not perfection. Tell your children the things you like about what they are doing—or have done. For children to succeed, parents must send a message that they have confidence in them.

5. Choose an incentive that the child will appreciate, such as stickers, a certificate, a special treat or one-on-one time with parents.

6. Communicate assertively and tell your children that you expect them to do their homework. Repeat your expectations in a clear, firm voice. Let them know there are consequences—including failing grades—for not completing homework. Consider taking away privileges like television or computer time if they do not comply.

7. Form a partnership between parent and teacher with open communication between home and school.

Through setting goals, positive parenting and effective communication, parents can help motivate their children to take homework seriously, develop skills, and benefit from the discipline that homework provides, such as hard work, perseverance and the confidence to overcome challenges.

# Caring for Pet Could Be Great Learning Opportunity for Kids

By Hugh Norton  
SPECIAL TO THE FORUM

A friend and I were recently discussing family pets.

Their family had recently adopted a dog, and he was pointing out that while his children had fervently promised to take care of the pet with the best of intentions, they didn't necessarily have the greatest track record of following through.

After the first few months, he and his wife found themselves handling 90 percent of the responsibilities. While I laughed, I also know that it's likely that our family will wind up having the same experience when we get a pet.

Regardless of who handles the bulk of the responsibility for a pet over the long term, the conversation got me thinking about the many valuable teaching moments that can present themselves when you bring a pet into your family.

While parents often use pet ownership as a tool to teach overall responsibility, there are great opportunities to use the experience to impart lessons concerning financial responsibility as well.

**Trying before buying and entrepreneurship**

Children and teenagers don't always understand the long-term consequences of their decisions. However, if you can get them to take care of neighbors' or friends' pets (with you there to supervise if necessary), they'll be able to experience the balance of work and enjoyment that goes into having a pet before the final decision is made to foster or adopt a pet of their own.

It may even be a good way of creating income and encouraging entrepreneurship. They might offer their friends and neighbors a service—the first few dog walks, check-ins or litter box changes as freebies and then charge a small fee for their services.

Even if they charge just \$5 or \$10 each visit, the experience will help them get a taste of the responsibilities of pet ownership while they practice entrepreneurship and learn about the effort needed to succeed and rewards that can come from starting a business.

In addition, if they are able to amass an income of their own from the experience, you may want to consider having them chip in to cover part of adoption fees.

**How to create and follow a budget**

The real work (and fun) starts once you bring a pet home.

Picture this: your children have learned about the many responsibilities that come with having a pet and are taking it upon themselves to handle all the basic associated chores... a parent can dream, right?

Even if your children don't exactly tackle these chores with the grit and determination you would have hoped for, you can teach them financial lessons by involving them in all pet-related financial decisions and transactions and by teaching them how to create and follow a budget.

Have them start by listing out the necessary expenses, such as food, vet check-ups and toys. Then work together to research the anticipated costs and create a plan.

There is a big difference in the budget needed to bring home a small goldfish versus a cat or even a large dog.

One friend's child fell in love with horseback riding after participating in the sport at camp. Now, in addition to taking care of the family dog, my friend and the child are exploring the possibility

see PET on page 9



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## Raising A Drug-Free Kid

By the time teens graduate from high school, about 45 percent will have tried marijuana, according to the National Institute on Drug Abuse.

And while marijuana is one of the most used substances among teenagers, it is not the only one of concern today. The drug epidemic is an expansive and very real public health crisis and families are on the front line when it comes to getting prevention and recovery efforts underway.

Here are steps parents can take to help keep their kids safe.

1. Communicate. The best line of defense is an open relationship with your children that encourages a healthy dialogue about the dangers of drug use in terms they can understand.

Paired with consequences that will resonate, like the taking away of freedoms and valued items, discussions should include talking openly about the effects of drugs like marijuana, heroin, cocaine and methamphetamine on a user's health and wellness.



PHOTO ©STOCK.ADOBE.COM

**Drug use is a challenging issue to navigate, but with a few preventative actions and an open discourse, you can foster a healthy, drug-free environment for your family.**

Be available and willing to listen to whatever your children have to say without interrupting or losing your composure, ensuring a healthy conversation where they feel their voices are being heard.

2. In the home, prescription drugs such as opioids and stimulants should be locked away safely, accessible only to the person to whom they're prescribed. If such drugs are prescribed to your child, monitor use of the medication, and keep it stored safely.

Parents who suspect their child may be facing peer pressure or abusing drugs should consider using a home drug test.

Sold at major retailers, First Check Home Drug Tests are a quick and accessible resource for parents. Over 99 percent accurate, these kits deliver results in five minutes, testing for the presence of up to 14 commonly abused drugs.

3. Strategize saying "No." Strategize with your children on how to say "no" when pressured to use drugs, while also reinforcing the "why." Reasons to say "no" can be anything from not wanting to harm one's grades, health or athletic potential.

More tips to help raise drug-free kids can be found at notmykid.org.

—StatePoint

## Teaching Kids About Finance at Different Developmental Stages

By Kathy Longo  
SPECIAL TO THE FORUM

While school means plenty of lessons to learn in the classroom, parents usually have to be the teachers when it comes to personal finance.

Studies show that teaching finance is not a top priority of the U.S. education system. Fewer than 20 percent of teachers report feeling competent to teach personal finance, according to a Council for Economic Education Survey.

The majority of your kids' financial education will come from you. Because we parents have such a great influence on how our kids spend, save, and invest, it's critical that we teach them early and often how we want them to value money.

Here are some of the ways to help your kids learn about finance at different developmental stages:

**Learning wants versus needs.** Asking kids whether they want — or need — something before they make a purchase really gets them thinking about their own money values.

Using a three-slotted piggy



bank. In grade school it's important to teach kids about money in a tangible way. Three slots to separate dollars for saving, sharing and spending can help them understand the connection between the money in their piggy bank and the new toy they bought.

**Giving back.** Teaching your kids the importance of giving, such as by donating toys they no longer use, is a lesson that can stick with them for life. It's a great way of showing them that valuing money also means helping those less fortunate.

**Making a budget.** By middle school, children should have an idea of what it costs to keep the house running each month. Once

they have a concept of a budget, get the kids involved in spending decisions for big-ticket items, like a car or family vacation, and the considerations that go into the purchase.

**Explaining college.** We all know it's expensive, and teenagers should know early on in high school how loans, grants, and a college savings plan work.

It's also important to educate students about the additional financial opportunities they'll have in life if they earn a college degree.

**Getting a job.** Is there a better way for your high school student to learn financial responsibility than by working part-time and paying for their gas and fun activities? This is a good time for them to see how staying within a budget requires discipline.

Helping your children develop healthy money habits today will increase their chances for a happier life.

Kathy Longo is the author of "Flourish Financially: Values, Transitions, & Big Conversations." A graduate of Purdue University with a B.S. in financial planning, she was named one of the Top 50 Women in Wealth Management by Wealth Manager Magazine.



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Free the child's potential, and you will transform him into the world.

— Maria Montessori





**Teach your kids financial lessons by involving them in all pet-related financial decisions and transactions and by teaching them how to create and follow a budget.**

## Pet: Learning Opportunity

*continued from page 7*

of signing up for horseback riding lessons or even sponsoring a horse.

If you want to teach your children about budgeting in this context, they'll need an income to use to cover their expenses. The money could come from an allowance, continued pet care work or a part-time job if they're old enough. Or you may have to fund a special pet care account that they help manage.

### The importance of saving to cover long-term expenses

While a budget is primarily intended to be used to cover day-to-day expenses, it's also an important tool for planning for the future.

To help teach your children the importance of saving, make sure to teach them to set aside money in the budget for longer-term expenses.

Long-term costs could include holiday gifts for the pet, boarding or pet sitting fees for when your family travels or even an emergency medical fund for visits to the vet.

Boarding and medical care can be quite expensive. To help set your child's expectations and set savings targets, research your pet or breed of pet and base your savings plans on the information you find.

Tangible savings accounts, such as a jar labeled with the saving goal, could be a good option if only a small amount of funds needs to be saved.

As savings needs grow, it could be a good opportunity to open a joint checking or savings account where your child can deposit money and practice using an account.

**Bottom line:** For children and adults alike, learning about money can be difficult when it's only an abstract concept. By tying the prospect of getting and taking care of a new pet to the importance of earning, budgeting and saving money, you can help teach your children about financial responsibility and instill money habits that could serve them for the rest of their lives.

*Hugh Norton directs Visa's financial education programs.*

## What Parents Should Know About Health of Child's Eyes

Parents know that seeing clearly is important for their kid's success in the classroom, but many are not taking their child to get annual eye exams. This is a problem because many kids don't know what seeing clearly looks like.

According to a recent study by VSP Vision Care and market researcher YouGov, eight-in-10 parents agree that a regular eye exam helps kids do their best in school, but four-in-10 wait until their child complains about their vision to schedule an eye exam.

Clear vision is not only important for academic performance, but also for sports and everyday tasks. That's why a comprehensive eye exam is so important for children. Early detection and treatment provide the opportunity to correct vision problems.

Here are some guidelines.

- Watch for signs of a vision problem. Common signals include covering one eye, holding reading materials close to the face, a short attention span and complaining of headaches or other discomfort.



PHOTO ©STOCK.ADOBE.COM

**Taking care of your child's eyes while they are young will help them perform their best in and out of the classroom and will set them up for a lifetime of success.**

Parents need to look for these signs, as many kids, not knowing what seeing clearly looks like, won't complain.

- First eye exam should be done at six months of age.

- An eye exam can detect early signs of health issues like diabetes.

More kids than ever before are developing type 2 diabetes in the U.S., according to the Centers for Disease Control and Prevention. An easy way to help detect early signs of diabetes in kids and better manage the condition is through annual comprehensive eye exams.

- Don't underestimate the importance of eye exams. Yearly trips to the eye doctor are as important as annual visits to pediatricians or dentists. Don't just assume all is well if your child is not squinting or complaining about his or her eyes. Because vision may change frequently during childhood years, your child should receive a comprehensive eye exam every year, or more frequently if specific problems or risk factors exist.

- Eye protection during sports and outdoor activities. Playing sports is important for your child's overall development, however, thousands of children suffer sports-related eye injuries each year, nearly all of which could be prevented by using the proper protective eyewear.

—StatePoint

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## ATHLETE OF THE WEEK

### Payton Stanberry

This week's Athlete of the Week is Payton Stanberry, a senior at Castro Valley High School. Stanberry is a member of the girls Varsity basketball team and one of the team captains.

The team had three games last week and Stanberry started it off with a double-double against Berkeley in a 58-45 home win, where she scored 15 points, brought down 11 boards, and added 5 assists, on Wednesday.

She followed it up with 12 points, 6 rebounds, and 2 steals against Alameda on Friday in a 57-55 home loss. She finished the week with 15 points, 5 rebounds, 4 steals, and 2 blocks, in a 54-48 away loss to St. Patrick-St. Vincent, of Vallejo, on Saturday night.



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## Big 'W' for CVHS Baseball Program

It was a big win for the Castro Valley High School baseball program at its inaugural Athletic Boosters' Trojans Baseball Gala on Friday, Jan. 11, at the Stonebrae Country Club.

The event honored CVHS Alum and current MLB Player Jason Castro, Coach Glen Sears, and Coach Mitchell Kim. The fundraising included a live auction, silent auction, raffles, and more.

The live auction was run by "CV's Greatest Showman and

Auctioneer" David Aahl. The bidding started with Jason Castro's high school varsity game-worn jersey, which was donated by the Castro Family and won by CV's local business owner of JP's Family Restaurant and Sports Bar.

The event was attended by local baseball luminaries Oscar Miller, Mike Bungarz, Tom Castro, and representatives from Castro Valley Little League and Castro Valley Independent Sports League, as well as many local families eager

to support local baseball.

Many thanks go to coaches, parents, and local businesses for creating such an amazing baseball community. The event was sponsored by Dublin Mazda and the generous outpouring of support for the auctions, raffles and Fund-A-Need bidding made the Gala Committee proud and humbled.

The mission was to create a legacy, with all proceeds from the fundraising event going towards baseball facilities' upgrades.

## This Week at Smalltown Society

### ● TODAY, Jan. 16: Affordable Housing Educational Workshop Series

*Week #1. What are my Rights as a Tenant?* With ECHO Housing

With home prices and rents on the rise, finding quality affordable housing in the Bay Area continues to be one of the top issues for Eden Area residents. Join us for a three-part Affordable Housing Educational Workshop Series. Throughout January we will be discussing topics related to affordable housing such as the housing crisis, what your rights are as a renter, and how community can begin to address the issue. 6-7:30 p.m. at REACH, 16335 E 14th St. in San Leandro.

### ● Thursday, Jan. 17: THE LAB: Songwriter/Poet Showcase & Workshop

*We're switching things up!* Once an Open Mic, The Lab is evolving into a monthly gathering that allows songwriters and poets to workshop and collaborate on new and existing pieces through exercises and brief performances, in front of and among friends. Everyone is welcome! This month's featured artist is Sara Perry! Sign-ups for performances by email only: [info@smalltownsociety.com](mailto:info@smalltownsociety.com). Free 7-9 p.m.

### ● Friday, January 25: Smalltown January Gathering

The music of Duke James &



### Bay Area native Duke James & The James' Brothers Band will be performing Friday, Jan. 25th at Smalltown Society."

the James Bros. Band. The art of Madison Forseth. Plethos Productions, community advocate Nestor Castillo, food by Eden Urban Gardens, beer & wine, and more! Connect with your community, hear from local artists, musicians and advocates, and experience the developing narratives of your

neighborhood! *Free* – (suggested contribution \$10) 7:30 to 10 p.m. Doors open at 7.

*More on these events and others visit [www.smalltownsociety.com](http://www.smalltownsociety.com) or text "Smalltown" to 797979. Smalltown Society is located at 22222 Redwood Road, CV*

## SPORTS NOTES

### Basketball

The Castro Valley and San Leandro based Bay Area Transitions AAU basketball program will hold tryouts for the 2019 Spring and Summer season on the following dates:

- Thursday, Jan. 17, at Bancroft Middle School in San Leandro: grades 1-4 from 6:30-7:30 p.m.; grades 5-6 from 7:30-8:30 p.m.; grades 7-8 from 8:30-9:30 p.m.

- Saturday, Jan. 26, at Bancroft Middle School in San Leandro:

grades 1-4 from noon until 1 p.m.; grades 5-6 from 10:30 a.m.-noon.

Visit [www.bayareatransition.org](http://www.bayareatransition.org) for more information or to register. Send questions to: [info@bayareatransition.org](mailto:info@bayareatransition.org).

### Senior Softball

The Hayward Area Rec District's senior softball program is gearing up for the 2019 season and its 29th year. The initial meeting will be held at 10 a.m. Thursday, Jan. 24, at the San Felipe Center,

2058 D Street in Hayward. Applications are now available online at [hardseniorsoftball.com](http://hardseniorsoftball.com). The league is open to men and women.

New players need to attend one of the practice sessions, which will be held at the CV Community Center on Lake Chabot Road at 9 a.m., on the dates of February 4, 11 and 18. There will be a draft after the last practice session. The leagues will begin play on March 19 at the Oliver Fields in Hayward and continue through September, finishing after the playoffs and Championship games.

The league will consist of the following three age divisions — 50s, 60s, and 70s, with all games starting at 9:30 a.m. The 60s division will play on Tuesday mornings, the 70s division on Wednesday mornings, and the 50s division on Thursday mornings.

## RECENT HOME SALES

### San Leandro

15227 Elvina Drive	94579: \$588,000 3 BD - 1,107 SF - 1958
802 Douglas Drive	94577: \$600,000 3 BD - 950 SF - 1942
456 Linnell Avenue	94578: \$600,000 3 BD - 1,212 SF - 1952
1445 Leonard Drive	94577: \$610,000 3 BD - 1,044 SF - 1953
966 Dolores Avenue	94577: \$625,000 3 BD - 1,353 SF - 1946
13972 Aurora Drive	94577: \$635,000 3 BD - 1,336 SF - 1961
13912 Santiago Road	94577: \$650,000 3 BD - 1,336 SF - 1961
891 Arbor Drive	94577: \$670,000 3 BD - 1,319 SF - 1940
376 Pershing Drive	94577: \$685,000 3 BD - 1,645 SF - 1940
656 Sybil Avenue	94577: \$720,000 3 BD - 1,595 SF - 1948
800 Begier Avenue	94577: \$765,000 2 BD - 1,279 SF - 1938
1500 Bancroft Court	94578: \$1,200,000 8 BD - 3,100 SF - 1952
1850 Starview Drive	94577: \$1,200,000 5 BD - 3,458 SF - 1966
94 Via Diego	94580: \$80,000 4 BD - 1,245 SF - 1950

TOTAL SALES:	14	
LOWEST AMOUNT:	\$245,000	MEDIAN AMOUNT: \$642,500
HIGHEST AMOUNT:	\$1,200,000	AVERAGE AMOUNT: \$699,500

### Castro Valley

3017 Grove Way #B14	94546: \$450,000 2 BD - 1,042 SF - 1992
17955 Center Street	94546: \$544,500 3 BD - 2,427 SF - 1985
19671 Lake Chabot Road	94546: \$670,000 3 BD - 1,340 SF - 1956
20120 Summer Glen Place	94552: \$760,000 3 BD - 1,435 SF - 1996
18941 Stanton Avenue	94546: \$805,000 2 BD - 1,216 SF - 1955
17849 Parker Road	94546: \$960,000 3 BD - 2,144 SF - 1955
22290 Princeton Place	94552: \$975,000 4 BD - 1,940 SF - 2000
18009 Laird Court	94546: \$1,200,000 3 BD - 3,029 SF - 1959
3240 Maguire Way #204	94568: \$249,000 2 BD - 1,124 SF - 2004

TOTAL SALES:	9	
LOWEST AMOUNT:	\$445,000	MEDIAN AMOUNT: \$760,000
HIGHEST AMOUNT:	\$1,200,000	AVERAGE AMOUNT: \$756,611

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N	U	D	I	S	M	U	N	A	B	L
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# REAL ESTATE GALLERY

## REAL ESTATE REALITY

By Carl Medford, CRS  
Special to the Forum

GUEST COMMENTARY



## Charmed or Not?

Passing any gas station, you'll see prices posted with decimal places. It is a psychological ploy to make buyers believe they are paying less, even when everyone knows what is happening.

Called "charm pricing," setting values a hair below a round number (eg. \$699,900), this strategy has been a mainstay in the retail industry for years.

Pricing is critical when selling a home, and there has been no end of discussion and research on the correct way to price a home.

Ironically, this pricing strategy seems to work in some cases. Author Megan Craig in The Residential Specialist Magazine, states, "In their study, 'The Effects of Charm Listing Prices on House Transaction Prices,' researchers Marcus T. Allen and William H. Dare found that sellers of lower-priced houses (below \$300,000) sold their homes for significantly more money when using charm pricing than sellers of similar houses who listed with a round-number price.

They also found that higher-priced homes (between \$300,000 and \$1 million) benefited from listing prices ending in \$5,000 or \$9,000, rather than a number that has been rounded to the nearest \$10,000."

Unfortunately, in the age of the Internet, charm pricing is beginning to cause problems for Realtors looking for the perfect price for their listing.

Buyers, when looking online, typically search using whole numbers. And therein is the rub: if a home worth \$500,000 is listed at \$499,999, then any buyer searching for homes priced between \$450,000 and \$550,000 will see it.

However, if a buyer is searching using the price parameters of \$500,000 to \$600,000, even though the home priced at \$499,999 is in their price range, it will not show up on their search.

Neither will homes priced at \$490,000, \$495,000 or, as some agents prefer, prices with the numeral 8 for the end digits (\$498,888).

It cuts the other way as well: a home valued at \$600,000 but listed at \$601,000, \$605,000 or \$609,000 will not show up if a buyer's search is set between \$500,000 to \$600,000. The simple fact is this: rounding off the numbers exposes the property to more buyers.

Some agents recommend arbitrary numbers (eg. \$567,068), believing a more specific number suggests better research went into

determining the price. Whether it works remains to be seen, however numbers such as this often make it harder to be seen in the search engines.

Charmed or not? It is a question worth considering.

\*<https://trsmag.com/is-round>

ed-pricing-really-the-only-way-to-price-these-days/

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

## Big Drop in Mortgage Rates Leads to Jump in Applications

Mortgage rates dropped significantly across the board last week, falling to the lowest level in nine months, according to Freddie Mac's weekly nationwide survey.

In response, mortgage applications jumped more than 20 percent.

"Lower mortgage rates combined with continued income growth and lower energy prices are all positive indicators for consumers that should lead to a firming of home sales," said Sam Khater, Freddie Mac's chief

economist.

The 30-year fixed-rate mortgage averaged 4.45 percent last week, down from the previous week when it averaged 4.51 percent. A year ago at this time, the 30-year rate averaged 3.99 percent.

Fifteen-year home loans averaged 3.89 percent, down from 3.99 percent.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.83 percent, down from 3.98 percent.

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K	1-4	1-4	4360 Eagle Peak #C	\$489,000	3/2.5	J. Rockcliff RE	Lisa Ferraris	510-304-1271
A	1-4	1-4	2364 Belvedere Ave.	\$539,000	3/1.5	United Brokers RE	Tere Lee/Malanie Yan	510-305-8827
A	1-4	1-4	2274 Belvedere Ave.	\$539,000	3/1.5	United Brokers RE	Tere Lee/Malanie Yan	510-305-8827
A	1-3	12-2	1725 137th Ave.	\$585,000	2/1	Robert Jones & Assoc.	Matt/Bob Jones	510-798-6401
C	—	1-4	22769 Rancho Palomares	\$1,150,000	4/3	Berkshire Hathaway	Stuart Anderson	510-421-8200
A	—	1-3	393 Dowling Blvd.	\$1,188,000	5/3.5	Robert Jones & Assoc.	Matt/Bob Jones	510-798-6401

One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25. For more information and a listing form, Call 614-1558. DEADLINE: TUESDAY AT NOON.

**CITY GUIDE**

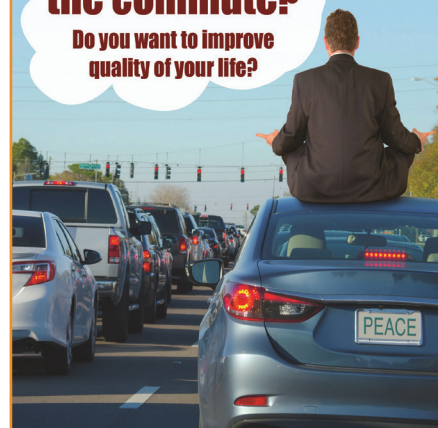
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All real estate advertised in the Castro Valley Forum is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, marital status, national origin, or intention to make any such preference, limitation or discrimination. The Castro Valley Forum will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

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the commute?**

Do you want to improve  
quality of your life?



**You are invited  
to the Kristy Peixoto Team's special event**

At this event you will

1. Learn house market trends now and then
2. Be able to see if it's a right time for you to sell and buy
3. Learn how to buy your next home with less cost

Text 510-396-8561 now

with your name and how many people are attending

Come enjoy Food, drinks with people who have the same dream

Date: Thurs. 1/17/2019  
Time: 6:30pm - 8pm  
Location: J. Rockcliff Realtors  
5075 Hopyard Rd STE 110  
Pleasanton  
RSVP needed

» SPEAKERS «



Rannie Huang Greer  
J. Rockcliff Realtors  
Realtor, GRI



Freda Wu Moser  
Coogan  
Sr. Loan Officer



# ADVERTISE WITH EAST BAY PUBLISHING AND REACH OVER 65,000

## TO PLACE A CLASSIFIED AD

**CALL 510-614-1558**  
**FAX 510-483-4209**  
**EMAIL** Classifieds@ebpublishing.com  
**ONLINE** www.ebpublishing.com

## TO VIEW THE CLASSIFIED ADS

Visit our Websites 24 hours a day  
**www.sanleandrotimes.com**  
**www.castrovalleyforum.com**  
 2060 Washington Ave., San Leandro, CA 94577

## CLASSIFIED AD DEADLINE

New ads, cancellations or ad changes:  
**MONDAY BY 5:00 P.M.**  
 Call 510-614-1558 (Mon. - Fri., 9 a.m. - 5 p.m.)  
 VISA, MASTERCARD & DISCOVER ACCEPTED

## AUTOS / TRUCKS

**\$35** 10 words  
(3 weeks)

## GARAGE SALES

**\$30** 10 words  
(1 week)

## HELP WANTED

**\$35** 10 words  
(1 week)

## MISC. FOR SALE

**\$30** 10 words  
(3 weeks)

## RENTALS

**\$35** 10 words  
(1 week)

## SERVICES

**\$30** 10 words  
(1 week)

ALL CLASSIFIED ADS ALSO RUN FREE ONLINE! • AD MUST BE PREPAID WITH CASH, CHECK OR CREDIT CARD • ADDITIONAL WORDS ARE \$1.00 EACH

CLASSIFIED ADS RUN EVERY WEDNESDAY IN THE CASTRO VALLEY FORUM AND EVERY THURSDAY IN THE SAN LEANDRO TIMES

**PLACE YOUR CLASSIFIED AD ON OUR WEBSITE AND SAVE \$5 PER WEEK OFF THE ABOVE PRICES!**

## ANNOUNCEMENTS

Wisteria Care Center, a 22-bed skilled nursing home, which served the Castro Valley area, is closing and was given 60 day notice of planned closure on 12/21/18. Any questions call (510) 727-9169.

**LANDLORDS** - Advertise your units! A vacancy day is money lost forever ... R. Bowman

*Help for the homeowner means business for you!*



**San Leandro Times HOME SERVICES GUIDE**  
 Call 614-1558

## AUTOMOBILES/TRUCKS CYCLES/TRAVEL TRAILERS

**SELL YOUR CAR OR TRUCK**  
 with a Classified Ad  
**For more info or to place an ad call 510-614-1558**  
 San Leandro Times/Castro Valley Forum

## CONCRETE SERVICE

**\*AFFORDABLE CONCRETE.** Driveways, Walkways, Patios, Retaining Walls, etc. Lic.#868589. 510-575-1163

## CONTRACTOR SERVICE

**Need Contractor Service?**  
 Check our HOME SERVICE & CLASSIFIED ads for help!  
 Castro Valley Forum/San Leandro Times

**To Place an Ad call 614-1558**

## CONTRACTOR SERVICE

### NOTICE TO READERS

California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State Law also requires that contractors include their license number on all advertising. Advertisers appearing on this page without a license number indicate that the contractor is not licensed. You can check the status of your licensed contractor at www.cslb.ca.gov or (800) 321-2752. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

### NEED - MUSIC LESSONS or PIANO TUNING?

Check the Classified Ads under "MUSICAL SERVICES" for help.

## EMPLOYMENT WANTED

### \*LOOKING FOR WORK?

Check the **Help Wanted** ads on the next page of this newspaper.  
**Also: Limited Time Offer!** You can run a FREE 15 word "Employment Wanted" ad. Ad runs in the San Leandro Times & Castro Valley Forum. Call 510-614-1558 to place an ad or for more info. (Some restrictions may apply)

## FENCES/DECKS

**A.T. WOOD FENCES & DECKS**  
 Fence, Concrete, Tree, Lawns, Painting, Cleanups. 510-507-1457/510-507-0968.

**FENCE LEANING?** Don't replace... repair and save! Call Randy 510-706-6189.

## GARAGE SALES



## CASTRO VALLEY

**MOVING SALE Saturday 1/19, 9am-2pm.** All kinds of house and garden wares, Xmas and Halloween decor and costumes, frames, more. 5345 El Caminito Ct., Castro Valley.

**IF YOUR GARAGE SALE IS RAINED OUT, WE'LL RUN YOUR AD AGAIN FOR NO EXTRA CHARGE.** SLTimes

## GARAGE SALES

### SAN LEANDRO

### \*FALL CLEANUP!!!

Time to clean out your Attic, Garage, Basement (House)!!!  
 Get your items together and place a **GARAGE SALE** ad in the San Leandro Times and the Castro Valley Forum for as little as \$30.  
 To place an ad Call 510-614-1558

## GARDENING

**\*NANA'S COMPLETE GARDENING:**  
 Mowing, trees, cleanup/hauling. FREE estimates. 510-512-5857

**To Place a Garage Sale Ad call 614-1558**

# HOME SERVICES DIRECTORY

## Construction

**GOLDEN GATE ENTERPRISES, INC.**  
**GENERAL CONTRACTOR**

Additions / Remodels  
 Kitchens / Baths • French Drains  
 Foundations / Dry Rot / Stucco  
 Retaining Walls / Patios  
 Decks / Construction & Repair

**(510) 909-8552**  
 FREE ESTIMATES LIC. #818840  
 www.bayareacontractor.com

## Fences/Decks

**Fence Leaning? Don't Replace... Repair & Save!**

**\*Reinforcement of existing fences is my only business, Rotted posts are my specialty.**

**FREE ESTIMATES!**  
**510-706-6189**  
 Randy McFarland

## REACH OVER 60,000 READERS

*Advertise your services in both of our newspapers... at one low price!*

**CASTRO VALLEY FORUM**  
**San Leandro Times**

## HOME SERVICES DIRECTORY

**For More Information, Call 614-1558**



## Gardening/Landscaping

## LANDSCAPING, MAINTENANCE & TREE SERVICE

- General Cleanup & Maintenance
- Lawn Mowing, Edging & Weeding
- Tree Removal, Topping & Trimming
- Hillside Cleanup, Hauling & Shaping
- Brick Work, Patios & Retaining Walls
- Fences, Flower Beds & Painting

**CALL FOR A FREE ESTIMATE**  
**510-712-4318**

## Gardening / Tree Service

**PEREZ Gardening & Maintenance**  
**TREE SERVICE**

Pruning, Topping, Removing, Synthetic Grass Installation, Planting, New Lawns & Lawn Care, Sprinkler Systems, Lots & Hill-sides Cleaned & Planted, Drainage/Gutters, Fences, Decks, Patios, Arbors, Concrete, etc.

**CALL 510-385-2122**

**FREE ESTIMATES**  
 EXCELLENT REFERENCES / SINCE 1994  
 INSURED / ALL WORK GUARANTEED / UNLICENSED

**Thank-You...**

*Handyman Services for advertising with us for over 11 years!*

## HANDYMAN SERVICES

*Serving Castro Valley & San Leandro for 28 Years*

**Big or Small - We Do It All!**  
**(925) 548-4202**

**We truly appreciate all of our advertisers!**

**San Leandro Times / Castro Valley Forum**

## HAVE SERVICES?



**Advertise with us today in the HOME SERVICES DIRECTORY**

## REACH OVER 60,000 READERS

*Advertise your services in both of our newspapers... at one low price!*

**CASTRO VALLEY FORUM**  
**San Leandro Times**

## HOME SERVICES DIRECTORY

**For More Information, Call 614-1558**

## Painting

*Painting the Bay Area Since 1983*  
**Coast Brushworks**

- Residential & Commercial
- Interior & Exterior Painting
- Drywall
- Home Restoration
- Custom Finishes

**510-919-7903**  
**Coastbrushworks.com**  
 Lic. #662915

## Roofing

Lic. #311818

**K REED ROOFING**  
 Complete Residential & Commercial Roof Systems

**(510) 357-5116**

**Call Now For A Free Written Roof Analysis & Estimate**  
*Serving San Leandro & The Entire Bay Area. For Those Who Demand Superior Personalized Attention.*  
 SINCE 1975 / FULLY INSURED

## Painting

**Diego Painting**

- Residential/Commercial
- Interior/Exterior
- Power Washing

**FREE ESTIMATES**

Lic. #855054 • diegopainting@comcast.net  
 www.diegopainting.com

**(510) 331-6152**

## Plumbing

**CAPELLI PLUMBING & DRAIN CLEANING**

**Compare Our Prices!**  
 FREE ESTIMATES 24/7 SERVICE

**BBB** Military & Senior Discounts  
 Family Owned & Operated  
**510-969-4358**  
 LIC. #904794

## HAVE SERVICES? CALL US

**REACH OVER 60,000 READERS BY ADVERTISING IN THE**

**HOME SERVICES DIRECTORY**





**GARDENING**

**\*BEAUTY GARDEN LANDSCAPING**  
Design - Construction - Maintenance.  
Cleanups, New Lawn, Artificial  
Grass, Irrigation, Patios, Pathways,  
Brick, Stone, Concrete Fence/  
Decks. Free Estimates! Lic.#925130.  
510-691-8852.

**JAIME'S GARDENING**  
Maintenance, Trimming, Clean-  
ups, Hauling, Sprinkler Repair/  
Timers. FREE Estimates. Insured.  
510-299-9583

**Katsura Landscaping.** Professional  
hand pruning. Landscape design/  
install/ consultation. Garden  
clean-up and redesign. Call Mike  
510-828-4854. Contr. Lic.#858145  
M/C & Visa Accepted

**NEED Gardening Service?**  
Check the advertisers in our  
"Home Servc Directory" and  
our "Classified Ads" for help!

**GIVEAWAYS**

**FREE** - Houser cabinet (in rough  
condition), Redwood decking (for  
firewood ... about a truck load) and  
Montgomery Wards (60 year old) gas  
4 burner stove. Call 510-825-8412.

**FREE** 4 - 4 drawer metal file cabi-  
nets. Also free metal desk. Call 510-  
541-5323.

**VIEW** the Classified Ads  
**Online at**  
**sanleandrotimes.com or**  
**castrovalleyforum.com**  
**IT'S EASY!**  
For more info call  
**614-1558**

**HANDYMAN SERVICE**

**ESCOBAR Home Improvements.**  
Tile setting, Custom trim, Drywall,  
Painting, Decks, Plumbing, Fencing,  
Electrical, Hardwood flooring/ Refin-  
ishing, Framing, Kitchen cabinets,  
Counter tops, and **ALL** Home  
repairs. Call 510-712-8573.

**HANDY PEOPLE.** Any type of job.  
No job too small. 510-934-1251.

**HOME IMPROVEMENT.** FREE  
Estimates. Residential Interior/  
Exterior. Roofing, Painting,  
Concrete, Sheetrock, Fencing,  
Ceramic Tile, Texturing, Decks,  
Siding Repair, Bathrooms/  
Kitchens, Remodeling, Carpentry,  
Hauling, Cleanups, etc. Jose  
Cruz 510-294-9017.

**KING CONSTRUCTION,** a Father  
& Sons Remodeling and Plumbing  
Company since 1972. Construction  
and Plumbing Specialists. Room  
Additions, Baths, Kitchens, Decks,  
Seismic Retrofits, Furnace, Hot  
Water Heaters, and **ALL** Home  
Repairs. Lic.#273546. Bonded/In-  
sured. Call George King 510-  
483-7126 or 510-882-5169.  
gwkconstruction@gmail.com

**TORRES, A PERFECT HANDYMAN**  
•Honest •Dependable •Responsible  
Painting, Plumbing, Retaining Walls,  
Fences, Tiles, etc. **FREE** Estimates.  
510-305-3205

**HAULING SERVICE**

**\*SMALL/LARGE JOBS.** Wood,  
trash, concrete, furniture. Low  
rates. 510-268-1412/ 510-631-5463.

**Residential/ Commercial** Garage/  
yard cleanups. Appliance/ furniture  
removal. Insured. Same day service.  
Low rates. Free estimates. 925-  
899-5655.

**HELP WANTED****GENERAL**

**\*LOOKING FOR WORK?**  
Check the **Help Wanted** ads  
in this newspaper.  
*Also: Limited Time Offer!* If you  
are looking for a job you can run a  
**FREE** 15 word "Employment Want-  
ed" ad. Ad runs in the San Leandro  
Times & Castro Valley Forum.  
Call **510-614-1558** to place an  
ad or for more info.  
(Some restrictions may apply)

**Do you need some help at  
your business?**  
To place an Help Wanted ad  
call **510-614-1558**  
Your ad will run in and the Castro  
Valley Forum on Wednesday and  
the San Leandro Times on Thursday.  
**Find help and support your local  
newspaper at the same time!**  
- Thank you -



The City of San Leandro is now  
accepting online applications for:  
**Maintenance Aide** (Part-time) -  
\$18.95 - \$23.03/hour  
**Administrative Assistant II** -  
\$4,622 - \$5,617/month  
For more detailed information,  
please visit [www.sanleandro.org](http://www.sanleandro.org)  
EOE

**Do you love helping people?**  
Carlton Senior Living is the place for  
you! Now Hiring, various positions  
and schedules. Walk-ins welcomed  
1000 E.14th St. or visit our website  
[www.CarltonSeniorLiving.com](http://www.CarltonSeniorLiving.com)  
to apply online.

**HELP WANTED**

The City of San Leandro is now  
accepting online applications for:  
**Public Safety Dispatcher** -  
\$6,042-\$7,344/month  
For more detailed information,  
please visit [www.sanleandro.org](http://www.sanleandro.org)  
EOE

**Seasonal (March-October) Pool  
Manager** needed. Applicant must  
have knowledge of aquatic opera-  
tions, report writing, hiring and  
managing lifeguards. Must have  
excellent communication skills. For  
more information, contact Fred  
Walsh at: [fwalsh@walshpm.com](mailto:fwalsh@walshpm.com)

**NEED - MUSIC LESSONS** or  
**PIANO TUNING?**  
Check the Classified Ads under  
"MUSICAL SERVICES" for help.

**NEED  
REMODELING?**  
How about a  
new kitchen or  
bath? Check  
the **TIMES**  
"Classified Ads" &  
The **TIMES** "Home  
Service" ads for  
help!

**HELP WANTED**

**Are you empathetic** and a good  
listener? Do you enjoy helping  
people? Are you interested in  
learning about a wonderful sales  
opportunity? Then we would  
like to talk with you. Lone Tree  
Cemetery Association in Hayward,  
CA has been serving the local  
community for 149 years. We are  
looking for a Family Service  
Counselor. This is a consultative  
sales position, with an emphasis  
on the word consult. Multi lingual  
individuals are encouraged to  
apply, Spanish, Cantonese,  
Mandarin, and Tagalog speaking  
people are in demand.  
**We offer:**  
• Paid training  
• Medical, dental and life insurance  
• Retirement plan  
• A positive, diverse and  
collaborative work environment  
Call Ray at 510-582-1274  
to discuss your qualifications  
in greater detail.  
Lone Tree Cemetery Association  
is an equal opportunity employer.

**HEALTH CARE**

**Experienced Health Care Manager**  
needed at health care facility in  
Union City. Call 510-638-8070

**Direct Care Staff / DSP,** to work  
with D.D. Adults in care home in  
San Leandro. Overnights, weekends  
and afternoons available. Salary+  
benefits. 510-563-5140.

**HOUSE CLEANING**

**\*CONNIE'S NATURAL CLEANING**  
Licensed/ Insured/ Bonded  
Make Your Home a Pleasant  
and Healthy Environment  
[www.conniesnatural.com](http://www.conniesnatural.com)  
Call 510-506-5053

**ANA'S House Cleaning Service.**  
Home or office. Ana 510-472-0103.

**Cristina House Cleaning,** free  
estimates, senior discount. Bus.-Lic.  
#121121. 510-825-0459.

**VICTORIA'S HOUSE CLEANING**  
Excellent references. Free estimates  
Reasonable rates. 510-715-1578  
[VictoriaGutierrez140@gmail.com](mailto:VictoriaGutierrez140@gmail.com)

**WALTON'S JANITORIAL**  
Licensed / Bonded / Local  
For a **SPARKLE CLEAN**  
**OFFICE** or Home  
Windows • Floors  
• Carpets • Restrooms  
**Phone 352-7948**  
Member of S.L. Chamber of Comm.

**IF YOUR GARAGE SALE IS  
RAINED OUT, WE'LL RUN  
YOUR AD AGAIN FOR NO  
EXTRA CHARGE. SLTimes**

**MISC. FOR SALE****SPORTS**

**Razor Ripstik** Caster Board with  
lighted wheels, black with orange, in  
excellent condition. \$25. Call Patrick  
510-517-3351.

**VARIOUS ITEMS**

6 commercial aluminum extension  
ladders. Each or all. Also Chevy 1500  
utility tool box. 510-541-5323.

**All private party ads** are prepaid  
(paid in advance). Use your M/C,  
VISA or DISCOVER card, mail  
in your payment, or stop by our  
office to place an ad.

**"MISC. FOR SALE" ads**  
run **3 WEEKS** for the price  
of 1 week. Call 614-1558.

**MISC. WANTED**

**WANTED:** Reel to reel tapes (for  
tape recorder). Call Patrick at 510-  
517-3351.

**MUSICAL  
SERVICES LESSONS**

**EAST BAY MUSICIAN** - Lessons,  
Good with Kids. Call 510-427-3955.

**PAINTING SERVICE**

**NEED PAINTING WORK?**  
Check the **TIMES & FORUM**  
Home Service ads for help. We  
really appreciate our advertisers!  
Patrick V.

**REAL ESTATE AGENTS**

**Are you interested in buying or  
selling a home or property?**  
**Would you like the help of a  
Professional Agent?**  
*For assistance call ...*

**\*SCOTT HARRISON** - Realtor  
Coldwell Banker **510-388-4536**

**RENTALS****APARTMENTS**

**Castro Valley** 2-bedroom, 1-bath,  
Walk to BART and Village. Gated,  
laundry, pool, fitness. \$2,395. 510-  
582-8389.  
[www.bartplazaapartments.com](http://www.bartplazaapartments.com)

**Hayward** 1-bedrooms \$1,425 -  
\$1,525, 2-bedrooms \$1,695 - \$1,795  
(check availability). Patios, balconies,  
pool, ample parking, storage, spa-  
cious. 510-887-6633.

**Hayward** spacious 1-bedroom  
\$1,200+, 2-bedroom \$1,500+. Bal-  
cony, patio, pool. 510-581-4702.

**LANDLORDS** - Advertise your  
units! A vacancy day is money  
lost forever ... R. Bowman

**RENTALS/ROOMS**

2 rooms \$875+ utilities. 1 larger  
room with private bath \$975+ utilit-  
ies. 510-677-5292.

**Castro Valley** large room \$900.  
Near BART. No pets/ drugs/ smok-  
ing. 510-586-6527.

**SERVICES**

**SELL YOUR CAR OR TRUCK**  
with a Classified Ad  
**For more info or to place an ad**  
**call 510-614-1558**  
San Leandro Times/Castro Valley Forum

**NEED - Handyman Service?**  
Check the Classified Ads under  
"HANDYMAN SERVICE" for help.

**TREE SERVICE**

**\*A CAREFUL TREE SERVICE.**  
Certified. Arborist. Lic.#694067. Trim-  
ming, Removals. **FREE** Estimates.  
Bonded. Call 510-581-7377.

**YOUR INFO**

**Advertise** your Home for rent in the  
San Leandro Times & Castro Valley Forum  
**DON'T LET ANOTHER WEEK SLIP BY!**  
- A vacancy day is money lost forever -  
To place an ad call **510-614-1558**

**CLASSIFIED AD DEADLINE:**  
**Monday 5:00 p.m.**

**LANDLORDS** - Advertise your units!  
- A vacancy day is money lost forever -  
R. Bowman

**THANK-YOU**  
for supporting the Castro Valley  
Forum and San Leandro Times!



We greatly appreciate our many  
advertisers who make it possible for  
us to publish these newspapers.

**HOME SERVICES DIRECTORY****Handyman****HANDYMAN  
SERVICES**

*Serving Castro Valley &  
San Leandro for 28 Years*  
**Big or Small —  
We Do It All!**  
**(925) 548-4202**

**Hardwood Flooring**

**FERREIRA'S  
HARDWOOD FLOORING**  
Sand • Install • Refinish  
Glista • Oil Base  
*25 Years Experience*  
**FREE ESTIMATES**  
Call Jeff Today!  
**510-366-6491**  
Lic. #803455

**House Cleaning**

*Tender Loving Care*  
**House Cleaning Service**  
*Family Owned Since 1980*  
**WEEKLY • BI-WEEKLY • MONTHLY**  
EMPLOYEES  
COVERED BY  
WORKERS'  
COMP. STATE  
DISABILITY  
INSURANCE  
Specializing  
in detailed  
cleaning tailored  
to your home  
**FREE ESTIMATES**  
Email: [PATTYATTLIC@AOL.COM](mailto:PATTYATTLIC@AOL.COM)  
[www.tlc-housecleaning.com](http://www.tlc-housecleaning.com)  
**510-481-9193**  
BONDED & INSURED • ALL TAXES PAID

**REACH OVER 60,000 READERS**

*Call today for ad rates  
and availability.*



**HOME SERVICES DIRECTORY**  
**Call 614-1558**

**Roofing****BANNER ROOFING CO.**

★ New Roofs ★ Re-Roofs ★ Roof Repairs ★  
**— RESIDENTIAL & COMMERCIAL —**

**WE CONTROL  
YOUR RAIN!**

★★★★  
**ALL TYPES OF  
ROOF REPAIRS**

★★★★  
**PROFESSIONAL  
WORKMANSHIP**

★★★★  
**FREE ESTIMATES**

**SENIOR DISCOUNTS**  
**LIC # 657692 BBB A+**

**20%  
OFF**

20% OFF ANY OF OUR ROOFING & GUTTER SERVICES  
20% OFF ANY COMPLETE OR PARTIAL ROOFING JOB  
20% OFF ANY COMPLETE OR PARTIAL GUTTER JOB  
20% OFF ANY ROOFING OR GUTTER REPAIR JOB  
— ONE DISCOUNT PER HOUSEHOLD —

LICENSED / BONDED / INSURED 2424 CLEMENT ST., ALAMEDA

**510-895-4433**

**ROOFING TYPES**

- ASPHALT SHINGLES
- FIREPROOF TILE & SLATE
- CEDAR/SHAKE SHINGLES
- METAL ROOF SYSTEMS
- TAR & GRAVEL
- SINGLE-PLY SYSTEMS

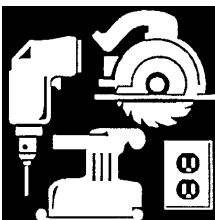
**GUTTER TYPES**

- SEAMLESS ALUMINUM.
- PREPAINTED IN 20 COLORS
- GALVANIZED 5", 6" & 7"
- COPPER GUTTER SYSTEMS
- SHEETMETAL FABRICATION
- OVERHANG SOFFIT & FASCIA
- CLEANING & REPAIRS

*Whatever your specialty, the place  
to advertise is in the...*

**HOME SERVICES DIRECTORY**

Delivered to 32,736 homes in  
San Leandro, over  
20,000 homes in  
Castro Valley, and  
another 8,264 are  
delivered to  
businesses and  
libraries.

**Roofing**

**Wonderlin**  
ROOFING SYSTEMS  
Castro Valley Lic. #642517 Insured/Bonded

**FAMILY OWNED &  
OPERATED**  
**Over 25 Years Experience**  
Reroofs • Repairs • Inspections  
Dry Rot Repair • Seamless Gutters  
(Pre-painted)  
**FREE ESTIMATES**

**\$200.00 OFF**  
**COMPLETE REROOFING WITH TEAR-OFF**  
One Coupon Per Customer Expires 2/28/19

**(510) 538-1530**

*We Specialize in Residential Roofing*





## MAC: Fast Food Designs

continued from front page

A plan for a new paint job, new signs, and modifications to the drive-thru at the McDonald's at 2905 Grove Way was continued. The MAC said the largely gray color scheme was too dull and monotonous. Similar to the recommendations they gave the Kentucky Fried Chicken on Castro Valley Boulevard, the MAC suggested using stone or wood for accent features to break up the

stucco wants.

The designer is going to bring back new color samples at an upcoming meeting, which will be the third time the McDonald's project will be before the MAC. The MAC is known for being exacting when it comes to fast food design in town.

"This will be visit number three and I think we've gone three of four in the past to get these right," said MAC Chair Marc Crawford.

**LETTERS TO THE EDITOR** must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit as necessary. We do not publish anonymous or unsigned letters. Email Letters to: fredz@ebpublishing.com, or mail to: The Forum, P.O. Box 2897, Alameda, CA 94501.

## Obituaries

Since 1965  
**Jess C. Spencer**  
**Mortuary & Crematory**  
21228 Redwood Rd.,  
Castro Valley  
581-9133

Offering  
*Personalized  
Memorial and  
Cremation  
Services.*



FD 1168 CR49

**CASTRO VALLEY FORUM OBITUARIES**  
may be emailed to: obits@ebpublishing.com or faxed to 510-483-4209. Include a phone number. For help, call Patrick Vadnais at 510-614-1558

**SARA L. ENNOR**  
**LAWYER**

- Wills & Trusts
- Benefits, ERISA
- QDROs

**510-633-9985**

### Mildred "Millie" Null

November 26, 1931- December 10, 2018

Millie was born in Vallejo, attended high school in Oakland, then moved to Castro Valley in 1956 with her first husband Tom Nunes.

As a dedicated homemaker, she raised three children, was active in the community and later worked as a secretary with the school district where she met her second husband Bill Null. Millie enjoyed music, dancing, gardening and was typically the life of any party! Her children, step-children, family and friends will miss her wonderful smile, energetic personality and genuine knack for keeping things clean and organized! Her spirit and caring nature will always be with us.



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## LETTERS

TO THE EDITOR  
FREDZ@EBPUBLISHING.COM



### Pot Sales Flourishing "a Sad Reason to Rejoice"

Editor:

Regarding your front page article "Pot Sales Flourishing at Local Dispensaries" on Jan. 9th, are we really supposed to be celebrating the proud declarations by our two local pot dispensaries which proclaim that a lot of their customers are first-time users now that pot usage is seen as "legit"? What a sad reason to rejoice!

Do we need to celebrate the fact that business is booming because we have more emerging drug users? Great....

The process of legitimizing this business in our county has been led by Supervisor Nate Miley. He has been pivotal in this regard at both the state and county levels. Responsible in many other ways, he has unfortunately chosen to take us down a cannabis-embracing road here in Alameda County.

Many of us will not be celebrating the fact that our fellow-community members are deciding to try this "new" recreational product, nor the increase of cannabis sales. Instead, we will continue to encourage our youth and peers to stay clean, clear and safe. Isn't that what we should be celebrating?

—Vicki Stadelman, Castro Valley

### Calls on CVSan Customers to Contest Rate Increases

Editor:

Vance Hopkins ("Calls Attention to CVSan Memo on Proposed Rate Increase and February 5 Meeting," Letters, Jan. 9) suggested that the CVSan ratepayers consider contesting the CVSan garbage rate increases.

I agree and will contest the rate increases. To invalidate the rate increases requires a majority of the ratepayers opposing the increase, or more than 9,000 protest letters. The odds of that happening are astronomical.

CVSan has already entered into a 10 year agreement with Alameda County Industries (ACI) for its garbage services beginning May 1, 2019. Protesting the rate increases is nothing more than a farce. CVSan knows this, which is why it has already entered into this contract with ACI.

Castro Valley residents can expect a 15.4% increase in garbage rates when CVSan switches to ACI this coming May. The Castro Valley ratepayers can expect 6% yearly increases through June of 2024 (45.7% total increase). Cost-based annual rate increases can be even higher than 6% in years 3, 7 or 8. The yearly rate increases with Waste Management of Alameda County was typically under 3%.

CVSan's garbage rate is more than double that of the Oro Loma Sanitary District! For example, under the new ACI contract for 2019, a 32-Gallon garbage container would cost the Castro Valley resident \$47.74 per month. A Five Canyons resident, who is in the Oro Loma Sanitary District, would pay \$21.66 for the same 32-Gallon garbage container. Go figure! So much for people on fixed incomes!

The increased garbage rates have to comply with Proposition 218's notice and hearing requirements. CVSan customers should object to these preposterous rate increases by writing their opposition letters to CVSan and by opposing the rate increases at the February 5 public hearing.

—Ken Owen, Castro Valley

### Wants to Save Old Castro Valley Library for Veterans

Editor:

It has been previously reported in the Castro Valley Forum that the CV Municipal Advisory Council had voted affirmatively to recommend to the Alameda County Board of Supervisors that the old CV Library located on Redwood Road be turned over to veteran organizations to occupy and manage.

The veterans have come together and established a non-profit, the Castro Valley Veterans Memorial Library Foundation. The intent is to turn the old library into a Veterans' meeting location for veteran organizations, for veteran benefits counseling services, for a training facility, and for a meeting location for other civic organizations in Castro Valley.

It is also the intent of our non-profit to establish within the building an area that will be designated as a Library area and Museum area.

The citizens of Castro Valley have been very supportive of the efforts of the non-profit to secure the building from Alameda County. We encourage all the citizens of Alameda County to sign our petitions either in person or at change.org.

The Castro Valley Veterans Memorial Library Foundation will be meeting with County Staff on tomorrow, Jan. 17, to discuss options on moving forward with the library being turned over to the non-profit foundation. Your help in signing the petition will signal to the Board of Supervisors how strongly the citizens of Alameda County support this action.

Thanks for your support in advance. Send any questions to: saveour-oldcvlibrary.org/contact-us/

—Mike Martin, Castro Valley

### "Amazed" at All the Trash and Abandoned Shopping Carts He Sees on Castro Valley Streets

Editor:

What is it? What is the cause? I am amazed at the trash I see on our streets in Castro Valley. Yes, simply amazed.

As I take my walks around our beautiful town, I see so much trash just dumped in shrubs and left on our sidewalks. I see all kinds of thrash, bottles, cans, pizza boxes, and plastics of every use.

Is our citizenry becoming so careless they feel that, "Oh, someone will clean it up." Are we becoming a society that just does not care anymore? I don't think so.

I think we all care, at least most of us do.

It is not just school age children, but also adults that are contributing to the mess on our streets. Is it so common we "just don't see it"? I have stopped and picked up trash and found a trash can nearby and made a deposit in all our names.

I mentioned plastics. In fact I should say nearly all of what we see goes down the sewer lines and ends up the the bay. From there the tides take it out into the Pacific. You must have seen on TV the amount of plastic floating on surface and below the surface, plastics.

Fish of every size, including whales, have been tangled up and have died because of our lack of concern.

One last thought. It is not only trash in the streets and walkways, it is also the shopping carts we use while shopping.

I have seen carts many blocks away from where they belong. Perhaps the average citizen does not understand some laws. To take a shopping cart away from the premises of a store, a few blocks away, is considered petty theft. Let us all do our part in keeping Castro Valley clean and beautiful.

—Dick Purdee, Castro Valley

### Thanks from the Boy Scouts for Supporting Their Christmas Tree Lot

Editor:

To our Castro Valley Community and surrounding neighbors, thank you for supporting the Boy Scout Christmas Tree lot on the corner of Center & Heyer.

This is a scouting fundraiser. The Scouts work the lot and get paid for their hours. The moeny they earn goes into the Scout Account and is used to lpay for the summer camp, any scout-related adventures, merit badges and more.

During their time on the lot, they learn people skills, business skills, work ethics and so much more.

Thanks again for a great tree season. We will see you next year.

—Tina Mitchell, Castro Valley  
(for Troops 701, 818, 819, 409)



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## Reads: If You Can't Make Kick-Off, Come To the Library for Discussion & Free Book

*continued from page 3*

In the twilight of the Cold War, nine-year-old Lev Golinkin and his family cross the Soviet border with only ten suitcases, six hundred dollars, and the vague promise of help waiting in Vienna.

Years later, Lev, now an American adult, sets out to retrace his family's long trek to locate and thank the strangers who fought for his freedom.

Golinkin's memoir is a thrilling tale of escape and survival and a

deeply personal look at the life of a Jewish child caught in the last gasp of the Soviet Union.

Written with acerbic wit and emotional honesty, Golinkin's story speaks of overcoming the power of hatred and searching for acceptance and belonging.

At the Kick-Off you'll hear a dramatic reading from a local actor, meet new people, sign up for a book discussion, and get a free copy of the book. Plus, you'll learn how you can get a special invita-

tion to meet Lev Golinkin.

The celebration continues throughout February and March with many special Castro Valley Reads programs.

If you can't make the Kick-Off, please come to the Library after Jan. 27 to sign up for a discussion. Free copies of *A Backpack, A Bear, and Eight Crates of Vodka* are available while supplies last.

Castro Valley Reads is generously funded by the Friends of the Castro Valley Library.

## Survivor: True Story of French Jewish Spy

*continued from page 2*

At age 80, Mrs. Cohn was awarded for her service with the Croix de Guerre, France's highest military honor.

With a fading generation of Holocaust survivors, now more than ever are we charged with the moral imperative to hear their first hand accounts," said Rabbi Shimon Gruzman, co-director of Chabad of Castro Valley, the sponsoring organization. "Mrs. Cohn is

a true hero who brings a positive message of hope, strength and triumph."

Cohn's visit brings added significance as this year marks 80 years since Kristallnacht.

Eighty years ago, Nazis in Germany torched synagogues, vandalized Jewish homes, schools and businesses, murdered hundreds and dragged thousands of Jews from their homes. That infamous night is now known as Kristall-

nacht and is considered by many as the starting point of the Holocaust.

Tickets are \$20 and signed copies of Cohn's memoir, "Behind Enemy Lines: The True Story of a French Jewish Spy in Nazi Germany," are available online for purchase and may be picked up at the event.

For more information and to purchase tickets, visit [www.JewishCastroValley.org](http://www.JewishCastroValley.org).



PHOTO BY TAMMY MACKIN

## USMC Boot Camp Grad

2017 CVHS graduate John Baker graduated from Marine Boot Camp on November 30, 2018, and is headed to Camp Pendleton for Marine combat training School. Private First Class Baker is the son of Daniel and Patricia Baker and brother to Steven Baker of Castro Valley.

## Reports: CV Street Fight

*continued from page 3*

### Fighting in the Street

Wednesday, January 9: at 9:53 p.m., a 911 call about a loud and aggressive-sounding argument sent deputies to a home on Ada Street near Star Avenue. There, they arrested a 21-year-old man from Castro Valley on suspicion of assault and battery and possession of illegal drug paraphernalia. The man was taken into custody. The victim was treated at the scene.

### No Interlock Device

Tuesday, January 8: at 3:10 p.m., deputies pulled over and arrested a 22-year-old man as part of a warrant issued for his capture. The man was previously charged with driving under the influence of alcohol, driving with a suspended license, and driving without a device to check his breath (interlock device) following a drunk driving conviction. Deputies served the warrant on Redwood Road near Lorena Avenue and took the man to Santa Rita Jail where he was held without bail.

see **REPORTS** on back page

# CVSan residents, we are excited to become part of your community!

## BEGINNING MAY 1, 2019

Alameda County Industries (ACI) will be the new service provider for Castro Valley Sanitary District (CVSan) for recycling, organics and garbage collection.

**NEW!** Collection vehicles. Cleaner and quieter, CNG powered!

**NEW!** Curbside used cooking oil and textile collection services for Single-Family residents.

**NEW!** Bundled service options for Multi-Family and Commercial customers. Customize services to match your needs.

Please visit our website for more information and a list of frequently asked questions.

### CONTACT US:

website: [www.AlamedaCountyIndustries.com](http://www.AlamedaCountyIndustries.com) • phone: 510-483-1400 • email: [info@AlamedaCountyIndustries.com](mailto:info@AlamedaCountyIndustries.com)



**Alameda County Industries**

We are proud to be your service provider for **Recyclables, Organics & Garbage.**



## Reports: Warrant

continued from page 15

### Warrant Served

Monday, January 7: at 7:58 a.m., a 25-year-old man from Castro Valley was arrested as part of a warrant issued for his capture. The man was previously charged with assault on a family member and assault on a minor. Deputies served the warrant at a home on Almond Road near Vineyard Avenue. The man was taken to Santa Rita Jail pending \$60,000 in bail.

### Woman Strikes Out Outside Bowling Alley

Monday, January 7: at 7:36 p.m., deputies arrested a 22-year-old woman from Hayward outside the Village Bowling Alley in the Castro Village parking lot. The woman had been in an altercation with her live-in boyfriend of six months following accusations of infidelity. The woman admitted throwing a text book at the man causing injury. Deputies had to separate the woman from the man twice during questioning. The woman was taken into custody. The man was treated at the scene.

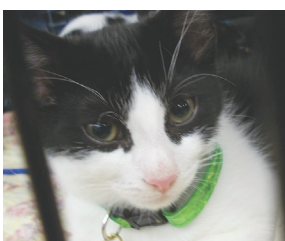
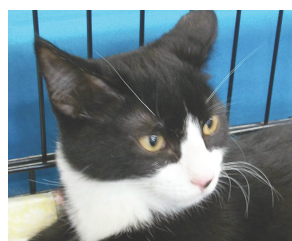
## ADOPT-A-PET



**OREO** is a sweet, friendly bunny who allows all handling and loves fresh greens and hay. She's spayed and ready to live indoors with a loving family. Info: Hayward Animal Shelter.



**ARTURO** a 5-year-old neutered pup, is still learning the ins and outs of walking on leash, but enjoys attention from people. OK with older teens and adults. Info: Hayward Animal Shelter.



**PIPER AND CASSIDY:** Piper, a beautiful tuxedo girl, and sibling Cassidy, a handsome tuxedo boy, are active, playful and friendly 5 month old kittens. They love to wrestle and enjoy lots of attention. The only thing these masked bandits want to steal is your love! Altered, microchipped, current on vaccines and FIV negative. Email Loveallpawzrescue@gmail.com.

## REPAIR WORKSHOP



### CVSan's Fixit Clinic & Clothing Swap 'N Sew

Saturday, February 9<sup>th</sup>

1:00 - 4:00 p.m.

Castro Valley Library  
3600 Norbridge Ave.

**Fixit Clinic:** Bring your non-functioning electronics, small appliances, computers, bikes, toys, etc. for assessment and possible repair. Work space, specialty tools, and guidance will be provided to help you troubleshoot.



**Swap 'N Sew:** Bring your clean, gently worn clothes to "swap" with other participants. Need to mend something? Bring fabric items and your sewing machine and our coaches will guide you.

**Sign-up online:** Go to [bit.ly/fixitcheckin](http://bit.ly/fixitcheckin). Sign-up is encouraged but not required. Entire families of Fixers are welcome!



**Coaches needed!** If you like to fix things, sign-up as a volunteer Fixit Clinic Coach at [bit.ly/fixitcoachsignup](http://bit.ly/fixitcoachsignup).

For more information on CVSan's Zero Waste Week activities for 2019, go to [www.cvsan.org/ZeroWasteWeek](http://www.cvsan.org/ZeroWasteWeek).

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## DOUGLAS MORRISON THEATRE

# Brian Copeland's 'Not a Genuine Black Man' Returns January 25

**B**rian Copeland's legendary hit "Not A Genuine Black Man" is set to hit the stage next week at the Douglas Morrison Theatre in Hayward.

The critically acclaimed show, written and performed by Copeland and directed by David Ford, explores Copeland's childhood experiences as a member of one of the only African American families growing up in an almost all-white suburb of San Leandro.

A tale of laughter, tears, and sociology, it is the longest-running solo show in San Francisco theatrical history with over 800 performances, and has been performed in over 30 cities.

The play is currently in television series development. In 2006, Copeland published a best-selling book based on "Genuine" that is now required reading in several high schools and colleges across the country.

"Not A Genuine Black Man" will be performed at 8 p.m. on Friday, Jan. 25, at the Douglas Morrison Theatre, 22311 N. Third Street, Hayward.

For tickets (\$35 in advance, \$40 at the door) visit [www.dmtonline.org/not-a-genuine-black-man](http://www.dmtonline.org/not-a-genuine-black-man)



Brian Copeland

## Glaucoma: No Early Warning Signs, Pain

continued from page 6

older and have any of the previously listed risk factors (especially if you're African American), you need to get a comprehensive eye examination every year or two. Or, if you notice some loss of peripheral vision, get to the eye doctor right away.

If you are a Medicare beneficiary, annual eye examinations are covered for those at high risk for glaucoma. Or if you don't have vision coverage, check into EyeCare America, a national program that provides free glaucoma eye exams and there are no income requirements. Visit [EyeCareAmerica.org](http://EyeCareAmerica.org) or call 877-887-6327 to learn more.

While there's currently no cure for glaucoma, most cases can be treated with prescription eye drops, which reduce eye pressure and can prevent further vision loss. It cannot, however, restore vision already lost from glaucoma. If eye drops don't work, your doctor may recommend oral

medication, laser treatments, incisional surgery or a combination of these methods.

For more information on glaucoma, visit the National Eye Institute at [NEI.nih.gov](http://NEI.nih.gov),

and the Glaucoma Research Foundation at [Glaucoma.org](http://Glaucoma.org).

Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

## Senior Day Trips Available

Are you looking for something fun and educational to do in your spare time? The Kenneth Aitken Senior Center offers a popular Day Trip Travel Program.

Seniors can go to exciting points of interest around the Bay Area for nominal fees and not have the hassle of driving

themselves on overcrowded freeways with lots of traffic. Space is available on the following upcoming trips: Mare Island, Castello di Amorosa Winery, Cache Creek Casino and Tilden Park.

Call the Senior Center at 510-881-6738 for more information.

## Cultural Literacy Classes

The Kenneth Aitken Senior Center is offering a Shakespeare and Cultural Literacy Class on Tuesdays from 12:30 p.m. to 2:30 p.m.

This ongoing class views Shakespeare's plays and related subjects on videos and

then discusses the writing, times and themes.

The drop-in class fee is \$2. The class, with a drop-in fee of \$2, meets at the Senior Center, 17800 Redwood Road in CV. For more info., please call (510) 881-6738.

## Community Center Seeking Volunteers

The Kenneth C. Aitken Senior and Community Center is looking for enthusiastic, responsible and dependable volunteers.

If you enjoy working with people and bringing smiles to their faces, this will be the perfect volunteer opportunity for you.

Volunteer positions include front desk, the nutrition program, senior van drivers, special event assistants, bingo program and class instructors. What skills can you share?

Volunteers are needed Monday through Friday from 9 a.m. to 4

p.m., depending on your specific interests. Schedules are flexible and we will work with your needs and provide all training for the position.

Contact Recreation Coordinator Jen Tibbetts at 510-881-6742 for more information.