



October

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|---|---|---|----------|
| 1 | 2 Hamburger French Fries Green Beans Dessert PK~ Apple Sauce | 3 Chicken Alfredo Mixed Veggies Salad Dessert PK~ Roll & Banana | 4 Pizza Corn Salad Dessert PK~ Carrots & Oranges | 5 Beef Veggie Soup Grilled Cheese Salad Dessert PK~ Apples | 6 Hoagie Sandwich Chips Baked Beans Dessert PK~ Grapes & Mixed Veggies | 7 |
| 8 | 9 Salisbury Steak & Gravy / Roll Mashed Potatoes Green Beans Dessert PK~ Peaches | 10 Hot Ham 'N' Cheese/ Chips Baked Beans Dessert PK~ Carrots & Bananas | 11 Chicken Nuggets Mac 'N' Cheese Mixed Veggies Dessert PK~ Oranges | 12 Hotdog French Fries Green Beans Dessert PK~ Steak Fingers Apples | 13 Taco Soup Salad Cheese Toast Dessert PK~ Grapes | 14 |
| 15 | 16 Baked Ziti Salad Corn Dessert PK~ Apple Sauce | 17 Shrimp Hush Puppies Tater Tots Dessert PK~ Meatball Sub / Carrots / Banana | 18 Burrito Spanish Rice Corn Dessert PK~ Oranges | 19 Hamburger Helper Mixed Veggies Salad / Roll Dessert PK~ Grapes | 20 BLT Sandwich Chips Baked Beans Dessert PK~ Apple & Green Beans | 21 |
| 22 | 23 Beef Nacho & Cheese / Salad Salsa Fixings Corn / Dessert PK~ Soft Shell / Carrots / Peaches | 24 Chili Baked Potato Salad Dessert PK~ Green Beans / Oranges | 25 Chicken & Rice Mixed Veggies Roll / Salad Dessert PK~ Banana | 26 Biscuit & Gravy Eggs Sausage Dessert PK~ Banana Tater Tots | 27 Frito Pie Corn Green Beans Dessert PK~ Grapes Roll | 28 |
| 29 | 30 Ravioli Salad Green Beans Dessert PK~ Apple Sauce Corn | 31 Meatloaf Mashed Potatoes Okra / Roll Dessert PK~ Carrots Banana | Galatians 6:9 - And let us not be weary in well doing: for in due season we shall reap, if we faint not. | | | |