

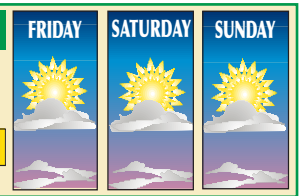


Dipping Snacks
WARM WEATHER MEANS
EATING LIGHTER, HEALTHIER
OPTIONS 5



Congrats, Grads!
ASSUMPTION CATHOLIC
SCHOOL CELEBRATES
STUDENTS 10

WEEKEND WEATHER
WARM Temps heat up as
weekend goes on
HIGHS: 70-75
0 10 20 30 40 50 60 70 80 90 100 110
LOWS: 51-57



San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 30 • NO. 24

THURSDAY, JUNE 11, 2020

SAN LEANDRO • CALIFORNIA

Young People Lead George Floyd Rally



PHOTO BY JIM KNOWLES

A rally of hundreds against police violence in the wake of George Floyd's killing made its way down East 14th Street through downtown San Leandro to City Hall on Sunday.

San Leandrans join movement to end excessive force by police

By Jim Knowles
San Leandro Times

One of the biggest rallies anyone can remember in San Leandro carried the message of Black Lives Matter and remembering George Floyd on Sunday morning right down East 14th Street to City Hall and the police station.

The rally met at San Leandro High where students and people of all ages joined together to protest police violence against black people, just as similar protests were occurring all over the country.

Rallies sprung up last week in the wake of the killing of George Floyd being choked to death with a Minneapolis policeman's knee on his neck. In the past week, the protests moved from the cities to the suburbs.

"It was cool to see the whole community come together and show we're a force to be reckoned with," said Bo Chappel who just graduated from Bishop O'Dowd High School.

When the rally reached City Hall, everyone took a knee for 8 minutes of silence in remembrance of the length of time George Floyd had a knee on his neck as he called out, "I can't breathe."

Chappel and her sister, Zorah, said that it was eye-opening to realize just how long 8 minutes is to have someone's weight on your neck.

Many police around the country also condemned the actions of the Minneapolis police and how they responded to George Floyd.

The march hit East 14th

Street by Palma Plaza and headed through downtown San Leandro in the northbound lanes. High school students led the march, see RALLY, page 3

Covid Test Station Opens in San Leandro

Free Covid-19 testing is now available at the Marina Community Center, 15301 Wicks Blvd. in San Leandro.

The testing center opened on Tuesday and will be open through Saturday from 8 a.m. to 4 p.m. Starting Monday, June 15, the schedule is Monday through Saturday from 8 a.m. to 7 p.m.

The center is open to all frontline and essential workers, seniors, persons with diabetes, hypertension and other health conditions making them vulnerable to Covid-19, plus anyone with Covid-19 symptoms regardless of where you live.

You do not need health insurance and will not be asked about immigration status.

Testing is by appointment only. To make an appointment, visit <https://lhi.care/covidtesting> or call 1-888-634-1123.

The testing is conducted by OptumServe/LHI.

Fire Guts Iconic Lorenzo Theater

County still hopes to revive theater, but assessment needed first

By Jim Knowles
San Leandro Times

A fire gutted the abandoned Lorenzo Theater in San Lorenzo on Friday evening.

The fire broke out at 5:30 p.m. in the 73-year-old theater as smoke billowed from the roof of the longtime landmark of San Lorenzo.

By 9 p.m. the Alameda County Fire Department reported that crews were in the mop-up stage, extinguishing hot spots, and firefighters would stay through the night to keep an eye on the building in case of any flare-up.

There were no injuries to either firefighters or the public, the fire department reported.

The theater at 16080 Hesperian Blvd. has been closed since 1982. Efforts to revive the theater have been going on for decades, but just recently a developer was found who plans to turn the see FIRE, page 12



PHOTO BY ALAMEDA COUNTY FIRE DEPARTMENT

Over 40 firefighters arrived to fight the blaze that gutted the Lorenzo Theater.

INSIDE YOUR TIMES

NEIGHBORS

Kiwanis Club raises funds for food bank. Page 2

FOOD

A dip with veggies makes a healthier snack. Page 5

SENIORS

See next week's senior lunch menu. Page 12

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Calendar.....	4
Classified Ads	8
Crossword	9
Food	5
Health & Fitness	7
Homes	6
Home Services	8
Inquiring Reporter ...	11
Letters	11
Obituaries	10
Pets	2

MEETING SCHEDULES

CITY COUNCIL

Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



PETS OF THE WEEK



CeeLo Green



Jenna

The Hayward Animal Shelter is low on candidates this week so it is featuring two cats from Hopalong Rescue, a group that has pulled many pets from the Hayward Animal Shelter.

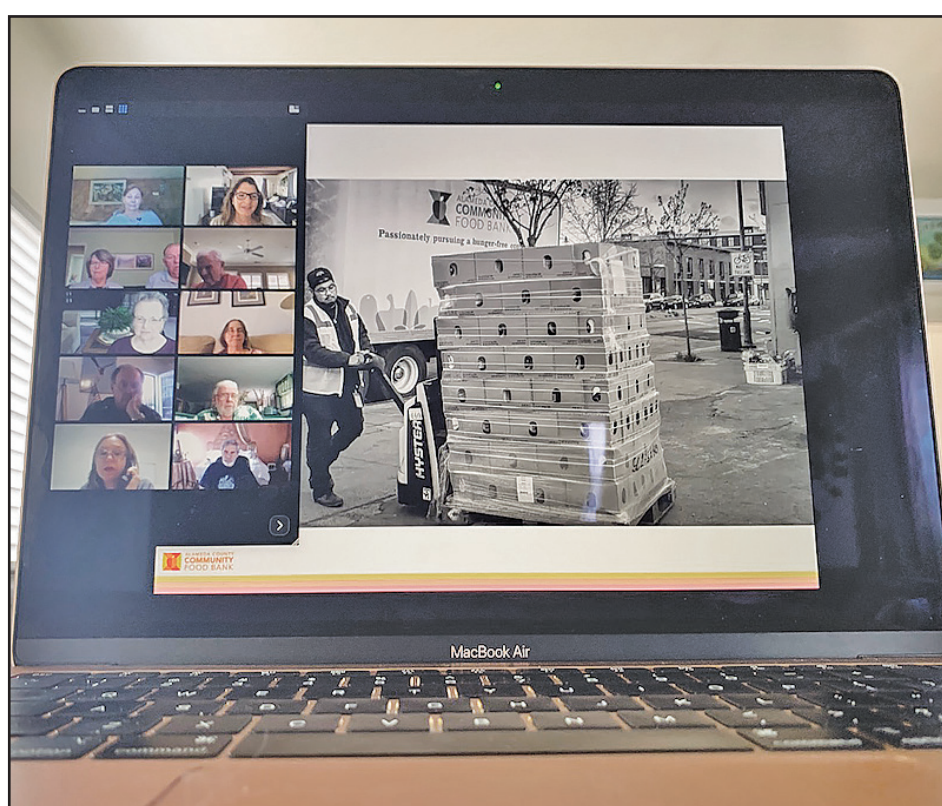
The Pets of the Week are CeeLo Green the cat and Jenna the cat.

CeeLo Green is an affectionate, gentle boy who wants to be friends with everyone. He would love an active cat buddy to play

with. He has a dominant personality with other cats, but doesn't start fights.

Jenna is shy but super loving once she learns to trust you. Okay as an only kitty or with a laid back cat. She's obsessed with her feather wand toy. She would do best with teens and older, no dogs.

For more information on CeeLo Green or Jenna, call Hopalong Animal Rescue at 510-698-4482.



Kiwanis Club Raises Funds, Meets Online with Food Bank Director

The Kiwanis Club of San Leandro recently raised \$4,500 in a fundraising drive for the Alameda County Food Bank. In late May, the club had the pleasure of hearing guest speaker Ingrid Becker, the associate director of volunteer and community engagement of the

Alameda County Food Bank. Becker said the food bank has been able to provide food to nearly 55,000 people a day in our community, and with everyone's donation efforts, the food pantries continue to be stocked and more drive-through food pickups are possible.

San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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OAK to Close Runway For Maintenance

The Oakland International Airport will be closing Runway 12/30 on Monday, June 15, from 9:30 a.m. to 2:30 p.m. for general maintenance work.

The same runway was closed this past Monday, June 8, for the same reason.

During the runway closure, the North Field runways will

be used for jet departures and landings. Aircraft may overfly residential areas and residents may experience unusual aircraft noise.

The Port of Oakland apologizes in advance for any disturbances. Aircraft noise concerns may be directed to Noise Hotline at 510-563-6463.

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Rally: Council candidates refuse to take money from police union

continued from front page

waving signs and chanting through downtown San Leandro where people waved along the way.

Floyd's killing was one in a long string of police killings of black people in the United States, along with Breonna Taylor, Eric Garner, David McAtee and many others.

Police shoot and kill nearly 1,000 people a year in this country, according to the Washington Post which has been tracking the shootings. Minorities are more often shot than whites.

Steven Taylor, a 33-year-old black man from San Leandro was shot and killed by police on April 19 while brandishing a baseball bat at the Walmart on Hesperian Boulevard.

The past week has renewed a movement to defund the police. That doesn't mean to completely cut the police budget, but to use some of the police budget to fund programs in communities of color.

San Leandro Mayor Pauline Cutter attended the rally, along with City Council members Corina Lopez and Ed Hernandez.

The crowd chanted and took a knee for 8 minutes. Former school board member Morgan Mack Rose spoke and challenged Ed Hernandez and his opponent Bryan Azevedo, also in attendance, to take a pledge to not accept campaign donations from the police union, the San Leandro Police Officers' Association (POA).

"We need a police budget with our interest in mind, not special interest in mind," said Mack Rose.

Hernandez spoke next and

told the crowd to be sure to vote on Nov. 3 "to see the change people want to see."

Hernandez said he would make sure to hold people accountable for things they have done wrong.

He mentioned Steven Taylor, who some believe should not have been shot and that police should be able to better handle someone having a mental health crisis.

"People like Steven Taylor - we failed them. I failed them," Hernandez said.

Hernandez said he would not accept campaign donations from the police union.

Azevedo told the newspaper he too would not accept police union money.

"I won't be accepting money from the POA either, and I won't be accepting money from developers, investors or landlord associations," Azevedo said. "I look out for renters. I'm just accepting money from residents and small businesses and some unions representing working people."

At the end of the rally, Coun-

cilwoman Lopez said that people of color have told her lately they were made to feel uncomfortable by the police. For example, she said a black man told her of being in his own yard when police stopped and asked if he lived there.

"I invite people to come to me or other City Council members so we can take a look, and if necessary take corrective action," Lopez said. "And if there is a problem with a specific officer it might require discipline or training."

Police Chief Jeff Tudor announced this week on Nextdoor.com that the police department will no longer use the carotid hold.

The previous day, Governor Gavin Newsom banned police training of the carotid hold in California, and said he would work with the legislature to enact a statewide ban. The hold applies pressure to the carotid arteries and cuts off the flow of blood to the brain. It's possible for the hold to cause brain damage or death.

The military holds, armored



PHOTOS BY JIM KNOWLES

Hundreds of people marched through downtown San Leandro on Sunday.

vehicles, assault rifles and the rest of the military gear are part of the problem, according to the defund the police movement. They say it makes police more aggressive

and more distant from people, liam Barr said this week that creating an us-vs.-them mentality. defunding the police would be dangerous and wrong.

But Attorney General Wil-

Teens Invited to Book Discussion on Zoom

Teens going into 7th to 12th grades are invited to the San Leandro Library's book discussion on Wednesday, June 24, from 3:30 to 4:30 p.m.

The discussion will be on *They Called Us Enemy* by

George Takei, a fantastic graphic novel.

Meet up on Zoom to discuss George Takei's eye opening true story about Japanese Internment. Email kmandalay@sanleandro.org to sign up.

School District to Offer Take-Away Breakfast and Lunch

San Leandro School District Summer Feeding program is free to all children 18 and under.

The school district will serve take-away breakfast and lunch for two days on Mondays, Wednesdays and Fridays from 11 a.m. to noon from June 5 to July 31. The program will serve the meals at three sites: San Leandro High School in the student parking lot; John Muir Middle School in

the drop-off area; and Monroe Elementary in the drop-off area.

The district will serve lunch only five days a week at Chabot Camp (at Chabot Park) from June 15 to Aug. 7, between noon and 12:15 p.m.

For more information on additional summer food service program sites, go to www.cde.ca.gov/ds/sh/sn/summersites19.asp.

PG&E Seeks Contact Info In Fire Areas

PG&E customers in high fire-threat areas of the East Bay are urged to contact the utility company with their updated contact information so they can be notified before a Public Safety Power Shutoff is initiated during windy, hot weather conditions.

If you have a new cell phone number, a new preferred email address or haven't checked in with PG&E to make sure your information is current, visit www.pge.com/mywildfirealerts or call 1-866-743-6589.



The crowd arrived at the front steps of the police station and later took a knee for 8 minutes to remember George Floyd.

CROSSWORD ANSWERS

S	T	A	B	D	A	D	F	A	T	S
A	R	I	A	I	R	A	O	N	I	T
G	E	N	T	S	I	M	U	L	A	T
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E	L	L	S	S	I	R	I	C	E	D
M	E	E	T	H	E	M	D	O	R	Y

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Hayward Covid-19 Test Center Open Weekdays

The Hayward Covid-19 Testing Center began operating 9 a.m. to 4 p.m. weekdays in June.

The center is operated by the Hayward Fire Department at Lot A on the Cal State University East Bay campus. Testing is free and on a first-come, first-served basis regardless of income, place of residence or immigration status.

Mobile teams of specially trained Hayward firefighter-paramedics also provide Covid-19 testing of residents and employ-

ees of nursing homes, at police departments, and for people experiencing homelessness or who are otherwise in need.

Health-care workers and first-responders can make advance appointments for testing at the center by calling the Hayward's Covid-19 Hotline at 510-583-4949 between 8 a.m. to 5 p.m. Monday through Saturday.

The Testing Center was established by the Hayward Fire Department to take pressure off

hospital emergency rooms, get quicker answers about possible infections of health-care workers and first responders, and to help slow community spread of Covid-19.

No physician referral is required. People with Covid-19 symptoms – such as, fever, cough and shortness of breath – are encouraged to seek testing. But anyone with a reason to be tested is welcome. Test results usually are available within six hours or by the next morning.

County Activates Disaster Relief Funds Plus an Equipment Donation Website

To help address the growing needs facing residents, community-based organizations, first responders and health care workers, Alameda County has activated two Disaster Relief Funds.

Established after the 9/11 attacks on the U.S., these Disaster Relief Funds have been reactivated a number of times,

most recently during California's devastating wildfires.

The county is reaching out to philanthropic, business, private, public non-profits and other partners to support vital needs by donating to the funds.

The first, an Emergency Fund, will provide needed services to those directly affected

by the pandemic. All monetary contributions will assist residents that are directly affected by the pandemic, providing emergency relief to families, youth and seniors that may need assistance.

Support will include such needs as emergency childcare, shelter and food aid, and personal

see FUNDS, page 12

Soroptimist East Bay Fundraisers Provide \$2,500 to Ruby's Place

Soroptimist East Bay, a small local group of 12 volunteer members, recently presented a check for \$2,500 to Ruby's Place, a Hayward charity that provides shelter and support services to women and their children, who are victims of family problems.

Soroptimist East Bay holds various fundraising events throughout the year in order to support local organizations that embody the Mission of Soroptimist International of the Americas.

Fundraising events included a Holiday Boutique in November, a Crab Feed and Silent Auction in February, yard sales and other efforts.

The coronavirus pandemic poses challenges for future fundraisers, even though community programs continue to need help.

Please consider joining and bring your ideas on how to continue to support our community. Contact membership chair Lynn Levin, at 510-593-7377 or send an e-mail to sieastbay@soroptimist.net.

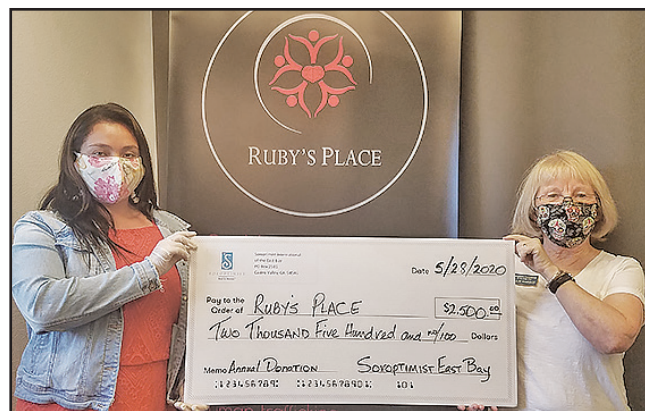


PHOTO COURTESY OF SOROPTIMIST EAST BAY

President of Soroptimist East Bay Billie Knight (at right) presents a \$2,500 check to Ruby's Place Hayward Women's Shelter Manager Helen Ayala.

Farmers' Market Reopens

The Downtown San Leandro Farmers' Market opened again on Wednesday after being closed the week before due to the curfew order.

The market is open on Wednesday evenings through October at its usual hours of 4 p.m. to 8 p.m., on Parrott St. be-

tween East 14th Street and Washington Avenue. The Pacific Coast Farmers' Market Association will be practicing health safety precautions during this time to create a safer environment. So there will be no food sampling, no musical entertainment, no public seating.

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LIFESTYLE

Enjoy a Quick Dip On A Warm Spring Evening

Warm evenings call for lighter munching, especially when the family is spending more time in front of the TV. Instead of the usual fat-laden chips and crackers, try fresh veggies with your favorite dips. To reduce calories even more, make the dips with low-fat varieties of cream cheese, mayonnaise and sour cream.

HOT BEAN DIP

- 1 (8-ounce) package cream cheese, softened
- 1 cup sour cream
- 2 (16-ounce) cans refried beans
- Half of a 1-ounce package of taco seasoning mix
- 5 drops Tabasco
- 2 tablespoons dried parsley
- 1/4 cup chopped green onions
- 1 (8-ounce) package shredded Cheddar cheese
- 1 (8-ounce) package shredded Monterey Jack cheese

Preheat oven to 350°F.

In a medium bowl, blend the cream cheese and sour cream. Mix in the refried beans, taco seasoning, hot pepper sauce, parsley, green onions, half of the Cheddar cheese and half of the Monterey Jack cheese.

Transfer the mixture to an 8-by-12-inch baking dish. Top with re-

maining Cheddar and Monterey Jack cheeses.

Bake in the preheated oven 20 to 30 minutes, until cheese is slightly browned. Yields 7 cups of dip.

ONION DIP

- 2 tablespoons olive oil
- 1-1/2 cups diced onions
- 1/4 teaspoon salt
- 1-1/2 cups sour cream
- 3/4 cup mayonnaise
- 1/4 teaspoon garlic powder
- 1/4 teaspoon white pepper
- 1/2 teaspoon salt

In a saute pan over medium heat add oil, heat and add onions and salt. Cook the onions until they are caramelized, about 20 minutes. Remove from heat and set aside to cool.

Mix the rest of the ingredients, and then add the cooled onions. Refrigerate and stir again before serving.

CLAM DIP

- 8 ounces cream cheese, softened
- 1 cup sour cream
- 6-1/2 ounces chopped clams, canned, juice drained and reserved
- 4-1/2 tablespoons reserved clam juice

- 1/2 teaspoon salt
- 3 tablespoons Worcestershire sauce
- 1/8 teaspoon black pepper

Place cream cheese in the bowl of a stand mixer fitted with the paddle attachment, and mix for a few seconds.

Add sour cream and mix well, until no chunks remain. Scrape down sides and bottom of bowl and mix well again.

Add clam juice and Worcestershire sauce, and mix slowly to avoid splashing, until fully incorporating. Dip will be on the thin side.

Add salt and black pepper, and mix well. Add clams and mix just to combine.

Store in a container and refrigerate for at least 1 hour before serving. Dip will thicken in refrigerator. Yields 8 cups of dip.

BACON & TOMATO DIP

- 1 cup sour cream
- 1/2 cup mayonnaise
- 4 ounces cream cheese, room temperature
- 1/2 cup shredded cheddar cheese
- 1/4 cup chopped onion
- 1/4 cup diced green pepper
- 1 large tomato, seeded and diced



- 1 pound bacon, cooked crisp, cooled and drained
- 1/2 teaspoon garlic powder
- Black pepper, to taste

In medium bowl, with mixer, blend sour cream, mayonnaise, cream cheese, cheddar cheese, chopped onion and green pepper, garlic powder, and black pepper.

Crumble bacon into small pieces and add to mixture. Add chopped tomato and stir well. Yields 3 cups.

RANCH DIP

- 1/4 cup plain low-fat yogurt
- 2 tablespoons mayonnaise
- 2 tablespoons sour cream
- 1 tablespoon minced scallion
- Salt and pepper

In a small bowl, combine yo-

gurt, mayonnaise, sour cream, and scallion. Season with 1/4 teaspoon salt and a pinch of pepper.

Serve with carrot sticks or other vegetables. Yields 2 servings

GUACAMOLE

- 3 avocados, halved, seeded and peeled
- 1 lime, juiced
- 1/2 teaspoon salt
- 1/2 teaspoon ground cumin
- 1/2 teaspoon cayenne
- 1/2 medium onion, diced
- 1/2 jalapeno pepper, seeded and minced

In a large bowl place the scooped avocado pulp and lime juice, toss to coat. Drain, and reserve the lime juice, after all of the avocados have been coated.

Using a potato masher add

the salt, cumin, and cayenne and mash. Then, fold in the onions, jalapeno, tomatoes, cilantro, and garlic. Add 1 tablespoon of the reserved lime juice.

Let sit at room temperature for 1 hour and then serve.

SPICY CURRY DIP

- 1 cup mayonnaise
- 1 teaspoon curry powder
- 1 teaspoon crushed garlic
- 3 teaspoons tarragon vinegar
- 1 teaspoon grated onion
- 1 teaspoon prepared horseradish

In a small bowl, combine mayonnaise, curry powder, garlic, vinegar, onion and horseradish. Mix together, cover and chill overnight.

HOCUS-FOCUS

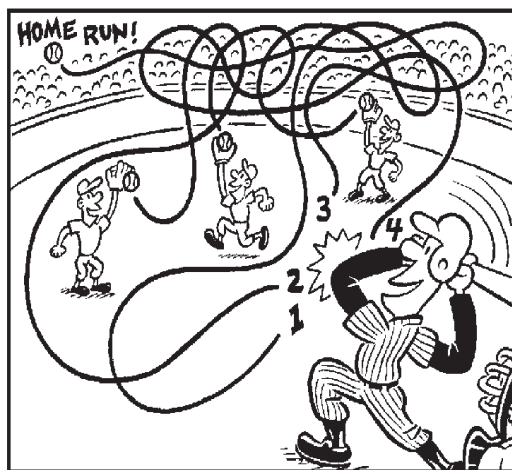
BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Larring is missing. 2. Man's expression is different. 3. Tree is gone. 4. Shadow is cast on bush. 5. Blade handles are different. 6. Leaves are different.



ONE-FOR-FOUR! Can you guess which ball Casey hit out of the park?

Answers: 1. Ball three.

1	2	3	4	5
		S		
2		H		
3	S	H	O	R
4		R		
5		E		

IT'S "SHORE TIME" AGAIN!

At left is a word square. You are challenged to find the four five-letter words that match the definitions below. All words used must read the same both across and down.

- 1. Welcome green spots.
- 2. Very pale.
- 3. Coastline (SHORE, in place).
- 4. Frightening place.
- 5. Scornful expression.

Answers: 1. Oases. 2. Ashen. 3. Shore. 4. Eerie. 5. Sneer.



by Charles Barry Townsend

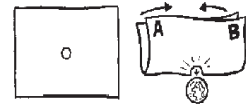
A CASELOAD OF CASES!

Don't strike out like "Casey at the Bat" on this one! To the left is a list of seven "case" words. Using the following hints, see if you can figure out what these words are:

- 1. Has ups and downs.
- 2. A short trial.
- 3. An engine part.
- 4. A book box.
- 5. A type of window.
- 6. Completely covered.
- 7. Found in stores.

Answers: 1. Showcase. 2. Briefcase (pun). 3. Crankcase. 4. Slipcase. 5. Casement. 6. Encased. 7. Showcase.

IT'S MAGIC! You can make a quarter pass through a hole the size of a dime. Here's how: Fold the paper in half, place the quarter inside, and fold corners "A" and "B" toward one another. The coin will fall through the hole without ripping the paper.



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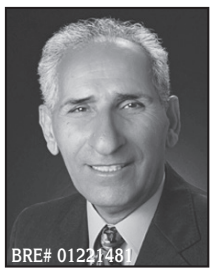
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REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY



Local Realtors Stand Against Racism

The COVID-19 crisis that we have been working our way through has challenged us and, in many ways, forced us to reevaluate the way we live our lives.

It has brought many to the breaking point physically, emotionally, mentally and financially. It has isolated families and friends from each other, caused well-loved institutions to fail and disappear and will leave a significant scar on individuals and our nation.

Compounding the tragedy have been the lives that have been lost. While some have lost jobs, those can eventually be restored. Loved ones that have passed are gone forever, leaving us only with memories.

It has been bad enough

that we have endured this life-changing epidemic. Now we find ourselves in another crisis with the ongoing tragic shootings of African Americans at the hands of law enforcement. It is sad beyond belief.

I am not here to pass judgment in any way nor to take sides: I have a unique perspective in that of our six children, three are African American, as are a number of our 12 grandchildren.

We are sickened by the loss of life, distressed that after so many years our country has not managed to find its way out of racism and disheartened that so many are using this as an opportunity for vandalism and destruction.

Racism in any form cannot be tolerated. I am incredibly proud that our local real estate community is extremely multicultural with every Realtor bringing their unique perspective, talents, gifting, training and expertise to every facet of real estate.

America is a country built upon diversity – it is at the

core of who we are as a nation and is one of the distinctives setting us apart from most other countries in the world.

Real estate leaders from across the country and from all major brands are reiterating that racism cannot be tolerated. As an example, Gary Keller, CEO of Keller Williams, states, "I'd like to make one thing clear: Racism is wrong and Keller Williams stands with the Black community and wholeheartedly supports equality."

It is also important to understand that as Realtors, we are committed to upholding our nation's Fair Housing Laws which provide equal opportunity to *all*, regardless of race, color, national origin, religion, sex, familial status, gender or disability. This is a mandate we take very seriously.

Join with us in praying that God brings healing to our land.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.



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HEALTH & FITNESS

Doctor's Top Tips For Making Your Workplace Safe

The offices, warehouses, and manufacturing plants that America's workers are starting to return to may look the same as they did months ago, but the feel inside will be largely different.

The coronavirus has changed the workplace environment as we knew it for the foreseeable future. Companies welcoming back employees to their facilities are subject

to a duty of care that requires new protocols and rules necessary to protect the health of their workforce. While there is no perfect plan, knowing the priorities and putting extra attention on detailed health measures are paramount for all employers, says Dr. Jonathan Spero (www.inhousephysicians.com), a physician and ex-

pert on pandemic preparedness and employee health.

"As employers begin creating a COVID back-to-work program for their organizations, it is clear that there is no proven roadmap," Dr. Spero says. "We are in uncharted territory.

But it has to be all about health security.

"People are concerned when they get up in the morning that they are going to be exposed to COVID-19. The only way to solve it is to take a lesson out of the global public health playbook and establish proven health security strategies. This involves three foundational elements: the prevention of illness, the detection, and the response once you get the data to identify who's ill

or who has been infected in the past. Some people will get infected in the workplace, so the key is taking all the measures that can help keep the transmission rate way down."

Dr. Spero offers these tips to employers for developing a return-to-work plan:

Reconfigure high-contact areas. Dr. Spero says continued social distancing and wearing masks in the office remain top priorities as the pandemic continues.

"Until further notice office space needs to be designed so employees remain at least six feet from each other at all times," he says. "There is no more mingling in groups, and people have to be spread out."

Daily temperature checks.

"These are done before entry in the workplace," Dr. Spero says. "Use no-contact, infrared thermometers. Taking employees' temperature is not bullet-proof; people can be asymptomatic and still be infected. But fever is the most common symptom associated with COVID-19, so it makes sense to still check people's temperatures. If they're above normal, they're sent home with a plan to refer the ill employee for follow-up medical evaluation and potentially COVID testing." Consider PCR testing. As states reopen businesses, some large companies are testing employees for COVID-19 while trying to prevent outbreaks on the job. Medical professionals and employers say this testing, known as PCR (Polymerase chain reaction), can help reduce transmissions and workers' fears.

"For employers, it's recommended that when doing a screening, you're testing for those patients that are asymptomatic," Dr. Spero

ro says. "The idea around PCR testing is, because there's an asymptomatic pool of employees that may be positive, you want to identify those folks and avoid them infecting others in the workplace."

Have a reporting and follow-up system. Dr. Spero says employees who test positive need to be enrolled in a return-to-work program. This involves quarantine protocols and work clearance guidelines on when the employee can return to work.

Ramp up cleaning procedures. "There should be morning and evening routines of disinfecting all surfaces in the work area, including keyboards," Dr. Spero says. "Frequent hand washing, use of hand sanitizer, and avoiding touching your face all are very important as employees come back to the office."

"Returning to a workplace does bring risks, and employers have a duty of care to mitigate these risks," Dr. Spero says. "It's im-

perative employers build a plan that reduces the risk of COVID transmission."

About Dr. Jonathan Spero

Dr. Jonathan Spero (www.inhousephysicians.com) is a physician and an expert on pandemic preparedness and employee health. For over 30 years he has been the CEO of InHouse Physicians, which is dedicated to protecting the health and well-being of employees and meeting attendees around the world. InHouse Physicians regularly supports some of the highest-profile corporate sales, incentive, and executive programs in the world, including the Olympic Games and World Cup. During the COVID-19 pandemic, Dr. Spero and InHouse Physicians have been delivering employee health services to critical infrastructure corporations, offering medical care and COVID testing. Dr. Spero completed his medical training at the University of California.

New Campaign Offers Resources for Thyroid Cancer Patients

Every year in the United States, more than half a million people with a thyroid nodule undergo testing to determine whether they have thyroid cancer. Recent research has shown that many of these patients aren't fully informed about the possible outcomes of this testing and don't know what questions to ask their doctors. This can increase patients' anxiety and decrease their chances of receiving the best care for their thyroid nodule or thyroid cancer. A new educational campaign is now available to help patients better understand thyroid cancer diagnosis and their testing options.

What is a thyroid and what does it do?

The thyroid is a butterfly-shaped gland in the neck that releases important hormones to regulate metabolism, help the body use energy efficiently, and keep the brain, heart and organs working. It is a vital contributor to health.

What are thyroid nodules and how are they tested?

A thyroid nodule is a solid or fluid-filled lump that forms in the thyroid. These nodules are usually harmless, but up to 10% will be cancerous. To determine whether a patient with a thyroid nodule has thyroid cancer, doctors use a very thin needle to collect cells from the nodule. These

cells are then evaluated under a microscope.

Unfortunately, these procedures - known as fine-needle aspiration (FNA) biopsies - provide an "inconclusive" result up to 30% of the time, meaning doctors cannot confirm whether the nodule is cancerous or not. This can create significant anxiety and frustration for patients. To get a diagnosis in these cases, doctors have traditionally conducted surgery, removing all or part of the thyroid. In 70-80% of patients who undergo this surgery, the nodule is not cancerous, meaning the surgery was not necessary. These surgeries are invasive, costly and can often lead to the need for lifelong, daily thyroid-hormone replacement drugs.

The facts:

* Every year in the United States, doctors perform more than 565,000 biopsies to determine whether thyroid nodules are cancerous

* Up to 30% of these biopsies provide an "inconclusive" result, often leading to thyroid surgery

* 70-80% of patients who undergo surgery turn out to have thyroid nodules that are not cancerous, making the surgery unnecessary

* Loss of all or part of the thyroid can lead to lifelong hormone-replacement treatment

which can result in long-term health issues such as osteoporosis, difficulty maintaining a normal metabolism and irregular heartbeat

Improving diagnosis and treatment

For those patients who do have thyroid cancer, cells taken during the FNA biopsy can provide important information to help guide surgery and treatment decisions. This genomic information is now accessible through a test that looks at the molecular make-up of thyroid nodule cells.

Recent research has shown that many people with thyroid nodules do not know that their FNA biopsy could provide inconclusive results. Additionally, many of these people do not know about the availability of molecular testing, which can provide both clearer diagnostic answers and valuable, individual treatment information without the need for surgery. A new educational campaign called "More About You" is now available to help address these challenges. It offers information about thyroid nodule diagnosis, what different testing results mean and how molecular testing can help. It also provides a list of questions for patients to ask their doctors. For more information, visit AskForAFirma.com.

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Assumption Class of 2020 Honored with a House Call

Assumption Catholic School 8th graders Class of 2020 got a special visit from the staff and faculty on Sunday, May 24, to honor and celebrate their upcoming graduation.

"This is not a normal year, so we wanted to help our graduates

feel special in this unique time," Principal Lana Rocheford said.

Teachers past and present, office staff, and Rocheford visited all 33 graduates in the past week.

With each visit, the grads got their gowns, a grad sign for their homes, and a physically-distant smile behind their masks.

On June 3, the 8th graders participated in a pre-recorded drive-in graduation ceremony at the school.



“Do not follow where the path may lead. Go, instead where there is no path and leave a trail.

– Ralph Waldo Emerson

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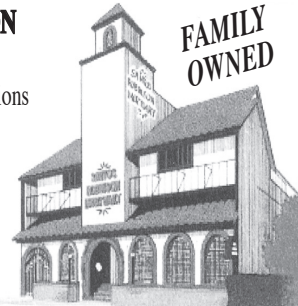
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PG&E Reminder: Hang on To those Mylar Balloons

Pacific Gas and Electric Company (PG&E) reminds its customers to celebrate responsibly if their birthday and graduation ceremonies include metallic balloons.

Metallic balloons have a silvery coating, which conducts electricity. If the balloons make contact with power lines, they can short transformers, melt electric wires and cause power

outages, all of which pose public safety risks.

During the first four months of 2020, metallic balloons striking electric lines caused 94 power outages in PG&E's service area alone, disrupting electric service to more than 44,000 homes and businesses. During the recent Mother's Day weekend, a wayward balloon took 3,500 customers out of power in Vallejo.

LOCAL DEATHS

TIMES OBITUARIES may be submitted online at ebpublishing.com, emailed to obits@ebpublishing.com or faxed to 510-483-4209. Please include your phone number.

Mary Jo Henninger

September 8, 1929 ~ June 7, 2020

Mary Jo Henninger "JoJo" passed away on June 7th surrounded by her family. Mary Jo touched all who knew her with her infectious smile and wonderful sense of humor. Mary Jo graduated from Fremont High in 1947 and later married the love of her life Eddie, June 18, 1949. They were married for 62 years and raised 3 beautiful children together. Mary Jo had many life highlights including 63 years of volunteer work at The Hill and Valley Women's Club in Hayward, 4 of which she served as President. She was honored with the "Mother of the Year" award in 1965. She also performed with the Golden Follies dance team for over 20 years, and enjoyed every minute of it. Mary Jo is preceded in death by her husband Eddie, and her 2 children, Gary and Sandy. She is survived by her son Craig, her adopted daughter Shawn, 6 grandchildren, 8 great-grandchildren, as well as many others that called her "Mom." JoJo will be remembered for the positive impact she made on so many lives during her 90 years. Her "Celebration of Life" will be held at a later date, due to the current Covid-19 situation. Donations in her memory can be made to: The George Mark Children's House.



Pauline Thieme Doral

Pauline Thieme Doral transitioned into eternal rest on May 24, 2020, at the age of 96 years old, surrounded by loved ones. She was born in Indonesia on May 8, 1924. She was the 2nd to youngest of 12 siblings. She was preceded in death by her late husband, Samuel Doral.

Pauline and her husband, Samuel, moved their family from Indonesia to Brazil in 1955 and then came to the U.S.A. in 1964. From there, they set up home in Oakland, then permanently in San Leandro, where she lived for over 40 years. She was dedicated to her family and work; they were wise investors while she also worked as a Nurse's Assistant at Peralta Hospital in Oakland and later in the food services department for San Leandro Unified School District. "Oma" as her grandchildren called her, loved visiting and updating their South Lake Tahoe cabin, had a passion for food, loved to shop, had a great love of plants and animals and making sure all of her family was taken care of.

Those left to cherish Pauline's memory are her beloved children and their spouses: Astrid and Ernani Stefani, Allan and Carla Doral, and Roy and Johanna Doral; her youngest sister: Mientje Pietersen; her grandchildren: Stephen, Aline, Allan, Marianne, Patricia, Kristina, Patrick, Nicole, Jason, Kirk, Michelle, and Andrea; 20 great-grandchildren; and many extended family and friends.



HOROSCOPE by Salomé

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ARIES (March 21 - April 19): Choosing to work with someone you once thought might have been disloyal is a courageous move. The logical next step is to talk things out so there'll be no reason for raising suspicions again.



TAURUS (April 20 - May 20): Take your time making a decision about a personal or work-related relationship. New facts are still coming in, and you'll want to know the full story before you take a definitive step.



GEMINI (May 21 - June 20): Expect to learn something new about an old problem. This could provide some insight into how the problem began, and why it still defies efforts to find a resolution. Good luck.



CANCER (June 21 - July 22): An uneasy work-related relationship can be eased with compromises by both sides. The parties might consider putting the agreed-upon changes in writing in case of a future misunderstanding.



LEO (July 23 - August 22): Oh, you lucky Felines: Your romantic aspects are in absolutely purrrfect form. Don't be surprised at how especially attentive the ladies and gentlemen in your life are going to be this week.



VIRGO (August 23 - Sept. 22): Looking to prove yourself in a difficult situation is laudable. But try paying more attention to advice from experienced contacts. It could help you avoid time-wasting missteps.



LIBRA (Sept. 23 - October 22): A business decision seems easy enough to make based on what you know. But this week could bring new facts to light, and you might have to do some heavy rethinking.



SCORPIO (October 23 - November 21): Feeling sure about the steps you expect to take is great. But you may need to share a few dollops of that confidence with those who have some doubts about your plans.



SAGITTARIUS (Nov. 22 - Dec. 21): A sense of well-being dominates much of the week. A slightly depressed mood could set in on the weekend. But seeing family and friends helps shoo it away.



CAPRICORN (Dec. 22 - Jan. 19): You appear to be walking your life's path like the sure-footed Goat you are. But someone might feel you could do better. Listen to the advice, but make up your own mind.



AQUARIUS (Jan. 20 - Feb. 18): With positive signs growing stronger, Aquarians could find themselves facing choices that are each too good to turn down. Best advice: Go for the one you feel most comfortable with.



PISCES (Feb. 19 - March 20): Someone you know might need your comfort and wisdom during a particularly difficult period. Your encouraging words help restore self-confidence and rebuild strength.

OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and **must be under 300 words**. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

Make Your Resident Survey Count

Editor:

San Leandro Residents: Are you worried about violence on black people by the police? Do you support the demands of peaceful protestors?

Did you get your City of San Leandro Resident Survey? Now's your chance to do the right thing!

Let's put those two things together: List police and '911 rapid response times' and 'youth violence prevention services' at the bottom of your ranking. What if we could use those funds towards issues like:

- Affordable Housing
 - Education- including trained school counselors instead of 'resource officers'
 - Small business development
 - Supporting our local hospitals
 - (insert your community need here)
- As a middle-class white woman, I'd like to say that all of my experiences with SLPD have been positive based on my privilege.

I can't even say that. When a toddler was roaming unattended in my Broadmoor neighborhood, I ran outside to help. The child was very insistent on going her way, so I accompanied her while waiting for police to arrive.

When two large policemen came, they asked ME to pick up the child and detain her until her mother came.... because, how would it look, men and a little girl? The terrified child kicked and scratched me until Mom came.

How is it these highly trained professionals couldn't de-escalate such a simple situation?

What makes you think SLPD does better with other tense situations? How else might they have handled the April incident at Walmart that led to them killing Steven Taylor? What about Anthony Gomez dying on his front porch during a mental health crisis?

SLPD officers wear body cams, have training, are asked to do better. And yet...

To make a difference, we must educate ourselves. Learn about how investment in police does not support our community. Learn more about the movement to defund police from sources like m4bl.org, joincampaignzero.org.

—Nora Trentacoste, San Leandro

The State of Policing

Editor:

This is a letter I sent to Mayor Pauline Cutter and I requested a response in the San Leandro Times:

I am writing to you today as a concerned citizen of San Leandro. The state of policing in our country has grown increasingly militaristic and confrontational with the citizens they are meant to protect.

I have noted on many occasions the numerous police officers and vehicles used to pull over cars in San Leandro, often with men and women of color in them. I recognize the safety concerns that such tactics are meant to address, but surely we can also recognize that intimidation often leads to escalation and undesirable results for all concerned.

I believe the San Leandro Police force to be made up of decent, well-meaning officers, but I am troubled by the increased use of surplus military hardware and recently alleged incidents of brutality.

I respectfully request, from you Mayor, a plan to ensure that our police officers are receiving sufficient de-escalation training. That the force represent the same diversity as our community and that it fosters the same respect for the life and property of ALL the people in San Leandro as it does for their own well-being.

I would rather see our tax dollars better spent to those ends than the attainment of anymore military equipment. There are better tools than intimidation for the police to employ to enforce the public peace.

I invite your reply to all concerned in the San Leandro Times.

—Hugh Chapman, San Leandro

Turning Activism Into Action

Editor:

The Time to Turn Activism into Action is NOW.

The definition of hindsight is: "Understanding of a situation or event only after it has happened or developed."

The expression goes "Hindsight is 20/20." Well guess what...it's 2020, and we now have more than enough understanding of a situation, and that situation is systemic racism.

So this is the year of turning aware-

ness into action and systemic change.

I encourage all to let your voices be heard. Email your councilmembers, Mayor Cutter, and the Professional Standards Division of the San Leandro Police Department.

If you are an educator, I encourage you to become a beacon for change, representation, and inclusion, both in the curriculum you teach and the interactions you have with your students.

If you are a parent, I encourage you to evaluate your implicit biases and have open and honest conversations with your children about racism, equity and our county's longstanding history of oppression.

If you are a mental health expert, public health expert, counselor, mentor, social worker, healthcare worker, domestic violence victim advocate, animal advocate, I encourage you to share your knowledge and services with the Mayor and city council as we inevitably transition towards funding more alternative emergency response programs. Help them guide where budget funds are allocated.

We all have the power to create real, visible, tangible, positive change. We can do it. Hindsight is 20/20. 2020 is now.

—Kathy Sousa, San Leandro

We Can Do Better

Editor:

I am writing to you as a concerned citizen, family man, entrepreneur and registered voter, regarding the death of Mr. Salgado at the hands of law enforcement. I ask you to consider the following.

Since when does the theft of property warrant an absolute death sentence? Where was this man's due process? No Miranda rights read to him? No chance for him to remain innocent until proven guilty?

I am saddened and heartbroken that we live in a society where a corporations' property is so precious to them that it costs 40 bullets and a human life to reclaim said property.

I call on all of us to please urge our representatives to promptly release all body cam or video footage available to the public right away as well as to push for police reform, less funding towards police/military and more funding towards community social and welfare programs.

I strongly believe we can do better for our society and the general welfare and safety of all people in our country.

—Fernando Flores, San Leandro

Trump's Integrity Gap

Editor:

Everyone is pleased the May unemployment rate dropped to 13.3 percent from 14.7. But no one was more pleased

than the president who crowed, "There's a great thing that's happening for our country."

Not to be outdone by his own rhetoric, he concluded his June 5 presser with, "Today is probably, if you think of it, the greatest comeback in American history."

Never mind that 30 million people are still unemployed, and Black and Asian American unemployment actually rose.

I don't trust Trump's celebratory numbers. Remember when Florida's Governor DeSantis announced on May 20 that a Department of Health data analyst was fired for insubordination? In fact, she refused orders to manipulate

the database that keeps track of epidemiological data. She refused to make it say Florida was safe to reopen business when the underlying data didn't support that conclusion. She had the professional ethics and moral strength to say "no," although it cost her job.

Do those who feed us good employment news from the White House have as much integrity?

The Labor Department has said, due to limitations in data gathering (many unemployed people are misclassified as being employed), the true unemployment rate could be three percent higher than currently estimated.

—Bruce Joffe, Piedmont

INQUIRING REPORTER

Your thoughts on the killing of George Floyd?

— Asked downtown

There's too much racism and it got worse when Trump got in office. White police are too gun happy. There's no need for the knee, cutting off his air. It's militaristic, and that's where racism comes in. Police aren't supposed to be an army fighting an enemy. They killed him just like they killed Breonna Taylor.

Renee Warren
Oakland



It's important that we address this in every community in America. Minneapolis is no different than other cities. We've had situations around here that could have been handled differently. The police have a difficult job but the important thing is to treat everyone, regardless of race, the same.

Mike Charlesworth
Alameda, works in San Leandro

It's senseless, everybody knows. But it's not just that one, there have been so many others. It's been going on for a long time. George Floyd wasn't the only one. A lot of others have had a knee on their neck that you don't hear about. It's just so sad.

Cheri Goodman
San Leandro

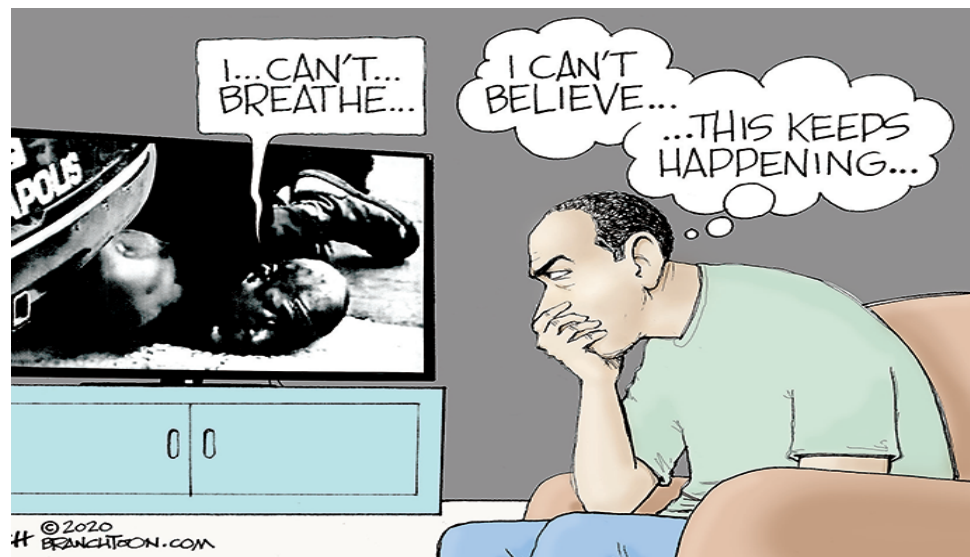
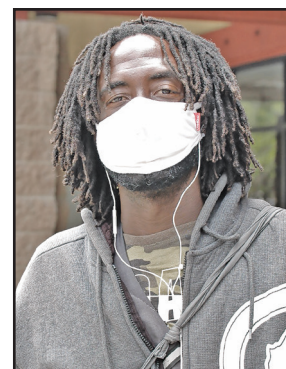


I think it's terrible. They shouldn't have done that. I don't even know why they arrested him. The knee on his neck makes it even worse. It's just wrong.

Craig Ckler
Oakland

There needs to be a revision of how police approach people in the community, and better training on how to approach people who aren't in a right state of mind. It's tragic. We keep talking about it but we need solutions. They shouldn't have had a knee on his neck.

Mark Alexander Plummer
San Leandro



Fire: Can the Lorenzo be saved?

continued from front page

Lorenzo into a restaurant and live theater venue.

Alameda County owns the theater and still plans to bring the theater back to life.

Developer Was About to Begin Remodeling

"We were working on the initial phases of a public-private partnership when the fire happened. It's very distressing," said Eileen Dalton, the county's economic development director.

The building has to be assessed by engineers before any work can begin. But for now the county is still planning on reviving the theater.

The county economic development department has recently selected a proposal by developer Matt DeLima, who grew up in San Lorenzo and is committed to the project, Dalton said.

An apartment complex planned across the street is an essential element to the revival of the Lorenzo Theater. The Village Green apartment complex was approved by the county board of supervisors last summer to fill the vacant lot where the Mervyn's store once stood.

The developer of the 163-unit complex agreed to contribute \$300,000 to help refurbish the Lorenzo Theater. So the two projects are linked.

The residents of the apartments would also provide patronage for the theater, Dalton said.



PHOTO COURTESY ALAMEDA COUNTY FIRE DEPARTMENT

Engineers will look at the theater to see if it can be saved.

The Lorenzo Theater opened in 1947 when houses were going up in San Lorenzo during the post-war boom. On opening night, viewers saw "Dark Mirror" with Olivia DeHaviland and everybody dressed up in the height of fashion.

Through the '50s and '60s all the Hollywood hits played and the Saturday kiddie shows were popular. Sometimes the theater was used for live entertainment.

United Artists bought the property from the Bohannon Organization to build the theater that originally had 700 seats. The theater's black-light murals, painted by Anthony Heinsbergen, were the first of the type in Northern California.

The assessment of the building will also determine whether

the murals can be saved.

In 2002, the Alameda County board of supervisors declared the theater an historical preservation district.

An assessment in 2010 found the building to be in fair condition, despite the number of years it's been abandoned.

Council Asks State to Investigate Shooting

The San Leandro City Council decided to ask the state attorney general to investigate the police shooting of Steven Taylor at a Walmart store.

The council told the city manager to send a letter to California Attorney General Xavier Becerra to request that his office investigate. The shooting is already under investigation by the San Leandro police and the Alameda County District Attorney's office, routine in any police shooting.

The 33-year-old Taylor was shot and killed as he was wielding a metal baseball bat and didn't comply when a policeman ordered him to put it down.

The unidentified officers involved are on paid leave.

Lunch Menu at the Senior Center

Senior lunch is take-out during the pandemic emergency; drive up and pick up your lunch; call 72 hours in advance

A low-cost senior lunch provided by Spectrum Community Services is served on weekdays at noon at the San Leandro Senior Center, 13909 East 14th St.

Everyone age 60 and up can have lunch. A suggested donation is \$3.75, but no one is refused for lack of funds. (\$10 for those under 60.)

Call 72 hours ahead to reserve a lunch (1-510-825-9793).

The menu for lunch next week, June 15 to June 19, is:

Monday – Cheesy pasta bake, lima beans, cauliflower with red peppers, fresh fruit.

Tuesday – Chicken cordon bleu, green beans, peas and onions, wheat roll, fresh fruit.

Wednesday – Cold salad meal

– southwest chicken salad on romaine, tomato and cucumber orzo salad, pineapple tidbits, low-sodium V-8.

Thursday – Hamburger on wheat bun, roasted potatoes, peas and carrots, tender greens with fruit.

Friday – Sweet and sour chicken, chow mein noodles, baby carrots, green beans, fresh fruit.

Apply for Alameda County Youth Leadership Academy

Applications are being accepted for Alameda County's 2020 Youth Leadership Academy (YLA).

The academy is a free educational program for local 11th and 12th grade students interested

in learning about local government, developing leadership skills and networking with peers from throughout the county. The developing Covid-19 situation will be monitored and the county will provide updates if there are

changes to this program.

Youth from high schools across Alameda County will participate in five Saturday morning sessions in September and October. Sessions will allow young leaders to learn about county programs, engage with county staff and elected officials, and build leadership skills to help solve community problems.

To apply for the 2020 Youth Leadership Academy, or to learn more, go to <https://www.acgov.org/youthleadership/>. Apply by Aug. 7.

To be eligible, applicants must live in Alameda County and be a junior or senior at a school within the county.

Applications are accepted on a first-come, first-served basis with consideration given to geographic location to ensure representation of students from throughout Alameda County.

Woman Claims Police Caused Miscarriage

A woman has sued the City of San Leandro after she says police yanked her out of a car and stomped on her stomach, knowing she was pregnant, causing a miscarriage.

Emerald Black said she was a passenger in her fiancé's car pulled over for bad registration tags on June 7, 2019 when they were coming back from the hospital where she learned that she was in high risk of having a

miscarriage.

Black said a footprint was visible on her clothing where police stomped on her.

Black's attorney said she was treated as if she had committed a felony when she had committed no crime.

Assistant City Manager Eric Englebart told the Mercury News that the allegations are without merit, and the city plans to vigorously defend the lawsuit.

Funds: Donations being accepted

continued from page 4

protective equipment (PPE).

The second, a Recovery Fund, will accept cash donations to purchase supplies to assist first responders, emergency workers and health care providers. Do-

nations will be accepted from individuals, philanthropy and businesses.

Donors must designate either the Emergency or Recovery Fund along with their donations.

Cash donations may be sent

by personal check payable to the Alameda County Disaster Relief Fund c/o the Auditor-Controller Agency, 1221 Oak St., Room 238, Oakland, CA 94612.

In addition to the funds, the county is accepting donations of new personal protective equipment in original packaging. To donate, visit: acgovcares.org/#ppedonations

NOTICE OF PETITION TO ADMINISTER ESTATE OF

Barry Lamont Thompson
Case Number:
RP20050801

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **Barry Lamont Thompson.**

A Petition for Probate has been filed by **Michael Herrera, Sr.** in the Superior Court of California, County of Alameda. The Petition for Probate requests that **Michael Herrera, Sr.** be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on July 14, 2020, 2:00 p.m., Dept. 201, at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

IF YOU OBJECT to the granting of the petition you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the **later of either (1) four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. **Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.**

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner: Rachael N. Phillips
Law Offices of Ann Marshall Robbeloth, P.C.
31 East Julian Street, San Jose, CA 95112 (408)371-5206

LEGAL RP200508010 06/11/20, 06/18/20, 06/25/20

LEGAL NOTICE

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No: HG20063137

Superior Court of California, County of Alameda. In the matter of the petition to change the name(s) of **JONATHAN MCCARTHY JONG**. Petitioner(s) **Jonathan McCarthy Jong** has/have filed a petition with this court for a decree changing name(s) as follows: **Jon Jong**. The court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. **1221 Oak Street Dept. 17, Oakland, CA 94612 on August 07, 2020 at 11:00 o'clock am.** A copy of this order to show cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county **The San Leandro Times.**

Dated: May 18, 2020

Tara Desautels - Judge of the Superior Court

JUNE 11, 18, 25, JULY 2, 2020

-SLT

FILED
MAY 29, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By _____, Deputy
FILE NO. 570619

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es):
Traditional Whispers located at 1242 Fordham Ave., San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): Joshua Kaplan, 1242 Fordham Ave., San Leandro, CA 94579. This business is conducted by an individual. This business commenced N/A.

/s/ Joshua Kaplan
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MAY 29, 2025

JUNE 11, 18, 25, JULY 02, 2020
268-SLT

Curfew Called Off Last Thursday

San Leandro called off its curfew last Thursday, right after Alameda County ended its 8 p.m. to 5 a.m. curfew in the wake of looting on Sunday, May 31.

On Monday, June 1, the county and many Bay Area cities enacted a curfew. San Leandro's curfew was even stricter, starting at 6 p.m. instead of 8 p.m., which some people thought was excessive.

By Wednesday, San Leandro changed the hours of its curfew to the same as the county, 8 p.m. to 5 a.m. And on Thursday, both the county, the city and other Bay Area cities called off the curfews altogether.