

January  
2024

# Lascassas Baptist Preschool

TO KNOW. TO GROW. TO SERVE.



## Happy New Year!

We hope everyone had a wonderful Christmas Break! We are happy to see all of our friends once again. Here's to a great 2024!



## Tax Statements

Tuition and donation statements for tax purposes will be sent home in your child's folder beginning on **Wednesday, January 10<sup>th</sup>**! If you would prefer to have a digital copy, please let Jenny know.



## School Closure

LBP will be closed on **Monday, January 15<sup>th</sup>** to observe MLK Day.



## Registration Time

It is time for current students, siblings, and church members to register for the summer and fall semesters at LBP! These forms will be sent home on **Tuesday, January 16<sup>th</sup>**. Students graduating in May will only receive a summer form. It is imperative that you return these forms ASAP. All registration forms for current students are due by **Thursday, February 8<sup>th</sup>**. Fees will be due by **Thursday, March 7<sup>th</sup>**. We will offer any available spots for the summer and fall to those on our waiting list and to the public. A more detailed letter will be sent home with the registration forms.



Our 100<sup>th</sup> day of school celebration is scheduled for **Friday, January 26<sup>th</sup>**. We will have yummy treats, a dress-up day, and activities planned.



## Keeping Kids Safe

Our personal safety class for children three and up will begin on **Monday, January 29!** This is a state requirement for our license. We will have a parent meeting for anyone interested in looking through the curriculum that will be taught by your child's teacher. This meeting will be held on **Thursday, January 25<sup>th</sup>** at 10:00. If you are interested in attending, please let us know!



## Extra Clothes & Coats

Winter is here! Please make sure that the extra clothes you send to school in your child's backpack are appropriate for the season. It is also incredibly important that you leave a warm coat for your child for when we go outside. Even if they aren't wearing one while they are in the car, please make sure you are sending one in for their hook. Hats wouldn't hurt either! Children go outside if temperature is 32 degrees or higher, taking the wind chill into consideration. **REMEMBER TO LABEL EVERYTHING!**



## Munch, Munch

Remember to send TWO SNACKS with your child every day.



## Monthly Mission Project

The Giving Box at Lascassas is the creation of one our very own sweet LBP families - a community-driven box is for families to glean from whenever a need arises. For January, we are accepting the following items for this ministry:

*ramen noodles      microwave soups*

## February Sneak-Peek

Tuesday, February 6<sup>th</sup>      Curtis Wright Photos  
Wednesday, February 7<sup>th</sup>      Curtis Wright Photos  
Wednesday, February 14<sup>th</sup>      Valentine's Parties  
Monday, February 19<sup>th</sup>      Closed for President's Day

# Encouragement for a New Year

**"Do not be discouraged, for the LORD your God will be with you wherever you go." Joshua 1:9**

On the first day of a new year many of us wish each other a "Happy New Year!" But as we begin a new year, we need more than a hopeful greeting from the people around us. We need to listen to what God told Joshua about 3,400 years ago. As Joshua was about to lead God's people into the promised land, he had reason to be afraid. He had an enormous task ahead of him, and he was well aware of the dangers that he and the people would soon be facing. He needed God's encouragement. A new year brings lots of questions: Will our health hold? Will our marriage last? Will I be able to hang on to my job? Will I get into the right school? Will I live to see the end of this year? Will the economy improve? Will there be a terrorist attack or some natural disaster that takes me or my loved ones? The Creator of the universe comes to us and says, "Don't be afraid; don't be discouraged." What happens in this coming year is not left to chance. God is in charge, and he promises to stay close: "The LORD your God will be with you wherever you go." Many years later, the Lord Jesus made the same promise when he said, "I am with you always" (Matthew 28:20). That's the reason we can wish each other a "Happy New Year!"

*Adapted from: [www.todaydevotional.com/devotions/encouragement-for-a-new-year-2006-01-01](http://www.todaydevotional.com/devotions/encouragement-for-a-new-year-2006-01-01)*

## Healthy Recipe of the Month - Microwave Potato Chips

### Ingredients:

**1 ½ pounds Yukon Gold or red potatoes, unpeeled, scrubbed; sliced thin**

**2 teaspoons extra-virgin olive oil**

**½ teaspoon salt**

### Directions:

Coat a large microwave-proof plate with cooking spray. Arrange some potato slices in a single layer on the plate. Microwave, uncovered, on high until some slices start to brown, 2 to 3 minutes. Turn the slices over and continue microwaving until they start to crisp and brown around the edges, 2 to 4 minutes more. Check frequently and rearrange slices as needed to prevent scorching. Transfer the chips to another plate and allow to cool completely. (They will crisp more as they cool.) Repeat with the remaining potato slices. Store in an airtight container for up to 3 days.

*[www.eatingwell.com/recipe/251600/microwave-potato-chips/](http://www.eatingwell.com/recipe/251600/microwave-potato-chips/)*

## Healthy Tips - Enjoying Cold Weather Safely

Winter isn't a time to just stay indoors and wait for spring. There's a whole wonderland of sports out there for the entire family and someone has to shovel the snow, right? Follow these tips to keep safe outdoors in cold weather.

When you go outside in the cold, stay safe — and warm. Kids should dress warmly in layers of clothes. Layers keep the warmth in. Plus, if the top layer gets wet from snow or freezing rain, they can peel off some clothes down to a dry layer. Use more layers the colder it is outside.

- Wool is often warmer than cotton.
- Waterproof pants and jackets can help keep kids dry and a hat will help kids keep warm.
- Protect your kids' faces with sunscreen. Snow can reflect most of the sun's ultraviolet rays, making sunburn a real risk.
- Wear gloves or mittens, socks, and warm boots to help avoid frostbite.

Kids are at greater risk for **frostnip and frostbite** than adults. The best way to prevent it is to make sure they're dressed warmly and don't spend too much time in extreme weather.

**Frostnip** is an early warning sign. It leaves the skin red and numb or tingly. Bring your child inside, and remove all wet clothing because it draws heat from the body. Immerse the chilled body parts in warm (not hot) water for about 20–30 minutes.

**Frostbite** happens mostly on fingers, toes, ears, noses, and cheeks. The area becomes very cold and turns white or yellowish gray. If you notice frostbite, take your child to the nearest hospital emergency room right away.

There's no set amount of time kids should be allowed to stay out in the cold. But they should know that when being cold becomes unpleasant, it's time to go inside. Sometimes, kids may just need some dry gloves. Put an extra pair of gloves or mittens in their pockets if they plan to be outdoors for a while.

*Adapted from: [www.healthychildren.org/English/safety-prevention/at-play/Pages/Winter-Safety.aspx](http://www.healthychildren.org/English/safety-prevention/at-play/Pages/Winter-Safety.aspx)*