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# NOVEMBER 2023

Choose Your Own Path!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 ADRC BREAKFAST 8:00-9:30AM	2 SITTERCISE-9:30AM	3 COFFEE & PASTRIES 10:00AM	4
5 Daylight Savings Time Ends  BINGO-6PM	6	7 SITTERCISE-9:30AM  SOCIAL COMMITTEE 10:00AM	8 ADRC BREAKFAST 8:00-9:30PM	9 SITTERCISE-9:30AM	10	11  VETERANS DAY
12	13 GROCERY BINGO 1:30PM	14 SITTERCISE-9:30AM	15 ADRC BREAKFAST 8:00-9:30PM	16 SITTERCISE-9:30AM  MUSIC- "Maggie Mae" 1:30AM	17 COFFEE & PASTRIES 10:00AM	18
19 BINGO-6PM	20	21 SITTERCISE-9:30AM  BIRTHDA BASH- 2:00PM	22 ADRC BREAKFAST 8:00-9:30PM	23  THANKSGIVING DAY  OFFICES CLOSED	24  OFFICES CLOSED	25
26	27 MOVIE-1:30PM / "Christmas Vacation"	28 SITTERCISE-9:30AM	29 ADRC BREAKFAST 8:00-9:30AM	30 SITTERCISE-9:30AM  TOMS ECHURE RAMA- 1:30AM		

# OCTOBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 SITTE RCISE 9:30AM	3	4 ADRC BREAKFAST 8:00-9:30AM SITTE RCISE 9:30AM	5	6 COFFEE & PASTRIES 10:00-11:00AM	7
8 BINGO 6:00PM	9 SITTE RCISE 9:30AM GROCERY BINGO 1:30PM	10\ SOCIAL COMMITTEE MEETING-10:00AM	11 ADRC BREAKFAST 8:00-9:30AM SITTE RCISE 9:30AM	12	13	14
15	16 SITTE RCISE 9:30AM  NATIONAL BOSS DAY	17 HOMETOWN PHAR- MACY- VACCINES 10:30AM	18 ADRC BREAKFAST 8:00-9:30AM SITTE RCISE 9:30AM	19 MUSIC-HUGO 1:30PM	20 COFFEE & PASTRIES 10:00-11:00AM	21 SWEETEST DAY
22 BINGO 6:00PM	23 SITTE RCISE 9:30AM	24 BIRTHDAY BASH- 2:00PM	25 ADRC BREAKFAST 8:00-9:30AM SITTE RCISE 9:30AM	26 TOM'S ECHURE RAMA-1:30PM	27	28
29	30 SITTE RCISE 9:30AM MOVIE-1:30PM "A MAN CALLED OTTO"	31  HALLOWEEN				

# SEPTEMBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 LABOR DAY- OFFICES CLOSED	5	6 ADRC BREAKFAST 8:00-9:30AM JAN'S SITTERCISE- 9:30AM GROCERY BINGO-1:30PM	7	8 COFFEE & PASTRIES 10:00-11:00AM	9
10 GRAND- PARENTS DAY  BINGO 6PM	11 JAN'S SITTERCISE- 9:30AM	12 SOCIAL COMMITTEE 10:00AM	13 ADRC BREAKFAST 8:00-9:30AM JAN'S SITTERCISE- 9:30AM	14	15 ROOT BEER FLOATS 1:30PM	16
17	18 JAN'S SITTERCISE- 9:30AM	19 BIRTHDAY BASH 2:00PM	20 ADRC BREAKFAST 8:00-9:30AM JAN'S SITTERCISE- 9:30AM	21 MUSIC-Dick White- 1:30PM	22 COFFEE & PASTRIES 10:00-11:00AM	23
24 BINGO 6PM	25 JAN'S SITTERCISE- 9:30AM  MOVIE-"80 for Brady" 1:30PM	26	27 ADRC BREAKFAST 8:00-9:30AM JAN'S SITTERCISE- 9:30AM	28 TOM's EUCHRE RAMA- 1:30PM	29	30

# AUGUST 2023

Choose Your Own Path!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 ADRC BREAKFAST 8:00-9:30AM JAN'S SITTEERCISE- 9:30AM	3 HONOR FLIGHT- GUEST SPEAKERS Ronald Hermanson George Goldsworthy 1:30PM	4	5
6	7 JANS SITTEERCISE- 9:30AM	8 SOCIAL COMMITTEE MEETING-10:00AM	9 JAN'S SITTEERCISE- 9:30AM ADRC BREAKFAST 8:00-9:30AM	10	11 COFFEE & PASTRIES 10:00-11:00AM	12
13 BINGO NIGHT- 6:00PM	14 JAN'S SITTEERCISE- 9:30AM GROCERY BINGO- 1:30PM	15 BIRTHDAY BASH 2:00PM	16 JAN'S SITTEERCISE- 9:30AM ADRC BREAKFAST 8:00-9:30AM	17 TOM'S EUCHRE RAMA-1:30PM	18 OUT-TO-LUNCH Suisse Haus-11:00AM	19
20	21 JAN'S SITTEERCISE- 9:30AM	22	23 JAN'S SITTEERCISE- 9:30AM ADRC BREAKFAST 8:00-9:30AM	24 MUSIC- Dave Freitag & Heather- 1:30PM	25 COFFIE & PASTRIES 10:00-11:00AM	26
27 BINGO NIGHT- 6:00PM	28 JAN'S SITTEERCISE- 9:30AM MOVIE & POPCORN "A Man Called Otto" 1:30PM	29	30 JAN'S SITTEERCISE- 9:30AM			

# JULY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1.
2.	3. Jan's SITTERCISE-9:30AM	4. INDEPENDENCE DAY OFFICES CLOSED	5. ADRC BREAKFAST 8:00-9:30AM Jan's SITTERCISE-9:30AM	6. PATRIOTIC SING-A- LONG-1:30PM	7	8.
9.	10. Jan's SITTERCISE-9:30AM  GROCERY BINGO 1:30PM	11. SOCIAL COMMITTEE MEETING-10:00AM	12. ADRC BREAKFAST 8:00-9:30AM Jan's SITTERCISE- 9:30AM	13. MUSIC-John Duggleby 1:30PM	14.  COFFEE & PASTRIES 10:00-11:30AM	15.
16. BINGO NIGHT- 6:00PM	17. Jan's SITTERCISE-9:30AM	18. BIRTHDAY BASH- 2:00PM	19. ADRC BREAKFAST 8:00-9:30AM Jan's SITTERCISE-9:30AM	20. Tom's EUCHRE RAMA- 1:30PM	21. PIZZA LUNCH-NOON	22.
23.  _____	24. Jan's SITTERCISE-9:30AM MOVIE & POPCORN 1:30PM "A Man called Otto"  _____	25.	26. ADRC BREAKFAST 8:00-9:30AM Jan's SITTERCISE-9:30AM	27.	28.  COFFEE & PASTRIES 10:00-11:30AM	29.
30.	31.					

# JUNE 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 COFFEE & PASTRIES 10:00-11:00AM	3
4	5 SITTERCISE-9:30AM GROCERY BINGO- 1:30PM	6	7 ADRC Breakfast 8:00-9:30AM SITTERCISE-9:30AM	8	9	10
11 BINGO- 6:00PM	12 SITTERCISE-9:30AM	13 SOCIAL COMMITTEE MEETING-10:00AM MUSIC-Chip Messiner- 1:30PM	14 ADRC Breakfast 8:00-9:30AM SITTERCISE-9:30AM  FLAG DAY	15 ECHRE RAMA-1:30PM (Residents only)	16 COFFEE & PASTRIES 10:00-11:00AM	17
18 FATHER'S DAY	19 SITTERCISE-9:30AM ROOT BEER FLOATS- 1:30PM	20 BIRTHDAY BASH- 2:00PM	21 ADRC Breakfast 8:00-9:30AM SITTERCISE-9:30AM	22 SPEAKER-Pat Holmstrom/ BEE KEEPER-1:30PM	23	24
25 BINGO- 6:00PM	26 SITTERCISE-9:30AM MOVIE & POPCORN- 1:30PM "The Blindside"	27	28 ADRC Breakfast 8:00-9:30AM SITTERCISE-9:30AM	29	30 COFFEE & PASTRIES 10:00-11:00AM	

# MAY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 SITTERCISE-9:30AM  GROCERY BINGO- 1:30PM	2	3 ADRC BREAKFAST 8:00-9:30AM SITTERCISE-9:30AM	4	5 COFFEE & PASTRIES 10:00-11:00AM	6
7 BINGO 6:00PM	8 SITTERCISE-9:30AM	9 SOCIAL COMMITTEE MEETING-10:00AM	10 ADRC BTBREAKFAST 8:00-9:30AM SITTERCISE-9:30AM	11	12 ICE CREAM SUNDAES- 1:30PM	13
14  MOTHER's DAY	15 SITTERCISE-9:30AM	16 MUSIC-Larry Michael Bettcher "The Mississippi Man" 1:30PM	17 ADRC BREAKFAST 8:00-9:30AM SITTERCISE-9:30AM	18 EUCHRE RAMA- RESIDENTS- 1:30PM	19 COFFEE & PASTRIES 10:00-11:00AM	20
21 BINGO 6:00PM	22 SITTERCISE-9:30AM	23 BIRTHDAY BASH- 2:00PM	24 ADRC BREAKFAST 8:00-9:30AM SITTERCISE-9:30AM ***SPEAKER-George Goldsworthy-1:30PM	25	26 MOVIE & POPCORN 1:30PM EMU ENCORE- Joy Reavis- (after movie)	27
28	29 SITTERCISE-9:30AM  MEMORIAL DAY OFFICES CLOSED	30	31 ADRC BREAKFAST 8:00-9:30AM SITTERCISE-9:30AM			



# APRIL 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1.
2. BINGO 6:00PM	3. GROCERY BINGO 1:30PM	4.	5. ADRC BREAKFAST 8:00-9:30AM  SITTE RCISE-9:30AM	6.	7 GOOD FRIDAY- OFFICES CLOSED AT NOON	8.
9. EASTER SUNDAY	10.	11. SOCIAL COMMITTEE MEETING-10:00AM  BIRTHDAY BASH- 2:00PM	12. ADRC BREAKFAST 8:00-9:30AM  SITTE RCISE- 9:30AM	13.	14. COFFEE & PASTRIES 10:00-11:30AM	15.
16. BINGO 6:00PM	17.	18. MUSIC "Ernie Saunders & Friends"-1:30PM	19. ADRC BREAKFAST 8:00-9:30AM  SITTE RCISE-9:30AM	20. EUCHRE RAMA- 1:30PM	21.	22.
23. _____ 30.	24. MOVIE & POPCORN 1:30PM	25.	26. ADRC BREAKFAST 8:00-9:30AM  SITTE RCISE-9:30AM	27. EMU PRESENTATION By "Joylene Reavis" 1:30PM	28. COFFEE & PASTRIES 10:00-11:30AM	29.

# MARCH 2023

Choose Your Own Path!

Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

			1 ADRC BREAKFAST 8:00-9:30AM	2	3	4
5 BINGO 6:00PM	6 GROCERY BINGO 1:30PM 	7	8 ADRC BREAKFAST 8:00-9:30PM	9	10 COFFEE & PASTRIES 10:00AM	11
	13	14 SOCIAL COMMITTEE MEETING-10:00AM  BIRTHDAY BASH- 2:00PM	15 ADRC BREAKFAST 8:00-9:30AM  IRISH SONGS- 1:30PM	16	17  St. Patrick's Day	18
19 BINGO 6:00 PM	20	21 MUSIC—" Gary Benson" 1:30PM	22 ADRC BREAKFAST 8:00-9:30PM	23	24 COFFEE & PASTRIES 10:00AM	25
26	27	28	29 ADRC BREAKFAST 8:00-9:30PM	30	31	

# FEBRUARY 2023

Choose Your Own Path!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 ADRC BREAKFAST 8:00-9:30AM	2  Groundhog Day	3	4
5  BINGO 6 PM	6	7	8 ADRC BREAKFAST 8:00-9:30PM	9	10 COFFEE & PASTRIES 10:00AM	11
12	13 GROCERY BINGO 1:30PM	14 BIRTHDAY BASH- 2:00PM  VALENTINES DAY	15 ADRC BREAKFAST 8:00-9:30PM	16	17	18
19  BINGO 6 PM	20	21 MUSIC- 1:30PM "Fred & Ginger"	22 ADRC BREAKFAST 8:00-9:30PM  HYMN GROUP 1:30PM	23	24 COFFEE & PASTRIES 10:00AM	25
26	27	28				

# JANUARY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <b>HAPPY NEW YEAR! "2023"</b>	2 <b>OFFICES CLOSED!</b>	3	4 <b>ADRC BREAKFAST 8:00-9:30AM</b>	5	6	7
8 <b>SUNDAY BINGO- 6:00PM</b>	9 <b>GROCERY BINGO 1:30PM</b>	10	11 <b>ADRC BREAKFAST 8:00-9:30AM</b>	12	13 <b>COFFEE &amp; PASTRIES 10:00-11:00AM</b>	14
15	16	17 <b>BIRTHDAY BASH 2:00PM</b>	18 <b>ADRC BREAKFAST 8:00-9:30AM MUSIC- JUNCTION JAMMERS 1:30PM</b>	19	20	21
22 <b>SUNDAY BINGO- 6:00PM</b>	23	24	25 <b>ADRC BREAKFAST 8:00-9:30AM HYMN GROUP-1:30PM (TV Room)</b>	26	27 <b>COFFEE &amp; PASTRIES 10:00-11:00AM</b>	28
29	30	31				

# DECEMBER 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 COFFEE & PASTRIES 10:00-11:00AM	3
4 BINGO- 6:00PM	5 GROCERY BINGO 1:30PM	6	7 ADRC BREAKFAST 8:00-9:30AM	8	9	10
11	12	13 MUSIC- HUGO 1:30PM	14 ADRC BREAKFAST 8:00-9:30AM	15	16 COFFEE & PASTRIES 10:00-11:00AM	17
18 BINGO- 6:00PM	19	20 BIRTHDAY BASH- 2:00PM	21 ADRC BREAKFAST 8:00-9:30AM	22	23 XMAS CLASSICS w/ National Honor Students-11:00AM  OFFICES CLOSED AT NOON	24
25 CHRISTMAS DAY	26 OFFICES CLOSED	27	28 ADRC BREAK- FAST31 8:00-9:30AM	29	30 COFFEE & PASTRIES 10:00-11:00AM  OFFICES CLOSED AT NOON	31