

September
2019

Lascassas Baptist Preschool

Remember LBP is closed on Monday, September 2nd for Labor Day!



Grandparents' Luncheon!

Calling grandparents! Pack a lunch and make plans to join us **Monday, September 9th** beginning at **11:00**. You are also welcome to bring in a special lunch for your grandchildren. Coffee and desserts will be served!

Mums AND Succulents for Sale!



This is our best fundraiser for the school and they are just simply beautiful. This year, we are adding succulent bowls to our sale! Orders and all payments are due on **Wednesday, September 18th** and will be delivered to the school on **Tuesday, September 24th**. Get out there and sell!



READ TO SUCCEED

"Reading in the Schools Day" will be **Friday, September 20th**. We ask for volunteers to read in each of our classes. We hope you can help. Forms are going home soon!



See You at the Pole

On **Wednesday, September 25th**, students all over the country will participate in "See You at the Pole" prayer activities. LBP conducts school-wide prayer each morning at 7:45 and special consideration will be made on this day as well.

Picture Day!

School-wide picture day will be held on **Monday, September 30th** and on **Tuesday, October 1st**. These photos are used in our yearbook and will be available for you to purchase.



Get involved

make a difference! If you are interested in joining our Parent Involvement Committee, please fill out the form that will be sent home. Our events are held during school hours, but even if you work full-time, there are still things that can be done in the comfort of your own home. Don't let that deter you. We want you!!

Involvement Committee



Lunches

Always remember that lunches must include fluid milk, grain, protein, and two servings of fruits or vegetables.

If your child has a milk intolerance or allergy, we must have a doctor's note stating what your child can drink instead. If you see that the same old lunch items are coming home each day uneaten, it's time for a change. The website below has some great ideas for packing a lunch for the kiddos - including toddlers!

www.parenting.com/recipes/lunch



In addition, please remember to quarter grapes, hot dogs, and other high-risk foods. Lunches should be ready to eat as soon as your child opens their lunchbox up and we don't heat items up.

Monthly Mission Projects

Our school participates in philanthropic activities each month to help our communities and to spread the love of Christ through our endeavors. One thing we do locally is support the Lascassas Fire Department each month by assigning a classroom bottled water or snack duty. This month, we are asking the families in our **Infant Classroom** to donate bottled water. Any brand, size, or count is welcome and you can leave it next to the bin outside of our office.



Super excited about this month's mission project - **Kids in Need Foundation!** What are they all about? When families can barely afford rent and groceries, school supplies just can't be a priority. For these students struggling with extreme poverty, **Kids in Need** can offer school supplies. As one teacher in Texas was quoted, "When families have to choose between food and school supplies, your support enables me to reduce some of their worry." We are accepting **NEW** school supply items for the month of September. You probably have an excess of these things laying around the house right now!!! Place donations in the bin outside of our office.

crayons

glue sticks

markers

notebooks

pencils

pens

wishlist

Lysol Spray and Mr. Bubbles Foam Soap

We will need small prizes, toys, and candy for our Harvest Party in October, so be on the look out for some good deals! We will also need lots of parent volunteers!



Sneak-Peek

- Closed for Fall Break - Monday, October 7th through Friday, October 11th
- Harvest Party - Monday, October 28th

Lascassas Baptist Preschool Monthly Devotion

Here's a word of encouragement for you!

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.
2 Timothy 1:7

Many diseases of both body and mind are self-inflicted. For example, ulcers are often caused by worry and anxiety. Heart attacks are caused many times by overexertion. Unjustified worry, fear, prejudice, hatred, and envy can contribute to mental stress, which could lead to mental illness. So one way to have a healthy mind is to avoid those practices. But the Bible way to a healthy mind is this, "Let this mind be in you, which was also in Christ Jesus." If you have the mind of Christ, worry will be offset by trust, enmity by love, and fear by faith.

Prayer for the day: Fears sometimes seem as if they would overwhelm me, Lord Jesus, but then I remember Your gift of power, love, and a healthy mind. Thank You for the promise of healing and love, as I keep my mind on You, my beloved Lord..

billygraham.org/devotion/the-mind-of-christ/

Child Development Central - Screen Time

Most of a baby's brain development happens in the first 2 years of life. That's why it's so important for babies and toddlers to explore their environment and experience many sights, sounds, tastes, and textures. Interacting and playing with others helps children learn about the world around them. Preschoolers learn by interacting with the world around them. They need to be physically active — to run, climb, and swing on the playground — and to have creative outlets like drawing or dress-up. Time spent with screens (like a TV, tablet, or smartphone) can be an opportunity to reinforce learning and promote creative play. But too much screen time can have unhealthy side effects.

For this reason, the American Academy of Pediatrics recommends limiting the amount of time that children spend in front of a screen. It's good advice — but in today's world, it can be tough to keep kids away from all the TVs, tablets, computers, smartphones, and gaming systems they'll see. Here's how to keep time spent with screens as productive as possible.

Babies younger than 18 months should have no screen time at all. Toddlers 18 months to 24 months old can start to enjoy some screen time with a parent or caregiver. By ages 2 and 3, kids should watch no more than 1 hour a day. Preschoolers ages 2 to 5 should have no more than 1 hour of screen time each day. The exception to this rule is video chatting with grandparents or other family friends, which is considered quality time interacting with others.

Not all screen time is created equal. For example, you and your child playing an interactive phonics or numbers game on a tablet or watching high-quality educational programming together is good screen time. Keeping the TV on all day for "background noise" or letting your preschooler watch your favorite shows with you are examples of bad screen time. Use screen time as a chance to interact with your child and teach lessons about the world. Don't let your child spend time alone just staring at a screen.

The same parenting rules apply to screen time as to anything else — set a good example, establish limits, and talk with your child about it. To make your preschooler's screen time more productive:

- Be with young kids during screen time and interact with them. That can mean playing an educational game with your child or talking about something you see together in an age-appropriate TV show or video.
- Research games and apps before getting them for your child. There are thousands of apps and games that claim to be educational, but not all of them are. Search online to see which ones educators and doctors consider the best.
- Schedule plenty of non-screen time into your child's day. Unstructured playtime is important for building creativity, so young children should have time to play away from screens every day. Family meals and bedtimes are also important times to put the screens away and interact with your child.
- Keep devices with screens out of your child's bedroom after bedtime, and don't allow a TV in your child's bedroom.



Reading in the Schools Day is Friday, September 20th. We are asking for volunteers to come and read stories to our classes. Bring your favorite book or pick one from the classroom. Times are available from 8:00 – 10:00. If you would like to participate, fill out the following information and return to the office.

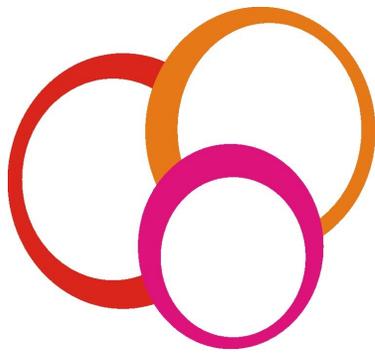
Name: _____

Time: _____

Which class would you like to read to? (Circle the classrooms you would like to visit.)

Infants Young Toddlers Toddler One Toddler Two Jr. Pre-K

Pre-K One Pre-K Two



Parent Involvement Committee

If you are interested in joining our Parent Involvement Committee, please fill out the information below and return to our office. We'd love to have you!

Name: _____

Email: _____